

Empowering Women is prerequisite for creating a good nation, when women are empowered, a society with stability is assured— Dr APJ Abdul Kalam

**WOMEN DEVELOPMENT CELL
2023-24
(EVEN SEMESTER)**



Maneeta
**Dr Maneeta Kahlon
Principal**

Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana



Seema Dua
**Ms Seema Dua
Coordinator**



Shikha Bajaj
**Dr Shikha Bajaj
Co-coordinator**

Seminar on Women Entrepreneurship and Self Employment

DATE	ACTION TAKEN
January 09, 2024	<p>Under the aegis of Internal Quality Assurance Cell, Department of Economics of Guru Nanak Khalsa College for Women in collaboration with Women Development Cell organized a seminar on 'Women empowerment through entrepreneurship and self-employment in the college campus today.</p> <p>Resource person for the session was Mr. R. C. Chopra, Retired Director, Department of MSME, Government of India. During the session, he talked about entrepreneurship and various institutions related to entrepreneurship, family business and role of women in business. He also elaborated the role of women in entrepreneurship with the help of various examples.</p> <p>The seminar was organized under the guidance of Ms. Seema Dua, Head Department of Economics and Convener of Women Development cell, Dr. Shikha Bajaj, co convener of Women Development cell and Ms. Neha Dawar, Assistant Professor in Economics. Principal Dr. Maneeta Kahlon graced the event and appreciated the students for being part of such an informative session. She expressed her gratitude to the resource person for sharing his knowledge with the students.</p>
LINK	<ol style="list-style-type: none"> 1. https://www.facebook.com/gnwludhiana/posts/pfbid0vWvn8YqeaX4djoL5gtrTZeBYWW1N5F3zgCkwFVZFMEFqstRBesgdrXZpyu6DmdEhl 2. https://www.instagram.com/p/C14ATekRpL1/?next=%2F&img_index=1 3. https://www.instagram.com/p/C14AfFmROAW/?next=%2F&img_index=1

Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC
Department of Economics and Women Development cell
organizes
Seminar
Under Entrepreneurship Development programme
on
Women Empowerment through Entrepreneurship and
Self Employment

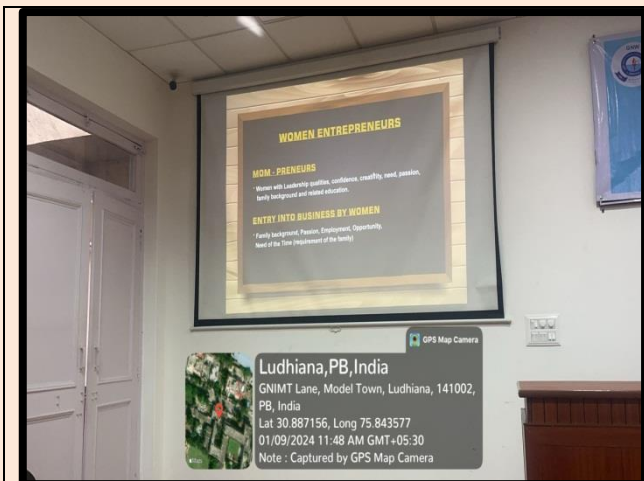
Resource Person
Mr. R.C.Chopra
Director (Retd.), Ministry of MSME,
Govt. Of India

Organizers
Mrs. Seema Dua
Dr. Shikha Bajaj
Ms. Neha Dawar

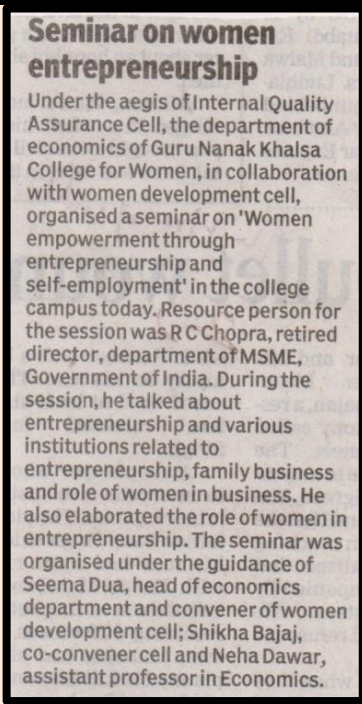
Principal
Dr. Maneeta Kahlon

Date: 9th January, 2024
Time: 11:00 am
Venue: Seminar Hall





10-01-2024 Ajit Page 9 Column 4



16-01-2024 The Times of India Page 2 Column 2

GNKCW celebrates National Girl Child Day

DATE	ACTION TAKEN
January 24, 2024	Under the aegis of Internal Quality Assurance Cell and under the flagship initiative of Ministry of Women and Child Development, Women development cell in collaboration with Department of Fine Arts of Guru Nanak Khalsa College for Women organized a poster making competition to celebrate National Girl Child day on January 24, 2024. 36 students participated in the activity and showcased their creativity by making beautiful posters on the theme of 'Beti bachao Beti padao'. The message of educating girl was clearly given and discussed with the students. All the entries

	were judged by Ms. Daisy and Ms. Shikha Kalra. Medals and prizes were given to winners.
LINK	<ol style="list-style-type: none"> https://www.facebook.com/gnwludhiana/posts/pfbid0EKQkmjSFSwoPzWtT5A6cLxRr15MosYdYBpb7F2TcJzdbJLb89Np1wtBiSZaMdk6fl https://www.instagram.com/p/C2goUL5R1Ds/?next=%2F&img_index=1





इंटरनल क्वालिटी इश्योरेंस सेल के तत्वावधान में गुरु नानक खालसा कॉलेज फॉर विमेन के होम साइंस विभाग के सहयोग से महिला विकास सेल ने कॉलेज परिसर में राष्ट्रीय बालिका दिवस मनाने के लिए एक पोस्टर मेकिंग प्रतियोगिता का आयोजन किया। विजेताओं का चयन डेजी और शिखा कालसा ने किया। विजेताओं को पदक और पुरस्कार दिए गए। प्रि. डॉ. मनीता काहलौं ने विजेताओं को बधाई दी। (रजनी)

