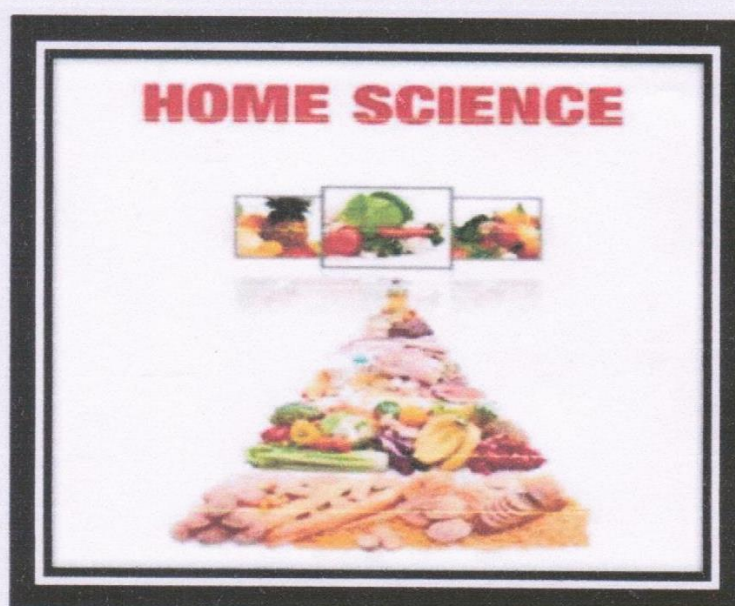




## Guru Nanak Khalsa College for Women Gujarkhan Campus, Model Town Ludhiana



### HOME SCIENCE EVEN SEMESTER REPORT January 2025 - June 2025

Dr. Maneeta Kahlon  
Principal

Dr. MANEETA KAHLON  
Principal  
G.N.Kh. College for Women  
Gujarkhan Campus, Model Town,  
Ludhiana

Mrs. Shikha Kalra  
HOD, Assistant Professor

Mrs. Amarpreet Kaur  
Assistant Professor

Phone No: 0161-2424662

Email: [gncwldh1@rediffmail.com](mailto:gncwldh1@rediffmail.com)

website: [www.gnwdh.com](http://www.gnwdh.com)

### **The legacy of the Home Science Department and its present status:**

In 1975, the Home Science Department was established at the Guru Nanak Khalsa College for Women, Gurjarkhan Campus, Model Town, Ludhiana. For this department, there was only one Lecturer at first. Only 60 kids were enrolled in prep school and 25 were enrolled in first year. There was only one laboratory present at first. There was no lab attendant in the department. One attendant was hired in 1976, and a lab assistant was hired in 1980. In 1978, the department appointed a second lecturer. The construction of the second lab in 1982 coincided with the students' growing numbers. The Department was located on the first floor. However, the entire department was moved to the first level in 2001–2002.

There are now a total of two labs—one for sewing and one for cooking. For the teaching staff, there is a single staff room with a bathroom right next to it. For storing excess equipment, sewing machines, and armoires, one storage room is provided.

A single attendant's room has also been created so that she may give the pupils during practical what they need. Two permanent faculty members, two adohc faculty members, one lab assistant, and one lab attendant were scheduled to ensure that classes ran well as enrollment grew in the ensuing years. Only degree-related coursework remained as a component of higher education over time, and prep or Sr. Sec programmes were rescheduled for school levels. As of right now, the department consists of one Adohc and one Permanent Faculty member, as well as a Lab Assistant and a Lab Attendant.

Staff members in Department	Male	Female	Total
Total No. of teachers		02	02
Teachers with PhD. As highest qualification		-----	-----
Teachers with M.Phil as highest qualification		-----	-----
Teachers with P.G as the highest qualification		02	02
Technical staff	01	01	02

## Teaching Faculty



Mrs. Shikha Kalra (HOD)  
(Assistant Professor)



Mrs. Amarpreet Kaur  
(Assistant Professor)

List of Staff members with their designation, Qualifications, fields of specialization, years of experience:

Name of the teaching Faculty	Designation	Highest Qualification	Specialization	Experience in years
Shikha Kalra	Assistant Professor	M.Sc,	Foods and Nutrition	09 years
Amarpreet Kaur	Assistant Professor	M.Sc.	Clothing and Textiles	18 years

Personal achievements of staff members for the session: June 2024 – May 2025

**SHIKHA KALRA**

### **GOC/Refresher/Course/MOOCs**

- Completed Online NPTEL 8 week Course and FDP on 'Interior Design' from February 17 to April 11, 2025.
- Completed Short Term Course - 'NEP 2020 Orientation and Sensitization Programme' under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC), organized by Malaviya Mission Teacher Training centre, Guru Nanak Dev University, Amritsar (Punjab) from January 03 to 11, 2025.

- Completed 4-week online Swayam course 'Professional Ethics for Higher Education Teachers', conducted by National Testing Agency (NTA) through MOOCs mode, during April-May 2024, with a score of 78 percent.

### **Paper Presentations**

- Paper presentation titled 'A study on millet consumption patterns in Ludhiana region' at conference on 'ਅੱਸੀਹਾਂਵਿਦਿਆਮੰਦਰਾਂਦੇਪੁਜਾਰੀ: ਪੰਜਾਬਵਿਚਸਿੱਖਿਆਦੀਸਥਿਤੀਅਤੇਭਵਿਖ', 'We the People, Devotees of knowledge: The State and Future of Education in Punjab', organized at Guru Nanak Khalsa college for Women, Ludhiana, held on February 22, 2025.

### **Training**

- Attended a 3-Day Training Program on Disaster Management in Basic Training for Police and Civil Employees organized by Mahatma Gandhi State Institute of Public Administration, Govt. of Punjab (MGSIPA) Sec 26, Chandigarh from January 15-17, 2025.

### **Paper marking**

- Appointed as Examiner for On the Spot paper marking on May 14, 2025, (MAY 14 – MAY 16, 2025) End Semester Panjab University exam for BA Sem II (Home Science) subject.
- Appointed as Examiner for On the Spot paper marking in December 2024, End Semester Panjab University exam for BA sem 1 (Home Science) Core subject.

### **Participation only**

- Attended Online National level special lecture -Series 10 on 'INTERIOR DESIGN FOR HEALTH AND CAREER' organized by Home Science Departments of KLE Society's Arts and Commerce College, Gadag and Government First Grade College, Ankola on April 28, 2025.
- Participated in the One Day State Level Seminar (Virtual) on "Indian Knowledge System: Sustainable Development for Botanical and Physical Sciences" organized by IQAC & Department of Botany, Vasant Rao Naik Arts, Science & Commerce College, Shahada, District Nandurbar, on February 27, 2025.
- Participated in International webinar on "Healing Naturally and Nature of Healing" organized by the department of Food Science and Nutrition & CMS College of Science and Commerce on June 12, 2024.

## **AMARPREET KAUR**

### **GOC/Refresher/Course/MOOCs**

- Completed 'NEP 2020 Orientation and Sensitization Programme' under Malaviya Mission Teacher Training Programme(MM-TTP) of University Grants Commission (UGC), organized by Malaviya Mission Teacher Training centre, Guru Nanak Dev University, Amritsar (Punjab) from January 03 to 11, 2025.

### **Training**

- Attended 3 Day Training Program on Disaster Management in Basic Training for Police and Civil Employees organized by Mahatma Gandhi State Institute of Public Administration, Govt. of Punjab(MGSIPA) Sec 26, Chandigarh/NSS from January 15 - 17, 2025



**Resource Person**

- Invited as a Resource person to conduct one session for demonstration of 'Block Printing' at The Apparel Training and Design Centre, Near Bhai Bala chowk, Ferozepur Road, Ludhiana on Nov 25, 2024.

**External Examiner**

- Invited as External Examiner for Basics of Apparel Construction and Garment Construction-I of B.Voc. Fashion Design & Garment Technology (Sem.1) at NIIFT, Ludhiana on January 7, 2025 (M), &(E) sessions.

**Paper Marking**

- Appointed as Examiner for On the Spot paper marking on May 14, 2025, (MAY 14 – MAY 16, 2025) End Semester Panjab University exam for BA Sem II (Home Science) subject.

**Participation only**

- Participated in the One Day State Level Seminar (Virtual) on “Indian Knowledge System: Sustainable Development for Botanical and Physical Sciences” organized by IQAC & Department of Botany, Vasantrya Naik Arts, Science & Commerce College, Shahada, District Nandurbar, on February 27, 2025.
- Participated an International webinar on “Healing Naturally and Nature of Healing” organized by the department of Food Science and Nutrition & CMSCSC Diet cell on June 12,2024.

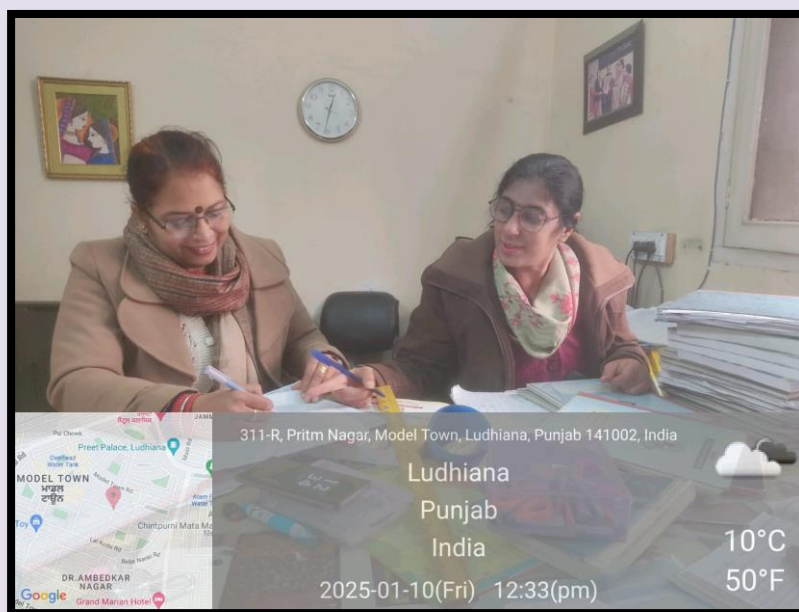
## ANNUAL ACTIVITY REPORT OF HOME SCIENCE DEPARTMENT

### SESSION: JANUARY, 2025–JUNE, 2025 (EVEN SEMESTER)

S. No.	Activity	Date
1.	Semester beginning meeting in Department	January 10,2025
2.	IKS Demonstration of Heritage items of Punjab	January 23,2025
3.	10th Prof. Gurbir Singh Sarna Memorial Inter-college Competitions	February 1, 2025
4.	Inter- college competitions 'HUNAR 2k25'	February 7, 2025
5.	Visit to GMMSA Expo	February 10, 2025
6.	Workshop on 'Basic Skills in Nail Art'	February 19, 2025
7.	Inter-College competition 'XPRESSIONS-2025	February 19, 2025
8.	. State-Level Inter-College Competitions	February 24, 2025
9.	Flower Show at PAU, Ludhiana	March 4–5, 2025
10.	Vigyan Mahotsav 2025	March 11, 2025
11.	Batata Puri stall	March 12, 2025
12.	Elegance -2025	March 24, 2025
13.	POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY1)	April 9, 2025
14.	POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY2)	April 11, 2025
15.	POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY 3)	April 12, 2025
16.	POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY 4)	April 19, 2025
17.	POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY 5)	April 21, 2025
18.	POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY 6)	April 23, 2025
19.	Semester ending meeting in Department	April 11, 2025
20.	Remidial Classes	May 15 to May 22, 2025
21.	Conducted Semester end Practical Exams	May 15 to May 24, 2025
22.	Stock Checking of Department of Home Science	May 03 to May 16, 2024

## SUMMERIZED REPORT

### 1. Semester beginning meeting in Department



### 2. IKS Demonstration of Heritage items of Punjab

S. No.	Date	Action taken	Organized By	Links
2.	January 23, 2025	Demonstration of Heritage items of Punjab	Department of Home Science and Fashion Designing, under IQAC, GNKCW	<a href="https://www.facebook.com/gnwludhiana/posts/pfbid02n39c7n3ksEek7YWS38SemwjQGMrstea3iL5yCnCA5FAzxTXxYL12VVACuuRakLmal">https://www.facebook.com/gnwludhiana/posts/pfbid02n39c7n3ksEek7YWS38SemwjQGMrstea3iL5yCnCA5FAzxTXxYL12VVACuuRakLmal</a> <a href="https://www.instagram.com/p/DFKUURiyZsV/?hl=en&amp;img_index=7">https://www.instagram.com/p/DFKUURiyZsV/?hl=en&amp;img_index=7</a>

The event was graced by showing a PPT presentation by Ms. Dalbir Kaur (Heritage expert Mentor) followed by displaying of Videos of different Heritage items like guddian patole, peerhi making, naala making etc. Collectively 62 students did hand on practice of Guddian Patola making. These items encompass traditional practices, arts, crafts, rituals, and scientific knowledge and tried to pass down through our generations.

**Guru Nanak Khalsa College for Women**  
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC  
**Department of Home Science and Fashion Designing**  
organises  
**Demonstration of Heritage items of Punjab**  
under  
**Indian Knowledge System**

Date: 23rd January, 2025  
Venue: Seminar Hall  
Time: 10:00 am

**Resource Person**  
**Ms. Dalbir kaur**

**Organizers**  
Mrs. Shikha Kalra  
Dr. Shikha Bajaj  
Mrs. Amarpreet Kaur  
Mrs. Yukti Khurana

**Principal**  
Dr. Maneeta Kahlon

**Guru Nanak Khalsa College for Women**  
Gujarkhan Campus, Model Town, LUDHIANA-141 002.  
Ph. : 0161-2424668, 2772501  
Email: gnrkcol@rediffmail.com  
Web: gnrkcolh.com  
Dated 23.01.2025

Ref. No. *Notice file*

**NOTICE**

Department of Home Science and Fashion Designing organized Demonstration of Heritage items of Punjab under Indian Knowledge System (IKS) on January 23rd, 2025. Following students participated in the event.

S.No	Name	Class	Roll No	Signature
1.	KIRANPREET KAUR	B.A 1st	24-288	Kiranpreet Kaur
2.	UPINDER Kaur	B.B.A 3rd	222728	Upinder Kaur
3.	HANDEEP KAUR	B.B.A 1st	242336	Handeep
4.	AMANDEEP KAUR	B.A 1st	242823	Amandeep
5.	DAMANPREET KAUR	B.A 2nd	23182	Damanpreet Kaur
6.	Khushboo	B.A 3rd	23151	Khushboo
7.	Parvina	B.A 2nd	23167	Parvina
8.	Iyob	B.A 2nd	23-243	Iyob
9.	Gaganpreet Kaur	B.A 3rd	23-190	Gaganpreet Kaur
10.	Simranpreet Kaur	B.A 3rd	23-130	Simranpreet Kaur
11.	Simran	B.A 1st	24-165	Simran
12.	Anandika Sharma	B.A 1st	24-277	Anandika Sharma
13.	Karan	B.A 1st	24-386	Karan

*Maneeta*  
Dr. MANEETA KAHLOON  
Principal  
G.N.Kh. College for Women  
Gujarkhan Campus, Model Town  
Ludhiana

S.No	Name	Class	Roll No	Signature
14.	Dilshan Kaur	M.Com I	242419	Dilshan Kaur
15.	Tarandeep Kaur	M.Com II	232440	Tarandeep Kaur
16.	Hesha	B.A 1st	24-151	Hesha
17.	Gaganpreet Kaur	B.A 1st	242628	Gaganpreet Kaur
18.	Tarandeep Kaur	B.A 1st	24256	Tarandeep Kaur
19.	Tarundeep Kaur	B.A 1st	242116	Tarundeep Kaur
20.	Tarundeep Kaur	B.A 1st	24231	Tarundeep Kaur
21.	Tarundeep Kaur	B.A 1st	2423	Tarundeep Kaur
22.	Gaganpreet Kaur	B.A 1st	24244	Gaganpreet Kaur
23.	Ramanpreet Kaur	B.A 1st	24275	Ramanpreet Kaur
24.	Narinder Kaur	B.A 1st	241178	Narinder Kaur
25.	Ramanpreet Kaur	B.A 1st	24106	Ramanpreet Kaur
26.	Ashika	B.A 1st	2425	Ashika
27.	Tarundeep Kaur	B.A 1st	24186	Tarundeep Kaur
28.	Tarundeep Kaur	B.A 1st	24192	Tarundeep Kaur
29.	Tarundeep Kaur	B.A 1st	24201	Tarundeep Kaur
30.	Tarundeep Kaur	B.A 1st	24243	Tarundeep Kaur
31.	Tarundeep Kaur	B.A 1st	24284	Tarundeep Kaur
32.	Tarundeep Kaur	B.A 1st	24220	Tarundeep Kaur
33.	Tarundeep Kaur	B.A 1st	24279	Tarundeep Kaur
34.	Tarundeep Kaur	B.A 1st	24191	Tarundeep Kaur
35.	Tarundeep Kaur	B.A 1st	2420	Tarundeep Kaur
36.	Tarundeep Kaur	B.A 1st	24102	Tarundeep Kaur
37.	Kushi	B.A 1st	24177	Kushi

*Maneeta*

S.No	Name	Class	Roll No	Signature
38.	Tarundeep Kaur	B.A 1st	24-184	Tarundeep Kaur
39.	Tarundeep Kaur	B.A 1st	24-126	Tarundeep Kaur
40.	Tarundeep Kaur	B.A 1st	24-150	Tarundeep Kaur
41.	Tarundeep Kaur	B.A 1st	24-238	Tarundeep Kaur
42.	Tarundeep Kaur	B.A 1st	24-1901	Tarundeep Kaur
43.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
44.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
45.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
46.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
47.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
48.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
49.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
50.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
51.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
52.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
53.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
54.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
55.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
56.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
57.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
58.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
59.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
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61.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
62.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
63.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
64.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
65.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
66.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
67.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
68.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
69.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
70.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
71.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
72.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
73.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
74.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
75.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
76.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
77.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
78.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
79.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
80.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
81.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
82.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
83.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
84.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
85.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
86.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
87.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
88.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
89.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
90.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
91.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
92.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
93.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
94.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
95.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
96.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
97.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
98.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
99.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur
100.	Tarundeep Kaur	B.A 1st	24-1924	Tarundeep Kaur

*Maneeta*









### 3.10th Prof. Gurbir Singh Sarna Memorial Inter-college Competitions

S. No.	Date	Action taken	Organized By	Links
3.	February 01, 2025	The competitions were held in Home Science,	Dept. of Home Science under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/1BUJpi1mqv/">https://www.facebook.com/share/p/1BUJpi1mqv/</a>  <a href="https://www.instagram.com/p/DFt-3KpyYbz/?hl=en&amp;img_index=1">https://www.instagram.com/p/DFt-3KpyYbz/?hl=en&amp;img_index=1</a>  <a href="https://www.instagram.com/p/DFt-EiBS2Rk/?hl=en&amp;img_index=1">https://www.instagram.com/p/DFt-EiBS2Rk/?hl=en&amp;img_index=1</a>

Different competitions of Department of Home Science included Budding Chef, Mehndi and Flower arrangement. As many as 13 participants in salad making; 17 in Mehndi and 09 in Flower arrangement of different colleges from and around Ludhiana participated.

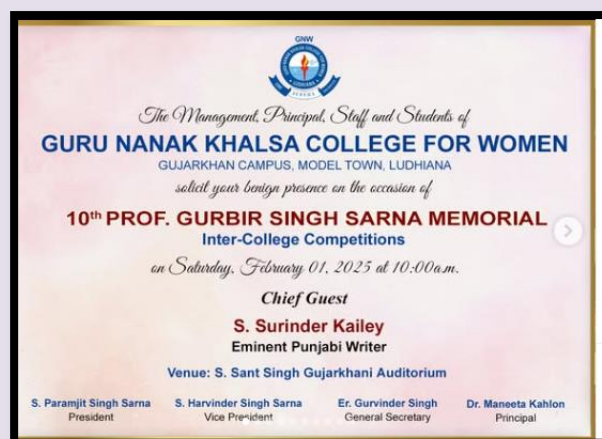
The prize winners of our department-

Budding Chef - Ashnoor Kaur Kaur BBA II year, Roll No. 23- 2714 got 2nd prize,

Mehandi - Dishaan M.Com I year, Roll No. 24-2419 got 1st prize

Flower Arrangement - Manmeet Kaur BA 111, Roll No. 22-135 got 1st prize.





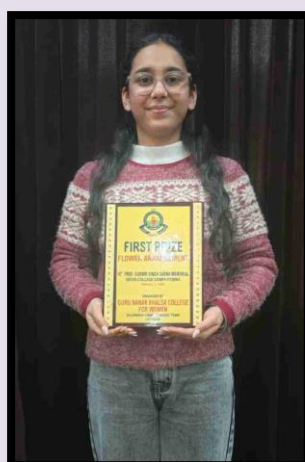
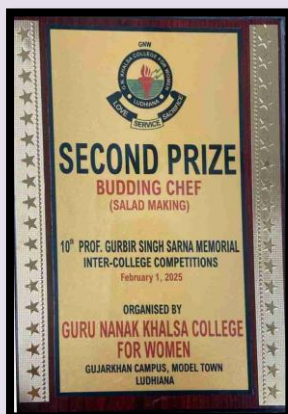
















#### 4. Inter- college competitions 'HUNAR 2k25'

S. No.	Date	Action taken	Organized By	Links
4.	February 7, 2025	Inter college Competitions	Khalsa Institute of Management and Technology for Women, Ludhiana in collaboration with Department of Home Science under IQAC, GNKCW	<p>Part1  <a href="https://www.instagram.com/p/DF4vfQSS-PA/?utm_source=ig_web_copy_link&amp;igsh=MzRlODBiNWFiZA==">https://www.instagram.com/p/DF4vfQSS-PA/?utm_source=ig_web_copy_link&amp;igsh=MzRlODBiNWFiZA==</a></p> <p>Part2  <a href="https://www.instagram.com/p/DF4vmxsyLve/?utm_source=ig_web_copy_link&amp;igsh=MzRlODBiNWFiZA==">https://www.instagram.com/p/DF4vmxsyLve/?utm_source=ig_web_copy_link&amp;igsh=MzRlODBiNWFiZA==</a></p>

65 Students from Departments of Business Management, Commerce, Computer Science, Home Science, Fashion Designing, Fine Arts of Guru Nanak Khalsa College for Women, Ludhiana participated in Inter- college competitions 'HUNAR 2k25' organised by Khalsa Institute of Management and Technology for Women, Ludhiana

Harmanpreet of BA-II Roll N.o 23174 bagged 2nd prize in flower arrangement

Gaganpreet Kaur of BA-II Roll No. 23190 bagged 3rd prize in flower arrangement.

**Khalsa Institute of Management & Technology for Women Civil Lines, Ludhiana**  
Organises  
**HUNAR-2K25**  
07th FEB 2025  
INTER COLLEGE COMPETITION

<b>FINE ARTS</b>	<b>CULTURAL</b>
<ul style="list-style-type: none"> <li>MEHANDI</li> <li>POT DECORATION</li> <li>RANGOLI</li> <li>FACE PAINTING</li> <li>FLOWER ARRANGEMENT</li> <li>NAIL ART</li> <li>COLLAGE MAKING</li> <li>POSTER MAKING</li> </ul>	<ul style="list-style-type: none"> <li>FASHION SHOW</li> <li>SOLO DANCE</li> <li>DUET DANCE</li> <li>GROUP DANCE</li> </ul>
<b>LITERARY</b>	<b>TECHNICAL</b>
<ul style="list-style-type: none"> <li>POEM RECITATION</li> <li>ESSAY WRITING</li> <li>ELOCUTION</li> </ul>	<ul style="list-style-type: none"> <li>PPT</li> <li>DIGITAL POSTER</li> <li>LOGIC DEVELOPMENT</li> <li>WEBSITE DEVELOPMENT</li> </ul>

For Further Enquiries Contact:  
Ms. Gurpreet K Juneja 80546-30101  
Dr. Punam Sharma 95306-1175  
kintadmissions@gmail.com www.kintuldhiana.org

For Enquiries contact:  
Dr. Punam Sharma (Mobile: 953061175)  
Ms. Gurpreet K. Juneja (Mobile: 8054630101)

**Khalsa Institute of Management & Technology for Women Civil Lines, Ludhiana**  
Approved by AICTE, Affiliated to J.G.P.T.U., Jalandhar  
"HUNAR-2K25" (An Inter College Competition) (To be held on 07th February, 2025)  
REGISTRATION FORM (To be filled in Capital Letters)  
(Last date to submit the soft copy of the form is 25th January, 2025 at the Email Id - kintadmissions@gmail.com)

**FINE ARTS TEST**

Team No.	Participant's Name	Father's Name	Accompanying's Name	Class & Stream
1.	Udhvir Kaur	Arvir Singh	Manisha Sharma	M.Com I
2.	Tarvreet Kaur	Satvir Singh	Amrita Kaur	M.Com I

**RANGOLI**

Team No.	Participant's Name	Father's Name	Accompanying's Name	Class & Stream
1.	Harvreet Kaur	Harinder Singh	Shikha	B.A. II
2.	Ravreet Kaur	Harinder Singh	Gurpreet Kaur	B.A. III

**NAIL ART**

Team No.	Participant's Name	Father's Name	Accompanying's Name	Class & Stream
1.	Gaganpreet Kaur	Harvinder Singh	Shikha	B.A. I
2.	Gaganpreet Kaur	Ravi Singh	Sukhleen Kaur	B.Com II

**FACE PAINTING**

Team No.	Participant's Name	Father's Name	Accompanying's Name	Class & Stream
1.	Harpreet Kaur	Harvinder Singh	Harpreet Kaur	B.Com II
2.	Harpreet Kaur	Harvinder Singh	Harpreet Kaur	B.Com II

For Enquiries contact:  
Dr. Punam Sharma (Mobile: 953061175)  
Ms. Gurpreet K. Juneja (Mobile: 8054630101)

**Flower Arrangement**

Team No.	Participant's Name	Father's Name	Class & Stream
1.	Harpreet Kaur	Harvinder Singh	B.A. I
2.	Harpreet Kaur	Harvinder Singh	B.A. II

**POT DECORATION**

Team No.	Participant's Name	Father's Name	Class & Stream
1.	Harpreet Kaur	Harvinder Singh	B.A. I
2.	Harpreet Kaur	Harvinder Singh	B.A. II

**COLLAGE MAKING**

Team No.	Participant's Name	Father's Name	Class & Stream
1.	Harpreet Kaur	Harvinder Singh	B.A. I
2.	Harpreet Kaur	Harvinder Singh	B.A. II

**POSTER MAKING**

Team No.	Participant's Name	Father's Name	Class & Stream
1.	Harpreet Kaur	Harvinder Singh	B.A. I
2.	Harpreet Kaur	Harvinder Singh	B.A. II

For Enquiries contact:  
Dr. Punam Sharma (Mobile: 953061175)  
Ms. Gurpreet K. Juneja (Mobile: 8054630101)

**Khalsa Institute of Management & Technology for Women Civil Lines, Ludhiana**  
Approved by AICTE, Affiliated to J.G.P.T.U., Jalandhar  
"HUNAR-2K25" (An Inter College Competition) (To be held on 07th February, 2025)  
REGISTRATION FORM (To be filled in Capital Letters)  
(Last date to submit the soft copy of the form is 25th January, 2025 at the Email Id - kintadmissions@gmail.com)

**LITERARY TEST**

**POEM RECITATION**

Team No.	Participant's Name	Father's Name	Class & Stream	Medium
1.	Harpreet Kaur	Harvinder Singh	B.A. I	English/Hindi/Punjabi

**ESSAY WRITING**

Team No.	Participant's Name	Father's Name	Class & Stream	Medium
1.	Harpreet Kaur	Harvinder Singh	B.A. I	English/Hindi/Punjabi

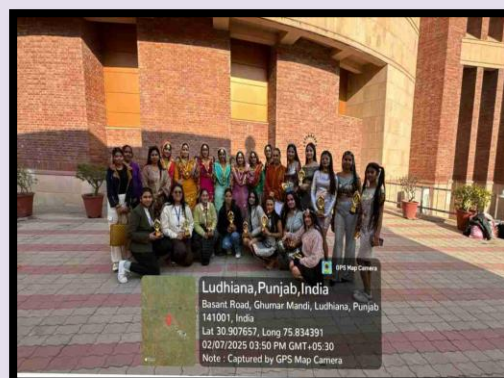
**ELOCUTION**

Team No.	Participant's Name	Father's Name	Class & Stream	Medium
1.	Harpreet Kaur	Harvinder Singh	B.A. I	English/Hindi/Punjabi
2.	Harpreet Kaur	Harvinder Singh	B.A. II	Hindi

\* Last date to submit the soft copy to kintadmissions@gmail.com is 24th January, 2025. This form itself will function as authority Letter. Kindly bring the hardcopy duly signed by the respective Principal/Director of the College on 07th Feb, 2025.

For Enquiries contact:  
Dr. Punam Sharma (Mobile: 953061175)  
Ms. Gurpreet K. Juneja (Mobile: 8054630101)

(Signed By) (Head of the Institution)









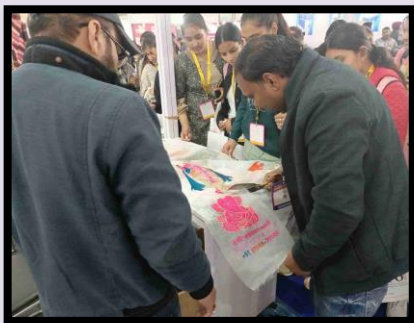
#### 5. Visit to GMMSA Expo

S. No.	Date	Action taken	Organized By	Links
5.	February 10, 2025	Students visited the Expo which included live demo of flat and circular Knitting Technology, dyeing machines, embroidery machines and various printing techniques.	Home Science and Fashion Designing under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/1A7nQQuA7R/">https://www.facebook.com/share/p/1A7nQQuA7R/</a> <a href="https://www.instagram.com/p/DF4wsYfyrel/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DF4wsYfyrel/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>

Visit to GMMSA Expo, was organized for the students of Fashion Designing and Home Science. 45 students visited the expo which included live demo of flat and circular Knitting Technology, dyeing machines, embroidery machines and various printing techniques. Working and functioning of machines was explained to the students. Demonstration of software used for computerized flat Knitting machines was given. Students also had a look at variety of simple and fancy yarns. Queries of the students were answered at various stalls.





