

Best Practices

2023-2024

PRACTICE 1

1. TITLE OF THE PRACTICE:

To generate awareness regarding crucial social and health issues under the Youth and Red Ribbon Club

2. OBJECTIVES OF THE PRACTICE (100 words)

The main aim of this practice is to make students aware of important social and health issues through activities organized by the Youth and Red Ribbon Club. The club conducts workshops, seminars, and interactive sessions to raise awareness and reduce stigma against AIDS and Tuberculosis, to lessen discrimination against PLWH (People Living with HIV/AIDS), and to encourage voluntary blood donation. The objective of the club is to prepare the youth as peer educators and agents of change by developing their skills like leadership, team building etc. The initiative supports the college's goal of promoting overall development and building socially aware individuals.

3. THE CONTEXT (150 WORDS)

In today's rapidly evolving world, creating awareness about critical social and health issues among young people is essential for fostering responsible and empathetic citizens. The Youth and Red Ribbon Club of the college addresses this need by educating students on vital topics of concern. It is also instrumental in developing self-confidence and life skills among students by organizing activities that offer opportunities to interact with peers and learn new skills. The Red Ribbon Club (RRC) is a sub-body of the Youth Club and operates under the guidelines of the Directorate of Youth Services, Ludhiana, Government of Punjab.

By organizing workshops, seminars, interactive sessions, quiz, and poster-making/ slogan-writing/ collage-making competitions, the club equips students with knowledge and skills to navigate challenges and make informed decisions. This practice also aligns with the college's mission of holistic education, encouraging students to actively engage with societal concerns and contribute to positive change. Such initiatives are crucial in shaping a generation that is not only academically proficient but also socially conscious and proactive in addressing global challenges.

4. THE PRACTICE (400 WORDS)

The Red Ribbon Club of our college is working under the guidance of **RRC Coordinators, Dr. Nidhi Sharma and Ms. Daisy Wadhwa**. Two student representatives **Rudakshi Ghatore (BBA-III, 212704) and Hritika Singh (BCA-II, 221911)**, along with **77 other volunteers** comprised the strength of the club in the session 2023-24. Highlights of the current year are as follows:

- A free Blood Test Camp was organized in collaboration with the Lions Club Ludhiana Creative to commemorate World Health Day on April 03, 2024.
- World TB Day was observed on March 30, 2024. The club coordinators, Dr. Nidhi Sharma and Ms. Daisy Wadhwa, led the informative session to raise awareness about tuberculosis (TB), its causes, prevention methods, and available cures.
- Martyrdom Day was celebrated on March 23, 2024. A multitude of activities marked the day, including a spirited cycle rally, a thought-provoking seminar, and a 'Nukkad Natak.'
- World Cancer Day was observed on February 05, 2024. Students raised awareness through informative presentations on the various facets of cancer prevention and early detection.
- An awareness talk to mark World Leprosy Eradication Day was organized on January 29, 2024. The college Principal, Dr. Maneeta Kahlon was the resource person for the lecture.
- Republic Day was celebrated on January 25, 2024.
- National Youth Day was celebrated on January 12, 2024. A lecture was conducted by Dr. Madhu, Head of the Department of Sociology, emphasizing the importance of raising awareness about community engagement.
- Dr. Nidhi Sharma and Ms. Daisy Wadhwa, along with the four student volunteers, attended the State Level function to observe World AIDS Day organized by the National AIDS Control Organization (NACO) on December 01, 2023.
- An awareness talk to mark National Cancer Awareness Day was organized on November 7, 2023. The college Principal, Dr. Maneeta Kahlon was the resource person for the session.
- Directorate of Youth Services Punjab in collaboration with Punjab State AIDS Control Society organized a State Level Capacity-building workshop for the nodal officers of Red Ribbon clubs at Guru Nanak Khalsa College for Women on November 02, 2024. Ms. Pavan Rekha (Joint Director, PSACS) and Dr. Harinder Bir (Deputy Director, PSACS) were the resource persons. On this occasion, drama and reel-making competitions were also held.
- Dr. Nidhi Sharma and Ms. Daisy Wadhwa attended a District Level Advocacy Meeting of Red Ribbon Clubs organized by the Directorate of Youth Services, Ludhiana, on October 4, 2023, at SCD Government College, Ludhiana. The meeting was also attended by two peer educators, Hritika Singh and Ravneet Kaur, students of BCA- 3rd Semester.
- World Rose Day dedicated to the welfare of cancer patients was observed on September 22, 2023.
- An awareness drive was conducted on the campus to sensitize the students about basic first-aid skills on September 12, 2023, to mark World First-Aid Day.