25-01-2024 DainikSavera Page 4 Column 1



पोस्टर मेकिंग मुकाबले के जेठे विद्विआरथीओं के नाले प्रिंसिपल डाक्टर मनीता काहलौं, सीमा दूआ, हरपीत कौर, शिखा बजाज अउरे बलविंदर कौर। अजीत उमेश्वर

गुरु नानक खालसा कालसा विधे राश्ट्रती बालिका दिवस मनाइआ

लुधियाणा, 30 जनवरी (सप्तविंदर सिंघ)-इंटरनल क्वालिटी अश्योरेंस सेल दी अगवादी हठ अउरे मगिला अउरे बाल विकास मंत्राले दी पुरिंध पंगिलकदमी दे उरिउ, गुरु नानक खालसा कालसा वार डूमिने दे मगिला विकास सेल ने व्हाएन आरुस विडार दे सगिओग नाले अंन कालसा केंपस विधे राश्ट्रती बालिका दिवस मनाइआ लई पोस्टर मेकिंग मुकाबला करवाइआ। इस गउतीविधी विधे 36 विद्विआरथीओं ने डारग लिआ अउरे 'बेटी बचाओ बेटी पढ़ाओ' विधे 'उरे सुंदर पोस्टर बट्टा के आपटौ रचनारुमकटा दा पुररुसुन कीउग। विद्विआरथीओं नु सिंधिअउ करन दा सुनरा सुपसुट उरं 'उरे दिंडा गिआ अउरे विद्विआरथीओं नाले विचार वटादरा कीउग गिआ। शारीओ अउरे अउरीओं दा निरुटा मेडम डेजी अउरे शिखा कालसा दूआरा कीउग गिआ। जेठुओं नु मेडल अउरे इनुअम दिंडे गइए। इधे गउतीविधी सीमा दूआ, हरपीत कौर, डा. शिखा बजाज अउरे बलविंदर कौर दी अगवादी हठ करवादी गइ। प्रिंसिपल डा. मनीता काहलौं ने विद्विआरथीओं दे जउरन दी डरुपु पुरेस कीउग जिनूं नु बेचिओं नु बचाओ अउरे सिंधिअउ करन दे सेदेसो नाले आपटौ रचनारुमक पंधे नु पुररुसुन कीउग।

31-01-2024 Ajit Page 8 Column 2

International Day of Women and Girls in Science Celebrated at GNKCW

DATE	ACTION TAKEN
February 12, 2024	<p>Under the aegis of the Internal Quality Assurance Cell, the Department of Computer Science and Applications at Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized a special event to celebrate the International Day of Women and Girls in Science on February 12, 2024. The celebration aimed to inspire and empower female students to pursue careers in science and technology.</p> <p>During the event, students were enlightened about the myriad opportunities available through online courses offered by the Swayam platform, Government of India. These courses were highlighted for their significance in providing students with cutting-edge knowledge in the realm of science and technology, thereby enhancing their skill sets and competitiveness in the field.</p> <p>Senior students graciously shared their experiences of upskilling through online courses, offering valuable insights and guidance to their juniors. The exchange of experiences fostered a sense of camaraderie and encouragement among the students, inspiring them to explore and embrace the vast educational resources available online.</p> <p>The event was conducted by Ms. Daisy Wadhwa and Mrs. Satwant Kaur Assistant Professors in Computer Science, along with the faculty of the Computer Science Department.</p>
LINK	<ol style="list-style-type: none"> https://www.facebook.com/gnwludhiana/posts/pfbid02xyTwoPeuSvWTrkbyjhU3F4TMrxeYv7M2nBjYh35dfMtGZjJXmv9qFYSgy7Aahgb6nl https://www.instagram.com/p/C3PKF9jR-_Q/?next=%2F&img_index=1

Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC
Department of Computer Science & Applications
observes
INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE
February 11, 2024
Women and Girls in Science Leadership, a New Era for Sustainability

Dr. Maneeta Kahlon
Principal

Ms. Daisy Wadhwa
Mrs. Satwant Kaur
Organizer



कालेज में कार्यक्रम के दौरान प्रिंसिपल डा. मनीता काहलौ एवं स्टाफ़ सौ. कालेज

विज्ञान में करियर बनाने के बारे में जानकारी दी

जागरण संवाददाता, लुधियाना: गुरु नानक खालसा कालेज फार वूमन माडल टाउन में कंप्यूटर विज्ञान और अनुप्रयोग विभाग ने कार्यक्रम करवाया। इसका उद्देश्य महिला छात्रों को विज्ञान और प्रौद्योगिकी में करियर बनाने के लिए प्रेरित और सशक्त बनाना रहा। छात्राओं को भारत सरकार के स्वयं संच द्वारा पेश किए आनलाइन पाठ्यक्रमों के माध्यम से उपलब्ध असंख्य अवसरों के बारे में बताया गया। इन पाठ्यक्रमों को छात्रों को विज्ञान और प्रौद्योगिकी के क्षेत्र में अत्याधुनिक ज्ञान प्रदान करने में उनके महत्व पर प्रकाश डाला गया। वरिष्ठ छात्रों ने अपने कनिष्ठों को आनलाइन पाठ्यक्रमों के माध्यम से कोशल बढ़ाने के अपने अनुभवों को साझा किया। इस कार्यक्रम का संचालन कंप्यूटर विज्ञान में सहायक प्रो. डेजी वाघवा और सतवंत कौर ने कंप्यूटर विज्ञान विभाग के संकाय के साथ किया। प्रिंसिपल डा. मनीता काहलौ मौजूद रहीं।

13-02-2024 DainikJagran Page 3 Column 4

अंतरराष्ट्रीय दिवस मनाਉਣ ਮੌਕੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਮਨੀਤਾ ਕਾਹਲੌ, ਪ੍ਰੋਫੈਸਰ ਡੇਜੀ ਵਾਧਵਾ, ਸਤਵੰਤ ਕੌਰ ਅਤੇ ਹੋਰ ਸਟਾਫ਼। ਅਜੀਤ ਤਸਵੀਰ

