

**GURU NANAK KHALSA
COLLEGE FOR WOMEN
MODEL TOWN LUDHIANA**

**REPORT
ON
NCC ACTIVITIES
January - March 2022
(QUARTER-III)**

List of activities conducted by the National Cadet Corps (NCC).

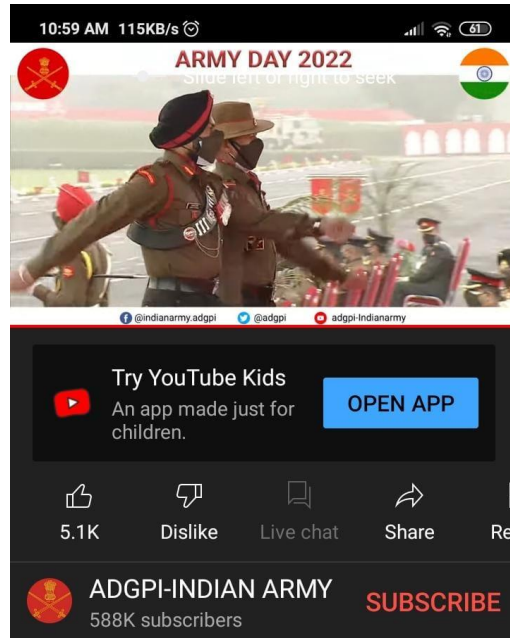
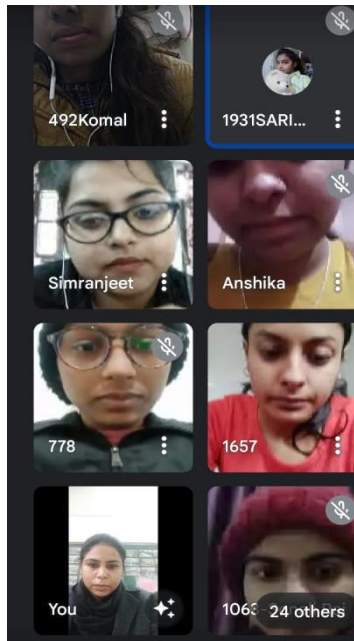
The activities performed by the NCC wing during the quarter from January 2022 to March 2022:

S. No	Date	Action taken	Organized by	Social media Links
1	Saturday, January 15, 2022	74th Indian Army Day celebrated	NCC Wing under IQAC	. https://www.facebook.com/646575452429581/posts/1341178112969308/?sfnsn=wiws_pmo 2. https://www.instagram.com/p/CYwC6r2l3Fd/?utm_medium=share_sheet
2.	Wednesday, January 12-16, 2022	NCC Cadets celebrated National Youth Week	NCC Wing (3PB Girls Bn Ludhiana) under IQAC	1. https://www.facebook.com/646575452429581/posts/1342500946170358/?sfnsn=wiws_pmo 2. https://www.instagram.com/tv/CY1X8DPB-WF/?utm_medium=share_sheet
3.	Friday, February 04, 2022	Conducted online meeting on NCC Bee & Cee certificate Examination	NCC Wing under IQAC	1. https://www.facebook.com/646575452429581/posts/1354615594958893/?sfnsn=wiws_pmo 2. https://www.instagram.com/p/CZoGGxSFEcr/?utm_medium=share_sheet
4.	Monday, February 07, 2022	Cadets participated in Surya Namaskar project	NCC Wing, NSS Unit, and SAP Committee under IQAC	. https://www.facebook.com/646575452429581/posts/1355484438205342/?sfnsn=wiws_pmo 2. https://fb.watch/b0-Get3jWy/ 3.

				https://www.instagram.com/p/CZrkBRIF7JM/?utm_medium=share_sheet 4. https://www.instagram.com/tv/CZrkOZmlV-x/?utm_medium=share_sheet
5.	Monday, February 14, 2022	Cadets pay homage to Pulwama Attack Martyrs	NCC Wing and the Department of Fine Arts under IQAC	1. https://www.facebook.com/646575452429581/posts/1359869431100176/?sfnsn=wiwspmo 2. https://www.instagram.com/p/CZ9eK5QFp95/?utm_source=ig_web_button_share_sheet

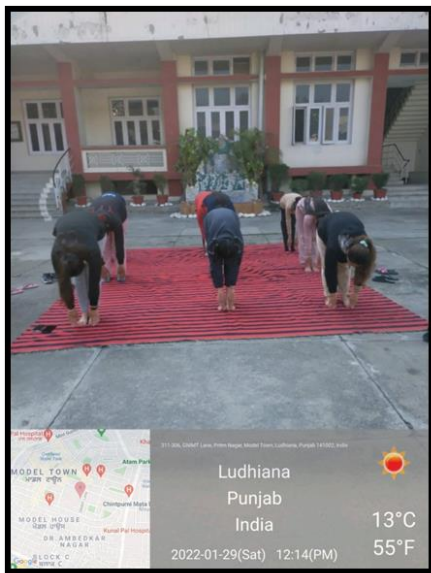
1. 74th Indian Army Day celebrated

The 74th Indian Army Day was celebrated in recognition of KM Cariappa's appointment as the First Commander-in-Chief of the Indian Army. ANO of the college, Lt. Sukhjit Kaur, delivered an online lecture on the importance of the day. NCC cadets and the college students also joined the online event of Army Day Parade broadcast LIVE from the KM Cariappa Parade Ground, New Delhi. On this occasion, Principal Dr. Maneeta Kahlon paid tribute to the soldiers who have sacrificed their lives for the nation. She said that the country would always remain grateful to the courageous and committed soldiers.