- International Youth Day was celebrated on August 12, 2023, on the theme 'Green Skills for Youth: Towards a Sustainable World'. Madam Principal, Dr. Maneeta Kahlon conducted a session on the importance of nurturing eco-friendly skills and behaviors among the young generation.
- On August 11, 2023, the members of the club participated in a marathon and an awareness session on HIV/ AIDS and Drug abuse organized by the Directorate of Youth Services, Ludhiana in collaboration with Punjab State AIDS Control Society at SCD Government College, Ludhiana.
- The Youth & Red Ribbon Clubs conducted a member registration drive on August 07, 2023. 79 students of the college participated in this drive.
- World Hepatitis Day was observed on July 28, 2023. An awareness session was conducted.
- International Day of Drug Abuse and Illicit Trafficking was observed on June 26, 2023. Discussions, a pledge ceremony, and a play were organized on this occasion.

5. EVIDENCE OF SUCCESS (200 WORDS)

The activities organized by the RRC of our college during 2023-24 were met with significant success, evidenced by widespread participation, impactful awareness campaigns, and collaborative engagements. A total of 18 diverse activities, including awareness sessions, workshops, and commemorative events, were conducted and each initiative saw enthusiastic involvement from students, faculty, and external stakeholders. For instance, the Blood Test Camp held on World Health Day benefitted a large number of people, while the TB awareness session educated attendees on critical prevention strategies. National observances such as Republic Day, World Cancer Day, and Martyrdom Day fostered patriotic and community spirit through seminars, rallies, and cultural performances.

Collaborations with organizations like the Lions Club, Punjab State AIDS Control Society, and the Directorate of Youth Services added credibility and reach to our efforts. State-level participation in World AIDS Day and capacity-building workshops further highlighted the club's commitment to social responsibility.

The success is reflected in measurable outcomes such as increased awareness, skill development, and proactive engagement. The registration of 79 new members for the club and participation in national and district-level events underscore the club's growing impact in fostering a healthy and informed community.

6. PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED (150 WORDS)

The Red Ribbon Club faced several challenges in executing its activities, such as logistical issues in coordinating multiple events, ensuring active participation from students and stakeholders, and managing limited financial and material resources. Establishing collaborations with external

organizations like Lions Club and PSACS required significant communication efforts. Balancing academic schedules with event planning created time management pressures, while measuring the effectiveness of awareness campaigns was challenging.

To overcome these issues, adequate resources were essential. Dedicated volunteers, trained faculty, and collaborative networks with organizations enhanced execution. Infrastructure like venues and audio-visual equipment, along with transportation facilities for participants, was vital. Capacity-building workshops and access to technology for virtual engagements also strengthened efforts. By addressing these needs, the club was able to function more effectively.

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PRACTICE 2

1. TITLE OF THE PRACTICE:

To cultivate political, historical, social, and literary consciousness among the students by observing International and National Days in the college campus

2. OBJECTIVES OF THE PRACTICE (100 words)

The objective of observing International and National Days in the college campus is to inspire students to actively engage with and reflect on significant political, historical, social, and literary issues. These observances aim to cultivate a deeper understanding of the values and events that shape societies, foster critical thinking, and encourage active citizenship. By commemorating these days, the college seeks to promote inclusivity, cultural appreciation, and awareness of global and national challenges. Additionally, these activities provide students with a platform to explore diverse perspectives, enhance their intellectual growth, and develop a sense of responsibility towards their community and the world.