ਵਿਗਿਆਨ ਵਿਚ ਔਰਤਾਂ ਅਤੇ ਲੜਕੀਆਂ ਦਾ ਅੰਤਰਰਾਸ਼ਟਰੀ ਦਿਵਸ ਮਨਾਇਆ

ਲੁਧਿਆਣਾ, 15 ਫਰਵਰੀ (ਸਮਵਿੱਚਰ ਸਿੰਘ)-ਇਟਰਨਲ ਕੁਆਲਿਟੀ ਅਸ਼ੋਰੇਸ ਸੋਲ ਦੀ ਅਗਵਾਈ ਹੇਠ ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ ਫਾਰ ਵੂਮੈਨ, ਮਾਡਲ ਟਾਊਨ, ਲੁਧਿਆਣਾ ਵਿਖੇ ਕੰਪਿਊਟਰ ਸਾਇੰਸ ਅਤੇ ਅਪਲੀਕੇਸ਼ਨ ਵਿਭਾਗ ਨੇ ਵਿਗਿਆਨ ਵਿਚ ਔਰਤਾਂ ਅਤੇ ਲੜਕੀਆਂ ਦਾ ਅੰਤਰਰਾਸ਼ਟਰੀ ਦਿਵਸ ਮਨਾਉਣ ਲਈ ਇਕ ਵਿਸ਼ੇਸ਼ ਸਮਾਗਮ ਦਾ ਪ੍ਰਬੰਧ ਕੀਤਾ। ਸਮਾਗਮ ਦੌਰਾਨ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਵੈਮ ਪਲੇਟਫਾਰਮ, ਭਾਰਤ ਸਰਕਾਰ ਦੁਆਰਾ ਪੇਸ਼ ਕੀਤੇ ਗਏ ਆਨਲਾਈਨ ਕੋਰਸਾਂ ਰਾਹੀਂ ਉਪਲਬਧ ਏਟਗਿਟ ਐਂਡ ਸਾਫਟ ਕਰਵਾਇਆ ਗਿਆ। ਸੀਨੀਅਰ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਆਪਣੇ ਜੁਨੀਅਰਾਂ ਨੂੰ ਕੌਮੀ ਸੂਚੀ ਅਤੇ ਮਾਰਗਦਰਸ਼ਨ ਅਤੇ ਪੇਸ਼ਕਸ਼ ਕਰਦੇ ਹੋਏ, ਆਨਲਾਈਨ ਕੋਰਸਾਂ ਰਾਹੀਂ ਅਪਸਕਿਲਿੰਗ ਦੇ ਆਪਣੇ ਅਨੁਭਵ ਸਾਂਝੇ ਕੀਤੇ। ਤਬਰਬਿਆਂ ਦੇ ਆਦਾਨ-ਪ੍ਰਦਾਨ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਵਿਚ ਚੇਤਨਾ ਅਤੇ ਉਤਸ਼ਾਹ ਦੀ ਭਾਵਨਾ ਪੈਦਾ ਕੀਤੀ। ਉਨ੍ਹਾਂ ਨੇ ਆਨਲਾਈਨ ਉਪਲਬਧ ਵਿਸ਼ਲ ਵਿਦਿਅਕ ਸਰੋਤਾਂ ਦੀ ਪਛੋਲ ਕਰਨ ਅਤੇ ਅਪਣਾਉਣ ਲਈ ਪ੍ਰੇਰਿਤ ਕੀਤਾ। ਇਸ ਸਮਾਗਮ ਦਾ ਸੰਚਾਲਨ ਡੇਜੀ ਵਾਧਵਾ ਅਤੇ ਸਤਵੰਤ ਕੌਰ ਸਹਾਇਕ ਪ੍ਰੋਫੈਸਰਾਂ ਕੰਪਿਊਟਰ ਸਾਇੰਸ ਵਿਭਾਗ ਦੇ ਨਾਲ-ਨਾਲ ਕੰਪਿਊਟਰ ਸਾਇੰਸ ਵਿਭਾਗ ਦੇ ਫੈਕਲਟੀ ਵਲੋਂ ਕੀਤਾ ਗਿਆ। ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਮਨੀਤਾ ਕਾਹਲੌ ਨੇ ਵਿਗਿਆਨ ਅਤੇ ਤਕਨਾਲੋਜੀ ਦੇ ਖੇਤਰ ਵਿਚ ਲਿੰਗ ਸਮਾਨਤਾ ਅਤੇ ਸਮਾਵੇਸ਼ ਨੂੰ ਉਤਸ਼ਾਹਿਤ ਕਰਨ ਦੀ ਮਹੱਤਤਾ 'ਤੇ ਜ਼ੋਰ ਦਿੱਤਾ।

16-02-2024 Ajit Page 9 Column 3

Celebrated the National Women's Day

DATE	ACTION TAKEN
WOMEN DEVELOPMENT CELL 2023-24 EVEN SEMESTER	



<p>February 13, 2024</p>	<p>Under the auspices of IQAC, the PG Department of English, Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana celebrated the National Women's Day on February 13, 2024 to commemorate the birth anniversary of Sarojini Naidu, the Nightingale of India.</p> <p>During the event, Harleen Kaur and Japneet Kaur (BA-II) gave tribute to Sarojini Naidu, a prominent Indian independence activist and poet, who advocated for freedom from British colonial rule through her powerful speeches and writings. Naidu was the first woman to become the President of the Indian National Congress and later served as the Governor of the United Provinces (now Uttar Pradesh). She is also celebrated for her poetic talent, with her verses reflecting themes of patriotism, nature, and women's empowerment. Naidu's eloquence and leadership have a stirring effect on our youth.</p> <p>Poems extolling the contributions of women in society were also recited on this occasion by Simranpreet Kaur, Pohalpreet Kaur, and Pooja (BA-I).</p> <p>On National Women's Day, Madam Principal Dr. Maneeta Kahlon highlighted the importance of celebrating the achievements of women like Sarojini Naidu, whose legacy continues to inspire and pave the way for future generations. Dr. Kahlon emphasized the need for gender equality, education, and opportunities for women to thrive in all aspects of life. She encouraged everyone</p>
<p>LINK</p>	<ol style="list-style-type: none"> 1. https://www.facebook.com/gnwludhiana/posts/pfbid02xjhzBGPuWZwqSgJYrumuzW4aqoK2kp6YRW7yPJWsmnNsro5YBaYPeS8EkdgKtYS7l 2. https://www.instagram.com/p/C3cCx6RxJ1r/?next=%2F&img_index=1 3. https://www.instagram.com/p/C3cC4vLxFjU/?next=%2F&img_index=1





Organized Valentine carnival for college alumni

DATE	ACTION TAKEN
February 14, 2024	<p>Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, organized Valentine cum Alumni Carnival on February 14, 2024. Members of the College Governing Body and Former Staff members graced the occasion with their presence.</p> <p>Former students of the college shared their experiences and memories on the occasion and walked down the memory lane by participating in the fashion show organized for them. A variety of stalls on eatables, clothing, jewellery, fun games were also displayed. A Raffle Draw for the visitors of the carnival was the most attractive part of the event. Dance performances were given by both the alumni members and the students of the college.</p> <p>During this, with the efforts of Women Development cell, students from ongoing classes showed their entrepreneurial skills by setting up their sale counters for bakery items, nail treatments, clothing, gift items and many more. Students received an opportunity to practice buying and selling and earned good profits. The endeavour helped the students to boost confidence and build a foundation for setting up future income generation methods. With this, they can not only become financially independent, rather, they can generate employment for others too.</p>
LINK	https://www.facebook.com/gnwludhiana/posts/pfbid026WeCU8GiFshig9TgTbhDhxMfiuGY4PXWlhrXvH6wytp34Qk85PAGkWpiVPzTymc3l



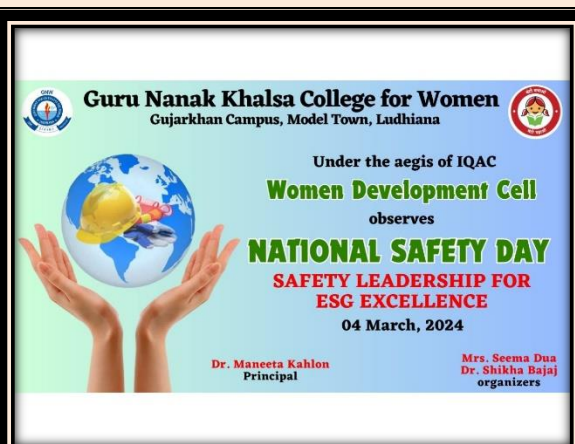




WOMEN DEVELOPMENT CELL 2023-24 EVEN SEMESTER

Celebration of National Safety Day

DATE	ACTION TAKEN
March 04, 2024	Women Development Cell of Guru Nanak Khalsa College for Women celebrated National Safety Day on March 04, 2024. The main goal of the activity was to highlight safety measures and ensure that students are aware of them and follow them in order to avoid accidents on road. Keeping in mind the theme of this year which was ESG excellence, students were encouraged to adopt and follow safety measures at road, at home, and at institutions in favour of environmental, social and governance concerns of the nation.
LINK	1. https://www.facebook.com/gnwludhiana/posts/pfbid02fhoWLLmwnpw1nHxc63MjP2CT6TfLxyu7GuPWNKjEq2dnnajL9zToipH3z7X5dqJul 2. https://www.instagram.com/p/C4H7K9VRbD_/?next=%2F&img_index=1



GURU NANAK KHALSA COLLEGE

Ludhiana: Internal Quality Assurance Cell, Women Development Cell of Guru Nanak Khalsa College for Women, celebrated National Safety Day on the college campus today. The aim of the event was to highlight safety measures and ensure that students follow them in order to avoid road accidents. The students were encouraged to adopt and follow safety measures on road, at home and at institutions in favour of environmental, social and governance concerns of the nation.

05-03-2024 The Tribune Page 2 Column 4



ਰਾਸ਼ਟਰੀ ਸੁਰੱਖਿਆ ਦਿਵਸ ਮੌਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਜਾਣਕਾਰੀ ਦਿੰਦੇ ਹੋਏ ਪ੍ਰਿੰਸੀਪਲ ਡਾਕਟਰ ਮਨੀਤਾ ਕਾਹਲੋਂ ਅਤੇ ਹੋਰ ਸਟਾਫ਼। ਅਜੀਤ ਤਸਵੀਰ

ਗੁਰੂ ਨਾਨਕ ਖ਼ਾਲਸਾ ਕਾਲਜ ਵਿਖੇ ਰਾਸ਼ਟਰੀ ਸੁਰੱਖਿਆ ਦਿਵਸ ਮਨਾਇਆ

ਲੁਧਿਆਣਾ, 4 ਮਾਰਚ (ਜਸਵਿੰਦਰ ਸਿੰਘ)-ਇੰਟਰਨਲ ਕੁਆਲਿਟੀ ਐਸੂਰੈਂਸ ਸੈੱਲ ਦੀ ਅਗਵਾਈ ਹੇਠ ਗੁਰੂ ਨਾਨਕ ਖ਼ਾਲਸਾ ਕਾਲਜ ਫ਼ਾਰ ਵੁਮੈਨ ਦੇ ਵੁਮੈਨ ਡਿਵੈਲਪਮੈਂਟ ਸੈੱਲ ਨੇ ਅੱਜ ਕਾਲਜ ਕੈਂਪਸ 'ਚ ਰਾਸ਼ਟਰੀ ਸੁਰੱਖਿਆ ਦਿਵਸ ਮਨਾਇਆ। ਗਤੀਵਿਧੀ ਦਾ ਮੁੱਖ ਉਦੇਸ਼ ਸੁਰੱਖਿਆ ਉਪਾਵਾਂ ਨੂੰ ਉਜਾਗਰ ਕਰਨਾ ਤੇ ਇਹ ਯਕੀਨੀ ਬਣਾਉਣਾ ਸੀ ਕਿ ਵਿਦਿਆਰਥੀ ਸੜਕ 'ਤੇ ਹਾਦਸਿਆਂ ਤੋਂ ਬਚਣ ਲਈ ਉਨ੍ਹਾਂ ਬਾਰੇ ਜਾਣੂ ਹੋਣ ਤੇ ਉਨ੍ਹਾਂ ਦੀ ਪਾਲਣਾ ਕਰਨ। ਇਸ ਸਾਲ ਦੇ ਵਿਸ਼ੇ ਨੂੰ ਧਿਆਨ 'ਚ ਰੱਖਦੇ ਹੋਏ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਦੇਸ਼ ਦੇ ਵਾਤਾਵਰਨ, ਸਮਾਜਿਕ ਤੇ ਪ੍ਰਸ਼ਾਸਨਿਕ ਚਿੰਤਾਵਾਂ ਦੇ ਪੱਖ ਵਿਚ ਸੜਕ, ਘਰ ਤੇ ਸੰਸਥਾਵਾਂ ਵਿਚ ਸੁਰੱਖਿਆ ਉਪਾਵਾਂ ਨੂੰ ਅਪਣਾਉਣ ਤੇ ਪਾਲਣ ਕਰਨ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ। ਪ੍ਰਿੰਸੀਪਲ ਡਾ: ਮਨੀਤਾ ਕਾਹਲੋਂ ਨੇ ਇਸ ਸਮਾਗਮ ਵਿਚ ਸ਼ਿਰਕਤ ਕੀਤੀ ਤੇ ਰੁਟੀਨ ਦੀਆਂ ਗਤੀਵਿਧੀਆਂ ਬਾਰੇ ਚਰਚਾ ਕੀਤੀ, ਜਿਨ੍ਹਾਂ ਨੂੰ ਵਿਦਿਆਰਥੀ ਵਾਤਾਵਰਣ ਤੇ ਸਮਾਜਿਕ ਮੁੱਦਿਆਂ ਦੀ ਸੁਰੱਖਿਆ ਲਈ ਆਪਣੀ ਜੀਵਨ ਸ਼ੈਲੀ ਵਿਚ ਸ਼ਾਮਲ ਕਰ ਸਕਦੇ ਹਨ।