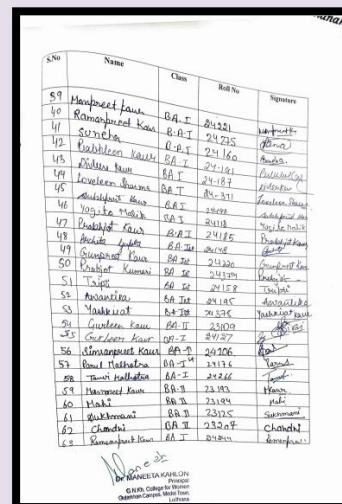
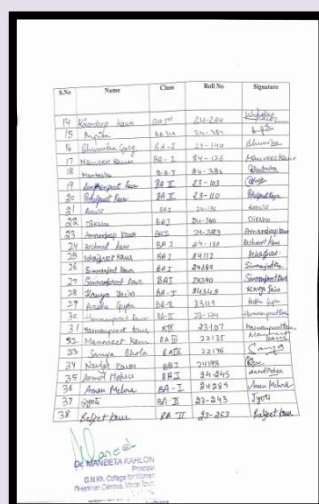
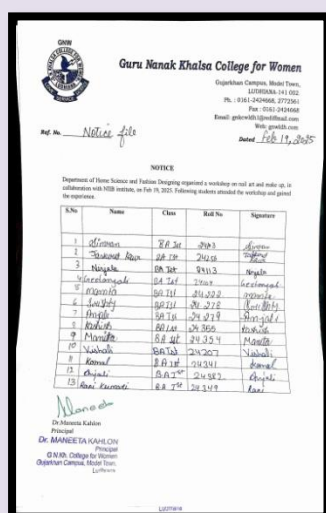




## 6. Workshop on 'Basic Skills in Nail Art'

S. No.	Date	Action taken	Organized By	Links
6.	February 19, 2025	Students learned about press-on nail extensions and gained hands-on experience in creating attractive nail art.	Departments of Home Science and Fashion Designing under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/1KPNM8bcY7/">https://www.facebook.com/share/p/1KPNM8bcY7/</a> <a href="https://www.instagram.com/p/DGP7eINSvcH/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DGP7eINSvcH/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>

A workshop on 'Basic Skills in Nail Art' was organized by the Departments of Home Science and Fashion Designing on February 19, 2025. The session was conducted in collaboration with NIIB Institute, Pritam Nagar, Ludhiana. A total of 63 students participated in the workshop, where they learned about press-on nail extensions and gained hands-on experience in creating attractive nail art. Many students also inquired about various courses and nail treatments, showing keen interest in further learning opportunities.







#### 7. Inter-College competition 'XPRESSIONS-2025

S. No.	Date	Action taken	Organized By	Links
7.	February 19, 2025	The students showcased their talents in various events of Mehendi and Cooking without fire	Guru Nanak Institute of Management Technology, Gujar Khan Campus, Ludhiana in collaboration with Department of Home Science, under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/19e5DC6ciD/?mibextid=wwXlfr">https://www.facebook.com/share/p/19e5DC6ciD/?mibextid=wwXlfr</a> <a href="https://www.instagram.com/p/DGSi8dgyuuk/?igsh=azdna2RjMmR6ODRk">https://www.instagram.com/p/DGSi8dgyuuk/?igsh=azdna2RjMmR6ODRk</a> <a href="https://www.instagram.com/p/DGSjEDGydn8/?igsh=DRtaGltZTd0NWkx">https://www.instagram.com/p/DGSjEDGydn8/?igsh=DRtaGltZTd0NWkx</a>

A total of 62 students from various departments of Guru Nanak Khalsa College for Women, Ludhiana, participated in the Inter-College competition 'XPRESSIONS-2025,' organized by Guru Nanak Institute of Management Technology, Gujar Khan Campus, Ludhiana, on 19th February 2025. The students showcased their talents in various events, including Technical events such as PowerPoint Presentation, Webpage Development, Logo Designing, and Debugging; Fine Arts events like Mehndi, Face Painting, Makeup and Hairstyling, Cooking without Fire, and Rangoli; as well as Cultural events like Ad Mad Show, Group Dance, and Fashion Show.

Students earned accolades for their creativity and hard work, securing prizes in the following Fine Arts categories:

Laasani Jain Roll No. 22177 and Garima Roll No. 23167 of (BA II) bagged 3rd Prize in Cooking Without Fire. The college was also awarded the Overall Trophy at the event.



**MEHNDI**

- Participants will bring their own material, i.e. ingredients, vegetables, utensils etc.
- There shall be 2 members in each team, one as participant and other as accompanist (accompanist will not be considered for prize).
- Participants can apply mehndi on their own hand or any other person's hand.
- There will be given on the spot.
- Participants must bring their own material.
- Time limit will be two hours.

**FACE PAINTING**

- There shall be 2 members in each team, one as participant and other as accompanist (accompanist will not be considered for prize).
- Participants should bring their own colors, brushes etc.
- Time limit will be 30 minutes.
- Theme will be given on the spot.
- Participants will be judged on the basis of creativity, innovation and design.

**MAKEUP & HAIRSTYLING**

- There shall be 2 members in each team, one as participant and other as accompanist (accompanist will not be considered for prize).
- Participants should bring Mirrors, Ring lights, extension boards etc. on their own. Only 1 chair and 1 table will be provided to each team.
- Participants have to perform on the models i.e. accompanist.
- Participants will get additional points for arranging proper outfits and jewelry on their own.
- Each team will be given 2 hours in total for both makeup & Hairstyling.
- Participants will bring their own Products/ Materials and accessories etc.
- Judging criteria will be based on: a) Seamless blending b) Creativity of eye makeup c) Finishing in hairstyling.

**ABOUT GNIMT**

GNIMT, has emerged as one of the leading institutes in imparting quality education ever since its inception in the year 1997. We at GNIMT, believe in providing a stimulating environment for developing impressionable young minds. Our relentless approach of excellence has been well recognised. Our motto reiterates our guiding philosophy *Aspire, Persevere, Achieve*. In a short span of time, GNIMT has earned the reputation of being an institute of toppers and winners in the field of academics, sports and other extra curricular activities.

**ORGANIZING COMMITTEE**

**COORDINATORS**

Dr Anjali Garg : 99145 13435  
Dr Rajni Sofat : 99155 77064  
Dr Rameek Kaur : 85462 12323  
Dr Indipreet Kaur : 85601 85669

Prof. (Dr.) Sandhya Mehta  
PRINCIPAL

**REACH US :**

**GURU NANAK INSTITUTE OF MANAGEMENT & TECHNOLOGY**  
MODEL TOWN, GUJARAKHAN CAMPUS, LUDHIANA

For Registration : <https://shorturl.at/aUKDx>  
Or Scan : 

[gnimt.org](https://gnimt.org) [info@gnimt.org](mailto:info@gnimt.org)  
[gnimt.ludhiana](https://gnimt.ludhiana) [gnimt.ludhiana](https://gnimt.ludhiana)

**GNIMT Model Town organises XPRESSIONS 2025 INTER-COLLEGE COMPETITION**

**February 19, 2025**

Register at this link : <https://shorturl.at/aUKDx>

**GURU NANAK INSTITUTE OF MANAGEMENT & TECHNOLOGY**  
MODEL TOWN, GUJARAKHAN CAMPUS, LUDHIANA

**Guru Nanak Khalsa College for Women**  
Department of Education, Punjab  
GATEWAY TO KNOWLEDGE  
For more information visit [www.gnkcw.edu.in](http://www.gnkcw.edu.in)  
Email : [gnkcw@gnkcw.edu.in](mailto:gnkcw@gnkcw.edu.in)

**Notice, Academic Session 2024, Inter-College Competition (17<sup>th</sup> February 2025)**  
The following activities and students will participate in your college for Xpressions will be held on 17 February 2025.

**17<sup>th</sup> FEBRUARY**

Team No.	Participant's Name	Roll No.	Class	Mobile No.
1	Aradhya Kaur	254562	B.C.C.P. 1 <sup>st</sup> year	9876543210
2	Aradhya Kaur	254562	B.C.C.P. 1 <sup>st</sup> year	9876543210
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19	Aradhya Kaur	254562	B.C.C.P. 1 <sup>st</sup> year	9876543210
20	Aradhya Kaur	254562	B.C.C.P. 1 <sup>st</sup> year	9876543210

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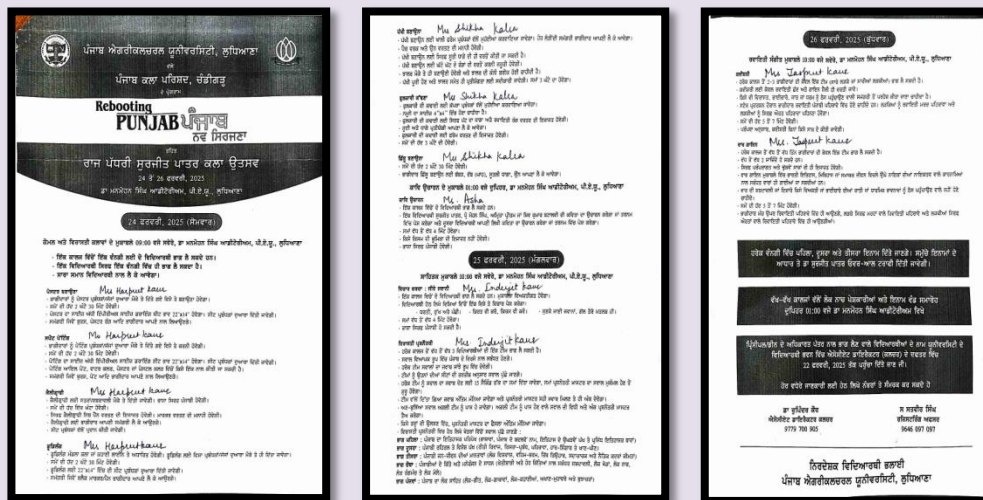
## 8. State-Level Inter-College Competitions

S. No.	Date	Action taken	Organized By	Links
8.	February 24, 2025	Various competitions, including poster making, spot painting, calligraphy, doodling, Pakhi making, Phulkari embroidery, Chhiku Banauna, and poem recitation	Punjab Agricultural University on behalf of the Punjab Arts Council (Government of Punjab) in collaboration	<a href="https://www.facebook.com/share/p/15rMnhLAMZ/">https://www.facebook.com/share/p/15rMnhLAMZ/</a>  <a href="https://www.instagram.com/p/DGm1lePxDOG/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DGm1lePxDOG/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>



			with Department of Home Science, under IQAC, GNKCW	
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Students participated in the state-level inter-college competitions held in Ludhiana. Organized by Punjab Agricultural University on behalf of the Punjab Arts Council (Government of Punjab), the three-day event took place from February 24 to 26, 2025. On Day 1, our 10 students showcased their talents across various competitions, including poster making, spot painting, calligraphy, doodling, Pakhi making, Phulkari embroidery, Chhiku Banauna, and poem recitation. Through their innovative ideas and dedicated efforts, our student secured accolades in the following category: Rupinder Kaur (BCom-3) Roll No. 22-1126 won the 2nd Consolation Prize in the Chhiku Banauna competition.



Guru Nanak Khalsa College for Women																			
Gurukul Campus, Model Town, Ludhiana																			
Date: 2.2.2025																			
The Principal Punjab Agricultural University Ludhiana																			
Subject: List of students participating in State Level Singh Paur Kalu Utsav on Feb 24-26, 2025																			
Please find below the details of the students participating in State Level Singh Paur Kalu Utsav being organized by your university on February 24-26, 2025.																			
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2.	Balvinder Kaur	Balvinder Singh	B.Com-II	25-1137															
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Guru Nanak Khalsa College for Women																			
Gurukul Campus, Model Town, Ludhiana																			
Date: 2.2.2025																			
The Principal Punjab Agricultural University Ludhiana																			
Subject: List of students participating in State Level Singh Paur Kalu Utsav on Feb 24-26, 2025																			
Please find below the details of the students participating in State Level Singh Paur Kalu Utsav being organized by your university on February 24-26, 2025.																			
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ਪੰਜਾਬ ਐਗਰੀਕਲਚਰਲ ਯੂਨੀਵਰਸਿਟੀ, ਲੁਧਿਆਣਾ ਅਤੇ ਪੰਜਾਬ ਕਲਾ ਪਰਿਸ਼ਦ, ਚੰਡੀਗੜ੍ਹ  
**ਰਾਜ ਪੱਧਰੀ ਸੁਰਜੀਤ ਪਾਤਰ ਕਲਾ ਉਤਸਵ** 24 ਤੋਂ 26 ਵਾਰਦੀ, 2025

