

2019-2020

Best Practices

PRACTICE 1: Community Service under National Service Scheme (NSS Unit)

Guru Nanak Khalsa College for Women, Gujarkhan Campus primarily works towards creating Social Impact. The practice is carried out through a number of extension activities which contribute towards social and economic wellbeing of society. The college NSS Unit initiates a host of extension projects that have direct social impact and also help in inculcating ethical and humanitarian values in students. The aim of our institution is to make our students excel in every field, be it academics, sports or co-curricular activities. In the session 2019-20, stress was laid on inculcating values of compassion and communal harmony among our students as well as teachers:

- A donation drive in collaboration with an NGO, Mission Smile was organized on August 30, 2019 for flood relief.
- NSS Unit organized Swachhta Pakhwada in the campus from August 01-15, 2019. Many activities were performed during the drive:
 - Mrs. Jaswinder Kaur, Head, Department of Hindi, delivered a lecture on various issues related to Swachta
 - Volunteers took a 'Swachhta Pledge'
 - A Rally was organized on August 06, 2019 to create awareness about cleanliness.
 - The volunteers also visited National Child Labour Project School, Dr. Ambedkar Welfare Nagar, Ludhiana
 - Tree Plantation Drive was organized on August 14, 2019
- Sadbhavana Diwas was celebrated on August 20, 2019 to mark the birth anniversary of Former Prime Minister of India Late Mr. Rajiv Gandhi.
- Volunteers participated in Fit India Movement which was launched by Prime Minister of India, Narendra Modi on August 29, 2019. This campaign was launched to mark the birth anniversary of the Hockey Legend, Major Dhyan Chand which is being celebrated in India as National Sports Day.
- Poshan Abhiyaan (Nutrition Month) was celebrated as per the guidelines of Ministry of Youth Affairs and Sports/Directorate of NSS on September 24, 2019. A lecture was delivered by Mrs. Shikha Kalra from the Dept. of Home Science on Health and Nutrition.
- An awareness rally was organized in collaboration with Red Ribbon Club on Stubble Burning was organized in different villages as notified by Punjab Pollution Control board on October 12, 2019.

- A workshop on Disaster Management and Life Saving skills was organized in collaboration with Bhai Ghanaiya Ji Welfare Society, Mohali on November 08, 2019.
- Vigilance Awareness Week-2019 on the theme “Integrity- A Way of Life” was also initiated.
- A 7-day NSS camp on the theme "Save Environment" was held in the College from December 24-30, 2019, in which 79 volunteers took part. The main activities of the 7-day NSS Camp were:
 - Yoga class was conducted by Yogacharya Karam Veer, Founder, Divine Yoga Institute & Training Center, Ludhiana
 - A Taekwondo class was conducted by Mr. Surjit Verma.
 - Dr. Balwinder Kaur (Dietician and Nutrition Expert) conducted a workshop on “Importance of Balanced Diet for Wellbeing”.
 - NSS Volunteers visited “Swami Vivekanand Old Age Home” to offer services to old persons and to learn about the health problems faced by them at later stages of life.
 - Poster-making Competition was organized on the theme "Save Environment"
 - A workshop on Mind Management was conducted by B.K. Meenakshi, B.K Sonia Malhotra & B.K. Baljinder Kaur
 - Lecture was delivered by the team members of the Thind Dental Clinic on "Dental Awareness"
 - A workshop on “Salad from Microgreens” was conducted by Mrs. Shikha Kalra (Deptt of Home Science).
 - Ms. Balwinder Kaur conducted a workshop on Art and Craft.
 - “Share and Care” donation drive was organized to donate various items like clothes, sweaters, shoes, bags, etc, to Neki ki Dukaan, an initiative of EK NOOR SEWA KENDRA.
 - Following the programme "Ek Bharat Shrestha Bharat," a number of activities were organized including video screening related to the culture, history, and tourism of Andhra Pradesh which has been chosen as the paired state of Punjab. An effort was also made to pick up the language of the paired state during the session. The volunteers performed number of cultural items with great enthusiasm showing integration of folk dances of paired states - Punjab and Andhra Pradesh.
 - Cleanliness Drive was also conducted.
 - A pledge on Water Conservation was made.
 - On Valedictory day, a Craft Exhibition was held by NSS volunteers.

PRACTICE 2: To propel diversified learning methods in the Golden Jubilee year 2019

- Department of Business Management and Commerce organized an Ad-Mad Show on August 29, 2019.
- “Socialistic Movement” was organized on August 30, 2019 by the Department of Social Sciences on the theme of “Drug Abuse.” It was followed by a poster-making competition and power point presentation.

