

**GURU NANAK KHALSA COLLEGE FOR WOMEN
MODEL TOWN, LUDHIANA**



2021-22

7.1.11 Institution celebrates/organizes national and international commemorative days, events and festivals

Supporting Document

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Gujarkhan Campus, Model Town,
Ludhiana.

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Sr. no	Day and Date	Action to be taken	Action taken	Organized by
1	September 04, 2021	Teachers Day to be celebrated	Teachers Day Celebration included Cake cutting ceremony and a lyrical performance by the teachers of the Department of Music. The event was videographed by the students from the Department of Mass Communication.	Staff Welfare Society in collaboration with Department of Mass Communication under IQAC
2	September 08, 2021	Fit India Freedom Run to be held to commemorate the 75th Independence Day	Fit India Freedom run was organized to celebrate "Azadi Ka Amrit Mahotsav". Based on the concept, "It can be run anywhere, anytime!" FIT INDIA FREEDOM RUN was conceived last year to keep the imperative need of fitness active even while following the social distancing norms. Under the guidance of Dr. Neetu Prakash (Programme Officer, NSS Unit) and Ms. Satwant Kaur (Caretaker, NCC Wing) Cadets and Volunteers participated with full zeal and enthusiasm in this run.	IQAC in collaboration with NSS Unit and NCC Wing
3	September 08, 2021	A workshop for Class IV employees to be held to mark International Literacy Day	Co-ordinators of the club Dr. Parveen Arora (Department of Public Administration) and Ms. Rajwinder Kaur (Dept. of Business Mgmt & Commerce) along with Ms. Daisy Wadhwa (Head, Dept. of Computer Science & Applications) organized a workshop for Class IV employees. Keeping in mind the UNESCO Theme 2021 "Literacy for a Human-centered recovery: Narrowing the	IQAC and Legal Literacy Club in collaboration with Department of Computer Science and Applications

			Digital Divide”, the event was held under the theme of “Digital Literacy Empowering Individuals” to emphasize the need of Digital Literacy in the times of COVID-19 crisis. Ms. Harpreet Kaur from the Department of Computer Science and Applications was the resource person.	
4.	October 11, 2021	To celebrate International Girl Child Day	To mark "International Girl Child Day" in the college, eminent personalities like Rtn. Sunil Budhiraja (President), Rtn. Attiv Ralli (Project Director), Rtn. Rajan Kapur (Convener) and Rtn. Angad Kehr (Executive Board Member) visited the college for a face-to-face interaction with the students. This event was successfully conducted by Dr. Nidhi, Mrs. Punpreet, Mrs. Kirti and Ms. Daisy keeping in mind the theme “Digital generation: Our generation”. Various departments of the college organized a number of unique activities to commemorate this special day. To enhance the culture of personality development among the students, an Effective Public Speaking Session was conducted by CA Jasminder Singh from Rotary Club. The Department of Mass Communication shared the stories of those students who are Tech Trailblazers advancing through social platforms while the Department of Computer Science and Applications had a discussion on their Digital initiatives during Covid 19 Lockdown.	IQAC & Rotary Club, Ludhiana
5	October 15, 2021	To celebrate ‘Global Handwashing	‘Global Handwashing Day’ was celebrated on the theme “Our Future is at HAND - Let’s Move Forward	IQAC and SAP Committee

		Day'	Together 2021". On this occasion, students made Powerpoint presentations to increase awareness and understanding the importance of handwashing with soap and water. This activity was conducted under the supervision of Dr. Parveen Arora (Co-ordinator, SAP Committee).	
6	October 15, 2021	To celebrate "World Student Day"	The Department of Sociology celebrated "World Student Day" to commemorate the birth anniversary of former president Dr. A. P. J. Abdul Kalam. Dr Madhu Dhawan (Assistant Professor, Sociology) addressed the students and made them aware of the significant contributions made by this great teacher, scientist and human being.	IQAC and Department of Sociology
7	November 01, 2021	National Author's Day to be celebrated	National Author's Day was celebrated by the PG Department of English on November 01, 2021. The event began with the reading of Appreciation Notes which the students wrote to their favorite authors. The idea was to recognize the contribution of authors and to express gratitude to them for making the world a better place. After that, a poetry reading session was held in which students read out self composed poems as well as poems by other authors. On this occasion, Dr. Anupam Vatsyayan (Head, Department of English) acquainted the students about the history and significance of National Author's Day. The highlight of the event was the book launch of Sanjana Bhanot, student of M.A (English) Semester	IQAC and PG Department of English

			<p>III. Her book “How to be a Successful Writer” (Vol. 1) is her maiden attempt in which she has apprised readers about easy steps to become writers. The book was successfully launched by Madam Principal Dr. Maneeta Kahlon who said that all students have potential which should be explored and recognized in order to attain success.</p>	
8	November 02-03, 2021	To organize a two day Diwali Exhibition-cum-sale under the annual Diwali Program “Roshni”	<p>As a part of "Roshni", the Annual Diwali program of the college, a two-day exhibition-cum-sale was organized. A number of stalls and counters showcasing the items prepared by the college students like diyas, cakes, decoration pieces, paintings, book marks, journals/diaries etc. were set up. The college Principal, Dr. Maneeta Kahlon highlighted that through this program the college is spreading the message of being ‘Vocal for Local’ this festive season. In addition, this was an opportunity for students to build up their entrepreneurial skills under the ‘Earn while you learn’ scheme of the college. The primary objective of “Roshni” was to spread the message of saving the environment by celebrating a clean, green Diwali.</p>	Departments of Home science, Fashion Designing, Psychology, English, and Fine Arts in collaboration with NSS Unit under IQAC and SAP committee
9	November 11, 2021	To celebrate National Education Day in memory of India’s 1st Education Minister	<p>“National Education Day” was celebrated to commemorate the birth anniversary of Maulana Abul Kalam Azad, the first Education Minister of Independent India. On this occasion, Ms. Swati Tiwana, SDM, Samana, was the chief guest. Mrs. Punpreet</p>	IQAC and House of Readers

		Maulana Abul Kalam Azad	Kaur apprised the audience about the importance of this day. It was followed by an interactive session with the chief guest. Ms. Tiwana talked about the importance of empathy in everyone's life and shared tips for cracking UPSC Exams. This event was conducted under the supervision of Dr. Balbir Kaur.	
10	November 13, 2021	To celebrate Children's Day	In order to mark Children's Day, the college decided to conduct facilities management and updation to provide the best environment to the students. A treat was also organized for the hostellers on this occasion.	IQAC
11	November 16, 2021	National Press Day to be celebrated	The Department of Journalism and Mass Communication celebrated "National Press Day" today. Mr. Amarpreet Singh Makkar, Founder and owner of Ludhiana Times was the chief guest. Harsh Kaur, a student of PGDMC apprised the audience about the importance of this day. It was followed by an interactive session with the chief guest. Mr. Makkar talked about the significant role of Media as the fourth pillar of democracy. This event was conducted under the supervision of Ms. Kirti Loomba, Head, Department of Journalism and Mass Communication.	IQAC and Department of Journalism and Mass Communication
12	November 18, 2021	To conduct an awareness talk to mark the World Toilet Day	An awareness talk was organized to mark World Toilet Day. Dr. Praveen Arora, the SAP coordinator, highlighted the importance of sanitation and hygiene for better health, safe and clean environment,	SAP committee and NCC Wing under IQAC

			better economies, and societies. Dr. Madhu Dhawan, coordinator of, Sanitation and Hygiene Team, informed students about menstrual hygiene practices.	
13	November 25, 2021	To conduct activities to mark International day on Elimination of Violence against Women	International day on Elimination of Violence against Women was observed in the college campus today. An interactive talk was delivered by Dr. Madhu Dhawan, Assistant Professor, Department of Sociology. She discussed the challenges and problems of women in contemporary society. She also made students aware about international tool CEDAW and Indian constitutional safeguards and provisions for eradicating violence against women. Various activities like poster making, poem recitation, and slogan writing were organized in which students of different streams participated actively.	IQAC and Department of Sociology
14	November 26, 2021	To celebrate 72nd Constitution Day	The 72nd Constitution Day was celebrated today. This day was observed to commemorate the adoption of the Constitution of India. A LIVE session from Central Hall, Parliament House, New Delhi was attended by Madam Principal, faculty members and students of the college through the virtual mode. It was followed by reading of the Preamble of the constitution of India and recitation of the National Anthem by all. Dr. Parveen Arora made the students aware of the significance of the constitution. Lt.Sukhjit Kaur also highlighted the guiding principles of the Constitution.	Department of Public Administration & Political Science in collaboration with SAP Committee under IQAC

15	November 26, 2021	To take Pledge on the occasion of NCC Day	National Cadets Corps (NCC) Day was celebrated by the NCC Wing. On this day, Cadets, along with Madam Principal and teachers took pledge to uphold the unity of the nation, curtail social evils such as dowry and corruption, and to contribute towards religious harmony and development of the community as a whole. All the cadets actively participated in the event. ANO Lt.Sukhjit Kaur organised the event.	IQAC and NCC Wing
16.	December 01, 2021	To conduct a talk on the occasion of World AIDS Day	To mark World AIDS Day, HIV/AIDS Awareness talk was organized in the college. The objective was to raise awareness and knowledge about HIV and give a call to work towards ending the HIV epidemic. This day was first celebrated in 1988. According to UNAIDS, the theme of this year was "Communities make the difference". The teachers incharge of the Red Ribbon Club, Dr. Nidhi and Ms. Daisy Wadhwa informed the students about how HIV is transmitted and the ways to prevent HIV spread. Students from different streams of the college participated in this event and expressed their thoughts on different aspects of HIV/AIDS through slogans and posters.	IQAC and Red Ribbon Club
17	December 02, 2021	To celebrate National pollution Control Day to raise awareness about pollution and its	A talk was held in the college to mark the National Pollution Control Day which is observed every year in memory of the people who lost their lives in the 1984 Bhopal Gas Tragedy. The observance of this day also aims to raise awareness about	IQAC and Sanitation and Hygiene team (SAP Committee)

		hazardous effects	pollution and its hazardous effects. In an interactive lecture delivered by Mr. Jasvir Singh, Head Constable (Traffic Education Cell), DCP Traffic, Ludhiana, the students were apprised about the ill effects of pollution and suggested ways for reducing environmental pollution. This activity was conducted under the guidance of Dr. Parveen Arora and Mrs. Gagneet Pal Kaur.	
18	December 02, 2021	To celebrate World Computer Literacy Day with the aim to encourage the development of technological skills, mainly among children and women in India	Ms. Daisy Wadhwa, Head of Computer Science Department highlighted the importance of computers in daily life on the occasion of World Computer Literacy Day. She also emphasized the need for affordable computer literacy for all to bridge the digital divide. As a part of the event, the students posted on the 'Padlet', their ideas on the innovative applications of computers in the real world. The students with the most promising idea were given a chance to present before the audience. These students were: Divya Manchanda (BCA 1st Semester), Shivangi (BCA 3rd Semester), and Aditi Kapoor (BCA 1st Semester). Principal Dr. Maneeta Kahlon highlighted the need to create awareness and drive digital literacy in underserved communities worldwide.	IQAC and Department of Computer Science and Applications
19	December 03, 2021	To observe International Day of Persons with Disabilities to raise understanding and acceptance of people with	The college observed the International Day of Persons with disabilities on the theme "Leadership and participation of persons with disabilities toward an inclusive, accessible and sustainable post-COVID-19 world." Dr. Nidhi Sharma, Head of the Department of	IQAC

		disabilities	Business Management, shared her saga of success with students and faculty. She narrated how an untoward incident during her young age was not a hindrance and rather she took it as a stepping stone towards success in personal as well as professional life. Teachers and students applauded her story of courage, determination, empathy, and bravery. Principal Dr. Maneeta Kahlon motivated the students to take up challenges as opportunities to succeed in life.	
20	December 04, 2021	To organize various activities in the college to mark International Volunteer Day	<p>International Volunteer Day is celebrated on December 05 every year. It is an opportunity for volunteers and organizations to celebrate their efforts and promote their work among communities. To mark the day, following activities were carried out in the college on December 04:</p> <ol style="list-style-type: none"> 1. The students of the college pledged to contribute towards sustainable human development. 2. An interactive lecture on fostering volunteerism was delivered by Dr. Parveen Arora, Assistant Professor, Department of Public Administration. 3. The student volunteers of the Water Management Team also pledged to promote the saving of water to maintain the continuity of 	NCC Wing, NSS Unit, Youth Club, Red Ribbon Club, Red Cross Society, Swachhata Police, and Eco Club in collaboration with SAP Committee under IQAC

			<p>life on the earth.</p> <p>4. The student volunteers of the Waste Management Team pledged to promote the usage of bio enzymes instead of pesticides to increase the durability of soil and to further ensure sustainable development.</p>	
21	December 04, 2021	To organize activities on the occasion of World Soil Day	<p>World Soil Day was observed in the college campus. This day is observed every year on December 5 to raise awareness about the importance of soil, healthy ecosystems, and human well-being. A number of students from various streams of the college participated in clay modeling activity and showcased their creativity. These students are: Anshika Arora, Pavnoor Kaur, Priya Bhatt, Jasmeet Kaur, Anmol Kaur, Avneet Kaur, Stuti, Shrishti, and Drishti.</p>	SAP Committee in collaboration with the Department of Fine Arts under IQAC
22	December 07, 2021	To conduct Armed Forces Flag Day with the objective of collecting funds from the common people and pay homage to the martyrs who fought bravely on the borders in order to defend the honour of the nation	<p>NCC Wing of the college celebrated the Armed Forces Flag Day with full zeal and vigour. On this day, ANO Lt. Sukhjit Kaur informed the cadets about the importance of the Armed Forces Flag Day. The college students also contributed ₹5000 for the Sainik Welfare Fund. The cadets took an online pledge in the support of the Armed forces. Principal Dr. Maneeta Kahlon urged the students to contribute towards the noble cause of rehabilitation of war widows, disabled defence personnel, ex-serviceman, and their families.</p>	IQAC and NCC Wing

23	December 10, 2021	To celebrate International Human Rights Day	<p>“International Human Rights Day” was celebrated on campus. The Universal Declaration of Human Rights was adopted in 1948 by the United Nations General Assembly. This day is observed to protect the fundamental human rights of all people including their right to freedom. Dr. Madhu Dhawan, Assistant Professor, made the students aware of the relevance of the Universal Declaration of Human Rights (UDHR). She also explained the social, cultural, and political rights which have been covered in UDHR. On this occasion, students of B.A-II also recited poems on gender equality. College principal, Dr. Maneeta Kahlon outlined the theme of UDHR-2021 “Reducing Inequality and Advancing Human Rights” and encouraged the students to respect human rights and live a dignified life.</p>	Department of Sociology under IQAC
24	December 14, 2021	to celebrate National Energy Conservation Day	<p>National Energy Conservation Day is observed to raise awareness about the need for energy and its conservation in daily life. Since 1991, it is celebrated every year on December 14 by the Bureau of Energy Efficiency (BEE), under the Ministry of Power. To mark this day, 33 students of Fine Arts made posters on Energy Conservation. In addition, different ways of energy conservation were discussed.</p> <p>Principal, Dr. Maneeta Kahlon appreciated the efforts of students and highlighted that energy conservation is the need of the hour. She encouraged students to switch off the lights when not in use and conserve</p>	Energy Management Team (SAP committee) in collaboration with the Department of Fine Arts under IQAC

			the energy as and when possible.	
25	December 18, 2021	To celebrate Minorities Rights Day	Minorities Rights Day underlines the preservation and promotion of the rights of minority communities in India. On this day several campaigns, seminars, and events are conducted to inform and educate people about them. This year, a talk was organized in the college on the occasion of "Minorities Rights Day". Mrs. Punpreet Kaur, Assistant Professor, highlighted the importance of the day and made the students aware of the scholarship schemes for minority students. She also explained the process of applying for scholarships available on the National Scholarships portal. The college Principal, Dr. Maneeta Kahlon encouraged the students to apply under these scholarship schemes.	IQAC
26	December 23, 2021	To organize a Webinar on National Farmers Day	The college organized a webinar on the topic "Farm Law Repeal: A Victory of Democracy" to mark National Farmers Day. Mrs. Rajwinder Kaur, Assistant Professor, was the Resource Person. She highlighted the importance of the day and also provided an overview of the three contentious farm laws which were rolled back by the Central government. The college Principal, Dr. Maneeta Kahlon urged the students to understand the importance of the contributions made by the farmers for the overall social and economic development of our country.	IQAC

27	December 24, 2021	To hold an online interactive session with the students on the occasion of National Consumer Day	The Department of Economics organized an online interactive talk to mark National Consumer Day. Mrs. Seema Dua, Assistant Professor in the Department of Economics was the resource person. She informed the students about consumer rights and responsibilities. Highlighting the theme of the day, 'Tackle Plastic Pollution', the students were apprised of the dangers of plastic pollution and the ways of handling them. The college Principal, Dr. Maneeta Kahlon, urged the students to become informed consumers. She also stressed that it is a pressing need to eliminate the use of plastics.	Department of Economics under IQAC
28	Monday, January 10, 2022	To celebrate World Hindi Diwas	"World Hindi Diwas" was celebrated today in virtual mode. Mrs. Jaswinder Kaur, Head, Department of Hindi was the resource person. January 10 is celebrated as World Hindi Day every year to spread awareness about Hindi as an international language across the world. The day is especially observed by Indian embassies abroad. Principal Dr. Maneeta Kahlon underlined the relevance of Hindi as a language of masses and its usage on international level by various countries besides India.	Hindi Sahitya Sabha under IQAC
29	Wednesday, January 12, 2022	To celebrate National Youth Day celebrated	National Youth Day was celebrated in the college. On this occasion, tree plantation was done by the members of the Youth Club at their respective homes. Celebrating the birth anniversary of Swami Vivekanand Ji, a PowerPoint presentation was also given by Dr. Madhu Dhawan on the topic "Moral Values." The college	Department of Sociology under IQAC in collaboration with SAP Committee