05-03-2024 Ajit Page 6 Column 3

Eminent Punjabi Author Kana Singh felicitated at GNKCW

DATE	ACTION TAKEN
March 06, 2024	<p>Guru Nanak Khalsa College for Women, Gujarkhan Campus, in collaboration with Punjab Arts Council organized face to face “Tere Sanmukh” with famous Punjabi Author and Poetess Kana Singh in the college campus today. Padma Shri Dr. Surjit Patar, Chairman, Punjab Arts Council, Chandigarh, also graced the occasion with his benign presence. Principal Dr. Maneeta Kahlon welcomed the guests and other dignitaries from the field of Punjabi literature..</p> <p>Renowned Punjabi Litterateur Kana Singh who hails from Gujarkhan (Pakistan) shared anecdotes from her life during her childhood days spent in Gujarkhan. She stressed on the need to promote our mother tongue -Punjabi with our future generation.</p> <p>As part of Women’s’ Day celebrations, Poetess Kana Singh was felicitated with “Kana Gujarkhani Award” for her contribution to the Punjabi literary field as well as society. While addressing the gathering Dr. Patar talked about the importance of these interactions with prominent Punjabi authors.</p>
LINK	<ol style="list-style-type: none"> https://www.facebook.com/gnwludhiana/posts/pfbid02XxWguoSEKNLvPM4NcTpsPeS41Xg7ZZ5H5EcrfcELnvDQAaAbwWuzWbgA7RMakY9HI https://www.instagram.com/p/C4KwHo1JYcU/?next=%2F&img_index=1 https://www.facebook.com/share/v/LiTXANa1dDHJLbSQ/?mibextid=qj2Omg https://m.facebook.com/story.php?story_fbid=pfbid02R5ExFKQPsiTBJRByqTT3dNjVbwm3ZSDMG155wPzMsJPFev6ZjDu3hu1DbafwRHgHI&id=100057616412011&sfnsn=wa&mibextid=RUBZ1f

WOMEN DEVELOPMENT CELL 2023-24 EVEN SEMESTER



कार्यक्रम में कवियत्री काना सिंह को सम्मानित करते हुए पदाधिकारी • लौ. कालेज

कवियत्री काना सिंह को काना गुजरखानी पुरस्कार से नवाजा

जागरण संवाददाता, लुधियाना : गुरु नानक खालसा कालेज फर वुमन गुजरखान कैंपस ने पंजाब आर्ट्स काउंसिल के सहयोग से कालेज परिसर में प्रसिद्ध पंजाबी लेखिका और कवियत्री काना सिंह के साथ आमने-सामने तैरे सन्मुख का आयोजन किया। पंजाब कला परिषद, चंडीगढ़ के अध्यक्ष, पद्मश्री डा. सुरजीत पातर ने भी अपनी सौम्य उपस्थिति से इस अवसर को बढ़ाई। प्रिंसिपल डॉ. मनीता काहलों ने मेहमानों और पंजाबी साहित्य के क्षेत्र से अन्य गणमान्य व्यक्तियों का स्वागत किया। पंजाबी साहित्यकार काना सिंह गुजरखान पाकिस्तान से हैं। उन्होंने गुजरखान में बचपन के किस्से साझा किए। उन्होंने मातृभाषा पंजाबी को बढ़ावा देने की आवश्यकता पर जोर दिया। कवियत्री काना सिंह को पंजाबी साहित्य के साथ ही समाज में उनके योगदान के लिए काना गुजरखानी पुरस्कार से सम्मानित किया गया।

07-03-2024 DainikJagran Page 3 Column 2

पंजाबी कवित्री और लेखिका काना सिंह विद्यार्थियों से हुई रुबरु

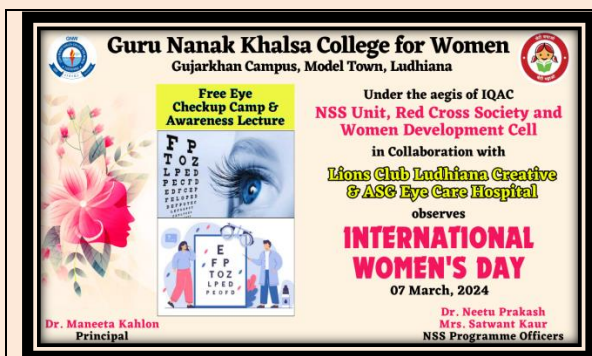
जीएनकेसीडब्ल्यू में पंजाबी लेखिका और कवित्री काना सिंह को सम्मानित करते कालेज प्रबंधक साथ में पद्मश्री डा. सुरजीत पातर।