3. THE CONTEXT (150 words)

Observing International and National Days on campus is highly relevant as it connects students with key historical, social, political, and cultural issues that impact their lives and the world. These observances highlight the importance of remembering significant events, honoring influential figures, and reflecting on societal values. By participating in these activities, students develop a sense of identity, cultural appreciation, and global awareness.

International/World Days such as World Environment Day, World Water Day, and International Yoga Day promote environmental consciousness and healthy living, aligning with global sustainability goals. Events like World Autism Awareness Day and International Day for Women and Girls in Science highlight social inclusivity and gender equity. Observances like World AIDS Day and World Health Day emphasize public health, while World Heritage Day and World Poetry Day celebrate cultural and artistic heritage.

National Days, including Republic Day, National Youth Day, and National Unity Day, instill patriotism and awareness of India's democratic and cultural ethos. Observing the anniversaries of national heroes like Bhagat Singh and Lala Lajpat Rai honors their legacies, inspiring students to contribute meaningfully to society.

These activities cultivate a sense of global citizenship and national pride, nurturing informed, socially responsible individuals.

4. THE PRACTICE (400 words)

The following Important International/ National Days were observed during 2023-24:

International/World Days

- International Biodiversity Day and World Environment Day was celebrated in the college in collaboration with Punjab Biodiversity Board (PBB). The celebrations began on May 22, 2024.
- World Telecommunication and Information Society Day on the theme "Digital Innovation for Sustainable Development" was celebrated in the college on May 18, 2024. On this occasion, a workshop on how digital tools can enhance teaching methods was conducted for faculty members.
- World Book and Copyright Day was celebrated on April 23, 2024 by the House of Readers and PG Department of English.
- World Earth Day was observed on April 22, 2024 by Eco Club and NCC Wing of the college. The theme for the celebration was "Plants vs Plastic." On this occasion, students marked a unique idea by growing plants in the waste plastic articles like bottles, plates, glasses, bowls etc.
- World Heritage Day was celebrated on April 19, 2024 by the Department of Punjabi. Mrs. Prabhjot Kaur, Head Department of Punjabi was the Resource Person.
- World Art Day was celebrated in the college campus on April 15, 2024. 15 students of Fine Arts engaged in a multitude of artistic endeavors, showcasing their creativity through various themes like still life, rural life, landscape, flower study etc.
- World Health Day was observed in the college on April 03, 2024. A free blood testing camp was organized by the college in collaboration with the Lions Club, Ludhiana Creative.
- World Autism Awareness Day was observed on April 3, 2024 by the Department of Psychology. Ms. Kusha Mehra, Head of Psychology Department was the Resource Person.
- World Water Day was observed on the theme "Leveraging Water for Peace" by the Water management team under the guidelines of MGNCRE, Ministry of Education, Government of India on March 22, 2024. On this occasion, an awareness lecture was

conducted to sensitize students regarding the various actions that can be taken to tackle the water and sanitation crisis.