			Principal, Dr. Maneeta Kahlon mentioned that this topic holds special relevance in today's scenario in the context of the younger generation.	
30	Friday, January 14, 2022	To organize celebrations on the campus to mark the event of Makar Sankranti	Makar Sankranti was celebrated with full fervor in the college. The event started with prayers of Shri Japji Sahib Ji and Shri Chaupai Sahib Ji followed by Ardaas. Mrs. Prabhjot Kaur, HOD, Punjabi Department highlighted the importance of this day. The day marks the beginning of the harvest season when people worship new crops and share them with delight. The college Principal, Dr. Maneeta Kahlon prayed for the well-being of everyone. She shared that today is a special day of Sankranti, which is dedicated to Lord Sun. It also refers to a specific solar day in the Hindu calendar. On this auspicious day, the sun enters the zodiac sign of Capricorn or Makar which marks the end of winter months and the beginning of longer days. This is the beginning of the month of Magh. To recompense for the distinction that happens due to the revolution around the sun, every 80 years the day of Sankranti is deferred by one day. From the day of Makar Sankranti, the sun begins its northward journey or Uttarayan journey. Therefore, this festival is also known as Uttarayan. The NSS unit of the college celebrated Makar Sankranti as a part of 'Ek Bharat Shreshtha Bharat' program to convey the message of 'Unity in Diversity' throughout India. The students of the Department of Journalism and Mass Communication videographed the	NSS Unit in collaboration with Department of Journalism and Mass Communication under IQAC

			celebrations.	
31	Saturday, January 15, 2022	To celebrate 74th Indian Army Day	The 74th Indian Army Day was celebrated in recognition of KM Cariappa's appointment as the First Commander-in-Chief of the Indian Army. ANO of the college, Lt. Sukhjit Kaur, delivered an online lecture on the importance of the day. NCC cadets and the college students also joined the online event of Army Day Parade broadcast LIVE from the KM Cariappa Parade Ground, New Delhi. On this occasion, Principal Dr. Maneeta Kahlon paid tribute to the soldiers who have sacrificed their lives for the nation. She said that the country would always remain grateful to the courageous and committed soldiers.	NCC Wing under IQAC
32	Monday, January 24, 2022	To celebrate National Girl Child Day	National Girl Child Day was celebrated in the college with an Intra Class Poster making competition on the theme 'Save Girl Child'. This day was celebrated under the Ministry of Women and Child Development to promote the social, cultural, political, and economic identity of women. On this occasion, 45 students of the college prepared posters depicting the importance of saving the girl child. A seminar was also conducted by the NSS Unit on the topic "Save Girl Child". This activity was conducted under the supervision of NSS Programme Officers, Dr. Neetu Prakash and Mrs. Satwant Kaur, and Mrs. Harpreet Kaur, Department of Fine Arts. On this Occasion Principal, Dr. Maneeta Kahlon emphasized the contribution being made by girls in	NSS Unit and Department of Fine Arts under IQAC

			the fields of sports, literature, science, education.	
33	Tuesday, January 25, 2022	To observe National Voters' Day	A series of activities were done in the college to observe National Voters' Day. This day is celebrated to mark the foundation of the Election Commission of India under the Systematic Voters' Education and Electoral Participation (SVEEP) Programme. A seminar was organized on the theme "Respect your voting right". Seminar Convenor, Dr. Madhu Dhawan informed the importance of voting in a democracy. A signature movement and an awareness campaign were also launched on the campus to encourage the eligible voters to cast their votes during the elections. Principal Dr. Maneeta Kahlon addressed the college staff and highlighted the importance of informed participation in the electoral process.	Legal Literacy Club, NSS Unit, and Department of Social Sciences under IQAC
34	Wednesday, January 26, 2022	To celebrate Republic Day	The 73rd Republic Day was celebrated in the college by hoisting the Indian tricolor on the campus. Speaking on the occasion, the college Principal, Dr. Maneeta Kahlon said that Republic Day marks the celebration of our country's constitution. She further mentioned that on this special day, let's promise our motherland that we will do everything to enrich and preserve our culture and heritage. The flag hoisting ceremony was attended by the college hostellers.	IQAC

35	Saturday, January 29, 2022	To observe World Leprosy Eradication Day	An online session to mark World Leprosy Eradication Day was held. The session was conducted by Dr. Nidhi and Ms. Daisy Wadhwa, the Coordinators of the Red Ribbon Club. During the session, the students were apprised about the causes of leprosy, the ways in which this disease spreads, and the available treatment modalities. Furthermore, the resource persons highlighted the importance of the day in relation to India as it is observed in the memory of Mahatma Gandhi for his selfless efforts and care for the persons affected with leprosy. This online session was attended by 220 students, and the teaching, non-teaching faculty members. The college Principal, Dr. Maneeta Kahlon highlighted that India has the highest number of leprosy cases in the world; hence, it is important to raise public awareness about this infectious disease. She further added that awareness will help eliminate the stigma associated with leprosy.	Red Ribbon Club under IQAC
36	Sunday, January 30, 2022	To observe National Martyrs' Day	National Martyrs' Day was observed in the college as Martyr's Day or Shaheed Diwas in the memory of Mahatma Gandhi. On this day NSS Volunteers paid homage to Gandhiji by lighting candles and observing a two-minute silence. This activity was conducted under the guidance of NSS Programme Officers, Dr. Neetu Prakash and Mrs. Satwant Kaur. On this occasion, Dr. Maneeta Kahlon, Principal GNKCW, said that we pay our homage to the martyrs who	NSS Unit under IQAC

			<p>fought for the freedom, welfare, and progress of India. Further adding, she said that the Martyrs never die, they live eternally in our hearts and we should never forget their sacrifice. She highlighted that it is also a day to remember the legacy given to us by the father of our nation, Mahatma Gandhi. She urged the students to live by his ideals of truth and non-violence, simplicity, purity-of-means, and humility.</p>	
37	<p>Wednesday, February 02, 2022</p>	<p>To celebrate World Wetlands Day</p>	<p>The college celebrated World Wetlands Day today. On this occasion, Dr. Kuldeep Kaur, Associate Professor, was the resource person. She highlighted the problem of water scarcity, the need for water conservation and also discussed the importance of rainwater harvesting as a system for water recharge.</p> <p>A comprehensive maintenance drive was conducted by the Water Management Team of the Swachhta Action Plan Committee of the college (MGNCRE, Ministry of Education, Government of India). As a part of this drive, filters of rainwater harvesting units and the water reservoir were cleaned. This drive was steered by the Water Management Team led by Dr. Kuldeep Kaur and Mrs. Shikha Kalra. Principal, Dr. Maneeta Kahlon stressed the need to ensure conservation of and sustainable use of wetlands for human and planetary health.</p>	<p>Water Management Team (SAP Committee) under IQAC</p>
38	<p>Friday, February</p>	<p>To observe World Cancer</p>	<p>On the occasion of World Cancer Day, an informative session was</p>	<p>NSS Unit under IQAC</p>

	04, 2022	Day	<p>organized by the college. Dr. Sucharu Prakash, Director, Texas Oncology and Texas Society of Clinical Oncology, U.S.A was the resource person. Raising awareness about the importance of preventative measures and early diagnosis of cancer, he said, "On this day, let's come together and fight this enemy called cancer. I want you to realize that as students you have the power of knowledge and the strength in numbers. Every small step that you take - diet, exercise, lifestyle modification - will make a difference and go a long way in making this world free of this terrible illness." Principal Dr. Maneeta Kahlon highlighted that the objective of this awareness campaign is to raise awareness about cancer and to encourage its prevention, detection, and treatment. The event was organized under the guidance of NSS Programme Officers Dr. Neetu Prakash and Mrs. Satwant Kaur. NSS programme officers also submitted the Quarterly report of NSS activities to the college Principal.</p>	
39	Saturday, February 05, 2022	To celebrate Basant Panchami	<p>The festival of Basant Panchami which marks the arrival of the spring season was celebrated with full zeal on the campus. This festival is celebrated in reverence to the Goddess Saraswati, the epitome of wisdom, music, and art. Yellow became the color of the day as the teaching and non-teaching staff dressed in beautiful yellow attires. Celebrations included kite flying and a traditional lunch, comprising yellow rice. Conveying her wishes, the college Principal, Dr. Maneeta Kahlon said that Basant Panchami</p>	IQAC

			<p>may bring prosperity, optimism, and happiness for everyone.</p> <p>On this occasion, the NSS unit of the college organized a 'Kite Flying' activity as a part of 'Ek Bharat Shrestha Bharat' program. There was an air of joy and enthusiasm as colorful kites adorned the clear, sunlit sky. The General Secretary of the college governing body, Er. Gurvinder Singh, the college Principal, Dr. Maneeta Kahlon, and the staff members of the college participated in this activity with great zeal.</p> <p>Also, as a part of the celebration, a session on nutritious cooking was organized. Mrs. Prabhjot Kaur, Head, Department of Punjabi was the resource person. She demonstrated the preparation of 'Alsi (Flaxseeds) Pinni', a traditional and healthy winter recipe. She also explained that flax seeds are rich in omega 3 fatty acids, protein, fiber, hence aiding in improving the overall well-being. It was highlighted that it is important to pay extra attention to diet during the transition of seasons.</p>	
40	Tuesday, February 08, 2022	To celebrate Safer Internet Day	<p>A session to mark Safer Internet Day was organized in the college. Mrs. Satwant Kaur, Assistant Professor, who was the resource person for the day discussed 'Online Safety tips for Teachers'. She highlighted the concerns and risks associated with the online world and also suggested possible ways for making online space safer for teachers and students. This event was coordinated by Ms. Daisy Wadhwa, Head of the</p>	Department of Computer Science and Applications under IQAC

			Computer Science Department. Principal Dr. Maneeta Kahlon stressed that in today's age when technology is integral to people's lives, a community-led effort is needed to create a safe digital world for everyone.	
41	Friday, February 11, 2022	To celebrate International Day of Women and Girls in Science	The International Day of Women and Girls in Science was celebrated in the college with the screening of a docu-drama titled 'Kamala: The Swadesi Nutri-Indian'. This documentary is based on the life of Dr. Kamala Sohonie, an Indian biochemist, who was the first Indian woman to receive a Ph.D. in a scientific discipline. This award-winning film has been created by the team of EMMRC, Pune led by Dr. Sameer Sahasrabudhe. Ms. Daisy Wadhwa, Head of the Computer Science Department moderated the event and shared the details of the research contributions made by Dr. Sohonie. Principal Dr. Maneeta Kahlon said that the manner in which Dr. Kamala battled gender-based prejudice to become one of India's premier scientists is an inspiration for youth, especially girls. She further stressed that female students should consider taking up STEM subjects as their career options in order to solve global issues.	Department of Computer Science and Applications under IQAC
42	Monday, February 14, 2022	To celebrate National Women's Day	National Women's Day was celebrated to mark the 143rd Birth Anniversary of the Nightingale of India, Sarojini Naidu. She was a prominent freedom fighter, poet and Human Rights Activist who wrote poems such as "Autumn Song", "To India", "Raksha Bandhan". The event	PG Department of English under IQAC

			was organized by Mrs. Gagneet Pal Kaur who also recited a poem on this occasion to celebrate the creativity of the author and her love for the motherland. Principal, Dr. Maneeta Kahlon stressed on the need to appreciate the efforts of the freedom fighters and the role played by women in the freedom struggle.	
43	Monday, February 14, 2022	To organize an event expressing “Love for Community” on the occasion of Valentine’s Day	The college organized a get-together to celebrate the “Love for Community” on the occasion of Valentine’s Day. Speaking on the occasion, the College Principal, Dr. Maneeta Kahlon said that the success and growth of a community require love, freedom, and harmony. As teachers, we can love our community by being actively involved in performing our duties towards our students, institution, and society. This activity was organized by Mrs. Punpreet Kaur and Dr. Madhu Dhawan, coordinators of the staff welfare society.	Staff Welfare Society under IQAC
44	Saturday, February 19, 2022	To observe World Day of Social Justice	On the occasion of the United Nations' World Day of Social Justice, Dr. Praveen Arora, Assistant Professor, Department of Public Administration, informed that the day is annually observed on February 20 to encourage people to look at how social justice affects poverty eradication. She also elaborated on the theme of the day, 'Achieving Social Justice through Formal Employment. Principal, Dr. Maneeta Kahlon said that it is important to promote awareness of social inequality and break down barriers based on gender, religion, color and	Department of Public Administration under IQAC

			disabilities to create a socially inclusive community.	
45	Monday, February 21, 2022	To celebrate Matribhasha Diwas/ International Mother Language Day	A Slogan Writing competition was organized in the college to mark "Matribhasha Diwas." Mrs. Jaswinder Kaur, Head, Department of Hindi, and Mrs. Prabhjot Kaur, Head, Department of Punjabi spoke about the relevance of the mother language. Principal Dr. Maneeta Kahlon underlined the relevance of Hindi and Punjabi as languages of the masses. The use of these languages on an international level by various countries (besides India) was also emphasized upon.	Department of Hindi and Punjabi under IQAC
46	Thursday February 24, 2022	To celebrate Central Excise Day	Central Excise Day is celebrated to commemorate the Legislation of Central Excise and Salt Act which was formulated on February 24, 1944. To mark this day, our Resource Person, Mrs. Manpreet Kaur, Assistant Professor, highlighted the importance of paying taxes in the growth and development of the country. All the members of the staff took a pledge to pay the taxes with honesty. Principal Dr. Maneeta Kahlon emphasized that a proper tax culture can be developed only when taxpayers and tax collectors discharge their obligations equally well.	PG Department of Commerce under IQAC
47	Tuesday, March 08, 2022	To celebrate International Women's Day	International Women's Day was celebrated in the college on the theme "Break the Bias" with the objective of raising awareness amongst the masses. The Chief Guest of the event was Mr. K.C. Singh, Former	IQAC

			<p>Ambassador & Strategic Affairs Expert. Ms. Lakhvinder Babbu Gill, Motivational Speaker, Ms. Navjot Kaur Lambi, and Ms. Anuroop Kaur Sandhu, Youth Icons, were the Guests of Honour. While addressing the audience, Mr. Singh emphasized value-based and job-oriented education which would open up newer avenues for women. He further stated that failures are a stepping stone towards success and should be treated as building blocks for a bright and prosperous career. Principal Dr. Maneeta Kahlon welcomed the esteemed guests and congratulated the women fraternity on International Women's Day and said that collectively each one of us should help create gender equality.</p> <p>On this occasion, Women Achiever's Awards 2022 were presented to 15 distinguished and acclaimed academicians for their colossal contribution in uplifting the standards of education:</p> <p>Dr. Paramjit Kaur, Principal, BCM Arya Model Sr.Sec.School, Shastri Nagar, Ludhiana</p> <p>Mrs. Sunita Devgan, Principal, R.S Model Sr. Sec. school, Shastri Nagar Ludhiana</p> <p>Mrs. Raminder Kaur, Principal, Guru Nanak Senior Secondary School, Janta Nagar, Ludhiana</p> <p>Mrs. Sunita Dhuria, Principal, Govt. Sen. Sec. Smart School, Model Town, Ludhiana</p> <p>Dr. Smriti Bhargav, Principal, Govt Girls Senior Secondary School, Gill,</p>	
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			<p>Ludhiana</p> <p>Mrs.Gurmeet Kaur, Principal, Govt. Girls Sr Sec. School, Horgobindpur, Ludhiana</p> <p>Ms. Amardip Kaur, TGT Punjabi, Bal Bharti Public School, Dugri, Ludhiana</p> <p>Ms. Eleanor Joseph, Director, Joseph's School, Dugri, Dhandra Road, Ludhiana</p> <p>Ms. Japneet Kaur, HOD Languages & Coordinator, Guru Nanak Public School, Sarabha Nagar, Ludhiana</p> <p>Mrs. Navdeep Romana, Principal, Govt. Senior Secondary Smart School, (Multipurpose) Near Rekhi Cinema, Ludhiana</p> <p>Mrs. Archana Srivastava Principal, Guru Gobind Public School, Daad, Ludhiana</p> <p>Dr. Neetu Sharma, Principal, Shri Guru Hargobind Public School, Thakkarwal, Ludhiana</p> <p>Mrs. Gurmant Kaur Gill, Principal, Guru Nanak International Public School, Model Town, Ludhiana</p> <p>Mrs. Jagpreet Kaur, Principal, Guru Nanak Khalsa Girls Senior Secondary School, Gujarkhan Campus, Model Town, Ludhiana</p> <p>Mrs. Kamalvir Kaur, Principal, Guru Nanak International Public School, B.R.S. Nagar, Ludhiana</p> <p>General Secretary of the College Governing Body, Er. Gurvinder Singh delivered the Vote of Thanks</p>	
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			<p>and stressed the need to realize the role of women in all areas of life.</p> <p>This event was coordinated by Dr. Anupam Vatsyayan and Ms. Daisy Wadhwa. The videography of the proceedings was undertaken by the Department of Mass Communication.</p>	
48	Wednesday, March 09, 2022	GNW Faculty honored on International Women's Day	Mrs. Jaspreet Kaur and Mrs. Gurleen Kaur, teachers in the Department of Business Management were felicitated with the title 'Pride of GNIMT' along with a trophy and a Certificate of Appreciation during the International Women's Day celebration held on March 9, 2022.	GNIMT, Model Town, Ludhiana
49	Tuesday, March 15, 2022	To celebrate World Consumer Rights Day	An Interactive Talk on the theme "Fair Digital Finance" was organized in the college to mark the "World Consumer Rights Day." Resource Person Mrs. Rajwinder Kaur, Assistant Professor, PG Department of Commerce, discussed how Digital technologies that are reshaping payments, lending, insurance, and wealth management, are becoming a key enabler for consumers of financial services. The vision sets out questions for decision-makers from a consumer's perspective to build a digital financial marketplace that is inclusive, safe, data protected and private, and sustainable for everyone. Madam Principal, Dr. Maneeta Kahlon motivated the students to understand the importance of this day as digital technologies offer financial services at lower costs, fostering opportunities for large-scale inclusion by enabling institutions to serve	IQAC

