

**GURU NANAK KHALSA COLLEGE FOR WOMEN
MODEL TOWN, LUDHIANA**



Supporting Document

2024-25

**7.1.11 Institution celebrates/organizes National and
International commemorative days, events and
festivals**

Dr. Maneeta Kahlon

Principal

**Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana.**

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	Day and Date	Action to be taken	Action taken	Organized by	Social media Links	Press Coverage
1	Wednesday June 05 - 12, 2024	To celebrate World Environment Day & Week 2024	Environment Day was celebrated in the college by taking a pledge in which students from Eco Club, NSS unit and NCC cadets participated. The Pledge is quoted below: “I pledge to use natural and eco-friendly products over plastic. I pledge that I will do everything in my capacity to spread awareness and mobilize participation towards this campaign for reducing plastic waste by less than half.” Part – II GNKCW Celebrates World Environment Day with Unique Giddha Performance to Raise Environmental Awareness The Eco Club and NSS Unit of the college organized a vibrant celebration for World Environment Day, supported by the Ministry of Environment, Forest and Climate Change, Government of India. The event was marked by a unique and engaging performance of Giddha, a traditional Punjabi folk dance, set to bolis (folk songs) centered on environmental themes. The initiative aimed to sensitize students to the importance of protecting the environment through creative expression. The bolis highlighted critical issues such as reducing plastic waste, planting trees, and embracing sustainable practices.	Eco Club, NSS unit and NCC Wing under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0kWZQNZ1uDgubc8R3Vr85tegmc6GGkc3LzNfxW6Zv9Rj2T7aJ95neTxvBTExwqSCRI 2. https://www.instagram.com/p/C70v_Pixop2/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.facebook.com/gnw-ludhiana/posts/pfbid0qqx9riBRHEhNg73D2Mmn8CdzhvJDVUWK86YPhP1jDkRthitq5z5BLZE7h2zKSZntl 4.	

		Madm Principal Dr. Maneeta Kahlon addressed the gathering, emphasizing the crucial role of young people in environmental conservation. She encouraged students to adopt the principles of the three R's: Reduce, Reuse, and Recycle, as part of their daily lives to help mitigate environmental challenges. "This innovative approach of using Giddha not only celebrates our cultural heritage but also serves as a powerful medium to spread awareness about environmental issues. By incorporating environmental messages into our traditional dance, we hope to inspire our students to take concrete actions towards protecting our planet," said Dr. Kahlon. The event witnessed enthusiastic participation from students, who expressed their commitment to the cause by pledging to reduce their plastic usage, engage in tree-planting activities, and promote sustainable practices within their communities. GNKCW's celebration of World Environment Day underscores the college's dedication to fostering environmental education and stewardship among its students. . Part – III The Eco Club and NSS Unit of the college organized a vibrant celebration for World Environment Day, supported by the Ministry of Environment, Forest and Climate Change, Government of India. Certificates of appreciation were given to the students who participated in Giddha to spread the message of awareness of saving the environment. Part-IV		https://www.instagram.com/p/C702Y1Ox0DU/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 5. https://www.facebook.com/gnw-ludhiana/posts/pfbid02vgjHaYhpgwyoCoxFWbHKJRYZz7aD9Acd3JMfd4dQP7BuqGQDm4kPi2aVyEFA-RyeAl 6. https://www.instagram.com/p/C703pcGx6zi/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 7. https://www.facebook.com/gnw-ludhiana/posts/pfbid0Df3Uc7D4dK2QoNztWdH6nUZhb2zRKPKe52jckr5eSGK8ZvcTXpUXhdMBw3C5x4SDl 8.	
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			The celebration included an essay writing competition, celebrating World Environment Day from June 5 to June 12, 2024, focusing on the topic of “Environmental Awareness - Issues and Challenges.” Students expressed their opinions on various issues such as environmental degradation, plastic usage, drought, climate change, etc. Madam Principal Dr. Maneeta Kahlon appreciated and encouraged the students' efforts towards environmental awareness. Part-V The celebration also featured an online quiz competition on the theme “Environmental Sustainable Goals” and was conducted via Google Form, with numerous students participating enthusiastically. Madam Principal Dr. Maneeta Kahlon motivated the students to care about the environment. Part VI Under the aegis of Internal Quality Assurance Cell, under the guidance of Eco club, NSS unit in collaboration with Punjab State Council for Science and Technology, supported by Ministry of Environment, forest and climate Change, Government of India, Department of Home Science celebrated World Food Safety Day on June 7, 2024 designated as “Food Safety: Prepare for the Unexpected” as the theme for 2024. As a quote says “Safe food today for Healthy tomorrow” stresses on the production and consumption of safe food having immediate and long term benefits for people, planet and		https://www.instagram.com/p/C73jKxOybG0/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 9. https://www.facebook.com/gnw-ludhiana/posts/pfbid021xdT9utvATxAGai7uMHmCZHtqXJcnpM57Heoift5zdtGAWEUUWinuDCTiAPY5UH2l 10. https://www.instagram.com/p/C73lHKwxbSF/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 11. https://www.facebook.com/gnw-ludhiana/posts/pfbid08uizZBXECxHf2pNQEsAPU4USkZFrNzqy7fz4msbRzUnqKGCK8AQ3LuMRvnhSXdtLl 12.
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		the environment. The students were demonstrated different techniques of testing food adulteration in locally available dal, tea leaves, milk, ghee, spices and processed foods.16 students participated in the campaign. Madam Principal Dr.Maneeta Kahlon inspired the students to be vigilant while purchasing locally available raw and semi cooked items and to read carefully the label of the packaged product. She explained the effects of adulteration which includes the addition of ingredients to modify different properties of food products for economic advantage as well as color, appearance, taste, weight, volume, and shelf life of food. Part VII Under the aegis of IQAC, NSS unit in collaboration with the Fashion Designing Department organized a competition on repurposing of old clothes. This event not only showcased students' creativity but also underscored the importance of sustainability in our daily lives. On June 12, 2024, the culmination of this initiative took place through a prize distribution ceremony. Cash prizes were awarded to the talented students who demonstrated exceptional skill in crafting beautiful handbags from discarded garments. Their efforts not only breathed new life into old materials but also contributed to environmental conservation, aligning perfectly with the ethos of World Environment Day. This activity was organized by NSS Programme Officers Dr. Neetu		https://www.instagram.com/p/C76AtuYxPq5/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 13. https://www.facebook.com/gnwLudhiana/posts/pfbid0nWKs4VnuqfW3kKJbN2gDDFBei4a9QN7quFHqzmPoz9HQwZYBhC3KECyBhxf2K9al 14. https://www.instagram.com/p/C8G3u4YRl05/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
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			Prakash and Mrs. Satwant Kaur. Madam Principal Dr. Maneeta Kahlon played a pivotal role in fostering enthusiasm and support for this endeavour. Her encouragement served as a catalyst, inspiring students to explore innovative ways of contributing positively to both society and the environment.			
2	Friday June 13, 2024	To observe World Blood Donor Day	World Blood Donor Day was observed in the campus on June 13, 2024. The day was observed to raise awareness about the importance and necessity of blood donation. As part of the initiative, cadets prepared posters and slogans which were shared on social media to reach a wider audience. College Associate NCC Officer Lt Sukhjot Kaur also delivered a lecture emphasizing the importance of blood donation and the role of a blood donor in supporting healthcare initiatives. Madam Principal Dr. Maneeta Kahlon appreciated the cadets and motivated them to continue their efforts in promoting this noble cause. .	NCC Wing under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0UjAXVNs5rUHyW9mjcnjxQCXjT9pnN82KjWg6QX1f9u3udYaM1dPBrrzzcr3BfpE5El 2. https://www.instagram.com/p/C8JX7m_SQx1/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	18-06-2024 The Times of India Page 2 Column 4
3	Friday June 14, 2024	To celebrate Sangrand of <i>Harh</i> month	<i>Harh</i> month's Sangrand was celebrated with full fervor on the college campus. Madam Principal Dr. Maneeta Kahlon and staff prayed for the well-being of everyone.	IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0bLiDLP8g8GF3qgfCmjigpEAfWh744QQY3GXV9McmohSwbLQk1Fpr	

					uFgLGKZ Z4fxrl 2. https://www.instagram.com/p/C8L-oHVRM4i/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
4	Wednesday June 19, 2024	To celebrate National Reading Day	National Reading Day is observed on June 19, 2024. This day honors PN Panickar for his transformative literacy movement in India. As we know, reading takes us on a journey through a thousand words, and a reader experiences a thousand lives before they die. Dr. Balbir Kaur, the college librarian, aptly expresses that books are passports to infinite worlds. Reading good books serves as a roadmap to success. Our library boasts an excellent collection of books, journals, and the latest magazines, and students enjoy them in our air-conditioned facility. Madam Principal Dr. Maneeta Kahlon commended the habit of reading and emphasized the slogan “Read and Grow”. She stressed the importance of donating books, as they possess a uniquely portable magic.	House of Readers under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0TS97YnqcwREU4kNS3L8nSqCG33XUmQX7JcJxNoadYHcxNP1hgpDkB5LWBXFVWRUPI 2. https://www.instagram.com/p/C8Y7V4dRCQ9/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
5	Friday June 21, 2024	To celebrate International Yoga Day	The college, in collaboration with 3 PB Girls Battalion, Indian Bank of Ludhiana, celebrated International Yoga Day on June 21 as per the directives of Ministry of Education and DGNCC, Government of India under the theme, “Yoga for Self and	NCC Wing, NSS Unit and Department of Physical Education under IQAC in collaboration with 3 PB Girls Battalion,	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0WqV4aiZg2CWGtU7fSXqrD5w	22-06-2024 Dainik Jagran Page 3 Column 2

			Society”. On this day, a yoga session was organized to raise awareness among students about numerous benefits of yoga and to promote its holistic approach for physical, mental, and spiritual well-being. 305 participants, including representatives from Indian Bank and Ludhiana schools, enthusiastically joined in, showcasing strong community outreach. Amarjeet, an experienced yoga instructor, led the participants through various yoga poses. The coordination and smooth execution of the event were ensured by Mrs. Satwant Kaur, NSS Programme Officer, Lt. Sukhjot Kaur, Associate NCC Officer, Mrs. Parminder Kaur, Department of Physical Education and NCC Unit Staff SM Rakesh Kumar, Hav. Sandeep and Hav. Manjit Singh. Their oversight played a crucial role in facilitating a seamless flow of activities and maintaining high levels of participant involvement throughout the day. Madam Principal Dr. Maneeta Kahlon underlined the major benefits of yoga and explained how regular yoga practice may reduce levels of stress, body-wide inflammation and contribute to healthier hearts.	Indian Bank of Ludhiana	dfRu19a61i9exZTsHEcjJsK2udzwEvygm mVY5c2WKL 2. https://www.instagram.com/p/C8d_EcIRzYK/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.facebook.com/gnw ludhiana/posts/pfbid0dzGJUT3hyH5yWp4FHZRVo8Xd1x91hHjba3sD3EhXBCRbN3MZA n8Tq49SQRWo yreXl 4. https://www.instagram.com/p/C8d_l5NxlxO/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
6	Wednesday June 26, 2024	To observe International Day Against Drug Abuse and Illicit Trafficking	An awareness seminar was organized in the college on June 26, 2024 to mark the International Day Against Drug Abuse and Illicit Trafficking. The seminar aimed to raise awareness about the dangers of	Youth and Red Ribbon Clubs and NSS Unit under IQAC	1. https://www.facebook.com/gnw ludhiana/posts/pfbid0xBEiQsGJ	

			drug abuse and to emphasize the importance of investing in prevention measures. Madam Principal Dr. Maneeta Kahlon was the resource person of the seminar. Dr. Kahlon delivered an insightful talk on this year's theme, "Invest in Prevention," highlighting the critical need for proactive measures to combat drug abuse and illicit trafficking. She emphasized the role of education, community involvement, and support systems in preventing substance abuse, urging students to stay informed and actively participate in awareness initiatives. The event was convened by Dr. Nidhi Sharma and Ms. Daisy Wadhwa.		twvZm2tr8mTxA9BAiPHXkBL81VG5XRoCqsJDp5FkgHX3mA4ts3jnVE5Hl 2. https://www.instagram.com/p/C8qyrKqxxO6/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
7	Thursday June 27, 2024	To observe World MSME Day	World MSME Day was observed on the campus on June 27, 2024. Mrs. Seema Dua, Head of the Economics Department, highlighted this year's theme: "Leveraging the power and resilience of Micro, Small, and Medium-sized Enterprises to accelerate sustainable development and eradicate poverty in times of multiple crises." This theme emphasizes the critical need for MSMEs to not only adapt but also thrive in today's dynamic business landscape by embracing sustainable practices and innovative approaches to achieve the sustainable development goal of poverty eradication by 2030. MSMEs play a crucial role in the global economy by driving innovation, generating employment opportunities, and contributing to economic stability. Despite their significant contributions, these enterprises face various challenges such as limited	Department of Economics under IQAC	1. https://www.facebook.com/gnwludhiana/posts/pfbid02LJTaqrst7fpikZVrNyabyxsWECEf3rwLRSvixVgAPCUcNF8vqt1Y65ME5TZWUiu4l 2. https://www.instagram.com/p/C86F5EgxBnu/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			access to finance, regulatory complexities, market entry barriers, and difficulties in adopting new technologies. Mrs. Seema Dua emphasized that creating a conducive environment and providing adequate support are essential to ensuring MSMEs continue to serve as engines of growth, innovation, and social advancement. She discussed strategies to overcome these challenges and highlighted the significance of sustainable practices in ensuring their long-term success and contribution to the economy. Forty-two participants attended this event. Madam Principal Dr. Maneeta Kahlon addressed the audience and underscored the importance of MSMEs in the economic ecosystem. She highlighted that encouraging MSMEs to integrate sustainable practices not only benefits the environment but also enhances their competitiveness and resilience in the market. Dr. Kahlon commended the Economics Department for their initiative in celebrating World MSME Day and emphasized the college's commitment to supporting initiatives that promote the growth and sustainability of MSMEs.			
8	Monday July 01, 2024	To observe GST Day	GST Day was observed in the college on July 1, 2024. This day marks the anniversary of the implementation of GST in India. Mrs. Manpreet Kaur, Assistant Professor, was the resource person for the event. She explained the different types of GST and the benefits of its implementation for both the government and the public. Madam Principal Dr. Maneeta Kahlon emphasized that this taxation system has contributed	PG Department of Commerce under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0fHJFzD9PMRBFnyLXAkjKSDNZ8dWz6s26cBkmXxPQJEhKUJGQp3tnz3kgRnmS	

			to economic growth and increased tax revenue for the government.		XGfPl 2. https://www.instagram.com/p/C86h15qRH LV/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
9	Wednesday July 03, 2024	To observe International Plastic Bag Free Day	International Plastic Bag Free Day was observed in the college. An awareness session was organized to promote environmental sustainability and the reduction of plastic waste. The seminar was convened by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, club coordinators, who emphasized the urgent need to minimize plastic usage and adopt eco-friendly alternatives. Students highlighted the adverse effects of single-use plastics and the importance of making conscious choices to protect our planet. Madam Principal Dr. Maneeta Kahlon commended the initiative, stating, "Plastic pollution is a critical issue that demands immediate attention. It is imperative for young minds to lead the way in advocating for a plastic-free world. Today's session is a step towards raising awareness and instilling a sense of responsibility towards our environment."	Youth and Red Ribbon Clubs under IQAC	1. https://www.facebook.com/gnw ludhiana/posts/pfbid04w64JNujsas3ooAhA91y7dyekFXF3v6ZZj6XE3h2x5d2HqBSXgTMkZBPKRxvL5ntl 2. https://www.instagram.com/p/C887gB9xxTD/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	18-06-2024 The Times of India Page 2 Column 4
10	Wednesday July 10, 2024	To observe Panic Attack Awareness	On Panic Attack Awareness Day, our students made an effort to raise awareness about the reality of panic attacks. By	IQAC	1. https://www.instagram.com/p/C	

		Day	educating ourselves and others, we can break the stigma and provide the support needed for those who experience these intense episodes of fear. Let's spread knowledge, compassion, and hope.		9PHha0P3zf/?igsh=bDFlNHNSNjN5cjE2	
11	Thursday July 11, 2024	To observe World Population Day	World Population Day was observed on July 11, 2024 with great enthusiasm and purpose. Mrs. Seema Dua, the Head of the Department of Economics, elaborated the theme of the day “leave no one behind, Count everyone, ensuring accurate counts” of all people worldwide. Policymakers need to know this information in order to comprehend population requirements and develop long-term solutions. She highlighted the significance of World Population Day, which aims to raise awareness about global population issues. She also discussed in detail the various challenges posed by overpopulation, including the strain on natural resources, increased pollution, and the pressure on public services such as healthcare and education. She emphasized the importance of family planning, sustainable development, and the need for policies that address population growth effectively. Madam Principal Dr. Maneeta Kahlon shared her perspective on the challenges of population explosion. Dr. Kahlon expressed concerns over the rapid increase in population and its implications on economic and social development. She explained that the population explosion leads to unemployment, poverty, and environmental degradation. She also discussed potential solutions, such as enhancing education, particularly for	Department of Economics and NSS Unit under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02SiynNyxLrnHbJEsYutZ5YPpW7YQ4eDVZ4QPrGyrhDn86Q764zBkqvS7U6C6ezCY9l 2. https://www.instagram.com/p/C9Rm5SeSK8J/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			women about family planning and implementing comprehensive population policies to address these issues effectively. 56 participants attended this event which was an enlightening session for all attendees, fostering a deeper understanding of population-related issues and the need for collective efforts to address them.			
12	Monday July 15, 2024	To celebrate World Youth skills Day	A workshop for skill development was organized for the students on the occasion of World Youth skills day. Under this, 15 students were demonstrated various techniques of developing various home use utility articles including handkerchiefs, kitchen towels, aprons, table covers, table runners etc. Cutting and patterns of different clothing items were discussed. The activity was conducted under the guidance of Mrs. Seema Dua and Dr. Shikha Bajaj. Madam Principal Dr. Maneeta Kahlon explained to students the importance of skill development along with course work and encouraged them to make use of little pieces of fabrics at home and develop them into beautiful utility articles. She also mentioned that there were a variety of arts in the field of designing which were very helpful in the development of successful and lucrative careers.	Department of Fashion Designing in collaboration with Women development Cell under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02BfJSZ3uwvP76UfwKrGarQtxs1VqPhMohE8gFtcNAGGaMuEBVwWe7yMSmqrnhkblfl 2. https://www.instagram.com/p/C9b9RI7ynfE/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==	
13	Tuesday July 16, 2024	To organize Sangrand celebrations of Saavan month	Saavan month's Sangrand was celebrated with full fervor on the college campus today. Madam Principal Dr. Maneeta Kahlon and the staff prayed for the well-being of everyone.	IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0TTaMBtgKEPFQuL1cQbQEb39VFpQUV	

					1RG7xJB YCeGtyty 48fWrCQ UL7hrYcT 6KcUUl 2. https://www.instagram.com/p/C9egTS-SwIP/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/C9egbaWykBW/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
14	Thursday July 18, 2024	To organize an inspirational talk on the occasion of World Youth Skills Day	To mark the World Youth Skills Day on July 18, 2024, an inspirational talk was organized in the college. This day is celebrated on July 15 every year. This year, Dr. Shikha Bajaj (Dept. of Fashion Designing) was the resource person and she delivered an inspiring talk on 'Seekho Aur Kamao & PM Vishwakarma Yojna.' Dr. Bajaj motivated students to hone their skills by recognizing their unique qualities, interests, and abilities, preparing them for future challenges. Total twenty nine cadets participated in this event. Madam Principal Dr. Maneeta Kahlon also addressed the cadets and emphasized the importance of skill development	NCC Wing under IQAC in collaboration with 3 Punjab Girls BN, NCC, Ludhiana	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0jEKYRucnwE5rea8fNPMjcqNMVSGCFic7BxHtsCpv7ogYT w4NMcY NQ6jkM1yctP8El 2. https://www.instagram.com/p/C9jgCkbSFuZ/?utm_source=ig	

			and empowerment among the youth.		web copy link&igsh=MzRlODBiNWFlZA==	
15	Saturday July 20, 2024	To celebrate Guru Purnima	On the occasion of Guru Purnima, the college organized an interactive session wherein the faculty members spoke eloquently about the invaluable role their teachers and mentors have played in their lives. Their insightful anecdotes and heartwarming stories underscored the profound impact that mentors can have. Madam Principal Dr. Maneeta Kahlon highlighted how this time-honored tradition is deeply rooted in ancient Indian traditions and holds great significance in Hinduism, Sikhism, Buddhism and Jainism. She spoke on the transformative power of the student-teacher relationship, and the crucial role that mentors play in shaping the leaders of tomorrow. This Guru Purnima celebration was a poignant reminder to appreciate the immeasurable contributions of our teachers and pledge to honor their legacy by striving for excellence in all that we do.	IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid027ijDFz1YREmTKUUF8sW49mjGyPDF47jbY26poobrvo8s8UMfLQtfKbqLwoRDpG73l 2. https://www.instagram.com/p/C9tzQgfSUIP/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
16	Monday July 22, 2024	To celebrate National Flag Day	National Flag Day was celebrated in the college on July 22, 2024. During the event, Kirpapreet Kaur from BA Second year eloquently presented her views on the topic “Our National Flag: Symbol of Unity.” Lt. Sukhjot Kaur, Head of the Department, enlightened the students about the historical background of the adoption of the Indian flag by the constituent assembly. Madam Principal Dr. Maneeta	Department of Political Science and NCC Wing under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02Wgyvf6P7m18YvmPEha9s7XqbBhco7ANPASgQJaKouoTP4vW6y3bQcJjz9bErZ	

			Kahlon also shared her thoughts on the importance of the National Flag. Forty-nine students took part in this activity.		YuEl 2. https://www.instagram.com/p/C9t1xZEyvZn/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
17	Tuesday July 23, 2024	To celebrate the 168th birth anniversary of Bal Gangadhar Tilak	The 168th birth anniversary of Bal Gangadhar Tilak was celebrated on July 23, 2024. During the event, Simranjit Kaur, a student of B.A. 2nd year, presented her views on the topic and paid tribute to Tilak's contributions to the freedom struggle and his efforts to unite and inspire the masses. Mrs. Sandeep Kaur, Head of the Department, also informed the students about Tilak's teachings on self-reliance, nationalism, and empowerment, emphasizing their continued relevance and influence in contemporary India. Madam Principal Dr. Maneeta Kahlon shared her thoughts and encouraged the students to draw inspiration from the sacrifices made by the nation's leaders.	Department of History under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0pBKxVAYDZuLxPgwsvTjXQg8fB9gP77qGgGzpb8CiwHFVIEHzrjryg1KRNQXtyboHl 2. https://www.instagram.com/p/C9wXDRvSKYW/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
18	Tuesday July 23, 2024	To observe National Broadcasting	National Broadcasting Day was observed on the college campus. This day is observed on July 23	Department of Journalism and Mass	1. https://ww	

		Day	every year to celebrate the power and reach of radio in India. On this occasion, Students of the department shared their views on the role played by radio in bringing people together from different regions, languages, and cultures. Jasserat, a 3rd year BA student, made a powerpoint presentation on the growth and relevance of broadcasting in India. This activity was coordinated by Dr. Kirti Dhawan. Madam Principal Dr. Maneeta Kahlon highlighted the importance of radio in society and encouraged the students to appreciate and explore careers in broadcasting.	Communication under IQAC	w.facebook.com/gnw-ludhiana/posts/pfbid0mSkk68JZR5iyjcpaXXBo2TS4dVXwsVT3uQ2hmaystQjgWGaApkwu8mGKH4bMRKCLl	
19	Wednesday July 24, 2024	To observe Income Tax Day	Income Tax Day was observed in the college on July 24, 2024. This day is celebrated to commemorate the introduction of Income Tax in India in 1860. Mrs. Rajwinder Kaur, Assistant Professor, PG Department of Commerce was the Resource Person on this occasion. She highlighted the importance of paying taxes in the growth and development of the country. A Proper Tax Culture can be developed only when taxpayers and tax collectors discharge their obligations equally well. The highlights of the Union budget were discussed with the students. Madam Principal Dr. Maneeta Kahlon highlighted the importance of paying tax well in time. On this day, the staff members and students pledged to pay their taxes with honesty.	PG Department of Commerce under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0j1mLKiacj7RM8Af9P29YPn37WgGP1DUJr6Qexwvvk867QVPwAsLTyjGeiWnVzj1Rl 2. https://www.instagram.com/p/C9y6z7ISXuW/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

20	Friday July 26, 2024	To honour the Kargil heroes on the occasion of the 25th Kargil Vijay Diwas	The 25th Kargil Vijay Diwas was observed in the college campus. This day is celebrated every year in honour of the Kargil War's Heroes. A number of activities were organised in the campus. Principal, Faculty members and NCC Cadets of the college observed 2 minute silence in remembrance of Kargil Martyrs. Posters were made by the cadets and candles were lit in memory of the soldiers who fought Kargil war. These activities were conducted under the supervision of Ms. Asha, NCC Caretaker of the college Madam Principal Dr. Maneeta Kahlon highlighted the significance and importance of this day for our armed forces and all Indians.	NCC Wing under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02MdMfGJKYPnsK5qk3XQoZ4WYSkVs tbG4WLV Lp31i8F7e b2f7TBaY EoehEBR1 AuiBml 2. https://www.instagram.com/p/C94KU jvy fs/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
21	Saturday July 27, 2024	To observe World Hepatitis Day	The college organized an awareness talk for the students to mark World Hepatitis Day. The event aimed to educate students about hepatitis and emphasize the importance of proactive action against this global health issue. Ms. Daisy Wadhwa, the Club Coordinator, opened the session by informing the students about this year's theme, "It's time for action." She highlighted the significance of World Hepatitis Day, stressing the urgent need for increased awareness,	Youth and Red Ribbon Clubs under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02THkZMi oqzvJccXr3bESqnDB6qp9MbpLC5iesE55rCKFhyi Z63NMFk9iQakGPj WXEI	

			prevention, and treatment efforts to combat hepatitis effectively. In her address, Madam Principal Dr. Maneeta Kahlon emphasized the role of educational institutions in spreading awareness about public health issues. She stated, “With this awareness session, we aim to empower our students with the knowledge and tools necessary to contribute to the global fight against hepatitis.” The event concluded with an interactive session where students participated in discussions and their queries regarding hepatitis were addressed.		2. https://www.instagram.com/p/C96lbnryXbV/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
22	Monday July 29, 2024	To celebrate World Nature Conservation Day	This year, the college celebrated World Nature Conservation Day with the theme “Living Sustainably in Harmony with Nature.” An extension lecture was organized for the students, featuring Dr. Praveen Arora, Departmental Head of Public Administration, who discussed the threats and challenges posed by environmental risks and global warming. She explained how to combat these threats through small actions in our daily lives, such as tree planting, sustainable resource use, and maintaining a pollution-free environment. Madam Principal Dr. Maneeta Kahlon motivated and encouraged the students to save the environment for the future.	Eco Club and the Department of Public Administration under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid02sR4ZYD9SiemXZ1CWzjWSFmoQTMwqhcombNkUTWd8aC3Yd9oLAcDGRmx9htNnTJNGI 2. https://www.instagram.com/p/C9_65QtSAFA/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