- World Poetry Day was celebrated by Illuminati-English Literary Society of the college on March 21, 2024. During the event, members of the society shared their perspectives on poetry, highlighting their favorite poets. The event was conducted under the guidance of Dr. Anupam Vatsyayan, the Coordinator, and Mrs. Gagneet Pal Kaur, the Organizing Secretary.
- World Consumer Rights Day was celebrated on March 15, 2024 on the theme, “Fair and responsible AI for Consumers” by the Department of Economics.
- World Sikh Environment Day was observed by the Greenery Committee of Social Entrepreneurship, Swachhta & Rural Engagement Cell (SES-REC) under MGNCRE, New Delhi on March 14, 2024. As a part of these celebrations, the Music department of the college performed a soulful rendition of the *shabads* of Guru Har Rai Ji, the 7th Guru of the Sikhs. On the auspicious day of *Sangrand*, the *shabads* from *Gurbani* were recited by the students of the Music Department by focusing on the connection between religion and environment.
- International Women’s Day was celebrated in the college on March 07, 2024 in collaboration with the Lions Club and ASG Hospital, Ludhiana. On this day, the NSS unit, Red Cross Society, and Women Development Cell organized a free eye check-up camp. Over 242 participants, including both teaching and non-teaching staff as well as students, actively engaged in the eye camp.
- World Day of Social Justice was observed by the Department of Public Administration on February 20, 2024 with an aim to offer a platform to raise voices against injustice around the globe. Shri Chandar Shekhar Talwar (Retd. IAS and motivational speaker) was the resource person.
- On the occasion of World Radio Day, a Visit to Radio station FM Gold 100.1, Ludhiana was organized on February 13, 2024.
- International Day of Women and Girls in Science was celebrated on February 12, 2024 by Department of Computer Science and Applications. During the event, students were enlightened about the myriad opportunities available through online courses offered by the Swayam platform, Government of India.
- World Cancer Day was celebrated by the Red Ribbon Club on February 05, 2024.
- World Wetlands Day was celebrated by the Department of Public Administration and Eco Club on February 02, 2024. Dr. Parveen Arora delivered an interactive talk on the occasion.
- World Leprosy Eradication Day was observed on January 29, 2024 by Red Ribbon Club. On this day, an awareness talk was delivered by Madam Principal Dr. Maneeta Kahlon.
- International Minorities Rights Day was observed on December 19, 2023. ANO Lt. Sukhjit Kaur was the Resource Person.
- International Human Rights Day was observed on December 11, 2023 by Department of Social Sciences. This day is celebrated every year on December 10 since 1948. The theme of this year’s celebration was ‘freedom, equality, and justice for all’. On this

occasion, college staff served food at Shri Vivekananda Old Age Home, Model town Extension, Ludhiana.

- World Soil Day was observed on December 05, 2023 by Department of Public Administration and Bio Diversity Cell. Dr. Parveen Arora was the Resource Person.
- International Day of Persons with Disabilities was observed on December 04, 2023 by the Department of Sociology. Dr. Madhu Dhawan was the Resource Person.
- World Computer Literacy Day was observed on December 02, 2023 by the Department of Computer Science and Applications. On this occasion, a PowerPoint presentation Session was organized for the faculty to keep educators informed and engaged with the latest advancements in technology and computer science.
- World AIDS Day was observed by Youth and Red Ribbon Clubs and Department of Fine Arts on December 01, 2023. Dr. Nidhi Sharma and Ms. Daisy Wadhwa, the Nodal officers of Red Ribbon Club along with the four student volunteers, Varonica Jindal, Harpreet Kaur, Neelu and Yukti attended the State Level function organized by National AIDS Control Organization.
- International Day for Elimination of Violence against Women was observed on November 25, 2023 by the Department of Sociology and Women Development Cell. On this occasion, a talk was delivered by Dr. Madhu Dhawan, Assistant Professor in Sociology.
- World Mental Health Day was observed by the Department of Psychology on October 16, 2023. On this occasion, students prepared a short skit on mental disorders such as Anxiety and Eating disorders.
- World Animal Day was observed by the Department of Sociology on October 4, 2023. This initiative was dedicated to raise awareness about animal welfare, conservation, and the importance of coexisting harmoniously with all species.
- International Day of Older Persons was observed by the Department of Sociology on October 03, 2023. Dr. Madhu Dhawan, Head, Department of Sociology raised awareness about the challenges and issues faced by older people in the present society.
- World Environment Health Day was celebrated by the Department of Fashion Designing on September 26, 2023. On this occasion, a Bird Feeder-making competition was organized in the college and a poster on social media raising the slogan of “Say no to plastic” was released.
- World Rose Day, dedicated to the welfare of cancer patients, was observed by the Youth and Red Ribbon Clubs on September 22, 2023.
- World’s Alzheimer’s Day was observed by the Department of Psychology on September 21, 2023.
- International Peace Day was observed by the Departments of Sociology and Political Science on September 21, 2023 with strong commitment to global peace. To foster a culture of peace, the day was celebrated with a series of enlightening and engaging events such as poster making competition, poem recitation, inter faith dialogue participation.

- World Bamboo Day was observed on September 18, 2023 by Department of Fashion Designing. A bamboo sapling was planted on the college campus to mark this day. An exhibition cum sale of items made with bamboo was also set up for the faculty and college students.
- International Day of Ozone Prevention was observed on September 16, 2023 by SES REC team and Eco Club of the college.
- International Day of Democracy was observed on September 15, 2023 by Department of Public Administration. Dr. Parveen Arora was the Resource Person.
- World First Aid Day was celebrated on September 12, 2023 by the Youth and Red Ribbon Clubs. An awareness drive was conducted in the campus to sensitize the club members about basic first aid skills in case of minor or serious illness or injury, with care provided to preserve life, prevent the condition from worsening, until medical services arrive.
- World Entrepreneurs' Day was celebrated by the PG Department of Commerce on August 28, 2023. Dr. Punpreet Kaur, Assistant Professor in PG Department of Commerce, was the Resource Person.
- World Photography Day was observed by the Department of Journalism and Mass Communication on August 19, 2023.
- International Youth Day was observed on August 12, 2023 by Youth and Red Ribbon Clubs & NSS Unit of the college. This significant event centered on the theme 'Green Skills for Youth: Towards a Sustainable World,' reflecting the college's commitment to fostering environmental consciousness and sustainable practices among the youth.
- World Nature Conservation Day was observed by the Eco Club in collaboration with SES RECon July 28, 2023.
- World Hepatitis Day was observed by the Youth and the Red Ribbon Club on July 28, 2023
- World Day for International Justice was celebrated by the Department of Sociology in collaboration with Women Development Cell on July 17, 2023
- World Youth Skills Day was celebrated by the Department of Fashion Designing on July 15, 2023
- World Population Day was observed by the Department of Social Sciences on July 11, 2023
- International Plastic Bag Free Day was celebrated on July 04, 2023.
- International MSME Day was observed on June 27, 2023
- International Day Against Drug Abuse and Human Trafficking was observed by the Department of Economics in collaboration with Women Development Cell on June 26, 2023
- International Yoga Day was observed on June 21, 2023. Many activities were conducted in the college in collaboration with Ministry of AYUSH and MyGov.
- World Blood Donor Day was celebrated by the NCC Wing on June 13, 2023

- World Food Safety Day was celebrated by the Department of Home Science on June 07, 2023 on the theme “Food Standards Save Lives” as given under G20.
- World Environment Day was celebrated on June 05, 2023. A number of activities were organized in the college to mark this day.
- World Cycle Day was celebrated by the NSS Unit on June 02, 2023. 28 volunteers participated in the cycle rally along with two program Officers, Dr. Neetu Prakash and Mrs. Satwant Kaur.

National Days

- National Panchayati Raj Day was observed on April 24, 2024 by the Department of Political Science. Head of the Department, Lt. Sukhjit Kaur was the Resource Person.
- Martyrdom Day of Shaheed Bhagat Singh, Rajguru, and Sukhdev Thapar was observed by the NSS Unit, NCC Wing, Ek Bharat Shresth Bharat Club, Red Cross Society, Red Ribbon Club and the Department of Hindi on March 23, 2024. A multitude of activities marked the day, including a spirited cycle rally and a thought-provoking seminar. The Department of Hindi organized a ‘*Nukkad Natak*’ in the college campus to pay homage to the martyrs who fought for the freedom, glory, welfare, and progress of India.
- National Safety Day was observed by the Women Development Cell on March 04, 2024. The main goal of the activity was to highlight safety measures and ensure that students are aware of them and follow them in order to avoid accidents on road. Keeping in mind the theme of “ESG excellence,” students were encouraged to adopt and follow safety measures at road, at home, and at institutions in favour of environmental, social and governance concerns of the nation.
- Central Excise Day was observed by the PG Department of Commerce on February 24, 2024. Mrs. Manpreet Kaur, Assistant Professor, was the resource person on this occasion.
- National Women’s Day was observed on February 13, 2023 by the PG Department of English to mark the 145th Birthday Anniversary of Sarojini Naidu – the Nightingale of India.
- Republic Day was celebrated by NCC Wing, the Departments of Political Science & Hindi on January 25, 2024. The event commenced with the solemn recitation of the National Anthem and the Quality Bharat Pledge. The Department of Hindi presented a thought-provoking *Nukkad Natak* on the theme “*Viksit Bharat*”. A total number of 311 students along with faculty members participated in this event.
- National Voters Day was observed on January 25, 2024 by the Department of Sociology. Dr. Madhu Dhawan highlighted the history and significance of the voters’ day. A signing campaign was launched in the campus followed by poster-making competition. Department of Home Science and Fashion Designing in collaboration with Deputy Commission - cum - District Election Officer, Ludhiana and Government College for Girls, LDH organized Mehendi Competition for students on January 23, 2024 to celebrate National Voters day on January 25, 2024.

