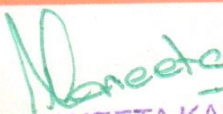


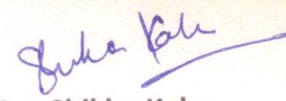


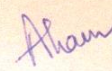
**Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana**



**Department Of Home Science
Even Semester Report
January 2022 to May 2023**


Dr. Maneeta Kahlon
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana
Phone No: 0161-2424662;


Mrs. Shikha Kalra
HOD, Assistant Professor


Mrs. Amarpreet Kaur
Assistant Professor

Email: gnkewldh1@rediffmail.com, website: www.gnwdh.com

The Guru Nanak Khalsa College for Women, Gurjarkhan Campus, Model Town, Ludhiana, established the Home Science Department in 1975. In beginning this department had just one Lecturer. There were only 60 students enrolled in prep school, and 25 of them were first-year students. Initially, there was only one laboratory available. The department lacked a lab attendant. A lab assistant was employed in 1980 shortly after one attendant was hired in 1976. The department added a second lecturer in 1978. The second lab was built in 1982 at the same time that the student body was expanding. The Department was placed on the Ground floor. In 2001–2002, however, the entire department was transferred to the first floor.

There are currently two labs in total—one for cooking and one for sewing. There is a single staff room with a restroom next to it for the teaching staff. One storage room is available for keeping extra equipment, sewing machines, and other necessities

Additionally, a single attendant's room has been built so that she may provide the students during practical with anything they require. In order to ensure that sessions ran smoothly as enrollment increased over the following years, a timetable of four faculty members—two permanent, two adohc, one lab assistant, and one lab attendant—was set up. Over time, prep or Sr. Sec programmes were rescheduled for school levels, and only degree-related coursework remained as a component of higher education. One Adohc and one Permanent Faculty member, as well as a Lab Assistant and a Lab Attendant, comprise the department as of right now.

Staff members in Department	Male	Female	Total
Total No. of teachers		02	02
Teachers with PhD. As highest qualification		----	-----
Teachers with M.Phil as highest qualification		-----	-----
Teachers with P.G as the highest qualification		02	02
Technical staff	01	01	02

Teaching Faculty



Mrs. Shikha Kalra (HOD)
(Assistant Professor)



Mrs. Amarpreet Kaur
(Assistant Professor)

List of Staff members with their designation, Qualifications, fields of specialization, years of experience:

Name of the teaching Faculty	Designation	Highest Qualification	Specialization	Experience in years
Shikha Kalra	Assistant Professor	M.Sc,	Foods and Nutrition	7 years
Amarpreet Kaur	Assistant Professor	M.Sc.	Clothing and Textiles	13 years

Personal achievements of staff members for the session 2022-2023: January 2023 –June 2023 Even Semester

Shikha Kalra

January 2023

Refresher Course - UGC sponsored online Refresher Course in Gender Studies (ID) conducted at UGC, HRDC Jamia Millia Islamia, New Delhi from December 29,2022 to January 11, 2023.

Acted as Resource Person for 2 sessions (10am to 12:30pm) in Skill training for rural youth (STRY) on the theme 'Entrepreneurship opportunities for Youth' in collaboration with Punjab Agriculture Management and Extension Training Institute (PAMETI), Ludhiana and National Institute of Agricultural Extension Management (MANAGE), Hyderabad, on January 19,

2023 held at Guru Nanak Khalsa College for Women, Model Town, Ludhiana, from January 16-21, 2023.

Participated in 3 day online Course on 'Digital Marketing' organized by Guru Nanak Khalsa College for Women, Model Town Ludhiana, from January 23-25 2023.

Attended Free online E-Learning Masterclass of 'Learn Healthy & Delicacies Cooking with Millets' by Wellcure demonstrated by Ms Pallavi Upadhyaya – Founder 'Millets For Health' at 6 pm on Zoom app on January 27,2023.

February 2023

Attended National Webinar on Fundamentals of Quantum Physics organized by Department of Physics, Gujrawala Guru Nanak Khalsa College, Civil Lines, Ludhiana on February 6, 2023

Attended online Workshop on National Educational Policy 2020: Multidisciplinary and Holistic Education organized by UGC-HUMAN RESOURCE DEVELOPMENT CENTRE, Guru Nanak Dev University, Amritsar, on February 10, 2023.

Participated and Presented a paper titled "Effect of Nutritional Diversification on Wellbeing of Women" in CDC sponsored National Seminar organized by Department of Sociology, Guru nanak Khalsa College for Women, model Town, Ludhiana, on February 4, 2023.

Presented a paper "Impact of Rural Labour Male out-migration on health status of left behind Women- Challenges and a way forward" in CDC sponsored National Seminar on Environmental Sustainability and Conservation-Issues and Challenges organized by IQAC, Devki Devi Jain Memorial College For Women, Kidwai Nagar, Ludhiana on February 14, 2023.

April 2023

Acted as external Examiner for Panjab University Practical Exam Even Semester 2023 at SDP College for Women w.e.f 17-4-2023 to 19-4-2023 (Evening Sessions)

Amarpreet Kaur

January 2023

As an External examiner of Garment making and Pattern making and Draping of B.Sc. Fashion Designing 3rd Sem. of NIIFT Ludhiana on 19th Jan.2023 .

As an External examiner of CAD of B.Sc. Fashion Designing 3rd Sem. of PCTE Ludhiana on 17th Jan.2023 .

Acted as Resource Person for 2 sessions (10am to 12:30pm) in Skill training for rural youth (STRY) on the theme 'Entrepreneurship opportunities for Youth' in collaboration with Punjab Agriculture Management and Extension Training Institute (PAMETI), Ludhiana and National Institute of Agricultural Extension Management (MANAGE), Hyderabad, on January 21st ,

2023 held at Guru Nanak Khalsa College for Women, Model Town, Ludhiana, from 16th to 21st January, 2023.

Participated in 3 day online Course on 'Digital Marketing' organized by Guru Nanak Khalsa College for Women, Model Town Ludhiana, from 23rd -25th January, 2023.

February

Paper presentation entitled " Government initiatives to deal with gender disparity at workplace" in one day National Seminar 'Towards Gender Inclusivity': Emerging Contemporary Issues Around Gender', sponsored by College Development Council, Panjab University, Chandigarh and organized by Guru Nanak Khalsa college for Women, Ludhiana on February 04, 2023.

Attended National Webinar on Fundamentals of Quantum Physics organized by Department of Physics, Gujrawala Guru Nanak Khalsa College, Civil Lines, Ludhiana on February 6, 2023

Participated in online workshop on 'National Education Policy 2020: Multidisciplinary and Holistic Education', organized by UGC Human Resource Development Centre, Guru Nanak Dev University, Amritsar, Punjab, on February 10, 2023.

ANNUAL ACTIVITY REPORT OF HOME SCIENCE DEPARTMENT

SESSION: January 2023 – June 2023(EVEN SEMESTER)

S.NO	ACTIVITY	DATE
1.	Beginning of Even semester for the academic session 2022-2023	January 16, 2023
2.	Skill Training of Rural Youth (STRY) on the theme 'Entrepreneurship Opportunities for Youth'	January 16 to January 20 2023
3.	Participation of students in heritage workshop at Gobindgarh Public college, Alour, Khanna.	January 20 , 2023
4.	Rangoli making and Slogan-writing competitions on millets awareness	January 23, 2023
5.	Installation of Gas burner in Home Science Lab	January 31, 2023
6.	Inter College Competition at Arya College	February 11, 2023
7.	Visit to GMMSA Expo	February 13, 2023
8.	Stalls organized by Students of Home Science in alumini Carnival	February 17, 2023
9.	Tri Millet Pav Bhaji stall.	February 23, 2023
10	Inter College Competition at GNIMT	February 27, 2023 and February 28, 2023
11.	Flower making workshop	March 3, 2023
12.	AMC of water filter under annual maintenance	March 6, 2023
13.	8th Prof. Gurbir Singh Sarna Memorial Inter- college competitions at GNKCW	March 11, 2023
14.	Inter- college competitions GNE's ACME 2023	March 14, 2023

15.	Inter- college competitions at KIMT- Hunar 2023	March 15, 2023
16.	Inter- college competitions KOMERCIO FETE 2k23	March 17,2023
17	Uploading Video of Millet Recipe- Savory Millet Cake	March 28, 2023
18.	Inter college competition 'Uprise 2023'	April 06,2023
19.	Lecture on Benefits of using Millets in a diabetic diet	April 12, 2023
20.	Bhelpuri Stall on Occasion of Parent Teacher Meet	April 15, 2023
21.	End-semester Practical Examination conducted at GNKCW	April 13, 2023 to April 21,2023
22.	lecture by Advocate Inderjit Kaur and Kirti Sharma on the Legal issues	April 28,2023 & April 29, 2023
23.	International No. Diet Day celebrated at GNKCW	May 6, 2023

SUMMARIZED REPORT

1. Beginning of Even semester for the academic session 2022-2023

S. No	Date	Action Taken	Organized By	Link
1.	January 16, 2023	Students were appraised about the academic Calendar ,informed about course objectives, and Activities to be planned in the semester	Department of Home Science	https://www.instagram.com/p/Cnd5m2hP87d/

Even semester for the academic session 2022-2023 began by apprising the students about the academic calendar of the new semester, time-table, subjects to be studied, and the subject books to be referred. The students were informed about the course objectives, the approach which shall be adopted to complete the respective courses. The activities that the college has planned to conduct during the semester were also discussed.

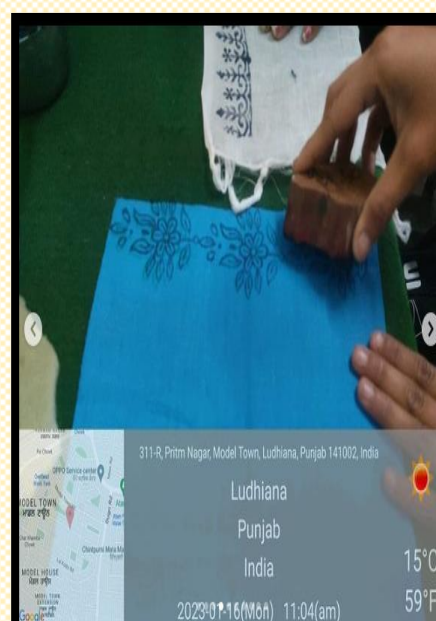


2. Skill Training of Rural Youth (STRY) on the theme 'Entrepreneurship Opportunities for Youth'

S. No	Date	Action Taken	Organized By	Link
2.	Day 1 January 16, 2023	On the First Day Dr. Shikha Bajaj demonstrated block printing and stencil printing methods to the participants. Students practiced the techniques and developed small samples for this.	Punjab Agriculture Management and Extension Training Institute (PAMETI), Ludhiana and National Institute of Agricultural Extension Management (MANAGE), Hyderabad	https://www.instagram.com/p/CngYSVQvB7W/

Skill Training of Rural Youth (STRY) on the theme 'Entrepreneurship Opportunities for Youth' in collaboration with Punjab Agriculture Management and Extension Training Institute (PAMETI), Ludhiana and National Institute of Agricultural Extension Management (MANAGE), Hyderabad. The training was organized by the Departments of Home Science and Fashion Designing. Under this, rural youth will be imparted training for various skills from 16th to 21st January, 2023.

Day 1





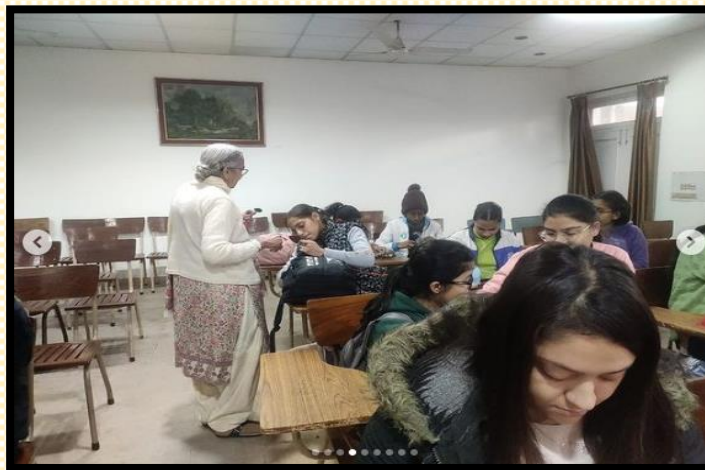
2. Skill Training of Rural Youth (STRY) on the theme 'Entrepreneurship Opportunities for Youth'

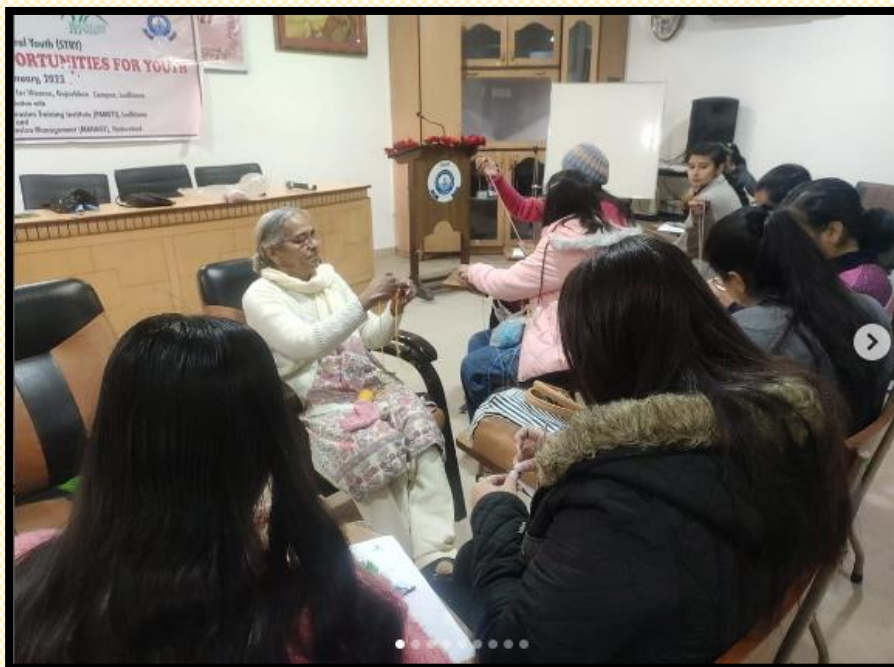
S. No	Date	Action Taken	Organized By	Link
2.	Day 2 January 17, 2023	Ms. Harwinder demonstrated different techniques of knitting and Pom Pom making	Punjab Agriculture Management and Extension Training Institute (PAMETI), Ludhiana	https://www.instagram.com/p/CnliCXbvvd/

On the 2nd day (17-1-2023) of training, Ms. Harwinder Kaur demonstrated different techniques of knitting and Pom Pom making. Total 28 students participated in this activity. Students tried their hand on the techniques and developed small samples of booties and hair bands.

Day 2







2. Skill Training of Rural Youth (STRY) on the theme 'Entrepreneurship Opportunities for Youth'

S. No	Date	Action Taken	Organized By	Link
2.	Day 3 19-01-2023	Ms. Shikha Kalra demonstrated preservation by pickling and made lemon and mixed veg pickle	Punjab Agriculture Management and Extension Training Institute (PAMETI), Ludhiana	https://www.instagram.com/p/CnoMUbHv7B4/

On the 3rd day (19-1-2023) of training, Ms. Shikha Kalra demonstrated preservation by pickling and made lemon and mixed veg pickle. Total 28 students participated in this activity. Students learned the standardization technique of the ingredients used in the recipes.

Day 3







2. Skill Training of Rural Youth (STRY) on the theme 'Entrepreneurship Opportunities for Youth'

S. No	Date	Action Taken	Organized By	Link
2.	Day 4 20-01-2023	students were trained in fundamentals of crocheting by Mrs. Pritpal	Punjab Agriculture Management and Extension Training Institute (PAMETI), Ludhiana	https://www.instagram.com/p/CnocM5xPW1j/

On the 4th day (20-1-2023), 28 students were trained in fundamentals of crocheting by Mrs. Pritpal. Students were enthusiastic about the art and participated creatively during the session.

Day 4





2.Skill Training of Rural Youth (STRY) on the theme 'Entrepreneurship Opportunities for Youth'

S. No	Date	Action Taken	Organized By	Link
2.	Day 5 20-01-2023	Ms. Amarpreet kaur demonstrated techniques of tie and dye.	Punjab Agriculture Management and Extension Training Institute (PAMETI),	https://www.instagram.com/p/Cnt5AnAylal/

			Ludhiana	
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On the 5th day (21-1-2023) of training, Ms. Amarpreet kaur demonstrated techniques of tie and dye. Total 28 students participated in this activity. Students learned the techniques of Rouching, Knotting, Fan Folding, Marbling, Leheriya, Mendelian effect, Boondi effect and tried to make beautiful samples.

Day 5





Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, LUDHIANA-141 002.
Ph. : 0161-2424668, 2772561 Fax : 0161-2424668
Email : gkncwldh1@rediffmail.com Web : gnwldh.com

Ref. No. Notice file Dated 30-1-23

NOTICE
Department of Home Science and Fashion Designing organized Skill training of rural youth in collaboration with Punjab Agriculture management and extension training institute and (PAMETI) National institute of agricultural extension management. on 17 January to 21 January 2023

S.NO	NAME	CLASS	ROLL NO	SIGNATURE
1	Sneha Chopra	BA I	22112	Sneha
2	Amritleen Kaur	BA I	22130	Amrit Kaur
3	Manmeet Kaur	BA I	22135	Manmeet Kaur
4	Sneha	BA I	22138	Sneha
5	Aarti Kumari	BA I	22145	Aarti Kumari
6	Bhavneet Kaur	BA I	22149	Bhavneet Kaur
7	Sakshi Rani	BA I	22158	Sakshi Rani
8	Tavneet Kaur	BA I	22166	Tavneet Kaur
9	Sanya Bhola	BA I	22176	Sanya Bhola
10	Taniya Verma	BA I	22197	Taniya Verma
11	Neha Bhaskar	BA I	22206	Neha Bhaskar
12	Ishupreet Kaur	BA I	22215	Ishupreet Kaur
13	Pallavi Verma	BA I	22268	Pallavi Verma
14	Jyoti	BA I	22299	Jyoti
15	Simarpreet Kaur	BA I	22301	Simarpreet Kaur

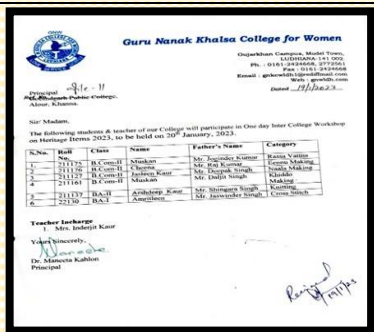
Guru Nanak Khalsa College for Women
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Ph. : 0161-2424668, 2772561 Fax : 0161-2424668
Email : gkncwldh1@rediffmail.com Web : gnwldh.com

Ref. No. _____ Dated _____

16	Nisha Rani	BA II	21201	Nisha Rani
17	Nisha	BA II	21203	Nisha
18	Shivangi Sood	BA II	21179	Shivangi Sood
19	Manpreet Kaur	BA III	20425	Manpreet Kaur
20	Nimi Bansal	BA III	20427	Nimi Bansal
21	Kashish Nagpal	BA III	20432	Kashish Nagpal
22	Sanya Kakar	BA III	20440	Sanya Kakar
23	Inderpreet Kaur	BA III	20474	Inderpreet Kaur
24	Ishmeet Kaur	BA III	20507	Ishmeet Kaur
25	Jasmine Kaur	BA III	20508	Jasmine Kaur
26	Harpreet Kaur	BA III	20560	Harpreet Kaur
27	Harleen Kaur	BCom III	201411	Harleen Kaur
28	Tavneet Kaur	BCom III	201420	Tavneet Kaur

Maneeta
Maneeta Kahlon
Principal

3.Participation of students in heritage workshop at Gobindgarh Public college, Alour, Khanna.

S. No	Date	Action Taken	Organized By	Link
3.	January 20 , 2023	Participation of students in heritage workshop	Public College Alour, Khanna with the support of Panjab University Chandigarh.	 https://www.instagram.com/p/CoHJ4c0v5DH/?igshid=NDdhMjNiZDg=

workshop was held under the patronage of Dr. Rohit Kumar Sharma (Director Youth Welfare, Panjab University, Chandigarh). Students of the Department of Punjabi, Home Science and Fashion Designing of the college: Muskan, Cheena, Amritleen, Muskan, Jasleen and Harsh participated in this workshop. The students attended the workshop under the supervision of Ms. Inderjit Kaur, Assistant Professor in Punjabi. The heritage experts, Prof. Kirpal Kazak, Dr. Davinder Kaur, and Dr. Harpreet Kaur trained the students in Chikku, Innu, Khido, Rangoli, clay toys, rope spinning, crochet and different types of embroidery.

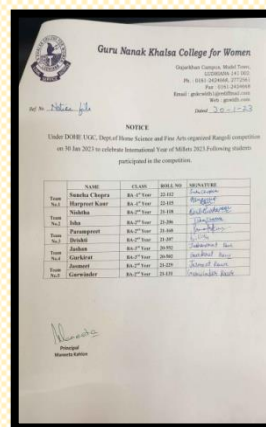


4. Rangoli making and Slogan-writing competitions on millets awareness Notice missing.....

S. No	Date	Action Taken	Organized By	Link
4.	January 23, 2023	Slogan Writing and Rangoli competition.	Department of Home Science and Fine Arts	Part 1

<https://www.instagram.com/p/Cob5K6CvdVW/>

Part 2



<https://www.instagram.com/p/Cob5aApPv8k/>

Departments of Home Science and Fine Arts conducted Rangoli making and Slogan-writing competitions as guided by DoHE, UGC to build up momentum for popularization of millets and to make "IYoM-2023".

(Part-1) slogan- writing competition was conducted by the Fine Arts department on January 23, 2023 in which 19 students participated. The results of the competition are as follows:

Stuti B.A.: -4th sem (First prize)

Ravneet Kaur: -B.A.: -2nd sem (Second prize)

Avneet Kaur: -B.A.: -6th Sem (Third Prize)

Part 1





(Part-2) Rangoli competition was organized in the Common Hall on January 30, 2023. 10 students participated in this competition.

First Prize (Team:-2) Nistha and Isha B.A:-4th sem

Second Prize (Team:-1) Harpreet kaur and Suneha Chopra, B.A:-2nd sem

Third Prize (Team:-3) Parampreet Kaur, Drishti of B.A:-4th sem.

Appreciation Prize: Team No. 4 and Team No. 5.

Part 2







5. Installation of Gas burner in Home Science Lab

S. No	Date	Action Taken	Organized By	Link
5.	January 31, 2023	Installation of Four burner in Foods Lab	Department of Home Science	





GSTIN : 03CASP2017H1ZW **BILL / CASH** 097798-00169
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घर के बर्तनों की दुकान
श्री जे स्टील्स

MAIN ROAD, GURU GIAN VIHAR, URBAN VIHAR, DUGRI, LUDHIANA


To M/s. Com Bill No. 663
GURU NANAK KHALSA COLLEGE Date 30/1/23
FOR WOMEN, MODEL TOWN, LDH

DESCRIPTION OF GOODS	QNTY.	RATE	AMOUNT
WONDER CHEF	2PCS	3700	7400
4 BEANER			
GAS STOVE			
NEW Equipments			
Home Use			
GAS Burner			
<u>Dua Kalia</u>	2 PCS	3700 Each	
Principal			
G.N.Kh. College for Women,			
Model Town, LUDHIANA			
Note : Composition taxable person not eligible collect tax on suppliers			TOTAL AMOUNT <u>7400</u>

1. Goods once sold will not be taken back or exchanged
2. Disputes if any will be subject to Ludhiana Court Jurisdiction.
E. & O. E.

For **श्री जे स्टील्स**
Signature

6. Inter College Competition at Arya College

S. No	Date	Action Taken	Organized By	Link
6.	February 11, 2023	Inter College Competition	Arya College	 https://www.instagram.com/p/CorAQEdPFAA/

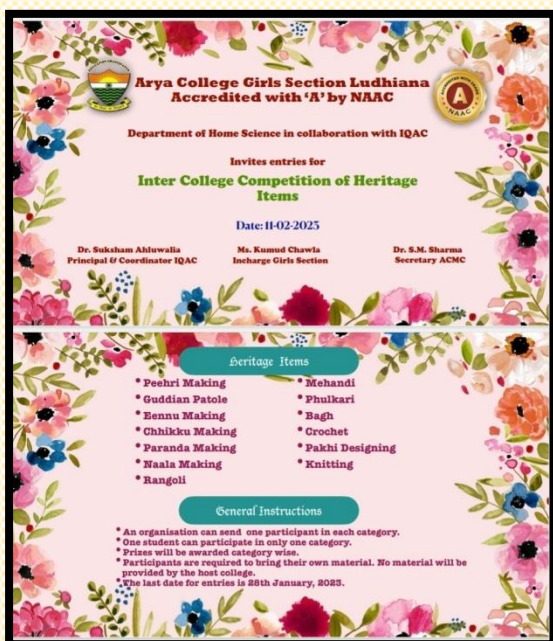
Inter-college Mehandi, Bagh, Knitting, Rangoli, Chhikku-making, Ennu-making competitions were held at Arya College (Girls Section), Ludhiana on February 11, 2023.

Six students from Departments of Punjabi, Home Science, Fine Arts and Fashion Designing showcased their creative prowess by winning numerous prizes in these competitions.

Winners are:

Mehandi competition: Harshpreet Kaur, MCom 2nd Semester (First prize)

Bagh: Tavneet Kaur, BCom 6th semester (Second prize)







7. Visit to GMMSA Expo

S. No	Date	Action Taken	Organized By	Link
7.	February 13, 2023	Students visited the expo which included live demo of Technology and Textile machinery	Department of Fashion Designing and Home Science	https://www.instagram.com/p/CorVPdCPE39/

Students visited various halls of Knitting, printing machines. Working and functioning of machines was explained to the students. Students understood application of many types of machines. Queries of the students were answered in a very effective and easy way. Dr. Shikha Bajaj and Ms. Amarpreet, organized the visit and accompanied the students. Total 23 students visited this expo.




8. Stalls organized by Students of Home Science in A umini Carnival

S. No	Date	Action Taken	Organized By	Link
8.	February 17, 2023	Chocolate and Cake, Millets, and Street food Stall	Department of Home Science	https://www.instagram.com/p/Co4wuXgIjEOI/ https://www.instagram.com/p/Co4FpDDvOY4/

A variety of stalls on eatables, clothing, jewellery, fun games were also displayed by students

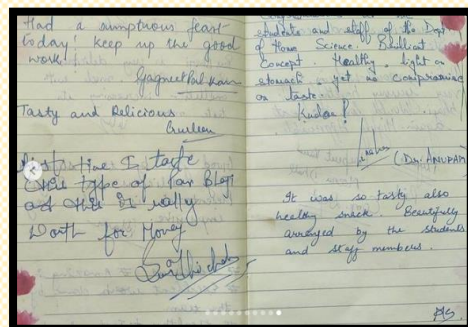
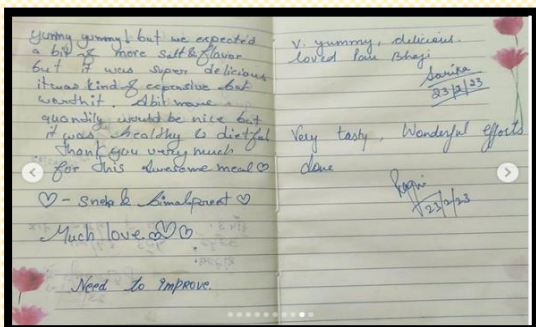
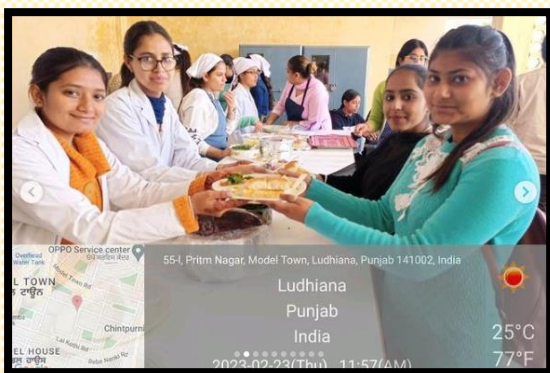


9. Tri Millet Pav Bhaji stall.

S. No	Date	Action Taken	Organized By	Link
9.	February 23, 2023	Pav Bhaji Stall using a combination of 3 millets - quinoa, pearl millet (Bajra) and Kuttu flour.	Department of Home Science	<p>https://www.instagram.com/p/CpCZsTovG5r/</p> <p>https://www.instagram.com/p/CpCZ0Ivvq5R/</p>  <p>24-02-2023; Danik Jagran; Pg 2 Col 5</p> <p>https://drive.google.com/drive/folders/1DvF42CWZTWewvMmZuDeybagKH3s6ynzf</p>

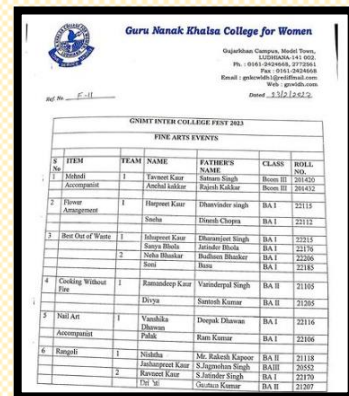
Department of Home Science setup Tri Millet Pav Bhaji stall. 18 students made Pav Bhaji using a combination of 3 millets - quinoa, pearl millet (Bajra) and Kuttu flour. This activity was conducted under the guidance of Mrs. Shikha Kalra and Mrs. Amarpreet kaur as a part of 'Earn while you Learn' scheme of the college.





10. Inter College Competition at GNIMT

S. No	Date	Action Taken	Organized By	Link
10.	February 27, 2023 and February 28, 2023	Inter college Competitions- Expressions 2023	GNIMT	https://www.instagram.com/p/CpUTQOpv-CQ/ https://www.instagram.com/p/CpUTccSPZi8/

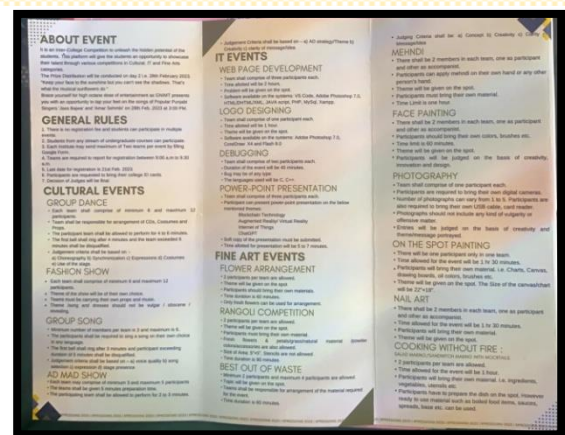


Inter-college competitions organized by Guru Nanak Institute of Management and Technology as 'Xpressions -2023' on 27-28th February, 2023.

Our Students secured positions in different categories.

>2nd position by Harpreet and Sneha (BA- I) in Flower Arrangement

>2nd position by Ishupreet (BA-I) and Sanya (BA-I) in Best out of Waste.



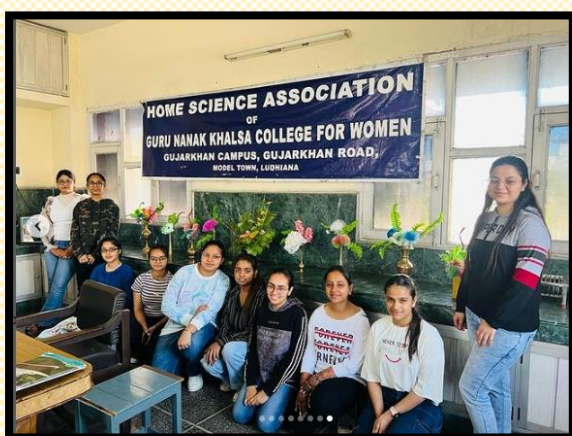




11. Flower making workshop

S. No	Date	Action Taken	Organized By	Link
11.	March 3, 2023	Organized flower making workshop	Department of Home Science	https://www.instagram.com/p/CpW4pzgPxw-/

Department of Home Science organized flower making workshop on March 03, 2023 in which 17 students participated. The main aim behind this activity was to encourage reuse of plastic bags into different artificial flowers. In addition, as an outcome of this activity, the department was able to generate material that can be used for flower arrangement practical.



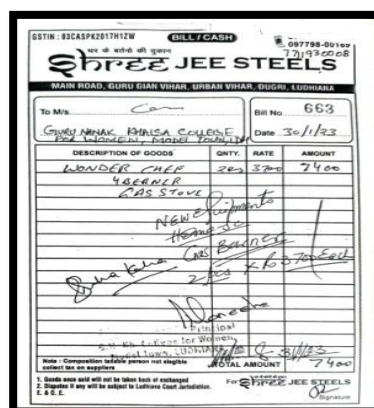
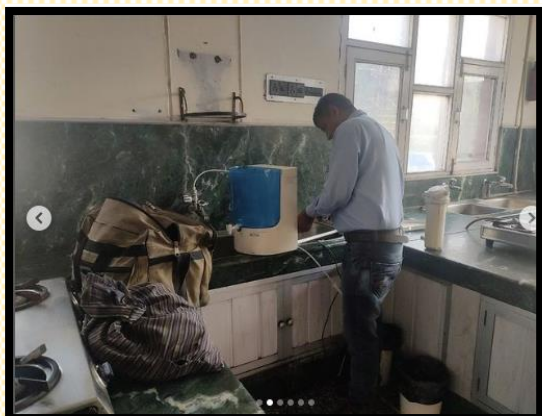


12. AMC of water filter under annual maintenance

S. No	Date	Action Taken	Organized By	Link
12.	March 6, 2023	AMC of Water filter in Home Science Lab	Water management Team of GNKCW	https://www.instagram.com/p/Cp19udPvfV7/

During the process of water auditing, the Water Management Team of the college renewed the Annual Maintenance Contract (AMC) of Home Science lab water filter on March 6, 2023. Under this AMC renewal, candle of RO system was replaced in the cooking lab.





13. 8th Prof. Gurbir Singh Sarna Memorial Inter- college competitions at GNKCW

S. No	Date	Action Taken	Organized By	Link
13.	March 11, 2023	The competitions were held in 28 different areas	GNKCW	Part 1 https://www.instagram.com/p/CpgAXRpyzur/ Part 2 https://www.instagram.com/p/CpsO1PVSPeR/ Part 3 https://www.instagram.com/p/Cpt_r5svPz5/ Part 4 https://www.instagram.com/p/CpuLisnvydu/ Part 5 https://www.instagram.com/p/CpuLnvBPE6V/ Prize Distribution https://www.instagram.com/p/CpuRtiNPbLT/ https://www.instagram.com/p/CpwiTSvvgEh/ Video Link https://www.instagram.com/p/CpzSK6RP5RK/

Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town organized 8th Prof. Gurbir Singh Sarna Memorial Inter-college Competitions today.

This event was organized in memory of Late Prof. Gurbir Singh Sarna, General Secretary of Guru Nanak Education Trust (Gujarkhan), Gujarkhan Campus and former Professor of Economics, GGN Khalsa College, Civil Lines, Ludhiana.

The competitions were held in 28 different areas, including, Literary, Music, Commerce, IT, Home Science, Fine Arts, Mass Communication and Business Management. As many as 21

colleges of and around Ludhiana participated in the competitions. Our Students secured positions in the following Home Science competition categories:

Ishmeet Kaur BA 3rd year got Third Prize in Flower arrangement

Manpreet Kaur of BA 3rd Year got Year got Second Prize in Budding Chef (Salad Making)

Ms Ashima from BCM Arya Sr. Sec School. And Ms, Manvinder From Atam Public School were the judges for Home Science events.


List of Participants

Inter College Competition GNKCW (11.03.2023)					
S.no	Name	Father *Name	Class	Roll No	Item
Department of Home Science					
1	Harshpreet kaur	Jasmail Singh	Mcom I	222415	Mehandi
	Simran	Preet Mohinder Singh	BCom III	201346	Accompanist
2	Manpreet Kaur	Kuldip Singh	BA III	20425	Budding Chef
3	Ishmeet Kaur	Kawalpreet singh	BA III	20507	Flower Arrangement
Department of Fashion Designing					
4	Khushi	Pawan Kumar	Bcom I	221098	Fashion Show
5	Snawar	Jitendar	BCom I	221217	Fashion Show
6	Sneha Arora	Pawan Kumar	BCom I	221115	Fashion Show
7	Amrit	Kulwinder Singh	BCom I	221078	Fashion Show
8	Vanshika Jain	Raj Kumar Jain	BCom I	221209	Fashion Show
9	Kashish	Rajiv Chugh	BCom I	221204	Fashion Show
10	Khushboo	Jeet Singh kalra	BBA III	222809	Fashion Show
11	Deepali	Vaneet kaur Jindal	BBA III	202801	Fashion Show
12	Harleen	Manmohan Singh	BA I	22150	Fashion Show
13	Kavya Sharma	Mr. Kunal Sharma	Bcom I	221147	Fashion Show
14	Jasleen Kaur	Gurjinderpal Singh	BA I	22315	Nail Art
	Sanya Bhola	Jatinder Bhola	BA I	22176	Accompanist
15	Sunpreet Kaur	Kuldip Singh	Bcom I	221077	File Decoration

INTER-COLLEGE COMPETITIONS HELD

Guru Nanak Khalsa College for Women, Model Town, organised 8th Prof Gurbir Singh Sarna Memorial Inter-College competitions today. The competitions were held in 28 different areas – poetical recitation, declamation, music, commerce, IT, home science, fine arts, mass communication and business management. As many as 21 colleges of and around Ludhiana participated in the competitions. Sukhwinder Amrit, Punjabi Poetess and Ghazal Singer, was the chief guest for the occasion. Overall trophy and cash prize of Rs 5,100 was won by Government College for Girls. Guru Nariak Khalsa College for Women, Gujarkhan Campus, Ludhiana, won the first runners up trophy along with cash prize of Rs 3,100 followed by Guru Nanak Girls College, Ludhiana, as the second runners up with the cash prize of Rs 2,100.


Press Note 12-03-23; The Tribune; Pg2; Col 4


The Management, Principal, Staff and Students of
GURU NANAK KHALSA COLLEGE FOR WOMEN
GUJARKHAN CAMPUS, MODEL TOWN, LUDHIANA
solicit your benign presence on the occasion of
8th PROF. GURBIR SINGH SARNA MEMORIAL
Inter-College Competitions
on Saturday, March 11, 2023 at 1:00p.m.
Chief Guest
Ms. Sukhwinder Amrit
Eminent Punjabi Poetess & Ghazal Singer
Venue: S. Sant Singh Gujarkhani Auditorium

S. Paramjit Singh Sarna S. Harvinder Singh Sarna Er. Gurvinder Singh Dr. Maneeta Kahlon
President Vice President General Secretary Principal

*Please join us for lunch. Prize Distribution will commence after lunch at 3:00 pm

Invitation Sent To Judges

 **Guru Nanak Khalsa College for Women**
Gujarkhan Campus, Model Town,
LUDHIANA-141 002.
Ph : 0161-2424668, 2772561
Fax : 0161-2424668
Email : gnikw@rediffmail.com
Web : gnikw.com
Dated - 1 MAR 2023

Ref. No. F-11

Ms. Ashima
BCM School
Shastri Nagar, Ludhiana

Subject: Letter of Invitation to Judge for Budding Chef, Flower Arrangement, Mehandi, Nail Art, File Decoration Competition

Madam/ Sir

Our college, Guru Nanak Khalsa College for Women, Gujarkhan Campus, will hold 8th Prof. Gurbir Singh Sarma Inter-college Competitions on March 11, 2023. It is an annual event that affords learning opportunities for college students and helps them showcase knowledge, talents, values, and skills in various areas of competence.


We would be honored to have you as an eminent judge for the above mentioned Competitions at 9:30 am.


We believe that your notable experience and expertise will help us achieve the objective of this event, which is to give recognition to the best talent while felicitating all the participants and to encourage them for future.

It is our firm belief that your presence will make our event even more special.

Please confirm your acceptance at the earliest.

Regards


Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana

 **Guru Nanak Khalsa College for Women**
Gujarkhan Campus, Model Town,
LUDHIANA-141 002.
Ph : 0161-2424668, 2772561
Fax : 0161-2424668
Email : gnikw@rediffmail.com
Web : gnikw.com
Dated - 1 MAR 2023

Ref. No. F-11

Ms. Manvinder Kaur
Atam Public School
Ludhiana

Subject: Letter of Invitation to Judge for Budding Chef, Flower Arrangement, Mehandi, Nail Art, File Decoration Competition

Madam/ Sir

Our college, Guru Nanak Khalsa College for Women, Gujarkhan Campus, will hold 8th Prof. Gurbir Singh Sarma Inter-college Competitions on March 11, 2023. It is an annual event that affords learning opportunities for college students and helps them showcase knowledge, talents, values, and skills in various areas of competence.


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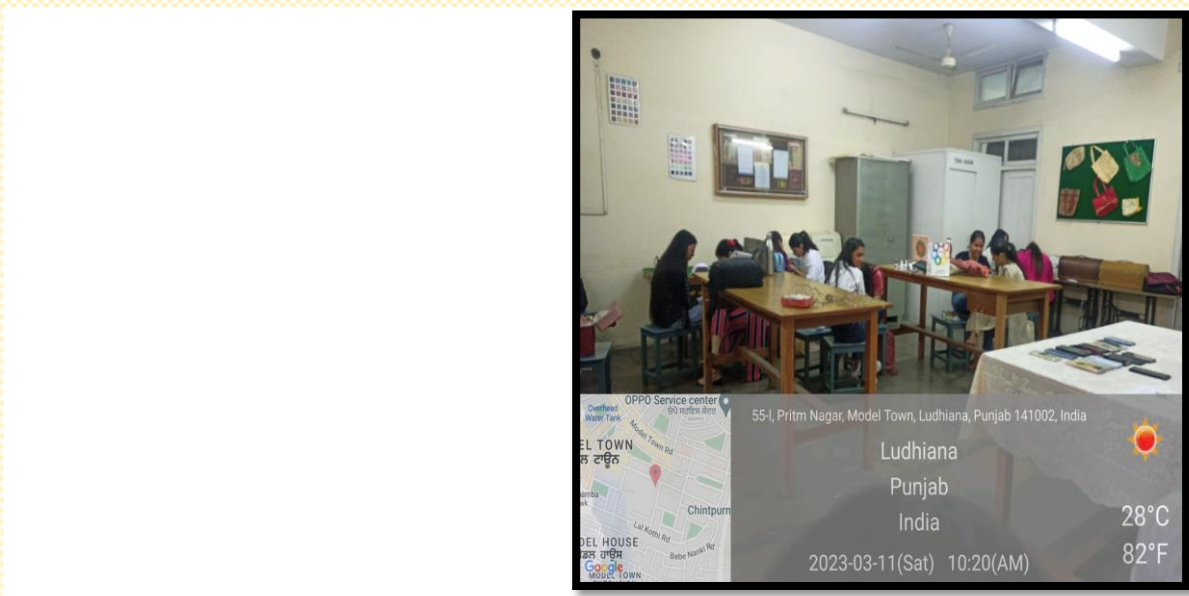
Regards


Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana

Honouring Judges



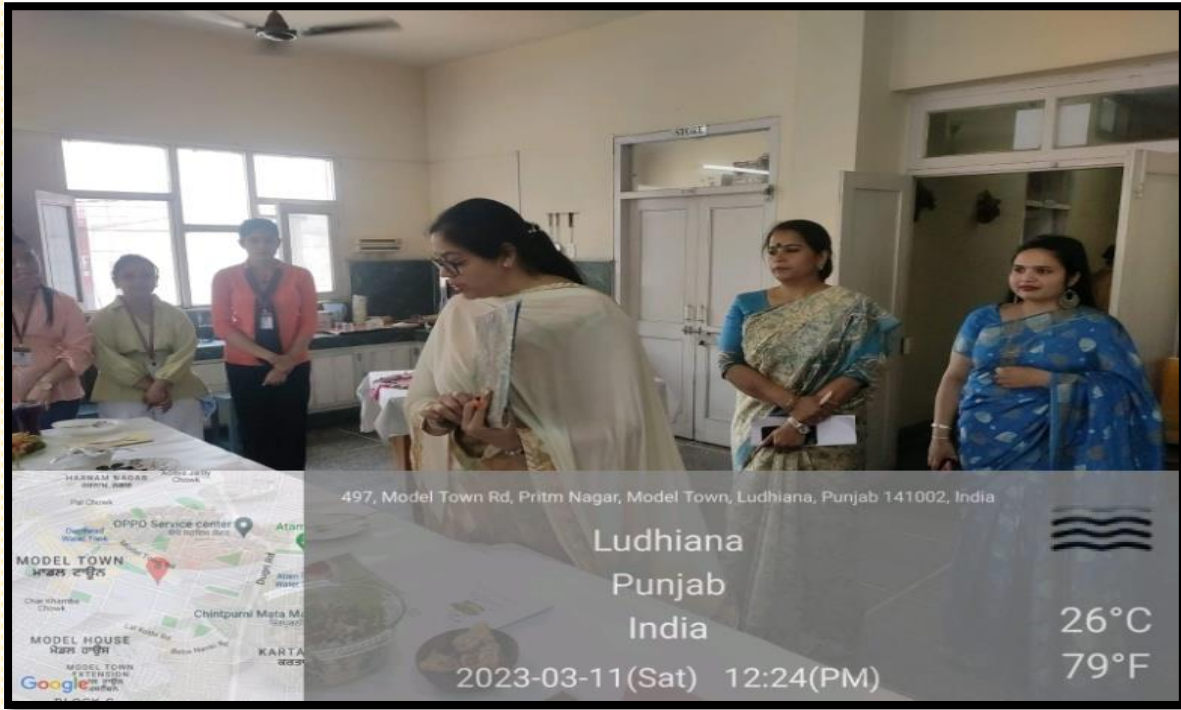
During Competition





During Judgement





Displayed Items







Prize Distribution





Prize Winners:



Staff photograph



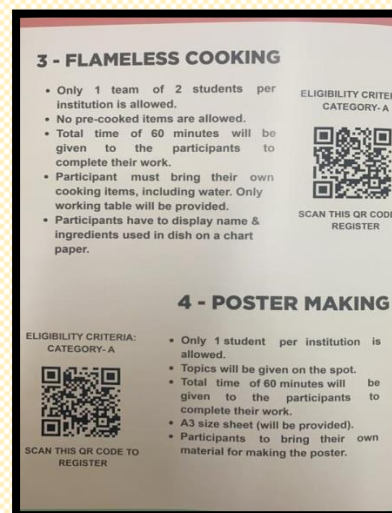
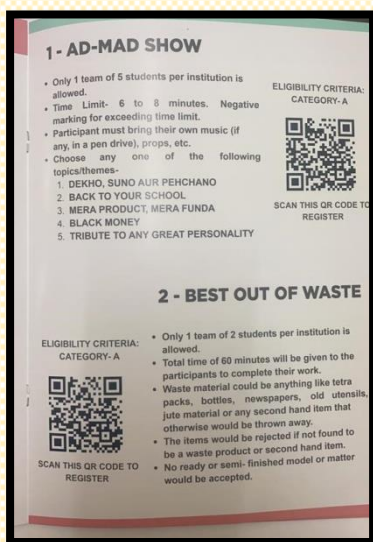
14. Inter- college competitions GNE's ACME 2023

S. No	Date	Action Taken	Organized By	Link
14.	March 14, 2023	Inter college Competitions	GNE	https://www.instagram.com/p/Cp1oKiQPdZa/

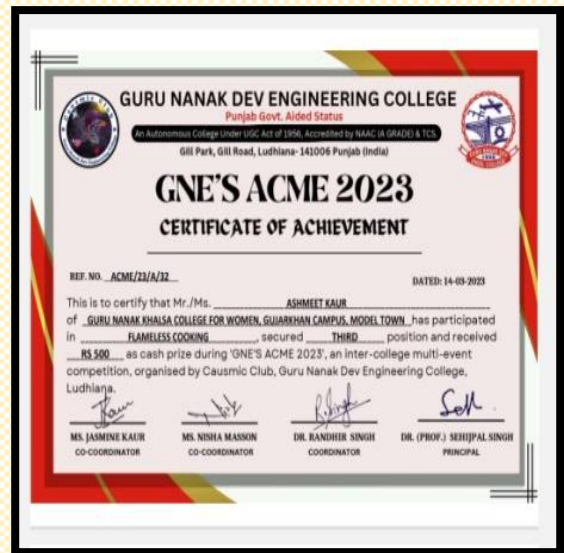
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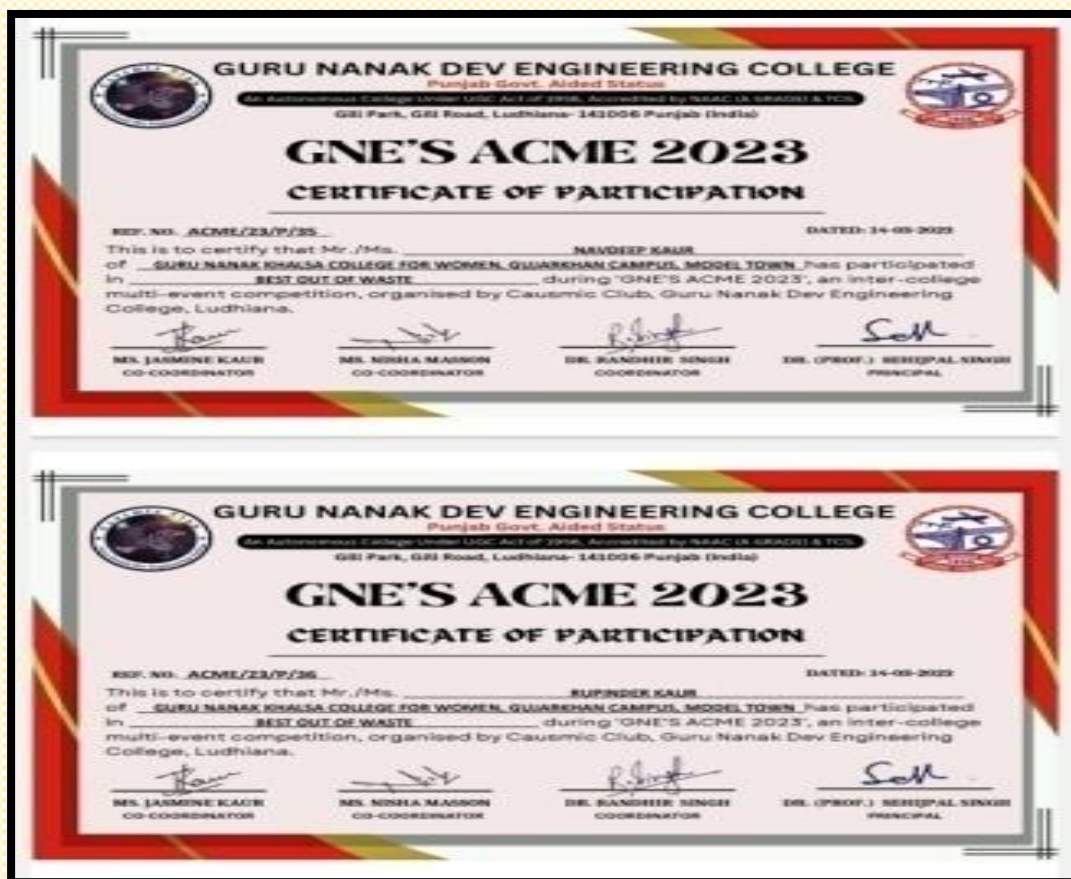
Inter- college competitions GNE's ACME 2023 organized by Guru Nanak Dev Engineering College on 14th March 2023. 10 students from Departments of Home Science, Fashion Designing, Commerce, Fine Arts and Business Management participated in various events viz. Ad Mad show, Flameless cooking, best out of waste and poster making. Students secured positions in the following categories:

* 3rd position was bagged by Ashmeet and Mannat (BBA III) in Flameless Cooking.









15. Inter- college competitions at KIMT- Hunar 2023

S. No	Date	Action Taken	Organized By	Link
15.	March 15, 2023	Inter college Competitions	Khalsa Institute of Management and Technology for Women, Ludhiana	https://www.instagram.com/p/Cp_7WqJvz8R/ https://www.instagram.com/p/Cp_7rOXp1M/

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16-03-2023; Danik Jagran;Pg 2;
Col 1
<https://drive.google.com/drive/folders/1qKEnhAenc7ZrsorPWf89bD74ZJwEJvZq>

48 students along with 6 accompanists from Departments of Business Management, Commerce, Computer Science, Home Science, Fashion Designing, Fine Arts of Guru Nanak Khalsa College for Women, Ludhiana participated in Inter- college competitions 'HUNAR 2k23' organized by Khalsa Institute of Management and Technology for Women, Ludhiana on 15th March 2023. Students of the college participated in various events viz. Technical events -PowerPoint presentation, Website development, Digital Poster, Logic development; Fine arts events- Mehndi, Nail Art, Face painting, Flower making, Pot decoration, Collage making, Poster making, Rangoli, Literary events- Poem recitation, Essay writing, Elocution; Cultural events- Solo dance, Duet Dance, Group Dance. Many students brought laurels to the college by showing their creativity and wonderful efforts and bagged prizes in the following categories:

Fine Arts Events:

- *Jasleen kaur of BA - I bagged a Consolation Prize in Nail art.
- *Shivangi Pandey of BA-I bagged 2nd prize in flower making.
- *Manmeet Kaur of BA-I bagged a Consolation prize in Flower making.

KHALSA INSTITUTE OF MANAGEMENT AND TECHNOLOGY FOR WOMEN
CIVIL LINES, LUDHIANA

General Rules for HUNAR-2023

- 1) Entries for the participation should be duly signed by the respective Principal/Head of the College.
- 2) Only **Girl** participants are allowed.
- 3) Participants are required to bring their College ID cards.
- 4) Teams are requested to report for registration only in between 8:30 am to 9:30 am.
- 5) Participants are advised to report 15 minutes prior to the start of their respective event.
- 6) **One student should participate only in one event.**
- 7) If there is any change in participant's name, it should be informed to coordinators in advance.
- 8) Teachers can accompany the Participating teams.
- 9) Any indiscipline by participants or their supporters will lead to disqualification of the whole team.
- 10) Vulgar themes & use of such language would lead to immediate disqualification.
- 11) Participants should bring their own props.
- 12) Lighting of matchsticks, candles and any kind of dangerous acts are strictly not allowed on stage.
- 13) Decision of the judges will be final & binding.
- 14) The Institute reserves the right to cancel any event without any prior information.
- 15) The overall trophy will be awarded to the College on the basis of maximum points in all events.
- 16) All the entries should be sent till 09th March, 2023.

Khalisa Institute of Management & Technology for Women
Civil Lines, Ludhiana

**INTER COLLEGE COMPETITION- "HUNAR 2K23"
FINE ARTS FEST
RULES FOR CREATION CARNAVAL**

S.No.	Event Name	Rules for the Event
1	Mehndi	1) Each institute may send two to three teams. 2) Each team shall comprise of one participant. 3) One accompanist is allowed. 4) Maximum time allowed is 2 hours. 5) Participants must bring their own material. 6) Participants should not use any decorative materials like sparkle etc. 7) Theme will be of participant's own choice. 8) Use of any reference such as Printed material/Picture, in miniature form is not allowed.
2	Rangoli	1) Each institute may send two to three teams. 2) Each team shall comprise of one participant. 3) One accompanist is allowed. 4) Maximum time allowed is 2 hours. 5) Theme will be of participant's own choice. 6) Permitted size for the Rangoli will (2" x 2") to (4" x 4") 7) Accessories like spoons, plates, scale etc. are allowed. 8) Use of any reference such as Printed material/Picture, in miniature form is not allowed.
3	Nail Art	1) Each institute may send two to three teams. 2) Each team shall comprise of one participant. 3) One accompanist is allowed. 4) Maximum time allowed is 1 hour. 5) Participants will bring their own material. 6) Pre-assembly of art is not allowed. 7) There is no consideration in scoring for size/style/shape of nails.

For Enquiries contact:
Ms. Randey Kaur (985766650)
Dr. Pawan Sharma (953061735)

Khalisa Institute of Management & Technology for Women
Civil Lines, Ludhiana

**INTER COLLEGE COMPETITION- "HUNAR 2K23"
FINE ARTS FEST
RULES FOR CREATION CARNAVAL**

S.No.	Event Name	Rules for the Event
4	Face Painting	1) Each institute may send two to three teams. 2) Each team shall comprise of one participant. 3) One accompanist is allowed. 4) Maximum time allowed is 1 hour. 5) Participants will bring their own material.
5	Flower Making	1) Each institute may send two to three teams. 2) Each team shall comprise of 1 participant only. 3) Maximum time allowed is 1 and 1/2 hour. 4) Participants will bring their own material.
6	Pot Decoration	1) Each institute may send two to three teams. 2) Each team shall comprise of one participant. 3) Maximum time allowed is 1 and 1/2 hour. 4) Participants will bring their own material.
7	Collage Making	1) Each institute may send two to three teams. 2) Each team shall comprise of one participant. 3) Maximum time allowed is 1 and 1/2 hour. 4) Participants will bring their own material. 5) Size of sheet should be a normal chart paper. 6) Topic will be provided on the spot.
8	Poster Making	1) Each institute may send two to three teams. 2) Each team shall comprise of one participant. 3) Maximum time allowed is 1 and 1/2 hour. 4) Participants will bring their own material. 5) Size of sheet should be A3 size. 6) Topic will be provided on the spot.

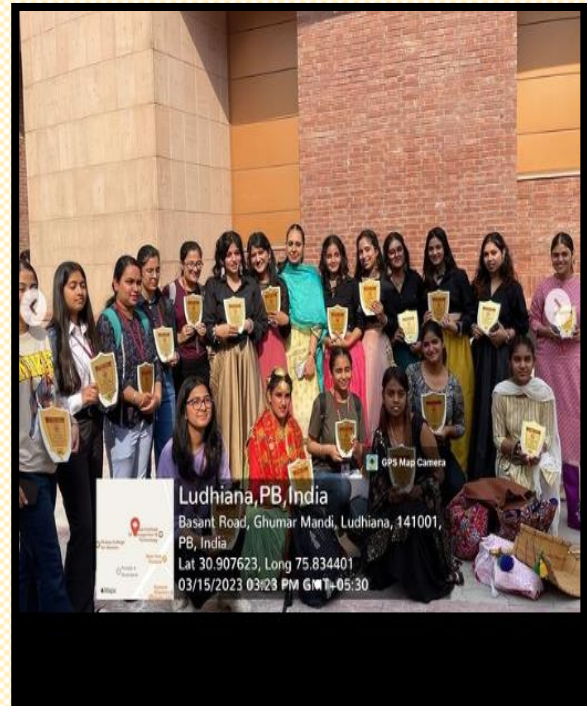
For Enquiries contact:
Ms. Randey Kaur (985766650)
Dr. Pawan Sharma (953061735)











16. Inter- college competitions KOMERCIO FETE 2k23

S. No	Date	Action Taken	Organized By	Link
16.	March 17,2023	Inter college Competitions	Khalsa College for Women, Civil Lines, Ludhiana	https://www.instagram.com/p/CqCizGcvUUh/

40 students along with 3 accompanist from Department of Music, Home Science, Computer Science, Business Management, Fine Arts of the college participated in Inter-college competitions 'KOMERCIO FETE 2k23' organized by Khalsa College for Women, Civil Lines, Ludhiana on 17 March 2023

Komercio Fete, 2023
NO. OF PARTICIPANTS PER EVENT

Event Name	Minimum	Maximum
Dramatisation	3	4/17
Contrakeenos	--	3
Food Crafting-Fruits & Vegetable Carving	1	2
Business Talkathon	--	2
Ad-Selfie	--	1
Komercio's Got Talent	Individual/Group (No Limit) <small>Note: Each Institute can present only one team.</small>	
Bug Hunter	--	1
Logo Designing	--	1
Website Designation	--	2
Tech Tangle	--	1
Code-A-Thon	--	2
PixelArts	--	1

Komercio Fete, 2023
FOOD CRAFTING-FRUIT & VEGETABLE CARVING

Objective:
Fruit and vegetable carving competition shall improve student creativity by giving free expression to the imagination. The activity aims at bringing elegance to the table by combining beauty, finesse and taste.

Guidelines -

- Participants must use any fruit or vegetable item that is available for carving, one or more fruits or vegetables can be used in combination.
- All contestants are required to produce one sculpture that are made entirely of fruits/And/or vegetables.
- No flowers other than those sculpted of fruits/vegetables.
- No pre-preparation of vegetables or fruit before the competition is allowed. No mark or drawing should be visible on the fruit and vegetables.
- Total time 60 minutes allowed.
- All pieces are to be made of entirely edible food. No plastic supports in frames.
- Added colors are acceptable.
- Extra emphasis will be placed on the use of the natural shapes and colours of the Fruit/vegetables and how they are used to support and enhance each other.
- All tools including hand tools like chisels, knives, saws, drills, angle cutters, shaped Cutters, power trimmers, other power tools like squares, levels are acceptable.

Judgement Criteria:
Total - 40 points
General Presentation - 10 points
Artistic Ability and Skill of the Contestant - 10 points
Effective use of the source - 10 points
Equipment's and Techniques used - 10 points

Coordinating Team:
Dr. Priyanka Khanna (9814818576)
Ms. Mehak Sharma (9878141145)
Ms. Mandeep Kaur (8146510019)
(Asst. Prof., Department of Commerce)

Khalsa College for Women, Civil lines, Ludhiana
(Affiliated to Panjab University, Chandigarh)
Komercio Fete, 2023
17th March, 2023

Sr. No.	Events	Name of Participants
1	Dramatisation/Verse 1 (College Auditorium)	Mandeep Kaur Nishi's Fair Sushrutha Kaur Nidhi Sahni
2	Contrakeenos Verse 1:PG Departmental (Commerce)	Team 1: Shikha (Visual) Sonal Raj Kajal Kaur Team 2: Shagun Kaur Makshita Kaur
3	Food Crafting-Fruit & vegetable Carving Verse 1:PG Departmental (Commerce)	Mandeep Kaur D/O S. Kandeep Singh Sanya Bakar D/O M. Satyav Kaur
4	Business Talkathon Verse 1:PG Departmental (Commerce)	Harshdeep Kaur D/O Parnap Singh Kalia Prabhdeep Kaur D/O Harvinder Singh
5	Ad-Selfie Verse 1:PG Departmental (Commerce)	Janki Kaur D/O M. Jaggi Singh Bhavi Kaur D/O Arvinder Singh
6	Komercio's Got Talent Verse 1:College Auditorium	Team 1: Karanjot Puri D/O M. Harish Puri Prabhdeep Kaur D/O S. Simran Singh Arshdeep Kaur D/O S. Sushree Singh Mandeep Kaur D/O S. Sukhmaninder Singh Prabhdeep Kaur D/O S. Mandeep Singh Asha D/O M. Taruna Singh Team 2: Anoop D/O Vinod Kaur Jindal
7	Bug Hunter Verse 1:PG Departmental (Commerce/Science)	Kaaveer Kaur D/O M. Jagmeet Singh Sohali Sharma D/O M. Vinodwaj Singh
8	Logo Designing Verse 1:PG Departmental (Commerce/Science)	Shweta D/O M. Gurpreet Chahal Nidhi D/O M. Anup Mittal
9	Website Designation Verse 1:PG Departmental (Commerce/Science)	Team 1: Shikha D/O M. Prita Kaur Makshita D/O M. Nirmal Kaur Bhatia Team 2: Shweta D/O M. Vinod Kaur Sanya Kaur D/O M. Simran Varma
10	Tech Tangle Verse 2:PG Departmental (Commerce/Science)	Harika Singh D/O M. Anup Singh Khushi Gupta D/O M. Vinod Kaur Gupta
11	Code-A-Thon Verse 2:PG Departmental (Commerce/Science)	Team 1: Isha D/O M. Rajinder Kaur Jandeep Kaur D/O S. Jaginder Singh Team 2: Laxman Kaur D/O S. Ravinder Singh Devanadi D/O M. Vipul Kaur
12	PixelArts Verse 1:PG Departmental (Commerce/Science)	Mandeep Kaur D/O S. Hardeep Singh Johant Kaur D/O S. Gurnam Singh

(Head of the Institute)



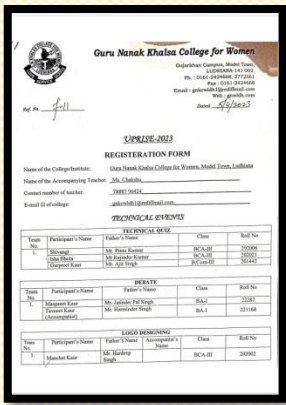
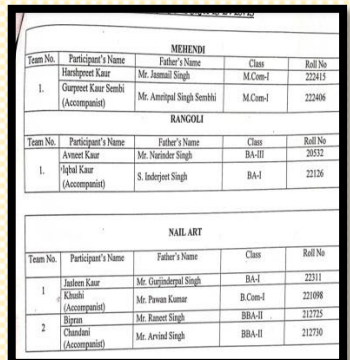
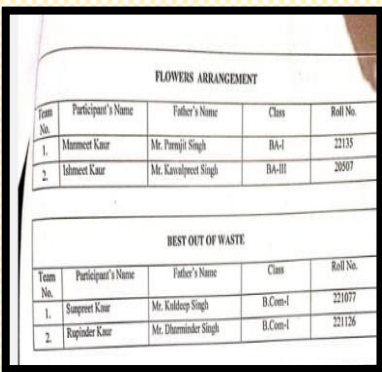
17. Uploading Video of Millet Recipie- Savory Millet Cake

S. No	Date	Action Taken	Organized By	Link
17.	March 28, 2023	Uploading millet Recipie on Social Media(Facebook) for General awareness	Department of Home Science under guidance of DoHE, UGC	Facebook Link https://www.facebook.com/gnwlu dhiana/videos/1279873699604409/

Department of Home Sc. made a recipie of Savory millet cake on 28-03-23 in monthly activity of March 2023 and uploaded the video on social media. This activity was conducted under DoHE UGC, for celebrating International year of Millets.



18. Inter college competition 'Uprise 2023'

S. No	Date	Action Taken	Organized By	Link
18.	April 06,2023	Inter college Competitions	Ludhiana Group of Colleges, Chaunkiman	<p>https://www.instagram.com/p/Cq4IOUyPpjg/</p> <p>https://www.instagram.com/p/Cq4ITcQPXME/</p>   

Inter college competition 'Uprise 2023' organized by Ludhiana Group of Colleges, Chaunkiman on 6th April, 2023. 35 students along with 9 accompanists from PG Department of Commerce, Business Management, Computer Science, Home Science, Fashion Designing, Fine Arts

participated in various events viz:-Technical Events, Cultural Events, Visual Arts and Crafts Events and Mr. and Mrs.Ludhiana contest. Many students by showing their creativity and wonderful efforts bagged prizes in the following categories:

Visual Arts and Crafts Events -

Harshpreet Kaur of M.Com-I with accompanist Gurpreet Kaur of M.Com-I bagged 3rd prize in Mehendi

Jasleen Kaur of BA-I along with accompanist Kushi of B.Com-I, 2nd prize in Nail Art

Bipran of BBA-II with accompanist Chandni of BBA-II, 3rd prize in Nail Art.

Ishmeet Kaur of BA-III, 2nd prize in Flower Arrangement

Manmeet Kaur of BA-I bagged 3rd prize in Flower Arrangement

Sunpreet Kaur & Rupinder Kaur of B.Com-I, 1st position in Best out of waste.











19. Lecture on Benefits of using Millets in a diabetic diet

S. No	Date	Action Taken	Organized By	Link
19.	April 12, 2023	Lecture on Benefits of using Millets in a diabetic diet as a part of monthly activity of the college, as guided by DoHE, UGC	Department of Home Science	https://www.instagram.com/p/Cq9s9g2PRPh/

Department of Home Science of Guru Nanak Khalsa College for Women organized a Lecture on Benefits of using Millets in a diabetic diet. This activity was conducted as a part of monthly activity of the college, as guided by DoHE, UGC to build up momentum for popularization of millets and to make "IYoM-2023".

Guru Nanak Khalsa College for Women,
Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of IQAC and DoHE UGC

Department of Home Science

Organises a Lecture on
April 12, 2023

MILLETS – “A boom for Diabetic Diet”



Principal Dr. Maneeta Kahlon

Organizers:
Mrs. Shikha Kalra
Mrs. Amarpreet Kaur
(Dept. Of Home Science)





20. Bhelpuri Stall on Occasion of Parent Teacher Meet

S. No	Date	Action Taken	Organized By	Link
20.	April 15, 2023	Organized Bhelpuri stall on the occasion of Parent Teacher meet under Earn While You learn scheme of GNKCW	Department of Home Science	https://www.instagram.com/p/CrN KI7VI3K-/

Department of Home Science organized Bhelpuri stall on the occasion of Parent Teacher meet under Earn While You learn scheme of GNKCW on April 15, 2023. 19 students of Home Science prepared nutritious sprouted Bhel Puri. General Secretary of the college governing body, Er. Gurwinder Singh and Madam Principal Dr. Maneeta Kahlon visited the stall to encourage the students for their efforts and initiatives.

**Guru Nanak Khalsa College for Women
Gujarkhan Campus Model Town Ludhiana**

Under Internal Quality Assurance Cell (IQAC)

Earn While You Learn

Organized by
Department of Home Science

Chatpati Sprouted Bhel Puri

Date: 15-04-2023 Time: 11 AM onwards Venue: Outside Room No. 105



BOMBAY CHOWPATTY
Taste the Asli Bombaiya Taste

Coupon - @ 50/Plate



BHEL PURI







21. End-semester Practical Examination conducted at GNKCW

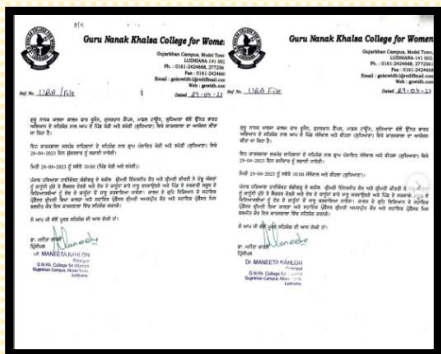
S. No	Date	Action Taken	Organized By	Link
21.	April 13, 2023 to April 21, 2023	End-semester Practical Examination	Department of Home Science	https://www.instagram.com/p/CrnGcCfpzkK/ https://www.instagram.com/p/CrnGibHp0nD/

As per the directions of Panjab University, Chandigarh, the college conducted end-semester practical examinations for UG classes from April 13 to April 21, 2023





22. Extension lecture by Advocate Inderjit Kaur and Kirti Sharma on the Legal issues

S. No	Date	Action Taken	Organized By	Link
22.	28-04-2023 & 29-04-2023	Extension Lecture	UBA, GNKCW	https://www.instagram.com/p/CrvA6uwPa-U/ 

Unnat Bharat Abhyaan Unit of the college organized an Extension lecture of Advocate Inderjit Kaur and Kirti Sharma on the Legal issues related to rural communities and acquainted the youth in Government School about the laws of our country on April 28-29, 2023 at Kheri, Jhameri, Jassowal and Bihla villages. Mrs. Shikha Kalra and Mrs. Amarpreet Kaur from Department of Home Science convened this lecture







23. INTERNATIONAL NO DIET DAY CELEBRATED AT GNKCW

S. No	Date	Action Taken	Organized By	Link
23.	May 6, 2023	Interactive talk on facts and obsessions about body weight and Fashion Show on body shaming by students	Department of Home Science	https://www.instagram.com/p/CsITaBfP7LS/

Department of Home Science in collaboration with Women Development Cell of Guru Nanak Khalsa College for Women celebrated 'International No Diet Day' in the college campus today. The activity was organized to celebrate Body diversity on “No Diet Day”. 10 faculty members participated in the campaign with an aim of raising awareness about weight discrimination, size bias, and fatphobia.

Mrs. Shikha Kalra presented the facts and obsessions about body weight. Students also presented a fashion show with a theme of 'No Body Shaming' thus appreciating and accepting diversity in the physical attributes.

Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana



Internal Quality Assurance cell

Celebrates



On May 06, 2023



Dr. Maneeta Kalhon
Principal

**CAMPAIGN TO ENCOURAGE THE REJECTION OF
DIET CULTURE**

Organizers:
Dept. Of Home Science
Women Development Cell



