

From the Principal's Desk



एक भारत श्रेष्ठ भारत

Ek Bharat Shreshtha Bharat

PRINCIPAL

Dr Maneeta Kahlon

EBSB club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana has been created under the 'Ek Bharat Shreshtha Bharat' initiative of the Government of India. The ideology was proposed by the honorable Prime Minister on 31-10-2015, the birth anniversary of Sardar Vallabhbhai Patel, who is known for uniting the country as one nation. The programme aims to give a boost to the existing cultural connect between different parts of the country and enhance interaction between people living in different states. Conceptually, the idea is that each year one state should connect to any other state in India on a reciprocal basis. The knowledge of the culture, traditions and practices of different states will lead to an enhanced understanding and bonding between each other thereby strengthening the unity and integrity of India.

I believe that such an initiative to connect people in areas of <u>culture</u>, tourism, language, education trade etc. and citizens will be able to experience the cultural diversity of a much larger number of States/UTs while realizing that India is ONE.

EBSB COORDINATORS

We feel extremely privileged to be associated with the Ek Bharat Shreshtha Bharat Club of our institution. The initiative 'Ek Bharat Shreshtha Bharat' was announced by Hon'ble Prime Minister on 31st October, 2015 on the occasion of the 140th birth anniversary of Sardar Vallabhbhai Patel. Through this innovative measure, the knowledge of the culture, traditions and practices of different states & UTs will lead to an enhanced understanding and bonding between the states, thereby strengthening the unity andintegrity of India.

Ek Bharat Shreshtha Bharat programme aims to enhance interaction & promote mutual understanding between people of different states/UTs through the concept of state/UT pairing. The states carry out activities to promote a sustained and structured cultural connect in the areas of language learning, culture, traditions & music, tourism & cuisine, sports and sharing of best practices, etc.



DR. NEETU PRAKASH COORDINATOR, EBSB CLUB ASSOCIATE PROFESSOR, PG DEPT. OF COMMERCE



MRS. SATWANT KAUR COORDINATOR, EBSB CLUB ASSISTANT PROFESSOR, DEPT OF COMPUTER SCIENCE & APPLICATIONS It is important to establish cultural exchanges between people of different regions, as a means to further human bonding and a common approach to nation-building. Mutual understanding and trust are the foundations of India's strength and all citizens should feel culturally integrated in all corners of India. Students from the north-east, for example, should not feel like 'strangers in a strange land' when they arrive in Delhi, or a person from Punjab should not feel like an outsider in Kerala.

We, the Coordinators of EBSB Club assure full support, dedicationand commitment towards Government to create an environment of mutual trust and confidence which promotes learning between States by sharing best practices and experiences.

Sr. No	Name of Activity	Date
1	Celebrated the 76th Republic Day	January 25, 2025
2	Road Safety Pledge and quiz	January 22, 2025
3	Martyrs' Day	January 30,2025
4	Safer Internet Day	February 11, 2025
5	World Sparrow Day	March 20, 2025
6	International Day of Forests	March 21, 2025
7	Martyrs' Day (Shaheed Diwas)	March 22, 2025
8	Awareness drive on plastic free environment	March 25, 2025
9	Anti-Terrorism Day	May 21, 2025

Dr. Neetu Prakash Mrs Satwant Kaur du hav **EBSB COORDINATORS**

neet a Dr. Maneeta Kahlon

PRINCIPAL

Dr. MANEETA KAHLON Principa G.N.Kh. College for Womer Gujarkhan Campus, Model Town, Ludhiana

Celebrated the 76th Republic Day	
Organized by:	Department of Political Science ,NCC Wing , NSS Unit, EBSB, Youth and
	Red Ribbon Club and Red Cross Society
Venue:	Guru Nanak Khalsa College for Women, Model Town, Ludhiana
Date:	January 25, 2025
Total Participants:	323
Social Media	https://www.facebook.com/gnwludhiana/posts/pfbid02rxBt7DBjbALoyNgfxkefQgkS
Links:	W3r7WrVDiznegs8ChK88eskkrtrCM2gma3NNYxC11
	https://www.instagram.com/p/DFPkd2QSqkD/?utm_source=ig_web_copy_link&igsh =MzRIODBiNWFIZA==
Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Political Science	
,NCC Wing, NSS Unit, EBSB, Youth and Red Ribbon Club and Red Cross Society of Guru Nanak	
Khalsa College for Women, Model Town, Ludhiana, celebrated the 76th Republic Day with patriotic	
former and anthresian. The theme for this year's calebration was "Swarning Dharat. Vireset our	