			lower-income customers profitably.	
50	Monday March 21, 2022	To celebrate World Poetry Day	‘World Poetry Day’ was celebrated in the college. On this occasion, various activities including, Poem Recitation and ‘Meet-The Poets’ were conducted. Students recited creations of Jnanpith Award Winning Poets of Hindi. The event was conducted under the guidance of Mrs. Jaswinder Kaur, Head, Department of Hindi and Mrs. Gagneet Pal Kaur, Assistant Professor, Department of English. The theme of the event was ‘Women Empowerment.’ As a source of encouragement, prizes were given to the winners of self-composed poems as well as recitations. Principal Dr. Maneeta Kahlon congratulated the winners and asserted that such activities help in bringing out the hidden talent of students.	Departme- nts of English & Hindi under IQAC
51	Monday March 21, 2022	MA (English) student to participate in various inter- college competitions on the occasion of World Poetry Day	a) Sanjana Bhanot of MA (English) Semester IV received a Certificate for honor of Participation from the Sadbhavna College of Education for Women, Raikot for excelling in the online poetry competition. b) She also participated in a National Level Online Inter- Collegiate Competition organized by KPR College of Arts Science & Research, Coimbatore. The Creative Writing Club of KPRCAS, Coimbatore conducted a Poetry Writing Contest to celebrate World Poetry Day on the title: “A Journey towards Nature.” A grilling Winner Selection Process was followed by the host institution,	a) Sadbhavna College of Education for Women, Raikot b) KPR College of Arts Science & Research, Coimbatore

			<p>comprising many steps:</p> <p>Step 1</p> <p>Plagiarism (more than 105 participants)</p> <p>Step 2</p> <p>Marks (top 85 selected)</p> <p>Step 3</p> <p>Presentation and recitation of poem on zoom (top 37 selected)</p> <p>Step 4</p> <p>Top 7 students selected for the final round. (Also promoted on their YouTube channel)</p> <p>Sanjana Bhanot cleared all the rounds and was ranked among the top 7.</p> <p>The final result would be declared by the end of June, 2022.</p>	
52	Tuesday March 22, 2022	To observe Shaheed Diwas	<p>Martyr's Day was observed in the college under the guidance of NSS Programme Officers Dr. Neetu Prakash and Mrs. Satwant Kaur and Red Ribbon Club Coordinators Dr. Nidhi Sharma and Ms. Daisy Wadhwa. On this day, students delivered speeches on Bhagat Singh's national perspective and explained how he sacrificed his life in order to make India an independent nation. Madam Principal Dr. Maneeta Kahlon encouraged the students to get motivation from the lives of our Freedom Fighters.</p>	NSS Unit & Red Ribbon Club

53	Tuesday March 22, 2022	To observe World Water Day	World Water Day was observed on the college campus with the objective of raising awareness amongst the students. Keeping in mind the theme, "Groundwater, making the invisible visible," the two rain water harvesting units had been successfully established within the college campus. On this occasion, various activities were organized by the team members. An Interactive session was conducted with students in which issues related to water consumption were discussed. Along with this, a brainstorming session was conducted by the team members suggesting various ways and ideas in order to save water. A practical demonstration was given to students on how water can be saved while drinking from water coolers. An awareness banner was also displayed within campus regarding different ways of raising ground water level. Madam Principal, Dr. Maneeta Kahlon stressed the need for taking action to ensure the conservation and sustainable use of groundwater.	Water Management Team (SAP Committee) in collaboration with IQAC
54	Wednesday March 23, 2022	To plan an inter-class portrait-making competition on Martyrs' Day	A portrait-making competition was organized to mark Martyrs' Day on March 23, 2022. 30 students participated in this activity and paid tributes to Shaheed Bhagat Singh. This competition was organized under the guidance of Mrs. Harpreet Kaur and Mrs. Balwinder Kaur. Madam Principal Dr. Maneeta Kahlon appreciated the work done by the students and encouraged them to	Department of Fine Arts under IQAC

			take motivation from the lives of great freedom fighters.	
55	Saturday, April 02, 2022	To observe World Autism Awareness Day	World Autism Awareness Day is celebrated on April 2 every year to spread awareness about autism, foster worldwide support, and inspire people to accept individuals with autism. The students of psychology celebrated the day with great zeal by distributing blue ribbon badges and sharing the significance of this day to their fellow students.	Mind Tree - the Psychology Club under IQAC
56	Wednesday, April 13, 2022	To celebrate Ambedkar Jayanti	The 131st Birth Anniversary of National Hero, Dr. BR Ambedkar was celebrated on campus. Dr. Shweta Dhand, Officiating Principal of GHG Institute of Law, Sidhwan Khurd was the resource person on this occasion. She talked about the contributions of Baba Saheb Ambedkar to our constitution. Payal, a student of BA 2nd semester also spoke on the life and contributions of Dr. BR Ambedkar. Madam Principal Dr. Maneeta Kahlon presented the vote of thanks and encouraged the students to follow the principles of Dr. Ambedkar.	Departments of Public Administrati on and Political Science under IQAC
57	Friday April 15, 2022	World Art Day celebrations to continue for a month	World Art Day was observed in the college. The celebrations began on April 15, 2022, on the occasion of World Art Day, and continued for a month. This day is celebrated every year to promote the development,	Department of Fine Arts under IQAC

			<p>diffusion, and enjoyment of art. Students of Fine Arts started their artwork on April 15 and the celebrations concluded with the completion of their paintings on May 18, 2022. The artistic work of students was also displayed during an art exhibition organized on the occasion of the Convocation Ceremony. This activity was conducted under the guidance of Mrs. Harpreet Kaur, Head, Department of Fine Arts. Madam Principal Dr. Maneeta Kahlon appreciated the efforts made by the department and stressed that such celebrations help in reinforcing the link between artistic creations and society.</p>	
58	Friday April 22, 2022	To organize various activities in the college to celebrate Earth Day	<p>The Swachhta Action Plan (SAP) Committee of the college observed Earth Day by recycling and reusing waste material into beautiful creations like wall hangings, flower pots, planters, paperweights, napkin holders, bags, file holders. Students also created informative charts and posters to sensitize everyone about climate change and its effects, and the need to recycle material for waste management. These activities were organized under the guidance of SAP Nodal Officer, Dr. Parveen Arora. The college Principal, Dr. Maneeta Kahlon highlighted that every small effort counts. She further added that we need to work together to restore the beauty, greenery, and glory of Mother Earth.</p>	SAP Committee under IQAC
59	Saturday April 23,	To celebrate World Book and Copyright Day,	<p>Every year April 23 is celebrated as World Book and Copyright Day, also known as World Book Day, to honor</p>	IQAC

	2022		<p>the great works by authors around the world. The day is observed to pay tributes to great literary figures including William Shakespeare, Miguel Cervantes, and Inca Garcilaso de la Vega whose death anniversary falls on this day. The students and staff of the college celebrated the day by visiting the college library. They browsed through the vast collection of books available in the library and got books issued from the special book station set up in the library. The students chose books of their interest and spent time in the library reading their favorite genres. The objective of this activity was to inspire reluctant readers to give reading a go, and keen readers to read more widely. Madam Principal, Dr. Maneeta Kahlon said that World Book Day is a day for the celebration of authors, illustrators, books, and the joy of reading. She emphasized that books are a source of learning and entertainment, hence, it is important to spread the values of reading, particularly among the younger generation.</p>	
60	Saturday April 23, 2022	To celebrate Shakespeare Day	<p>The students of the PG Department of English observed Shakespeare Day on April 23, 2022, by giving a tribute to the timeless Bard of Avon in the form of a number of activities. Presentations were made on this occasion by M.A. (English) students on their favorite Shakespearean play. This was followed by a “Guessing Game” centered on Shakespeare’s plays and his prime characters. The students commemorated the day by staging short enactments of some of the key scenes taken from Shakespeare’s memorable plays like</p>	PG Department of English under IQAC