ਰਜਿਸਟਰੇਸ਼ਨ ਫਾਰਮ

ਸਾਰਾ ਫਾਰਮ ਸਿਰਫ ਪੰਜਾਬੀ ਵਿੱਚ ਭਰਿਆ ਜਾਵੇਗਾ। ਸਕਰੀਪਟਿੰਗ ਇਸ ਫਾਰਮ ਤੋਂ ਨਹੀਂ ਹੋਣੀ ਚਾਹੀਦੀ।

ਕਲਾਜ ਦਾ ਨਾਮ : ਪੰਜਾਬ ਐਗਰੀਕਲਚਰਲ ਯੂਨੀਵਰਸਿਟੀ, ਲੁਧਿਆਣਾ ਸਥਿਤ : ਲੁਧਿਆਣਾ

ਟੀਮ ਦਿੱਤਾਵਸ ਦਾ ਨਾਮ ਅਤੇ ਮੋਬਾਈਲ ਨੰ : ਗੁਰਮਿੰਦਰ 988042736

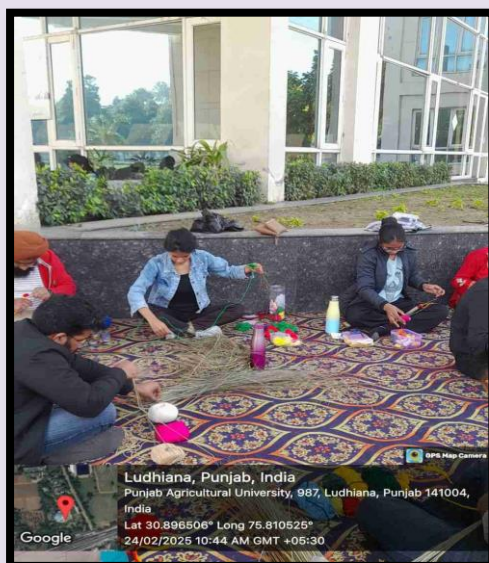
ਲ.ਨੰ	ਵਿਦਿਆਰਥੀ ਦਾ ਨਾਮ	ਪਿਤਾ ਦਾ ਨਾਮ	ਮੁਕਾਬਲੇ ਦਾ ਨਾਮ	ਮੋਬਾਈਲ ਨੰਬਰ	ਹਸਤਾਖਰ
1.	ਮੁਖਾਸਰੀਤ ਕੌਰ	ਰਮਜੀਤ ਸਿੰਘ	ਪੰਜਾਬ ਯੁਵਉਤਸਵ	988042736	ਮੁਖਾਸਰੀਤ
2.	ਰੀਤੀਕਾ ਕੌਰ	ਮਨੀੰਦਰ ਕੌਰ	ਪੰਜਾਬ ਯੁਵਉਤਸਵ	7814749428	ਰੀਤੀਕਾ ਕੌਰ
3.	ਦੀਪਾ ਕੌਰ	ਵਿਜੇ ਕੌਰ	ਸਪੋਟ ਪੇਟਿਓ	6280053167	ਦੀਪਾ ਕੌਰ
4.	ਮਨਜੋਤ ਕੌਰ	ਮਨਜੋਤ ਸਿੰਘ ਕਲੀ	ਮੁਲੀਗਾਡੀ	7986415181	ਮਨਜੋਤ ਕੌਰ
5.	ਮਨਜੋਤ ਕੌਰ	ਮਨਜੋਤ ਸਿੰਘ	ਮੁਲੀਗਾਡੀ	9803641142	ਮਨਜੋਤ ਕੌਰ
6.	ਮਨਜੋਤ ਕੌਰ	ਮਨਜੋਤ ਸਿੰਘ	ਮੁਲੀਗਾਡੀ	7884453798	ਮਨਜੋਤ ਕੌਰ
7.	ਮਨਜੋਤ ਕੌਰ	ਮਨਜੋਤ ਸਿੰਘ	ਮੁਲੀਗਾਡੀ	6239106782	ਮਨਜੋਤ ਕੌਰ
8.	ਮਨਜੋਤ ਕੌਰ	ਮਨਜੋਤ ਸਿੰਘ	ਮੁਲੀਗਾਡੀ	7973825198	ਮਨਜੋਤ ਕੌਰ
9.	ਮਨਜੋਤ ਕੌਰ	ਮਨਜੋਤ ਸਿੰਘ	ਮੁਲੀਗਾਡੀ	7696651929	ਮਨਜੋਤ ਕੌਰ
10.	ਮਨਜੋਤ ਕੌਰ	ਮਨਜੋਤ ਸਿੰਘ	ਮੁਲੀਗਾਡੀ	9886900800	ਮਨਜੋਤ ਕੌਰ

ਹਸਤਾਖਰ, ਟੀਮ ਦਿੱਤਾਵਸ

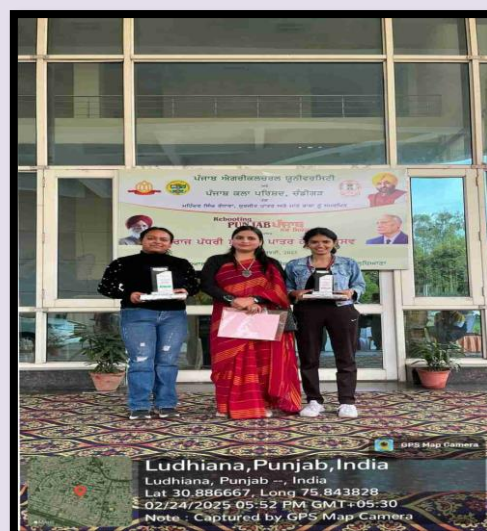
ਹਸਤਾਖਰ, ਕਨਵੀਨਰ ਰਜਿਸਟਰੇਸ਼ਨ ਕਮੇਟੀ











## 9. Flower Show at PAU, Ludhiana

S. No.	Date	Action taken	Organized By	Links
8.	March 4, 2025	<p><b>DAY1</b></p> <p>Students participated in the Flower Show held at PAU, Ludhiana</p> <p>As part of the event, an educational trip was organized for the students of Home Science and Fashion Designing to visit PAU</p>	<p>Department of Floriculture and Landscaping, PAU, Ludhiana in collaboration with Department of Home Science, under IQAC, GNKCW</p>	<p><b>DAY 1</b></p> <p><a href="https://www.facebook.com/gnwludhiana/posts/pfbid0AoJhtmdDCV8sKLiNYpiUZYa3hjY16efegVRJDfkPVp5aKNGrY7HTrfeEKNbeCGRHl">https://www.facebook.com/gnwludhiana/posts/pfbid0AoJhtmdDCV8sKLiNYpiUZYa3hjY16efegVRJDfkPVp5aKNGrY7HTrfeEKNbeCGRHl</a></p> <p><a href="https://www.instagram.com/p/DGzsBIWx5e3/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DGzsBIWx5e3/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a></p> <p><b>DAY 2</b></p> <p><a href="https://www.facebook.com/share/p/18n8J4cNMn/">https://www.facebook.com/share/p/18n8J4cNMn/</a></p>

				<a href="https://www.instagram.com/p/DG5AEhqx6hC/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DG5AEhqx6hC/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>
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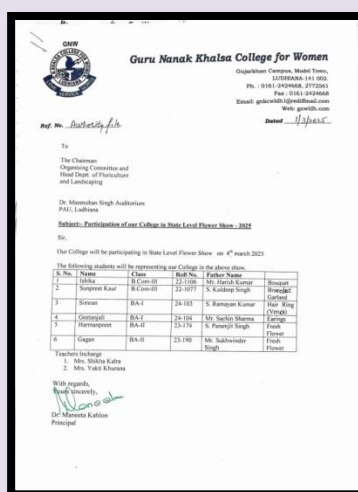
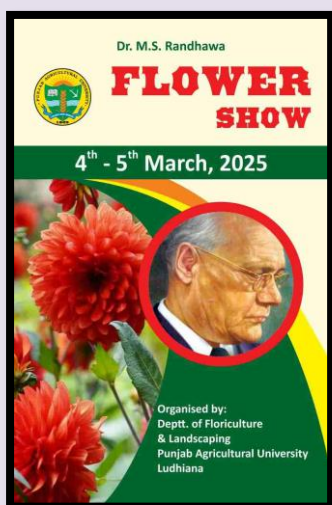
### DAY 1

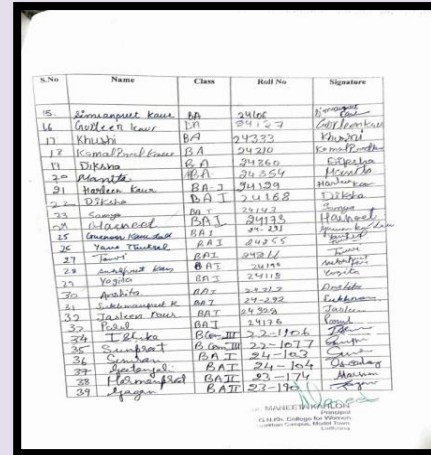
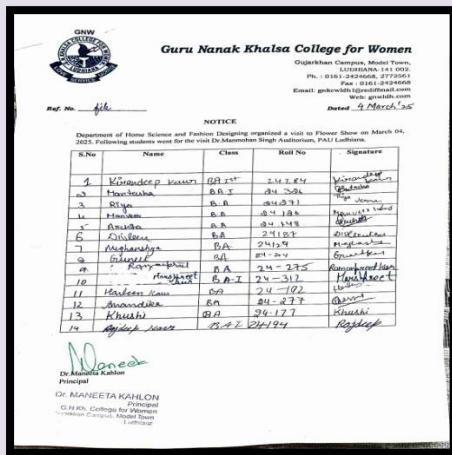
Students from the Departments of Home Science and Fashion Designing at Guru Nanak Khalsa College for Women participated in the Flower Show held at PAU, Ludhiana, on March 4, 2025. They competed in various categories, including Fresh Flower Arrangements, Hair Rings (Venis), Earrings, Garlands, Buttonholes, Flower Bouquets, and Bracelets (Gajras).

A total of 39 students explored the exhibits, which included cut flowers, flower arrangements, miniature displays, floral ornaments, and bouquets.

The students excelled in the competition and won prizes in various categories of flower arrangements:

1. Gagan, BA 2nd Year, Roll No. 23-190, secured 1st Prize in Fresh Flower Arrangement.
2. Simran, BA 1st Year, Roll No. 24-103, won 1st Prize in Hair Rings (Veni).
3. Geetanjali, BA 1st Year, Roll No. 24-104, earned 2nd Prize in Earrings.



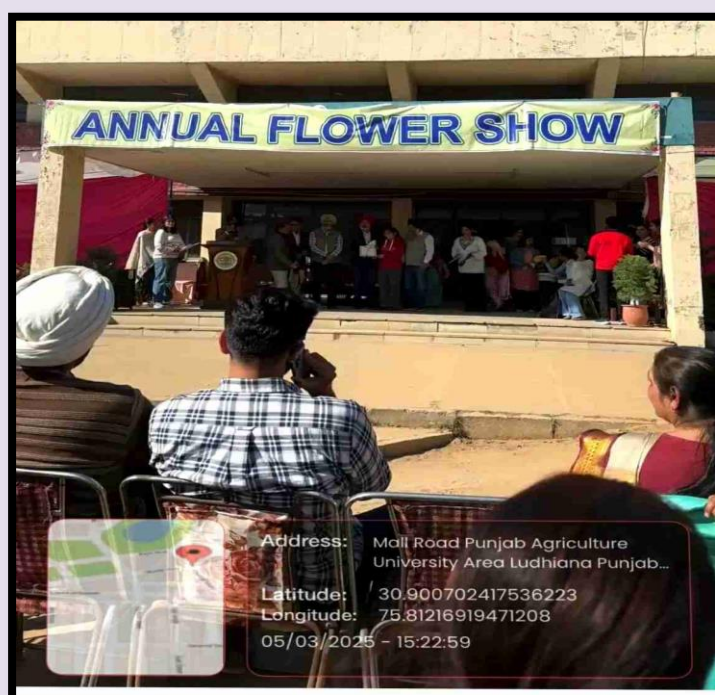


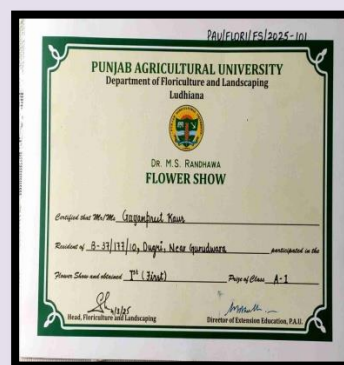
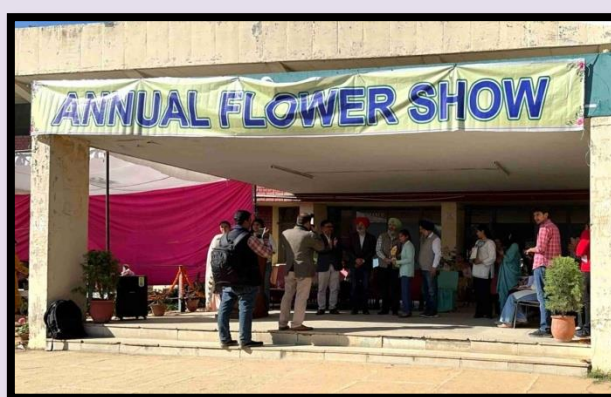
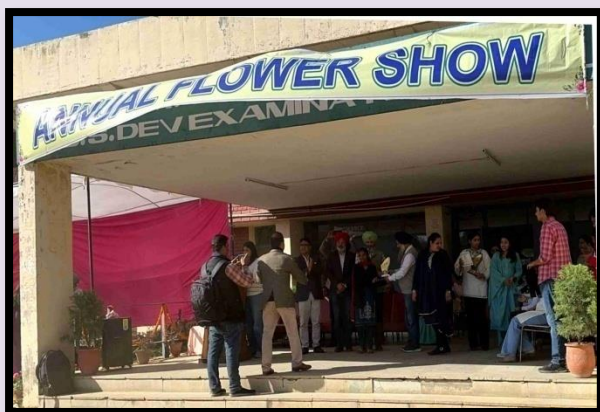


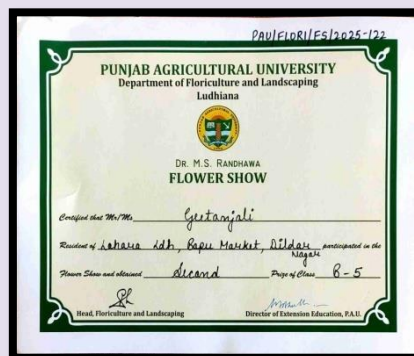
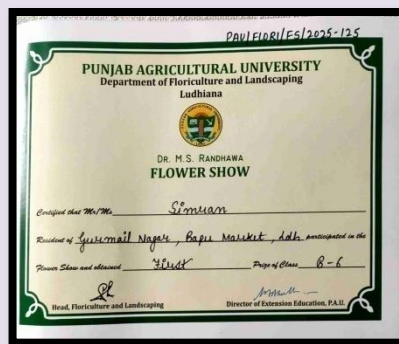


## DAY 2

The students who secured prizes in different categories of flower arrangements and received their certificates during the prize distribution ceremony organized by the Department of Floriculture and Landscaping, PAU, Ludhiana, on March 5, 2025.







#### 10. Vigyan Mahotsav 2025

S. No.	Date	Action taken	Organized By	Links
10	March 11, 2025	Inter-College Competition, showcasing their talents across a variety of events, including The Art of Flora, Design Your Thoughts, Nature's Gallery, Colors of Creativity, and Bio Culinary Innovations	Department of Sciences, Khalsa College for Women, Civil Lines, Ludhiana in collaboration with Department of Home Science, under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/1638MwmywR/">https://www.facebook.com/share/p/1638MwmywR/</a>  <a href="https://www.instagram.com/p/DHF6htaRF2A/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DHF6htaRF2A/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>

On the occasion of National Science Day, students participated in Vigyan Mahotsav 2025, organized by the Department of Sciences, Khalsa College for Women, Civil Lines, Ludhiana, on March 11, 2025. A total of 14 students took part in the Inter-College Competition, showcasing their talents across a variety of events, including The Art of Flora, Design Your



Thoughts, Nature's Gallery, Colors of Creativity, and Bio Culinary Innovations. Our student was awarded in the following category of Bio Culinary Innovations

Karanpreet Kaur (BCA I) Roll No. 24-1924 & Prabhsimran Kaur (BCA I) Roll No. 24- 1939 – Consolation Prize

**TO MARK THE NATIONAL SCIENCE DAY**  
DEPARTMENT OF SCIENCES  
KHALSA COLLEGE FOR WOMEN  
CIVIL LINES, LUDHIANA

**"VIGYAN MAHOTSAV-2025"**  
(Under the aegis of IISc)

**An Inter-College Competition**  
ON THE THEME  
"EMPOWERING INDIAN YOUTH FOR GLOBAL LEADERSHIP IN SCIENCE & INNOVATION FOR VIKSIT BHARAT"

**11<sup>th</sup> March, 2025**  
9:00 a.m.

**REGISTER HERE!!**  
<https://forms.gle/tenp8etA6a708>

**ABOUT THE COLLEGE**  
Khalda College for Women, Civil Lines, Ludhiana affiliated with Punjab University, Chandigarh was established in 1958 by Khalda Datta, Ludhiana. The college spans 11 acres of lush greenery and consists of 20 departments that offers 3 graduate, 3 post graduate and 8 self-financing vocational programs. Known for its academic excellence and emphasis on Research and Innovation, it provides a nurturing environment for the students. With a legacy of excellence and holistic development, the college proudly hosts the Inter College Competition "Vigyan Mahotsav 2025" to celebrate National Science Day on 11<sup>th</sup> March, 2025.

