

## **Best Practices (2018-2019)**

### **PRACTICE 1: Literary and Cultural Impetus as a significant aspect of Value Education**

The aim of our institution is to make our students excel in every field, be it academics, sports or co-curricular activities. In the session 2018-19, stress was laid on inculcating values in our students as well as teachers. Spiritual value is one of the integrated values aiming towards the spiritual development of the individuals. Inculcation of good manners with democratic way of thinking and living will make them responsible and co-operative citizens of the country. It would enable them to make correct choices and decisions in life.

We at GNW, value the importance of literary and cultural events as these events preserve our culture and promote the feeling of universal brotherhood. Sharing of cultural and literary knowledge makes us responsible people who can co-exist with each other in a harmonious society.

Following methods were adopted by the college in 2018-19 to encourage this practice amongst the students:

- A number of societies and clubs function in the college throughout the year to encourage students to participate in various literary and cultural activities.
- The teachers also encourage the students to organize various exhibitions such as handicrafts, painting, heritage items etc.
- Various inter-class competitions were organized
- Various colleges are invited to participate and show their talents in Prof. Gurbir Singh Sarna Memorial Inter College Art and Literary Competitions which is hosted every year by the college.

The success of our endeavor is visible through the whole hearted participation of students in various extra co-curricular activities:

- 29 colleges of and around Ludhiana participated in Prof. Gurbir Singh Sarna Memorial Inter College Art and Literary Competitions with great enthusiasm this year.
- As a result of the constructive and ongoing practices in our institution, our college was able to bag 31 positions in Zonal and 8 positions in Inter-Zonal Youth and Heritage Festival 2018.
- The college, in collaboration with SPIC MACAY, organized a live musical performance for the promotion of Indian Classical Music and Culture amongst youth of our country on August 08, 2018. A *Jugalbandi* by Sitar Maestro Padma Shree Ustad Shahid Parvez Khan and Tabla artist Shri Hindole Majumdar was performed on this occasion.

- Mehndi Competition was organized by the Department of Home Science on August 09, 2018.
- Literary Society organized a Declamation Contest and Poetry Recitation Competition on August 11, 2018.
- Literary Society organized a Creative Writing Competition on August 12, 2018.
- Talent Hunt in various items like Poster making, Rangoli making, Collage making, Cartooning, Still Life, Still Photography, etc. was organized by the Department of Fine Arts on August 23, 2018.
- Gurbani Shudh Uchharan and Gurbani Kanth competitions were organized on January 25, 2019.
- English Literary Society organized a Literary Show on August 31, 2018 comprising a theatrical presentation of William Shakespeare's *The Merchant of Venice*, Poem Recitations, Songs as well as a literary Quiz, "Who Am I?"
- Department of Psychology organized a Psychological Testing Activity "Psyche-Logos Testing Fair" on September 14, 2018.
- Department of Psychology organized an Extension Lecture on "Stress Management through Emotional Regulation" on September 17, 2018. Dr. Nayanika Singh from PGGCG was the Resource Person.
- House of Readers organized a face-to-face interaction with Dr. Harpal Singh Pannu, Chair Professor, Guru Gobind Singh Chair, Central University, Bathinda on November 16, 2018.
- Department of Social Sciences organized a Lecture cum discussion on "Teachings of Guru Nanak Dev Ji and its impact on the students" on January 28, 2019
- Legal Literacy Club organized a Slogan Writing and Poster Making competition on the topic "Teachings of Guru Nanak Dev Ji on Women Empowerment" on January 30, 2019.
- Department of Psychology organized an event showcasing Psychological Disorders and Concepts "Psyche-Tation" on February 04, 2019. On this occasion students made models on various psychological concepts and a skit named "Jeene Bhi De" was also presented.
- An Extension Lecture was organized by the Women's Cell on the topic "Teachings of Guru Nanak Dev Ji" on February 05, 2019. Dr. Narinder Kaur Sandhu (former Principal, Ramgarhia Girls College, Miller Ganj, Ludhiana) addressed the members of Women's Cell.
- Department of Business Management and Commerce organized an Ad-Mad Show on February 09, 2019. On this occasion, students presented various Ads related to different products, services and current social issues such as Voter's Day, Girl's Education, Health issues and Water Conservation, etc.