			Othello and Romeo and Juliet. The celebration concluded with the cutting of a cake in the fond memory of 'the litterateur.' Madam Principal Dr. Maneeta Kahlon commended the efforts of the department and said that the active involvement of students in like ventures is very heartening. She added that such celebrations are, in fact, opportunities that give students exposure of their subject as well as provide the freedom to express themselves on a public platform.	
61	Saturday April 23, 2022	To observe National Panchayati Raj Day	National Panchayati Raj Day was observed in the college. A Legal Awareness Seminar was conducted by District Legal Service Authority (DLSA) Ludhiana. Advocate Sunita Goyal, District and Session Court, Ludhiana was the resource person on this occasion. She explained the legal rights, social values, and directions given by the Honorable High Court for Runway Couples and informed District & State level safety measures to prevent honor killing and other social evils. It was followed by an interactive session in which the queries of the students were also answered in a very effective manner. This activity was organized under the guidance of Dr. Parveen Arora, Mrs. Rajwinder Kaur, and Lt. Sukhjit Kaur. Madam Principal Dr. Maneeta Kahlon thanked the resource person for sharing information regarding legal rights with the students.	Department of Public Administrati on and Legal Literacy Club under IQAC
62	Tuesday April 26, 2022	To observe World Intellectual Property Day	World Intellectual Property Day was observed on the college campus on the theme "Intellectual Property and Youth: Innovating for a Better	PG Department of Commerce

			<p>Future”. Mrs. Punpreet Kaur, Assistant Professor, PG Department of Commerce was the resource person. The day was celebrated to inform students about the role of intellectual property rights in encouraging creativity and innovation. She explained the basics of intellectual property rights, how they protect the inventions and creations, and enable creators to earn financial benefits from their work. Mrs. Seema Dua, Registrar of the college discussed the economic aspects of IPRs. Madam Principal Dr. Maneeta Kahlon stressed the urgency to create more awareness about intellectual property rights among students to encourage them to be young innovators.</p>	under IQAC
63	Wednesday May 04, 2022	To observe Cyber Jagrukta Diwas	<p>‘Cyber Jagrukta Diwas’ was observed on campus as per the directions from University Grants Commission (UGC). The day was observed to increase cyber hygiene awareness to combat cybercrime. Ms. Daisy Wadhwa, Head, Department of Computer Science, and Mrs. Satwant Kaur and Dr. Neetu Prakash, NSS Programme Officers, conducted a ‘Cyber Security Word Search’ competition. The activity was designed to make students aware of cyber security threats and the ways to combat them. While searching for words during the competition, the students learned about cyber security terms and their associated context. Navjot Kaur and Kamalpreet Kaur stood first in the competition while the team of Damanpreet Kaur and Jasleen Kaur clinched the second prize. Madam Principal Dr. Maneeta</p>	Department of Computer Science and Applications in collaboration with the NSS Unit under IQAC

			Kahlon stressed upon the need to be aware of the types of cybercrime and said that one must stay vigilant to safeguard oneself from the same.	
64	Thursday May 05, 2022	To celebrate Rabindranath Tagore Jayanti	The students remembered the Nobel Laureate Rabindranath Tagore on his 161st birth anniversary on May 05, 2022. A small celebration was organized by the PG Department of English during which the background score of Tagore's famous composition "Ekla Chalo Re" reverberated in the hall, infusing the feelings of determination and perseverance in the students. Many views on the life and achievements of the polymath Rabindranath Tagore were expressed by the participants. Madam Principal Dr. Maneeta Kahlon urged the students to carry on the legacy of the eminent writer and spread the spirit of peace, harmony, and knowledge around the world. Dr. Anupam Vatsyayan, Head of the Department appreciated the students for their enthusiastic participation in the event.	PG Department of English under IQAC
65	Sunday May 15, 2022	To organize daily activities to celebrate International Day for Biological Diversity	As the countdown to the International Day for Biological Diversity which falls on May 22, the college planned several activities to increase the understanding and awareness of biodiversity issues among the students. These activities were sponsored by the National Biodiversity Authority, Government of India. As per the directions of the Punjab Biodiversity Board (PBB), this year's theme 'Building a shared future for all life on earth' was followed by the college. Under the guidance of Dr. Parveen Arora, SAP	Eco Club and SAP committee under IQAC Video Credit: Department of Journalism and Mass Communication

			<p>Nodal Officer of the college, these activities were conducted for a fortnight starting from May 15.</p> <p>Day 1</p> <p>A drive for the maintenance of a vermi-compost pit set up in the college was initiated. The college uses its in-house compost for organic gardening and for discouraging the use of pesticides. Bird Feeders were also set up for biodiversity conservation.</p> <p>Day 2</p> <p>A presentation on the process and benefits of vermicomposting was arranged. Dr. Parveen Arora informed students about the advantages of vermicomposting compared to traditional composting. She explained the process followed by the college in maintaining vermicomposting units and provided a demonstration of creating small vermicomposting units at home. Madam Principal Dr. Maneeta Kahlon encouraged the students to set up vermicomposting units to promote organic gardening. She further motivated the students to share this information with everyone for biodiversity conservation.</p> <p>Day 3</p> <p>The students were informed about the conservation of rare and endemic plant species. The health benefits of in-house herbal and kitchen gardens were also discussed. Students were shown the different varieties of medicinal and aromatic plants which are grown in the college herbal garden. This garden is maintained by</p>	
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			<p>the students using the organic manure prepared from the vermicomposting units of the college. Madam Principal Dr. Maneeta Kahlon emphasized that the conservation of biodiversity is essential for human survival. She encouraged the students to set up herbal gardens in their homes as it is a good way to promote the use of medicinal plants for primary health care at the household level.</p> <p>On Day 4, a number of specially designed bird feeders were set up at several locations on the college campus in order to create awareness of wildlife and urban birds. Madam Principal Dr. Maneeta Kahlon highlighted that feeding our avian friends is an engaging and educational activity that helps in establishing a connection with nature. She appreciated the proactive role played by the Biodiversity Cell of the college in this regard.</p> <p>On Day 5, an exhibition on Best out of Waste was organized to promote the principles of reusing, reducing, and recycling waste material. Students made beautiful articles like carry bags, envelopes, file covers, wall hangings, pots, and other useful items from waste newspapers, used bottles, cans, ice cream cups and sticks, dry leaves, wool, old clothes, etc. Madam Principal Dr. Maneeta Kahlon emphasized that the objective behind this activity is to teach students the art of recycling. She added that this creative and artistic initiative will help develop the habit of upcycling old things among students.</p> <p>On Day 6 of the celebrations, a quiz</p>	
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			<p>competition on Sustainable Biodiversity was organized. In addition, an interactive lecture on conserving biodiversity was conducted by Mrs. Seema Dua, Head of the Department of Economics. She discussed issues related to biodiversity as well as the ways in which we can participate in biodiversity conservation. An educational film on Zoonotic Diseases- Concept and Prevention was also screened. During the documentary screening, Dr. Parveen Arora informed about the strategies for the control and prevention of zoonotic diseases. Madam Principal Dr. Maneeta Kahlon emphasized that by increasing our awareness and knowledge of environmental issues, we can become stewards of biodiversity conservation.</p> <p>On Day 7, a nature walk was taken by the students on the verdant campus of Punjab Agriculture University. In addition, the Department of Computer Science and Applications organized a presentation activity on the theme of biodiversity conservation. Shivangi, Manchet Kaur, and Riya, the students of the department, expressed their views on various aspects of biodiversity.</p> <p>These activities were sponsored by the National Biodiversity Authority, Government of India. Speaking on the occasion, Madam Principal Dr. Maneeta Kahlon highlighted the wealth of human health benefits that stem from experiencing nature and biodiversity. She advised students to adopt regular nature walks to reconnect with nature and reduce stress levels. She further said that</p>	
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			<p>Punjab Biodiversity Board is playing an important role in sensitizing students about biodiversity conservation.</p> <p>Day 8</p> <p>A virtual session on Biodiversity and Health was conducted by Mrs. Shikha Kalra, Head of the Department of Home Science. The main attraction of this meeting was the demonstration on "Growing microgreens". During her talk, Mrs. Shikha informed students about the process to be followed for planting microgreens at home and the health and nutritional benefits of microgreens. Madam Principal said that microgreens are easy to grow at home with minimal supplies, and hence, they can be a great source of daily nutritional requirements.</p> <p>Day 9</p> <p>A tree plantation drive was organized on the campus. Madam Principal Dr. Maneeta Kahlon stressed that by planting more trees, we can contribute to repairing damaged ecosystems and mitigating climate changes.</p> <p>Day 10 (May 24, 2022)</p> <p>A poster-making competition was organized on "Building a shared future for all life," the theme of International Day for Biological Diversity. 16 students of the Department of Fine Arts participated in this competition under the guidance of Mrs. Harpreet Kaur, Head of the Department of Fine Arts, and Mrs. Balwinder Kaur, Assistant</p>	
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			<p>Professor. The college Principal Dr. Maneeta Kahlon appreciated the work done by students and gave them prizes.</p> <p>Day-11 (May 25, 2022)</p> <p>A new vermicomposting pit was constructed on the college campus while restoration work of the existing vermicomposting pits was carried out. Madam Principal highlighted that vermicomposting is a great way of recycling waste into valuable organic fertilizer. She added that the larger aim of this project is to promote and facilitate home composting among staff and students.</p> <p>Day-12 (May 26, 2022)</p> <p>An awareness lecture on ‘Road Safety Rules’ was organized at Children’s Traffic Training Park, Ludhiana. In addition, NCC cadets and the members of the Eco Club participated in a nature walk to promote a sustainable and healthy environment. Students also planted trees at the park. An awareness campaign was launched under the motto, “Only One Earth- Save It” under which a rally was taken out in the areas surrounding the college. Dr. Parveen Arora, Lt. Sukhjit Kaur (ANO), Mrs. Shikha Kalra, and Mrs. Rajni Rajpal accompanied the students for these activities. Madam Principal Dr. Maneeta Kahlon mentioned that the objective of these activities is to sensitize students and local residents about respecting the local habitat. She further emphasized that the plants growing in the parks and nature reserves near you often play an important role in preserving</p>	
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			<p>the local ecosystem. It was emphasized that when one is outdoors, one should protect local biodiversity by sticking to the walking path or the hiking trail and help children and pets to do the same.</p>	
66	Friday May 27, 2022	To organize Inter-College Declamation Competition to celebrate International Day for Biological Diversity	<p>An Inter-college Declamation competition was organized in the college, under Ek Bharat Shreshtha Bharat Program, to celebrate International Day for Biological Diversity. Rtn. Dr. Upinder Singh Ghai, District Governor was the Chief Guest. Rtn. Er. Lupinder Kumar, Sub Divisional Soil Conservation Officer, Jalandhar was the Guest Speaker. He stressed the importance of restoring soil cover to maintain biodiversity.</p> <p>Vedika of SDP College for Women, Ludhiana won the first prize. Simpreet of Guru Nanak Khalsa College for Women, Ludhiana bagged the second prize, and Anjali of Khalsa College for Women got the third prize. Damanpreet Kaur of Government College for Girls and Anmol of Khalsa College for Women won the consolation prizes.</p> <p>This event was organized under the guidance of Rtn. Sunil Budhiraja, President, Rotary Club of Ludhiana Midtown. The judges of the competition were Mrs. Prabhjot Kaur, Dr. Anupam Vatsyaayan and Rtn. Er. Lupinder Kumar. On this occasion, a ppt presentation was also shared by Rtn. Er. Lupinder Kumar with the students to make them aware about the means and ways of protecting the</p>	Eco Club, NSS Unit, and NCC Wing of the college under IQAC and Rotary Club of Ludhiana Midtown in collaboration with “Punjab Biodiversity Board” and sponsored by “National Biodiversity Authority, Government of India”