- National Girl Child Day was observed on January 24, 2024 by the Department of Fine Arts along with the Women Development Cell under the flagship initiative of Ministry of Women and Child Development. A poster making competition was organized on the theme '*Beti bachao Beti padao,*' in which 36 students participated.
- National Youth Day was observed on January 12, 2024 by various departments of the college:
 - Mass drill & Fitness Demonstrations were held by Department of Physical Education & NSS Unit
 - Participation in online youth pledge during the commemoration of National Youth Day
 - Col. R.S. Chauhan, the Commanding Officer of 3 PB Girls Battalion, NCC Ludhiana, gave a motivational lecture to NCC Cadets
 - Members of the NSS Unit and the NCC Cadets actively participated in the live telecast of the honorable Prime Minister's speech on January 12, 2024, during the inauguration of the 27th National Youth Festival and organization of special events on the same day to commemorate National Youth Day.
 - A Lecture was organized on community engagement by Dr. Madhu Dhawan
- National Human Trafficking Awareness Day was observed on January 11, 2024 by the Department of Computer Science and Applications. The event featured a documentary screening on human trafficking awareness. The documentary shed light on the various facets of human trafficking, including its prevalence, the methods employed by traffickers, and the impact on victims. The event was organized by Ms. Daisy Wadhwa and Mrs. Satwant Kaur.
- National Consumer Rights Day was celebrated on December 23, 2022 by Department of Economics in collaboration with Women Development Cell. An orientation lecture for students, teaching and non-teaching staff was organized to provide knowledge about National Consumer Rights Day. Mrs. Seema Dua (Head, Department of Economics) Dr. Shikha Bajaj (Co-coordinator of Women Development Cell), and Ms. Neha Dawar were the resource persons.
- National Energy Conservation Day was observed by Energy Management Team on December 14, 2023.
- Armed Forces Flag Day was observed on December 07, 2023 by the NCC Wing of the college. ANO Lt. Sukhjit Kaur was the Resource Person.
- Indian Constitution Day was observed by the Departments of Public Administration and Political Science, and NCC Wing of the college on November 25, 2023. A number of activities were planned to celebrate this day.
- NCC Day was observed on November 25, 2023 by the NCC Wing of the college. Cadets along with Madam Principal Dr. Maneeta Kahlon, and teachers of the college took a pledge to preserve national unity, promote religious harmony, and development of the community as a whole.
- Women Entrepreneurship Day was observed by Women Development Cell and Department of Economics on November 20, 2023.