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23	Tuesday July 30, 2024	To observe World Anti-Human Trafficking Day	World Anti-Human Trafficking Day was observed in the college campus on July 30, 2024 with a special event to raise awareness about the grave issue of human trafficking. Dr. Madhu Dhawan, Head of the Department of Sociology, presided over the program. She emphasized that human trafficking is a serious crime and a grave violation of human rights, which threatens national security and undermines sustainable development goals. She highlighted the role of educational institutions in fostering awareness and advocating for social change, urging students to become vigilant ambassadors in the fight against human trafficking and to work towards creating a safer and more just society. Madam Principal Dr. Maneeta Kahlon stressed the urgent need to address human trafficking and protect its victims. She stated that only through collective efforts can we eradicate such evil practices and save humanity.	Department of Sociology under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02nxEbAMhnARK3cHgu4qM2qqry3vWQUjGeHeMjeBPzLXzfe9urnKChJf9XB33uF6SDI 2. https://www.instagram.com/p/C-CnEP8SxoO/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
24	Wednesday July 31, 2024	To observe the 84th Martyrdom Day of Shaheed Udham Singh	The 84th Martyrdom Day of Shaheed Udham Singh was commemorated on July 31, 2024. During the event, Sneha Gupta, a student of B.A. 3rd year, shared her thoughts on the topic and paid tribute to the contributions of Shaheed Udham Singh. She emphasized that the day serves as a poignant reminder of the sacrifices made during the Jallianwala Bagh Massacre of 1919. Mrs. Sandeep Kaur, Head of the	Department of History under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02XKFFGuYoa8DpMmP55WdhSf8vmJf3hKcz5N47ipUsmvtsCjQNzZZ8b	

			Department, also addressed the students, encouraging them to reflect on the legacy of those who stood up for freedom and justice, even in the face of unimaginable violence. Madam Principal Dr. Maneeta Kahlon remembered and honored the victims, ensuring that such acts of brutality are never forgotten or repeated.		4z5vYXYQduUl 2. https://www.instagram.com/p/C-HqkvkSuhP/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
25	Saturday August 03, 2024	To observe Indian Organ Donation Day	The college observed Indian Organ Donation Day on August 3, 2024, to raise awareness and recognize the selfless efforts towards humanity. Dr. Madhu Dhawan, Head of the Department of Sociology, highlighted the significance of Organ Donation Day, noting that a successful deceased heart transplant was performed on this day in 1994. She emphasized that such noble acts can save countless lives of individuals suffering from end-stage organ failure. Madam Principal Dr. Maneeta Kahlon emphasized that this poignant initiative can offer hope to families awaiting a second chance of life. She urged everyone to embody the change they wish to see in the world.	Department of Sociology under IQAC	1. https://www.facebook.com/gnwludhiana/posts/pfbid02avGvqHPe9fuu8Q5s9qb7wnSkGT4FUtoB5nawRJXmcpbg2yfQnFEyjXiY2zoNVJyUl 2. https://www.instagram.com/p/C-M586zyNSf/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
26	Wednesday August 07, 2024	To observe National Mental Health Awareness	National Mental Health Awareness Day was celebrated in the college in collaboration with the COPE Community.	Department of Psychology under IQAC in collaboration	1. https://www.facebook.com/gnwludhiana/posts/pfbid02avGvqHPe9fuu8Q5s9qb7wnSkGT4FUtoB5nawRJXmcpbg2yfQnFEyjXiY2zoNVJyUl	

		Day	The students discussed the importance of mental health and presented short skits to raise awareness about how daily life stressors can affect one's routine and offered strategies for coping with these issues. During this interactive session, audience members shared their own methods for maintaining mental health. Ms. Kusha Mehra, Head of the Psychology Department, also highlighted various strategies for managing stress and maintaining mental well-being. Madam Principal Dr. Maneeta Kahlon emphasized the importance of striving for happiness over perfection and underscored that taking good care of one's mental health is crucial.	with the COPE Community	ludhiana/posts/pfbid07HBbHijZF7GRKsK6cywB1nxGYLQx9tRk7rnHvktjkfuQzZfvKZ4PKqAUfcqK2mCml 2. https://www.instagram.com/p/C-XMmGFS1tA/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
27	Wednesday August 07, 2024	To celebrate National Handloom Day	The 10th National Handloom Day was celebrated in the college on August 7, 2024. The event featured an exhibition of handloom sarees, showcasing a variety of styles from different states, including Chanderi, Sambhalpuri, Ikat, Jamdani, and Kanjeevaram. The theme for National Handloom Day 2024, "Weaving Sustainable Futures," highlighted the importance of sustainable fashion and eco-friendly choices. Students were educated about the significance of this theme and how it underscores the role of sustainable handloom practices. Additionally, a quiz contest was organized to further inform students about sustainable handloom options, with winners receiving prizes. Madam Principal Dr. Maneeta Kahlon attended the event and encouraged students to adopt sustainable clothing habits and support the use of handloom	Department of Home Science and Fashion Designing under IQAC	1. https://www.facebook.com/gnludhiana/posts/pfbid0Ym1oQDowW5MC8ucseE3basAvtiXrkhCnkc59dsEWV7gF1DrufeZJHe1K791dCXyl 2. https://www.instagram.com/p/C-XH3XzS-ay/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			products.			
28	Wednesday August 07, 2024	To observe Cyber Jagrukta Diwas	Cyber Jagrukta Diwas was observed in the college with great enthusiasm. The event aimed to generate awareness about the critical issue of cyber security among students. As part of the initiative, students of BCA First Semester actively participated by creating and presenting informative web pages focused on various aspects of cyber security. These webpages covered topics such as safe internet practices, recognizing and avoiding phishing attacks, securing personal information, and understanding the importance of strong passwords. The event was convened by Ms. Daisy Wadhwa and Ms. Satwant Kaur, Assistant Professors in the Department of Computer Science. They guided the students in their projects and emphasized the importance of cyber hygiene in today's digital age. Madam Principal Dr. Maneeta Kahlon remarked, "In an era where our lives are increasingly intertwined with technology, it is imperative to be aware of the potential cyber threats and how to safeguard against them. Initiatives like Cyber Jagrukta Diwas are crucial in educating young minds and empowering them with the knowledge to protect themselves and others in the digital world."	Department of Computer Science and Applications in collaboration with the NSS Unit under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid02UBxfs8AdMdaxxMsCPVFSj8GAsq4HsF4GpcfMuUChGek8beUsvSAWR9ArJSsnC2fBl 2. https://www.instagram.com/p/C-XJ6IpyJ0C/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
29	Thursday August 08, 2024	To observe Quit India Movement	The Quit India Movement was observed on August 8, 2024 in the college campus. On this occasion, Arshdeep Kaur, a BA second-year student, paid tribute to the heroes of the movement and explained its entirety using a PowerPoint presentation with	Department of History under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid09PpucYwZe7xTc9a	

			special effects. Mrs. Sandeep Kaur, Head of the Department, also educated the students about the importance and legacy of the movement, highlighting it as a landmark event in India's struggle for independence. Madam Principal Dr. Maneeta Kahlon raised awareness among the younger generation about the movement's significance and encouraged them to participate in such activities.		2ZNs7uaxC83VMFZW6BGUEU7QPCejWA8N4S5FLjT7dqY5di14Sl 2. https://www.instagram.com/p/C-Zy0x6SzaM/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==	
30	Monday August 12, 2024	To organize a pledge ceremony on <i>Viksit Bharat ka Mantra</i>	Under the guidance of the Deputy Commissioner of Ludhiana, the Anti-Drug Cell of the college organized a pledge-taking event under the theme "<i>Viksit Bharat ka Mantra: Bharat ho Nasha se Veetantra.</i>" During the event, students and teachers took a pledge to neither consume nor promote drugs in society. Madam Principal Dr. Maneeta Kahlon initiated the pledge and educated the participants about the severe consequences of drug use, highlighting its detrimental effects on health, the destruction it causes to families, and its dangerous impact on social, mental, and economic development.	Anti-Drug Cell (under IQAC) under the guidance of the Deputy Commissioner of Ludhiana	1. https://www.facebook.com/gnwludhiana/posts/pfbid02cFVUGA2QjxQyPyPJPNPoACNJk6XzNuEwamsj6NDDZ4xoiJnfv4a4r1fQx4Hq59vzl 2. https://www.instagram.com/gnkcw/p/C-j2ipIS6PQ/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==	
31	Monday August 12, 2024	To observe Anti-Ragging	DAY-I The college organized an	Discipline and Anti-Ragging Committee	1. https://www.facebook.com/gnwludhiana/posts/pfbid02cFVUGA2QjxQyPyPJPNPoACNJk6XzNuEwamsj6NDDZ4xoiJnfv4a4r1fQx4Hq59vzl	

		Day	observance of Anti-Ragging Day on August 12, 2024, aimed at raising awareness among students about the serious issue of ragging and its detrimental effects. The event, held in the college premises, featured an orientation program followed by a screening of an anti-ragging movie. The orientation program led by the Nodal Officer of the Discipline and Anti-Ragging Committee, Dr. Punpreet Kaur, focused on educating students about the importance of maintaining a ragging-free campus. The session provided insights into the legal implications of ragging, the psychological impact it can have on victims, and the strict measures in place to prevent such activities within the college. To further sensitize the students, an impactful anti-ragging movie was screened, highlighting real-life cases and the long-term consequences of ragging on individuals and society. Madam Principal Dr. Maneeta Kahlon emphasized the college's commitment to ensuring a safe and supportive environment for all students. She encouraged students to report any incidents of ragging immediately and assured them of the college's full support in taking necessary action.	under IQAC	k.com/gnw-ludhiana/posts/pfbid0zCZBxM9breVrJDVRHZaoTPaVfGs5WbAkNQyy2v8WU9L7TGrwTXrZgobyb6hQhUS5l 2. https://www.instagram.com/p/C-mTkVFpxbM/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
32	Monday August 12, 2024	To celebrated International Youth Day	International Youth Day was celebrated with an engaging and insightful event focusing on this year's theme, "From Clicks to Progress: Youth Digital Pathways for Sustainable Development." An awareness session was	Youth Welfare Department and Red Ribbon Club under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0tfofDsrRQ2FhVeaRdGK9mCL	13-08-2024 Punjabi Jagran Page 4 Column 3

			conducted to inspire and empower the youth by exploring how digital tools and platforms can contribute to sustainable development. The session was led by Madam Principal Dr. Maneeta Kahlon, who served as the resource person. Dr. Kahlon emphasized the importance of responsible digital engagement and how today's youth can harness digital avenues to drive positive change in society. The event was convened by Dr. Punpreet Kaur, Dr. Nidhi, and Ms. Daisy Wadhwa. Madam Principal Dr. Maneeta Kahlon highlighted that the college continues to be at the forefront of fostering youth development and empowering young women to contribute meaningfully to society, aligning with the vision of sustainable and inclusive growth.		2JRxKGpi8aJwwbjnQ2EmfubXpR5MMZUr21rjq4Dml 2. https://www.instagram.com/gnkcw/p/C-kI5AkS_wD/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
33	Tuesday August 13, 2024	To celebrate the festival of Raksha Bandhan	The festival of Raksha Bandhan was celebrated on August 19, 2024. Students and faculty dressed in their best exuded a sense of joy and jubilation. Commemorating this sacred bond between siblings, the college welcomed members from Brahma Kumaris organization who tied rakhi, a traditional thread symbolizing protection and affection, on the wrist of the Hon'ble principal of the college. This act marks a gesture of respect and warmth, signifying the principal's role as a guardian and mentor to the students and the faculty. Madam Principal Dr. Maneeta Kahlon speaking on the relevance of embracing and honoring our rich traditions said, "Observing and			

			participating in such celebrations helps to keep our cultural legacy alive, fostering a sense of community, identity, and continuity". She extended a heartfelt gratitude to the Brahma Kumaris for their soulful presence and participation in Raksha Bandhan celebrations.			
34	Wednesday August 14, 2024	To organize a number of events as a p Har Ghar Tiranga Celebration (August 9 - August 15)	PART-I “Har Ghar Tiranga” campaign was initiated from August 9-15 with a variety of engaging activities. The events include: 1. Selfies with the Tiranga (August 10, 2024) Students were invited to take selfies with the national flag to showcase their pride and involvement. This activity encouraged personal engagement and allowed students to express their patriotism. 2. Har Ghar Tiranga Pledge (August 10, 2024) Students took a pledge to honor the national flag and uphold the values of unity and patriotism. This initiative was designed to instill a sense of commitment and responsibility towards national values. 3. Har Ghar Tiranga Quiz (August 12, 2024) Students participated in a quiz hosted on the MyGov website, aimed at enhancing their knowledge and awareness of the initiative. The quiz served to educate students on the significance of the “Har Ghar Tiranga” campaign and related historical facts. 4. Singing of the National Anthem (August 13, 2024)	NSS Unit under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02ZREvq3pfzYNeGKRfHJPDrKeL53JAZyAsgq7cjaD12Ln2M5eVSZh7ZGVH3ZGSEiJgl 2. https://www.instagram.com/p/C=pVnq9S6j0/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.facebook.com/gnw-ludhiana/posts/pfbid02PKYgr9BM9bzMQBkJ513KXo1KduFaqCAV4899g1TNC8pC1TBdtJay5bSu9TjLEqsm 4.	

			Students gathered to sing the national anthem together, fostering a sense of collective patriotism. This activity was intended to reinforce national pride and unity through a shared experience. 5. Patriotic Songs (August 13, 2024) Students from the Music Department, in collaboration with the NSS, NCC, Youth Club, and Red Ribbon Club, performed patriotic songs to further celebrate national pride. These activities are designed to promote national pride and unity among the students. Madam Principal Dr. Maneeta Kahlon addressed the students, encouraging them to actively participate in the “Har Ghar Tiranga” celebrations.		https://www.instagram.com/p/C-pWAfbSK/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
35	Wednesday August 14, 2024	To celebrate the 78th Independence Day	The college organized a Patriotic Song Activity in the college to celebrate the 78th Independence Day on August 14, 2024. The event was conducted under the supervision of Ms. Jaspreet Kaur (Assistant Professor, Music Vocal) and Ms. Shalini Khurana (Assistant Professor, Music Instrumental). Madam Principal Dr. Maneeta Kahlon graced the occasion and addressed the students, emphasizing the importance of freedom and unity. Both students and faculty members actively participated in the celebration.	Department of Music in collaboration with NCC Wing, NSS Unit, and the Red Ribbon Club under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0TxyBhM1WsHajNY88YQ9hbxXzYWrfXaCJfeV8f2iuAwsgKupUzPwFxAJGyhAxXyNl 2. https://www.instagram.com/p/C-pQckXSQ8j/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	17-08-2024 Dainik Jagran Page 5 Column 3

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36	Wednesday August 14, 2024	To arrange a documentary screening to mark the Partition Horrors Remembrance Day	The college commemorated Partition Horrors Remembrance Day on August 14, 2024. On this occasion, a documentary was screened, illustrating the division of India into two nations. The event was organized by the B.A. 1st-year students under the guidance of the Head of the Department, Mrs. Sandeep Kaur. She emphasized that this day is dedicated to remembering the "struggles and sacrifices" of our people during the 1947 partition of India, which resulted in the loss of thousands of lives and the displacement of millions. Madam Principal Dr. Maneeta Kahlon shared her thoughts, stating that freedom is a precious gift, urging everyone to use it wisely and work towards building a society that values equality, justice, and compassion.	Department of History under IQAC	1. <u>https://www.facebook.com/gnw-ludhiana/posts/pfbid0pBzgQCcnV682HN2JriREkbvKXcGK9AVqTSRqoy3jFubNzWmtD3dWtuXK744uuDCzl</u> 2. <u>https://www.instagram.com/p/C=pRAtMS6IJ/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFIZA==</u>	
37	Wednesday August 14, 2024	To celebrate the 78th Independence Day	The 78th Independence Day was celebrated on the campus on August 14, 2024. Cadets and students created inspiring posters for the occasion. The highlight of the event was a thought-provoking speech on 'Independence Day: The Struggles and Sacrifices of Freedom Fighters' delivered by Kirpapreet Kaur, a BA second-year student, who elaborated on the history and significance of Independence Day. The entire event was conducted under the supervision of ANO Lt. Sukhjot Kaur. Madam Principal Dr. Maneeta Kahlon graced the occasion and	NCC wing and the Political Science Society under IQAC	1. <u>https://www.facebook.com/gnw-ludhiana/posts/pfbid0HycMMRnDi1VvpHw5KkXgyiU1EjJsxXKZzigDQQTXEFBZ3kHXndZsMKVRfwCMbSGpl</u> 2. <u>https://www.instagram.com/p/C=</u>	

			addressed the students, emphasizing the importance of freedom and unity. A total of 83 students, along with faculty members, actively participated in and attended this enriching event.		pXpgbtqEb/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
38	Wednesday August 14, 2024	To create a large illustration as a part of special Independence Day celebration	The Department of Fine Arts proudly organized a special Independence Day celebration. As a tribute to our nation's spirit and progress, 37 talented students from our department have come together to create a magnificent illustration that vividly expresses their patriotic feelings and deep respect for our country. This creative endeavor was guided by Mrs. Harpreet Kaur, Head of the Department of Fine Arts, and Mrs. Balwinder Kaur. The dedication and artistic expression of our students were highly praised by our esteemed Madam Principal Dr. Maneeta Kahlon who commended their efforts and the sentiment behind the artwork. The event was a memorable occasion, with college students and staff capturing the moments and joining in to honor the nation's progress.	Department of Fine Arts under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02xUX3GiYysrweR6VbTDjBsNTYhgs7S3EkD1vHf15enbErYtVe2uKLV5YGATgWrNTml 2. https://www.instagram.com/p/C-pY8PKSvs/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
39	Friday August 16, 2024	To host Sangrand celebrations for the month of <i>Bhadon</i>	<i>Bhadon</i> month's Sangrand was celebrated with full fervor on the college campus. Madam Principal Dr. Maneeta Kahlon, staff, and students prayed for the well-being of everyone.	IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid022Ewa6DUoQgDz67bzEdpYptQ822TewU1RGGarjks9DWxsN6BUr8HfAYHP	

					DfpM7B7l2. https://www.instagram.com/p/C-xA977SPmU/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
40	Friday August 16, 2024	To organize an Inter-class Rakhi making competition	An Inter-class Rakhi-making competition was organized on August 16, 2024. 20 students enthusiastically participated in the activity and made beautiful rakhis. They not only showcased their talents but also fostered a sense of community and cultural appreciation within the college. Creativity of students was judged by Dr. Madhu Dhawan and Dr. Kirti. The activity was conducted under the guidance of Mrs. Shikha Kalra, Dr. Shikha Bajaj, Mrs. Amarpreet Kaur and Mrs. Yukti Khurana. Madam Principal Dr. Maneeta Kahlon encouraged students for their initiatives of making handmade rakhi and exhibiting in the college.	Department of Home Science and Fashion Designing under IQAC	1. https://www.facebook.com/gnwLudhiana/posts/pfbid0nVvgP9RaAjhB7mWLQhVTMP2wWvRk6f6XkRKeS69zetw9rGKjPKT4wLLhaskf2riel 2. https://www.instagram.com/p/C-w7oIsyYn6/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
41	Saturday August 17, 2024	To celebrate the festival of Teej	The college celebrated the festival of Teej with full zeal and vibrancy. The campus buzzed with students and teachers in colorful Punjabi attire, enjoying traditional activities like flower-decked swings and stalls offering	IQAC	1. https://www.facebook.com/gnwLudhiana/posts/pfbid0Se67gYnz1YseuDet	

			snacks, fun games, mehndi, and cosmetics. Renowned actress Dr. Sunita Dhir inaugurated an exhibition of Punjabi cultural items and highlighted the emotional significance of Teej. Madam Principal Dr. Maneeta Kahlon emphasized the importance of preserving Punjab's rich cultural heritage. The idea behind celebrating such festivals is to exhort the students to be proud of their rich cultural heritage and to stay connected with it throughout their lives. The vibrant and culturally enriching event witnessed an array of traditional dance performances also including Giddha, Bhangra, boliyan, tappe etc. The star attraction of the day was Miss Teej Contest wherein the girls of the college adorned with traditional attire and jewellery presented a wonderful spectacle. Apart from stage performances, a huge number of young student entrepreneurs exhibited their products and creativity in a number of stalls which included mehndi designing, handmade bangles, parandi, punjabi jutti, crochet items etc. Besides, the festival featured an exhibition displaying traditional apparels, attires, kitchen utensils, and home decor items. Madam Principal Dr. Maneeta Kahlon appreciated the faculty and the students in putting efforts to create a perfect <i>teej</i> ambience in the college campus. She also said the <i>teej</i> festival serves as a living link between the past and the present, keeping the rich cultural heritage of Punjab alive.		StVSQ3ATVyqMS1D7z6Tnx9cCcRDCwvmAjuJFyph9CyNfTVy7l 2. https://www.instagram.com/p/C-4rn5myFMd/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/C-4rtXoSWl7/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 4. https://www.instagram.com/p/C-4r0lzyT-J/?utm_source=ig_web_copy_link 5. https://www.instagram.com/p/C-4sbXpSKvR/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==
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42	Tuesday August 20, 2024	To celebrate World Photography Day	World Photography Day was celebrated on the college campus. Observed annually on August 19, this day is dedicated to appreciating the power of photography in storytelling, capturing emotions, and preserving memories. On this occasion, students from the Department participated in a Photojournalism contest, where they covered a news story through five photographs and presented it as a photo feature. The competition was judged by Mrs. Harpreet Kaur, Assistant Professor in the Department of Fine Arts, and was conducted under the guidance of Dr. Kirti Dhawan, Assistant Professor in the Department of Journalism and Mass Communication.	Department of Journalism and Mass Communication under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02rBS6uYsQjfTaR7i8eCm9FCinXBbg2enSGjMqcqDWGc9dto9P7AXxDu1JaR1eqUMql 2. https://www.instagram.com/p/C_62hLUyh4M/?utm_source=ig_web_copy	

			Winners of the Photojournalism Contest: 1st Prize: • Parneet (BA 5th semester) • Tamanna (BA 3rd semester) • Yogita Malik (BA 1st semester) 2nd Prize: • Samiksha (BA 5th semester) • Shruti (BA 1st semester) • Yashika (BA 1st semester) 2nd Prize: • Gagandeep (BA 5th semester) • Ramanpreet (BA 1st semester) • Jasmeet (BA 1st semester) 3rd Prize: • Japneet (BA 5th semester) • Kritika (BA 1st semester) • Beant (BA 1st semester) 3rd Prize: • Pallavi (BA 5th semester) • Ayushi (BA 1st semester) • Rashmeet (BA 1st semester) Madam Principal Dr. Maneeta Kahlon encouraged the students and staff to continue organizing such events, as they provide valuable opportunities for students to showcase their creativity.		link&igsh=MzRIODBiNWFIZA==	
43	Tuesday August 20, 2024	To observe Sadbhavana Diwas	The college paid tribute to former Prime Minister Rajiv Gandhi on his 80th Birth Anniversary on August 20, 2024. This day, known as Sadbhavana Diwas, serves as a reminder of his vision for a peaceful, prosperous, and united India. Mrs. Sandeep Kaur, Head of the Department, emphasized that the slogan “One Nation, One	Department of History under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0NCu8cW2qYPbUdxL4CxYh4vWWXMaiHttWamc3s7zMT5y	

			Spirit” is often associated with Sadbhavana Diwas, reflecting the theme of national unity. The day promotes national unity, peace, empathy, and communal harmony among Indians of all faiths. Madam Principal Dr. Maneeta Kahlon also shared her views, highlighting that the key theme of Sadbhavana Diwas is to encourage national unity and social goodwill among people of various faiths and cultures.		macaxAdXmsMyucXo8HhNl2.https://www.instagram.com/p/CmacaxAdXmsMyucXo8HhNl2/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
44	Tuesday August 20, 2024	To celebrate Akshay Urja Diwas	The college celebrated Akshay Urja Diwas on August 20, 24. During the activity, various methods of saving energy and use of renewable sources of energy were discussed. Students were sensitized about utilization of energy saving devices and advised to make use of various renewable sources of energy at home as well as at college. Madam Principal Dr. Maneeta Kahlon graced the event and shared her views about saving energy. She mentioned that energy can be saved and recycled at every small step in our daily lives and everyone of must contribute to this. 30 students attended the activity.	Eco Club under IQAC	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02cnQLpLHqYZ4XPUpHs1Qgt0PNC7EZNpaYRj9ksnC99T1oXovch6Fa8cL7bWEH2yc5l 2. https://www.instagram.com/p/C6xmVYSm4s/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
45	Wednesday August 21, 2024	To celebrate World Entrepreneurs Day	“The Best way to predict future is to create it” - Peter Drucker The Department of Business Management enthusiastically celebrated World Entrepreneurs	Department of Business Management under IQAC	1. https://www.facebook.com/gnw-ludhiana/p	

			Day, honoring the inspiring journeys of four Ludhiana-based entrepreneurs. This event showcased the dynamic and diverse landscape of entrepreneurship, with success stories spanning skincare, makeup, baking, and fitness. The featured women entrepreneurs—Ms. Parul Mehta (Founder & CEO, Vanmay Sutras), Ms. V.C. Grewal (MD, Bake Fresh), Ms. Jasdeep Kaur (Professional Makeup Artist), and Ms. Mankirat Kaur (Director, Fettle Fitness Hub)—each shared their unique experiences, challenges, and triumphs. Their stories captivated the audience, offering valuable insights into the entrepreneurial spirit and the dedication required to turn passion into a thriving business. The event inspired students to pursue their entrepreneurial dreams with confidence and determination. The Department of Business Management remains committed to fostering an environment where young women can learn, grow, and evolve into the entrepreneurs of tomorrow. Madam Principal Dr. Maneeta Kahlon commended the department for organizing such a remarkable event and encouraged students to embrace entrepreneurship with passion and dedication. She urged them to pursue their dreams fearlessly and contribute to society as future leaders and innovators. The celebration of World Entrepreneurs Day at Guru Nanak Khalsa College for Women stands as a testament to the institution's unwavering commitment to empowering women through education and	https://www.instagram.com/p/C=9kyB_y9b6/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 2. https://www.instagram.com/p/C=9k3QCSQiz/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/C=9k9F8yVqt/?utm_source=ig_web_copy_link&igsh=MzRlODBiN	
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			entrepreneurship.		WFIZA==	
46	Wednesday August 21, 2024	To observe National Senior Citizens Day	The college observed National Senior Citizens Day on August 21, 2024 by hosting a Community outreach Day. This initiative aimed to connect students with senior citizens in the community, fostering intergenerational relationships and showing appreciation for the contributions and wisdom of our elders. As part of the outreach effort, students of BA 1st year and 2nd year visited Swami Vivekananda Ashram, Model Town Ludhiana. During the visit, Students engaged in one-on-one conversations with inmates and distributed hand towels to them. In this heartwarming event students performed a selection of classic songs, Bhajans , and popular tunes that resonate with senior citizens. The performances were meant not only to entertain but also to evoke cherished memories, creating a lively and joyful atmosphere. Madam Principal Dr. Maneeta Kahlon emphasised that this day holds an immense significance in our lives. She urged that there is time to appreciate the incredible contributions, wisdom, and experiences of our senior citizens. Today is not just a day of celebration, but a day of reflection and connection—an opportunity to bridge the gap between generations and learn from one another.	Department of Sociology under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0ZB3ntH198hAPPsLoVEUMNACL2fQy3WPZNTvTa9j4jLJeNiKAfemRJf67LNu7iHkql 2. https://www.instagram.com/p/C-9gH8yyC2V/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
47	Friday August 23, 2024	To celebrate National Space Day	The college proudly celebrated the inaugural National Space Day, declared on August 23 to honor the historic landing of Chandrayaan-3 on the Moon.			

			This year's theme, "Touching Lives while Touching the Moon: India's Space Saga," highlighted India's remarkable journey in space exploration and its impact on society. In commemoration of this significant milestone, the college organized a series of engaging activities for students. An online quiz on space exploration, celestial wonders, and India's achievements in space science saw enthusiastic participation from students, showcasing their knowledge and passion for the subject. The quiz was followed by the screening of a documentary on the life and achievements of Dr. APJ Abdul Kalam, India's 'Missile Man' and former President, whose contributions to the country's space and missile programs have been monumental. The event was coordinated by the club coordinators, Dr. Nidhi and Ms. Daisy Wadhwa. Madam Principal Dr. Maneeta Kahlon expressed her pride in the nation's achievements in space exploration and emphasized the importance of such events in fostering a spirit of scientific inquiry and patriotism among students. Dr. Kahlon highlighted that the celebration of National Space Day is a fitting tribute to India's space saga, inspiring the next generation to reach for the stars while staying grounded in their commitment to the nation.			
48	Tuesday August 27-Friday August 30, 2024	To organize a week-long celebration of National Sports Day	The Department of Physical Education in collaboration with NSS Unit in accordance with UGC guidelines , organized a week-long celebration of National Sports Day from August 27-30, 2024. The theme	Department of Physical Education in collaboration with NSS Unit under IQAC in accordance	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0zyzjLbYxh	

		for this year's celebration is "Sports as an Enabler for a Fit and Inclusive Society." Under the guidance of Mrs. Parminder Kaur, Assistant Professor in the Department of Physical Education, various events such as rope jumping, walk race, sack race, lemon race, tug-of-war, langadi competition, table tennis competition, and plank challenge were conducted. Day I highlights Lemon Race, walk race, Sack race, Skipping rope were conducted in the college playground. Following students won the prizes in various races 1. Lemon race • 1st - Kaksi from BA 1st year (Roll No. 24368) • 2nd - Simranjeet from BA 1st year (Roll No. 24218) • 3rd - Kashish from B.Com 3rd year (Roll No. 221204) 2. Walk race • 1st - Gurleen from BCA 2nd year (Roll No. 231907) • 2nd - Harneet Kaur from BA 3rd year (Roll No. 22263) • 3rd - Khushbu from BA 2nd year (Roll No. 23348) 3. Sack race • 1st - Shruti from BCA 2nd year (Roll No. 231944) • 2nd - Usha from BA 3rd year (Roll No. 22200) • 3rd - Palvi from BA 3rd year (Roll No. 22305)	with UGC guidelines	23iN2bLipRFLxYLaJCD2XT5VPsNLvTEUm9yFvU8mJdj193exitoEZ63l 2. https://www.instagram.com/p/C_PqaDcy8R2/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.facebook.com/gnwLudhiana/posts/pfbid021n5kt83rTpgffUNJ5p6Avagvybr7o7TuTgSxtf8Bg hLcKJL5t7SW h1J6u nh7F2YHl 4. https://www.instagram.com/p/C_PrDjyics/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 5. https://www.facebook.com	
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		4. Skipping rope • 1st - Usha from BA 3rd year (Roll No. 22200) • 2nd Khushbu from BA 2nd year (Roll No. 23348) • 3rd - Kashish from B.Com 3rd year (Roll No. 221204) DAY-II Under the guidance of Mrs. Parminder Kaur, Assistant Professor in the Department of Physical Education, various events such as rope jumping, walk race, sack race, lemon race, tug-of-war, langadi competition, table tennis competition, and plank challenge were conducted. During this event, the college students also participated in various fitness activities throughout the day and pledged to follow a healthy lifestyle. Second Day Results Tug of War Competition • 1st position: BCA 1st year • 2nd Position: B.Com 1st year • 3rd Position: BA 3rd year Langadi Competition • 1st Position: Hardeep Kaur, B.Com 3rd year (Roll No. 22128) Kashish, B.Com 3rd year (Roll No. 221204) Vanshika Jain, B.Com 3rd year (Roll No. 221209) Shreya Puri, B.Com 3rd year (Roll No. 221124) Sana Sharma, B.Com 3rd year	k.com/gnw-ludhiana/posts/pfbid024fwQFd5TNK49gpw687igq17WwA7zqM7KmHxt5FS8tJcaHPhK3tUFFUD5JmY2VjaKl 6. https://www.instagram.com/p/C_PucaWyQhT/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 7. https://www.facebook.com/gnw-ludhiana/posts/pfbid02n86CkPTCLLdrFRMTBtZVgeyqJ9BRAYxVjhFMoEeEp6fTujbhprM8nEANLhA2WGf9l 8. https://www.instagram.com/p/C_SROQIyG8z/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
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			(Roll No. 221158) Amrit Kaur, B.Com 3rd year (Roll No. 221078) • 2nd Position: Neha, BA 3rd year (Roll No. 22339) Gagandeep Kaur, BA 3rd year (Roll No. 22330) Simranpreet Kaur, BA 3rd year (Roll No. 22301) Muskan, BA 3rd year (Roll No. 22211) Sanjana, BA 3rd year (Roll No. 22212) Khushbu, BA 2nd year (Roll No. 23348) • 3rd Position: Ishpreet Kaur, B.Com 3rd year (Roll No. 221148) Palakpreet Kaur, B.Com 3rd year (Roll No. 221183) Kumari Babita, B.Com 3rd year (Roll No. 221201) Arshpreet Kaur, B.Com 3rd year (Roll No. 221205) Manpreet Kaur, B.Com 3rd year (Roll No. 221222) Kritika, B.Com 3rd year (Roll No. 221172) DAY-III Under the guidance of Mrs. Parminder Kaur, Assistant Professor in the Department of Physical Education, various events such as rope jumping, walk race, sack race, lemon race, tug-of-war, langadi competition, table tennis competition, and plank challenge were conducted.		BiNWFIZ A== https://www.facebook.com/gnw-ludhiana/posts/pfbid08m9N3WYJu1AHNnbnP2UjtpCzxpwcYXfN8UGVeLk3DuubvzgqGuZ1L4NFjw2s9z3ml 8. https://www.instagram.com/p/C_SjP42SzB1/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFIZA== 9. https://www.facebook.com/gnw-ludhiana/posts/pfbid02Z4HHU5M4NvWXdaDKMseuqD2p4M1j4gTuPw9MqEAbQ1Cn6VMZyuDPS6MDQnN1iYh7l	
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			During this event, the college students also participated in various fitness activities throughout the day and pledged to follow a healthy lifestyle. Third Day Results Table Tennis Competition • 1st Position: Harnoor, BA 2nd year (Roll No. 23117) • 2nd Position: Manroop, B.Com 3rd year (Roll No. 221002) • 3rd Position: Jiya, BA 1st year (Roll No. 24265) DAY-IV PART-I Plank challenge 1st Position: Kumari babita, B.com 3rd year (Roll No. 221201) 2nd Position: Simranjeet kaur, BA 1st year (Roll No. 24218) 3rd Position: Kavita Kumari, BA 3rd year (Roll No. 22267) Madam Principal Dr. Maneeta Kahlon praised the department's efforts to encourage student participation in sports and fitness activities, which foster positivity and harmony in society.		10. https://www.instagram.com/p/C_SkShEyYA9/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	
49	Saturday August 31, 2024	To celebrate National Small Industry Day	The college celebrated National Small Industry Day on August 31, 2024. This significant event, typically observed on August 30 each year, serves to recognize and celebrate the invaluable contributions of small-scale industries to the economic development of the country. The theme for National Small Industry Day 2024,	Department of Economics under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0sVzkNu9tsGwe3BWaRw5TaVWe7TZd4XednqBGi	

		“Empowering MSMEs,” was thoughtfully elaborated upon by Mrs. Seema Dua, Head of the Department of Economics. In her address, she underscored the critical role that small-scale industries play in the broader economic landscape of India. She highlighted how these industries are pivotal in generating employment, fostering innovation, and contributing to the GDP of the nation. She emphasized the importance of empowering Micro, Small, and Medium Enterprises (MSMEs) to ensure sustainable economic growth and development. Adding to the discourse, Ms. Neha Dawar, Assistant Professor in the Department of Economics, provided an insightful explanation of the key reforms introduced by the Ministry of MSME aimed at boosting the performance and sustainability of small-scale industries. She discussed various initiatives, such as the introduction of simplified regulatory procedures, financial support schemes, and digitization efforts that have been designed to facilitate the growth and empowerment of MSMEs across the country. 58 students attended this lecture. Madam Principal Dr. Maneeta Kahlon praised the Department of Economics for its proactive efforts in celebrating National Small Industry Day. She commended the department for organizing an event that not only acknowledges the significance of small industries but also educates and inspires students and faculty alike to contribute to the sector’s growth.		jZsq3QG1rsCmhLgVdAMBJNNgQvl 2. https://www.instagram.com/p/CMr4EyFmA/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
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50	Monday September 02, 2024	To observe the month of September as the Rashtriya Poshan Maah 2024	Thematic Rashtriya Poshan Maah, 2024 is celebrated in the college in the month of September every year. The theme of the first week of September (From September 1-7, 2024) is sensitization and awareness of Anemia among adolescent girls. Day1 (September 2, 2024) 81 students of the college attended a sensitization lecture by Mr. Jasbir Bhalla (Wellness Coach) on Anemia and its cure during adolescent period among girls. He also elaborated his talk about nutrients, nutrition and Nourishment of our body. Also he told about detoxification of our body Madam Principal Dr. Maneeta Kahlon congratulated the students for celebrating Poshan drive in the month of September 2024, with a great way to promote awareness and action on today's most prevalent disorder of Anemia among youth and raise awareness about the importance of nutrition in our diet to prevent our community from its ill effects.	Department of Home Science and NSS Unit under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0pCfNt14FZboxAKGuVVyp9SJwf63tbWVhaCC94LpMhEAAHJXgL94txRgZXcQdYPRHl 2. https://www.instagram.com/p/Ce8RrKyLz0/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
51	Wednesday September 04, 2024	To celebrate Parkash Purab of Guru Granth Sahib Ji	The college celebrated Parkash Purab of Guru Granth Sahib Ji on September 4, 2024, with devotion and unity. The event started with a prayer session, where students, teachers, and staff came together to recite hymns. The whole atmosphere was filled with the peaceful and spiritual sounds of Gurbani. Madam Principal Dr. Maneeta Kahlon congratulated everyone on this special day and encouraged them to follow the	IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid02JXHseL2RAq5m8xPqZLA9kyQJ6YCn8S9aGQ32okUqLi9Y9XpCy2BCWFTuYsCDYmZol 2. https://www	

			path shown by the Almighty. She also highlighted the college's commitment to promoting unity, compassion, and knowledge among its students and the wider community.		w.instagram.com/p/C_fil6DyHT-/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
52	Wednesday September 04, 2024	To observe Cyber Jagrukta Diwas	Cyber Jagrukta Diwas was observed with great enthusiasm on September 4, 2024. This event was marked by active participation from both volunteers and students, who engaged in raising cyber awareness through the creation and dissemination of impactful slogans. These slogans were designed as powerful tools to capture attention and convey essential information about digital protection. The creative slogans not only highlighted the significance of being vigilant online but also motivated students to adopt and advocate for best practices in maintaining online security. This initiative was conducted under the guidance of Ms. Daisy Wadhwa and Ms. Satwant, Assistant Professors in the Department of Computer Science. Madam Principal Dr. Maneeta Kahlon encouraged the students and emphasized the importance of recognizing their role in promoting cyber safety.	Department of Computer Science and Applications in collaboration with the NSS Unit under IQAC	1. https://www.facebook.com/gnwludhiana/posts/pfbid02UByaxpqMRMfgZZZA77dKGVfMyoh9kQXpVLMmiEFzu87TVvdqVbrR6CZPvaeWnCdI 2. https://www.instagram.com/p/C_fO2A5SKoB/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/C_fO6yMSa9a/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

53	Thursday September 05, 2024	To celebrate Teachers' Day as a tribute to Dr. Sarvepalli Radhakrishnan, the former President of India	At GNW, the celebration of Teachers' Day was a grand and heartfelt tribute to the spirit of Dr. Sarvepalli Radhakrishnan, one of the most distinguished scholars of the 20th century. As the second President of India, Dr. Radhakrishnan championed the role of teachers in evolving society and emphasized the importance of education as a cornerstone of progress. In keeping with his ideals, the event was filled with enthusiasm and reverence, reflecting the deep respect and admiration the institution holds for educators. The celebrations included a series of activities, from inspiring speeches to heartfelt tributes from students, all aimed at recognizing the dedication and hard work of teachers. The event not only honored the legacy of Dr. Radhakrishnan but also celebrated the pivotal role that teachers play in nurturing the minds and character of future generations. Madam Principal Dr. Maneeta Kahlon led the celebrations by paying tribute to Dr. S. Radhakrishnan, one of the greatest teachers of all time, and encouraged the faculty to follow in his footsteps. Esteemed President, S. Paramjit Singh Sarna, along with Er. Gurvinder Singh, General Secretary of the governing body, and the entire management conveyed their warmest Teachers' Day wishes to the Principal and the faculty. Er. Gurvinder Singh, General Secretary of the college governing body personally congratulated the faculty and acknowledged the dedication, passion, and unwavering commitment of the staff in shaping the future of the students and contributing to	IQAC	1. https://www.facebook.com/gnw.ludhiana/posts/pfbid02bk22pxiUwuY9uGnUMKHPMQRS1wgSZvSSqUJkvfkmwkZnAK5jf54nyHcf5T4TPcsal	
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			making the college a beacon of learning and empowerment.			
54	Thursday September 05, 2024	To celebrate Teachers' Day while commemorating the long-standing Guru-Shishya tradition as a part of Indian Knowledge System	Since ancient times, the significance of teachers in India has been unparalleled. The Guru-Shishya tradition, or teacher-student relationship, highlights the deep reverence with which educators were regarded in ancient India. The teacher, or Guru, was not only respected for imparting knowledge but also for shaping the character and future of the disciple. Fast forward to today and the role of teachers has evolved significantly. Their responsibilities have expanded, their influence has become more widespread, and the challenges they face are increasingly multifaceted. Yet, their core essence remains unchanged – to enlighten, empower, and elevate their students.	IQAC	1. https://www.facebook.com/gnwludhiana/posts/pfbid02Ftj6AuaZkpqVZK8wWXwurGVwS9WYfhRtec3nvDc7zKJBmStNqvTHoocgCp2b7bmal 2. https://www.instagram.com/p/CkAeE4SPy3/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
55	Thursday September 05, 2024	To organize Teachers, Day celebrations	Students from various departments came together to honor and appreciate their teachers on this special occasion. The Department of Computer Science and Applications organized a college-level activity, "Snap & Celebrate: Teacher's Day Selfie Event". As a part of this event, students clicked selfies with their mentors.	IQAC	1. https://www.facebook.com/gnwludhiana/posts/pfbid05Pmj845QbbMgcL1bRQpbMsJ8acy4jge2j8Jf3X32va549pLo5YkmaY2tBdXx4WTZl 2. https://www.instagram.com/p/C_j68m_yNGQ/?utm_	

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56	Friday September 06, 2024	To observe the month of September as the Rashtriya Poshan Maah 2024, WEEK-I	WEEK-I The Department of Home Science put up a stall of Nutritious <i>Dahi bhalla</i> in the college campus today. On this very special occasion of celebrating Poshan Maah in the first week, 10 students prepared <i>dal bhalla</i> and <i>imli chutney</i> in the Lab combining lentils and yogurt thus providing a good balance of carbohydrates, protein, and fats, which can provide energy to do work. Madam Principal Dr. Maneeta Kahlon encouraged the students for their efforts and mentioned that such activities are of utmost importance to enhance entrepreneurial skills among students.	Department of Home Science under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid031NiTH7g2bXRqbgndAc8eZLzZrEEKEVmtCWicpFowNgnBN3aKf4v7TbSEenQFiJwQl 2. https://www.instagram.com/p/Ckdub0SQNQ/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
57	Tuesday September 10, 2024	To observe World Suicide Prevention Day	Under the aegis of the Internal Quality Assurance Cell, the students of the Department of Psychology observed World Suicide Prevention Day in Collaboration with the COPE Community @copecommunity on September 10, 2024. An interactive seminar was held by the Counseling Psychologist Ms. Harmanjot Kaur from Punjab Rheumatology and Immunology Centre. She talked about the causes of Suicide, early signs and symptoms and how various mental health issues are leading to suicide.	Department of Psychology under IQAC in Collaboration with the COPE Community	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0eT4rFW3N6MUR8r5SzkHyZjMZTGHviJcA8YpUQZ83KZAezG26f9TsnUHpPA9SWkrl 2. https://www	

			Students took a pledge on suicide awareness and prevention. A wall of gratitude was created where students wrote their thoughts. Ms. Kusha Mehra, Head of the Psychology Department talked about suicide prevention and awareness about mental health. Madam Principal Dr. Maneeta Kahlon emphasized body positivity and helping others who are dealing with mental issues and break the stigma and suicide is not the solution to any problem.		w.instagram.com/p/C_xDRQJyhms/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/C_xDnERSYn4/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
58	Wednesday September 11, 2024	To observe World First- Aid Day	The college marked World First-Aid Day with an event aimed at raising awareness among students about the importance of first aid in daily life. The event was coordinated by Dr. Nidhi Sharma, Ms. Daisy Wadhwa, and Lt. Sukhjit Kaur, who emphasized the critical role of first aid in emergency situations, highlighting how timely assistance can save lives. They also informed the students about the basic principles of first aid and the importance of being equipped with essential first-aid skills. To enhance the learning experience, a series of First Aid training videos were screened, demonstrating various techniques and procedures for handling common emergencies such as cuts, burns, fractures, and cardiac arrest. The visual demonstrations were well-received by the students, who	Red Ribbon Club and NCC Wing under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0vanA7xcNN1jCzqCG1Xut7e4ZhAso724Dobx3v2Au5fksBW9pN4v9ymUmxcekK53l 2. https://www.instagram.com/p/C_xE0MGSwBf/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			showed great enthusiasm in learning these vital skills. Addressing the gathering, Principal Dr. Maneeta Kahlon stated, "First Aid is an essential life skill that every individual should possess. Through initiatives like this, we aim to foster a sense of responsibility and preparedness among our students, equipping them to respond effectively in times of need."			
59	Wednesday September 11, 2024	To observe the Rashtriya Poshan Maah Week-II	Week-II To mark the second week of Poshan Maah (September 9-14, 2024), an event focusing on growth monitoring for pre-primary school children (ages 3-6) and primary school children (ages 6-9) from a government school in Kheri village was organized. The theme of the second week was "Complementary Feeding." 11 students from the college visited the government school and measured the weight and height of the pre-primary and primary school children using weighing scales and standardized anthropometric equipment. The teachers were also counseled on incorporating locally available high-protein food supplements into the children's midday meals. Madam Principal Dr. Maneeta Kahlon addressed the students, emphasizing the significance of monitoring children's growth for both their academic and mental health, contributing to their overall development in the years to come.	Department of Home Science in collaboration with the NSS unit under IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid06k5We1hX7n3zJaek9FddZX9fH21xALDVK5Xg2jyo9eA1cyKHJ4tFzLvi vKGD rABel 2. https://www.instagram.com/p/C_zZ4rvSEEc/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

60	Friday September 13, 2024		(WEEK-II) RASHTRIYA POSHAN MAAH 2024 Celebrations at GNKCW The Rashtriya Poshan Maah 2024 is celebrated at GNKCW every September. The theme for the second week of September (September 9-14, 2024) is "Complementary Feeding Practices." During this period, various activities are organized by the IQAC and NSS Unit of the college in collaboration with the Department of Home Science. On September 13, 2024, 58 students attended a lecture focused on weaning and supplementary foods. The session included an in-depth discussion on breastfeeding and bottle-feeding, highlighting the numerous benefits of breastfeeding for both mother and child. A comparison was made between animal milk and mother's milk. Principal Dr. Maneeta Kahlon also shared her insights on breastfeeding. She emphasized that breastfeeding can reduce the risk of breast cancer, ovarian cancer, high blood pressure, and Type 2 diabetes. Additionally, she noted that extended breastfeeding can provide comfort and soothe the baby during times of distress..	IQAC & NSS Unit	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0qx1pn8mR19zHmuFeZ1w4tYTmFTV9EWZgjJexLsXQrBTL8642Zz6hpSQ2544Ais7l 2. https://www.instagram.com/p/C4p6KCSGNh/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWF1ZA==	
61	Saturday September 14, 2024		Under the aegis of Internal Quality Assurance Cell, Department of Hindi of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town celebrated "Hindi Diwas" in the college campus today. This day is celebrated every year in honour of the adoption of Hindi as an official language of India in 1949.	IQAC & Department of Hindi	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0NABZxxdhCKtS5wo8DwXe6QPLLfpPxMdFri5C4t	

			A number of activities were organized including poem recitation, dance performances, Saraswati Vandana, Pantomime, etc. Students of the department also expressed their views on Hindi Diwas. While addressing the students, Ms. Asha, Head of Hindi Department, emphasized on the importance of Hindi Diwas as well as the contemporary importance of the day celebrations. Principal Dr. Maneeta Kahlon underlined the relevance of such shows which bring out the hidden talent among the students giving them an opportunity to showcase their creativity.		ptCgweFjpviLRqRPJ5EJVVsfxtI 2. https://www.instagram.com/p/C5JYvPyF3o/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/C5JegDyopL/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 4. https://www.instagram.com/p/C5JmQbSR6V/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
62	Monday September 16, 2024	Celebration of Sangrand	The college celebrated Sangrand to mark the beginning of 'Assu' month. The college Principal, Dr. Maneeta Kahlon, staff and students prayed for the	IQAC	1. https://www.facebook.com/gnwLudhiana/p	

			well-being of everyone.		https://www.facebook.com/gnw-ludhiana/posts/pfbid02BNdLfKt-fjzb34Wow12Kb2Pbw3CkZTUVdV3mLc6zgx7cseAFNpgUzGvd47d1VUkyHl 2. https://www.instagram.com/p/C_-Bho0SlFm/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
63	Monday September 16, 2024	To observed International Democracy Day	Under the aegis of the Internal Quality Assurance Cell, the Department of Political Science of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, observed International Democracy Day in the college campus today. This day, officially recognized by the United Nations since 2007, is celebrated annually on September 15 to highlight the significance of democratic values and governance. Students from the BA 1st and 2nd years, Kritika and Tamanna Verma, delivered insightful presentations through PowerPoint slides, focusing on various aspects of democracy. Lt. Sukhjit Kaur, Head of the Department of Political Science, enlightened the Students about the democratic process and fundamental principles of	IQAC & Department of Political Science	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0M9kq318UCYYUXs8ir7oDjd6Eh1YJDwDkF7wN2e5yohNrChdaeZMRjEkjwrwygpTwl 2. https://www.instagram.com/p/C_-PwwPymOX/?utm_source=ig_web_copy	17-09-2024 Dainik Bhaskar Page 4 Column 4

			democracy. Principal Dr. Maneeta Kahlon, highlighted how democratic principles such as equality, freedom, and justice are essential for creating inclusive and equitable society. She further shared insightful views on the functioning of India, the world's largest democracy.		link&igsh=MzRIODBiNWFIZA==	
64	Monday September 16, 2024	3 day Youth Mental Health Training Program- Day-1	(DAY-I) Under the aegis of the Internal Quality Assurance Cell, Guru Nanak Khalsa College for Women, Model Town, Ludhiana in Collaboration with the COPE Community organized a 3 day Youth Mental Health First Day Training Program for the COPE Volunteers. In this 3 day program students will learn the skills to foster mental well-being among youth. Day 1- Started with an introduction to MHFA, Mental health and Adolescent Development, signs and symptoms to notice and crisis intervention. Principal Dr. Maneeta Kahlon talked about Mental Health problems and How acknowledging them is important for today's generation. @copeformentalhealth @mpowerminds	IQAC & Dept. of Psychology	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02mDgPSkXns7enu7QFobDC7AoZ4SackvSk8z2VrP9brsoQsfjwLWwFxR8F9R8mCAAL 2. https://www.instagram.com/p/DAAbDdGSi2/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==	
65	Monday September 16, 2024	To observed International Day for the Preservation of the Ozone Layer.	Under the aegis of the IQAC, Eco Club and the Department of Public Administration, Guru Nanak Khalsa College for Women observed International Day for the Preservation of the Ozone Layer. During the event,	IQAC, Eco Club & Department of Public Administration	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid0	

			various issues related to ozone depletion were discussed, and students proposed numerous solutions. They shared their views on how to address this global problem through increased plantation, water and energy conservation, sustainable development, and effective waste management. Principal Dr. Maneeta Kahlon actively participated in the session and encouraged everyone to take steps to protect the environment.		zJaktnN3DW9bfC3GExQU3kbmB1JNM3Jhbh8PSfrBxc3yvFpQ7CiwBXAtRDKCZ8mul 2. https://www.instagram.com/p/DAFj0TryZWH/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
66	Tuesday September 17, 2024	Youth Mental Health Day Training Program-Day -2	(DAY-II) Under the aegis of the Internal Quality Assurance Cell, Guru Nanak Khalsa College for Women, Model Town, Ludhiana, in collaboration with the COPE Community, organized a 3-day Youth Mental Health First Aid Training Program for COPE Volunteers. During this program, students will learn the skills necessary to foster mental well-being among youth. Day 2 focused on early intervention for suicide, anxiety, and depression. It covered the biological, psychological, and cognitive aspects of these disorders and discussed the effective treatments available for them. Principal Dr. Maneeta Kahlon shared her insights on these disorders and actively participated in the activities to	IQAC & Dept. of Psychology	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid02UZPXpnGzVSnXc1PpNCxwhgz7hgbGFK2529SwGYTYamayxprFHd4UUMuuzXEECpnkl 2. https://www.instagram.com/p/DADEpzs5v/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			help students gain a better understanding. @copeformentalhealth @mpowerminds		=MzRIODBiNWFIZA==	
67	Wednesday September 18, 2024	Youth Mental Health Training Program, Day-3	(DAY-III) Under the aegis of the Internal Quality Assurance Cell, Guru Nanak Khalsa College for Women, Model Town, Ludhiana, in collaboration with the COPE Community, organized a three-day Youth Mental Health First Aid Training Program for COPE volunteers. During this program, students were equipped with skills to promote mental well-being among youth. On the third day, the focus was on the early intervention of psychosis and substance abuse. The session covered the biological, psychological, and cognitive aspects of substance addiction, tolerance, and withdrawal. The program concluded with a discussion on effective treatment options. Principal Dr. Maneeta Kahlon emphasized the harmful effects of substance abuse, highlighting how it can be life-threatening. @copeformentalhealth @mpowerminds .	IQAC & Dept. of Psychology	1. https://www.facebook.com/gnw/ludhiana/posts/pfbid0fpaQidXQBUoggqdK4dNUiTna9jza7XXpy6soVFzQgWE7NFZJwEDTRa3sEWEkoRD1l 2. https://www.instagram.com/p/DAGBOTcS6dh/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==	
68	Thursday September 19, 2024	Rashtriya Poshan Maah- (WEEK-III)	(WEEK-III) Rashtriya Poshan Maah 2024 Celebrations at GNKCW The college celebrates the thematic Rashtriya Poshan Maah every year in September. The theme for the third week of September 2024 (from September 16 to 21) is "Poshan Bhi, Padaai Bhi" (Nutrition as well as Education). Various activities were organized on this theme by the IQAC and the NSS Unit of the college, in	IQAC, NSS Unit & Department of Home Science	1. https://www.facebook.com/gnw/ludhiana/posts/pfbid0qGvMnE3oXRtHS6g51Ph6aZAaS1X3ASVW264sBqgGa41Rs9g6k2hMd	

			collaboration with the Department of Home Science. On September 19, 2024, 18 students participated in a workshop on soft toy making using stocking fruits. The students were shown how to create different nutritious fruits using poly wool, stockings, and green tape. Principal Dr. Maneeta Kahlon encouraged the students, highlighting this creative method as an insightful way to make school children aware of the nutritional value of fruits through play. This activity aimed to promote the habit of consuming fiber-rich fruits and vegetables in their daily routines.		wYdBeBLa1QLl 2. https://www.instagram.com/p/DAGADvHSHbt/?utm_source=ig_web_copy_link	
69	Friday September 20, 2024	To commemorate the death anniversary of Bhai Kanhaiya Ji as “Manav Seva Diwas”	Under the aegis of IQAC, the Department of History at Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, commemorated the death anniversary of Bhai Kanhaiya Ji as “Manav Seva Diwas” on September 20, 2024. On this occasion, Mrs. Sandeep Kaur, Head of the Department, delivered a lecture on the selfless service of Bhai Kanhaiya Ji. She highlighted his tireless and unwavering dedication to tending to the wounded soldiers during the war, without any consideration of their caste, creed, or religion. She remarked, “In today's society, which is plagued by religious and communal divides, we must transcend these differences and work towards the betterment of all.” Principal, Dr. Maneeta Kahlon, also emphasized the significance of the day, noting that modern society is grappling with environmental and health crises. She stated that, following the example set by Bhai	IQAC & Department of History	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid025nfyzmRdpX21sJ3BukZExog3CmgUVHT5LRDXooDn8eo88NkhgJqbMPs59hQAH4Zl 2. https://www.instagram.com/p/DAlbXmhS5hO/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==	

			Kanhaiya Ji—who devoted his life to providing water to the wounded and thirsty soldiers—we too should focus on conserving water resources and serving those in need.			
70	Saturday September 21, 2024	To observed World Alzheimer's day	Under the aegis of the Internal Quality Assurance Cell, Guru Nanak Khalsa College for Women, Model Town, Ludhiana observed World Alzheimer's day Today in college campus. A seminar was organised for the students by Dr. Supriya Khanna From Krishna Hospital. She talked about the early signs and symptoms of Alzheimer's and how it affects people in old age. She talked about the problems related to Dementia and how it affects the Motor Movements in the body. Ms. Kusha Mehra, Head of Psychology Department educated students about the cognitive effect of Dementia and Alzheimer's to people affected by the disorder and also talked about the preventive measures one should adopt to reduce the risk of developing this neurodegenerative disorder. Principal, Dr. Maneeta Kahlon emphasized to take good care of Old Age people in the family and the importance of good health and diet for the people affected by Alzheimer's.	IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0mxPEmPjLVKb67KXikaumeTdDxaqKJi4fYvqDyCyfUgZY8PsNwTvf9Bd6pXXAHNuYl 2. https://www.instagram.com/p/DALFHBXyzXK/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
71	Monday September 23, 2024	To paid tribute to the renowned poet, Professor Ramdhari Singh Dinkar, on his birth anniversary	Under the aegis of the Internal Quality Assurance Cell, the Hindi Department of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, paid a heartfelt tribute to the renowned poet, Professor Ramdhari Singh Dinkar, on his 116th birth anniversary on September 23, 2024. Dinkarji was one of the most prominent Hindi poets of the	IQAC & Hindi Department	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid02VJ6NYfraMrSgCPv58FRH3sgQJGv77zsLQUX6PdTKNA67F	

			20th century. He was a distinguished litterateur, revered patriot, educator, and respected philosopher. Known for his progressive and humanist ideals, he was a poet who ignited the spirit of nationalism during the pre-independence era through his inspirational and patriotic works. On this special occasion, students from the department delivered speeches, recited his poetry, and showcased a video highlighting his contributions to Hindi literature. Assistant Professor Mrs. Seema Dua, Registrar of the college, gave a lecture on Dinkarji's unique contributions to Indian literature. The entire event was organized under the supervision of Ms. Asha, Head of the Hindi Department. Principal Dr. Maneeta Kahlon commended the department for this initiative, expressing that such events will inspire the younger generation to learn from the wisdom of great poets, contributing to nation-building.		EChQRbAeJWQN9F xgYZQl 2. https://www.instagram.com/p/DAQUfg_y2id/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
72	Monday September 23, 2024	Rashtriya Poshan Maah F(WEEK-IV)	(WEEK-IV) Rashtriya Poshan Maah 2024 Celebrations at GNKCW The college celebrates the thematic Rashtriya Poshan Maah every year in September. Under the aegis of the IQAC, Physical Education Department, in collaboration with the NSS Unit and the Department of Home Science, organized a yoga camp on September 23, 2024, as part of Poshan Maah to promote health awareness. Principal Dr. Maneeta Kahlon encouraged the students to maintain both their mental and physical well-being. She emphasized the importance of staying healthy through regular exercise, like yoga, and advised student to consume a nutritious	IQAC, NSS Unit & Department of Home Science	1. https://www.facebook.com/gnwludhiana/posts/pfbid02M9m1v8dKAN7FrkHeqoSKLDeFMw67xo8duqG8mpJr5eDjBDP6QvUTAuAnnxShMBvZl 2. https://www.instagram.com/p/DAQUfg_y2id/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			diet to support overall wellness.		AQTYTA yaEU/?utm_source= ig_web_co py_link&i gsh=MzRl ODBiNW FIZA==	
74	Tuesday September 24, 2024	To celebrate NSS Day	Under the aegis of IQAC, NSS Unit of Guru Nanak Khalsa College for Women in Ludhiana organized an awareness rally to celebrate NSS Day On September 24, 2024. The main goal of the rally was to promote the importance of cleanliness. It aimed to raise awareness about how cleanliness can improve our quality of life and protect the environment. The event highlighted how working together can make a positive impact on cleanliness and environmental responsibility. Principal Dr. Maneeta Kahlon addressed the students, emphasizing the importance of cleanliness and hygiene. She encouraged them to adopt clean habits not only within the college but also in their homes and communities.	IQAC & NSS	1. https://www.facebook.com/gnw.ludhiana/posts/pfbid0X3LGkEg253CZj6zQxftnhUbUNotsRCnKcVsg6bpqpseQYLKP3DXxciXV7ZbRpKpxl 2. https://www.instagram.com/p/DASoVD5St2D/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	25-09-2024 Dainik Jagran Page 2 Column 2
75	Friday September 27, 2024	To observed World Tourism Day	Under the agies of the Internal Quality Assurance Cell, the Department of Sociology at GNKCW observed World Tourism Day on September 27, 2024, to highlight the global significance of tourism. The initiative aims to promote tourism as a driver of economic	IQAC & Department of Sociology	1. https://www.facebook.com/gnw.ludhiana/posts/pfbid0tejpwCKpKnk6REWaS4kEZM	

			growth, inclusive development, and environmental sustainability while providing leadership and support to the sector in advancing knowledge and tourism policies. Dr. Madhu Dhawan, Head of the Department of Sociology, emphasized the importance of tourism, noting the great opportunities it presents for emerging economies and developing countries. Principal Dr. Maneeta Kahlon remarked that tourism creates jobs, strengthens local economies, and helps conserve natural environments and cultural assets.		BBfT5GF2dPWoiXFWfVSqQMrnQu4fSVnc3gbF2TVeEPl 2. https://www.instagram.com/p/DAAZaJQyGad/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
76	Saturday September 28, 2024	To celebrated Birth Anniversary of great freedom fighter S. Bhagat Singh.	Under the aegis of IQAC the Department of History of Guru Nanak Khalsa College for Women , Gujarkhan campus, Model Town, Ludhiana celebrated 117th Birth Anniversary of great freedom fighter S. Bhagat Singh. Mrs. Sandeep Kaur ,Head of the department thrown light on his sacrifices that his revolutionary activities and ultimate sacrifice at the young age of 23 made him a martyr and an enduring icon of India's fight for freedom. He dedicated his life to fight against British colonial rule. Principal Dr. Maneeta Kahlon expressed her views that his sacrifice and resilience continue to inspire people of different ages. His legacy serves as a reminder to the youth to stand up against the wrong and fight for justice.	IQAC & Department of History	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid053UHYBFuKHURAiW3oWf2UMj9QLqUtDZDRMT1q2dVNLi3eWPRxjQyxru5l 2. https://www.instagram.com/p/DAdLnmeymx6/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

77	Monday September 30, 2024	Rashtriya Poshan Maah (WEEK-IV)	(WEEK-IV) Rashtriya Poshan Maah 2024 Celebrations at GNKCW The college celebrates Rashtriya Poshan Maah every year in September. The theme for the fourth week of September (from September 23-28, 2024) is "Overall Nutrition." Various activities related to this theme were organized by the IQAC and NSS unit of the college, in collaboration with the Department of Home Science. On September 30, 2024, twelve students from the college worked together to maintain the herbal and kitchen garden on the campus. The students were educated on the identification, importance, and use of organic herbs and plants in their daily lives. Principal Dr. Maneeta Kahlon encouraged the students to explore natural methods of irrigation, manuring, and grafting to cultivate healthy plants for use in daily meals.	IQAC, NSS unit & the Department of Home Science.	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid02jRVzeQPWUNDNG3f4Y7Q8imEzgfe9SnFPuPqemF3GYSrEMrZ3PxatnAdiN2T4Ucjfl 2. https://www.instagram.com/p/DAiG1D3SzWh/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	
78	Friday October 04, 2024	World Animal Day	World Animal Day observed at GNKCW Under the aegis of the Internal Quality Assurance Cell, the Eco Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated World Animal Day in the college campus today. The event aimed to raise awareness about animal welfare, conservation, and the importance of harmonious coexistence with all species. The theme for World Animal Day 2024, "The world is their home too," emphasizes the right of animals to live in a secure and protected environment where they can thrive. The day	IQAC	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0bwinnogMcpNykxD Ccq5GjNR3ywPQMJtCWbVg9Rgtdx1acc9fn8LAA722XCKV3xFol 2. https://www.instagram.com/p/DAsmss3SuCJ/?utm_s	07-10-2024 The Times of India Page 2 column 7

			is observed to educate and inspire children about the need to protect animals and promote animal rights globally. It fostered a sense of responsibility and encouraged humane treatment towards animals. In line with its commitment to animal welfare, the college also cares for a pet dog. Principal Dr. Maneeta Kahlon urged everyone to support animal welfare initiatives and help build a more compassionate society for all living beings.		source=igweb copy link&igsh=MzRlODBiNWFlZA==	
79	Thursday October 10, 2024	To celebrated World Mental Health Day	Under the aegis of Internal Quality Assurance Cell, the Department of Psychology of Guru Nanak Khalsa College for Women, Model Town, Ludhiana celebrated World Mental Health Day in the college campus today. It is an international day observed on October 10 every year for global mental health education, awareness and advocacy against social stigma. On this occasion, students presented a captivating skit addressing mental health concerns in the workplace, shedding light on the importance of well-being and support in professional settings. Ms. Kusha, Head of the Psychology Department highlighted the importance of mental health and connection of mind and body. The overall objective of this activity was to raise awareness of mental health issues and to mobilize efforts in support of mental health at workplace. Principal Dr. Maneeta Kahlon emphasized the importance of prioritizing mental health and	IQAC & Department of Psychology	. https://www.facebook.com/gnw-ludhiana/posts/pfbid0A2mtgfMQUa9SHZ6vEjVHcMpqR1jW8iEuGvkVe93kjhZBfKhym75rUYGyTzhSe6kal 2. https://www.instagram.com/p/D A5QOHSSK2T/?utm_source=igweb copy link&igsh=MzRlODBiNWFlZA==	11-10-2024 Dainik Savera Page 7 Column 5

			encouraged open dialogue about struggles, ensuring timely and necessary action is taken in the workplace.			
80	Thursday October 17, 2024	To celebrate Sangrand	The college celebrated Sangrand to mark the beginning of 'Kattak' month. The college Principal, Dr. Maneeta Kahlon, staff and students prayed for the well-being of everyone.	IQAC	1. https://www.facebook.com/gnwludhiana/posts/pfbid0U3V1pCphLKDHQeVtDsY5fASBrzoQDqriNGjzXemdcK28FG6Eu7EKaVp1Gi8hzDHA1 2. https://www.instagram.com/p/DBQZ-uhSQQy/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
81	Friday October 18, 2024	Competition for designing of Karwa sets	Under the aegis of IQAC, a competition for designing of Karwa sets was organized by Department of Fashion Designing. For this, students had decorated chhani, karwa and diya by using various decorative fabrics and embellishments. Winners of competition were awarded with medals. As a part of Karwachauth celebration, an exhibition cum sale of beautiful chhani, karwa and diya, was setup by the students. Many teachers and students purchased the items for their fast. 11 students participated in the activity. Principal Dr Maneeta	IQAC & Department of Fashion Designing	1. https://www.facebook.com/gnwludhiana/posts/pfbid02zKufzVKrsTTpB8GUNEhizkqTbQBniNpWNPMQgTQecAN2LyjQdpUYTxVPkfP34qg7l 2. https://www.instagram.com/p/D	

			Kahlon encouraged the students for their efforts and mentioned that such activities are of utmost importance today to boost entrepreneurship among students.		BQieWWyduU/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
82	Monday October 28, 2024	Conducted E-Waste collection drive	GNKCW conducts E-Waste collection drive as part of Diwali Event 'Roshni' Under the aegis of IQAC, The Department of Computer Science and Applications in collaboration with the NSS Unit at Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized an e-waste collection drive as part of their Diwali celebration event, 'Roshni' on October 28, 2024. The initiative aimed to promote environmental sustainability by encouraging responsible disposal of electronic waste among students and faculty. The event was convened by the teachers of the Computer Science department. Ms. Daisy Wadhwa, Head of Computer Department, and Ms. Satwant Kaur, NSS Programme Officer, informed the students on the environmental hazards of improper e-waste disposal and the importance of recycling and repurposing electronic devices. The event saw active participation from students, who came forward to contribute old and unused electronic items, thereby helping to reduce the environmental footprint of e-waste. Dr. Maneeta Kahlon, Principal of the college, stated, "This e-waste collection drive reflects our commitment to fostering environmental awareness and	IQAC, Department of Computer Science and Application & the NSS Unit	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02joU78QFoBZgUycuJHdxF9ymstmWV9d4fwNLn8LyX4ntoRSRHBtkmqCbWbRiYeGY7l 2. https://www.instagram.com/p/DBsa8m6ytNR/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			responsibility among our students. As educators, it is essential to inculcate values that promote sustainability, and events like 'Roshni' provide an ideal platform to inspire positive change."			
83	Tuesday October 29, 2024	(DAY-I) Diwali Celebrations	(DAY-I) Diwali Celebrations at GNKCW Under the aegis of the Internal Quality Assurance Cell, the Departments of Home Science and Fashion Designing celebrated "Roshni," their annual Diwali program, in collaboration with the Women's Development Cell. As part of the 'Earn While You Learn' scheme, students showcased their entrepreneurial spirit by setting up an exhibition-cum-sale featuring a variety of handmade items, including cakes and chocolates, nail treatments, candles, planters, decorative items, artificial jewelry, painted fabrics, and more. Numerous stalls highlighted the creativity and initiative of women pioneering small enterprises during the festival of lights. The exhibition was inaugurated by Principal Dr. Maneeta Kahlon. This event was organized by Mrs. Shikha Kalra, Dr. Shikha Bajaj, Mrs. Amarpreet, and Mrs. Yukti Khurana from the Departments of Home Science and Fashion Designing. Principal Dr. Maneeta Kahlon	IQAC , the Department of Home Science and Fashion Designing	1. https://www.facebook.com/gnwludhiana/posts/pfbid0ie5zqp87ed4wjomyH3u3EYWkTnbauNRbStWnpEjZFnXWchuqedHmWGhHFW9KtEk3l 2. https://www.instagram.com/p/D_BtCaSHS_W-S/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/D_BtCm5hS0Qd/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			commended the efforts of both faculty members and students, encouraging everyone to celebrate a Green Diwali.			
84	Tuesday October 29, 2024	Mithai-making Competition,	Under the aegis of Internal Quality Assurance Cell, the Departments of Home Science and Fashion Designing celebrated "Roshni," the annual Diwali program, in collaboration with the Women's Development Cell. The Department of Home Science hosted a Mithai Competition, where students showcased their culinary skills by preparing sugar-free sweets, using only natural ingredients like jaggery, dates, and shakkar to add sweetness to their dishes. Cash prizes were awarded to the winners, and the competition was judged by Mrs. Manmeet Kaur, Associate Professor, Department of Commerce, and Mrs. Surjit Kaur, HOD, Department of Office Management. The college Principal, Dr. Maneeta Kahlon, commended the students for their preference for natural, healthier alternatives to artificial white sugar during this festive Diwali season.	IQAC, Department of Home Science and Fashion Designing	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid02b1M83jtWmSH8voHdarV8kktztrnf24ZnyztRfqCtnu_hz9DmcxAyiyxFLzpf4VpvCel 2. https://www.instagram.com/p/DBtARNUSxYt/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/DBtAYS5ymyC/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

85	Wednesday October 30, 2024	(Day-II) Diwali Exhibition	(Day-II) Diwali Exhibition at GNKCW Under the aegis of the Internal Quality Assurance Cell, Women Development Cell in collaboration with Departments of Home Science and Fashion Designing organized a two-day exhibition-cum-sale as part of "Roshni," the college's annual Diwali program. Numerous stalls featured a vibrant array of items, including artificial jewelry, nail treatments, diyas, cakes and brownies, bags, clothing, keyrings, and decorative pieces. This event was organized by Mrs. Shikha Kalra, Dr. Shikha Bajaj, Mrs. Amarpreet, and Mrs. Yukti Khurana from the Departments of Home Science and Fashion Designing. Principal Dr. Maneeta Kahlon commended the dedication of the faculty and students, encouraging everyone to embrace a Green Diwali.	IQAC, Women Development Cell in collaboration with Departments of Home Science and Fashion Designing	1. https://www.facebook.com/share/p/Bo5Laj4kUKpwMYZ4/ 2. https://www.instagram.com/p/D BxmwypSqX1/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA== 3. https://www.instagram.com/p/D Bxm24gyxI/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	31-10-2024 Dainik Bhaskar Page 7 Column 1
86	Wednesday October 30- Sunday November 03, 2024	To observe Vigilance Awareness Week Part-1	Under the aegis of the Internal Quality Assurance Cell, the Department of Political Science, and the NCC Wing of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, conducted a series of activities from October 30 to November 3, 2024, in observance of Vigilance Awareness Week. The week commenced with a significant pledge ceremony centered on the theme "Culture of Integrity for Nation's Prosperity." This event underscored the importance of ethical values and	IQAC, Department of Political Science and the NCC Wing	1. https://www.facebook.com/share/p/LdUs9SAoMrTvcdCn/ 2. https://www.instagram.com/p/D B-9pdiyZHD/	

			accountability in building a better society. Highlighting the week's activities, college Principal Dr. Maneeta Kahlon delivered an inspiring lecture on the 'Culture of Integrity.' In her address, she encouraged students and staff to recognize their responsibilities in nurturing a culture that prioritizes ethical conduct, thereby contributing to the nation's overall prosperity. A total twenty eight students along with faculty participated in this event.		?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
87	Wednesday October 30- Sunday November 03, 2024	To observe Vigilance Awareness Week Part-2	Under the aegis of IQAC, during Vigilance Awareness Week (VAW)-2024 from 30th October to 3rd November, 2024, the college participated in Central Vigilance Commission's endeavor for a "Culture of Integrity for Nation's Prosperity" and undertook e-pledge at https://pledge.mygov.in/cvc/	IQAC	1. https://www.facebook.com/share/p/17tr9Hgy4/ 2. https://www.instagram.com/p/DCBZ3pYy-gQO/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
88	Thursday October 31, 2024	To celebrate Rashtriya Ekta Diwas	Under the aegis of the Internal Quality Assurance Cell, the NCC Wing, NSS Unit, Department of Political Science and History of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated Rashtriya Ekta Diwas on October 31, 2024, with the theme "One Nation, One Vision, One India."	IQAC, , the NCC Wing, NSS Unit, Department of Political Science and History	1. https://www.facebook.com/share/p/xKxw414G5Cxtjgh5/ 2. https://www.instagram.com/p/DCBZ3pYy-gQO/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	05-11-2024 Ajit Page 6 Column 4

			On this occasion, Cadet Kirandeep Kaur recited a poem reflecting the spirit of unity and national integrity, while other cadets created informative posters to promote the significance of the day. A total of thirty two students actively participated in this ,The event was conducted under the supervision of Lt. Sukhjit Kaur (ANO), Unit Staff Hav. Minta Singh was also present. College Principal Dr. Maneeta Kahlon appreciated the cadets' efforts and highlighted the significance of Rashtriya Ekta Diwas in fostering unity and integrity among the citizens of India. She encouraged the students to embody the values of togetherness and patriotism in their daily lives.		m.com/p/D B-du37yWOS/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
89	Thursday October 31, 2024	Roshni 2024 – the Annual Diwali Program	Roshni 2024 – the Annual Diwali Program which was launched at Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana on October 29, 2024 culminated today with the declaration of Bumper Lucky Draw prizes. Er. Gurvinder Singh, General Secretary of the college governing body and S. Harmohan Singh Sarna, awarded the prizes to the winners. Under the auspices of the Internal Quality Assurance Cell, the event featured a variety of activities led by different college departments, including a Diya and Candle-Making Workshop, an E-Waste Collection Drive as part of the Diwali celebration, an Inter-Class Mithai Competition, Diwali Exhibition Stalls under “Earn While You Learn” scheme, and a Cyber Security Awareness Stall. Principal Dr.	IQAC	1. https://www.facebook.com/sharad3eLLnXgYhd/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 2. https://www.instagram.com/p/DByDILMx4G8/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/DByDYpuy9GD/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			Maneeta Kahlon extended congratulations to the raffle draw winners and wished everyone a happy and safe Diwali.		source=igweb copy link&igsh=MzRlODBiNWFlZA==	
90	Wednesday November 06, 2024	To observe Cyber Jagrukta Diwas	GNKCW observes Cyber Jagrukta Diwas Under the aegis of IQAC, the Department of Computer Science and Applications at Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed Cyber Jagrukta Diwas, a monthly Cyber Awareness Day dedicated to promoting cyber security awareness. The event is part of a regular initiative held on the first Wednesday of every month, aimed at educating students about safe digital practices. During the event, students from the Computer Science Department took the lead in informing their peers about essential cyber security practices to enhance digital safety. They shared practical tips and guidance on how to protect personal information online, recognize potential cyber threats, and adopt secure habits when using technology. Ms. Daisy Wadhwa and Ms. Harpreet Kaur, Assistant Professors in the Department of Computer Science and Applications, conducted a session on key cyber security tips, highlighting common online risks and strategies to mitigate them. They emphasized the importance of being vigilant in the digital space and maintaining good cyber hygiene. The college community also	IQAC, the Department of Computer Science and Applications	1. https://www.facebook.com/share/p/183U4M95Ys/ 2. https://www.instagram.com/p/DCBIXTLyJhH/?utm_source=igweb copy link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/DCBliMaSFea/?utm_source=igweb copy link&igsh=MzRlODBiNWFlZA==	

			participated in an online session organized by the University Grants Commission, which included the launch of the "Handbook on Basics of Cyber Hygiene for Higher Education Institutions" and a "Chetna Lecture on Busting Digital Arrest." College Principal Dr. Maneeta Kahlon expressed her thoughts on the importance of cyber security awareness, stating, "In today's digital age, it is essential for our students to be well-informed about cyber threats and the measures they can take to protect themselves. Cyber Jagrukta Diwas is a significant step in empowering our students to navigate the online world safely and responsibly."			
91	Friday November 08, 2024	To Organize Awareness Talk on National Cancer Awareness Day	Red Ribbon Club Organizes Awareness Talk on National Cancer Awareness Day at GNKCW To observe National Cancer Awareness Day, the Red Ribbon Club, NSS Unit, and Red Cross Society, under the aegis of IQAC of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, held an awareness talk to educate students on cancer prevention and the importance of early detection. The day, observed annually in India, aims to promote awareness and proactive health practices, and it marks the birth anniversary of Madame Marie Curie, the Nobel Prize-winning scientist whose pioneering work on radioactivity has been instrumental in cancer research and treatment. Dr. Renu Gupta, Consultant Gynaecologist, Suman Hospital, Ludhiana, served as the resource	IQAC, the Red Ribbon Club, NSS Unit, and Red Cross Society	1. https://www.facebook.com/share/p/1K7jjVu4A5/ 2. https://www.instagram.com/p/DCGjdFAyXpY/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	09-11-2024 Dainik Bhaskar Page 4 Column 1

			person for the event. In her informative talk, she highlighted the significance of Cancer Awareness, discussing the symptoms, risk factors, and early detection strategies essential for improving outcomes. Dr. Renu emphasized that early screening and awareness can play a pivotal role in reducing cancer-related deaths. The event was coordinated by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, the coordinators of Red Ribbon Club. The college Principal Dr. Maneeta Kahlon spoke on the necessity of creating a well-informed and health-conscious generation. "Awareness and education are vital in our fight against cancer," Dr. Kahlon stated. "By equipping our students with essential health information, we hope they will inspire positive changes in their families and communities.			
92	Tuesday November 12, 2024	The Satyug Sangeet Utsav - 2024	The Satyug Sangeet Utsav - 2024 was organized at Guru Nanak Khalsa College for Women, on 12th November 2024. Er. Gurvinder Singh, General Secretary of the college governing body, and Dr. Maneeta Kahlon, college Principal were the Guests of Honor on this occasion. The mega event featured a diverse range of inter-school competitions in dance, music, art, and craft. This initiative encourages children to participate in cultural activities by providing them with a platform to showcase their talents, thereby boosting their self-confidence and self-esteem.	IQAC	1. https://www.facebook.com/share/p/trDDSe8oP8YMctQt/?mibextid=CTbP7E 2. https://www.instagram.com/p/DQ8B8PyVUN/?igsh=NWpuYnNxMnM0cnN3	

			The event also promoted free education in the arts, introduced the International Equanimity Olympiad, and provided encouragement through cultural performances.			
93	Wednesday November 13, 2024	To celebrate the Birth Anniversary of Guru Nanak Dev Ji	To celebrate the Birth Anniversary of Guru Nanak Dev Ji, the Code of Conduct Committee, in collaboration with The Art of Living Organization, Ludhiana Chapter, organized a spiritual session for students at Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana. This event was held under the aegis of the college's Internal Quality Assurance Cell in the college on November 13, 2024. The faculty from The Art of Living Organization guided students in techniques to calm the mind, focusing on building a stress-free, value-centered society. The session commenced with stress-relieving exercises, followed by a meditation session, and concluded with divine music to foster mental tranquility. Principal Dr. Maneeta Kahlon expressed her gratitude to the visiting faculty and encouraged students to incorporate meditation into their daily routines to cultivate mental clarity and manage stress effectively.	IQAC, the Code of Conduct Committee	1. https://www.facebook.com/share/p/NVtfYNn5exx4NsAX/?mibextid=CTbP7E 2. https://www.instagram.com/p/DCtavLxSD0/?igsh=MWs1ZTR2NGQ0eXh6OQ==	
94	Thursday November 14, 2024	To commemorate the 109th death anniversary of S. Kartar Singh Sarabha	Under the aegis of the IQAC, the Department of History in collaboration with EBSB at Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, commemorated the 109th death anniversary of S. Kartar Singh Sarabha. On this occasion, Mrs.	IQAC, the Department of History in collaboration with EBSB	1. https://www.facebook.com/share/p/15Ho63tJBU/ 2.	

			Sandeep Kaur, Head of the Department, delivered an insightful lecture on his life journey and paid tribute to the young revolutionary whose courage and sacrifice have become a symbol of bravery and patriotism in India's struggle for independence. The College Principal, Dr. Maneeta Kahlon, also shared her thoughts on the occasion, emphasizing that the sacrifices, struggles, and dedication of Kartar Singh Sarabha serve as an inspiration for all of us to work towards the betterment of our society and nation.		https://www.instagram.com/p/DCWCMOvY8g/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
95	Friday November 15, 2024	To celebrate Prakash Purab of Shri Guru Nanak Dev Ji	Gurpurab Celebrations at GNKCW Guru Nanak Khalsa College for Women celebrated Prakash Purab of Shri Guru Nanak Dev Ji in the college on November 15, 2024. The students and faculty of the Department of Music performed Kirtan at Gurudwara Shaheedan, Model Town, Ludhiana. As a part of the celebrations, the hostlers and the supporting staff of the college prepared langar. The college Principal, Dr. Maneeta Kahlon conveyed her wishes on the auspicious occasion. She said that 'Seva', the selfless community service and volunteerism bring one closer to God.	IQAC	1. https://www.facebook.com/share/p/1GVeBnTR7f/ 2. https://www.instagram.com/p/DCgeLFuyWMW/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/DCgeQFByjgS/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

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96	Tuesday November 19-Monday November 25, 2024	To observe the Communal Harmony Week	Under the aegis of the Internal Quality Assurance Cell, the NCC Wing of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observing the Communal Harmony Week from November 19 to 25, 2024, As part of the observance, the college organized an Essay Writing Competition on November 21, 2024, to foster awareness about the importance of communal harmony. A total of twenty nine cadets participated in the essay writing competition, showcasing their understanding and reflections on the theme of communal unity. College Principal, Dr. Maneeta Kahlon, addressed the cadets, emphasized the importance of communal harmony in today's world and its role in fostering a peaceful and unified society. She encouraged the cadets to embrace the spirit of unity and diversity and to contribute positively to the nation's social fabric. The activity was conducted under the supervision of Lt. Sukhjit Kaur (ANO) and Hav. Sandeep Choudhary.	IQAC, the NCC Wing	1. https://www.facebook.com/share/p/13onJP3sjB/ 2. https://www.instagram.com/p/D Cqk_WJyuAe/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
97	Thursday November 21, 2024		Under the aegis of the Internal Quality Assurance Cell, the Women Development Cell of Guru Nanak Khalsa College for Women, in collaboration with the Department of Economics, celebrated Women Entrepreneurship Day on campus today. Observed annually on November 19, this day aims to enhance the visibility of women by highlighting the challenges and obstacles that women	IQAC, the Women Development & Department of Economics	1. https://www.facebook.com/share/p/47EXfuy5kyYECgV/?mibextid=CTbP7E 2. https://www	

			entrepreneurs face in the modern ecosystem. Students were informed about the various opportunities available for starting small ventures. The activity was organized under the guidance of Mrs. Seema Dua and Dr. Shikha Bajaj. The students showed great enthusiasm in learning about government schemes and the diverse opportunities in manufacturing and selling products. A total of 32 students actively participated in the event. Principal Dr. Maneeta Kahlon encouraged students to leverage their skills to establish their own ventures in the future, emphasizing their potential to create employment opportunities for others.		w.instagram.com/p/DCoG4Z8SCdj/?igsh=NDZqczVid3A1aHJp	
98	Friday November 22, 2024	To observe National Integration Week	National Integration Week Observed at Guru Nanak Khalsa College for Women, Ludhiana November 22, 2024 Under the aegis of the Internal Quality Assurance Cell (IQAC), NSS Unit, Red Cross Society and EBSB Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed National Integration Week on November 22, 2024. The event aimed to promote the spirit of unity, harmony, and patriotism among students, emphasizing the importance of national integration in building a cohesive society. The session began with informative lectures by NSS Programme Officer Dr. Neetu Prakash and Mrs. Satwant, who shared their insights on the significance of National Integration, highlighting its role in fostering social harmony and national progress. The speakers	IQAC, NSS Unit, Red Cross Society and EBSB Club	1. https://www.facebook.com/share/p/14vobNZyVj/ 2. https://www.instagram.com/p/DCqjb8GSa7S/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			elaborated on various aspects of unity in diversity, the importance of respecting cultural differences, and the role of youth in promoting inclusive development across India. They also discussed historical and contemporary examples of national integration efforts, urging students to become active participants in creating a more unified nation. Madam Principal Dr. Maneeta Kahlon encouraged students to be ambassadors of national integration, stressing that true unity comes from understanding and respecting the rich diversity of India.			
99	Tuesday November 25, 2024	To celebrate NCC Founding Day	Under the aegis of the Internal Quality Assurance Cell, the NCC Wing of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated NCC Founding Day on November 25, 2024. This annual event, observed every year on the fourth Sunday of November since 1948, commemorates the establishment of the National Cadet Corps and highlights its role in fostering responsible and disciplined citizens. On this occasion, thirty-one cadets actively participated in various activities, including creating thought-provoking posters and performing the NCC song, "Hum Sab Bharatiya Hain," which embodies the unity and spirit of the nation. College Principal, Dr. Maneeta Kahlon, addressed the gathering and underscored the significance of NCC in shaping the youth into responsible and conscientious citizens. The entire event was meticulously organized by Associate NCC Officer, Lieutenant Sukhjit Kaur.	IQAC & NCC Wing	1. https://www.facebook.com/share/p/1GAXUsiBEw/ 2. https://www.instagram.com/p/DcyddM8SviH/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

100	Tuesday November 26, 2024	To organize Drug Abuse Awareness Rally	GNKCW organizes Drug Abuse Awareness Rally and Lecture Under the aegis of the Internal Quality Assurance Cell, the Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, conducted a Drug Abuse Awareness Rally and Lecture at Government High School, village Kheri, Ludhiana. The event aimed to educate students about the harmful effects of drug abuse and inspire them to lead a healthy and drug-free life. As part of the initiative, student volunteers from the Red Ribbon Club delivered an insightful lecture on the consequences of drug abuse, ways to resist peer pressure, and the importance of making informed life choices. The lecture was well-received by the school students, who actively participated in the discussion, making the session interactive and impactful. The event was organized under the guidance of the club coordinators, Dr. Nidhi Sharma and Ms. Daisy Wadhwa, following the directions of the Directorate of Youth Services, Ludhiana. The rally and lecture were a testament to the college's commitment to community welfare and youth empowerment. Dr. Maneeta Kahlon, college Principal, highlighted the importance of such initiatives, stating, "Drug abuse is a grave concern that can jeopardize the future of our youth. Through awareness campaigns like this, we aim to guide young minds toward a healthier and more responsible lifestyle." The college extends its heartfelt gratitude to the teachers of Government High School, Kheri, for their cooperation and support in making the event successful. Their	IQAC & , the Red Ribbon Club	1. https://www.facebook.com/share/p/15AXWPPcyB/ 2. https://www.instagram.com/p/D04FQzSq_n6/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==	
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			encouragement played a vital role in ensuring an engaging and informative session for the students.			
101	Tuesday November 26, 2024	To celebrate Constitution Day	Under the aegis of the Internal Quality Assurance Cell (IQAC), NSS Unit, Red Cross Society, EBSB Club, Department of Public Administration, and NCC Wing and Department of Political Science of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed Constitution Day in the college campus today. The event aimed to raise awareness among students about the significance of the Indian Constitution and its enduring relevance in shaping the nation's democratic framework. The program was conducted under the guidance of the NSS officers, Dr. Neetu Prakash and Mrs. Satwant Kaur, along with Associate NCC Officer, Lt. Sukhjot Kaur, who ensured the smooth execution of the activities. A key highlight of the observance was the collective taking of the Constitution Day pledge, in which all participants reaffirmed their commitment to the values of justice, equality, and liberty enshrined in the Constitution. Principal, Dr. Maneeta Kahlon, addressed the gathering and highlighted the crucial role of education in instilling the core values of the Constitution. This observance not only helped students understand the foundational principles of the Indian democracy but also encouraged them to actively participate in upholding the values of the Constitution in their everyday lives.	IQAC, NSS Unit, NCC Wing, Red Cross Society, EBSB Club, Department of Public Administration, and Political Science	1. https://www.facebook.com/sharke/p/17HNz8MTfq/ 2. https://www.instagram.com/p/D0uN9WyhYR/?utm_source=ig_web_copy_link&ig_h=MzRIODBiNWFlZA==	27-11-2024 Punjab Kesari Page 2 Column 4

102	Thursday November 28, 2024	To observe National Deworming Day	The Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed National Deworming Day under the aegis of the Internal Quality Assurance Cell (IQAC) today. The event aimed to raise awareness about the significance of deworming for improving overall health and well-being. College Principal, Dr. Maneeta Kahlon, served as the resource person for the event, enlightening students and faculty about the importance of deworming in promoting a healthy and productive life. She emphasized that regular deworming helps in combating malnutrition, anemia, and other health issues, especially among young adults. As part of the initiative, deworming medicines were distributed to students to ensure their active participation in maintaining their health. The event was effectively coordinated by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, coordinators of the Red Ribbon Club.	IQAC	1. https://www.facebook.com/share/p/15Fxjoe5TTW/ 2. https://www.instagram.com/p/DC6CzWASWUz/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	29-11-2024 Punjab Kesari Page 2 Column 3
103	Monday December 02, 2024	To observe World AIDS Day	Under the aegis of the Internal Quality Assurance Cell (IQAC), the Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World AIDS Day today with a pledge ceremony to raise awareness about HIV/AIDS and promote a sense of responsibility among students. During the ceremony, students and staff took a solemn pledge to work towards eliminating the stigma surrounding HIV/AIDS, spreading awareness about	IQAC & Red Ribbon Club	1. https://www.facebook.com/share/p/15P6PbcU2p/ 2. https://www.instagram.com/p/DGlrR9SHYU/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	03-12-2024 Punjabi Jagran Page 4 Column 2

			preventive measures, and supporting those affected by the disease. The event aimed to empower young minds to contribute to the global fight against AIDS. The college Principal, Dr. Maneeta Kahlon, highlighted the importance of such initiatives in sensitizing the youth towards critical social and health issues. She stated, "World AIDS Day reminds us of our collective responsibility to educate and support one another in eradicating HIV/AIDS. Such awareness programs are vital in building an informed and compassionate society." The event was coordinated by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, the Club Coordinators.		BiNWFIZ A==	
104	Thursday December 05, 2024	To commemorate World Soil Day	Under the aegis of the Internal Quality Assurance Cell, the Department of Public Administration and the Eco Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, jointly organized an essay writing competition to commemorate World Soil Day, observed annually on December 5th. The theme for 2024, "Caring for Soil: Measures, Monitor, Manage," highlights the importance of soil health, sustainable ecosystems, and human well-being. The event saw enthusiastic participation from 80 students, who proposed diverse and impactful measures for soil conservation and management. Their suggestions included implementing soil conservation techniques, raising awareness, practicing sustainable habits, sharing inspiring slogans, messages, and quotes on social	IQAC, Department of Public Administration and Eco Club	1. https://www.facebook.com/share/p/1BUghcztqF/ 2. https://www.instagram.com/p/DL2ktnyfTu/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFIZA==	06-12-2024 Punjabi Tribune Page 11 Column 9

			media, engaging in tree plantation drives, and organizing field visits. Principal Dr. Maneeta Kahlon commended the students for their creativity and dedication, encouraging them to continue generating innovative ideas to foster environmental sustainability.			
105	Tuesday December 10, 2024	To celebrate the Human Rights Day	Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Political Science and NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated the Human Rights Day on 10th December 2024. This significant day, observed annually since 1948, commemorates the adoption of the Universal Declaration of Human Rights by the United Nations General Assembly. The theme for this year's celebration was "Our Rights, Our Future, Right Now," emphasizing the urgent need to address and protect human rights. The event was marked by a thought-provoking lecture delivered by the Head of Department Lt. Sukhjit Kaur, highlighted the relevance of human rights in today's world. College Principal Dr. Maneeta Kahlon in her address underlined the profound significance of human rights in fostering equality, dignity, and justice for all individuals. She further emphasized the importance of raising awareness about these rights and their role in shaping a fairer and more peaceful society.	IQAC, NSS Unit and the Department of Political Science	1. https://www.facebook.com/share/p/1W2WF4YgxF/ 2. https://www.instagram.com/p/DbUI53yd-?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	11-12-2024 Dainik Savera Page 6 Column 1
106	Wednesday December 11, 2024	To celebrate Bhartiya	Under the aegis of Internal Quality Assurance Cell, the Department of Hindi of Guru	IQAC & Department of	1. https://www	12-12-2024 Punjabi Jagran Page

		Bhasha Diwas	Nanak Khalsa College for Women, Gujarkhan Campus, Model Town celebrated "Bhartiya Bhasha Diwas" in the college campus today. This day is celebrated as part of Amrit Mahotsav of Independence and to spark and encourage an enthusiasm for learning Indian languages. It is celebrated every year on occasion of birth anniversary of Tamil Poet Subramania Bharati. Subramania Bharati was a prolific Tamil writer, poet, journalist, Indian independence activist, social reformer, and polyglot. Ms. Asha, Assistant Professor, Department of Hindi highlighted that the Indian Languages Festival promoted unity and showcased India's rich cultural heritage. Principal, Dr. Maneeta Kahlon emphasized the importance of proficiency in another Indian language and promoting the concept as a delightful and enriching experience.	Hindi	w.facebook.com/sharadep/19rhMqn1eb/ 2. https://www.instagram.com/p/DDbc0oJSbwG/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	4 Column 1
107	Saturday December 14, 2024	To celebrate National Energy Conservation Day	Under the aegis of the IQAC, the Department of Fashion Designing celebrated National Energy Conservation Day on December 14, 2024. During the event, Ms. Yukti Khurana shared valuable tips and suggestions on how to reduce energy consumption in clothing practices. Key points discussed included: • Wash clothes in cold water to save energy. • Dry towels and heavier cotton fabrics separately from lightweight garments. • Avoid using conventional cotton as it requires a significant	IQAC & Department of Fashion Designing	1. https://www.facebook.com/sharadep/1AatsYgu8A9/ 2. https://www.instagram.com/p/DDjcZflydeD/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	15-12-2024 Dainik Savera Page 6 Column 1

			amount of petroleum during production, making it environmentally unfriendly. Opt for sustainable alternatives like hemp and lyocell, which have similar properties but are eco-friendly. • Recycle or upcycle textile materials whenever possible. • Embrace outfit repetition to minimize waste. Principal Dr. Maneeta Kahlon commended the department's efforts, emphasizing that National Energy Conservation Day aims to raise awareness about the significance of energy conservation in India. The event also highlights new strategies and plans to reduce energy waste while encouraging public participation in conserving resources. Ultimately, the day seeks to promote efficient energy usage and reduce energy consumption.		==	
108	Monday December 16, 2024	To celebrate Vijay Diwas	Under the aegis of Internal Quality Assurance Cell (IQAC), the NCC wing of Guru Nanak Khalsa College for Women, Ludhiana, celebrated Vijay Diwas to commemorate the historic victory of the Indian Armed Forces over Pakistan in the 1971 Indo-Pak war. This day marks a momentous chapter in history, as the liberation of Bangladesh was achieved within just 13 days, highlighting the unparalleled determination, valor, and professionalism of the Armed Forces. To deepen the understanding of this significant event, ANO Lt. Sukhjit Kaur educated the cadets on the importance of December 16, 1971, a day that symbolizes the triumph of humanity and peace over	IQAC & NCC wing	1. https://www.facebook.com/share/p/996RuUuGX6uXDJeJ/?mibextid=wwXIfr 2. https://www.instagram.com/p/DofbVnyDVm/?igsh=MTRtMXp0MHhheDhiNQ==	17-12-2024 Dainik Jagran Page 2 Column 3

			injustice. Principal Dr. Maneeta Kahlon in her address emphasized that the 1971 victory was not just a military success but a profound affirmation of justice and peace. She encouraged students to draw inspiration from the unwavering grit and dedication of the Indian Armed Forces.			
109	Wednesday December 18, 2024	To observe Minorities Rights Day	Under the aegis of Internal Quality Assurance Cell, Department of Sociology of Guru Nanak Khalsa College for Women observed Minorities Rights Day in the college campus today. Minorities Rights Day in India is observed annually on December 18 to promote awareness about the rights, safety, and well-being of minority communities. The day aims to highlight the issues faced by minorities in India and to encourage initiatives for their protection and development. It is an opportunity to promote equality, justice, and the constitutional rights of minority groups. While delivering a talk Dr. Madhu Dhawan emphasized the need for awareness about schemes and programs benefiting minorities in areas like education and employment. Principal Dr. Maneeta Kahlon, inspired everyone to work for the betterment of all marginalized groups in society and to raise awareness about government initiatives supporting such groups.	IQAC, Department of Sociology	1. https://www.facebook.com/share/p/19QtuYaDZo/ 2. https://www.instagram.com/p/DtPcSXS1q1/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	19-12-2024 Dainik Jagran Page 4 Column 3
110	Monday December 23, 2024	To celebrate National Farmer's Day	Under the aegis of Internal Quality Assurance Cell (IQAC), Guru Nanak Khalsa College for Women, Gurdwara campus, Ludhiana celebrated "National Farmer's Day" in the college campus today. December 23 has	IQAC	1. https://www.facebook.com/share/uJGcmEvefB2rxnj/?mibextid	24-12-2024 Rozana Spokesman Page 3 Column 2

			been observed as National Farmer's Day to create awareness and to educate the people on the role of farmers and their contribution. On this occasion, the rich agricultural heritage of Punjab was exhibited and the traditional food like “Makki di roti with Saag” was relished by the faculty members of the college. The event also highlighted the legacy of the Indian Knowledge System, which historically upheld practices such as crop rotation and organic farming, reflecting the sustainable traditions of our ancestors. The principal of the college, Dr. Maneeta Kahlon, in her address, emphasized the importance of honoring farmers for their dedication to feeding the nation.		=wwXIfr 2. https://instagram.com/p/DD8pcAuSawa/	
111	Tuesday December 24, 2024	To observe National Consumer Rights Day	Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Economics in collaboration with Women Development Cell of Guru Nanak Khalsa College for Women, Model Town, Ludhiana organized an interactive talk to observe National Consumer Rights Day on December 24, 2024. The event highlighted the importance of consumer awareness and protection, fostering a spirit of informed decision-making faculty. Mrs. Seema Dua, Head of the Department of Economics, shed the light on key consumer rights, responsibilities, and the evolving consumer landscape in India. She elaborated the theme of the National Consumer Rights Day 2024 “Virtual Hearings & Digital Access to Consumer Justice” which aimed at providing speedy, cost-effective and hassle free justice to the consumers and highlights the importance of digital	IQAC, Women Development Cell and Department of Economics	1. https://www.facebook.com/sharpe/p/17cyU81zdK/ 2. https://www.instagram.com/p/D86iqwSyhl/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			medium and tools in ensuring that consumers can access justice in an increasingly online world. With relatable examples, Dr. Shikha Bajaj, co-coordinator of Women Development Cell emphasized the importance of being vigilant and aware as consumers in today's fast-paced and complex market. The interactive segment allowed participants to pose questions, discuss real-life scenarios, and gain practical insights into their rights as consumers. Forty three faculty members attended this event. Principal, Dr. Maneeta Kahlon, shared her insightful views on the significance of such initiatives. She emphasized that knowledge of consumer rights are a cornerstone of a healthy economy and urged participants to act as informed and responsible consumers. She appreciated the Department of Economics for organizing an event of such relevance and for their efforts in fostering a culture of awareness and responsibility.			
112	Thursday December 26, 2024	To observe Veer BAL Diwas	Under the aegis of Internal Quality Assurance Cell, Department of Punjabi, EBSB, Red Cross Society and NSS Unit of Guru Nanak Khalsa College for Women observed Veer BAL Diwas in the college campus today. The day is observed annually to honour the supreme sacrifices of the Sahibzadas, the four sons of Guru Gobind Singh Ji and to uphold their legacy of justice, righteousness and unwavering courage. Mrs. Inderjit Kaur, Assistant Professor, delivered a lecture on the teachings and martyrdom of Sahibzadas . Students and Faculty members of the college witnessed the live streaming of	IQAC, Department of Punjabi, EBSB, Red Cross Society and NSS Unit	1. https://www.facebook.com/share/p/12DyTCFHK1B/ 2. https://www.instagram.com/p/DECNAMsSuOO/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	27-12-2024 Dainik Jagran Page 2 Column 2

			the Prime Minister Mr. Narendra Modi's address on Veer BAL Diwas. Principal Dr. Maneeta Kahlon stressed that the sacrifices of Sahibzadas continue to guide us in building a just and compassionate society.			
113	Friday January 10, 2025	To celebrate World Hindi Diwas	Under the aegis of Internal Quality Assurance Cell, the Department of Hindi of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town celebrated "World Hindi Diwas" in the college campus today. This day is celebrated on January 10 every year to commemorate and celebrate the popularity of Hindi throughout the world. Students of the department showcased their talent through a number of activities like poem recitation, dance performances, Mime etc. While addressing the students, Ms. Asha, Head of Hindi Department, highlighted the importance of the day as well as various job avenues available for the students in the field of Hindi. Principal Dr. Maneeta Kahlon underlined the relevance of such shows which bring out the hidden talent of the students by giving them an opportunity to showcase their creativity.	IQAC & Department of Hindi	1. https://www.facebook.com/share/p/18KyABZLw/ 2. https://www.instagram.com/p/DEpADeayJEd/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	11-01-2025 Dainik Bhaskar Page 2 Column 1
114	Sunday January 12, 2025	To celebrate National Youth Day	Students from the Department of Journalism and Mass communication participated in a Live program on occasion of National Youth Day. The show titled as "Lajwab Ludhiana" was broadcasted on FM Gold Ludhiana 100.1. from 5 pm to 6pm on January 12, 2024. The theme of the show was Contribution of Young girls in the development of our country. The show was anchored by RJ Jaideep Singh.	IQAC & Department of Journalism and Mass communication	1. https://www.facebook.com/share/p/19odJDsP1z/ 2. https://www.instagram.com/p/DEyzO5eSiPB/?utm_source=ig	

			Following students expressed their views : Bimalpreet Kaur (PGDMC) Manpreet Kaur (BA 6th Semester) Priyanshu (BA 6th Semester) Tamanna Verma (BA 4th Semester) Parmeet Kaur (BA 2nd Semester) Neha Rumpal (BA 2nd Semester) This activity was coordinated by Dr. Kirti Dhawan, Assistant Professor, Department of Journalism and Mass Communication. Principal Dr. Maneeta Kahlon appreciated the efforts of the students and highlighted the importance of radio as a platform to raise their voice on prominent issues.		web copy link&igsh=MzRlODBiNWFiZA==	
115	Monday January 13, 2025	To celebrate Lohri	Under the aegis of Internal Quality Assurance Cell, Lohri was celebrated at Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana with a lot of zeal and enthusiasm in the college campus today. As per the tradition a Bonfire was lit where the teachers and students were seen enjoying to the tune of popular Lohri songs and the festival was celebrated as Dheeyan Di Lohri. The highlight of the celebration was students dancing to the beat of the Dhol. The students also enjoyed the winter savories such as moongfali, rewadi and phuga. A lunch party was also hosted on the occasion by the Teaching Staff. General Secretary, College Governing Body Er. Gurvinder Singh and Principal Dr. Maneeta Kahlon emphasized on the importance of such	IQAC	1. https://www.facebook.com/share/p/15vTrsTJqk/ 2. https://www.instagram.com/p/DEwr3NvSEf4/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA== 3. https://www.instagram.com/p/DEwsASFy	14-01-2025 Punjabi Jagran Page 4 Column 2

			festivities with the hope that the coming year would bring happiness in the lives of students and teachers as well.		UUC/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 4. https://www.instagram.com/p/DEwGjqyLld/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
116	Wednesday January 15, 2025	To celebrate Indian Army Day	Under the aegis of Internal Quality Assurance Cell, the NCC Wing in collaboration with Department of Political Science of Guru Nanak Khalsa College for Women, Model Town, Ludhiana celebrated Indian Army Day on January 15, 2025 on the theme “Focus on Modernisation, Public Engagement, and Inclusivity.” The celebrations commenced with an address by ANO Lt. Sukhjot Kaur, who briefed the cadets about the importance of Indian Army Day and the vital role the armed forces play in safeguarding the nation’s sovereignty. A video titled "Indian Army Transforms Ordinary People into Warriors" by Capt. Yashika Tyagi was also screened. Principal Dr. Maneeta Kahlon, addressed the gathering, focusing on the theme for Indian Army Day 2025. She spoke about the army’s commitment to	IQAC, NCC Wing and Department of Political Science	1. https://www.facebook.com/share/p/18AiLU9MJf/ 2. https://www.instagram.com/p/DE1mgqWxuO/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	16-01-2025 Ajit Page 7 column 3

			modernizing its resources, fostering greater public engagement, and ensuring inclusivity in its recruitment and operations. A total forty nine cadets along with faculty participated in this event.			
117	Thursday January 23, 2025	To celebrate the 128th Birth Anniversary of Neta ji Subhash Chandra Bose	Under the aegis of Internal Quality Assurance Cell, the Department of History of Guru Nanak Khalsa College for women, Gujarkhan campus organized a commemorative event to celebrate the 128th Birth Anniversary of great Nationalist freedom fighter Neta ji Subhash Chandra Bose in the college campus today. This day is also known as Prakaram Diwas. The event was marked to honour his legacy and contributions to India's struggle for independence. Arshdeep Kaur and Simranjit Kaur students of B.A. 2nd year presented their views and said Neta ji was a dedicated and zealous freedom fighter. The students were reminded of his indomitable spirit and the incredible legacy of the Azad Hind Fauj (Indian National Army). He traced his life from his childhood to early days as a freedom fighter. This session was conducted under the guidance of Head of the Department Mrs. Sandeep Kaur. Principal Dr. Maneeta Kahlon shared her thoughts on the occasion and encouraged the students to take purposeful steps right from the start of their careers, just as Netaji Subhash Chandra Bose did.	IQAC & Department of History	1. https://www.facebook.com/share/p/1ByASxxHtx/ 2. https://www.instagram.com/p/DFKSj5ZycFB/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	24-01-2025 Dainik Savera Page 2 Column 1
118	Friday January 24, 2025	To celebrates International Education Day	Under the aegis of the Internal Quality Assurance Cell, the Department of Computer Science and Applications, in collaboration with the NSS Unit	IQAC, Department of Computer Science and Applications	1. https://www.facebook.com/gnw	25-01-2025 Dainik Bhaskar Page 2 Column 3

