



GURU NANAK KHALSA COLLEGE FOR WOMEN

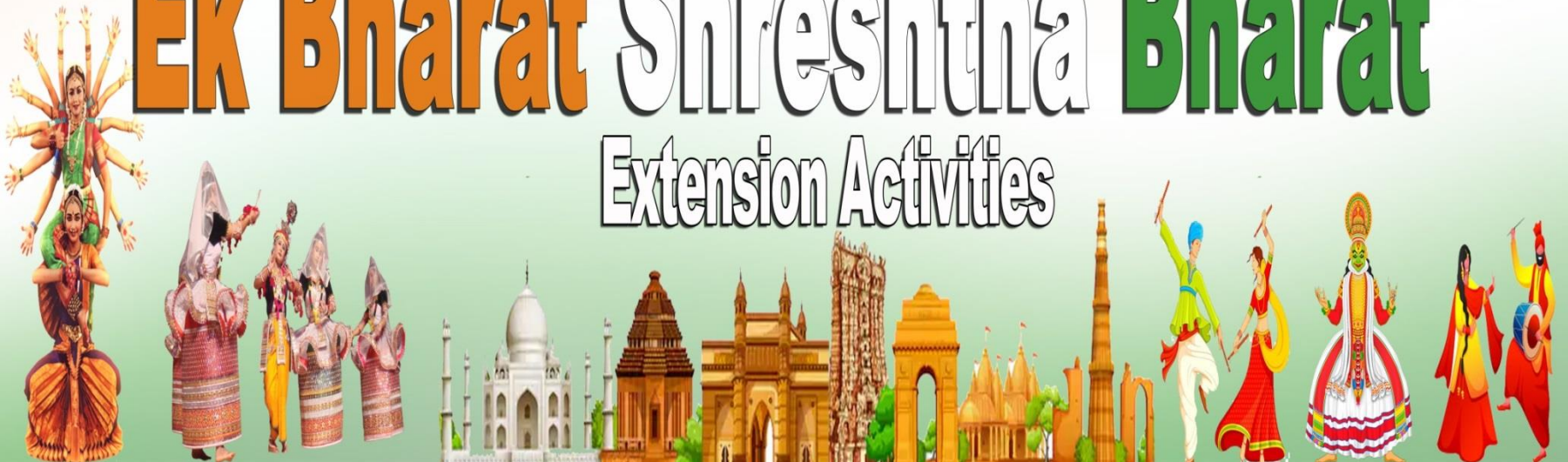
Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of Internal Quality Assurance Cell

Ek Bharat Shreshtha Bharat

Extension Activities



From the Principal's Desk

EBSB club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana has been created under the 'Ek Bharat Shreshtha Bharat' initiative of the Government of India. The ideology was proposed by the honorable Prime Minister on 31-10-2015, the birth anniversary of Sardar Vallabhbhai Patel, who is known for uniting the country as one nation. The programme aims to give a boost to the existing cultural connect between different parts of the country and enhance interaction between people living in different states. Conceptually, the idea is that each year one state should connect to any other state in India on a reciprocal basis. The knowledge of the culture, traditions and practices of different states will lead to an enhanced understanding and bonding between each other thereby strengthening the unity and integrity of India.

I believe that such an initiative to connect people in areas of culture, tourism, language, education trade etc. and citizens will be able to experience the cultural diversity of a much larger number of States/UTs while realizing that India is ONE.

Maneeta

Dr. Maneeta Kahlon

PRINCIPAL



We feel extremely privileged to be associated with the Ek Bharat Shreshtha Bharat Club of our institution. The initiative 'Ek Bharat Shreshtha Bharat' was announced by Hon'ble Prime Minister on 31st October, 2015 on the occasion of the 140th birth anniversary of Sardar Vallabhbhai Patel. Through this innovative measure, the knowledge of the culture, traditions and practices of different states & UTs will lead to an enhanced understanding and bonding between the states, thereby strengthening the unity and integrity of India. Ek Bharat Shreshtha Bharat programme aims to enhance interaction & promote mutual understanding between people of different states/UTs through the concept of state/UT pairing. The states carry out activities to promote a sustained and structured cultural connect in the areas of language learning, culture, traditions & music, tourism & cuisine, sports and sharing of best practices, etc.



Dr. Neetu Prakash
Coordinator, EBSB Club
Associate Professor, PG Dept. of Commerce



Mrs. Satwant Kaur
Coordinator, EBSB Club
Assistant Professor,
Dept of Computer Science
& Applications

It is important to establish cultural exchanges between people of different regions, as a means to further human bonding and a common approach to nation-building. Mutual understanding and trust are the foundations of India's strength and all citizens should feel culturally integrated in all corners of India. Students from the north-east, for example, should not feel like 'strangers in a strange land' when they arrive in Delhi, or a person from Punjab should not feel like an outsider in Kerala.

We, the Coordinators of EBSB Club assure full support, dedication and commitment towards Government to create an environment of mutual trust and confidence which promotes learning between States by sharing best practices and experiences.

Formation of EBSB Club

Ek Bharat Shreshtha Bharat (EBSB) has been one of the major flagship programmes of the Government to bring in cultural integration of the country as a part of the vision to build a "New India by 2022". The program was launched by the Honourable Prime Minister to promote engagement amongst the people of states and union territories in the country in order to enhance mutual understanding and bonding between people of diverse cultures, thereby securing stronger unity and integrity of India. In view to fulfill the objective of the initiative, we are creating a club called "EBSB Club" with an objective:

- ❖ To CELEBRATE the Unity in Diversity of our Nation and to maintain and strengthen emotional bonds between the people of our Country;
- ❖ To PROMOTE the spirit of national integration through a deep and structured engagement between all Indian States and Union Territories
- ❖ To SHOWCASE the rich heritage and culture, customs and traditions of either State for enabling people to understand and appreciate the diversity that is India, thus fostering a sense of common identity
- ❖ TO ESTABLISH long-term engagements and,
- ❖ TO CREATE an environment which promotes learning between States by sharing best practices and experiences

Ek Bharat Shreshtha Bharat (EBSB) Club at GNKCW

Dr. Maneeta Kahlon	: Convener and Principal
Dr. Neetu Prakash	: Nodal Officer and Coordinator
Mrs Satwant Kaur	: Coordinator
Shivangi	: member
Garima narula	: Member

Basant Panchami

January 25, 2023

Under the aegis of Internal Quality Assurance Cell, Department of Fashion Designing and Ek Bharat Shrestha Bharat of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town celebrated the festival of Basant Panchami with full fervour and zeal in the college campus today. This festival is celebrated in reverence to the Hindu deity Goddess Saraswati, epitome of learning, music & art.

The highlight of the celebration was the *Fashion Show with differently abled children from NGO- Mission Smile*. Yellow became the colour of the day as the teaching and non-teaching staff were dressed in beautiful yellow dresses. On this occasion, dance performances were given by the students of the college.

College Principal Dr. Maneeta Kahlon motivated everyone to be progressive learners, setting big goals and putting dedicated efforts as a promising & flourishing human harvest.

Social media Links

1.

https://m.facebook.com/story.php?story_fbid=pfbid0GzinU34ZtPfeHhNSrFP9bCVwD4YCEZPP2SdZN37YZtL7D31nskax9uwiniQ4E67il&id=100057616412011&sfnsn=wiwspmo&mibextid=LROouL

2.

<https://youtu.be/A-ZhF4Ftkr4>

3.

<https://fb.watch/iichE12-ST/?mibextid=LROouL>

GURU NANAK KHALSA COLLEGE FOR WOMEN
GUJARKHAN CAMPUS, MODEL TOWN, LUDHIANA

under the aegis of IQAC
NGO- "Mission Smile"
 in collaboration with

Department of Fashion Designing
 presents

Fashion Show
 on Basant Panchami Celebrations
 with Differently Abled Children

Principal
Dr. Maneeta Kahlon

President: Sonia Chhabra
Vice-President: Manju Sethi







PHOTOGRAPHS









NATIONAL MARTYRS' DAY

January 30, 2023

Under the aegis of IQAC, NSS Unit and Ek Bharat Shrestha Bharat Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana observed National Martyrs' Day or Shaheed Diwas to pay tribute to all the freedom fighters who sacrificed their lives for the country. The day is also marked as the death anniversary of the nation's 'Bapu', Mahatma Gandhi. NSS volunteers of the college observed two minutes' silence to honor the freedom fighters. NSS volunteer, Bimalpreet shared the importance and value of the day with the students. This activity was conducted under the guidance of NSS Programme Officers, Dr. Neetu Prakash and Mrs. Satwant Kaur. On this occasion, Dr. Maneeta Kahlon, Principal GNKCW, said that we pay our homage to the martyrs who fought for the freedom, welfare, and progress of India. Further adding, she said that the Martyrs never die, they live eternally in our hearts and we should never forget their sacrifice. She highlighted that it is also a day to remember the legacy given to us by the father of our nation, Mahatma Gandhi. She urged the students to live by his ideals of truth and non-violence, simplicity, purity-of-means, and humility.

Social media Links

1.

<https://www.facebook.com/gnwludhiana/posts/pfbid0K6Gt91vLCY1ki255j7neE7FmjA4vVtLMgAThx7DGoxZMf3gKLUaAayLhbdgxuTu6l>

2.

<https://www.instagram.com/p/CoEUIFNvU8Q/?igshid=NDdhMjNiZDg=>



Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC

NSS UNIT

Observes

NATIONAL MARTYRS' DAY

on January 30, 2023

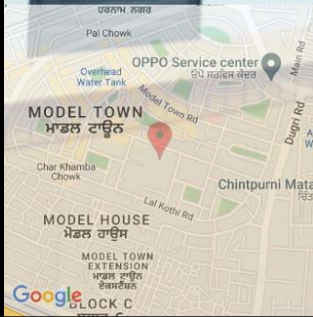
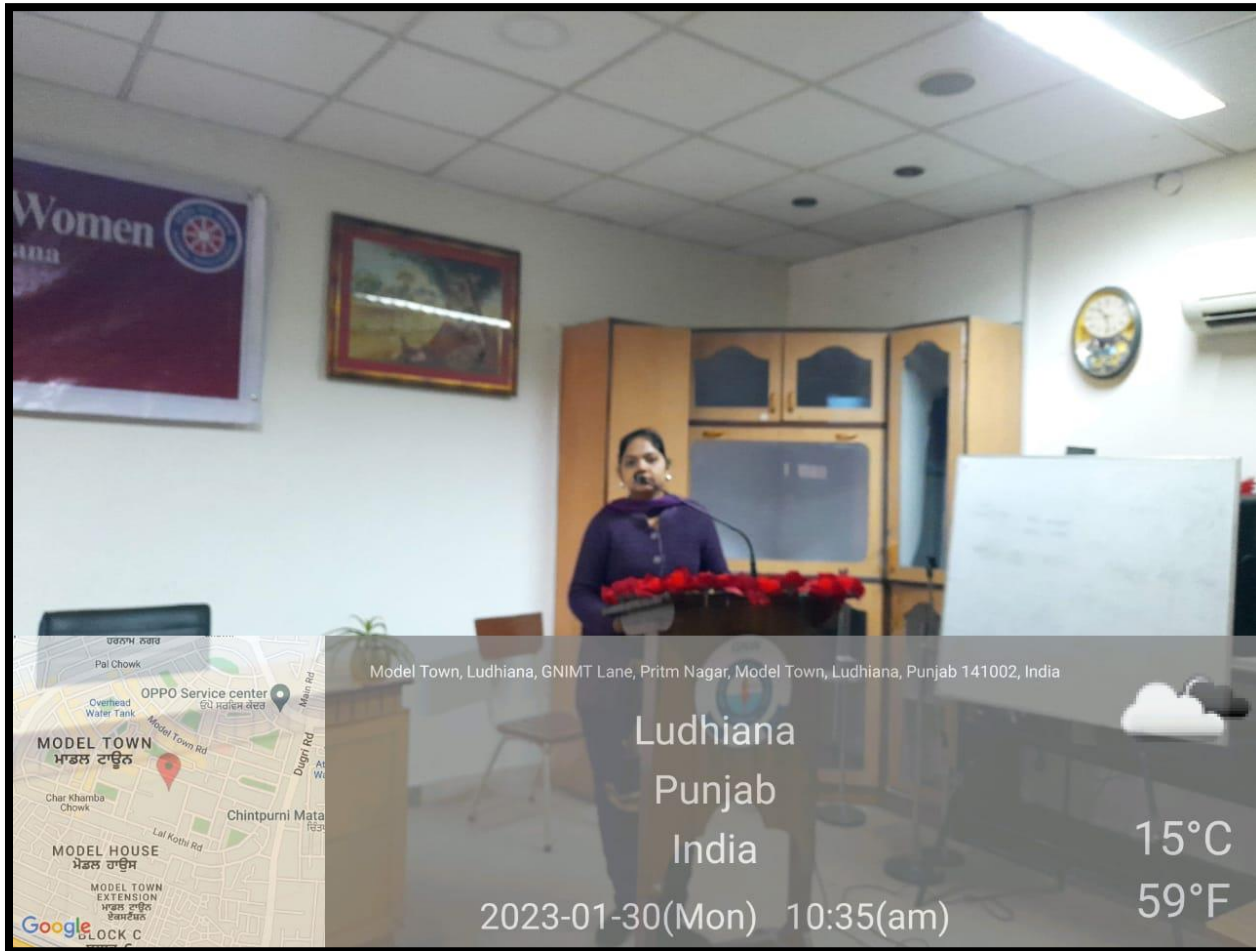


Principal
Dr. Maneeta Kahlon

NSS Programme Officers
Dr. Neetu Parkash
Ms. Satwant Kaur

PHOTOGRAPHS





Model Town, Ludhiana, GNIMT Lane, Pritm Nagar, Model Town, Ludhiana, Punjab 141002, India

Ludhiana
Punjab
India

2023-01-30(Mon) 10:35(am)

15°C
59°F



Guru Nanak Khalsa College for Women
Gujarkhan Campus Model Town Ludhiana

Under the aegis of IQAC

NSS UNIT
Observes

NATIONAL MARTYRS' DAY

on January 30, 2023



Model Town, Ludhiana, GNIMT Lane, Pritm Nagar, Model Town, Ludhiana, Punjab 141002, India

Ludhiana
Punjab





Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC

NSS UNIT

Observes

NATIONAL MARTYRS' DAY

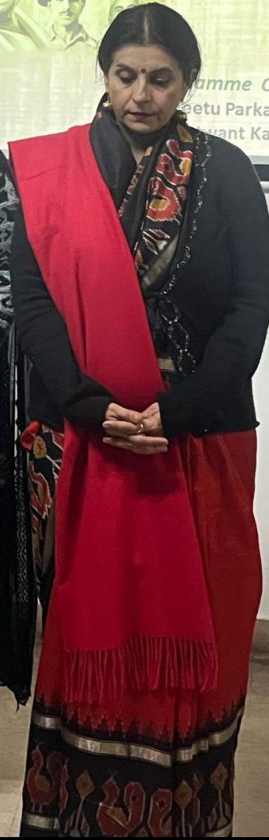
on January 30, 2023



Programme Officers

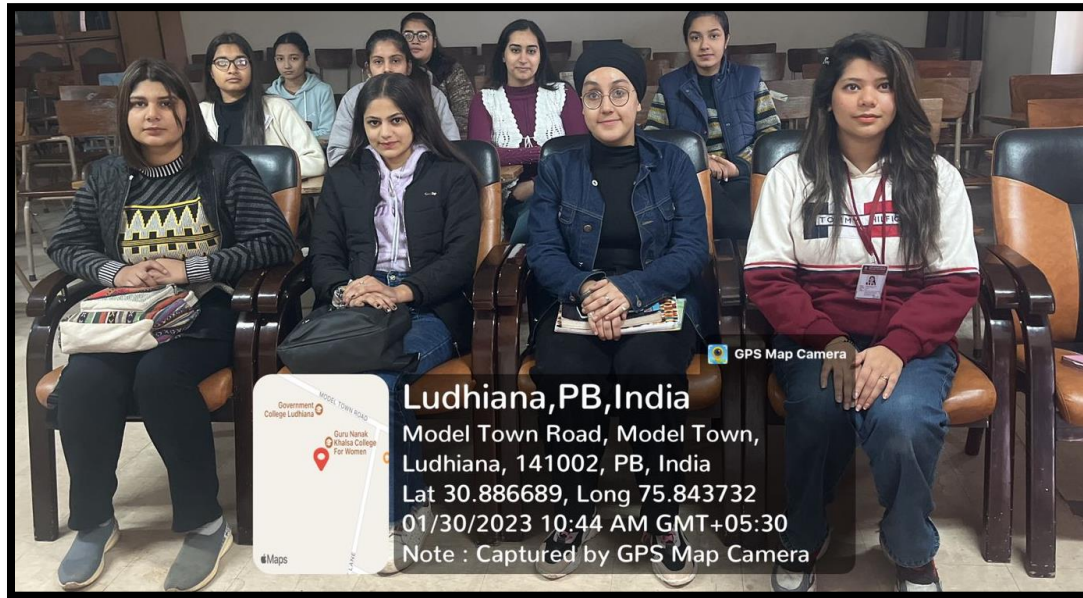
Geetu Parkash

Manjant Kaur



GN





GNKCW celebrated 'HAR GHAR DHYAN'

February 16, 2023

Internal Quality assurance Cell of Guru Nanak Khalsa College for Women, Model Town, Ludhiana celebrated 'HAR GHAR DHYAN' in collaboration with 'Art of living Foundation' under the 'Azadi Ka Amrit Mahotsav', Ministry of Culture , NSS Unit and Ek Bharat Shreshtha Bharat today under the guidance of Neha Arora, Art of living teacher. Three volunteers Radhika, Avishpreet Singh and Parmeet assisted her in the whole process. The speakers discussed the benefits of having control over breath, as most of the body toxins are released through breath. They also highlighted how our stress, negative emotions and thoughts, can be controlled and transformed into positive energy by breath controlling techniques.

Principal Dr. Maneeta Kahlon said that the students are the future of our country and it's important to train them to stay happy in all situations.

Social media Links

1.

<https://www.facebook.com/gnwludhiana/posts/pfbid02skKJqFJLzR7A9nfoagaarnHMf8wEhbCqp7WcfEyHWnkNEzFuSDnyYjFc9JJ83dRUfl>

2.

<https://www.instagram.com/p/Co86FanPlh7/?igshid=MDJmNzVkMjY=>



Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana

Organizing

“HAR GHAR DHYAN”

In Collaboration with Art of Living Foundation
Under the aegis of “Azadi ka Amrit Mahotsav”,
Ministry of culture, NSS Unit & Ek Bharat
Shreshtha Bharat

on

Date: 16th February, 2023, Time: 11:00 A.M. – 12:00 P.M.



Chief Guest

Ms. Neha Arora
Teacher Art of Living

Principal

Dr. Maneeta Kahlon

Nodal Officer

Dr. Balbir Kaur

PHOTOGRAPHS









If you are stronger, you have to help the weak



International Women's Day celebrated at GNKCW

March 09, 2023

Under the aegis of Internal Quality Assurance Cell, Women Development Cell of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana in collaboration with Bhart Jan Giyan Vigyan Jatha (BJGVJ) celebrated International Women's Day on the college campus today. This year, The United Nations Observance of IWD, celebrated this day under the theme "DigitALL: Innovation and technology for gender equality".

A Free Hemoglobin test camp was also organised by NSS ,Ek bharat shrestha Bharat club and red Cross Society for the staff and students of the college.

Principal Dr. Maneeta Kahlon highlighted that being a women's college, our institution is committed for Gender equality and empowerment.

Social media Links

1.

https://www.facebook.com/gnwludhiana/posts/pfbid02aKhGW2Gph1L58x78MnEXEh2CFxJU8asyAGiMK6eWWPaF8rs7QBYHhzqaLx4PDVn_xl

2.

https://www.instagram.com/p/Cpj9wUJma_/?igshid=MDJmNzVkMjY=

3.

<https://www.facebook.com/gnwludhiana/posts/pfbid026b93AvnLjfJohQXDMYNaHC8bvxbTxKE8zU6a19ceyVdc9DdREVnr9GPppToQfALZl>

4.

<https://www.instagram.com/p/CpmQ5cYvFJ2/?igshid=MDJmNzVkMjY=>

5.

<https://www.facebook.com/gnwludhiana/posts/pfbid0GKsCZP4CcC885YhMmCFaP94ENy2EugG1M5C5A1HiFYhBbjk2RdGDnZcnMjv8FRG1>

6.

<https://www.instagram.com/p/CpmZOcNvixb/?igshid=MDJmNzVkMjY=>

7.

<https://www.instagram.com/p/Cpmg0EjP4sj/?igshid=MDJmNzVkMjY=>

8.

<https://www.instagram.com/p/CpmjK4kvZOs/?igshid=MDJmNzVkMjY=>

9.

<https://www.facebook.com/gnwludhiana/posts/pfbid0TCSmSMFoB4wLaAtZ5hiJ3oNCr4CTAruCUKXbV2bqEDKrxo5CZJYAC63bjs1MPXuzl>

10.

<https://fb.watch/j9duXGoJIQ/>

PHOTOGRAPHS





MARTYRS DAY

March 20-22, 2023

Under the aegis of Internal Quality Assurance Cell, Ek Bharat Shrestha Bharat Club, NSS Unit and NCC Wing of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana observed Martyr's Day from March 20 to March 22, 2022. This day is celebrated to pay tribute to the freedom fighters, Bhagat Singh, Shivaram Rajguru and Sukhdev Thapar for their sacrifice to free our country from British rule. Their death sparked strong patriotic feelings across the country. They fought bravely for the independence of the country.

This activity was conducted under the guidance of NSS Programme Officers Dr. Neetu Prakash and Mrs. Satwant Kaur and NCC ANO Mrs Sukhjeet Kaur and Ms. Asha.

Various activities like an awareness lecture in which Principal Madam addressed the students that we organized this day to remember the sacrifice of our freedom fighters. A walk was organised to remember the sacrifices of freedom fighters and a poster making competition was also organised to observe martyrs day in which students made various posters to depict the life of freedom fighters. Principal Dr. Maneeta Kahlon encouraged the students to get motivation from the lives of our Freedom Fighters.

Social media Links

1.

<https://www.facebook.com/gnwludhiana/posts/pfbid0C8LHZVK6Fn3FUqmncuyiJzxxzgzjJNGcTD5upqsqRhPNVTOMfCgknaonMKifEsksl>

2.

<https://www.instagram.com/p/CqAXfr7vJLP/?igshid=OGY3MTdmODg=>

PHOTOGRAPHS



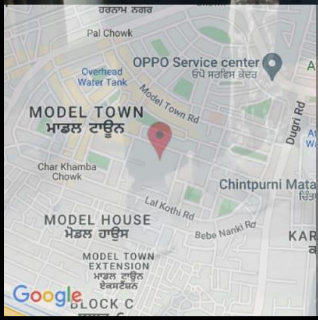


GURU NANAK KHALSA COLLEGE FOR WOMEN
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC
NCC Wing & NSS UNIT
observes
MARTYR'S DAY
23rd Mar

Dr. Manoeta Kaur
Dr. Manoeta Kaur
Dr. Manoeta Kaur

GURU NANAK KHALSA
Gujarkhan Campus,
Affiliated to Panjab
Internal Quality
org
Extension



Model Town, Ludhiana, GNIMT Lane, Pritm Nagar, Model Town, Ludhiana, Punjab 141002, India

Ludhiana
Punjab
India



23°C
73°F

2023-03-20(Mon) 12:32(pm)



List of Activities Conducted Under EBSB Club

SR.NO	NAME OF ACTIVITY	DATE
1	Celebrated Basant Panchami	January 25, 2023
2	Observed National martyrs' day	January 30, 2023
3	GNKWC celebrated 'HAR GHAR DHYAN'	February 16, 2023
4	International Women's Day celebrated at GNKWC	March 09, 2023
5	Observed Martyrs day	March 20-22, 2023

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Neetu Prakash
Dr. Neetu Prakash
Satwant Kaur
Mrs Satwant Kaur
Coordinators EBSB Club

Maneeta
Dr. Maneeta Kahlon
Principal

Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana.