

**GURU NANAK KHALSA COLLEGE FOR WOMEN
MODEL TOWN, LUDHIANA**



Supporting Document

2024-25

**3.4.3.1 Number of extension and outreach Programmes
conducted in collaboration with industry, community and
Non-Government Organizations through NSS/ NCC/Red
Cross /YRC etc., during the year 2024-25**

Dr. Maneeta Kahlon

Principal

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Ludhiana

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Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
International Day Against Drug Abuse and Illicit Trafficking		YOUTH AND RED RIBBON CLUB	2024	47
International Plastic Bag Free Day		YOUTH AND RED RIBBON CLUB	2024	47
World Hepatitis Day		YOUTH AND RED RIBBON CLUB	2024	37
International Youth Day		YOUTH AND RED RIBBON CLUB	2024	34
National Space Day		YOUTH AND RED RIBBON CLUB	2024	65
World First-Aid Day		YOUTH AND RED RIBBON CLUB	2024	48
World Environment Safety Day		YOUTH AND RED RIBBON CLUB	2024	20
Cleanliness Drive		NCC, RED CROSS SOCIETY, EBSB, YOUTH AND RED RIBBON CLUB	2024	102
Breast Cancer Awareness Event		YOUTH AND RED RIBBON CLUB	2024	6
National Deworming Day		YOUTH AND RED RIBBON CLUB	2024	28
World AIDS Day		YOUTH AND RED RIBBON CLUB	2024	38
Distribution of Tracksuits And Uniforms		NCC	2024	20

World Environment Day		NCC	2024	22
Five-day practice session for ATC -53		NCC	2024	24
World Blood Donor Day		NCC	2024	33
Meeting With Cadets Regarding Camp Instructions		NCC	2024	14
Cadet Participated in National Rock Climbing Training Camp		NCC	2024	1
NCC Cadets attended CATC-57		NCC	2024	17
World Youth Skills Day	3 (PB) Girls Battalion, NCC Ludhiana	NCC	2024	22
National Flag Day		NCC	2024	23
Tree plantation drive at village of Jhameri	3 (PB) Girls Battalion, NCC Ludhiana	NCC	2024	30
Celebrated 25th Kargil Vijay Diwas		NCC	2024	37
Visiting the Dholewal Military Complex		NCC	2024	10
Cadet Participated in IGC-1 Thal Sena Camp		NCC	2024	1
Tree Plantation Drive	3 (PB) Girls Battalion, NCC Ludhiana	NCC	2024	41
NCC Enrollment Session 2024-25		NCC	2024	58
78th Independence Day		NCC,NSS,YOUTH AND RED RIBBON CLUB	2024	41
Fire Safety Training Session		NCC	2024	37
Awareness Program on National Digital Health Mission	3 (PB) Girls Battalion, NCC Ludhiana	NCC	2024	43

Cadets Participated in Army Attachment Camp		NCC	2024	3
Observed Gandhi Jayanti		NCC	2024	47
Observed Vigilance Week		NCC	2024	35
SUO Attended PDLS Camp		NCC	2024	1
SGT Attended Basic and Advanced Leadership Camp		NCC	2024	1
Celebrated Rashtriya Ekta Diwas		NCC	2024	32
Observance of Vigilance Week		NCC	2024	22
Constitution Day Celebration		NCC	2024	49
Celebrated Vijay Diwas		NCC	2024	27
International Yoga Day celebrated at GNKCW	3 PB Girls Battalion, Indian Bank of Ludhiana	NCC, NSS, RED CROSS SOCIETY	2024	305
World Environment Day 2024 (Part – I) Pledge		NSS, RED CROSS SOCIETY	2024	100
World Environment Day 2024 (Part – II) Giddha Performance		NSS, RED CROSS SOCIETY	2024	30
World Environment Day 2024 (Part – III) Certificates of appreciation		NSS, RED CROSS SOCIETY	2024	30
World Environment Day 2024 (Part – IV) Essay Writing Competition		NSS, RED CROSS SOCIETY	2024	50
World Environment Day 2024 (Part-V) June 05, 2024 Online Quiz Competition		NSS, RED CROSS SOCIETY	2024	144
World Environment Day 2024 (Part-VI) June 05, 2024 World Food Safety Day		NSS, RED CROSS SOCIETY	2024	16
World Environment Day 2024 (Part-VII) Competition on Repurposing of old clothes		NSS, RED CROSS SOCIETY	2024	9

World Population Day observed at GNKCW		NSS, RED CROSS SOCIETY	2024	68
Lecture on youth-related schemes and provisions under the Union Budget 2024-25		NSS, RED CROSS SOCIETY	2024	25
Cyber Jagrukta Diwas 2024		NSS, RED CROSS SOCIETY	2024	42
Selfies with the Tiranga under Har Ghar Tiranga Celebration		NSS, RED CROSS SOCIETY,NCC	2024	56
Har Ghar Tiranga Pledge under Har Ghar Tiranga Celebration		NSS, RED CROSS SOCIETY,NCC	2024	362
Har Ghar Tiranga Quiz under Har Ghar Tiranga Celebration		NSS, RED CROSS SOCIETY,NCC	2024	564
Singing of the National Anthem under Har Ghar Tiranga Celebration		NSS, RED CROSS SOCIETY,NCC	2024	247
Patriotic Songs under Har Ghar Tiranga Celebration		NSS, RED CROSS SOCIETY,NCC	2024	65
Lemon Race, Walk Race, Sack Race, and Skipping Rope under National Sports Day		NSS, RED CROSS SOCIETY	2024	112
Tug of War and Langadi Competition under National Sports Day		NSS, RED CROSS SOCIETY	2024	120
Table Tennis under National Sports Day		NSS, RED CROSS SOCIETY	2024	52
Plank Challenge under National Sports Day		NSS, RED CROSS SOCIETY	2024	47
Organized a blood donation and health check camp	Indian Bank, Ludhiana	NSS, RED CROSS SOCIETY,NCC,YO UTH AND RED RIBBON CLUB	2024	52
#Poshan Maah WEEK 1 Lecture on Sensitization and Awareness of Anemia Among Adolescent Girls WEEK I		NSS, RED CROSS SOCIETY	2024	81
#Poshan Maah WEEK 1 Stall of Nutritious Dahi bhalla		NSS, RED CROSS SOCIETY	2024	10

#Poshan Maah WEEK 2 Growth Monitoring for Pre Primary & Primary School Children		NSS, RED CROSS SOCIETY	2024	11
#Poshan Maah WEEK 2 Lecture focused on weaning and supplementary foods.		NSS, RED CROSS SOCIETY	2024	58
#Poshan Maah WEEK3 Workshop on soft toy making		NSS, RED CROSS SOCIETY	2024	18
#Poshan Maah WEEK 4 Yoga camp		NSS, RED CROSS SOCIETY	2024	51
#Poshan Maah WEEK 4 Maintained herbal and kitchen garden		NSS, RED CROSS SOCIETY	2024	12
Cyber Jagrukta Diwas		NSS, RED CROSS SOCIETY	2024	42
NSS Day Awareness Rally 2024		NSS, RED CROSS SOCIETY	2024	35
Gandhi Jayanti		NSS, RED CROSS SOCIETY	2024	41
National Voluntary Blood Donation Day		NSS, RED CROSS SOCIETY, YOUTH AND RED RIBBON CLUB	2024	26
E-Waste collection drive as part of Diwali Event 'Roshni'		NSS, RED CROSS SOCIETY	2024	39
Rashtriya Ekta Diwas		NSS, RED CROSS SOCIETY	2024	41
Cyber Jagrukta Diwas		NSS, RED CROSS SOCIETY	2024	16
Awareness Talk on National Cancer Awareness Day		NSS, RED CROSS SOCIETY, YOUTH AND RED RIBBON CLUB	2024	61
National Integration Week Observation 2024		NSS, RED CROSS SOCIETY and EBSB	2024	42
Constitution Day Observation 2024		NSS, RED CROSS SOCIETY and EBSB	2024	59
Human Rights Day Celebration 2024		NSS, RED CROSS SOCIETY	2024	41

Veer Bal Diwas		NSS, RED CROSS SOCIETY and EBSB	2024	25
World Leprosy Eradication Day		YOUTH AND RED RIBBON CLUB	2025	32
World Cancer Day		YOUTH AND RED RIBBON CLUB	2025	38
World Tuberculosis (TB) Day		YOUTH AND RED RIBBON CLUB	2025	34
World No Tobacco Day		NCC, YOUTH AND RED RIBBON CLUB	2025	77
Celebrated Indian Army Day		NCC	2025	48
Centralized revision classes		NCC	2025	59
Celebrated the 76th Republic Day		NCC, YOUTH AND RED RIBBON CLUB and EBSB	2025	323
Celebrated National Voters' Day	District Administration, Ludhiana	NCC, YOUTH AND RED RIBBON CLUB	2025	323
Paid tribute to Pulwama Martyrs		NCC	2025	36
Celebrated World Earth Day	3 (PB) Girls Battalion, NCC Ludhiana	NCC	2025	37
Mock Drill		NCC	2025	41
Mock Drill		NCC	2025	45
NSS Camp Day 1		NSS	2025	58
NSS Camp Day 2		NSS	2025	58
NSS Camp Day 3		NSS	2025	58
NSS Camp Day 4		NSS	2025	58
NSS Camp Day 5		NSS	2025	58
NSS Camp Day 6		NSS	2025	58
NSS Camp Day 7		NSS	2025	58
Online orientation and training session on "Road Safety for Youth of Punjab.		NSS, RED CROSS SOCIETY	2025	29
An educational visit to the Children's Traffic Park		NSS, RED CROSS SOCIETY	2025	36