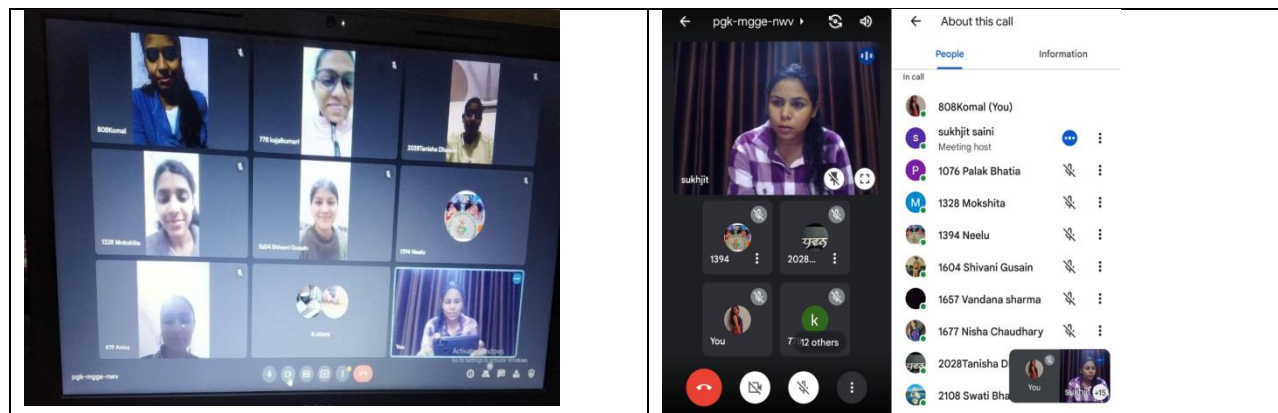
2. NCC Cadets celebrated National Youth Week

The NCC Cadets celebrated the National Youth Festival from January 12-16, 2022. As a part of the week-long celebrations, the NCC cadets practiced yoga and meditation to keep the mind and body healthy and free from diseases. The college Principal, Dr. Maneeta Kahlon emphasized that regular incorporation of yoga and meditation relieves stress, increases body awareness, and enhances mental wellbeing. Some students, namely Tanisha (BCA-II), Komal (BA-III), Shivani (B.Com-III) shared their videos of the activities.



3. Conducted online meeting on NCC Bee & Cee certificate Examination

Under the guidance of the Principal Dr. Maneeta Kahlon, ANO of the college, Lt. Sukhjit Kaur, conducted an online meeting with second and third year NCC cadets regarding the NCC B and C certificate exams scheduled for February 06 and 27, 2022. During the meeting, the cadets were given instructions regarding the theory and the practical examinations. Students were also informed about the guidelines to be followed for maintaining COVID appropriate behavior at the time of examination. Further, student queries related to the examination were resolved by ANO during the meeting.



4. Cadets participated in Surya Namaskar project.

The college participated in the *Surya Namaskar Project*, organized as a part of *Azadi Ka Amrit Mahotsav* by the **Ministry of Ayush** in collaboration with **National Yogasana Sports Federation** on the occasion of **75th anniversary of India's Independence**. This project was carried out in college for a month from January 10 to February 08, 2022, under the guidance of UGC coordinator, Dr. Nidhi Sharma. Students performed Surya Namaskar at their homes regularly throughout the month due to COVID-19 restrictions while hostel students performed various asanas on the college campus. Teaching and non-teaching staff also participated in this activity. Principal, Dr. Maneeta Kahlon highlighted the importance of incorporating yoga in daily life for staying healthy.



5. Cadets pay homage to Pulwama Attack Martyrs

The Army Wing of NCC and Department of Fine Arts paid homage to the CRPF Jawans who lost their lives in Pulwama Terror Attack in 2019. Students extended their respect to the martyrs by making posters and by reciting poems. Addressing the NCC Cadets and students, Principal Dr. Maneeta Kahlon said we will always be indebted to the soldiers for risking their lives to safeguard our country.



GNKCW pays homage to Pulwama martyrs

LUDHIANA : The army wing of NCC and department of fine arts of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, on Monday paid homage to the CRPF jawans who lost their lives in Pulwama terror attack in

2019. Students made posters and NCC cadets recited poems in honour of the martyrs. The post-graduate department of english also observed National Women's Day to mark the 143rd birth anniversary of the Nightingale of India, Sarojini Naidu. The event was organised by Gagneet Pal Kaur, who also recited a poem. Principal Maneeta Kahlon stressed on the role played by women in freedom struggle.

कॉलेज में एनसीसी कैडेटों ने शहीदों को दी श्रद्धांजलि

सिटी रिपोर्टर | लुधियाना

गुरु नानक खालसा कॉलेज फॉर वुमन, गुजरखान कैम्पस, मॉडल टाउन के आंतरिक गुणवत्ता आश्वासन प्रकोष्ठ के तत्वावधान में एनसीसी की सेना विंग और ललित कला विभाग ने 2019 में पुलवामा आतंकी हमले में अपनी जान गंवाने वाले जवानों को श्रद्धांजलि दी। इस अवसर पर छात्रों ने पोस्टर बनाकर देशभक्ति का इजहार किया और शहीदों के सम्मान में एनसीसी कैडेट्स ने कविता पाठ किया। एनसीसी कैडेटों और छात्रों को प्रिंसिपल डॉ. मनीता काहलों ने संबोधित किया।

(Lt. Sukhjot Kaur)
ANO
GNKCW Model Town
Ludhiana

Sukhjot Kaur

Principal
G.N. Kh. College for Women,
Model Town, LUDHIANA.

Maneeta