- English Literary Society organized a Literary Week from September 03 – 06, 2019:
 - On Day 1, a Creative Writing Competition was organized on the topic "Letter it out." The participants had to address a letter to the social evil which they want to be removed from the society. Taranpreet Kaur of M.A. II and Simranpreet Kaur of B.A. II were the winners of the competition.
 - Day 2 began with the enactment of the play *The School for Scandal* written by Richard Brinsley Sheridan. It was followed by a stimulating theatre workshop conducted by the renowned theatre personality Dr. Ankur Sharma, Asstt. Professor, Doaba College, Jalandhar.
 - Day 3 saw the continuation of the theme of creative art and artistry. Dr. Navjot Deol, Apeejay College, Jalandhar conducted a workshop on short story writing in which fun activities resulted in brilliant story weaving and storytelling.
 - Day 4 witnessed the portrayal of prominent women characters from literature by the students. Afterwards, the students were face-to-face with the eminent author Dr. Manju Jaidka, who apprised them about the art of creative writing.

- An inter-class “Graphic Designing Competition- Imprint” was held on September 12, 2019. The event was organized by Department of Computer Science and Applications in which more than 70 students from various streams of the college participated.

- Hindi Sahitya Sabha of our college organized Calligraphy Competition based on extracts from Guru Nanak Dev Ji's Baani on September 14, 2019. It was followed by Poetical Recitation and enactment of Sarveshwar Dyal Saxena's Poem “Desh Kagaz Par Bana Naksha Nhi Hota”.

- Department of Fine Arts organized an event titled “Rasa in Art-Slide Show” on September 17, 2019 as a part of which the students gave Power Point Presentations.

- A workshop on Disaster Management and Life Saving Skills was conducted by Bhai Ghanaiya Ji Welfare Society, Mohali at Guru Nanak Khalsa College for Women, Gujarkhan Campus on November 08, 2019. Rajinder Saini, District Training Officer, Indian Red Cross Society and K. K. Saini, Chairman, Bhai Ghanaiya Ji Welfare Society, Mohali were the Resource Persons.

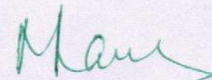
- Seminar cum Art Workshop, “Vismaad” on the theme "Jahar Peer Jagat Guru Baba" was organized by IQAC of the college to celebrate the 550th Birth Anniversary of Guru Nanak Dev ji as well as the Golden Jubilee of the college on November 11, 2019. Padma Bhushan Dr. S.S. Johl (Chancellor, Central University of Punjab, Bathinda) was the Chief Guest on the occasion. Artist Sidharth of international acclaim was the Resource Person.

- Anti-Drug cell organized an extension lecture on the occasion of “Buddy Day” on November 14, 2019. Dr. Shiv Kumar Dogra, Coordinator, B.A. LLB, Panjab University Regional Center (PURC), Ludhiana and Dr. Rajni Bagga, Assistant Professor of Law, Panjab University Regional Center (PURC), Ludhiana delivered an informative talk on the topic “Drug abuse, awareness and prevention”.

- The Directorate of Youth Services Punjab organized District level Competitions of all Red Ribbon Clubs in our college on January 21, 2020. The competitions held in three

different areas Poster Making, Slogan Writing and Declamation, emphasized on the importance of Life and Teachings of Swami Vivekananda Ji. The theme for this event was “Drug Abuse and AIDS Awareness.” 16 colleges of Ludhiana participated in this event.

- Department of Business Management & Commerce organized an Extension Lecture on “How to create wealth in Stock Market” on February 01, 2020. Mr. Sunil Makkar (Investment Consultant & Advisor) was the resource speaker.
- English Literary Society and the Post Graduate Department of English organized a tête-à-tête with the celebrated author and the reigning queen of Amazon, Nomita Khanna on February 06, 2020.
- Department of Psychology organized an event showcasing Psychological Therapies and situation based models titled as “Psyche-verse” on February 07, 2020.
- House of Readers (Book Club) organized an extension lecture on the “Philosophy of Guru Nanak Dev ji and its impact on Youth” on February 12, 2020.
- The Alumni Association of the college contributed a lot in the development of the institution. The college celebrated the 550th Birth Anniversary of Guru Nanak Dev ji as well as its Golden Jubilee year which makes the occasion more special on April 12, 2019. Alumni Meet was organized again that year on October 05, 2019.



Offg. Principal

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