

**GURU NANAK KHALSA COLLEGE FOR WOMEN,
GUJARKHAN CAMPUS, MODEL TOWN, LUDHIANA**

**ECO/GREEN CLUB REPORT
(2024-25 Odd Semester)**



Dr. Maneeta Kahlon

Principal

Dr. Parveen Arora

Coordinator

Mrs. Rajwinder Kaur

Co- Coordinator

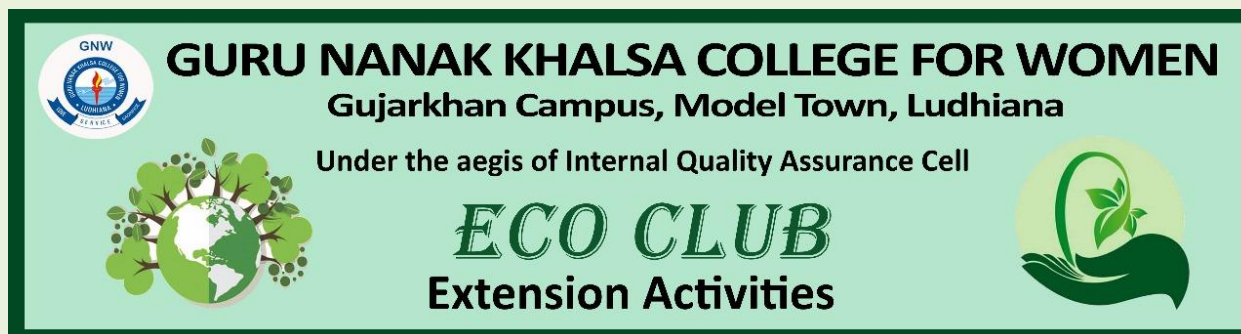
About the Club

The Eco-Club is a team of students and teachers dedicated to environmental conservation. Their efforts focus on protecting nature, minimizing pollution, reducing plastic use, planting trees, and conserving water. The club uses innovative approaches to raise awareness among students about maintaining a clean and green environment. The Eco-Club collaborates with the Biodiversity Cell, NCC, Red Ribbon Club and NSS Unit to enhance the campus's green initiatives and promote sustainable activities.



Focus:

- To foster an eco-friendly environment within the college.
- To align with and support government initiatives addressing environmental concerns.
- To cultivate a group of young individuals who are environmentally conscious and dedicated to nurturing nature in their own unique ways.
- To encourage sustainable and eco-friendly practices across the college campus.
- To raise awareness within the local community about the importance of biodiversity conservation.



MISSION

- ❁ Protecting nature by safeguarding forests, skies, and oceans.
- ❁ Cultivating seeds and nurturing growth to make our green dreams a reality.
- ❁ Standing united like a family, preserving the environment we cherish.
- ❁ Building a world where animals can roam freely and safely.
- ❁ Embarking on journeys to protect and care for the land.

OBJECTIVES

- ❁ Inspiring students to plant more trees on campus, at home, and in their communities to promote a greener environment.
- ❁ Organizing clean-up drives and activities to maintain a tidy and eco-friendly campus as part of the Swachhta Mission.
- ❁ Educating students about critical environmental issues such as climate change, global warming, pollution, and laws that protect nature.
- ❁ Encouraging the community to conserve natural resources, manage water efficiently, collect rainwater, and dispose of waste responsibly.
- ❁ Raising awareness among students about reducing plastic and polythene use, and the importance of adopting the principles of reduce, reuse, and recycle.

ACTIVITIES

World Environment Day

Activity 1

05 June, 2024

Environment Day was celebrated by taking pledge in which students from Eco Club, NSS unit and NCC cadets were participated.

Pledge

“I pledge to use natural and eco-friendly products over plastic. I pledge that I will do everything in my capacity to spread awareness and mobilize participation towards this campaign for reducing plastic waste by less than half.”