सवरो न्यूज/रजनी लुधियाना : गुरु नानक खालसा कॉलेज फॉर विमन, गुजरखान कैंपस में पंजाब आर्ट्स काउंसिल के सहयोग से प्रसिद्ध पंजाबी लेखिका और कवित्री काना सिंह के साथ आमने-सामने 'तैरे सन्मुख' कार्यक्रम का आयोजन किया। पंजाब कला परिषद, चंडीगढ़ के अध्यक्ष, पद्मश्री डा. सुरजीत पातर ने भी अपनी सौम्य उपस्थिति से इस अवसर को शोभा बढ़ाई। प्रिंसिपल डॉ. मनीता काहलों ने मेहमानों और पंजाबी साहित्य के क्षेत्र से अन्य गणमान्य व्यक्तियों का स्वागत किया। प्रसिद्ध पंजाबी साहित्यकार काना सिंह, जो गुजरखान (पाकिस्तान) से हैं, ने गुजरखान में बिताए अपने बचपन के दिनों के दौरान अपने जीवन के किस्से साझा किए। उन्होंने अपनी पाली पीढ़ी के साथ अपनी मातृभाषा-पंजाबी को बढ़ावा देने की आवश्यकता पर जोर दिया। महिला दिवस समारोह के हिस्से के रूप में, कवियत्री काना सिंह को पंजाबी साहित्यिक क्षेत्र के साथ-साथ समाज में उनके योगदान के लिए 'काना गुजरखानी पुरस्कार' से सम्मानित किया गया। सभा को संबोधित करते हुए डॉ. पातर ने प्रमुख पंजाबी लेखकों के साथ बातचीत के महत्व के बारे में बात की। महासचिव, इंजीनियर. गुरविंदर सिंह ने अतीत और वर्तमान को एक ही मंच पर लाने और इसे आने वाली पीढ़ियों के लिए एक ऐतिहासिक क्षण बनाने की पहल करने के लिए काना सिंह और डॉ. पातर का आभार व्यक्त किया।

07-03-2024 DainikSavera Page 5 Column 1

Eye Check-up Camp at GNKCW

DATE	ACTION TAKEN
<p>March 07, 2024</p>	<p>Under the aegis of Internal Quality Assurance Cell, the NSS unit, Red Cross Society, and Women Development Cell of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized an eye check-up camp that demonstrates a strong commitment to the well-being of both students and staff members in the college campus today. Celebrating International Women's Day with such a practical and beneficial event shows a dedication to the empowerment and health of women in the community.</p> <p>In partnership with esteemed allies such as the Lions Club and ASG Hospital, renowned for their unwavering commitment to healthcare excellence, the college facilitated a comprehensive eye care program. Over 242 participants, including both teaching and non-teaching staff as well as students, actively engaged in the eye camp. The staff of the Hospital generously shared their expertise, providing valuable insights on eye care to all participants, thereby contributing significantly to raising awareness among our college community. Moreover, the sponsorship by the Lions Club and their provision of spectacles at reasonable rates, as well as free spectacles to needy students, highlights the tangible impact of such initiatives in addressing the needs of individuals with eye-related issues.</p>
<p>LINK</p>	<ol style="list-style-type: none"> 1. https://www.facebook.com/gnwludhiana/posts/pfbid02HCdmcS8t3US1o4pkV3BmoLpmFBCQqafoJSgbJEQsfJ8BdreWVsfhcvQQZS7imW151 2. https://www.instagram.com/p/C4SRoX3Rt9n/?next=%2F&img_index=1





08-03-2024 Punjabi Jagran Page 2 Column 3



Motivational Lecture on Women Empowerment at GNKCW

DATE	ACTION TAKEN
March 09, 2024	<p>Under the aegis of Internal Quality Assurance Cell, Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized a motivational Lecture on Women Empowerment on March 09, 2024. This lecture was organized as part of Women's Day celebrations.</p> <p>S. Bhupinder Singh (USA), a motivational speaker was the resource person. While addressing the students, he talked about the real definition of success and how we should learn humanity to relish our greatness. The lecture was followed by an interactive session in which students directly asked their questions to the resource person. While answering the queries, he quoted various examples from Gurbani and motivated students to follow ethics and morals in their life.</p> <p>Other dignitaries present on the occasion were Smt. Kanwaljeet Kaur, Rana Inderjit Singh, Sukhwinder Singh (Vice Principal, Gurmat Gyan Missionary College), S. Jujhar Singh, S. Sahib Singh and Smt. Kuldeep Kaur.</p>
LINK	<ol style="list-style-type: none"> https://www.facebook.com/gnwludhiana/posts/pfbid0h4mLBWBmU9fSVS4Goo6L9DCAW1xAyC3LdZzkfgeDN6XcX4kBrqtgpPJPcEj1tVDT1 https://www.instagram.com/p/C4SYpflxG_-/?next=%2F&img_index=1 https://www.instagram.com/p/C4SYUWhxB0I/?next=%2F&img_index=1



Lecture on women empowerment
 Under the aegis of internal quality assurance cell, Guru Nanak Khalsa College for Women organised a motivational lecture on women empowerment as part of Women's Day celebrations. Motivational speaker Bhupinder Singh was the resource person. He urged the students to inculcate ethics and morals in their lives. The lecture was followed by an interactive session in which students asked the resource person questions.



10-03-2024 The Times of India Page 2 Column 5

GNKCW organized health talk for Women

DATE	ACTION TAKEN
March 11, 2024	<p>Under the aegis of Internal Quality Assurance Cell, Women Development Cell of Guru Nanak Khalsa college for Women organized health talk for students in continuation with celebrations of Women’s day. Resource persons for the session were Dr. Priya Bansal, Associate Consultant in Obstetrics and gynecology at Fortis hospital, Ludhiana, and Dr. Puneet Walia, Clinical Nutritionist at Fortis Ludhiana. During the talk, Dr. Priya Bansal talked about regularity of periods, painful symptoms during periods, occurrence of fibroids, their sizes, PCOD and its causes, hormonal imbalance, cervical cancer, their clinical features and treatment options including medicine and surgeries, available vaccinations. Dr. Puneet Walia stressed upon the need of balanced diet, nutrients, eating habits, intake of junk food and consequences, diet during diseases, nutritional content of food items, ideal contents of food plate, food groups and benefits of healthy eating. Queries of students were answered in an effective manner.</p>
LINK	https://www.facebook.com/gnwludhiana/posts/pfbid0joHiz4Mi7jACzSk7vG58WUEPPAjWCkFQKtftCxtKt1fN8igkVFnjX784emudiPa6l





12-03-2024 The Times of India Page 2 Column 4



12-03-2024 DainikJagran Page 3 column 7

Free Body Index Checkup Camp

DATE	ACTION TAKEN
May 28 ,2024	<p>Under the aegis of IQAC, Women development Cell of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana organized free body Mass index Checkup Camp. It was conducted in association with Panchtatva Wellness Center to monitor the health of the staff members. 30 staff member got their BMI tested. Medical related issues were addressed and guidance was given by the team of wellness and health care coaches - Mrs Navneet Kaur, Mr Gurpreet Singh and Mr. Shelly Misri of panchtatva Wellness center.</p> <p>Principal,Dr. ManeetaKahlon, appreciated WDC for organizing the camp and thanked the team for promoting awareness about preventive healthcare measures and educating staff members to follow various steps for healthy lifestyle.</p>
LINK	<p>1. https://www.facebook.com/share/p/XsnCMpJVME8LvgzB/?mibextid=xfxF2i 2. https://www.facebook.com/share/p/XsnCMpJVME8LvgzB/?mibextid=xfxF2i</p>



ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ ਵਿਖੇ ਕੈਂਪ ਦੌਰਾਨ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਮਨੀਤਾ ਕਾਠਲੋਂ, ਸਟਾਫ ਤੋਂ ਹੋਰ। ਪੰਜਾਬੀ ਜਾਗਰਤ

ਮੁਫਤ ਬਾਡੀ ਮਾਸ ਇੰਡੈਕਸ ਚੈਕਅੱਪ ਕੈਂਪ ਲਗਾਇਆ

ਪੁਨੀਤ ਬਾਵਾ, ਲੁਧਿਆਣਾ : ਇੰਟਰਨਲ ਕੁਆਲਿਟੀ ਅਸ਼ੋਰੈਂਸ ਸੈਲ ਦੀ ਅਗਵਾਈ ਹੇਠ ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ ਲੜਕੀਆਂ ਗੁਜਰਾਨਾ ਕੈਂਪਸ ਮਾਡਲ ਟਾਊਨ ਲੁਧਿਆਣਾ ਵਿਖੇ ਕੈਂਪ 'ਚ ਮੁਫਤ ਬਾਡੀ ਮਾਸ ਇੰਡੈਕਸ ਚੈਕਅੱਪ ਕੈਂਪ ਲਗਾਇਆ ਗਿਆ। ਇਹ ਕੈਂਪ ਪੰਚਤਵ ਵੈਲਨੈੱਸ ਸੈਂਟਰ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਲਗਾਇਆ ਗਿਆ। ਕੈਂਪ 'ਚ ਲਗਪਗ 30 ਸਟਾਫ ਮੈਂਬਰਾਂ ਨੇ ਆਪਣਾ ਬੀਐਮਆਈ ਟੈਸਟ ਕਰਵਾਇਆ। ਵੈਲਨੈੱਸ ਅਤੇ ਹੋਲਸ ਕੋਅਰ ਕੋਚਾਂ ਨਵਨੀਤ ਕੌਰ,

ਗੁਰਪ੍ਰੀਤ ਸਿੰਘ ਅਤੇ ਸ਼ੋਲੀ ਮਿਸ਼ਰੀ ਦੀ ਟੀਮ ਦੁਆਰਾ ਮੈਡੀਕਲ ਨਾਲ ਸਬੰਧਤ ਮੁਦਿਆਂ ਨੂੰ ਹੱਲ ਕੀਤਾ ਗਿਆ ਅਤੇ ਮਾਰਗਦਰਸ਼ਨ ਦਿੱਤਾ ਗਿਆ। ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਮਨੀਤਾ ਕਾਠਲੋਂ ਨੇ ਕੈਂਪ ਦੇ ਲਗਾਉਣ ਲਈ ਵਰਮੇਂ ਡਿਵੈਲਪਮੈਂਟ ਸੈਲ ਦੀ ਸ਼ਲਾਘਾ ਕੀਤੀ ਅਤੇ ਸਿਹਤ ਸੰਭਾਲ ਉਪਾਵਾਂ ਬਾਰੇ ਜਾਗਰੂਕਤਾ ਨੂੰ ਉਤਸ਼ਾਹਿਤ ਕਰਨ ਤੇ ਸਿਹਤਮੰਦ ਜੀਵਨ ਸ਼ੈਲੀ ਲਈ ਵੱਖ-ਵੱਖ ਕਦਮਾਂ ਦੀ ਪਾਲਣਾ ਕਰਨ ਲਈ ਸਟਾਫ ਮੈਂਬਰਾਂ ਨੂੰ ਜਾਗਰੂਕ ਕਰਨ ਲਈ ਟੀਮ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ।