International Education Day		NSS, RED CROSS SOCIETY	2025	39
Organised Lecture "Say No to Violence Against Women"		NSS, RED CROSS SOCIETY	2025	38
Martyrs' Day		NSS, RED CROSS SOCIETY and EBSB	2025	32
Safer Internet Day		NSS, RED CROSS SOCIETY and EBSB	2025	29
Lecture on Safety and Security in Cyber Space		NSS, RED CROSS SOCIETY	2025	55
Lecture on "Registration and Utilization of "My Bharat Portal"		NSS, RED CROSS SOCIETY	2025	72
Workshop on 'Make up and Nail art' under International Women's Day	Nour Salon Academy, Ludhiana	NSS, RED CROSS SOCIETY	2025	60
Movie Screening of "Manikarnika: Queen of Jhansi under International Women's Day		NSS, RED CROSS SOCIETY	2025	29
Eye Check-up Camp under International Women's Day		NSS, RED CROSS SOCIETY	2025	128
Motivational Lecture on Personality Development and Moral Values in the Light of Gurbani under International Women's Day		NSS, RED CROSS SOCIETY	2025	76
Workshop on self-defense techniques under International Women's Day		NSS, RED CROSS SOCIETY, NCC	2025	98
Empowering Financial Independence on International Women's Day		NSS, RED CROSS SOCIETY	2025	54
Celebrated "International Women's Day" in collaboration with Hero Cycle under International Women's Day	Hero Cycle, Ludhiana	NSS, RED CROSS SOCIETY	2025	95
Fit India Pledge and yoga session on International Women's Day		NSS, RED CROSS SOCIETY	2025	53

World Sparrow Day under Environment Education Program		NSS, RED CROSS SOCIETY and EBSB	2025	49
World Water Day under Environment Education Program		NSS, RED CROSS SOCIETY	2025	54
International Day of Forests under Environment Education Program		NSS, RED CROSS SOCIETY and EBSB	2025	56
Awareness drive on plastic free environment under Environment Education Program		NSS, RED CROSS SOCIETY, EBSB	2025	47
Martyrs' Day (Shaheed Diwas)		NSS, RED CROSS SOCIETY	2025	32
Rally against Drug Abuse by organized in Ludhiana under the direction of the Chief Minister of Punjab on April 2, 2025.		NSS, RED CROSS SOCIETY, NCC, YOUTH AND RED RIBBON CLUB	2025	33
World Health Day		NSS, RED CROSS SOCIETY, YOUTH AND RED RIBBON CLUB	2025	35
Sensitizing Children to Obesity Prevention Through Nutritious Cooking under Poshan Pakhwada		NSS, RED CROSS SOCIETY	2025	25
Assessing Malnutrition: BMI Calculations as Part of Poshan Pakhwada 2025		NSS, RED CROSS SOCIETY	2025	21
Earn While You Learn: Bhel Puri Stall at GNKCW for Poshan Pakhwada		NSS, RED CROSS SOCIETY	2025	19
Workshop focused on the preparation of nutritious dishes featuring cereal-pulse combinations and fortified with vegan ingredients under Poshan Pakhwada		NSS, RED CROSS SOCIETY	2025	21

Workshop on Preparing Nutrient-Enriched Recipes under Poshan Pakhwada		NSS, RED CROSS SOCIETY	2025	21
Nutritional Awareness and Mid-Day Meal Evaluation under Poshan Pakhwada 2025		NSS, RED CROSS SOCIETY	2025	24
Awareness Lecture on dengue		NSS, RED CROSS SOCIETY, YOUTH AND RED RIBBON CLUB	2025	73
Anti-Terrorism Day		NSS, RED CROSS SOCIETY and EBSB	2025	61
Pledge to minimize the use of single-use plastic under World Environment Day		NSS, RED CROSS SOCIETY	2025	42
Recycling of plastic water bottles under World Environment Day		NSS, RED CROSS SOCIETY	2025	73
Awareness campaign to reduce plastic waste under World Environment Day		NSS, RED CROSS SOCIETY	2025	51


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Combined Clubs Reports Links

NSS

REPORT JUNE 2024 TO DECEMBER 2024

<https://www.gnwldh.com/wp-content/uploads/2025/06/NSS-ODD-SEMESTER-2024.pdf>

REPORT JANUARY 2025 TO MAY 2025

<https://www.gnwldh.com/wp-content/uploads/2025/06/NSS-EVEN-SEMESTER-REPORT-2025.pdf>

NCC

REPORT JUNE 2024 TO DECEMBER 2024

<https://www.gnwldh.com/wp-content/uploads/2024/12/NCC-Report-2024-25-Odd-Semester.pdf>

REPORT JANUARY 2025 TO MAY 2025

<https://www.gnwldh.com/wp-content/uploads/2025/06/NCC-Report-2024-25-Even-Semester.pdf>

EBSB

REPORT JUNE 2024 TO DECEMBER 2024

<https://www.gnwldh.com/wp-content/uploads/2025/06/EBSB-ODD-SEM-REPORT.pdf>

REPORT JANUARY 2025 TO MAY 2025

<https://www.gnwldh.com/wp-content/uploads/2025/06/EBSB-EVEN-SEM-REPORT.pdf>

Youth Club and Red Ribbon Club

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https://www.gnwldh.com/wp-content/uploads/2024/12/Youth_RRC_Report_Jun_Dec_2024.pdf

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https://www.gnwldh.com/wp-content/uploads/2025/06/Youth_RRC_Report_Jan_May_2025.pdf

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