- National Cancer Awareness Day was observed by the Youth and Red Ribbon Clubs on November 08, 2023.
- National Unity Day was observed by the NSS Unit on October 31, 2023 to pay tribute to veteran freedom fighter Sardar Vallabhbhai Patel.
- National Small Industry Day was observed by the Department of Economics on August 30, 2023.
- National Sports Day was observed by the Department of Physical Education on August 29, 2023.
- National Senior Citizen Day was observed by the Department of Sociology on August 21, 2023. On this occasion a visit to Nishkam Sewa Ashram, Village Bihla (Dist. Ludhiana) was organized as a part of community outreach day activity.
- Anti Ragging Day was observed by the Discipline and Anti-ragging committee on August 12, 2023.
- 76th Independence Day was celebrated by the NCC Wing and Department of Hindi under the theme “Meri Maati Mera Desh” on August 12, 2023. Various other activities were organized under the campaign of “Meri Maati Mera Desh” on August 14, 2023 by NSS Unit, EK Bharat Shreshtha Bharat and Department of Music to celebrate Independence Day.
- Quit India Movement Day was observed by the Department of Public Administration & History, along with Legal Literacy Club on August 08, 2023.
- National Handloom Day was observed on August 07, 2023 by Department of Fashion Designing. Dr. Shikha Bajaj, Head of Fashion Designing Department moderated the event and shared details about the position of the handloom sector in the country. A short video of handloom weaving was also played for the students.
- Organ Donation Day was observed by the NSS Unit on August 03, 2023.
- Income Tax Day was observed by the PG Department of Commerce on July 24, 2023. Mrs. Manpreet Kaur, Associate Professor, was the resource person.
- GST Day was observed by the PG Department of Commerce on July 1, 2023. Mrs. Manmeet Kaur, Associate Professor, was the resource person.
- Happy Reading Day was observed in the college by Women Development Cell, House of Readers and PG Department of English on June 19, 2023

Important Diwas/Jayanti/Weeks/ Months

- The 133rd Birth Anniversary of National Hero Dr. B.R Ambedkar was celebrated in the college on April 15, 2024. A special assembly was conducted by Lt. Sukhjit Kaur. 52 students and cadets along with faculty members participated in this activity.
- Eating Disorders Awareness Week was observed by the Department of Psychology. As a part of the program, an extension lecture was organized in the college campus on February 29, 2024.

- 159th Birth Anniversary of the eminent freedom fighter, Lala Lajpat Rai was celebrated on January 27, 2024 by the Department of History.
- Parakram Diwas was celebrated on January 23, 2024 by Department of History to celebrate 127th birth anniversary of Subhash Chandra Bose.
- A class activity on January 11, 2024 was organized by the Department of History to mark the occasion of 58th Death Anniversary of Lal Bahadur Shastri, the former Prime minister of India. Dr. Balbir Kaur (Head of the Library) was the Resource person.
- National Road Safety Week was celebrated from January 11-17, 2024 by the NSS Unit. On January 15, 2024 a rally was organized from college to Children Traffic Training Park, Model Town, Ludhiana. NSS, EBSB club, and Red Cross Society organized a lecture on road safety and traffic rules awareness in the college campus on January 18, 2024 to mark the Culmination of the Road Safety and Traffic rules Awareness Week. ASI Rajesh Kumar and ASI Gurcharan Singh, Police Station, Model Town, Ludhiana were the resource persons.
- World Hindi Diwas was celebrated on January 10, 2024 by Department of Hindi. A number of activities were organized as a part of the event, including poem recitation, dance performances, and nukkad natak.
- Geeta Jayanti Diwas was celebrated by the Code of Conduct Committee on December 22, 2023. On this occasion, various faculty members expressed their views on the Holy Book, Gita. They expressed that how Gita tells you a way of living. The activity was conducted under the guidance of Mrs. Seema Dua (Co-coordinator of Code of Conduct Committee).
- Swarnim Vijay Diwas was observed on December 16, 2023 by Department of Political Science and NCC Wing to commemorate the victory of the Indian Armed forces over Pakistan in the 1971 Indo-Pak war.
- Bhartiya Bhasha Diwas was observed on December 11, 2023 by the Department of Hindi. Ms. Asha, Assistant Professor, Department of Hindi was the Resource Person.
- Department of Physical Education organized many activities to celebrate Fit India Week w.e.f. November 15, 2023. Activities like yoga and meditation sessions, and indigenous games were arranged for the students during the week. In addition, students also installed Fit India mobile app in their mobile phones.
- '3rd Janjatiya Gaurav Diwas' was observed on November 15, 2023 by the Department of History on the occasion of Birth Anniversary of Bhagwan Birsa Munda. Mrs. Sandeep Kaur, Assistant Professor, Department of History enlightened the students about the sacrifices of Birsa Munda during the activity.
- Vigilance Awareness Week (October 30-November 05, 2023) was observed by Discipline and Anti-ragging committee by organizing various activities in the college. As per the directions of Central Vigilance Commission, Government of India, an online Pledge Ceremony was also held on the theme "Corruption free India for a developed nation." On November 03, 2023, an essay writing activity was held on the theme "Say no to Corruption."