ਜੀਏਨਕੇਸੀਡਬਲਯੂ ਮੈਂ ਨਿ:ਸ਼ੁਲਕ ਬਾਡੀ ਮਾਸ ਇੰਡੈਕਸ ਜਾਚ ਸ਼ਿਵਿਰ ਆਯੋਜਿਤ

ਸਵੇਰਾ ਨਯੂਜ਼/ ਰੜੀ

ਲੁਧਿਆਣਾ, 28 ਮਈ: ਇੰਟਰਨਲ ਕੁਆਲਿਟੀ ਐਂਸ਼ੋਰੈਂਸ ਸੈਲ ਦੇ ਤਵਕਾਫ਼ਾਨ ਟੀਮ ਨਵਨੀਤ ਕੌਰ, ਗੁਰਪ੍ਰੀਤ ਸਿੰਘ ਅਤੇ ਸ਼ੋਲੀ ਮਿਸ਼ਰੀ ਦੁਆਰਾ ਮਾਰਗਦਰਸ਼ਨ ਦਿੱਤਾ ਗਿਆ। ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਮਨੀਤਾ ਕਾਠਲੋਂ ਨੇ ਕੈਂਪ ਦੇ ਲਗਾਉਣ ਲਈ ਵਰਮੇਂ ਡਿਵੈਲਪਮੈਂਟ ਸੈਲ ਦੀ ਸ਼ਲਾਘਾ ਕੀਤੀ ਅਤੇ ਸਿਹਤ ਸੰਭਾਲ ਉਪਾਵਾਂ ਬਾਰੇ ਜਾਗਰੂਕਤਾ ਨੂੰ ਉਤਸ਼ਾਹਿਤ ਕਰਨ ਤੇ ਸਿਹਤਮੰਦ ਜੀਵਨ ਸ਼ੈਲੀ ਲਈ ਵੱਖ-ਵੱਖ ਕਦਮਾਂ ਦੀ ਪਾਲਣਾ ਕਰਨ ਲਈ ਸਟਾਫ ਮੈਂਬਰਾਂ ਨੂੰ ਜਾਗਰੂਕ ਕਰਨ ਲਈ ਟੀਮ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ।

ਕੋ ਸੰਬੰਧਿਤ ਕੀਤਾ ਗਿਆ ਅਤੇ ਕਲਿਆਣ ਆਰ ਸਵਾਸਥ ਡੇਵਲਪਮੈਂਟ ਪ੍ਰੋਗਰਾਮਾਂ ਦੀ ਟੀਮ ਨਵਨੀਤ ਕੌਰ, ਗੁਰਪ੍ਰੀਤ ਸਿੰਘ ਅਤੇ ਸ਼ੋਲੀ ਮਿਸ਼ਰੀ ਦੁਆਰਾ ਮਾਰਗਦਰਸ਼ਨ ਦਿੱਤਾ ਗਿਆ। ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਮਨੀਤਾ ਕਾਠਲੋਂ ਨੇ ਕੈਂਪ ਦੇ ਲਗਾਉਣ ਲਈ ਵਰਮੇਂ ਡਿਵੈਲਪਮੈਂਟ ਸੈਲ ਦੀ ਸ਼ਲਾਘਾ ਕੀਤੀ ਅਤੇ ਸਿਹਤ ਸੰਭਾਲ ਉਪਾਵਾਂ ਬਾਰੇ ਜਾਗਰੂਕਤਾ ਨੂੰ ਉਤਸ਼ਾਹਿਤ ਕਰਨ ਤੇ ਸਿਹਤਮੰਦ ਜੀਵਨ ਸ਼ੈਲੀ ਲਈ ਵੱਖ-ਵੱਖ ਕਦਮਾਂ ਦੀ ਪਾਲਣਾ ਕਰਨ ਲਈ ਸਟਾਫ ਮੈਂਬਰਾਂ ਨੂੰ ਜਾਗਰੂਕ ਕਰਨ ਲਈ ਟੀਮ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ।

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Annual General Gender Sensitization Plan Action Plan (2023-2024 even semester)

Activity	Responsibility	Action	Outcome
Infrastructure			
Arrangements for the safety of Students.	Administrative office	Installation of new HD cameras in all important places for better clarity	For the Safety of Women Students.
Check the functioning of Grievance Redressal cell.	Coordinator of Grievance redressal cell	Dealing with the complaints related to Gender issues, ragging and other matters.	During the inspection of the College no such issues has taken place.
Faculty Development			
Enhance Student Teacher relationship to enhance students Performance.	Department heads	Offering financial and non-financial support to the identified students.	Improved student support services.
Student retention rate increased.	Department heads	Encouragements of students through co-curricular activities.	Low drop out ratio.
Oversee student performance and success rate and attainment of programme outcomes.	Department heads	Remedial classes , Coaching for competitive exams, Placement training	Pass percentage of students is more than 75% (Given in table below)
Faculty Development			
Organizing activities for gender parity.	Principal	Awareness Raised among the teachers on the behavior of teenagers.	Improved student teacher relationship.
Participation in programs on gender sensitization.	Principal	Instruct faculty to handle gender issues.	Highlighted the importance of values, culture and traditions.
Raising level of sensitization for gender parity awareness and aspirations.			

Activities were organized on gender equity, social media and cyber security. Conduct programs to make realize their full potential.	IQAC	Promoting equality and diversity, eliminating discrimination by creating an environment that reflects our commitment to social justice. Also, helping students identify and develop their intellectual m sporting and cultural passions and supporting students to reach their full potential.	Participation of students in various cultural, curricular and extracurricular events have improved and their self-confidence has also been raised.
Encouraging applications			
Visited local schools and promoting students to enroll for higher education.	Admission committee	Regular visit by the teachers in local schools and raise awareness about higher education.	Enrollment of students from rural sections is high, especially for sport category.
Increased Faculty retention rate through good governance.	Administrative office	All Necessary welfare measures provided.	High retention rate.

Annual Specific Gender Sensitization Plan Action Plan (2023-2024 even semester)

Sr. No.	Action plan	Organized By	Outcome	Date
1	Seminar on Women Entrepreneurship and Self Employment	IQAC, Women development cell, Department of Economics	Encouragement of students for self-employment	January 09, 2024
2	Celebration of National girl child day	IQAC, Women development cell	Celebration of one's self	January 24, 2024
3	Celebration of International Day of Women and Girls in Science	IQAC, Women development cell, Department of computer applications	Encouraging women students	February 12, 2024
4	Celebration of National Women's day	IQAC, PG department of English, Women development cell	Encouraging women students	February 13, 2024
5	Valentine carnival for college alumni	IQAC, Women development cell, Alumni association	Encouragement of students for self-employment	February 14, 2024
6	Celebration of National safety day	IQAC, Women development cell	Spreading awareness among women students in regard to their safety	March 04, 2024
7	Eminent Punjabi Author Kana Singh felicitated	IQAC, Women development cell	Introducing eminent author to the fresh talent	March 06, 2024
8	Eye Check-up Camp	IQAC, Nss unit, Red cross society, Women development cell	Spreading of awareness about eye health	March 07, 2024

9	Celebration of Women's day by organizing Health talk for women	IQAC, Women development cell	Spreading health awareness among students	March 11, 2024
10	Free body mass index check up camp	IQAC, Women development cell	Spreading health awareness among students	May 28, 2024