- In collaboration with Guru Gobind Singh Study Circle, Ludhiana, the college organized an Examination on “Moral Education” on February 13, 2019. 54 students of different classes participated in this competition.
- Department of Punjabi in collaboration with Punjabi Sath, Ludhiana and Punjabi Bhasha Pasar Bhaichara on the occasion of 550<sup>th</sup> Birthday celebration of Guru Nanak Dev ji, organized a Lecture on “Punjabi Maa Boli Pandarwara” on February 18, 2019. Mitar Senmeet, a novelist, was the Resource Person.
- A National Seminar was organized by the Department of Punjabi on the topic “Guru Nanak Dev Ji di Vichardhara te Chintan” on March 02, 2019. Singh Sahib Giani Harpreet Singh Ji (Karajkari Jathedar, Shri Akal Takht Sahib, Shri Amritsar Sahib) was the Chief Guest and Dr. Rattan Singh Jaggi (Former Professor and Head, Department of Punjabi, Literary Studies, Punjabi University, Patiala) was the Guest of Honour on the occasion. Dr. Jagbir Singh (Former Professor and Head, Punjabi Department, Delhi University, Delhi) delivered the key-note address.
- Department of Computer Science and Applications organized an inter-class Digital Poster Making competition ‘*Chitrakala*’ on April 03, 2019 to commemorate the 550th birth anniversary of Guru Nanak Dev ji.
- As per DPI instructions, to mark the 550<sup>th</sup> birth anniversary of Guru Nanak Dev ji this year, various teachers and students presented their views on the teachings of Guru Nanak Dev ji in the morning assembly.


## **PRACTICE 2: Swachhta Campaign**

The Swachh Bharat Abhiyan is the most significant cleanliness campaign by the Government of India. Reflecting the spirit and the changed dynamics of the new India, our college also adapted to new challenges and built further on the founding principles, keeping in view the present-day socio-cultural-economic contexts. The aspirations of India and its citizens require institutional reforms in governance and dynamic policy shifts that can seed and nurture unprecedented change, and our institution decided to find feet by initiating diverse activities to become an active participant in the drive.

Following were the activities of the college:

- NSS Unit organized a Swachh Bharat Internship Programme-2018 on July 27-28, 2018. Under this program, NSS Volunteers adopted Manakwal village near Ludhiana. Many activities were performed during the drive:
  - Poster-pasting: health and hygiene awareness
  - Cleaning of streets and Aanganwadi School
  - Door to door awareness campaigns- Dengue and Malaria fever prevention care, Diarrhoea - causes and prevention, Waste Segregation
  - Awareness campaign for better sanitation practices such as using a toilet, hand washing

- Interaction with the primary school students telling them about the importance of hygiene in daily-life
- Cleaning of streets, drains and back alleys
- Wall painting on "Save Environment" and "Plant trees".
- Members of Youth Club and Red Ribbon Club participated in Swachh Bharat Internship Programme-2018 held was on July 27-28, 2018. **Manakwal village near Ludhiana was adopted under this program** and many activities were performed like poster-pasting, door-to-door campaigns, Dengue and Malaria fever prevention care, and waste segregation.
- Tree Plantation Drive was conducted by Youth Club and Red Ribbon Club on August 24, 2018.
- Youth Club and Red Ribbon Club organized slogan writing competition and an activity, "Express Yourself – Eradicate Corruption, Build a new India", on October 31, 2018 as a part of Vigilance Awareness Week-2018.
- The volunteers visited National Child Labour Project School, Ambedkar Nagar, Ludhiana where volunteers had interactive session with students on cleanliness, health & hygiene as a part of 7-day NSS Camp held from December 26, 2018-January 01, 2019, in which 80 volunteers took part.

  
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