**PROGRAM SCHEDULE**

TIME	EVENT
9:00-10:00 A.M.	REGISTRATION
10:00-10:30 A.M.	INAUGURATION
10:30-11:30 A.M.	EXTENSION LECTURE
11:30-1:30 P.M.	COMPETITIONS
1:30-2:00 P.M.	REFRESHMENT
2:00-3:00 P.M.	VALEDICTORY

**GENERAL RULES**

- There is no registration fee for the event.
- Each College can send maximum of two teams per event.
- Each team must comprise of maximum 2 participants.
- Teams must reach the college from 8:30 a.m.-9:00 a.m.
- Last Date for Registration, duly signed by the authorities is: 05-03-2025.
- Students must carry their college ID cards with them.
- Decision of Judges will be final.
- On the Spot registration will not be entertained.

**ORGANIZING TEAM**

Dr. Monica Mahajan (COORDINATOR)  
Dr. Aanchal Kaur (COORDINATOR)  
Dr. Charita Mehta (CO-COORDINATOR)

Dr. Rupinder Kaur (Dept. of Zoology)  
Dr. Aditi (Dept. of Chemistry)  
Dr. Pooja Pathania (Dept. of Physics)  
Dr. Mishu Gupta (Dept. of Physics)  
Dr. Renu Sethi (Dept. of Botany)  
Ms. Khushbu (Dept. of Biotechnology)  
Ms. Tarinderjeet (Dept. of Biotechnology)

**LAB OF WONDERS** DR. AGITI GUPTA 9213400223

It is a science competition where students display chemistry related experiments.

**RULES:**

1. Participants shall bring their own chemicals for the competition or must inform beforehand.
2. The apparatus required will be provided to the participants.
3. Teams should give a brief explanation about their activity.

**THE ART OF FLORA** DR. RENU SETHI 8099228973

It is an art competition of decorating the leaf.

**RULES:**

1. Participants shall bring their own material (leaf, brush, coloring material etc.).
2. No cutting or paper is allowed. Only leaf should be designed.
3. Time duration will be of 2 hours.

**NATURE'S GALLERY** MS. VIKAS SINGH 9501477837

It is a photography competition based on the following:

- ✓ WILDLIFE
- ✓ FLORAL LANDSCAPES
- ✓ SEASONAL FLORA
- ✓ FLOWERS AND INSECTS

**RULES:**

1. Each team will submit 2 prints on the day of event.
2. Photographic prints must be of A3 size.
3. Google Images will be disqualified.

**DESIGN YOUR THOUGHTS** DR. RUPINDER KAUR 847750468

It is a Poster making competition with the following sub-themes:

- ✓ Space Mission from India
- ✓ Robotics, Biotech and Biocycle
- ✓ Envisioning a bright future

**RULES:**

1. Poster must be made on A2 size sheets.
2. Each participant can display only one poster.
3. The topic and theme of the poster should be clearly mentioned on the top of the poster.
4. Poster should not contain any personal details.
5. Teams should give a brief explanation of their posters.

**BIO-CULINARY INNOVATIONS** MS. TARINDERJEET KAUR 9441818800

It is a competition empowering healthier life through Bio-techniques based on the following sub-themes:

- ✓ PLANT BASED MILK ALTERNATIVES
- ✓ MELLET BASED INGREDIENTS
- ✓ FERMENTED FOOD
- ✓ MICROGREENS
- ✓ PLANT BASED NON-ALCOHOLIC BEVERAGES

**RULES:**

1. The food must be restricted to the above mentioned theme.
2. Only pre-prepared items should be assembled.

**MAGIC OF SCIENCE** DR. MISHU GUPTA 8905553319

It is a model making competition based on the following:

- ✓ SUB-THemes
- ✓ EXPLORING UNIVERSE THROUGH PHYSICS
- ✓ PHYSICS OF EVERYDAY LIFE
- ✓ PHYSICS OF SUSTAINABILITY
- ✓ LIGHT AND OPTICS
- ✓ ELECTROMAGNETISM IN ACTION

**RULES:**

1. Size of model must be circular square area of 2 feet diameter.
2. Models should clearly reflect the scientific theme.
3. Teams should give brief explanation of their models.

**COLORS OF CREATIVITY** DR. RAMANPREET KAUR 9511820462

It is a Rangoli competition with the following sub-themes:

- ✓ Artificial Intelligence
- ✓ Wildlife Conservation
- ✓ Scientific Innovations

**RULES:**

1. Participants shall bring their own material.
2. Use only Natural and Eco-friendly material.
3. Time duration will be of 2 hours.
4. The rangoli design should fit within a circular square area of 2 feet diameter.
5. Rangoli should clearly reflect the scientific theme.
6. Teams should give a brief explanation of their rangoli design.

**Guru Nanak Khalsa College for Women**  
Gurukhnan Campus, Model Town, LUDHIANA-141 002  
Ph. : 0161-2424668, 2772561  
Fax : 0161-2424668  
Email: gnikw64h1@rediffmail.com  
Web: gnikw64h.com

**Subject: Participating in VIGYAN MAHOTSAV-2025 Competition on 11<sup>th</sup> March, 2025**

Sir/ Madam,

The following students of our College will participate in VIGYAN MAHOTSAV Competition on 11<sup>th</sup> March, 2025

S.No.	Class	Roll No.	Name	Father's Name	Event
1	BA-I	23-131	Ashubhoo	Mr. Ravinder Kumar	The Art of Flora
2	BA-I	23-167	Garima	Mr. Mukesh Kumar	The Art of Flora
3	BA-I	23-109	Garleen Kaur	S. Sarbjit Singh	Nature's Gallery
4	BA-II	23-212	Jaha Dola	Mr. Vinay Dola	Nature's Gallery
5	B.Com-II	23-1058	Kritika Sharma	Mr. Sanjeev Sharma	Design Your Thoughts
6	BA-II	23-137	Kawaljit Kaur	S. Jasbir Singh Kalai	Design Your Thoughts
7	BA-I	24-292	Sakumanpreet Kaur	S. Paramjit Singh	Design Your Thoughts
8	B.Com-II	23-1154	Sahajpreet Kaur	S. Manpreet Singh Khari	Design Your Thoughts
9	BA-II	23-222	Gaganpreet Kaur	S. Jasvinder Singh	Colors of Creativity
10	BA-I	24-110	Ishika Puri	Mr. Sanjeev Puri	Colors of Creativity
11	BCA-I	24-1924	Karanpreet Kaur	S. Taranjeet Singh	Bio Culinary Innovations
12	BCA-I	24-1939	Prabhsimran Kaur	S. Manjeet Singh Karwal	Bio Culinary Innovations
13	B.Com-II	23-1148	Garleen Kaur	S. Surinder Singh	Bio Culinary Innovations
14	B.Com-II	23-1183	Palak Narang	Mr. Brij Mohan Narang	Bio Culinary Innovations

Teacher Incharge  
1. Ms. Manpreet Kaur  
2. Ms. Riti Bhola

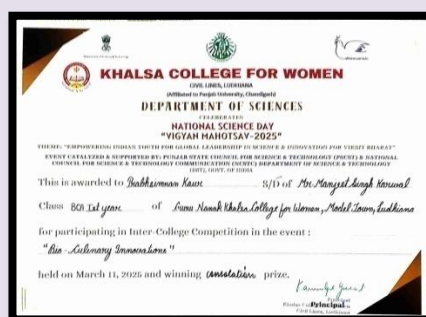
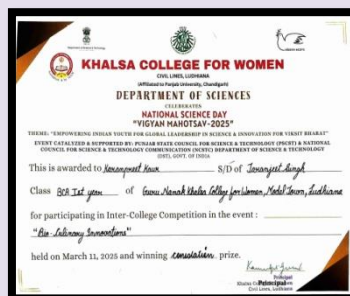
Yours sincerely  
Dr. Manpreet Kaur  
Principal  
G.N.K. College for Women  
Gurukhnan Campus, Model Town, Ludhiana

Dated: 16/3/2025











# 11. Batata Puri stall

S. No.	Date	Action taken	Organized By	Links
11.	March 12, 2025	Batata Puri stall was set up as an activity under "Earn While You Learn" program	Department of Home Science under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/1AJLupnQzU/?mibextid=wwXlfr">https://www.facebook.com/share/p/1AJLupnQzU/?mibextid=wwXlfr</a> <a href="https://www.instagram.com/p/DHF42M3RAV6/?igsh=Z245c204emd6dTF4">https://www.instagram.com/p/DHF42M3RAV6/?igsh=Z245c204emd6dTF4</a> <a href="https://www.instagram.com/p/DHF5MwTR7-u/?igsh=MXZua3N4cjUzZTFrYw==">https://www.instagram.com/p/DHF5MwTR7-u/?igsh=MXZua3N4cjUzZTFrYw==</a>

Department of Home Science of Guru Nanak Khalsa College for Women, Gujarkhan Campus organized Batata Puri stall as an activity under "Earn While You Learn" program in the college campus on March 12, 2025. 21 students of the department made this sweet and savory dish packed with layers of tangy, sweet, and spicy flavors with a perfect balance of texture and aromas that are a feast to the eyes.



**Guru Nanak Khalsa College for Women**  
 Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of IQAC

**Earn While You Learn**

**Department of Home Science**

organizes

**BATATA PURI**



**Coupon @ ₹70/plate**


**Date: March 12, 2025**

**Venue: Outside Home Science Lab**

**Principal**  
Dr. Maneeta Kahlon

**Organizers**  
Mrs. Shikha Kalra  
Mrs. Amarpreet Kaur



**Guru Nanak Khalsa College For Women**  
 Gujarkhan Campus, Model Town,  
 Ludhiana - 141004  
 Ph: 0181-2404000  
 Email: gknw@rediffmail.com  
 Web: gknw.edu.in

Date: 11-3-25


NOTICE

Department of Home Science Organized sale of BATATA PURI under Earn while you learn scheme on March 12, 2025 following students participated in the Preparation on March 11, 2025.

S.No	Name	Class	Roll No	Signature
1	Bhansali Tara	D.A.3	221049	[Signature]
2	Garganjan Tara	B.A.2	221113	[Signature]
3	Parvitha Tara	S.P.B	221109	[Signature]
4	Manmeet Kaur	B.A.3C	221135	[Signature]
5	Taranga	B.A.11A	221177	[Signature]
6	Arushi	B.A.12	221121	[Signature]
7	Shikha Kalra	B.A.12P	221202	[Signature]
8	Harpreet	B.A.12P	221105	[Signature]
9	Shikha Kalra	B.A.12P	221105	[Signature]
10	Arushi	B.A.12	221121	[Signature]
11	Arushi	B.A.12	221121	[Signature]
12	Arushi	B.A.12	221121	[Signature]
13	Arushi	B.A.12	221121	[Signature]
14	Arushi	B.A.12	221121	[Signature]
15	Arushi	B.A.12	221121	[Signature]

Dr. Maneeta Kahlon  
Principal

S.No	Name	Class	Roll No	Signature
16	Arushi	B.A.12	221121	[Signature]
17	Arushi	B.A.12	221121	[Signature]
18	Arushi	B.A.12	221121	[Signature]
19	Arushi	B.A.12	221121	[Signature]
20	Arushi	B.A.12	221121	[Signature]
21	Arushi	B.A.12	221121	[Signature]



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 Web: gknw.edu.in

Date: 12-3-25

NOTICE

Department of Home Science Organized sale of BATATA PURI under Earn while you learn scheme on March 12, 2025 following students participated in the activity.

S.No	Name	Class	Roll No	Signature
1	Bhansali Tara	B.A.3	221049	[Signature]
2	Garganjan Tara	B.A.2	221113	[Signature]
3	Parvitha Tara	S.P.B	221109	[Signature]
4	Manmeet Kaur	B.A.3C	221135	[Signature]
5	Taranga	B.A.11A	221177	[Signature]
6	Arushi	B.A.12	221121	[Signature]
7	Shikha Kalra	B.A.12P	221202	[Signature]
8	Harpreet	B.A.12P	221105	[Signature]
9	Shikha Kalra	B.A.12P	221105	[Signature]
10	Arushi	B.A.12	221121	[Signature]
11	Arushi	B.A.12	221121	[Signature]
12	Arushi	B.A.12	221121	[Signature]
13	Arushi	B.A.12	221121	[Signature]
14	Arushi	B.A.12	221121	[Signature]

Dr. Maneeta Kahlon  
Principal

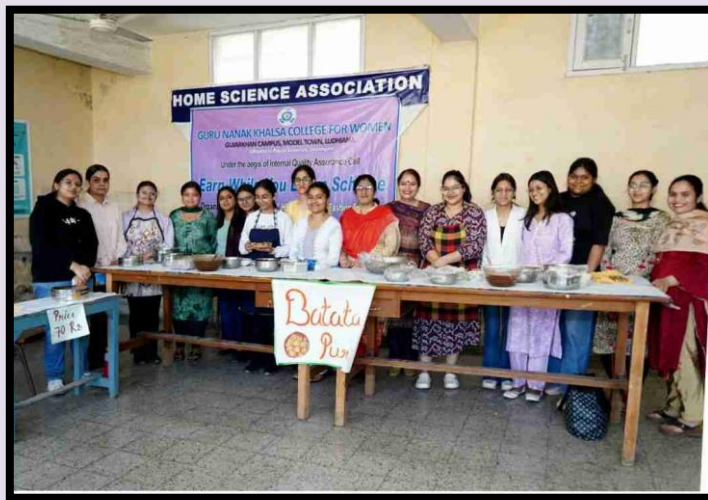




Ludhiana  
Punjab  
India

28°C  
82°F

2025-03-12(Wed) 09:25(am)











**GNKCW organises 'earn while you learn' programme**

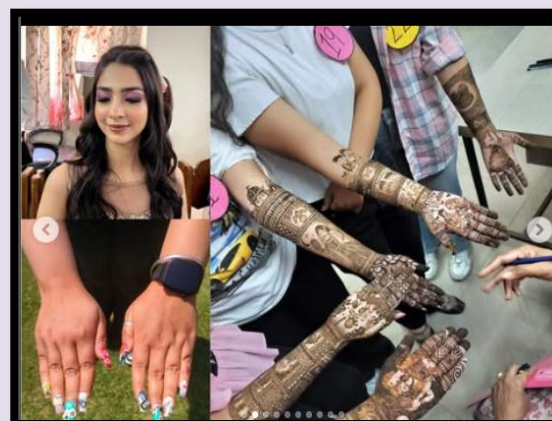
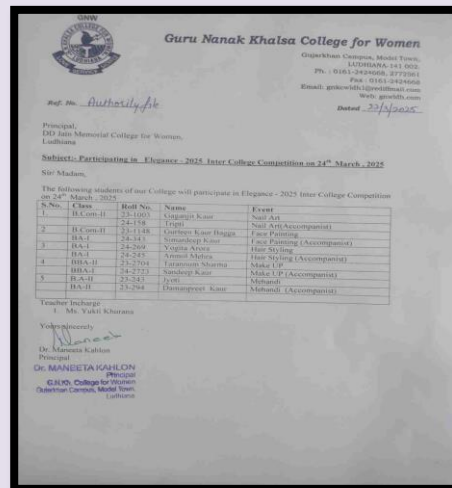
**LUDHIANA:** The home science department of Guru Nanak Khalsa College for Women, Gujarkhan Campus, organised an 'earn while you learn' programme by setting up a stall. As part of the initiative, 21 students prepared the flavourful dish, showcasing their culinary and entrepreneurial skills. Principal Maneeta Kahlon visited the stall and emphasised the importance of such activities in developing business skills and leadership qualities.