			of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated International Education Day today on the theme AI in Education. The event highlighted the transformative role of Artificial Intelligence in shaping the future of learning and teaching methodologies. Ms. Daisy Wadhwa, Head of the Department of Computer Science, served as the resource person for the day. She conducted an insightful workshop on AI-based diagramming tools, showcasing how these tools can be leveraged to enhance conceptual understanding and creativity in education. The workshop included a live demonstration of the tools, followed by a hands-on activity session where participants got the opportunity to explore these technologies firsthand. The event was coordinated by NSS program officers, Dr. Neetu Prakash and Mrs. Satwant Kaur. Principal Dr. Maneeta Kahlon remarked, “Artificial Intelligence has become a powerful tool in revolutionizing education, offering innovative ways to teach and learn. Such initiatives empower students and faculty to embrace emerging technologies, staying relevant in a rapidly evolving academic and professional landscape.”	and NSS Unit	ludhiana/posts/pfbid0nNhXykKnA8hurJC1oNBhjQfgbWZaMZt2LxezJwpX6Ns9TygKttwQxm4XsnV2m14rl 2. https://www.instagram.com/p/DFMqQeTyveQ/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
119	Saturday January 25, 2025	To celebrate the 76th Republic Day	Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Political Science ,NCC Wing , NSS Unit, EBSB, Youth and Red Ribbon Club and Red Cross Society of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated the 76th Republic Day with patriotic	IQAC, the Department of Political Science ,NCC Wing , NSS Unit, EBSB, Youth and Red Ribbon Club and Red Cross	1. https://www.facebook.com/gnw-ludhiana/posts/pfbid02rxBt7DBjbALoyNgfXkefQgkS	26-01-2025 Punjabi Jagran Page 2 Column 3

			fervor and enthusiasm. The theme for this year's celebration was "Swarnim Bharat – Virasat aur Vikas" (Golden India – Heritage and Progress). The event featured an inspiring patriotic speech by Loveleen Kaur and Harjot Kaur, BA final-year students, who eloquently spoke on "Republic India and Republic Day Celebrations in Contemporary Times." Their address highlighted the enduring significance of Republic Day and the values enshrined in the Indian Constitution. The celebration concluded with the heartfelt recitation of the National Anthem, filling the atmosphere with pride and a sense of unity. College Principal, Dr. Maneeta Kahlon, in her address highlighted the need to preserve India's rich heritage while pursuing progress and development. A total of 323 students, along with faculty members, took part in the event, making it a memorable and significant occasion.	Society	W3r7WrVDiznegs8ChK88eskkrtCM2gmatr3NNYxC1I 2. https://www.instagram.com/p/DFPkd2QSkD/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/DFPkjdjSVqI/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
120	Saturday January 25, 2025	To celebrate Republic Day	Under the guidance of the IQAC Department of Fine Arts, Republic Day was celebrated with great enthusiasm. To mark the occasion, 25 students from the VAC course of Fine Arts showcased their creativity and patriotism by creating an impressive 3D installation. This artistic tribute to the nation reflected their courage, dedication, and love for the country. As part of the celebrations, the students, along with the staff, faculty, and Principal Dr. Maneeta Kahlon, came together to sing the National Anthem, fostering a spirit of unity and pride. Dr. Maneeta Kahlon	IQAC & Department of Fine Arts	1. https://www.facebook.com/share/p/19mTst8aNn/ 2. https://www.instagram.com/p/DFPiKe5Sk0Z/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	28-01-2025 Punjab Kesari Page 4 Column 3

			highly appreciated the efforts of the Fine Arts students for paying tribute to the nation in such an innovative and meaningful way. She emphasized the importance of Republic Day in the lives of every Indian citizen and encouraged the students to uphold the values it represents. Dr. Kahlon also congratulated the Head of the Department, Mrs. Harpreet Kaur, and Mrs. Balwinder Kaur, along with the entire Fine Arts Department, for the success of the event. The celebration was a testament to the students' talent and dedication, leaving a lasting impression on all present.		A==	
121	Saturday January 25, 2025	To observe National Girl Child Day	The IQAC Department of Fine Arts organized a Poster Making Competition on the occasion of National Girl Child Day, observed on January 24, 2025. The event saw active participation from students, showcasing their creativity and awareness about the importance of empowering the girl child. The competition was judged by esteemed panelists Dr. Kirti Dhawan and Dr. Nidhi Sharma. The prize distribution ceremony took place on January 25, 2025, and was graced by the presence of Madam Principal, Dr. Maneeta Kahlon, and event incharges Mrs. Harpreet Kaur and Mrs. Balwinder Kaur who awarded cash prizes to the winners. The prizes were distributed as follows: 1st Prize: ₹500/- 2nd Prize: ₹300/- 3rd Prize: ₹200/- 5 Appreciation Prizes: ₹150/- each This initiative successfully encouraged students to participate in such activities and instilled a sense of motivation	IQAC & Department of Fine Arts	1. https://www.facebook.com/share/p/14Yb7JwC7s/ 2. https://www.instagram.com/p/DFPggq28yNnG/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	

			and enthusiasm among them for future endeavors.			
122	Tuesday January 28, 2025	To celebrate 160th Birth Anniversary of Lala Lajpat Rai ji	Under the aegis of IQAC the Department of History of Guru Nanak Khalsa College for women, Gujarkhan campus celebrated 160th Birth Anniversary of Lala Lajpat Rai ji on 28th January 2025. He was Popularly known as 'Lion of Punjab' and Punjab Kesari. Mrs. Sandeep Kaur ,Head of the Department told the students about his contribution that he was an esteemed leader in the Indian independence movement. He was a key member of Lal, Bal, Pal trio committee and non-cooperation movement. Arshdeep Kaur student B.A 1(24-109)also delivered a speech on this occasion under the guidance of Mrs. Sandeep Kaur. She said , " He played a pivotal role in advocating for social reforms and fighting against British Colonial rule. He is particularly remembered for his efforts in mobilizing the masses and his contributions to the nationalist movement. Principal Dr. Maneeta Kahlon graced the Event by her presence and motivates the students by her speech saying that Many people pay tribute to his legacy by remembering his sacrifices for the nation, reflecting on his principles of patriotism and honoring the commitment of justice and equality.	IQAC & Department of History	1. https://www.facebook.com/share/p/18eaMttgVM/ 2. https://www.instagram.com/p/DFXWQG3y4rj/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	
123	Wednesday January 29, 2025	To observed World Leprosy Eradication Day	Under the aegis of the Internal Quality Assurance Cell, the Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World Leprosy Eradication Day with an	IQAC & Red Ribbon Club	1. https://www.facebook.com/share/p/18EMrifbCW/	30-01-2025 Punjabi Tribune Page 9 Column 1

			awareness lecture aimed at educating students about leprosy, its global prevalence, symptoms, treatment, and the social stigma associated with the disease. The event was coordinated by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, who highlighted the importance of early detection and treatment in eradicating leprosy. Students were informed about global statistics, medical advancements, and the role of awareness in reducing discrimination against affected individuals. Speaking on the occasion, Dr. Maneeta Kahlon, Principal of the College, emphasized the need for collective efforts to eliminate leprosy. She stated, "Leprosy is a curable disease, yet misconceptions and stigma continue to persist. Educating young minds is crucial in dispelling myths and ensuring an inclusive society." The session concluded with an interactive discussion, encouraging students to become advocates for leprosy awareness and support global eradication efforts.		2. https://www.instagram.com/p/DFZ5pCDS EN3/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
124	Thursday January 30, 2025	To organize Martyrs' Day	Under the aegis of the Internal Quality Assurance Cell (IQAC), the NSS Unit, EBSB, and Red Cross Society of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized Martyrs' Day in the college campus today to honor the sacrifices of India's great freedom fighters. The event aimed to instill a sense of patriotism among students and remind them of the values upheld by those who laid down their lives for the nation. As part of the program, an informative session was conducted, where NSS	IQAC, the NSS Unit, EBSB, and Red Cross Society	1. https://www.facebook.com/share/p/1F9pZ3xjA5/ 2. https://www.instagram.com/p/DFcVzQdyWot/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	01-02-2025 Punjabi Jagran Page 4 Column 1

			Programme Officers, Dr. Neetu Prakash and Mrs. Satwant Kaur, enlightened students about the significance of Martyrs' Day. They spoke about the supreme sacrifices made by freedom fighters, with a special tribute to Mahatma Gandhi. The session emphasized the importance of remembering history, learning from the past, and carrying forward the ideals of truth, non-violence, and selfless service. The event was further graced by Principal, Dr. Maneeta Kahlon, who addressed the students with an inspiring speech. She highlighted the role of young minds in shaping the future of the country and encouraged them to uphold the principles of justice, peace, and unity.		=MzRIOD BiNWFIZ A==	
125	Tuesday February 04, 2025	To organize an awareness session to mark World Cancer Day	Under the aegis of the Internal Quality Assurance Cell, the Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized an awareness session to mark World Cancer Day under the theme "United by Unique". The session aimed to educate students about cancer awareness, early detection, and the importance of regular health check-ups. The club coordinators Dr. Nidhi Sharma and Ms. Daisy Wadhwa highlighted the significance of the day and emphasized that early diagnosis and timely medical intervention can significantly improve survival rates. They also encouraged students to adopt a healthy lifestyle and spread awareness in their communities. Speaking on the occasion, Principal Dr. Maneeta Kahlon stated, "Raising awareness about cancer is crucial in fighting this global health	IQAC & Red Ribbon Club	1. https://www.facebook.com/share/15AnoupdVJ/?mibextid=wwXIfr 2. https://www.instagram.com/p/DFpIe7iSSjj/?igsh=MTRhMHQ4eWp4NDlhcA==	05-02-2025 Dainik Savera Page 4 Column 1 (1)

			challenge. Through education and early detection, we can save lives and build a healthier society.”			
126	Tuesday February 11, 2025	To observe Safer Internet Day	Under the aegis of the Internal Quality Assurance Cell, the Department of Computer Science and Applications of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, in collaboration with the NSS Unit, EBSB, Red Cross Society, observed Safer Internet Day under the theme "Together for a Better Internet." The event aimed to promote cybersecurity awareness and encourage responsible online behavior among students. As part of the initiative, Khushi Gupta and Hritika Singh, students of BCA 6th Semester delivered an insightful presentation on Cybersecurity Awareness, highlighting key aspects such as safe browsing practices, password security, phishing threats, and social media safety. The session was coordinated by Ms. Daisy Wadhwa and Ms. Satwant Kaur, along with the faculty of the Computer Science Department. Speaking on the occasion, Dr. Maneeta Kahlon, Principal of the college, emphasized the growing need for digital literacy and cybersecurity awareness in today's technology-driven world. She stated, "As internet has become an integral part of our daily lives, it is crucial for students to be aware of potential cyber threats and adopt safe online practices." .	IQAC, the Department of Computer Science and Applications, the NSS Unit, EBSB, Red Cross Society	1. https://www.facebook.com/share/p/1Dx8hPP1o5/ 2. https://www.instagram.com/p/DGAVGbaxsqv/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	13-02-2025 Punjabi Jagran Page 3 Column 2
127	Thursday February 13, 2025	To celebrate World Radio Day	Internal Quality Assurance Cell in collaboration with Department of Journalism and Mass Communication of Guru Nanak Khalsa for Women,	IQAC & Department of Journalism and Mass	1. https://www.facebook.com/share/p/1Dx8hPP1o5/	

			Gujarkhan Campus, Model Town, Ludhiana celebrated World Radio Day in the college campus on February 13, 2025. Students of the department performed as RJ's and expressed their views on the theme for World Radio Day 2025 "Radio and Climate Change". This activity was coordinated by Dr. Kirti Dhawan (Head, Department of Journalism and Mass Communication). Principal Dr. Maneeta Kahlon emphasized on the role of radio in disseminating information about climate change and also highlighted the importance of radio as a means of communication.	Communication	e/p/1BCBVhb6cm/ 2. https://www.instagram.com/p/DGDA8LWRx4t/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
128	Friday February 14, 2025	Paid tributes to the 40 Central Reserve Police Force (CRPF) jawans	Under the aegis of the Internal Quality Assurance Cell (IQAC), the NCC Wing of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, paid heartfelt tributes to the 40 Central Reserve Police Force (CRPF) jawans who tragically lost their lives in the Pulwama terror attack on February 14, 2019. The solemn occasion was graced by Ms. Shinee Singh, Assistant Commissioner of State Tax, Ludhiana-3, and Mr. Hardeep Singh Ahuja, State Tax Inspector who paid their respects by lighting the candles in honor of the martyrs and addressed the students, urging them to always remember the supreme sacrifice made by the brave soldiers. Madam Principal, Dr. Maneeta Kahlon, while speaking on the occasion, emphasized the courage and selflessness of the CRPF jawans who gave their lives for the nation. She stated that the brave jawans who made the supreme sacrifice at Pulwama will always inspire us	IQAC & NCC Wing	1. https://www.facebook.com/share/p/1EP8NVgL1u/ 2. https://www.instagram.com/p/DGC93k6xzY/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	15-02-2025 Hindustan Times Page 2 Column 2

			to fight against the evil of cross-border terrorism and other social evils. Their memory will remain etched in our hearts, and the nation will remember them today, tomorrow, and always.			
129	Thursday February 20, 2025	To celebrate the World Day of Social Justice	Under the aegis of the Internal Quality Assurance Cell, the Department of Sociology and Political Science of Guru Nanak Khalsa College for Women, Ludhiana, celebrated the World Day of Social Justice on February 20, 2025. The theme for this year's celebration was "Empowering Inclusion: Bridging Gaps of Social Justice," which underscores the importance of fairness, equality, and fundamental rights. Dr. Madhu Dhawan, Head of the Department of Sociology, and Lt. Sukhjot Kaur, Head of the Department of Political Science, enlightened the students about the significance of the day, which was officially declared by the United Nations in 2007. They discussed the objectives of social justice and its relevance in building a fair and just society for all. Principal Dr. Maneeta Kahlon in her address emphasized the importance of understanding the rights enshrined in the Constitution of India. She further highlighted the need for equal justice and the creation of an inclusive society that recognizes the rights and dignity of all individuals.	IQAC, , the Department of Sociology and Political Science	1. https://www.facebook.com/share/p/1B4JDj1KYa/?mbextid=wwXIfr 2. https://www.instagram.com/p/DGSjzoIyzYg/?igsh=MW0yYXB0dWxjYXZyeg==	21-02-2025 Dainik Jagran Page 3 Column 1
130	Monday March 03, 2025	To observe World Wildlife Day	Under the aegis of IQAC, Department of Public Administration and Department of Sociology observed World Wildlife Day with great enthusiasm at our college, bringing together students, faculty to honor the incredible diversity of our planet's fauna	IQAC, Department of Public Administration and Department of Sociology	1. https://www.facebook.com/share/p/1Y8fQGFUND/ 2. https://www.instagram.com/p/D	04-03-2025 Hindustan Times Page 2 Column 4

			and flora. The event kicked off with an engaging informational session on the critical need for innovative financial solutions to support conservation projects while recognizing the indispensable role of wildlife in sustaining ecosystems, economies, and human well-being. Principal Dr. Maneeta Kahlon encouraged the students to participate in the activities which save and protect the wildlife from degradation.		GzpsmUxb11/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
131	Saturday March 08, 2025	To celebrate International Women's Day	Under the aegis of IQAC, the Women Development Cell of Guru Nanak Khalsa College for Women, in collaboration with 3PB (Girls) BN NCC, NSS, and the Department of Physical Education, celebrated International Women's Day on March 8, 2025. As part of the celebration, volunteers from Hero Cycles engaged with students through interactive games and discussions on women's fitness. They encouraged students to prioritize their health and well-being while promoting eco-friendly cycling as a sustainable and healthy mode of transportation. Principal Dr. Maneeta Kahlon graced the event and motivated students to focus on their health and fitness, emphasizing the importance of an active lifestyle.	IQAC, the Women Development Cell NCC Wing, NSS Unit, and the Department of Physical Education,	1. https://www.facebook.com/share/p/1YcTnUUrij/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 2. https://www.instagram.com/p/DG7tBLSRGYp/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA== 3. https://www.instagram.com/p/DG7tFpFxR=/U/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	09-03-2025 Hindustan Times Page 2 Column 6

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132	Saturday March 08, 2025	To celebrate International Women's Day	Under the aegis of IQAC, the Women Development Cell of Guru Nanak Khalsa College for Women, in collaboration with 3PB (Girls) BN NCC, NSS, and the Department of Physical Education, celebrated International Women's Day on March 8, 2025. As part of the celebration, an interactive session with CA Ms. Jiya Chawla was organized for students. She shared valuable insights on saving and financial management, offering practical tips to help students make informed financial decisions. Being an alumna of the college, she shared a warm bond with both faculty and students, engaging in an open discussion about common financial challenges. She also shared her vision on earnings and savings, inspiring students to strive for financial independence. A total of 61 students actively participated in the session. Principal Dr. Maneeta Kahlon graced the event and encouraged students to develop financial literacy and become self-sufficient in life.	IQAC, the Women Development Cell NCC, NSS, and the Department of Physical Education,	1. https://www.facebook.com/share/p/19zKsCFJp2/ 2. https://www.instagram.com/p/DG7tyj9RsTv/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	09-03-2025 Dainik Bhaskar Page 4 Column 3
133	Saturday March 15, 2025	To observe World Consumer Rights Day	Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Economics at Guru Nanak Khalsa College for Women, GujarKhan Campus, Model Town, Ludhiana, observed World Consumer Rights Day on March 15, 2025. The event aimed to raise awareness about consumer rights and responsibilities while promoting the theme of the year: "A Just Transition to a Sustainable Lifestyle."	IQAC & Department of Economics	1. https://www.facebook.com/share/p/1EM5XJYZdh/ 2. https://www.instagram.com/p/DHNrTJtxyKY/?utm_source=ig	

			The event commenced with an insightful address by Mrs. Seema Dua, Head of the Department of Economics, who elaborated on the significance of this year's theme. She highlighted how consumer choices and behaviors play a crucial role in shaping sustainable economic and environmental practices. She stressed the need for informed decision-making, responsible consumption, and the transition towards eco-friendly alternatives to ensure a just and sustainable future for all. Following this, Ms. Neha Dawar, Assistant Professor of Economics, spoke about the importance of World Consumer Rights Day in empowering consumers. She encouraged participants to be vigilant and proactive in making ethical and sustainable choices in their daily lives. Forty nine faculty members attended this event. The event was graced by the presence of Principal, Dr. Maneeta Kahlon, who shared her views on the relevance of consumer rights in today's dynamic economic landscape. She commended the Economics Department for organizing such an interactive and thought-provoking session, appreciating their efforts in enlightening faculty members on issues that directly impact their lives. She emphasized that fostering consumer awareness is crucial in ensuring fair trade, ethical business practices, and environmental sustainability.		web copy link&igsh=MzRIODBiNWFIZ A==	
134	Thursday March 20, 2025	To observe World Sparrow Day	Under the aegis of IQAC, NSS Unit, EBSB, and the Red Cross Society, Guru Nanak Khalsa College for Women, Model	IQAC, NSS Unit, EBSB, and the Red	1. https://www.facebook.com/	21-03-2025 Punjabi Jagran Page 4 Column 4

			Town, Ludhiana, observed World Sparrow Day on March 20, 2025. This day was observed under the guidance of Punjab State Council for Science and Technology as the state implementing Agency and the Ministry of Environment, Forest and Climate Change as the supporting Agency for the Environment Education Programme. Celebrated annually on March 20, World Sparrow Day raises awareness about the declining population of sparrows and the urgent need for conservation. These small yet vital birds, once commonly found in urban backyards and green spaces, have seen a significant decline over the past two decades. The theme for 2025, "A Tribute to Nature's Tiny Messengers," emphasized the crucial role sparrows play in maintaining ecological balance and encouraged conservation efforts. On this occasion, Madam Principal Dr. Maneeta Kahlon engaged in a meaningful discussion with students, highlighting the importance of biodiversity and the need to take proactive steps to protect these tiny yet essential creatures. Ministry of Environment, Forest & Climate Change, Government of India Government of Punjab CMO Punjab	Cross Society	k.com/share/p/1Kg5V4PbBa/ 2. https://www.instagram.com/p/DHpfkUfx2xF/?igsh=MjdmZW FtY2xpNGdz	
135	Friday March 21, 2025	To observe International Day of Forests	Under the aegis of IQAC, the NSS Unit, EBSB, and the Red Cross Society of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed International Day of Forests on March 21, 2025. This day was observed under the guidance of Punjab State Council for Science and Technology as the state implementing Agency and the	IQAC, the NSS Unit, EBSB, and the Red Cross Society	1. https://www.facebook.com/share/p/15L5hNjq8x/ 2. https://www	21-03-2025 International Day of Forests

			Ministry of Environment, Forest and Climate Change as the supporting Agency for the Environment Education Programme. Dr. Neetu Prakash and Mrs. Satwant Kaur, NSS Programme Officers highlighted the significance of forests, emphasizing their role in sustaining life and maintaining ecological balance. Mrs. Seema Dua, Head of the Department of Economics, shared her insights on the economic value of forests. She discussed how forests contribute to the economy by providing essential resources such as timber, medicinal plants, and employment opportunities in forestry and ecotourism. Madam Principal, Dr. Maneeta Kahlon, engaged in a discussion with students, stressing the importance of conservation and responsible environmental practices.		w.instagram.com/p/DHpiDnIxy20/?igsh=MXhrbHgZzTl0ZDk0cg==	
135	Saturday March 22, 2025	To observe Martyrs' Day	Under the aegis of IQAC, NSS Unit, EBSB, Red Cross Society, NCC, Youth and Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana observed Martyrs' Day (Shaheed Diwas) on March 22, 2025. The day was dedicated to honoring the sacrifices of Shaheed Bhagat Singh, Sukhdev Thapar, and Shivaram Rajguru, who were executed by the British in 1931 for their unwavering fight for India's independence. Students and faculty members paid tribute to these revolutionaries, reflecting on their ideals of courage, patriotism, and justice. The activity was conducted under the guidance of NSS Programme Officers Dr. Neetu Prakash and Mrs. Satwant Kaur. Madam Principal, Dr. Maneeta	IQAC, NSS Unit, EBSB, Red Cross Society, NCC, Youth and Red Ribbon Club	1. https://www.facebook.com/share/p/18S7kubsrs/	22-03-2025 Shaheedi Diwas of S. Bhagat Singh - Martyrs' Day

			Kahlon, also interacted with the students, emphasizing the significance of remembering our national heroes and preserving their legacy.			
136	Saturday March 22, 2025	To observe World Water Day	World Water Day, with the theme "Glacier Preservation," was observed by the Water Management Committee of Guru Nanak Khalsa College for Women, under the supervision of Water Management Coordinator Dr. Kuldeep Kaur on March 22, 2025. This day was observed under the instructions of MGNCRE, Ministry of Education, Government of India, Punjab State Council for Science and Technology as the state implementing Agency and the Ministry of Environment, Forest and Climate Change as the supporting Agency for the Environment Education Programme. A key focus of World Water Day is supporting the achievement of Sustainable Development Goal 6, which aims to ensure water and sanitation for all by 2030. This year, the event emphasized the crucial role that glaciers play in preserving freshwater supplies globally and highlighted the urgent need for conservation efforts in response to climate change. The event was live-streamed online from 11:00 AM to 12:30 PM from Kot Panchayat through NITTTTR Chandigarh as part of the Unnat Bharat Abhiyan. During the event, the Principal, Dr. Maneeta Kahlon, discussed the importance of protecting water sources, addressing water availability and sanitation challenges, and promoting conservation efforts.	IQAC	1. https://www.facebook.com/sharje/p/1MtnXWD5Ru/ 2. https://www.instagram.com/p/DHpjH5BxzRg/?igsh=MXZndWljMG5mM2d6Mw==	

137	Wednesday April 02, 2025	To observe World Autism Awareness Day	Under the aegis of the IQAC, the Department of Psychology at Guru Nanak Khalsa College for Women, Gajarkhan Campus, Model Town, Ludhiana, observed World Autism Awareness Day on April 2nd, 2025. The department organized a seminar to raise awareness among students about autism, its symptoms, prevalence, and impact. Ms. Harnoor Bajwa, Head of the Psychology Department, educated students on how we can support individuals with autism by creating a more inclusive environment that respects their boundaries. She emphasized the role of peers, friends, teachers, parents, and organizations in creating a safe and accessible environment for them. Ms. Seema Dua, Head of the Department of Economics, shared her insights on how we can raise more awareness on social media platforms and create job opportunities for individuals with autism. Principal Dr. Maneeta Kahlon highlighted the importance of educating ourselves about mental health issues and being proactive in creating opportunities for individuals with autism within the education system.	IQAC & Department of Psychology	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0BQpP1kRJ25xqB17oguSJ6fvRm8Co55BXovu8yK8rto4kpDEZyZeZPgVci12ykn1Cl 2. https://www.instagram.com/p/DIw2Plx85O/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
138	Friday April 04, 2025	To celebrate Scribble Day	Scribble Day was an unforgettable celebration in the college campus today. This fun tradition brings students together to write messages, quotes, and drawings on each other's clothes using permanent markers or pens. It's a lighthearted day where students show appreciation for their friends and make lasting memories. Teachers also join in, writing their blessings and inspiring	IQAC	1. https://www.facebook.com/share/p/1BJ44D3BaR/ 2. https://www.instagram.com/p/DIBRaPWylhE/?utm_source=ig_web_copy	

			quotes on students' shirts, making the day even more special. Principal Dr. Maneeta Kahlon shared that Scribble Day is a unique and colorful way to mark the end of college life, filled with creativity, laughter, and positive energy. Wishing all the students the best of luck as they begin their new journeys.		link&igsh=MzRlODBiNWFlZA==	
139	Monday April 07, 2025	To observe World Health Day	Under the aegis of the Internal Quality Assurance Cell, the Red Ribbon Club and NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana marked World Health Day on April 7, 2025. The event was organized under the guidance of Dr. Nidhi Sharma, Dr. Neetu Prakash, and Ms. Daisy Wadhwa, who highlighted this year's WHO theme, "Healthy Beginnings, Hopeful Futures", emphasizing the critical importance of maternal and newborn health. To create awareness among students, a documentary was screened, shedding light on the history, significance, and contemporary relevance of World Health Day. The documentary served as a powerful educational tool, drawing attention to the urgent need for better health systems that support mothers and newborns, especially in underserved communities. Speaking on the occasion, Dr. Maneeta Kahlon, Principal of the college, stated, "World Health Day reminds us of our collective responsibility towards ensuring health equity. By focusing on maternal and newborn health, we are not just securing the well-being of individuals but also laying the foundation for healthier	IQAC, Red Ribbon Club and NSS Unit	1. https://www.facebook.com/share/p/1AGk1XhGds/ 2. https://www.instagram.com/p/Dllu-dlxk30/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	08-04-2025 Dainik Savera Page 1 Column 2

			generations to come."			
140	Friday April 11, 2025	To celebrate Vaisakhi	Under the aegis of IQAC, the Department of History at Guru Nanak Khalsa College for Women, Gujarkhan Campus, organized a vibrant and meaningful Vaisakhi celebration on 11th April 2025. The event was a blend of historical reflection, cultural expression, and leadership inspiration, emphasizing the rich legacy of Vaisakhi. Mrs. Sandeep Kaur, Head of the History Department, warmly welcomed the students and faculty members. She elaborated on the significance of Vaisakhi—not only as a traditional harvest festival but also as a landmark moment in Sikh history: the formation of the Khalsa Panth by Guru Gobind Singh Ji in 1699. She highlighted how Vaisakhi reinforces our spiritual values and strengthens cultural identity. Gurnain Kaur, a student of BCA I (Roll No. 24-1920) and a dedicated volunteer of Sukrit Trust, delivered a motivational talk. She shared inspiring thoughts from the Trust, such as: The pen and paper are also part of our heritage Persistent effort brings excellence Guided by Mrs. Sandeep Kaur, Gurnain also emphasized the relevance of adopting the leadership acronym "NAAAD", proposed by Dr. Sarbjit Singh, Professor of History at Panjab University, Ludhiana. The acronym stands for: N – Notes A – Ask A – Ask A – Ask	IQAC, the Department of History	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid033P9SQYGZdDaDj2X27SBRebwY58a7N7UPbmus9Lb57vMouYracjM3ZmHyWdNZaiRjl 2. https://www.instagram.com/p/DITLdlPRLhj/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	12-04-2025 Punjabi Jagran Page 2 Column 2