			<p>environment and conserving water.</p> <p>Madam Principal Dr. Maneeta Kahlon congratulated all the participants and stressed that the beauty of this earth can only be maintained by conserving biodiversity.</p>	
67	Tuesday May 31, 2022	To celebrate World Environment Day	<p>A novel idea of gifting a sapling to the parents during the Parent-Teacher Meeting was carried out to celebrate World Environment Day which falls on June 5. Parents and students were urged to take care of and nurture the plants at home and hence contribute towards keeping the environment clean and healthy. Madam Principal Dr. Maneeta Kahlon highlighted that the motto of this initiative is to promote the idea of a gift that fights climate change and protects the environment. She stressed that students are ambassadors of environmental protection and can help spread the message of saving the environment.</p>	SAP Committee under IQAC
68	Month of June	College to continue activities as a part of 'Yoga Utsav 2022'	<p>As the upcoming 8th International Day of Yoga is falling in "Azadi Ka Amrit Mahotsav" year, the Ministry of Ayush, Government of India has proposed to observe IDY 2022 at 75 iconic sites across the country.</p> <p>At GNKCW also, we celebrated Yoga Utsav 2022. As a part of these celebrations, daily yoga sessions are organized by the NSS and NCC units of GNKCW under the 'Ek Bharat</p>	NSS Unit, NCC Wing, and Department of Physical Education under IQAC

			<p>Shreshtha Bharat' program.</p> <p>At the very heart of yoga practice is 'abyhasa'- steady effort in the direction you want to go. Daily yoga practice has many great benefits. It helps keep us grounded, centered, balanced, flexible, strong, calm, focused, relaxed, happy, healthy, and free from stress and anxiety.</p>	
69	<p>Wednesday June 01, 2022</p>	<p>To set-up an outdoor classroom to celebrate World Environment Day</p>	<p>The college set up an outdoor classroom to foster environmental awareness while aiming at the attainment of a society in tune with nature. Taking inspiration from the outdoor learning environments established at Shanti Niketan by the noble laureate Rabindranath Tagore, the college identified an open space on the campus for the outdoor classroom. The classroom has been constructed under the shade of trees, ensuring ample and proper seating space.</p> <p>This classroom was established under the guidance of Dr. Parveen Arora, Nodal Officer of Swachhata Action Plan (SAP) committee, MGNCRE, Government of India. Madam Principal Dr. Maneeta Kahlon highlighted that such classrooms utilize natural habitats and provide an opportunity for students and teachers alike to experience nature. She added that outdoor learning spaces provide benefits like environmental awareness, improved health, and increased creativity.</p>	<p>Swachhta Action Plan (SAP) Committee in collaboration with IQAC</p>

70	Thursday June 02, 2022	To set up specially designed bird feeders to celebrate World Environment Day	To promote the idea of nurturing a sustainable environment to save the ecosystem, the college set up a number of specially designed bird feeders and nests on the campus. This activity was conducted under the guidance of Dr. Parveen Arora, Nodal Officer of Swachhata Action Plan (SAP) committee, MGNCRE, Government of India, and as a part of World Environment Day celebrations on the theme, 'Only One Earth'. Madam Principal Dr. Maneeta Kahlon said that one of the most relaxing sounds one can experience is the joyful chirping of birds. She highlighted that feeding birds has an immeasurable impact on our local ecosystem. In addition, it is an engaging and educational activity for students where they can observe birds up close and connect with nature.	Swachhata Action Plan (SAP) committee in collaboration with IQAC
71	Saturday June 04, 2022	To organize an extempore activity to celebrate World Environment Day	The college organized an extempore activity on June 04 to celebrate World Environment Day which falls on June 5. The year 2022 is a historic milestone as it marks 50 years since the 1972 Stockholm Conference. Also, this year's motto for World Environment Day is "Only One Earth" which is the same as the campaign slogan for the 1972 Stockholm Conference. 50 years on, the motto is as pertinent as ever and focuses on "Living Sustainably in Harmony with Nature." Under this broad gambit, students expressed their views on a number of sub-themes including, India's Environment Policy: Opportunities	Department of Computer Science and Applications in collaboration with the Swachhta Action Plan (SAP) committee, NSS Unit, and the Youth & Red Ribbon Clubs under IQAC

			and Challenges, Swachhata Action Plan Project being implemented in educational institutions, Role of individuals and community in protecting the environment. In her message, Madam Principal Dr. Maneeta Kahlon said that on World Environment Day, let us join hands to bring a positive change to make Planet Earth a much healthier, greener, and happier place to live.	
72	Sunday June 05, 2022	To celebrate World Environment Day	On the occasion of World Environment Day, Swachhata Action Plan (SAP) committee of the college (MGNCRE, Government of India) organized a lecture to promote environmental consciousness among students and staff. Dr. Parveen Arora, Nodal Officer of SAP was the resource person for this online session. During her talk, Dr. Arora elaborated on the theme of this year's World Environment Day- Only One Earth. Students pledged to collectively work towards protecting Mother Nature. With the aim that multiple small steps can bring in a major change, students and staff planted saplings in their homes to contribute to making our planet greener and healthier. Madam Principal, Dr. Maneeta Kahlon highlighted that earth is our home and we must keep it clean and green. She urged everyone to vow to work towards a common objective of conserving and protecting the environment.	Swachhata Action Plan (SAP) committee in collaboration with IQAC

73	Wednesday June 15, 2022	To observe World Blood Donor's Day	<p>A pledge-taking ceremony was held in the college to mark the World Blood Donor's Day in which the college Principal, staff members, and students partook to become regular voluntary blood donors and to spread awareness about voluntary blood donation. On this occasion, NSS Programme Officer, Mrs. Satwant Kaur delivered a motivational lecture on the importance and necessity of voluntary blood donation. This activity was conducted by Dr. Neetu Prakash and Mrs. Satwant Kaur, NSS Programme Officers and the Coordinators of the Ek Bharat Shreshtha Bharat club of the college.</p> <p>Madam Principal Dr. Maneeta Kahlon encouraged the students to donate blood as this single noble gesture can save lives and create a million smiles. She also informed about the blood donation camp organized on the college campus in April 2022, to contribute to this noble cause.</p>	NSS Unit, Ek Bharat Shreshth Bharat Club, and the Red Cross Society under IQAC
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Dr. Maneeta Kahlon

DR. MANEETA KAHLON
Principal
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana.

7.1.11 Institution celebrates/organizes national and international commemorative days, events and festivals

Geo tagged Photographs of some of the events

1. FIT INDIA FREEDOM RUN

September 08, 2021

Fit India Freedom run was organized to celebrate “Azadi Ka Amrit Mahotsav”. Based on the concept, “It can be run anywhere, anytime!” FIT INDIA FREEDOM RUN was conceived last year to keep the imperative need of fitness active even while following the social distancing norms. Under the guidance of Dr. Neetu Prakash (Programme Officer, NSS Unit) and Ms. Satwant Kaur (Caretaker, NCC Wing) Cadets and Volunteers participated with full zeal and enthusiasm in this run.





2. Diwali Celebrations at GNKCW

November 02-03, 2021

As a part of "Roshni", the Annual Diwali program of the college, a two-day exhibition-cum-sale was organized. A number of stalls and counters showcasing the items prepared by the college students like diyas, cakes, decoration pieces, paintings, book marks, journals/diaries etc. were set up. The college Principal, Dr. Maneeta Kahlon highlighted that through this program the college is spreading the message of being 'Vocal for Local' this festive season. In addition, this was an opportunity for students to build up their entrepreneurial skills under the 'Earn while you learn' scheme of the college. The primary objective of "Roshni" was to spread the message of saving the environment by celebrating a clean, green Diwali.

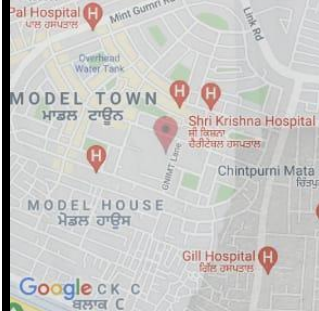


Model Town, Ludhiana, GNIMT Lane, Pritm Nagar, Model Town, Ludhiana, Punjab 141002, India

Ludhiana
Punjab
India

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2021-11-02(Tue) 01:58(PM)



141002, 307-311, GNIMT Lane, Pritm Nagar, Model Town, Ludhiana, Punjab 141002, India

Ludhiana
Punjab
India



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2021-11-02(Tue) 01:56(PM)



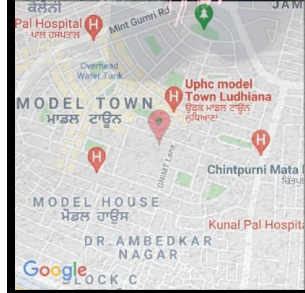
3. National Girl Child Day Celebrated at GNKCW

January 24, 2022

National Girl Child Day was celebrated in the college with an Intra Class Poster making competition on the theme 'Save Girl Child'. This day was celebrated under the Ministry of Women and Child Development to promote the social, cultural, political, and economic identity of women. On this occasion, 45 students of the college prepared posters depicting the importance

of saving the girl child. A seminar was also conducted by the NSS Unit on the topic “Save Girl Child”. This activity was conducted under the supervision of NSS Programme Officers, Dr. Neetu Prakash and Mrs. Satwant Kaur, and Mrs. Harpreet Kaur, Department of Fine Arts. On this Occasion Principal, Dr. Maneeta Kahlon emphasized the contribution being made by girls in the fields of sports, literature, science, education.





55-I, Pritm Nagar, Model Town, Ludhiana, Punjab 141002, India

Ludhiana
Punjab
India



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4. National Voters' Day Observed at GNKCW

January 25, 2022

A series of activities were done in the college to observe National Voters' Day. This day is celebrated to mark the foundation of the Election Commission of India under the Systematic Voters' Education and Electoral Participation (SVEEP) Programme. A seminar was organized on the theme "Respect your voting right". Seminar Convenor, Dr. Madhu Dhawan informed the importance of voting in a democracy. A signature movement and an awareness campaign were also launched on the campus to encourage the eligible voters to cast their votes during the elections. Principal Dr. Maneeta Kahlon addressed the college staff and highlighted the importance of informed participation in the electoral process.





Ludhiana, PB, India
Model Town Road, Model Town, Ludhiana,
141002, PB, India
Lat 30.887006°, Long 75.843718°
Tue, 25th Jan 2022 10:50 AM

5. WORLD CANCER DAY Observed at GNKCW

February 04, 2022

On the occasion of World Cancer Day, an informative session was organized by the college. Dr. Sucharu Prakash, Director, Texas Oncology and Texas Society of Clinical Oncology, U.S.A was the resource person. Raising awareness about the importance of preventative measures and early diagnosis of cancer, he said, “On this day, let’s come together and fight this enemy called cancer. I want you to realize that as students you have the power of knowledge and the strength in numbers. Every small step that you take - diet, exercise, lifestyle modification - will make a difference and go a long way in making this world free of this terrible illness.” Principal Dr. Maneeta Kahlon highlighted that the objective of this awareness campaign is to raise awareness about cancer and to encourage its prevention, detection, and treatment. The event was organized under the guidance of NSS Programme Officers Dr. Neetu Prakash and Mrs. Satwant Kaur. NSS programme officers also submitted the Quarterly report of NSS activities to the college Principal.



6. Inter-College Declamation Competition at GNKCW

May 27, 2022

An Inter-college Declamation competition was organized in the college, under Ek Bharat Shreshtha Bharat Program, to celebrate International Day for Biological Diversity. Rtn. Dr. Upinder Singh Ghai, District Governor was the Chief Guest. Rtn. Er. Lupinder Kumar, Sub Divisional Soil Conservation Officer, Jalandhar was the Guest Speaker. He stressed the importance of restoring soil cover to maintain biodiversity.

Vedika of SDP College for Women, Ludhiana won the first prize. Simpreet of Guru Nanak Khalsa College for Women, Ludhiana bagged the second prize, and Anjali of Khalsa College for Women got the third prize. Damanpreet Kaur of Government College for Girls and Anmol of Khalsa College for Women won the consolation prizes.

This event was organized under the guidance of Rtn. Sunil Budhiraja, President, Rotary Club of Ludhiana Midtown. The judges of the competition were Mrs. Prabhjot Kaur, Dr. Anupam Vatsyaayan and Rtn. Er. Lupinder Kumar. On this occasion, a ppt presentation was also shared by Rtn. Er. Lupinder Kumar with the students to make them aware about the means and ways of protecting the environment and conserving water.

Madam Principal Dr. Maneeta Kahlon congratulated all the participants and stressed that the beauty of this earth can only be maintained by conserving biodiversity.



Model Town, Ludhiana, GNIMT Lane, Pritm Nagar, Model Town, Ludhiana, Punjab 141002, India

Ludhiana
Punjab
India



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LUDHIANA MIDTOWN
INTERNATIONAL DAY OF DIVERSITY
FOR WOMEN, MODEL TOWN, LUDHIANA
FROM 10.30 TO 12 NOON

CHIEF GUEST
DR. US GHAI

PP RTH. TEJ...
PROJECT CO...

PP RTH. DR. RAVINDER TAN
PROJECT DIRECTOR

Dr. Lapinder K...
Guest Speaker

ROTARY CLUB
OF
LUDHIANA MIDTOWN
WELCOMES YOU



Model Town, Ludhiana, GNIMT Lane, Pritm Nagar, Model Town, Ludhiana, Punjab 141002, India

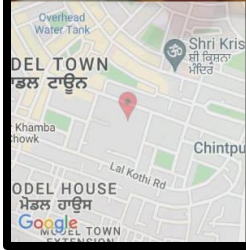
Ludhiana
Punjab
India



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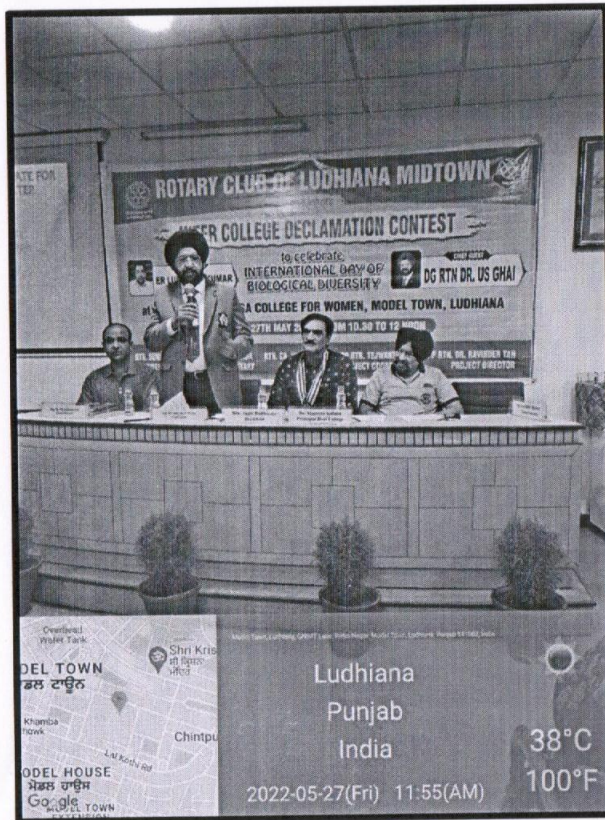
Model Town, Ludhiana, GNM Lane, Prithi Nagar, Model Town, Ludhiana, Punjab-141002, India

Ludhiana
Punjab
India



38°C
100°F

2022-05-27(Fri) 11:55(AM)



Maneeta

Dr. Maneeta Kahlon

Principal
DR. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana.