

**GURU NANAK KHALSA COLLEGE FOR WOMEN
GUJARKHAN CAMPUS, MODEL TOWN, LUDHIANA**



**ANTI DRUG CELL
(Buddy Group)
2023-2024(Odd Semester)**



Maneeta
Dr. Maneeta Kahlon

Principal

Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana



Parveen Arora
Dr. Parveen Arora

Coordinator



Gagheet Pal Kaur
Mrs. GagheetPal Kaur

Co-Coordinator

*“BUDDY,
SAY NO TO DRUGS”*



COMMITTEE MEMBERS

Dr. Neetu Prakash(NSS)

Mrs. Satwant Kaur(NSS)

DR. Nidhi Sharma(Red Ribbon /Youth Club)

Ms. Daisy Wadhwa(Red Ribbon /Youth Club)

Student Representatives

ABOUT

The anti-drugs cell of Guru Nanak Khalsa College For Women has been constituted to ensure a drug-free society by imposing a total ban on the possession or consumption or use of drugs and alcohol by students of the college, within or outside the campus. The main goal of antidrugs cell is to enhance the students' awareness and understanding of the harmful social and health effects of illicit drug use. The duties of the anti-drugs cell include organizing awareness programmes in the college with the help of government authorized agencies/ organizations. Educating the students about the ill-effects of drugs and alcohol, encouraging peer policing among students against the use of drugs and reporting of any noticed use of drugs by the students to the student's affairs committee are also the duties of the anti-drugs cell. The Anti Drug Cell organizes seminars, poster, campaigns and rallies in order to spread awareness against the use of alcohol, tobacco and drugs. We keep close contact with the excise and police departments and arrange programs to make the students aware of the strong legal force working against drugs and inculcate respect towards parents, teachers and the Indian judiciary. The extensive use of drugs within and outside educational institutions has become a serious concern nowadays. Drug dealers target students both as carriers as well as clients. It's high time for teachers and parents to work against and eradicate this evil force.

MISSION

- Observation of anti-drug day.
- Organizing awareness programmes in the campus with the help of government authorized agencies / organizations.
- Conducting poster presentation / street plays / anti-drug rallies in the campus premises on the ill effects of drugs
- Participation in the outreach programme: Take Pledge against drugs

OBJECTIVES

- To spread awareness to ensure a drug/ substance free campus.
- To educate and enable youth to reject illicit drugs.
- To motivate the students to actively participate in awareness programmes conducted by the cell.
- To provide counselling for students who display tendencies towards drugs / alcohol use.
- To prevent the initiation of drug use and the increase to addiction in those who have already initiated use.
- Ensure no sale of drugs or alcohol in college premises.
- To create a healthier community through coordinated efforts to prevent use, and the distribution of illicit drugs.
- Motivate students to become volunteers of anti-drug activities in their life.

ACTIVITIES

International Day against Drug Abuse and Illicit Trafficking

Under the aegis of IQAC, Women Development Cell, NCC Wing, Red Ribbon Club & Buddy Group of Guru Nanak Khalsa College for Women, Ludhiana observes International Day of Drug Abuse and Illicit Trafficking. A seminar was conducted on June 26, 2023. The primary objective of the seminar is to provide a platform for students and staff members to come together and share knowledge, experiences, and strategies to effectively combat drug abuse and illicit drug trafficking.

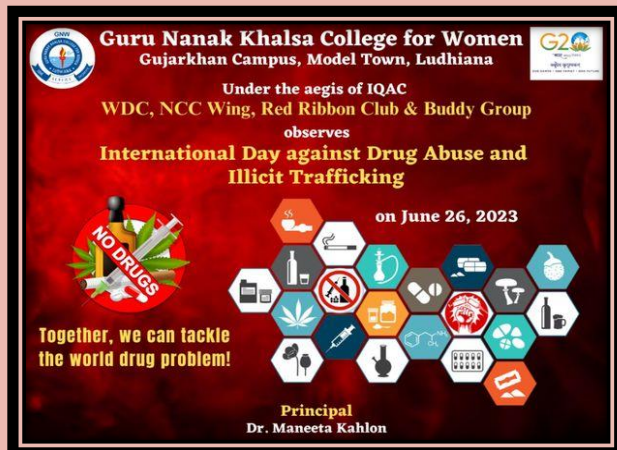
By gathering today, a pledge was taken to demonstrate our commitment to addressing this global challenge and explore ways to prevent drug abuse, promote treatment and recovery.

The students also organized a play on the effects of the growing menace of drugs in the college going students. This play serves as a wake-up call, urging society to recognize the impact of drug abuse on the youth and take collective action to address this pressing issue.

Link-

1. <https://www.facebook.com/gnwludhiana/posts/pfbid02FsbJGGr69kc61dpeiu86oypKXv6dnX8HtebSUEncqnGYFetavPL37pHSx62d7TYCI>

2. https://www.instagram.com/p/Ct_J2EuN6jU/?hl=en&img_index=1



Video Highlighting against Drug Abuse and Illicit Trafficking

NSS Unit of Guru Nanak Khalsa College for Women in Ludhiana celebrated the International Day against Drug Abuse and Illicit Trafficking on June 26, 2023 by creating a video highlighting various activities that inspire you to follow a healthy lifestyle to raise awareness about the importance of staying away from drugs and promoting well-being.

The video showcased various activities like World Environment Day, International Yoga Day, World Food Safety Day, World Blood Donor Day, and Drug Abuse. These events and issues are all crucial in their own right and contribute to a healthier and safer society.

Link-

<https://www.facebook.com/gnwludhiana/videos/577225674612849>

Anti-Drug Abuse Drive(Induction Programme)

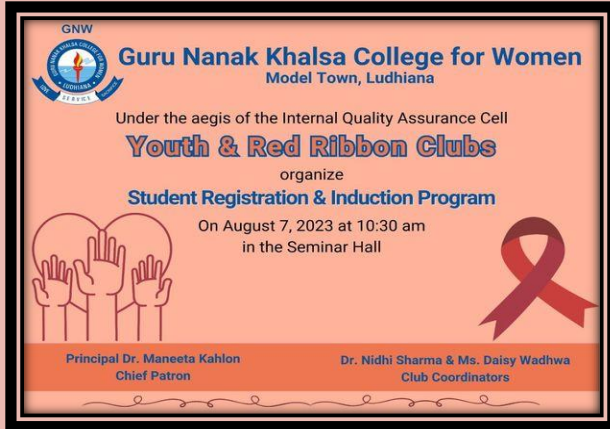
The Youth & Red Ribbon Clubs of the college conducted a member registration drive on August 7, 2023. 78 students of the college participated in this drive. Dr. Nidhi and Ms. Daisy Wadhwa, the club coordinators informed the students about the objectives of the club and the activities undertaken by the clubs during the past academic sessions. Rudakshi (BBA-5th Semester) and Hritika Singh (BCA-3rd Semester) were appointed as Student Champions of Youth and Red Ribbon Clubs.

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<https://www.facebook.com/gnwludhiana/posts/pfbid02fp69EzYhShDSkPbLWmo2yQ7wtpDGaS3bEs2BkGNzgHQg3TijdkMvwybULyCNW5EMl>

2. https://www.instagram.com/p/CvuDmQgRdPW/?hl=en&img_index=1



An Awareness Drive on HIV/ AIDS and Drug Abuse

Volunteers of Youth and Red Ribbon Clubs of Guru Nanak Khalsa College for Women, Ludhiana participated in an awareness drive on HIV/ AIDS and Drug abuse on August 11, 2023. During this awareness program, a marathon run was organized at SCD Government College, Ludhiana by Directorate of Youth Services, Ludhiana in collaboration with Punjab State AIDS Control Society. The marathon started from SCD Government College at 6:00am and concluded at Guru Nanak Stadium.

Link-

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[.https://www.facebook.com/gnwludhiana/posts/pfbid02ExJDTNY579NrqHUZh029Dv1RWpRxsUtQP5KxfgUp9wpSD9JDjUc1svhkYjffzTo6l](https://www.facebook.com/gnwludhiana/posts/pfbid02ExJDTNY579NrqHUZh029Dv1RWpRxsUtQP5KxfgUp9wpSD9JDjUc1svhkYjffzTo6l)

2. https://www.instagram.com/p/Cv64e8pNs2y/?hl=en&img_index=1



Youth Health and Awareness Workshop

District Level Advocacy Meeting of Red Ribbon Clubs Marks Commitment to Youth Health and Awareness

The Directorate of Youth Services, Ludhiana, hosted a District Level Advocacy Meeting of Red Ribbon Clubs on October 4, 2023 at SCD Government College, Ludhiana. The meeting was attended by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, Coordinators of the Red Ribbon Club of the college as well as by two peer educators, Hritika Singh (BCA 3rd Semester) and Ravneet Kaur (BCA 3rd Semester), the student representatives of Red Ribbon Club.

The primary goal of the meeting was to disseminate essential information about the objectives and forthcoming activities of the Red Ribbon Clubs during the academic session 2023 - 2024.

During the event a grant cheque amounting to Rs. 7000 was provided by the Directorate of Youth Services. This financial support aims to bolster the initiatives and activities planned by the Red Ribbon Club, reinforcing the commitment to educating the youth about HIV/AIDS, tuberculosis, drug-abuse and voluntary blood donation.

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<https://www.facebook.com/gnwludhiana/posts/pfbid05AxBFjb3fKEYC8U5LdQmGaaDCCYB7ZtgJrCKAWf3zJG57cP4iMPw6kKyL6qzVVjG1>

2. https://www.instagram.com/p/CyASDxcRNqw/?hl=en&img_index=1



Youth Talent Show To Create Awareness About Drug Abuse

IQAC of Guru Nanak Khalsa College for Women, Gujarkhan Campus, in collaboration with SAHYOG (N.G.O.) organized Youth Talent show on October 18, 2023. This event is being organized to create awareness about drug abuse.

Ms. Jasroop Kaur Bath (ACP Civil Lines) was the Chief Guest and Ms. Kavita Khullar (Bureau Chief, Ajit Newspaper, Ludhiana) was the Guest of Honour. While addressing the students, ACP Bath encouraged them to make constructive use of their potential. Students of the college showcased their talent in various competitions like Rangoli, Poster making, Mehndi, singing and Dancing. College skit, Mimicry and Histrionics team also gave their performance during the event. These competitions were judged by Ms. Preeti Batish (Chairman Women Wing), Ms. Arpana Sachar (President Women Wing) and Ms. Balwinder Kaur. Winners of the competitions were given away prizes and certificates by the guests.

Link-

1. <https://www.facebook.com/gnwludhiana/posts/pfbid02gg7CZpDUdqQUyivHUA>

2. [dudxaRCHWnZBMLG4pT4xXCHpYndFsXjhrw387WVG7qCjECI](https://www.instagram.com/p/Cyks9b2R0yu/?hl=en&img_index=1)

https://www.instagram.com/p/Cyks9b2R0yu/?hl=en&img_index=1



Poster Making Competetion on Anti-Drug

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2. https://www.instagram.com/p/CykwoHOxzu1/?hl=en&img_index=1