fervor and enthusiasm. The theme for this year's celebration was "Swarnim Bharat – Virasat aur Vikas" (Golden India – Heritage and Progress). The event featured an inspiring patriotic speech by Loveleen Kaur and Harjot Kaur, BA final-year students, who eloquently spoke on "Republic India and Republic Day Celebrations in Contemporary Times." Their address highlighted the enduring significance of Republic Day and the values enshrined in the Indian Constitution. The celebration concluded with the heartfelt recitation of the National Anthem, filling the atmosphere with pride and a sense of unity. College Principal, Dr. Maneeta Kahlon, in her address highlighted the need to preserve India's rich heritage while pursuing progress and development. A total of 323 students, along with faculty members, took part in the event, making it a memorable and significant occasion.









ਗੁਰੂ ਨਾਨਕ ਖ਼ਾਲਸਾ ਕਾਲਜ ਵਿਖੇ 76ਵਾਂ ਗਣਤੰਤਰ ਦਿਵਸ ਮਨਾਇਆ

ਲੁਧਿਆਣਾ : ਗੁਰੂ ਨਾਨਕ ਖ਼ਾਲਸਾ ਕਾਲਜ ਤੇ ਉਤਸ਼ਾਹ ਨਾਲ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਲੜਕੀਆਂ ਦੇ ਰੈਂਡ ਕਰਾਸ ਸੁਸਾਇਟੀ ਸਾਲ ਦੇ ਜਸ਼ਨ ਦਾ ਵਿਸ਼ਾ "ਸਵਰਨੀਮ ਲੁਧਿਆਣਾ ਇੰਟਰਨਲ ਕੁਆਲਿਟੀ ਐਸ਼ੋਰੈਂਸ ਭਾਰਤ-ਵਿਰਾਸਤ ਤੇ ਵਿਕਾਸ" (ਸੁਨਹਿਰੀ ਸੈੱਲ (ਆਈਕਿਊਏਸੀ) ਦੀ ਅਗਵਾਈ ਭਾਰਤ-ਵਿਰਾਸਤ ਤੇ ਤਰੱਕੀ) ਸੀ। ਇਸ ਹੇਠ ਰਾਜਨੀਤੀ ਸ਼ਾਸਤਰ ਵਿਭਾਗ, ਸਮਾਗਮ 'ਚ ਬੀਏ ਦੇ ਅੰਤਿਮ ਸਾਲ ਦੀਆਂ ਐੱਨਸੀਸੀ ਵਿੰਗ, ਐੱਨਐੱਸਐੱਸ ਯੂਨਿਟ, ਵਿਦਿਆਰਥਣਾਂ ਲਵਲੀਨ ਕੌਰ ਤੇ ਹਰਜੋਤ ਈਬੀਐੱਸਬੀ, ਯੁਵਕ ਭਲਾਈ ਵਿਭਾਗ, ਕੌਰ ਵੱਲੋਂ ਇੱਕ ਪ੍ਰੇਰਣਾਦਾਇਕ ਦੇਸ਼ਭਗਤੀ ਯੁਵਕ ਤੇ ਰੈਂਡ ਰਿਬਨ ਕਲੱਬ ਵੱਲੋਂ 76ਵਾਂ ਦਾ ਭਾਸ਼ਣ ਪੇਸ਼ ਕੀਤਾ ਗਿਆ।

ਪੁਨੀਤ ਬਾਵਾ• ਪੰਜਾਬੀ ਜਾਗਰਣ ਗਣਤੰਤਰ ਦਿਵਸ ਦੇਸ਼ ਭਗਤੀ ਦੀ ਭਾਵਨਾ



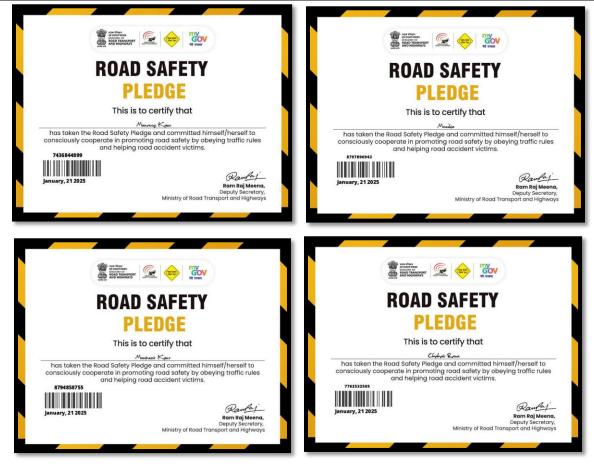
26-01-2025 Punjabi Jagran Page 2 Column 3



28-01-2025 Punjab Kesari Page 4 Column 3

ROAD SAFETY MONTH Road Safety Pledge and quiz	
Organized by:	NSS Unit, EBSB and Red Cross Society
Venue:	Guru Nanak Khalsa College for Women, Model Town, Ludhiana
Date:	January 22, 2025
Social Media Links:	https://www.facebook.com/share/p/15zEMpWQz6/
	https://www.instagram.com/p/DFHoqz0S_O9/?utm_source=ig_web_copy_link&igsh =MzRIODBiNWFIZA==
Under the aegis of IQAC, the NSS Unit, EBSB and Red Cross Society of Guru Nanak Khalsa College for	

Women, Model Town, Ludhiana, is observing January as Road Safety Month. This initiative aims to raise awareness about the critical importance of road safety and instill responsible practices among students and the community. As part of the activities, students have taken a solemn Road Safety Pledge, committing to adhere to traffic rules and promote safety on the roads. Additionally, students are participating in the Road Safety Quiz on mygov platform, which provides an engaging platform to enhance their knowledge of road safety measures, traffic regulations, and accident prevention strategies.





This certifies that

Pawandeepkaur

Has participated in the Road Safety Quiz

organized during the National Road Safety Month 2025.

We acknowledge your efforts. Keep participating!

Ranfaj

Ram Raj Meena, Deputy Secretary, Ministry of Road Transport and Hiohway This certifies that Sonishka Minhas

Has participated in the **Road Safety Quiz** organized during the National Road Safety Month 2025. We acknowledge your efforts. Keep participating!

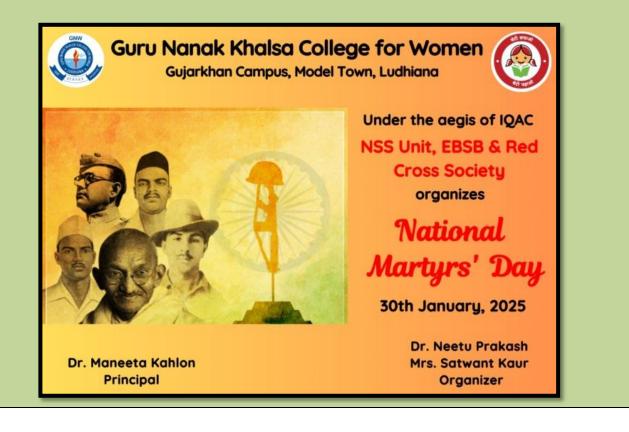
> Ranfaj Ram Raj Meena,

Martyrs' Day	
Organized by:	NSS Unit, EBSB, and Red Cross Society
Venue:	Guru Nanak Khalsa College for Women, Model Town, Ludhiana
Date:	January 30,2025
Social Media	https://www.facebook.com/share/p/1F9pZ3xjA5/
Links:	
	https://www.instagram.com/p/DFcVzQdyWot/?utm_source=ig_web_copy_link&igsh
	=MzRIODBiNWFIZA==

Under the aegis of the Internal Quality Assurance Cell (IQAC), the NSS Unit, EBSB, and Red Cross Society of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized Martyrs' Day in the college campus today to honor the sacrifices of India's great freedom fighters. The event aimed to instill a sense of patriotism among students and remind them of the values upheld by those who laid down their lives for the nation.

As part of the program, an informative session was conducted, where NSS Programme Officers, Dr. Neetu Prakash and Mrs. Satwant Kaur, enlightened students about the significance of Martyrs' Day. They spoke about the supreme sacrifices made by freedom fighters, with a special tribute to Mahatma Gandhi. The session emphasized the importance of remembering history, learning from the past, and carrying forward the ideals of truth, non-violence, and selfless service.

The event was further graced by Principal, Dr. Maneeta Kahlon, who addressed the students with an inspiring speech. She highlighted the role of young minds in shaping the future of the country and encouraged them to uphold the principles of justice, peace, and unity.