Link:

<https://www.facebook.com/share/p/1GHGqk2FLC/>



Activity 2**05 June, 2024**

GNKCW Celebrates **World Environment Day** with Unique *Giddha Performance* to Raise Environmental Awareness

The Eco Club and NSS Unit of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana organized a vibrant celebration for World Environment Day, supported by the Ministry of Environment, Forest and Climate Change, Government of India. The event was marked by a unique and engaging performance of Giddha, a traditional Punjabi folk dance, set to bolis (folk songs) centered on environmental themes.

Link:

<https://www.facebook.com/share/p/1CmSJgPQ5j/>



Activity 3**05 June, 2024**

GNKCW Celebrates **World Environment Day** by presenting students with **certificates of appreciation**.

The Eco Club and NSS Unit of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana organized a vibrant celebration for World Environment Day, supported by the Ministry of Environment, Forest and Climate Change, Government of India.

Certificates of appreciation were given to the students who participated in Giddha to spread the message of awareness of saving the environment.

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<https://www.facebook.com/share/p/17vuyGQSAr/>



Activity 4**06 June, 2024****GNKCW Celebrates World Environment Day by organizing Essay Writing Competition.**

The Eco Club and NSS Unit of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, organized a vibrant celebration for World Environment Day, supported by the Ministry of Environment, Forest, and Climate Change, Government of India.

The event featured an essay writing competition, celebrating World Environment Day from June 5 to June 12, 2024, focusing on the topic of “**Environmental Awareness - Issues and Challenges.**” Students expressed their opinions on various issues such as environmental degradation, plastic usage, drought, climate change, etc.

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**Activity 5****06 June, 2024**

GNKCW Celebrates **World Environment Day** by organizing **Online Quiz Competition**.

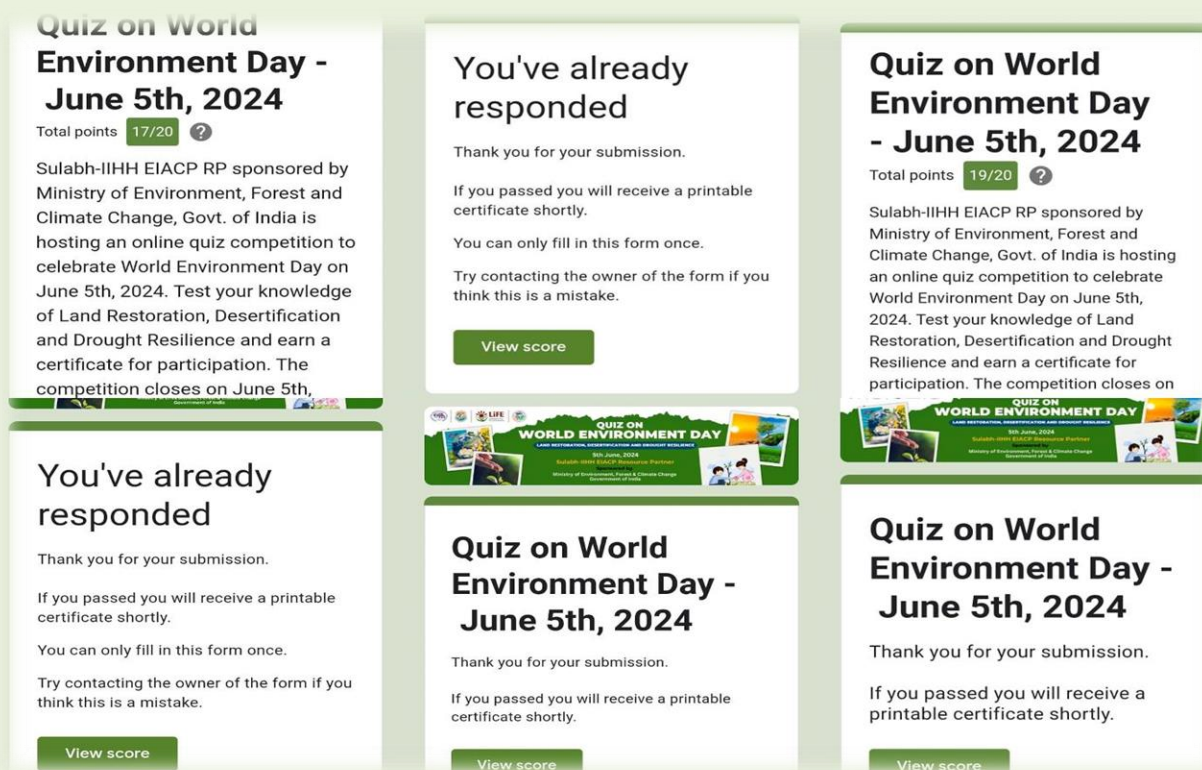
The Eco Club and NSS Unit of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, organized a vibrant celebration for World Environment Day, supported by the Ministry of Environment, Forest, and Climate Change, Government of India.

The event featured an online quiz competition on the theme “**Environmental Sustainable Goals**” was conducted via Google Form, with numerous students participating enthusiastically.

Dr. Maneeta Kahlon, Principal of the College, motivated the students for caring about the environment.

Link:

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World Food Safety Day

07 June, 2024

Under the aegis of Internal Quality Assurance Cell, under the guidance of Eco club, NSS unit in collaboration with Punjab State Council for Science and Technology, supported by Ministry of Environment, forest and climate Change, Government of India, Department of Home Science Of GNKCW celebrated 'World Food Safety Day' on June 7, 2024 designated as **"Food Safety: Prepare for the Unexpected"** as the theme for 2024.

Link:

<https://www.facebook.com/share/p/1GGJ2fXD7P/>



Contest for Upcycling Old Clothes

12 June, 2024

Under the aegis of IQAC, NSS unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana in collaboration with Fashion Designing Department organized a competition on **repurposing of old clothes**. This event not only showcased students' creativity but also underscored the importance of sustainability in our daily lives.

Principal, **Dr. Maneeta Kahlon** played a pivotal role in fostering enthusiasm and support for this endeavor. Her encouragement served as a catalyst, inspiring students to explore innovative ways of contributing positively to both society and the environment.

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World Blood Donor Day

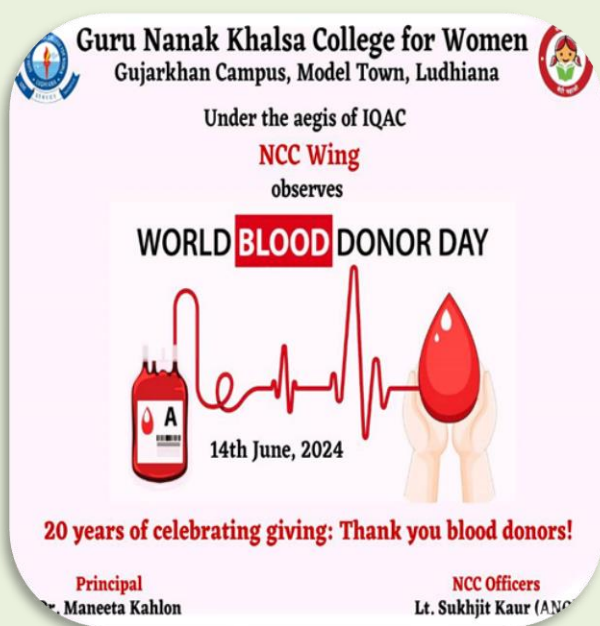
13 June, 2024

Under the aegis of IQAC, The NCC Wing of **Guru Nanak Khalsa College for Women**, Gujarkhan Campus, Model Town, Ludhiana observed the World Blood Donor Day on June 13, 2024. The day was observed to raise awareness about the importance and necessity of blood donation. As part of the initiative, cadets prepared posters and slogans which were shared on social media to reach a wider audience. College Associate NCC Officer Lt Sukhjot Kaur also delivered a lecture emphasizing the importance of blood donation and the role of a blood donor in supporting healthcare initiatives.

College Principal, **Dr. Maneeta Kahlon** appreciated the cadets and motivated them to continue their efforts in promoting this noble cause.

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International Yoga Day

21 June, 2024

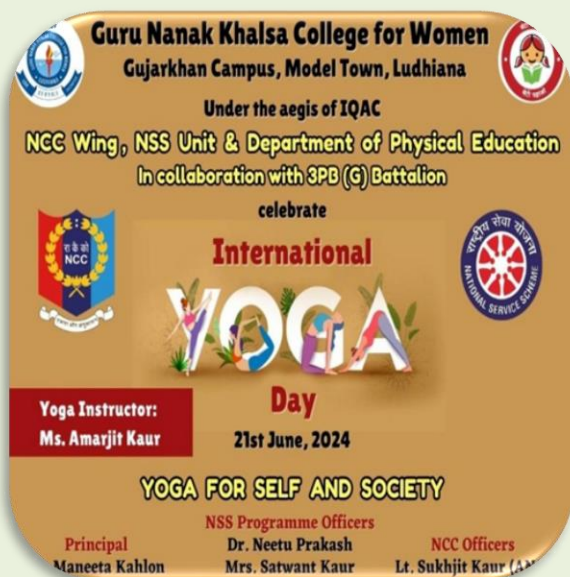
Under the aegis of Internal Quality Assurance Cell, NCC Wing, NSS Wing and Department of Physical Education of Guru Nanak Khalsa College for Women, Ludhiana in collaboration with 3 PB Girls Battalion, Indian Bank of Ludhiana celebrated International Yoga Day today in the college campus today, as per the directives of Ministry of Education and DGNCC, Government of India under the theme, “**Yoga for Self and Society**”.

On this day, a yoga session was organized to raise awareness among students the numerous benefits of yoga and to promote its holistic approach for physical, mental, and spiritual well-being. A total of **305 participants**, including representatives from Indian Bank and Ludhiana schools, enthusiastically joined in, showcasing strong community outreach.

Amarjeet, an experienced yoga instructor, led the participants through various yoga poses.

Principal, **Dr. Maneeta Kahlon** underlined the major benefits of yoga and explained how regular yoga practice may reduce levels of stress, body-wide inflammation and contributes to healthier hearts.

Link: <https://www.facebook.com/share/p/18Qrmh6gH6/>



Global Plastic Bag-Free Day

03 July, 2024

Under the aegis of the Internal Quality Assurance Cell, the Youth and Red Ribbon Clubs of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed International Plastic Bag Free Day today. An awareness session was organized to promote environmental sustainability and the reduction of plastic waste.

The seminar was convened by **Dr. Nidhi Sharma** and **Ms. Daisy Wadhwa**, club coordinators, who emphasized the urgent need to minimize plastic usage and adopt eco-friendly alternatives.

The college Principal, **Dr. Maneeta Kahlon**, commended the initiative, stating, "Plastic pollution is a critical issue that demands immediate attention. It is imperative for young minds to lead the way in advocating for a plastic-free world. **Link:**

<https://www.facebook.com/share/p/14dpAYPJ49/>



Tree Plantation Drive

24 July, 2024

As per the guidelines of DGNCC, New Delhi, the NCC cadets of **Guru Nanak Khalsa College for Women**, Gujarkhan Campus, Model Town, Ludhiana, in collaboration with the 3Pb (G) Bn NCC Ludhiana, led a significant tree plantation drive on July 24, 2024, in the adopted village of Jhameri.

A total of 29 cadets, along with NCC in-charge ANO Lt. Sukhjit Kaur, Ms. Asha, Unit staff N/sub Surjit Kumar, Naik Ajay Singh, Hav. Sandeep Chaudhary, village Sarpanch Mrs. Lakhwinder Kaur, and other community members, planted a variety of saplings around the village. The initiative aimed to enhance the green cover and promote environmental awareness among the residents. During the drive, a total of 100 trees of different species were planted.

College Principal Dr. Maneeta Kahlon appreciated the efforts of the team involved in planting the trees. She also remarked that activities like these reflect the college's dedication to creating a sustainable and eco-friendly environment.

Link: <https://www.facebook.com/share/p/15JSddsJVJ/>



World Nature Conservation Day

28 July, 2024

Under the aegis of IQAC, the Eco Club, and the Department of Public Administration of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated World Nature Conservation Day with the theme "**Living Sustainably in Harmony with Nature.**" An extension lecture was organized for the students, featuring **Dr. Praveen Arora**, Departmental Head of Public Administration, who discussed the threats and challenges posed by environmental risks and global warming. She explained how to combat these threats through small actions in our daily lives, such as tree planting, sustainable resource use, and maintaining a pollution-free environment.

Principal **Dr. Maneeta Kahlon** motivated and encouraged the students to save the environment for the future.

Link:

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Tree Plantation Drive

08 August, 2024

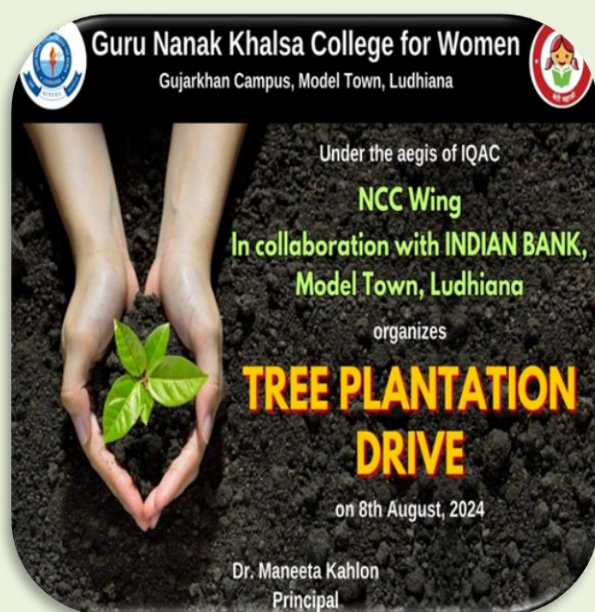
Under the aegis of the Internal Quality Assurance Cell (IQAC), the NCC Wing of **Guru Nanak Khalsa College for Women**, Model Town, Ludhiana organized a tree plantation drive in collaboration with 3 Punjab Girls Batallion NCC Ludhiana and Indian Bank on August 8, 2024.

Twenty-two cadets actively participated in a tree plantation drive within the college campus, showcasing their dedication to environmental conservation. Tree saplings were also distributed among the cadets, promoting a culture of sustainability. The event was successfully conducted, under the supervision of Ano Lt.Sukhjot Kaur.

College Principal **Dr. Maneeta Kahlon**, commended the initiative, emphasizing the significance of such initiatives in fostering a more eco-conscious community.

Link:

<https://www.facebook.com/share/p/1838d7xieS/>



Akshay Urja Diwas

20 August, 2024

Under the aegis of IQAC, Eco club of Guru Nanak Khalsa College for Women celebrated **Akshay Urja Diwas** on August 20, 24. During the activity, various methods

of saving energy and use of renewable sources of energy were discussed. Students were sensitized about utilization of energy saving devices and advised to make use of various renewable sources of energy at home as well as at college.

Principal **Dr. Maneeta Kahlon** graced the event and shared her views about saving energy. She mentioned that energy can be saved and recycled at every small step in our daily lives and everyone of must contribute to this. 30 students attended the activity.

Link:

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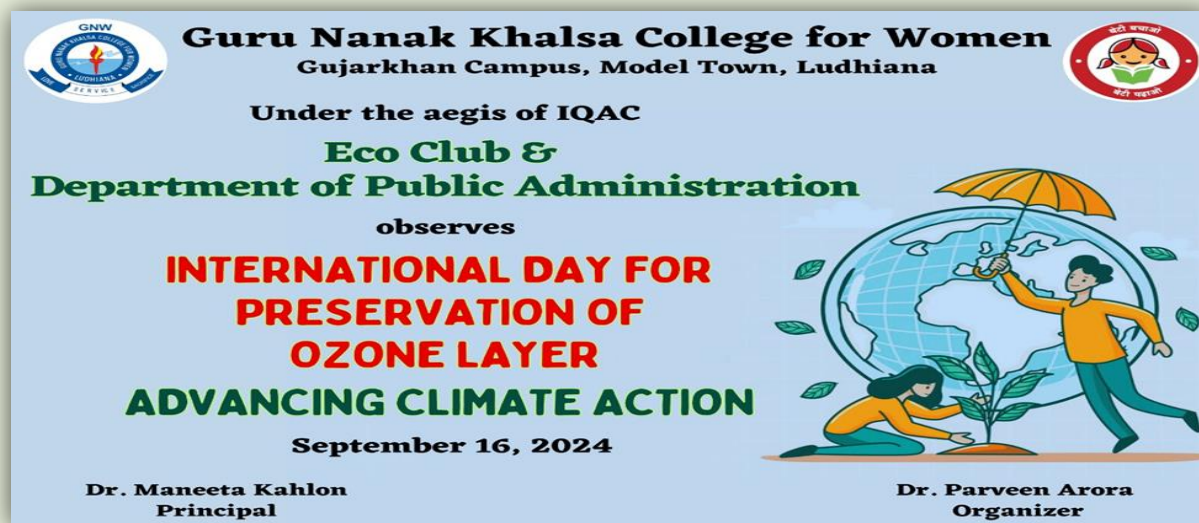
International Ozone Layer Preservation Day

16 September, 2024

Under the aegis of the IQAC, Eco Club and the Department of Public Administration, Guru Nanak Khalsa College for Women observed International Day for the Preservation of the Ozone Layer. During the event, various issues related to ozone

depletion were discussed, and students proposed numerous solutions. They shared their views on how to address this global problem through increased plantation, water and energy conservation, sustainable development, and effective waste management.

Link: <https://www.facebook.com/share/p/1DeGHcEZZJ/>



Tree Plantation drive

25 September, 2024

Following the tree plantation, an oath-taking ceremony for the **Swacchta Abhiyan** was held, with officials from the Income Tax Department actively participating. During his address, **Mr. Vivek Nangia** encouraged students to commit to planting trees and maintaining cleanliness as part of their responsibility toward the environment.

The event was graced by Principal **Dr. Maneeta Kahlon**, along with the teaching staff, other college members, and students.

Link:

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World Environment Health and Safety Day

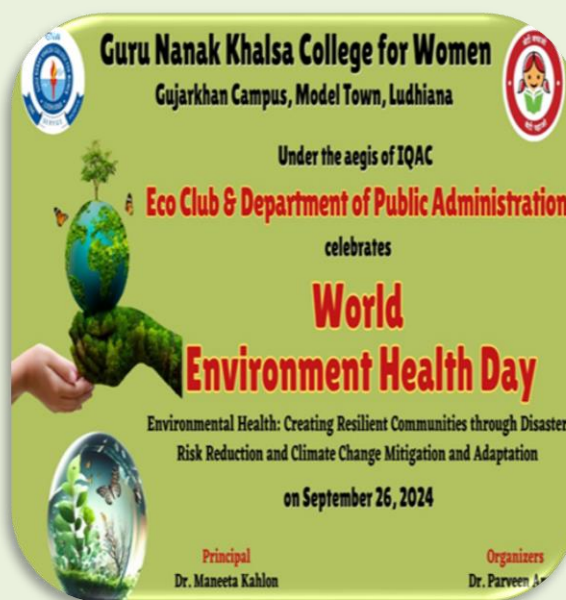
26 September, 2024

Under the aegis of the IQAC of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, the Red Ribbon Club and Eco Club, in collaboration with the Department of Fine Arts, organised a **Poster Making Activity and an Awareness Talk on Drug Abuse Awareness and Environment Safety** as part of a larger initiative to promote social responsibility among students. The event, held on September 26, 2024, was also celebrated as World Environment Safety Day, further emphasizing the need for action on both drug abuse prevention and environmental protection.