			D – Discuss This model encourages curiosity, collaboration, and deeper engagement in academic and personal growth. The event was presided over by Principal Dr. Maneeta Kahlon, who lauded the efforts of the History Department and Sukrit Trust for organizing such an impactful event. In her address, she urged students to embody the true spirit of Vaisakhi by living out the core values of unity, courage, and selfless service. She remarked, “Vaisakhi is not just a celebration; it is a call to awaken the inner strength and righteousness that Guru Sahib instilled in us.” The celebration concluded with a recitation of Khalsa Upma and a solemn pledge by the students to uphold the values of integrity, community service, and cultural pride.			
141	Monday April 14, 2025	To celebrate the 134th Birth Anniversary of Bharat Ratna Dr. B. R. Ambedkar	Under the aegis of the Internal Quality Assurance Cell, Department of Political Science and Department of History of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, celebrated the 134th Birth Anniversary of Bharat Ratna Dr. B. R. Ambedkar in the college campus today. The event honored Dr. Ambedkar’s multifaceted contributions to the nation. On this occasion, four student groups presented thought-provoking reflections on his pivotal role in drafting the Constitution, his relentless efforts for the upliftment of marginalized communities, and his enduring influence as a global symbol of social justice and equality. The presentations also shed light on the continued	IQAC, Department of Political Science and History	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0cgXeFAZAhrxb8q1QzGnw6ciaDRages1SbsVCuRMLK7fpWpfqwor5bxBeSuHftKWvl 2. https://www.instagram.com/p/DITJaLBRgit/?utm_source=ig_web_copy_link	15-04-2025 Hindustan Times Page 2 Column 6

			relevance of his vision in the contemporary world. The activity was conducted under the supervision of Lt. Sukhjit Kaur, Head of the Department of Political Science, and Mrs. Sandeep Kaur, Head of the Department of History. Principal Dr. Maneeta Kahlon addressed the gathering and inspired students to embrace Dr. Ambedkar's ideals of justice, equality, and reform in their personal and academic lives. She emphasized the importance of translating his teachings into action for the betterment of society.		k&igsh=MzRlODBiNWFlZA==	
142	Tuesday April 15, 2025	To celebrate World Art Day	Under the aegis of Internal Quality Assurance Cell, Department of Fine Arts of Guru Nanak Khalsa College for Women, Gujarkhan Campus celebrated World Art Day in the college campus today. This Day is celebrated globally to honor the rich legacy of art and to pay tribute to great artists who have shaped our cultural and creative heritage. In this spirit, the exhibition served as a humble yet powerful homage to the timeless world of artistic expression. An Art Exhibition was also organized by the students under the guidance of Mrs. Harpreet Kaur, Head of the Department and Mrs. Balwinder Kaur. Principal Dr. Maneeta Kahlon, graced the event with her presence. She walked through the exhibition, admiring the efforts and imagination of the students. Deeply moved by the talent on display, she expressed immense joy and pride in witnessing the creative spark of	IQAC & Department of Fine Arts	1. https://www.facebook.com/share/p/15Cqq3znf6/ 2. https://www.instagram.com/p/DIdg3tMRbqZ/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			the students. She extended heartfelt appreciation to each artist and congratulated the entire Department of Fine Arts for their dedication and for beautifully curating such a meaningful event.			
143	Wednesday April 16- Wednesday April 23, 2025	To celebrate World Book Day	Under the aegis of the Internal Quality Assurance Cell, the House of Readers Club at Guru Nanak Khalsa College for Women, Ludhiana, celebrated World Book Day with great enthusiasm. Dr. Balbir Kaur, the college librarian, addressed the students and encouraged them to cultivate the habit of reading. She emphasized that reading—regardless of the genre—can positively impact our emotional well-being and help us navigate various aspects of life. As part of the celebrations, a Book Donation Drive was organized in collaboration with the National Book Trust (NBT) and Amazon, running from April 16 to April 23, 2025. Numerous faculty members and students participated wholeheartedly by donating books. Principal Dr. Maneeta Kahlon, an avid reader herself, urged students to make reading a regular part of their lives and suggested reading at least one book every month for their overall personality development.	IQAC & the House of Readers Club	1. https://www.facebook.com/share/p/19nxDWGAt/ 2. https://www.instagram.com/p/DI51LrLR5Hm/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
144	Thursday April 17, 2025	To celebrate World Heritage Day	Under the aegis of the Internal Quality Assurance Cell, the Department of Punjabi at Guru Nanak Khalsa College for Women, Model Town, celebrated World Heritage Day on April 17, 2025.	IQAC & the Department of Punjabi	1. https://www.facebook.com/share/p/1Ea8f	

			The event aimed to raise awareness among students about their rich cultural heritage and to recognize the efforts of organizations dedicated to its preservation. While addressing the students, members of the Punjabi Department emphasized the importance of preserving and understanding our heritage. Through PowerPoint presentations, students were introduced to Punjab's historical landmarks, buildings, and ancient ruins. The historical and cultural significance of these sites was also explained in detail. Principal Dr. Maneeta Kahlon encouraged students to visit and explore these heritage sites to develop a deeper appreciation and understanding of their rich cultural legacy.		NK9sQ/ 2. https://www.instagram.com/p/DlixfudxhSE/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
145	Tuesday April 22, 2025	To celebrate World Earth Day	In collaboration with the 3 (PB) Girls Battalion, NCC Ludhiana, the NCC Unit and Eco Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated World Earth Day on 22nd April, 2025. The theme for this year's celebration was "Our Power, Our Planet," emphasizing the collective responsibility we share in protecting and preserving our environment. To mark the occasion, NCC cadets created thought-provoking posters aimed at spreading awareness about the importance of caring for our planet. These creative efforts served as a visual reminder of the urgent need for sustainable practices and environmental conservation. The entire activity was organized by Dr. Parveen Arora, Head, Department of Public	The 3 Punjab Girls Battalion, NCC Ludhiana, the NCC Unit and Eco Club	1. https://www.facebook.com/share/p/1LEDZva9gS/ 2. https://www.instagram.com/p/DI50B2vxmfP/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			Administration and ANO, Lt. Sukhjot Kaur, Head, Department of Political Science. While addressing the gathering college Principal Dr. Maneeta Kahlon highlighted the pressing environmental challenges facing our world today and stressed the significant role that society, especially youth, can play in safeguarding Earth for future generations.			
146	Wednesday May 14, 2025	To celebrate Sangrand	Jeth month's Sangrand was celebrated with full fervor in the college on May 14, 2025. The college Principal, Dr. Maneeta Kahlon, staff, and students prayed for the well-being of everyone.	IQAC	1. https://www.facebook.com/share/p/193zTxw5ok/ 2. https://www.instagram.com/p/DJn6aAVR9UA/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	
147	Wednesday May 21, 2025	To observe Anti Terrorism Day	Under the aegis of IQAC, Department of Social Sciences, legal literacy club, NSS unit, EBSB observed Anti Terrorism Day on 21st May 2025. This day was marked to raise awareness across all the sections of the people about the dangers of the terrorism and violence, and its detrimental effect on humanity. During the talk show, everybody condemned the Pahalgam terror attack and spoke the risk consequences and panic on the masses . Principal, Dr. Maneeta Kahlon	IQAC, legal literacy club , NSS unit, EBSB Department of Social Sciences,	1. https://www.facebook.com/share/p/18m6rXsAxu/ 2. https://www.instagram.com/p/DJ8ZTwQxOTe/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFiZA==	22-05-2025 Punjabi Jagran Page 4 Column 6

			address the students to reaffirms commitment to peace and harmony across the nation.		h=MzRIO DBiNWFl ZA==	
148	Thursday May 22, 2025	To observe International Biodiversity Day	Under the aegis of the Internal Quality Assurance Cell, the Eco Club of Guru Nanak Khalsa College for Women, Ludhiana, in collaboration with the Department of Fine Arts, observed International Biodiversity Day on the theme Harmony with Nature and Sustainable Development. To mark the occasion, a Slogan Writing and Poster Making Competition was organized. Students put in dedicated efforts to creatively express their ideas through charts, aiming to raise awareness about biodiversity and sustainability for the betterment of society's future. Principal Dr. Maneeta Kahlon appreciated the students for showcasing their talent to spread this important message and congratulated the prize winners on their achievements.	IQAC, Eco Club and Department of Fine Arts	1. https://www.facebook.com/share/p/1Agw72gDUC/ 2. https://www.instagram.com/p/DJ--tUhRG6B/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
149	Saturday May 24, 2025	To observe World Environment Day,Part-I	Under the aegis of IQAC, NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, is observing World Environment Day from May 22 to June 5, 2025. To mark the beginning of the observance, a pledge ceremony was organized on May 24, 2025 wherein NSS volunteers pledged to minimize the use of single-use plastic in their daily lives. They also committed to inspiring and educating others in their communities to embrace eco-friendly alternatives and adopt a more sustainable lifestyle. In her motivating address, Principal Dr. Maneeta Kahlon emphasized the urgent need for	IQAC & NSS Unit	1. https://www.facebook.com/share/p/16NqQ7s7w2/ 2. https://www.instagram.com/p/DKOZ8B7xWpS/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	

			collective action against environmental degradation. She highlighted the importance of youth participation in environmental conservation and praised the efforts of the NSS volunteers.			
150	Wednesday May 28, 2025	To observe World Environment Day, Part-II	World Environment Day Observance (May 22 – June 5, 2025) Under the aegis of IQAC, the NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World Environment Day from May 22 to June 5, 2025. The celebration aimed to spread awareness about environmental protection and promote sustainable practices among students. As part of the observance, an eco-friendly activity was organized on May 28, 2025, where used plastic water bottles were collected and creatively repurposed into planters. This initiative encouraged students to adopt the concept of “Best Out of Waste” and promoted the importance of reusing plastic to reduce environmental pollution. On this occasion, Principal Dr. Maneeta Kahlon shared an inspiring message with the students. She emphasized the need to protect and preserve the environment through small but impactful actions. She also highlighted the role of youth in driving positive environmental change and encouraged them to integrate eco-conscious habits into their daily lives.	IQAC & NSS Unit	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0mwDPmDUnov5aDLVpWVhfC5BwVyjKyyeGv7SadhMXAeXtQbuTibJPDiLBvYvbht7MI 2. https://www.instagram.com/p/DKObPNlxEIg/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
151	Thursday May 29, 2025	To observe World Environment Day, Part-III	(DAY-III) World Environment Day Observance (May 22 – June 5, 2025) Under the aegis of IQAC, the NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World Environment	IQAC & NSS Unit	1. https://www.facebook.com/share/p/1BYLSRetih/	

			Day from May 22 to June 5, 2025. As part of this green initiative, a special awareness campaign was organized on May 29, 2025. Awareness posters focusing on the urgent need to reduce plastic waste and adopt eco-conscious lifestyle choice, were shared with the students and faculty through social media platforms. Students were encouraged to: • Use reusable bags instead of plastic carry bags • Avoid single-use plastics such as straws, cutlery, and cups • Choose recyclable and biodegradable products whenever possible Principal Dr. Maneeta Kahlon highlighted the profound impact of small, everyday actions on the environment and urged students to become responsible stewards of nature.		2. https://www.instagram.com/p/DKjCP0yRgyV/?utm_source=ig_web_copy_link&igsh=MzJyM2x5OXRyazlx	
152	Saturday May 31, 2025	To observe World No Tobacco Day	Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World No Tobacco Day on May 31, 2025. The event was jointly organized by the Red Ribbon Club and NCC Wing of the college under the auspices of the Internal Quality Assurance Cell. The objective of the event was to raise awareness about the harmful effects of tobacco use and to encourage a tobacco-free lifestyle. As part of the observance, a pledge ceremony was conducted. The ceremony aimed to sensitize the college community about the severe health risks and addictive nature of tobacco. In addition to the pledge, students enthusiastically participated in an online quiz on the MyGov portal, further reinforcing their knowledge and	IQAC, the Red Ribbon Club and NCC Wing	1. https://www.facebook.com/gnw_ludhiana/posts/pfbid0CKVERh7g9Kf8KV8UXpDFkxfM2ta8eAtZq2K8yFwmHTtqvF5ZKMA XW1kf55QyjT37l 2 https://www.instagram.com/p/DKT2NqexwdG/?utm_source=ig_web_copy_link&igsh=MzRlODBiNW	01-06-2025 Dainik Saveria Page 1 Column 2

			commitment to the cause. The events were coordinated by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, Coordinators of the Red Ribbon Club, along with ANO Lt. Sukhjit Kaur. On this occasion, Principal Dr. Maneeta Kahlon stated, "Creating awareness among the youth about the ill effects of tobacco is essential for building a healthier and addiction-free society. Our students have shown great enthusiasm and responsibility in supporting this noble cause. Such initiatives reflect our institution's commitment to holistic education and societal well-being."		DBiNWFIZA== 3. https://www.instagram.com/p/DKT2Yy8xGDA/?utm_source=ig_web_copy_link&igsh=MzRlODBiNWFlZA==	
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Dr. Maneeta Kahlon

Principal

Dr. MANEETA KAHLON

Principal

G.N.Kh. College for Women

**ijarkhan Campus, Model Town,
Ludhiana.**

7.1.11 Institution celebrates/organizes national and international commemorative days, events and festivals

Geo tagged Photographs of some of the events

International Yoga Day celebrated at GNKCW

Under the aegis of Internal Quality Assurance Cell, NCC Wing, NSS Wing and Department of Physical Education of Guru Nanak Khalsa College for Women, Ludhiana in collaboration with 3 PB Girls Battalion, Indian Bank of Ludhiana celebrated International Yoga Day on 21 June, 2024 in the college campus today, as per the directives of Ministry of Education and DGNCC, Government of India under the theme, “Yoga for Self and Society”.

On this day, a yoga session was organized to raise awareness among students the numerous benefits of yoga and to promote its holistic approach for physical, mental, and spiritual well-being. A total of 305 participants, including representatives from Indian Bank and Ludhiana schools, enthusiastically joined in, showcasing strong community outreach. Madam Amarjeet, an experienced yoga instructor, led the participants through various yoga poses.

The coordination and smooth execution of the event were ensured by Mrs. Satwant Kaur, NSS Programme Officer, Lt. Sukhjit Kaur, Associate NCC Officer, Mrs Parminder Kaur, Department of Physical Education and NCC Unit Staff SM Rakesh Kumar, Hav. Sandeep and Hav. Manjit Singh. Their oversight played a crucial role in facilitating a seamless flow of activities and maintaining high levels of participant involvement throughout the day. Principal, Dr. Maneeta Kahlon the underlined the major benefits of yoga and explained how regular yoga practice may reduce levels of stress, body-wide inflammation and contributes to healthier hearts.

PHOTOGRAPHS





World Environment Day 2024 (Part-IV) June 06, 2024

Essay Writing Competition

GNKCW Celebrates World Environment Day by organizing Essay Writing Competition. The Eco Club and NSS Unit of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, organized a vibrant celebration for World Environment Day, supported by the Ministry of Environment, Forest, and Climate Change, Government of India.

The event featured an essay writing competition, celebrating World Environment Day from June 5 to June 12, 2024, focusing on the topic of "Environmental Awareness - Issues and Challenges." Students expressed their opinions on various issues such as environmental degradation, plastic usage, drought, climate change, etc.

Dr. Maneeta Kahlon, Principal of the College, appreciated and encouraged the students' efforts towards environmental awareness.

PHOTOGRAPHS

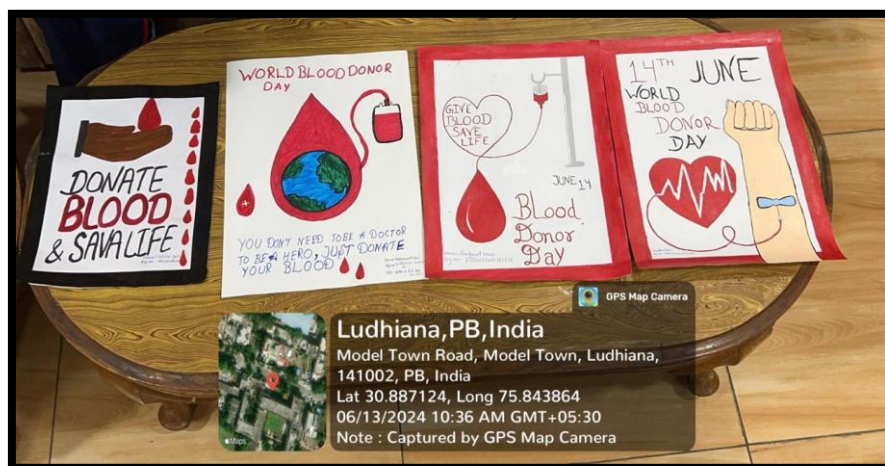


World Blood Donor Day

The NCC Wing of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, and Ludhiana observed the World Blood Donor Day on June 13, 2024. The day was observed to raise awareness about the importance and necessity of blood donation. As part of the initiative, cadets prepared posters and slogans which were shared on social media to reach a

wider audience. College Associate NCC Officer Lt Sukhjit Kaur also delivered a lecture emphasizing the importance of blood donation and the role of a blood donor in supporting healthcare initiatives.

Photographs



Celebrated National Flag Day

The department of Political Science and NCC wing of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana celebrated National Flag Day on 22nd July, 2024. During the event, Kirpapreet Kaur from BA Second year eloquently presented her

views on the topic 'Our National Flag: Symbol of Unity'. Lt. Sukhjot Kaur, Head of the Department, enlightened the students about the historical background of the adoption of the Indian flag by the constituent assembly. The college Principal Dr. Maneeta Kahlon, also shared her thoughts on the importance of the National Flag. A total Forty-nine students took part in this activity.

Photographs

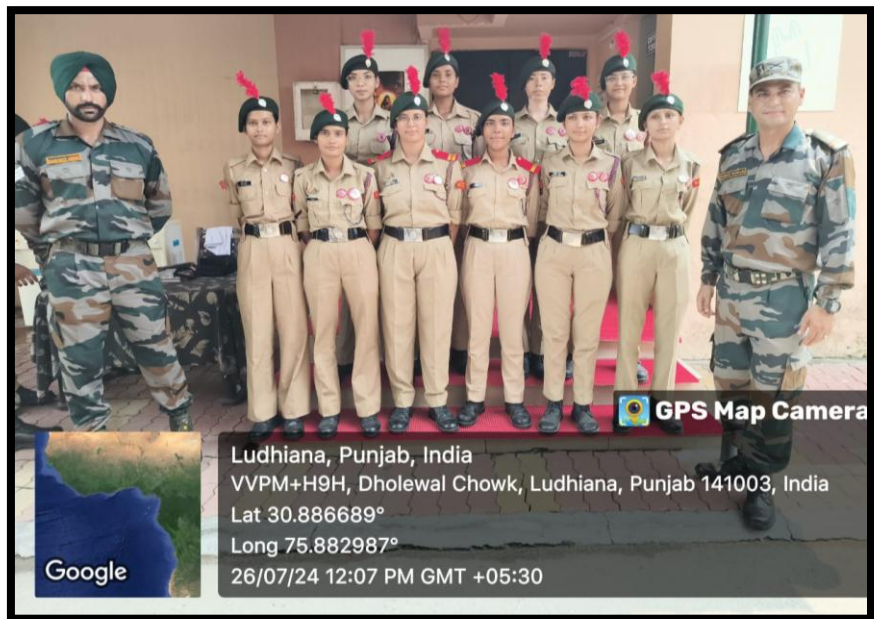


Paid tribute to Martyrs of the Kargil War

Cadets of GNKCW commemorated the 25th anniversary of 'Kargil Vijay Diwas' by visiting the Dholewal Military Complex, Ludhiana to pay tribute to the martyrs of the Kargil War on 26th July, 2024. During this visit, cadets from 3 PB Girls BN, 3 PB BN, and 19 PB BN gathered for a memorable experience. A total no. of 10 cadets from our institute, accompanied by Unit Staff N/Sub Surjeet Singh and Hav. Manjeet Singh attended the

event. The event began with a showcase of weapons used during the Kargil War, providing a glimpse into the bravery and sacrifice of our soldiers. The highlight of the day was a movie screening about the Kargil War, paying tribute to the heroes who fought for our nation. This event served as a poignant reminder of our nation's history and the valor of our armed forces.

Photographs



Cyber Jagrukta Diwas 2024

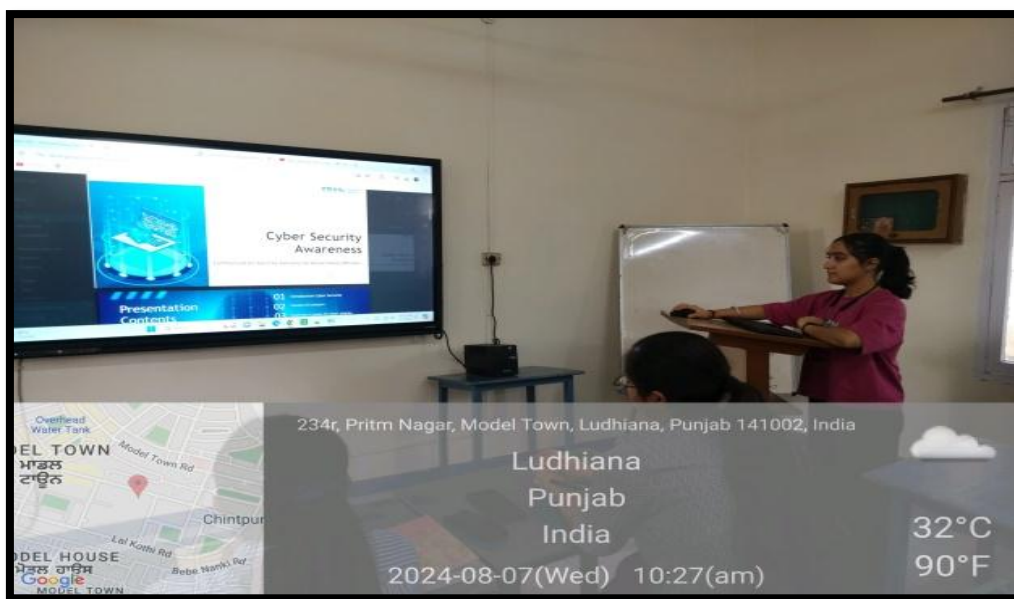
Under the aegis of the Internal Quality Assurance Cell, the Department of Computer Science and Applications at Guru Nanak Khalsa College for Women, Model Town, Ludhiana, in collaboration with the NSS Unit, observed Cyber Jagrukta Diwas with great enthusiasm. The event aimed to generate awareness about the critical issue of cyber security among students.

As part of the initiative, students of BCA First Semester actively participated by creating and presenting informative webpages focused on various aspects of cyber security. These webpages covered topics such as safe internet practices, recognizing and avoiding phishing attacks, securing personal information, and understanding the importance of strong passwords. The event was convened by Ms. Daisy Wadhwa and Ms. Satwant Kaur, Assistant Professors in the Department of Computer Science. They guided the students in their projects and emphasized the importance of cyber hygiene in today's digital age.

The college Principal, Dr. Maneeta Kahlon, remarked, "In an era where our lives are increasingly intertwined with technology, it is imperative to be aware of the potential cyber threats and how to safeguard against them. Initiatives like Cyber Jagrukta Diwas are crucial in educating young minds and empowering them with the knowledge to protect themselves and others in the digital world."

PHOTOGRAPHS

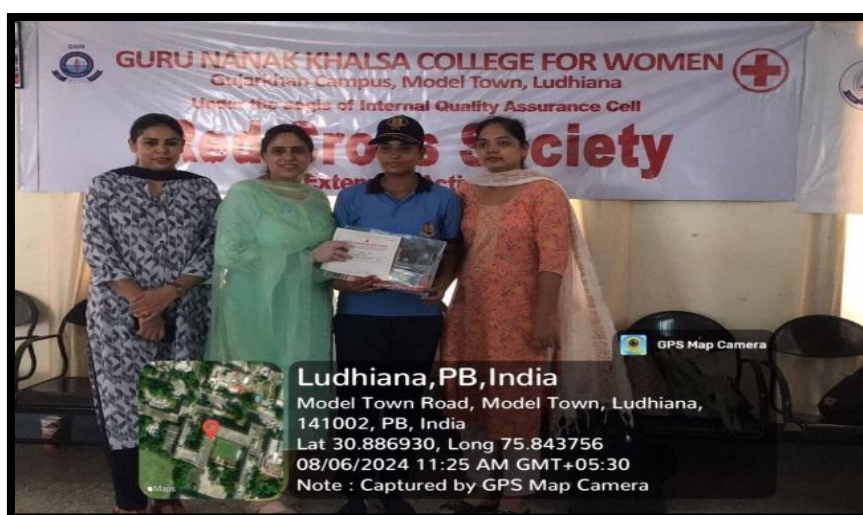




Organized a blood donation and health check camp

A blood donation and health check camp was organized by NSS Unit, NCC Wing, Women Development Cell, Red Cross Society, Red Ribbon Club, and Youth Club under IQAC on the campus in collaboration with Indian Bank on August 6, 2024. Health assessments were conducted by Fortis Hospital, Mall Road, Ludhiana and Guru Nanak Charitable Hospital, Model Town, Ludhiana, providing valuable services to students and staff. The event witnessed enthusiastic participation from both students and staff, who came forward to donate blood for a noble cause. Madam Principal Dr. Maneeta Kahlon commended the dedication and spirit of the students and staff. She highlighted the importance of such initiatives in fostering a sense of social responsibility and community service among the youth. She also expressed her gratitude to Indian Bank for their support and collaboration in making the event a success. To acknowledge the selfless contributions of the participants, gifts and certificates were distributed as tokens of appreciation. The students were particularly praised for their active involvement and commitment to the cause.

PHOTOGRAPHS



Cyber Jagrukta Diwas

Under the aegis of Internal Quality Assurance Cell , Department of Computer Science and Application, in collaboration with the NSS Unit of Guru Nanak Khalsa College for Women observed Cyber Jagrukta Diwas with great enthusiasm in the college campus today.

This event was marked by active participation from both volunteers and students, who engaged in raising cyber awareness through the creation and dissemination of impactful slogans.

The creative slogans not only highlighted the significance of being vigilant online but also motivated students to adopt and advocate for best practices in maintaining online security. This initiative was conducted under the guidance of Ms. Daisy Wadhwa and Ms. Satwant, Assistant Professors in the Department of Computer Science

Principal Dr. Maneeta Kahlon encouraged the students and emphasized the importance of recognizing their role in promoting cyber safety.



NSS Day Awareness Rally 2024

Under the aegis of IQAC, NSS Unit of Guru Nanak Khalsa College for Women in Ludhiana organized an awareness rally to celebrate NSS Day On September 24, 2024. The main goal of the rally was to promote the importance of cleanliness. It aimed to raise awareness about how cleanliness can improve our quality of life and protect the environment. The event highlighted how working together can make a positive impact on cleanliness and environmental responsibility. Principal Dr. Maneeta Kahlon addressed the students, emphasizing the importance of cleanliness and hygiene. She encouraged them to adopt clean habits not only within the college but also in their homes and communities.