01-02-2025 Ajit Page 6 Column 1

ਜੀ.ਐਨ.ਕੇ.ਸੀ 'ਚ
ਮਨਾਇਆ ਸ਼ਹੀਦੀ ਦਿਵਸ
ਲੁਧਿਆਣਾ, 31 ਜਨਵਰੀ (ਸੁਧੀਰ
ਅਗਨੀਹੋਤਰੀ) : ਗੁਰੂ ਨਾਨਕ ਖ਼ਾਲਸਾ
ਕਾਲਜ ਫ਼ਾਰ ਵਮੈਨ, ਮਾਡਲ ਟਾਊਨ,
ਲੁਧਿਆਣਾ ਦੀ ਔਨਐੱਸਐੱਸ ਯਨਿਟ,
ਈ.ਬੀ.ਐੱਸ.ਬੀ., ਅਤੇ ਰੈਂਡ ਕਰਾਸ
ਸੋਸਾਇਟੀ ਵਲੋਂ ਇੰਟਰਨਲ ਕੁਆਲਿਟੀ ਐਸ਼ੋਰੈਂਸ ਸੈੱਲ
ਕੁਆਲਿਟੀ ਅਸ਼ਰੇਸ ਸੈੱਲ
(ਆਈਕਿਊਏਸੀ) ਦੀ ਅਗਵਾਈ ਹੇਠ ਅੱਜ ਕਾਲਜ ਕੈਂਪਸ ਵਿੱਚ ਭਾਰਤ ਦੇ
ਮਹਾਨ ਆਜ਼ਾਦੀ ਘੁਲਾਟੀਆਂ ਦੀਆਂ
ਕੁਰਬਾਨੀਆਂ ਨੂੰ ਸਮਰਪਤ ਸ਼ਹੀਦੀ
ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਇਸ
ਸਮਾਗਮ ਦਾ ਉਦੇਸ਼ ਵਿਦਿਆਰਥੀਆਂ
ਵਿੱਚ ਦੇਸ਼ ਭਗਤੀ ਦੀ ਭਾਵਨਾ ਪੈਦਾ
ਕਰਨਾ ਸੀ। ਪ੍ਰੋਗਰਾਮ ਦੇ ਹਿੱਸੇ ਵਜੋਂ,
ਇੱਕ ਜਾਣਕਾਰੀ ਭਰਪੂਰ ਸੈਸ਼ਨ ਦਾ
ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ, ਜਿਸ ਵਿੱਚ
ਐਨ.ਐਸ.ਐਸ. ਦੇ ਪ੍ਰੋਗਰਾਮ ਅਫ਼ਸਰ
ਡਾ: ਨੀਤੂ ਪ੍ਰਕਾਸ਼ ਅਤੇ ਸਤਵੰਤ ਕੌਰ ਨੇ ਮਹਾਤਮਾ ਗਾਂਧੀ ਨੂੰ ਵਿਸ਼ੇਸ਼
ਸ਼ਰਧਾਂਜਲੀ ਦੇ ਨਾਲ ਆਜ਼ਾਦੀ
ਘੁਲਾਟੀਆਂ ਦੁਆਰਾ ਦਿੱਤੀਆਂ ਮਹਾਨ
ਕੁਰਬਾਨੀਆਂ ਬਾਰੇ ਗੱਲ ਕੀਤੀ। ਇਸ
ਮੌਕੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ ਮਨੀਤਾ ਕਾਹਲੋਂ ਨੇ
ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੋਰਨਾਦਾਇਕ
ਭਾਸ਼ਣ ਦੇ ਕੇ ਸੰਬੋਧਨ ਕੀਤਾ।

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Safer Internet Day	
Organized by:	Department of Computer Science and Applications and NSS, EBSB, Red Cross Society
Venue:	Guru Nanak Khalsa College for Women, Model Town, Ludhiana
Date:	February 11, 2025
Social Media Links:	https://www.facebook.com/share/p/1Dx8hPP1o5/
	https://www.instagram.com/p/DGAVGbaxsqv/?utm_source=ig_web_copy_link&igsh =MzRIODBiNWFIZA==
Under the aegis of the Internal Quality Assurance Cell, the Department of Computer Science and	
Applications of Guru Nanak Khalsa College for Women Model Town Ludhiana in collaboration	

Under the aegis of the Internal Quality Assurance Cell, the Department of Computer Science and Applications of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, in collaboration with the NSS Unit, EBSB, Red Cross Society, observed Safer Internet Day under the theme "Together for a Better Internet."

. As part of the initiative, Khushi Gupta and Hritika Singh, students of BCA 6th Semester delivered an insightful presentation on Cybersecurity Awareness, highlighting key aspects such as safe browsing practices, password security, phishing threats, and social media safety.

The session was coordinated by Ms. Daisy Wadhwa and Ms. Satwant Kaur, along with the faculty of the Computer Science Department.

Speaking on the occasion, Dr. Maneeta Kahlon, Principal of the college, emphasized the growing need for digital literacy and cybersecurity awareness in today's technology-driven world. She stated, "As internet has become an integral part of our daily lives, it is crucial for students to be aware of potential cyber threats and adopt safe online practices."











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13-02-2025 Rozana Spokesman Page 3 Column 3

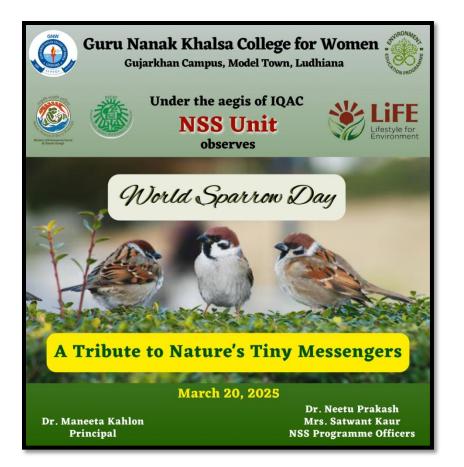
World Sparrow Day		
Organized by:	NSS Unit, EBSB, and the Red Cross Society	
Venue:	Guru Nanak Khalsa College for Women, Model Town, Ludhiana	
Date:	March 20, 2025.	
Social Media	https://www.facebook.com/share/p/1Kg5V4PbBa/	
Links:		
	https://www.instagram.com/p/DHpfkUfx2xF/?igsh=MjdmZWFtY2xpNGdz	

Under the aegis of Internal Quality Assurance Cell, NSS Unit, EBSB, and the Red Cross Society, Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World Sparrow Day on Celebrated annually in the college campus today.

World Sparrow Day raises awareness about the declining population of sparrows and the urgent need for conservation. These small yet vital birds, once commonly found in urban backyards and green spaces, have seen a significant decline over the past two decades.

The theme for 2025, "A Tribute to Nature's Tiny Messengers," emphasized the crucial role sparrows play in maintaining ecological balance and encouraged conservation efforts.

On this occasion, Madam Principal Dr. Maneeta Kahlon engaged in a meaningful discussion with students, highlighting the importance of biodiversity and the need to take proactive steps to protect these tiny yet essential creatures.



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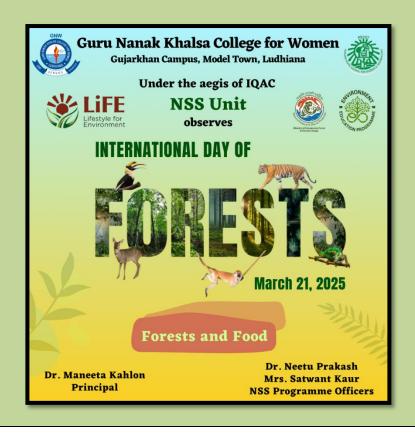






International Day of Forests	
Organized by:	NSS Unit, EBSB, and the Red Cross Society
Venue:	Guru Nanak Khalsa College for Women, Model Town, Ludhiana
Date:	March 21, 2025.
Social Media Links:	https://www.facebook.com/share/p/15L5hNjq8x/
	https://www.instagram.com/p/DHpiDnIxv20/?igsh=MXhrbHgzZTl0ZDk0cg==
Under the aegis of Internal Quality Assurance Cell, the NSS Unit, EBSB, and the Red Cross Society	
of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed International Day of	
Forests in the college campus today.	
Dr. Neetu Prakash and Mrs. Satwant Kaur, NSS Programme Officers highlighted the significance of	

forests, emphasizing their role in sustaining life and maintaining ecological balance. Mrs. Seema Dua, Head of the Department of Economics, shared her insights on the economic value of forests. She discussed how forests contribute to the economy by providing essential resources such as timber, medicinal plants, and employment opportunities in forestry and ecotourism. Madam Principal, Dr. Maneeta Kahlon, engaged in a discussion with students, stressing the importance of conservation and responsible environmental practices.













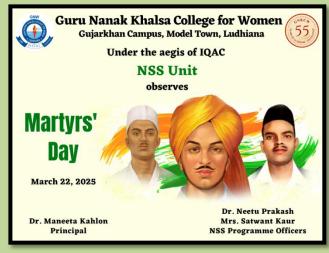


Martyrs' Day (Shaheed Diwas)	
Organized by:	NSS Unit, EBSB, Red Cross Society, NCC, Youth and Red Ribbon Club
Venue:	Guru Nanak Khalsa College for Women, Model Town, Ludhiana
Date:	March 22, 2025.
Social Media	https://www.facebook.com/share/p/18S7kubsrs/
Links:	
Under the aegis of Internal Quality Assurance Cell, NSS Unit, EBSB, Red Cross Society, NCC, Youth	

and Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana observed Martyrs' Day (Shaheed Diwas) in the college campus today. The day was dedicated to honoring the sacrifices of Shaheed Bhagat Singh, Sukhdev Thapar, and Shivaram Rajguru, who were executed by the British in 1931 for their unwavering fight for India's independence.

Students and faculty members paid tribute to these revolutionaries, reflecting on their ideals of courage, patriotism, and justice.

The activity was conducted under the guidance of NSS Programme Officers Dr. Neetu Prakash and Mrs. Satwant Kaur. Madam Principal, Dr. Maneeta Kahlon, also interacted with the students, emphasizing the significance of remembering our national heroes and preserving their legacy.





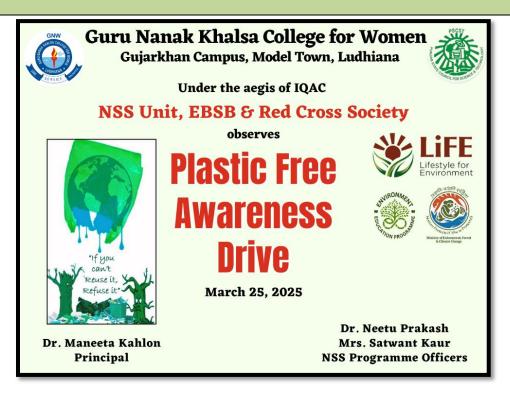




Awareness Drive On Plastic Free Environment	
Organized by:	NSS unit, EBSB and Red Cross Society
Venue:	Guru Nanak Khalsa college for Women, Model Town, Ludhiana
Date:	March 25, 2025
Social Media	https://www.facebook.com/share/p/1EEMg8MLnv/.
Links:	
	https://www.instagram.com/p/DHpl1ikRcc0/?utm_source=ig_web_copy_link&igsh=
	MzRIODBiNWFIZA==
Under the aegis of Internal Quality Assurance Cell, NSS unit, EBSB and Red Cross Society organized	
Cincer the degis of internal Quanty Assurance Cen, NSS unit, EDSD and Red Closs Society organized	
an awareness drive focused on promoting a plastic-free environment in the college campus. This day	

an awareness drive focused on promoting a plastic-free environment in the college campus. This day was observed under the instructions of Punjab State Council for Science and Technology as the state implementing Agency and the Ministry of Environment, Forest and Climate Change as the supporting Agency for the Environment Education Programme. During the event, students were educated about the serious effects plastic has on our environment. They learned how plastic waste leads to pollution, harms wildlife, and takes hundreds of years to decompose. As part of the drive, students were encouraged to take a pledge to protect the environment by reducing their plastic usage and promoting awareness in their communities.

Principal, Dr. Maneeta Kahlon, also addressed the students during the event. She motivated them to actively participate in environmental protection efforts and stressed the importance of small actions taken by each individual, which can collectively make a big difference in preserving our planet.













Name of the Newspaper. 21 HIGHT HIDTDE Date 27 - 3 - 25 Page No. 3 Column No. 2



Anti-Terrorism Day	
Organized by:	Department of Social Sciences, legal literacy club, NSS unit, EBSB
Venue:	Guru Nanak Khalsa college for Women, Model Town, Ludhiana
Date:	May 21, 2025
Social Media	https://www.instagram.com/p/DJ8ZTwQxOTe/?igsh=MWppdGxiZDM5Y3JzeQ==
Links:	
	https://www.facebook.com/share/p/16QvPdxxfg/
Under the aegis of IQAC, Department of Social Sciences, legal literacy club, NSS unit, EBS observed	
Anti-Terrorism Day on 21st May 2025. This day was marked to raise awareness across all the sections	
of the people about the dangers of the terrorism and violence, and its detrimental effect on humanity.	
During the talk show, everybody condemned the Pahalgam terror attack and spoke the risk	
consequences and panic on the masses. College Principal, Dr Maneeta Kalhon addresses the students	
to reaffirms commitment to peace and harmony across the nation.	