Link:

<https://www.facebook.com/share/p/18D1JbPhiG/>

<https://www.facebook.com/share/p/1XXqxvXw6Q/>



Cleanliness Drive

27 September, 2024



Under the directions of the Directorate General of National Cadet Corps (DGNCC), Delhi, the NCC Army Wing of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town Ludhiana, In collaboration with NSS, Red Ribbon Club, Ek Bharat Shrestha Bharat, Youth club, and 3 PB, Girls BN, NCC Ludhiana organized a cleanliness drive on September 27, 2024. This initiative was part of the **Swachh Bharat Diwas** celebrations, on the theme “**SWABHAV SWACHHATA- SANSKAR SWACHHATA**” aiming to foster a culture of cleanliness and responsibility among the youth. Thirty three NCC cadets along with Principal Dr. Maneeta Kahlon, ANO Lt. Sukhjit Kaur and Unit staff Hav. Sandeep Chaudhary, participated in this drive. The cadets actively engaged in cleaning activities, collecting garbage both within the college campus and in surrounding areas.

Link: <https://www.facebook.com/share/p/1B1dWesuRv/>



World Animal Day in GNKCW

04 October, 2024

Under the aegis of the Internal Quality Assurance Cell, the Eco Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated World Animal Day in the college campus. The event aimed to raise awareness about animal welfare, conservation, and the importance of harmonious coexistence with all species. The theme for World Animal Day 2024, "*The world is their home too*," emphasizes the right of animals to live in a secure and protected environment where they can thrive. The day is observed to educate and inspire children about the need to protect animals and promote animal rights globally. It fostered a sense of responsibility and encouraged humane treatment towards animals. In line with its commitment to animal welfare, the college also cares for a pet dog.

Principal **Dr. Maneeta Kahlon** urged everyone to support animal welfare initiatives and help build a more compassionate society for all living beings.

Link:

<https://www.facebook.com/share/p/1DFD61mpvG/>



Training workshop for Programme Officers and Eco Club Incharges

07 November, 2024

Guru Nanak Khalsa College for Women, Model Town, Ludhiana, was honoured with a **Certificate of Excellence** for its outstanding performance in the implementation of the Environment Education Programme during the year 2023-24 on one-day orientation workshop on the Environment Education Programme (EEP), Public Financial Management System (PFMS), and National Service Scheme (NSS) which was organized by **NSS, Panjab University, Chandigarh** On November 7, 2024. The workshop aimed to provide training and guidance to Programme Officers and Eco Club Incharges from colleges affiliated with Panjab University. The focus was on enhancing the understanding and implementation of environmental education initiatives across educational institutions.

Link:

<https://www.facebook.com/share/p/1DYbzhL59/>



World Soil Day

05 December, 2024


Under the aegis of the Internal Quality Assurance Cell, the Department of Public Administration and the Eco Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, jointly organized an essay writing competition to commemorate World Soil Day, observed annually on December 5th. The theme for 2024, "Caring for Soil: Measures, Monitor, Manage," highlights the importance of soil health, sustainable ecosystems, and human well-being.

The event saw enthusiastic participation from 80 students, who proposed diverse and impactful measures for soil conservation and management. Their suggestions included implementing soil conservation techniques, raising awareness, practicing sustainable habits, sharing inspiring slogans, messages, and quotes on social media, engaging in tree plantation drives, and organizing field visits.

Principal **Dr. Maneeta Kahlon** commended the students for their creativity and dedication, encouraging them to continue generating innovative ideas to foster environmental sustainability.








Link: <https://www.facebook.com/share/p/15C7JezLQ5/>





GURU NANAK KHALSA COLLEGE FOR WOMEN

Gujarkhan Campus, Model Town, Ludhiana



Celebrate

International Day for Biodiversity (IDB) & World Environment Day - 2024

Sponsored by National Biodiversity Authority, Govt. of India
Organised by: Eco Club, GNKCW
In collaboration with Punjab Biodiversity Board

“Be part of the Plan”, the theme of International Day for Biological Diversity (IDB) 2024