## 12. Elegance -2025

S. No.	Date	Action taken	Organized By	Links
12.	March 24, 2025	Students participated in the inter-college competition Nail Art, Mehendi, Face painting, Make up and Hair styling events .	Devki Devi Jain College For Women, Ludhiana, in collaboration with Department of Home Science, under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/1FCikGYmcs/">https://www.facebook.com/share/p/1FCikGYmcs/</a> <a href="https://www.instagram.com/p/DHpnZuUxySi/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DHpnZuUxySi/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>

5 Students from Guru Nanak Khalsa College for Women, Ludhiana, participated in the inter-college competition, Elegance -2025, organised by Devki Devi Jain College For Women, Ludhiana, on 24<sup>th</sup> March 2025. Students enthusiastically competed in Nail Art, Mehendi, Face painting, Make up and Hair styling events.





### 13. UPRISE 2025

S. No.	Date	Action taken	Organized By	Links
13.	March 28, 2025	Students participated in Technical Events, Cultural Events, and Visual Arts & Craft Events	Ludhiana Group of Colleges, in collaboration with Department of Home Science, under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/1EDMnoCW2p/">https://www.facebook.com/share/p/1EDMnoCW2p/</a>  <a href="https://www.instagram.com/p/DIA7NUWRZeX/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA=">https://www.instagram.com/p/DIA7NUWRZeX/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA=</a> = <a href="https://www.instagram.com/p/DIA7ekjxEob/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA=">https://www.instagram.com/p/DIA7ekjxEob/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA=</a>

Students of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana, exhibited remarkable talent and enthusiasm at UPRISE 2025, an esteemed event organized by Ludhiana Group of Colleges on March 28, 2025. Competing across 25 categories, a total of 71 students from various departments participated in Technical Events, Cultural Events, and Visual Arts & Craft Events, showcasing their creativity, competitive spirit, and dedication.

Winners' Achievements in Visual Arts and Craft events (Mehandi, Flower Arrangement and Salad making)

Gaganpreet Kaur Class BA2nd year, Roll No. 23190 got first Prize in Flower Arrangement

Harmanpreet Kaur Class BA2nd year, Roll No. 23174 got second prize in Flower Arrangement

Laasani Jain Class BA2nd year, Roll No. 23177 got second prize in Salad Making

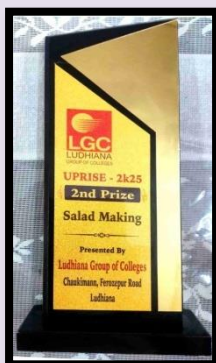
GURU NANAK KHALSA COLLEGE FOR WOMEN, GUJARKHAN CAMPUS, MODEL TOWN, LUDHIANA LUDHIANA GROUPS OF COLLEGE - UPRISE - 2025		
DATE :28-03-2025		
S.No	Names	ITEM NAME
1	AKSHAY KHAUR	Technical skill
2	AKSHAY KHAUR	Technical skill
3	AKSHAY KHAUR	Technical skill
4	AKSHAY KHAUR	Technical skill
5	AKSHAY KHAUR	Technical skill
6	AKSHAY KHAUR	Technical skill
7	AKSHAY KHAUR	Technical skill
8	AKSHAY KHAUR	Technical skill
9	AKSHAY KHAUR	Technical skill
10	AKSHAY KHAUR	Technical skill
11	AKSHAY KHAUR	Technical skill
12	AKSHAY KHAUR	Technical skill
13	AKSHAY KHAUR	Technical skill
14	AKSHAY KHAUR	Technical skill
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16	AKSHAY KHAUR	Technical skill
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18	AKSHAY KHAUR	Technical skill
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22	AKSHAY KHAUR	Technical skill
23	AKSHAY KHAUR	Technical skill
24	AKSHAY KHAUR	Technical skill
25	AKSHAY KHAUR	Technical skill
26	AKSHAY KHAUR	Technical skill
27	AKSHAY KHAUR	Technical skill
28	AKSHAY KHAUR	Technical skill
29	AKSHAY KHAUR	Technical skill
30	AKSHAY KHAUR	Technical skill
31	AKSHAY KHAUR	Technical skill
32	AKSHAY KHAUR	Technical skill











#### 14. POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY1)

S. No.	Date	Action taken	Organized By	Links
14.	April 9, 2025	Students prepared nutritious salads and wholesome meal dishes	Coordinated by the Internal Quality Assurance Cell (IQAC) and NSS Unit of the college, in collaboration with the Department of Home Science, GNKCW	<a href="https://www.facebook.com/share/p/1AgCKUfsDq/">https://www.facebook.com/share/p/1AgCKUfsDq/</a> <a href="https://www.instagram.com/p/DITGyUeR79L/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DITGyUeR79L/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>

This year's campaign focused on strengthening Social and Behaviour Change Communication (SBCC) and community mobilization to tackle pressing nutrition issues in India.

As part of the celebrations, a collaborative cooking activity was organized on April 9, 2025, in the Foods Lab. Twenty-five children actively participated and were sensitized to the theme: "Healthy Lifestyle to Address Obesity in Children." Through the preparation of nutritious salads and wholesome meal dishes, the young participants learned about the importance of healthy eating habits.





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Email: gnanak@gnkcw.ac.in  
Website: www.gnkcw.ac.in

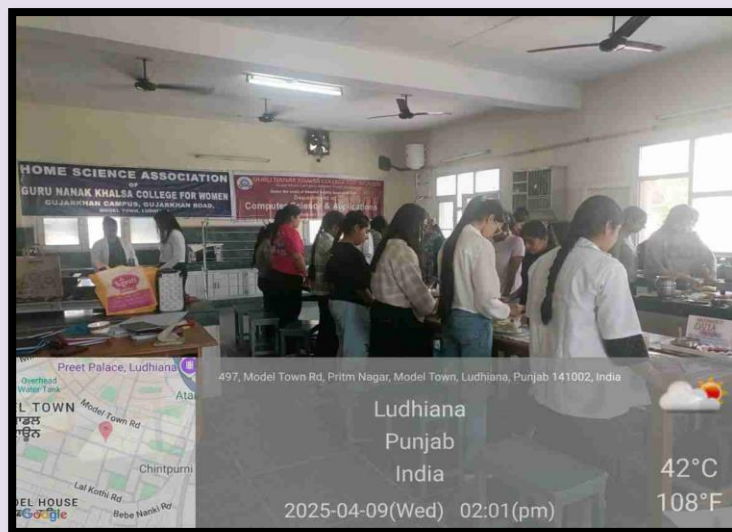
Ref. No. Notice file  
Dated 3-4-25

**NOTICE**  
Department of Home Science and NSE sets of GNKCW scheduled POREAN PASTIRADIA-2025 with the theme "Healthy life style to address obesity in children". Following students make different healthy food preparations as a part of this plan.

S.No	Name	Class	Roll No	Signature
1	Alcayola	B.A (Gen)	21-280	Alcayola
2	Alcayola	B.A (Gen)	21-280	Alcayola
3	Alcayola	B.A (Gen)	21-280	Alcayola
4	Alcayola	B.A (Gen)	21-280	Alcayola
5	Alcayola	B.A (Gen)	21-280	Alcayola
6	Alcayola	B.A (Gen)	21-280	Alcayola
7	Alcayola	B.A (Gen)	21-280	Alcayola
8	Alcayola	B.A (Gen)	21-280	Alcayola
9	Alcayola	B.A (Gen)	21-280	Alcayola
10	Alcayola	B.A (Gen)	21-280	Alcayola
11	Alcayola	B.A (Gen)	21-280	Alcayola
12	Alcayola	B.A (Gen)	21-280	Alcayola
13	Alcayola	B.A (Gen)	21-280	Alcayola
14	Alcayola	B.A (Gen)	21-280	Alcayola
15	Alcayola	B.A (Gen)	21-280	Alcayola

Dr. Manjeet Kaur  
Principal  
GNKCW College for Women  
Gujar Khan Campus, Model Town  
Ludhiana

S.No	Name	Class	Roll No	Signature
16	Alcayola	B.A (Gen)	21-280	Alcayola
17	Alcayola	B.A (Gen)	21-280	Alcayola
18	Alcayola	B.A (Gen)	21-280	Alcayola
19	Alcayola	B.A (Gen)	21-280	Alcayola
20	Alcayola	B.A (Gen)	21-280	Alcayola
21	Alcayola	B.A (Gen)	21-280	Alcayola
22	Alcayola	B.A (Gen)	21-280	Alcayola
23	Alcayola	B.A (Gen)	21-280	Alcayola
24	Alcayola	B.A (Gen)	21-280	Alcayola
25	Alcayola	B.A (Gen)	21-280	Alcayola
26	Alcayola	B.A (Gen)	21-280	Alcayola
27	Alcayola	B.A (Gen)	21-280	Alcayola
28	Alcayola	B.A (Gen)	21-280	Alcayola
29	Alcayola	B.A (Gen)	21-280	Alcayola
30	Alcayola	B.A (Gen)	21-280	Alcayola





#### 15. POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY 2)

S. No.	Date	Action taken	Organized By	Links
15.	April 11, 2025	Students calculated Body Mass Index (BMI)	IQAC and NSS Unit of the college, in collaboration with the Department of Home Science, GNKCW	<a href="https://www.facebook.com/gnwludhiana/posts/pfbid02ddF2ziRCE7rus8MV4PUgDMLPSpk3LT8RmKYjHeXjGMFqZnzRji47Ny8K9AisXCXsl">https://www.facebook.com/gnwludhiana/posts/pfbid02ddF2ziRCE7rus8MV4PUgDMLPSpk3LT8RmKYjHeXjGMFqZnzRji47Ny8K9AisXCXsl</a> <a href="https://www.instagram.com">https://www.instagram.com</a>

			<a href="https://www.gurukulcollege.edu.in/m/p/DIVuJudxjDK/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">m/p/DIVuJudxjDK/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>
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Poshan Pakhwada 2025 builds on the success of previous years, leveraging the power of Social and Behaviour Change Communication (SBCC) and community mobilization to address key nutritional issues in India. As part of the initiative, 21 students were sensitized to this year's theme: "Management of Malnutrition through Implementation of the CMAM Module." On April 11, 2025, students calculated Body Mass Index (BMI) to assess the level of malnutrition among girls aged 18 to 20 years.


**Guru Nanak Khalsa College for Women**  
 Gujarkhan Campus, Model Town, Ludhiana
 

Under the aegis of IQAC

**NSS Unit & Department of Home Science**  
organizes




# Poshan Pakhwada

**8<sup>th</sup> - 23<sup>rd</sup> April, 2025**

**Principal**  
**Dr. Maneeta Kahlon**

**NSS Programme Officers**  
**Dr. Neetu Prakash**  
**Mrs. Satwant Kaur**

**Organizers**  
**Mrs. Shikha Kalra**  
**Mrs. Amarpreet Kaur**


**Guru Nanak Khalsa College for Women**  
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 Website: www.gnw.edu.in

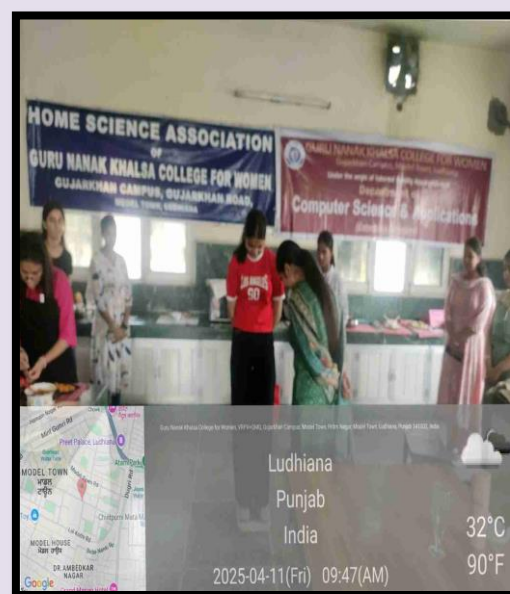
Ref. No. NKHE/Ed      **NOTICE**      Date: 11-04-25

Department of Home Science and NSS unit of GNW celebrated POSHAN PAKHWADA- 2025 "Management of Malnutrition through Implementation of CMAM module" on 11-04-2025 students calculated BMI to measure the degree of Malnutrition among girls of age 18-20 years.

S.No	Name	Class	BMI	Signature
1	Adarsh	B.A. Hons	23.10	Adarsh
2	Anshika	B.A. Hons	22.8	Anshika
3	Anshika	B.A. Hons	23.4	Anshika
4	Anshika	B.A. Hons	23.2	Anshika
5	Anshika	B.A. Hons	23.1	Anshika
6	Anshika	B.A. Hons	23.0	Anshika
7	Anshika	B.A. Hons	22.9	Anshika
8	Anshika	B.A. Hons	22.8	Anshika
9	Anshika	B.A. Hons	22.7	Anshika
10	Anshika	B.A. Hons	22.6	Anshika
11	Anshika	B.A. Hons	22.5	Anshika
12	Anshika	B.A. Hons	22.4	Anshika
13	Anshika	B.A. Hons	22.3	Anshika
14	Anshika	B.A. Hons	22.2	Anshika
15	Anshika	B.A. Hons	22.1	Anshika
16	Anshika	B.A. Hons	22.0	Anshika
17	Anshika	B.A. Hons	21.9	Anshika
18	Anshika	B.A. Hons	21.8	Anshika
19	Anshika	B.A. Hons	21.7	Anshika
20	Anshika	B.A. Hons	21.6	Anshika
21	Anshika	B.A. Hons	21.5	Anshika

Principal





#### 16. POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY 3)

S. No.	Date	Action taken	Organized By	Links
16.	April 12, 2025	Students organized Bhel Puri stall	Department of Home Science, in collaboration with the NSS Unit under “Earn While You Learn” initiative, IQAC, GNKCW	<a href="https://www.facebook.com/gnwludhiana/posts/pfbid0Rw3oFNQvUxy4gXvinN8kSm49Ax9NNZc4o3FebhLm6LDraZCJyRKtnS3xeVZMG9HZI">https://www.facebook.com/gnwludhiana/posts/pfbid0Rw3oFNQvUxy4gXvinN8kSm49Ax9NNZc4o3FebhLm6LDraZCJyRKtnS3xeVZMG9HZI</a> <a href="https://www.instagram.com/p/DIV1ErfR-OX/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DIV1ErfR-OX/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>

As part of the “Earn While You Learn” initiative, the Department of Home Science, in collaboration with the NSS Unit of Guru Nanak Khalsa College for Women, Ludhiana, organized a Bhel Puri stall on April 12, 2025. Nineteen students from the department came together to create an explosion of flavors with this sweet and savory dish, masterfully blending textures and the tantalizing aromas of tamarind and mint (pudina) chutneys. The preparation was not only a treat for the taste buds but also a visual delight.









#### 17. POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY 4)

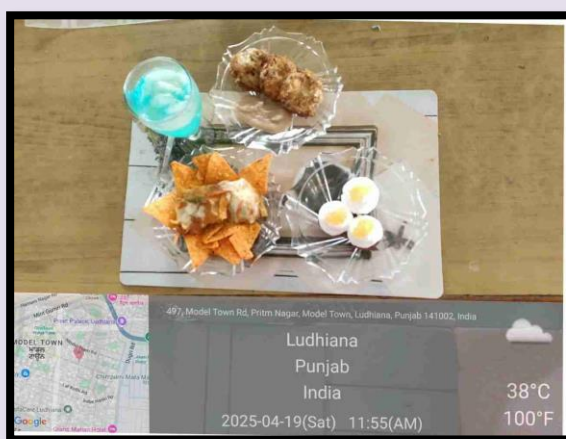
S. No.	Date	Action taken	Organized By	Links
17.	April 19, 2025	organized a workshop on preparing nutritious dishes rich in cereal-pulse combinations	The Department of Home Science in collaboration with the NSS Unit, in collaboration with Department of Home Science, under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/15FSf6RMJt/">https://www.facebook.com/share/p/15FSf6RMJt/</a>  <a href="https://www.instagram.com/p/DI5agEwRnh4/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DI5agEwRnh4/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>

The Department of Home Science at Guru Nanak Khalsa College for Women, Ludhiana, in collaboration with the NSS Unit, organized a workshop on April 19, 2025, to celebrate Poshan Pakhwada 2025. The focus of the workshop was on preparing nutritious dishes rich in cereal - pulse combinations and fortified with vegan ingredients. A total of 21 students from the department actively participated, preparing a variety of healthy and innovative recipes such as millet-based pulao, masala idli, paushtik omelette, salads, and vegetable lasagna.









#### 18. POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY 5)

S. No.	Date	Action taken	Organized By	Links
18.	April 21, 2025	workshop on preparing dishes with enhanced nutritional value.	Department of Home Science in collaboration with the NSS Unit, in collaboration with Department of Home Science, under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/1BvufTVCF6/">https://www.facebook.com/share/p/1BvufTVCF6/</a>  <a href="https://www.instagram.com/p/DI5a40WRO36/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DI5a40WRO36/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>

The Department of Home Science at Guru Nanak Khalsa College for Women, Ludhiana, in collaboration with the NSS Unit, conducted a workshop on April 21, 2025, as part of the Poshan Pakhwada 2025 celebrations. The workshop focused on preparing dishes with enhanced nutritional value. A total of 21 students from the department participated enthusiastically, preparing a variety of healthy and delicious recipes including appam, pav bhaji, vegetable rolls, and a selection of nutritious puddings.



**Guru Nanak Khalsa College for Women**  
 Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of IQAC

**NSS Unit & Department of Home Science**

organizes




# Poshan Pakhwada

8<sup>th</sup> - 23<sup>rd</sup> April, 2025

**Principal**  
**Dr. Maneeta Kahlon**

**NSS Programme Officers**  
**Dr. Neetu Prakash**  
**Mrs. Satwant Kaur**

**Organizers**  
**Mrs. Shikha Kalra**  
**Mrs. Amarpreet Kaur**



**Guru Nanak Khalsa College For Women**  
 Gujarkhan Campus, Model Town  
 Ludhiana - 141002  
 Email : gkwcw@141002@gmail.com  
 Web : gkwcw.com

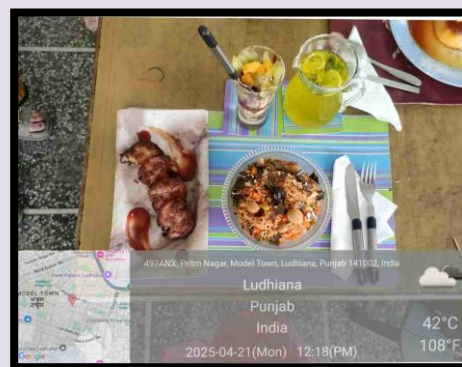
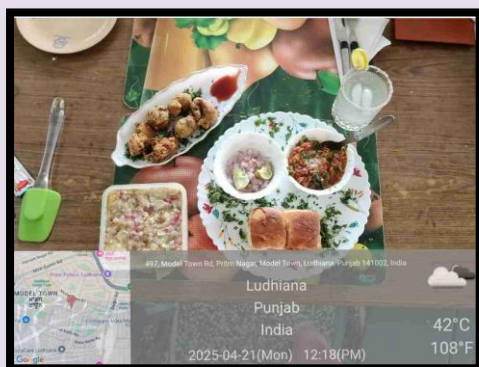
Ref. No. Notice File Date 21-4-25

**NOTICE**

Department of Home Science organized Cooking workshop on enhancing nutrition value dishes in collaboration with NSS unit under Poshan Pakhwada 2025 on April 19, 2025. Following students attended the workshop.

S.No	Name	Class	Roll No	Signature
1	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
2	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
3	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
4	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
5	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
6	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
7	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
8	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
9	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
10	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
11	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
12	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
13	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
14	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
15	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
16	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
17	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
18	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
19	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
20	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra
21	Shikha Kalra	B.A. 6 <sup>th</sup> Sem	22115	Shikha Kalra

Dr. Maneeta Kahlon  
Principal  
G.N.K. College for Women  
Gujarkhan Campus, Model Town  
Ludhiana




#### 19. POSHAN PAKHWADA 2025 Celebrations at GNKCW (DAY 6)

S. No.	Date	Action taken	Organized By	Links
19.	April 23, 2025	Students visited Guru Nanak Sr. Secondary school, Model Town, Ludhiana for a casual survey of the process of Mid Day meal program	IQAC and NSS, Unit of the college in collaboration with Department of Home Science, under IQAC, GNKCW	<a href="https://www.facebook.com/share/p/192MxhiV2h/">https://www.facebook.com/share/p/192MxhiV2h/</a> <a href="https://www.instagram.com/p/DI50vBDRGq4/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFiZA==">https://www.instagram.com/p/DI50vBDRGq4/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFiZA==</a>


Poshan Pakhwada 2025 is built this year on the success of previous years, leveraging the power of SBCC and community mobilization to address key nutrition issues in India. 24 Students visited Guru Nanak Sr. Secondary school, Model Town, Ludhiana for a casual survey of the process of Mid Day meal program on April 23, 2025 with the aim of combating malnutrition in the children of urban middle and lower income group. This survey was done under the theme outcomes during Poshan Pakhwada 2025- "Management of Malnutrition through implementation of CMAM module"



The activity was organized on the above theme by IQAC and NSS, Unit of the college in collaboration with Department of Home Science




**Guru Nanak Khalsa College for Women**  
Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of IQAC

**NSS Unit & Department of Home Science**  
organizes



# Poshan Pakhwada

8<sup>th</sup> - 23<sup>rd</sup> April, 2025

**Principal**  
Dr. Maneeta Kahlon

**NSS Programme Officers**  
Dr. Neetu Prakash  
Mrs. Satwant Kaur

**Organizers**  
Mrs. Shikha Kalra  
Mrs. Amarpreet Kaur

**Guru Nanak Khalsa College For Women**  
Gujarkhan Campus, Model Town, Ludhiana - 141002  
Ph. 0181-2424066  
Email : gknkcw@rediffmail.com  
Web : gknkcw.com

Ref No. : Nkccw/2025  
Date: 23-4-25

NOTICE

Department of Home Science in collaboration with NSS unit under Poshan Pakhwada-2025 organized a unit to mid-day meal program at Guru Nanak Khalsa Sec. School, Model Town on April 23, 2025 following students attended in the workshop.

S.No	Name	Class	Roll No	Signature
1	Shikha Kalra	B.A-1	2419114	Shikha Kalra
2	Shikha Kalra	B.A-1	2419115	Shikha Kalra
3	Shikha Kalra	B.A-1	2419116	Shikha Kalra
4	Shikha Kalra	B.A-1	2419117	Shikha Kalra
5	Shikha Kalra	B.A-1	2419118	Shikha Kalra
6	Shikha Kalra	B.A-1	2419119	Shikha Kalra
7	Shikha Kalra	B.A-1	2419120	Shikha Kalra
8	Shikha Kalra	B.A-1	2419121	Shikha Kalra
9	Shikha Kalra	B.A-1	2419122	Shikha Kalra
10	Shikha Kalra	B.A-1	2419123	Shikha Kalra
11	Shikha Kalra	B.A-1	2419124	Shikha Kalra
12	Shikha Kalra	B.A-1	2419125	Shikha Kalra
13	Shikha Kalra	B.A-1	2419126	Shikha Kalra
14	Shikha Kalra	B.A-1	2419127	Shikha Kalra
15	Shikha Kalra	B.A-1	2419128	Shikha Kalra
16	Shikha Kalra	B.A-1	2419129	Shikha Kalra
17	Shikha Kalra	B.A-1	2419130	Shikha Kalra
18	Shikha Kalra	B.A-1	2419131	Shikha Kalra
19	Shikha Kalra	B.A-1	2419132	Shikha Kalra
20	Shikha Kalra	B.A-1	2419133	Shikha Kalra
21	Shikha Kalra	B.A-1	2419134	Shikha Kalra
22	Shikha Kalra	B.A-1	2419135	Shikha Kalra
23	Shikha Kalra	B.A-1	2419136	Shikha Kalra

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Principal  
G.N.K. College for Women  
Gujarkhan Campus, Model Town, Ludhiana

S.No	Name	Class	Roll No	Signature
23	Shikha Kalra	B.A-1	2419137	Shikha Kalra
24	Shikha Kalra	B.A-1	2419138	Shikha Kalra
25	Shikha Kalra	B.A-1	2419139	Shikha Kalra
26	Shikha Kalra	B.A-1	2419140	Shikha Kalra
27	Shikha Kalra	B.A-1	2419141	Shikha Kalra
28	Shikha Kalra	B.A-1	2419142	Shikha Kalra
29	Shikha Kalra	B.A-1	2419143	Shikha Kalra
30	Shikha Kalra	B.A-1	2419144	Shikha Kalra
31	Shikha Kalra	B.A-1	2419145	Shikha Kalra
32	Shikha Kalra	B.A-1	2419146	Shikha Kalra
33	Shikha Kalra	B.A-1	2419147	Shikha Kalra
34	Shikha Kalra	B.A-1	2419148	Shikha Kalra
35	Shikha Kalra	B.A-1	2419149	Shikha Kalra
36	Shikha Kalra	B.A-1	2419150	Shikha Kalra
37	Shikha Kalra	B.A-1	2419151	Shikha Kalra
38	Shikha Kalra	B.A-1	2419152	Shikha Kalra
39	Shikha Kalra	B.A-1	2419153	Shikha Kalra
40	Shikha Kalra	B.A-1	2419154	Shikha Kalra
41	Shikha Kalra	B.A-1	2419155	Shikha Kalra
42	Shikha Kalra	B.A-1	2419156	Shikha Kalra
43	Shikha Kalra	B.A-1	2419157	Shikha Kalra
44	Shikha Kalra	B.A-1	2419158	Shikha Kalra
45	Shikha Kalra	B.A-1	2419159	Shikha Kalra
46	Shikha Kalra	B.A-1	2419160	Shikha Kalra
47	Shikha Kalra	B.A-1	2419161	Shikha Kalra
48	Shikha Kalra	B.A-1	2419162	Shikha Kalra
49	Shikha Kalra	B.A-1	2419163	Shikha Kalra
50	Shikha Kalra	B.A-1	2419164	Shikha Kalra
51	Shikha Kalra	B.A-1	2419165	Shikha Kalra
52	Shikha Kalra	B.A-1	2419166	Shikha Kalra
53	Shikha Kalra	B.A-1	2419167	Shikha Kalra
54	Shikha Kalra	B.A-1	2419168	Shikha Kalra
55	Shikha Kalra	B.A-1	2419169	Shikha Kalra
56	Shikha Kalra	B.A-1	2419170	Shikha Kalra
57	Shikha Kalra	B.A-1	2419171	Shikha Kalra
58	Shikha Kalra	B.A-1	2419172	Shikha Kalra
59	Shikha Kalra	B.A-1	2419173	Shikha Kalra
60	Shikha Kalra	B.A-1	2419174	Shikha Kalra
61	Shikha Kalra	B.A-1	2419175	Shikha Kalra
62	Shikha Kalra	B.A-1	2419176	Shikha Kalra
63	Shikha Kalra	B.A-1	2419177	Shikha Kalra
64	Shikha Kalra	B.A-1	2419178	Shikha Kalra
65	Shikha Kalra	B.A-1	2419179	Shikha Kalra
66	Shikha Kalra	B.A-1	2419180	Shikha Kalra
67	Shikha Kalra	B.A-1	2419181	Shikha Kalra
68	Shikha Kalra	B.A-1	2419182	Shikha Kalra
69	Shikha Kalra	B.A-1	2419183	Shikha Kalra
70	Shikha Kalra	B.A-1	2419184	Shikha Kalra
71	Shikha Kalra	B.A-1	2419185	Shikha Kalra
72	Shikha Kalra	B.A-1	2419186	Shikha Kalra
73	Shikha Kalra	B.A-1	2419187	Shikha Kalra
74	Shikha Kalra	B.A-1	2419188	Shikha Kalra
75	Shikha Kalra	B.A-1	2419189	Shikha Kalra
76	Shikha Kalra	B.A-1	2419190	Shikha Kalra
77	Shikha Kalra	B.A-1	2419191	Shikha Kalra
78	Shikha Kalra	B.A-1	2419192	Shikha Kalra
79	Shikha Kalra	B.A-1	2419193	Shikha Kalra
80	Shikha Kalra	B.A-1	2419194	Shikha Kalra
81	Shikha Kalra	B.A-1	2419195	Shikha Kalra
82	Shikha Kalra	B.A-1	2419196	Shikha Kalra
83	Shikha Kalra	B.A-1	2419197	Shikha Kalra
84	Shikha Kalra	B.A-1	2419198	Shikha Kalra
85	Shikha Kalra	B.A-1	2419199	Shikha Kalra
86	Shikha Kalra	B.A-1	2419200	Shikha Kalra
87	Shikha Kalra	B.A-1	2419201	Shikha Kalra
88	Shikha Kalra	B.A-1	2419202	Shikha Kalra
89	Shikha Kalra	B.A-1	2419203	Shikha Kalra
90	Shikha Kalra	B.A-1	2419204	Shikha Kalra
91	Shikha Kalra	B.A-1	2419205	Shikha Kalra
92	Shikha Kalra	B.A-1	2419206	Shikha Kalra
93	Shikha Kalra	B.A-1	2419207	Shikha Kalra
94	Shikha Kalra	B.A-1	2419208	Shikha Kalra
95	Shikha Kalra	B.A-1	2419209	Shikha Kalra
96	Shikha Kalra	B.A-1	2419210	Shikha Kalra
97	Shikha Kalra	B.A-1	2419211	Shikha Kalra
98	Shikha Kalra	B.A-1	2419212	Shikha Kalra
99	Shikha Kalra	B.A-1	2419213	Shikha Kalra
100	Shikha Kalra	B.A-1	2419214	Shikha Kalra