- Gandhi Jayanti was celebrated by NCC Wing, NSS Unit, SES REC and all other Clubs/Committees on October 02, 2023. A number of activities were organized in the college on this occasion
 - A seminar on the importance of Swachhta was conducted for the students and faculty members.
 - A Swachhta run was also organized by the NSS Unit of the college and a Swachhta Rally was also organized by NCC Cadets of the college.
 - Students expressed their thoughts on the “Significance of keeping the surroundings Clean” through Essay writing competition.
 - The Department of Fine Arts organized a Poster Making and Painting Competition under the guidance of Mrs. Harpreet Kaur and Mrs. Balwinder Kaur on the importance of Swachhata on October 2, 2023. 17 students in Poster Making and 20 students in painting Competition actively participated to pay humble tributes to Mahatma Gandhi, who was a staunch advocate for cleanliness, sanitation, and non-violence.
 - It was followed by Debate competition in which students of various classes expressed their views on “India will be able to achieve its mission of Swachhta by 2047”
- The birth anniversary of Bhai Ghanaiya Ji was observed by NSS Unit, Ek Bharat Shrestha Bharat Club and Department of Music on September 20, 2023.
- Hindi Diwas was celebrated on September 14, 2023. A number of activities were organized including poem recitation, dance performances, nukkad natak etc. While addressing the students, Ms. Asha, Head of Hindi Department, explained the importance of the day.
- Akshay Urja Diwas was celebrated by the SES REC team on August 23, 2023.
- Anti-Ragging Week was observed from August 12-18, 2023. A number of activities were conducted in the college like poster-making competition and Nukkad Natak.
- The Kargil Vijay Diwas was observed by the NCC Wing on July 26, 2023. In the morning, the teachers observed two minutes of silence in remembrance of the Kargil Martyrs. Posters were also made by the cadets and candles were lit in memory of the soldiers who fought Kargil war.
- Guru Purnima was celebrated on July 03, 2023. On this occasion, teachers of the college paid tributes to their Gurus and shared their life experiences.

5. EVIDENCE OF SUCCESS (200 WORDS)

The college’s observance of international and national days has proven successful in promoting awareness, education, and active participation among students and faculty. Celebrations like World Environment Day and International Yoga Day attracted substantial participation, integrating activities such as workshops, rallies, and creative competitions, highlighting environmental and health concerns. The impactful observance of World Autism Awareness Day

and World Water Day showcased the college's commitment to societal issues by organizing expert lectures and innovative student initiatives.

On national days, events such as Republic Day and Martyrdom Day invoked patriotism and civic engagement through cultural performances and thought-provoking seminars. Observances like National Panchayati Raj Day and National Voters Day successfully educated students about their democratic responsibilities through interactive sessions.

Creative ventures, such as the use of waste plastic for plantation on World Earth Day, emphasized sustainability, while initiatives like World AIDS Day connected students to state-level programs, enhancing outreach. Additionally, activities organized for International Women's Day and National Girl Child Day empowered participants through health camps and competitions.

The college's systematic approach to these events has fostered inclusivity, environmental responsibility, and cultural pride, shaping a well-rounded, socially aware academic environment.

6. PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED (150 WORDS)

Organizing international and national days faces challenges such as insufficient funding, low audience turnout, and logistical issues like the unavailability of speakers or necessary materials. Clashing academic schedules and students' lack of awareness further reduce participation, while outdoor events can be disrupted by bad weather and virtual or hybrid events may face technical glitches. To address these issues, adequate funding is needed for promotional materials, speaker fees, and facilities like halls, sound systems, and seating. Dedicated volunteers or committees are essential for smooth management, and collaboration with external organizations and experts can provide technical support, expertise, and broader outreach. Additionally, digital tools, such as online platforms and social media, play a crucial role in ensuring effective promotion and maximum engagement.



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