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**Mid-Day Meal Program**

S.No	Name	Class	Roll No	Signature
1	Shikha Kalra	B.A-1	2419114	Shikha Kalra
2	Shikha Kalra	B.A-1	2419115	Shikha Kalra
3	Shikha Kalra	B.A-1	2419116	Shikha Kalra
4	Shikha Kalra	B.A-1	2419117	Shikha Kalra
5	Shikha Kalra	B.A-1	2419118	Shikha Kalra
6	Shikha Kalra	B.A-1	2419119	Shikha Kalra
7	Shikha Kalra	B.A-1	2419120	Shikha Kalra
8	Shikha Kalra	B.A-1	2419121	Shikha Kalra
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13	Shikha Kalra	B.A-1	2419126	Shikha Kalra
14	Shikha Kalra	B.A-1	2419127	Shikha Kalra
15	Shikha Kalra	B.A-1	2419128	Shikha Kalra
16	Shikha Kalra	B.A-1	2419129	Shikha Kalra
17	Shikha Kalra	B.A-1	2419130	Shikha Kalra
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22	Shikha Kalra	B.A-1	2419135	Shikha Kalra
23	Shikha Kalra	B.A-1	2419136	Shikha Kalra
24	Shikha Kalra	B.A-1	2419137	Shikha Kalra
25	Shikha Kalra	B.A-1	2419138	Shikha Kalra
26	Shikha Kalra	B.A-1	2419139	Shikha Kalra
27	Shikha Kalra	B.A-1	2419140	Shikha Kalra
28	Shikha Kalra	B.A-1	2419141	Shikha Kalra
29	Shikha Kalra	B.A-1	2419142	Shikha Kalra
30	Shikha Kalra	B.A-1	2419143	Shikha Kalra
31	Shikha Kalra	B.A-1	2419144	Shikha Kalra
32	Shikha Kalra	B.A-1	2419145	Shikha Kalra
33	Shikha Kalra	B.A-1	2419146	Shikha Kalra
34	Shikha Kalra	B.A-1	2419147	Shikha Kalra
35	Shikha Kalra	B.A-1	2419148	Shikha Kalra
36	Shikha Kalra	B.A-1	2419149	Shikha Kalra
37	Shikha Kalra	B.A-1	2419150	Shikha Kalra
38	Shikha Kalra	B.A-1	2419151	Shikha Kalra
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51	Shikha Kalra	B.A-1	2419164	Shikha Kalra
52	Shikha Kalra	B.A-1	2419165	Shikha Kalra
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54	Shikha Kalra	B.A-1	2419167	Shikha Kalra
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60	Shikha Kalra	B.A-1	2419173	Shikha Kalra
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98	Shikha Kalra	B.A-1	2419211	Shikha Kalra
99	Shikha Kalra	B.A-1	2419212	Shikha Kalra
100	Shikha Kalra	B.A-1	2419213	Shikha Kalra

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# 19. Semester ending meeting in the Department





## 20. Remedial Classes

S. No.	Date	Action taken	Organized By	Links
20.	May 15 to May 22, 2025	Organized remedial and revision classes	The Equal Opportunity Cell, and Dept. of Home Science under IQAC, GNKCW	<a href="https://www.instagram.com/gnkcw/p/DI514Luxo?hl=en">https://www.instagram.com/gnkcw/p/DI514Luxo?hl=en</a>

With the final University Examinations of the even semester approaching—particularly for first-year students whose exams will be conducted under the New Education Policy (NEP)—these sessions proved to be both timely and essential. The classes were aimed at addressing students' queries, revising important concepts, and discussing previous years' question papers. Subject teachers provided dedicated support, especially to slow learners, helping them overcome academic challenges and clarify their doubts. The initiative saw commendable participation, not only from slow learners but also from other students who eagerly took advantage of the opportunity to strengthen their preparation.

ATTENDANCE OF REMEDIAL CLASSES 17 APRIL TO 22 APRIL 2025

Class: B.A. II  
Subject: HOME SCIENCE  
Subject Teacher: CHIKKA SANGA

	17/4	18/4	19/4	20/4	21/4	22/4
1. 20-21	Aravinda	P	A	P	P	P
2. 21-22	Aravinda	P	P	P	P	P
3. 22-23	Aravinda	P	P	P	P	P
4. 23-24	Aravinda	P	P	P	P	P
5. 24-25	Aravinda	P	P	P	P	P
6. 25-26	Aravinda	P	P	P	P	P
7. 26-27	Aravinda	P	P	P	P	P
8. 27-28	Aravinda	P	P	P	P	P
9. 28-29	Aravinda	P	P	P	P	P
10. 29-30	Aravinda	P	P	P	P	P
11. 30-31	Aravinda	P	P	P	P	P
12. 31-01	Aravinda	P	P	P	P	P
13. 01-02	Aravinda	P	P	P	P	P

Teacher's Signature: [Signature]

ATTENDANCE OF REMEDIAL CLASSES 17 APRIL TO 22 APRIL 2025

Class: B.A. II  
Subject: HOME SCIENCE  
Subject Teacher: CHIKKA SANGA

	17/4	18/4	19/4	20/4	21/4	22/4
1. 20-21	Aravinda	P	A	P	P	P
2. 21-22	Aravinda	P	P	P	P	P
3. 22-23	Aravinda	P	P	P	P	P
4. 23-24	Aravinda	P	P	P	P	P
5. 24-25	Aravinda	P	P	P	P	P
6. 25-26	Aravinda	P	P	P	P	P
7. 26-27	Aravinda	P	P	P	P	P
8. 27-28	Aravinda	P	P	P	P	P
9. 28-29	Aravinda	P	P	P	P	P
10. 29-30	Aravinda	P	P	P	P	P
11. 30-31	Aravinda	P	P	P	P	P
12. 31-01	Aravinda	P	P	P	P	P
13. 01-02	Aravinda	P	P	P	P	P

Teacher's Signature: [Signature]

ATTENDANCE OF REMEDIAL CLASSES 17 APRIL TO 22 APRIL 2025

Class: B.A. II  
Subject: HOME SCIENCE  
Subject Teacher: CHIKKA SANGA

	17/4	18/4	19/4	20/4	21/4	22/4
1. 20-21	Aravinda	P	P	P	P	P
2. 21-22	Aravinda	P	P	P	P	P
3. 22-23	Aravinda	P	P	P	P	P
4. 23-24	Aravinda	P	P	P	P	P
5. 24-25	Aravinda	P	P	P	P	P
6. 25-26	Aravinda	P	P	P	P	P
7. 26-27	Aravinda	P	P	P	P	P
8. 27-28	Aravinda	P	P	P	P	P
9. 28-29	Aravinda	P	P	P	P	P
10. 29-30	Aravinda	P	P	P	P	P
11. 30-31	Aravinda	P	P	P	P	P
12. 31-01	Aravinda	P	P	P	P	P
13. 01-02	Aravinda	P	P	P	P	P

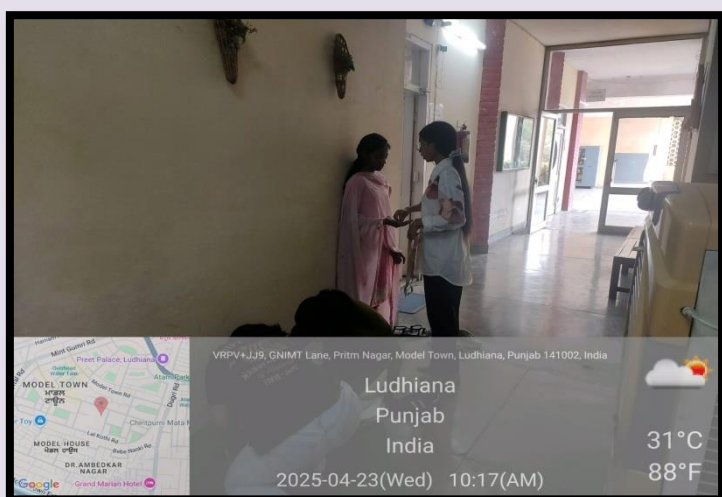
Teacher's Signature: [Signature]



## 21 Conducted Semester end Practical exams

S. No.	Date	Action taken	Organized By	Links
	May 15 to May 24, 2025	Conducted PANJAB UNIVERSITY, Semester end Practical exams	Department of Home Science, under IQAC, GNKCW	<a href="https://www.instagram.com/gnkcw/p/DJYoOXiRITK/?hl=en">https://www.instagram.com/gnkcw/p/DJYoOXiRITK/?hl=en</a>

End Semester Panjab University Examinations of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, the practical exams of under graduate classes are being held from April 15, 2025 to April 24, 2025. Students from various streams appeared for these exams in the allotted time schedule.





## 20. Stock Checking of Department of Home Science

S. No.	Date	Action taken	Organized By	Links
20	May 03, 2025 to May 16, 2025	Stock checking of Home Science Lab	Department of Home Science, under IQAC, GNKCW	

To  
The Principal  
Guru Nanak Khalsa College for Women,  
Model Town, Ludhiana.

Date: 29-4-25

Respected Madam,

Subject: - Permission for formation of Annual Stock Taking Board (ASTB) for department of Home Science.

To advocate for the transparent management of the Department of Home Science, I am writing this letter for taking your kind permission for the formation of an Annual Stock Taking Board (ASTB) to enhance oversight and accountability of the stock and inventory in the department.

The Board Members will comprise of the following teaching and non-teaching staff:

ASTB Members	Signature
1. Mrs. Shikha Kalra (Head), department of Home Science)	<i>Shikha Kalra</i>
2. Mrs. Parveen Verma (Lab Assistant, Department of Home Science)	<i>Parveen Verma</i>
3. Shivam Kumar (Lab Attendant, Department of Home Science)	<i>Shivam</i>

Supervisory Board Members

Members	Signature
1. Dr. Manueta Kahlon (Principal)	<i>Manueta Kahlon</i>
2. Mrs. Seema Dua (College Registrar)	<i>Seema Dua</i>
3. Dr. Shikha Bajaj (HOD Fashion Designing)	<i>Shikha Bajaj</i>
4. Mrs. Amarpreet Kaur (Asst. Prof. Dept. of Home Science)	<i>Amarpreet Kaur</i>

With the ever-increasing complexity of Practical and Theoretical operations in the department and the need for accurate and up-to-date records, establishing a dedicated Stock Taking Board (ASTB) significantly contribute to the efficiency and effectiveness of our institution's inventory Management. Such Board will play vital role in conducting thorough stock audits and ensuring that accurate records are maintained throughout the year in the Department.

The Board will conduct the annual stock taking of the Kitchenware and other Equipment's for the annual year of 2024-2025 in the month of June to July w.e.f May 03 till May 16, 2025.

Kindly Grant permission for the same.

Thanking You,

Yours Faithfully,

*Manueta Kahlon*  
Dr. MANUETA KAHLOH  
Principal  
G.N.Kh. College for Women  
Gurukul Campus, Model Town  
Ludhiana

*Shikha Kalra*  
Mrs. Shikha Kalra  
(HOD Home Science)

To  
The Principal  
Guru Nanak Khalsa College for Women,  
Model Town, Ludhiana.

Date: 16-5-2025

Respected Madam,

Subject: - Conduction of Annual Stock checking for department of Home Science.

This is to bring to your kind notice that the below mentioned members and the Supervisory board members of ASTB conducted smooth stock audit for proper maintenance of accurate records of the equipments in Dept. of home science w.e.f May 3, 2025 to May 16, 2025

ASTB members

ASTB Members	Signature
1. Mrs. Shikha Kalra (Head), department of Home Science)	<i>Shikha Kalra</i>
2. Mrs. Parveen Verma (Lab Assistant, Department of Home Science)	<i>Parveen Verma</i>
3. Shivam Kumar (Lab Attendant, Department of Home Science)	<i>Shivam</i>

Supervisory Board Member

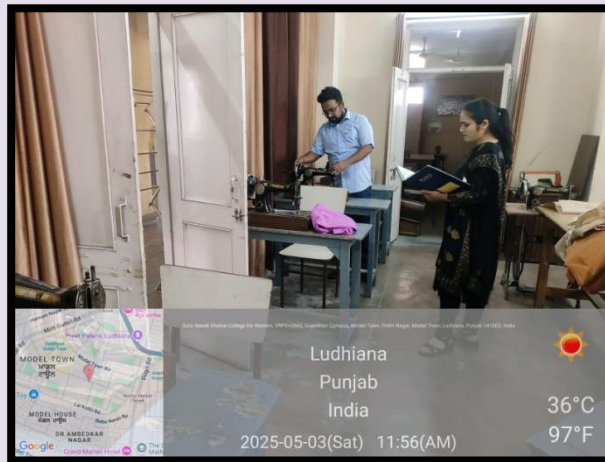
Supervisory Board Members	Signature
1. Dr. Manueta Kahlon (Principal)	<i>Manueta Kahlon</i>
2. Mrs. Seema Dua (College Registrar)	<i>Seema Dua</i>
3. Dr. Shikha Bajaj (HOD Fashion Designing)	<i>Shikha Bajaj</i>
4. Amarpreet Kaur (Asst. Prof. Dept. of Home Science)	<i>Amarpreet Kaur</i>

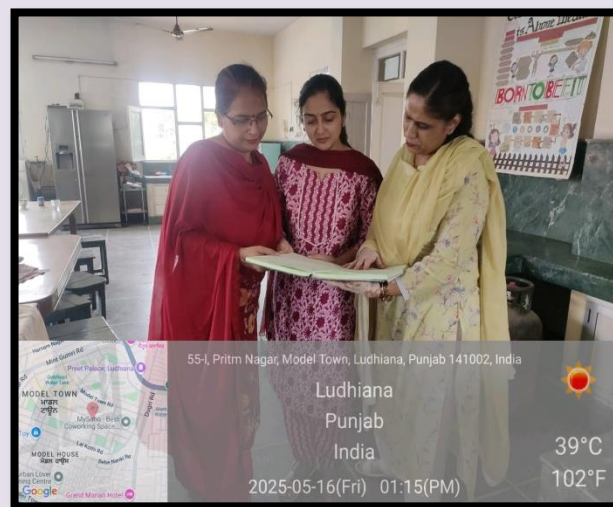
Thanking You,

Yours Faithfully,

*Manueta Kahlon*  
Dr. MANUETA KAHLOH  
Principal  
G.N.Kh. College for Women  
Gurukul Campus, Model Town  
Ludhiana

*Shikha Kalra*  
Shikha Kalra  
(HOD Home science)







**Shikha Kalra**  
HND Home Science