Cleanliness Drive Organized

Under the directions of the Directorate General of National Cadet Corps (DGNCC), Delhi, the NCC Army Wing of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town Ludhiana, In collaboration with NSS, Red Ribbon Club, Ek Bharat Shrestha Bharat, Youth club, and 3 PB, Girls BN, NCC Ludhiana organized a cleanliness drive on September 27, 2024. This initiative was part of the Swachh Bharat Diwas celebrations, on the theme "SWABHAV SWACHHATA- SANSKAR SWACHHATA" aiming to foster a culture of cleanliness and responsibility among the youth. Thirty three NCC cadets along with Principal Dr. Maneeta Kahlon, ANO Lt. Sukhjot Kaur and Unit staff Hav. Sandeep Chaudhary, participated in this drive. The cadets actively engaged in cleaning activities, collecting garbage both within the college campus and in surrounding areas.

Principal Dr. Maneeta Kahlon expressed her pride in the cadets' enthusiasm and

commitment to this vital cause. She emphasized that such initiatives play a crucial role in shaping responsible citizens.

PHOTOGRAPHS





Awareness Talk on National Cancer Awareness Day

To observe National Cancer Awareness Day, the Red Ribbon Club, NSS Unit, and Red Cross Society, under the aegis of IQAC of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, held an awareness talk to educate students on cancer prevention and the importance of early detection. The day, observed annually in India, aims to promote awareness and proactive health practices, and it marks the birth anniversary of Madame Marie Curie, the Nobel Prize-winning scientist whose pioneering work on radioactivity has been instrumental in cancer research and treatment.

Dr. Renu Gupta, Consultant Gynaecologist, Suman Hospital, Ludhiana, served as the resource person for the event. In her informative talk, she highlighted the significance of Cancer Awareness, discussing the symptoms, risk factors, and early detection strategies essential for improving outcomes. Dr. Renu emphasized that early screening and awareness can play a pivotal role in reducing cancer-related deaths.

The event was coordinated by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, the coordinators of Red Ribbon Club.

The college Principal Dr. Maneeta Kahlon spoke on the necessity of creating a well-informed and health-conscious generation. "Awareness and education are vital in our fight against cancer," Dr. Kahlon stated. "By equipping our students with essential health information, we hope they will inspire positive changes in their families and communities."

PHOTOGRAPHS



Organized Drug Abuse Awareness Rally and Lecture

Under the aegis of the Internal Quality Assurance Cell, the Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, conducted a Drug Abuse Awareness Rally and Lecture at Government High School, village Kheri, Ludhiana on November 26, 2024. The event aimed to educate students about the harmful effects of drug abuse and inspire them to lead a healthy and drug-free life. As part of the initiative, student volunteers from the Red Ribbon Club delivered an insightful lecture on the consequences of drug abuse, ways to resist peer pressure, and the importance of making informed life choices. The lecture was well-received by the school students, who actively participated in the discussion, making the session interactive and impactful. The event was organized under the guidance of the club coordinators, Dr. Nidhi Sharma and Ms. Daisy Wadhwa, following the directions of the Directorate of Youth Services, Ludhiana. The rally and lecture were a testament to the college's commitment to community welfare and youth empowerment. Dr. Maneeta Kahlon, college Principal, highlighted the importance of such initiatives, stating, "Drug abuse is a grave concern that can jeopardize the future of our youth. Through awareness campaigns like

this, we aim to guide young minds toward a healthier and more responsible lifestyle." The college extended its heartfelt gratitude to the teachers of Government High School, Kheri, for their cooperation and support in making the event successful. Their encouragement played a vital role in ensuring an engaging and informative session for the students.

PHOTOGRAPHS

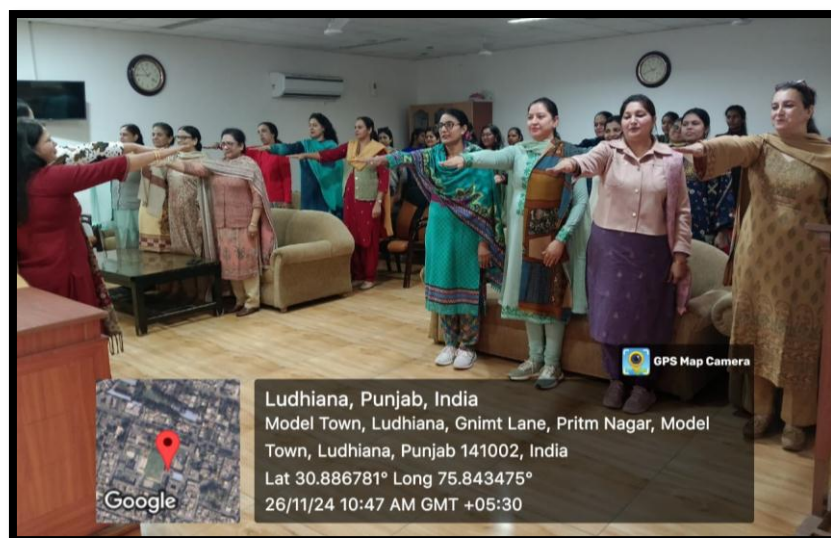


Constitution Day Celebration

Under the aegis of the Internal Quality Assurance Cell (IQAC), NSS Unit, Red Cross Society, EBSB Club, and NCC Wing and Department of Political Science of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed Constitution Day on November 26, 2024. The event aimed to raise awareness among students about the significance of the Indian Constitution and its enduring relevance in shaping the nation's democratic framework.

The program was conducted under the guidance of the NSS officers, Dr. Neetu Prakash and Mrs. Satwant Kaur, along with Associate NCC Officer, Lt. Sukhjit Kaur, who ensured the smooth execution of the activities. A key highlight of the observance was the collective taking of the Constitution Day pledge, in which all participants reaffirmed their commitment to the values of justice, equality, and liberty enshrined in the Constitution. Madam Principal, Dr. Maneeta Kahlon, addressed the gathering and highlighted the crucial role of education in instilling the core values of the Constitution.

Photographs



Observed National Deworming Day

The Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed National Deworming Day under the aegis of the Internal Quality Assurance Cell (IQAC) on November 28, 2024. The event aimed to raise awareness about the significance of

deworming for improving overall health and well-being. The college Principal, Dr. Maneeta Kahlon, served as the resource person for the event, enlightening students and faculty about the importance of deworming in promoting a healthy and productive life. She emphasized that regular deworming helps in combating malnutrition, anemia, and other health issues, especially among young adults. As part of the initiative, deworming medicines were distributed to students to ensure their active participation in maintaining their health. The event was effectively coordinated by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, coordinators of the Red Ribbon Club.

Photographs





Human Rights Day Celebration 2024

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Political Science and NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated the Human Rights Day on 10th December 2024. This significant day, observed annually since 1948, commemorates the adoption of the Universal Declaration of Human Rights by the United Nations General Assembly. The theme for this year's celebration was "Our Rights, Our Future, Right Now," emphasizing the urgent need to address and protect human rights. The event was marked by a thought-provoking lecture delivered by the Head of Department Lt. Sukhjot Kaur, highlighted the relevance of human rights in today's world.

College Principal Dr. Maneeta Kahlon in her address underlined the profound significance of human rights in fostering equality, dignity, and justice for all individuals. She further emphasized the importance of raising awareness about these rights and their role in shaping a fairer and more peaceful society.

Photographs



Veer Bal Diwas Observation

Under the aegis of Internal Quality Assurance Cell, Department of Punjabi, EBSB, Red Cross Society and NSS Unit of Guru Nanak Khalsa College for Women observed Veer Bal Diwas in the college campus today. The day is observed annually to honour the supreme sacrifices of the Sahibzadas, the four sons of Guru Gobind Singh Ji and to uphold their legacy of justice, righteousness and unwavering courage.

Mrs. Inderjit Kaur, Assistant Professor, delivered a lecture on the teachings and martyrdom of Sahibzadas . Students and Faculty members of the college witnessed the live streaming of the Prime Minister Mr. Narendra Modi's address on Veer Bal Diwas.

Principal Dr. Maneeta Kahlon stressed that the sacrifices of Sahibzadas continue to guide us in building a just and compassionate society.

PHOTOGRAPHS





Indian Army Day Celebration

Under the aegis of Internal Quality Assurance Cell, the NCC Wing in collaboration with Department of Political Science of Guru Nanak Khalsa College for Women, Model Town, Ludhiana celebrated Indian Army Day on January 15, 2025 on the theme "Focus on Modernisation, Public Engagement, and Inclusivity." The celebrations commenced with an address by ANO Lt. Sukhjot Kaur, who briefed the cadets about the importance of Indian Army Day and the vital role the armed forces play in safeguarding the nation's sovereignty. A video titled "Indian Army Transforms Ordinary People into Warriors" by Capt. Yashika Tyagi was also screened.

Principal Dr. Maneeta Kahlon, addressed the gathering, focusing on the theme for Indian Army Day 2025. She spoke about the army's commitment to modernizing its resources, fostering greater public engagement, and ensuring inclusivity in its recruitment and operations. A total forty nine cadets along with faculty participated in this event.

Photographs



Celebrated National Voters' Day

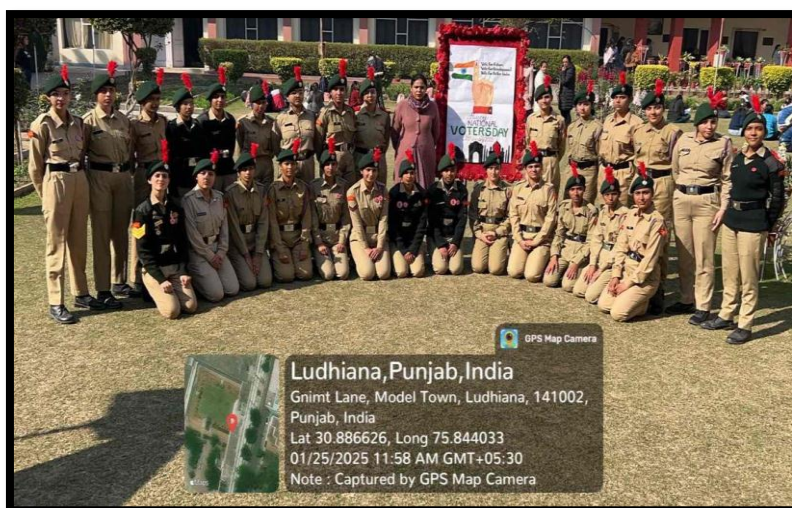
Under the aegis of (IQAC), the NSS Unit, NCC Wing, Red Cross Society, EBBS, Department of Fine Arts, Youth Club, and Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana in collaboration with the District Administration celebrated National Voters' Day on January 25, 2025. The event included a signature campaign, a pledge ceremony, and an awareness campaign focused on promoting the importance of voting. Students and staff took part in the pledge to uphold democratic values, engaged in interactive activities, and highlighted the significance of voting rights. The Principal encouraged the youth to actively engage in elections and inspire others to do the same, underscoring their pivotal role in strengthening democracy.

A 2D installation was created by students of the Fine Arts department, adding a creative touch to the campaign.

In her address Principal Dr. Maneeta Kahlon emphasized the power of youth in shaping the nation's future through informed voting. Students were urged not only to vote but also to encourage others to exercise their democratic rights. The event concluded with a strong call to action, urging all attendees to take pride in their democratic responsibilities and actively participate in future elections, contributing to a stronger and more inclusive democracy.

Photographs





Celebrated the 76th Republic Day

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Political Science ,NCC Wing , NSS Unit, EBSB, Youth and Red Ribbon Club and Red Cross Society of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated the 76th Republic Day with patriotic fervor and enthusiasm. The theme for this year's celebration was "Swarnim Bharat – Virasat aur Vikas" (Golden India – Heritage and Progress). The event featured an inspiring patriotic speech by Loveleen Kaur and Harjot Kaur, BA final-year students, who eloquently spoke on "Republic India and Republic Day Celebrations in Contemporary Times." Their address highlighted the enduring significance of Republic Day and the values enshrined in the Indian Constitution. The celebration concluded with the heartfelt recitation of the National Anthem, filling the atmosphere with pride and a sense of unity. College Principal, Dr. Maneeta Kahlon, in her address highlighted the need to preserve India's rich heritage while pursuing progress and development. A total of 323 students, along with faculty members, took part in the event, making it a memorable and significant occasion.

PHOTOGRAPHS





Safer Internet Day

Under the aegis of the Internal Quality Assurance Cell, the Department of Computer Science and Applications of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, in collaboration with the NSS Unit, EBSB, Red Cross Society, observed Safer Internet Day under the theme "Together for a Better Internet."

The event aimed to promote cybersecurity awareness and encourage responsible online behavior among students. As part of the initiative, Khushi Gupta and Hritika Singh, students of BCA 6th Semester delivered an insightful presentation on Cybersecurity Awareness, highlighting key aspects such as safe browsing practices, password security, phishing threats, and social media safety.

The session was coordinated by Ms. Daisy Wadhwa and Ms. Satwant Kaur, along with the faculty of the Computer Science Department.

Speaking on the occasion, Dr. Maneeta Kahlon, Principal of the college, emphasized the growing need for digital literacy and cybersecurity awareness in today's technology-driven world. She stated, "As internet has become an integral part of our daily lives, it is crucial for students to be aware of potential cyber threats and adopt safe online practices."

PHOTOGRAPHS



Paid tribute to Pulwama Martyrs

Under the aegis of the Internal Quality Assurance Cell (IQAC), the NCC Wing of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, paid heartfelt tributes to the 40 Central Reserve Police Force (CRPF) jawans who tragically lost their lives in the Pulwama terror attack on February 14, 2019. The solemn occasion was graced by Ms. Shinee Singh, Assistant Commissioner of State Tax, Ludhiana-3, and Mr. Hardeep Singh Ahuja, State Tax Inspector who paid their respects by lighting the candles in honor of the martyrs and addressed the students, urging them to always remember the supreme sacrifice made by the brave soldiers.

Madam Principal, Dr. Maneeta Kahlon, while speaking on the occasion, emphasized the courage and selflessness of the CRPF jawans who gave their lives for the nation. She stated that the brave jawans who made the supreme sacrifice at Pulwama will always inspire us to fight against the evil of cross-border terrorism and other social evils. Their memory will remain etched in our hearts, and the nation will remember them today, tomorrow, and always.

Photographs





Workshop on Self-Defense Techniques

Under the aegis of IQAC, the Women Development Cell of Guru Nanak Khalsa College for Women, in collaboration with 3PB (Girls) BN NCC, NSS, and the Department of Physical Education, celebrated International Women's Day on March 8, 2025. As part of the celebration, a self-defense workshop was organized for students, aimed at equipping them with essential skills to protect themselves in various situations.

The workshop was conducted by Shihan Kamal Sharma, a 7th DAN Black Belt, who guided participants through fundamental physical maneuvers, including escapes from holds, strikes, and blocks. Emphasis was placed on situational awareness, confidence, and quick decision-making. The session incorporated practical exercises to help attendees build muscle memory, along with discussions on mental preparedness.

The workshop successfully empowered participants, enhancing their ability to respond effectively in potential self-defense scenarios.

Principal Dr. Maneeta Kahlon graced the event and encouraged students to undergo physical training in self-defense, enabling them to handle any unwanted situation with confidence.

PHOTOGRAPHS



International Women's Day Celebration

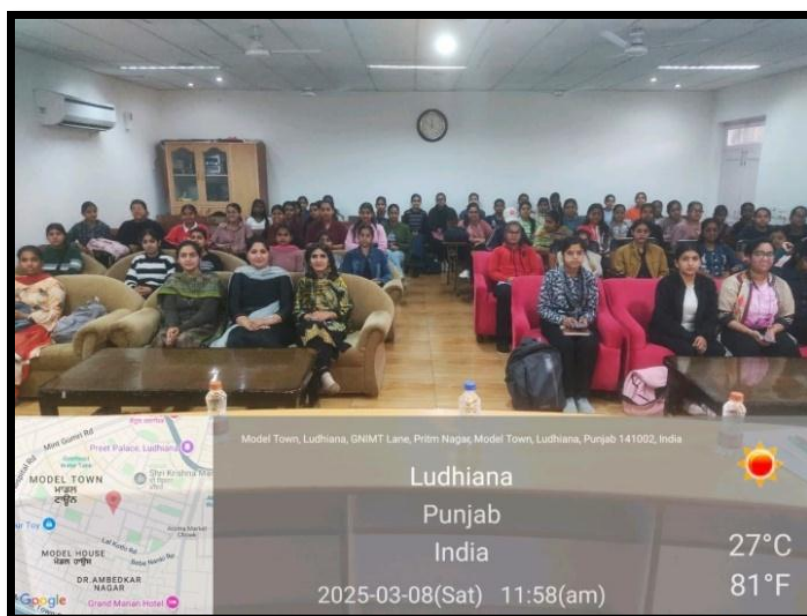
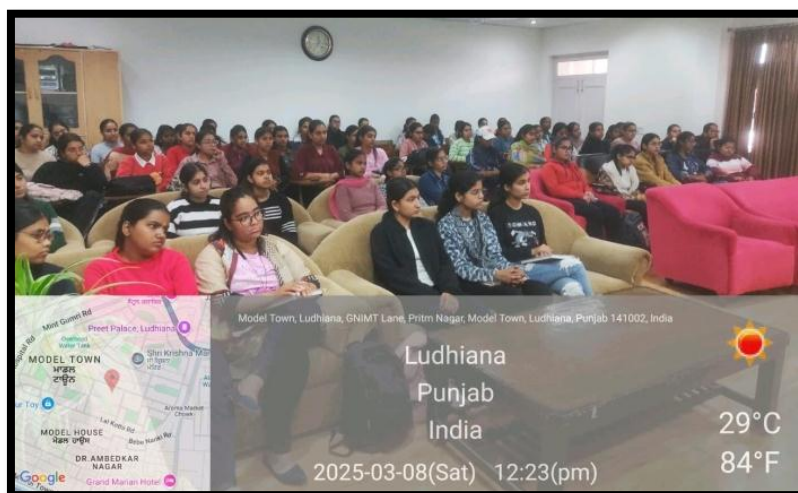
Under the aegis of IQAC, the Women Development Cell of Guru Nanak Khalsa College for Women, in collaboration with 3PB (Girls) BN NCC, NSS, and the Department of Physical Education, celebrated International Women's Day on March 8, 2025.

As part of the celebration, an interactive session with CA Ms. Jiya Chawla was organized for students. She shared valuable insights on saving and financial management, offering practical tips to help students make informed financial decisions. Being an alumna of the college, she shared a warm bond with both faculty and students, engaging in an open discussion about common financial challenges. She also shared her vision on earnings and savings, inspiring students to strive for financial independence.

A total of 61 students actively participated in the session.

Principal Dr. Maneeta Kahlon graced the event and encouraged students to develop financial literacy and become self-sufficient in life.

PHOTOGRAPHS



World Water Day

World Water Day, with the theme "Glacier Preservation," was observed by the Water Management Committee of Guru Nanak Khalsa College for Women, under the supervision of Water Management Coordinator Dr. Kuldeep Kaur on March 22, 2025. This day was observed under the instructions of MGNCRE, Ministry of Education, Government of India, Punjab State Council for Science and Technology as the state implementing Agency and the Ministry of Environment, Forest and Climate Change as the supporting Agency for the Environment Education Programme.

A key focus of World Water Day is supporting the achievement of Sustainable Development Goal 6, which aims to ensure water and sanitation for all by 2030. This year, the event emphasized the crucial role that glaciers play in preserving freshwater supplies globally and highlighted the urgent need for conservation efforts in response to climate change.

The event was live-streamed online from 11:00 AM to 12:30 PM from Kot Panchayat through NITTTT Chandigarh as part of the Unnat Bharat Abhiyan. During the event, the Principal, Dr. Maneeta Kahlon, discussed the importance of protecting water sources, addressing water availability and sanitation challenges, and promoting conservation efforts.

PHOTOGRAPHS



Observed World Tuberculosis (TB) Day

Under the aegis of the Internal Quality Assurance Cell, the Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized an awareness session on the occasion of World Tuberculosis (TB) Day to educate students about the disease and its eradication. The session was led by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, coordinators of the Red Ribbon Club, who delivered an informative presentation on the causes, symptoms, treatment, and preventive measures of TB. They emphasized the importance of early detection, proper medication, and community awareness in combating the disease. Speaking on the occasion, Dr. Maneeta Kahlon, Principal of the college, highlighted the significance of this year's theme, "Yes! We Can End TB: Commit, Invest, Deliver". She stated, "This theme reinforces the urgent need for commitment, investment, and sustained efforts to eradicate tuberculosis. Raising awareness among young minds is a crucial step toward a healthier future, and this session reflects our dedication to public health education." The event

concluded with an interactive session, where students actively participated and pledged to spread awareness about TB in their communities.

PHOTOGRAPHS

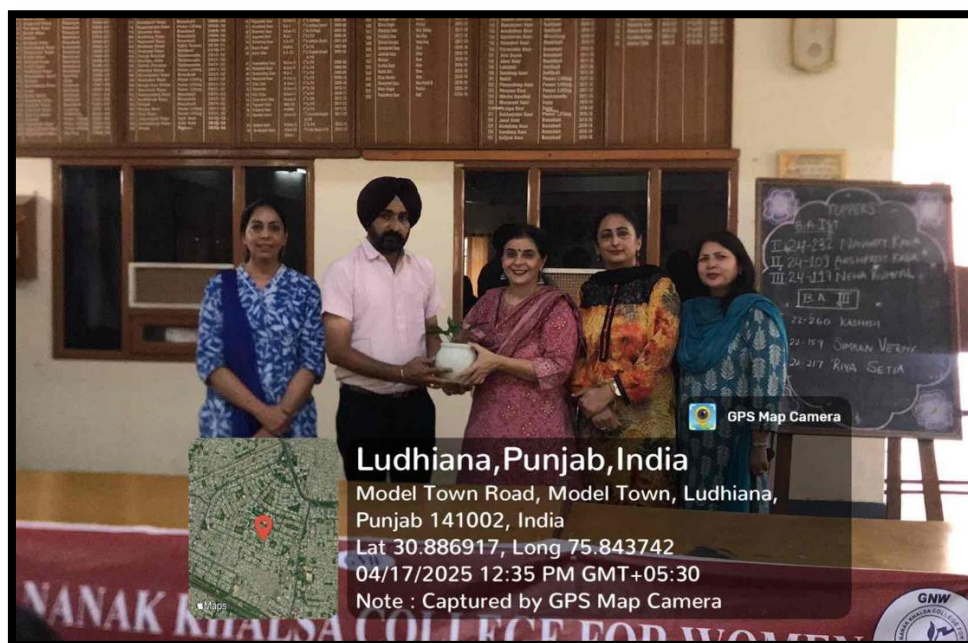


Organised awareness lecture on Dengue Prevention and Control

Under the aegis of the Internal Quality Assurance Cell, the Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, in collaboration with the NSS Unit, organized an awareness lecture on Dengue Prevention and Control to sensitize students and staff about the rising threat of dengue and its preventive measures. The resource person for the session was Mr. Brijinder Singh Brar from the Civil Surgeon's Office, Ludhiana. During the lecture, Mr. Brar shared insightful information on the causes behind the spread of dengue, the early signs and symptoms of the disease, and the preventive steps that individuals and communities must take to control its outbreak. The session proved to be highly informative and engaging, with active participation from students and faculty members. The event was successfully coordinated by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, Coordinators of the

Red Ribbon Club, along with Dr. Neetu Prakash and Mrs. Satwant Kaur, NSS Programme Officers. Speaking on the occasion, Principal Dr. Maneeta Kahlon expressed her gratitude to Mr. Brijinder Singh Brar for conducting the lecture and raising awareness among students. She emphasized the importance of such initiatives in educating youth about public health concerns and empowering them to be responsible citizens.

PHOTOGRAPHS



Celebrated World Earth Day

In collaboration with the 3 (PB) Girls Battalion, NCC Ludhiana, the NCC Unit and Eco Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated World Earth

Day on 22nd April, 2025. The theme for this year's celebration was "Our Power, Our Planet," emphasizing the collective responsibility we share in protecting and preserving our environment.

To mark the occasion, NCC cadets created thought-provoking posters aimed at spreading awareness about the importance of caring for our planet. These creative efforts served as a visual reminder of the urgent need for sustainable practices and environmental conservation. The entire activity was organized by Dr. Parveen Arora, Head, Department of Public Administration and ANO, Lt. Sukhjot Kaur, Head, Department of Political Science. While addressing the gathering college Principal Dr. Maneeta Kahlon highlighted the pressing environmental challenges facing our world today and stressed the significant role that society, especially youth, can play in safeguarding Earth for future generations.

PHOTOGRAPHS



Conducted a comprehensive mock drill

In accordance with the directives of the Directorate General of the National Cadet Corps (DGNCC), New Delhi, the 3 (PB) Girls Battalion NCC, Ludhiana, under the leadership of

Commanding Officer Col. R.S. Chauhan, successfully conducted a comprehensive mock drill at Guru Nanak Khalsa College for Women, Model Town, Ludhiana on 31st May, 2025.

The primary objective of the drill was to provide cadets with hands-on experience and practical knowledge to effectively respond during emergency situations. Unit staff Havildar Surjeet Singh delivered an informative session, briefing the cadets on the current civil defense landscape and emphasizing the importance of readiness and coordinated response in times of crisis. He also demonstrated key emergency response techniques, including handling injuries during crises, protocols during a blackout, and administering essential medical aid such as CPR.

College Principal Dr. Maneeta Kahlon commended the efforts of the NCC unit and appreciated the cadets' enthusiastic participation. She emphasized the importance of such initiatives in shaping responsible and disciplined citizens.

PHOTOGRAPHS



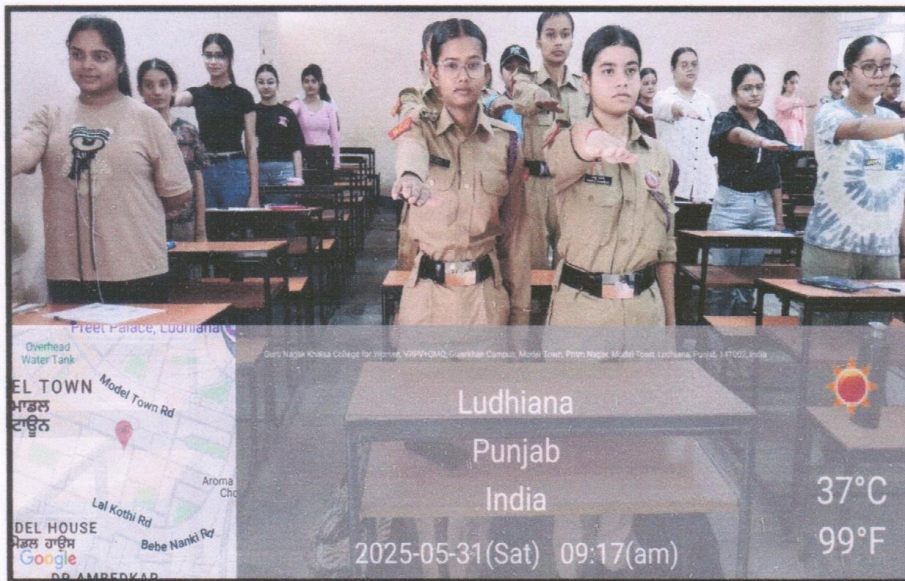
Observed World No Tobacco Day

Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World No Tobacco Day on May 31, 2025. The event was jointly organized by the Red Ribbon Club and NCC Unit of the college under the auspices of the Internal Quality Assurance Cell. The objective of the event was to raise awareness about the harmful effects of tobacco use and to encourage a tobacco-free lifestyle.

As part of the observance, a pledge ceremony was conducted. The ceremony aimed to sensitize the college community about the severe health risks and addictive nature of tobacco. In addition to the pledge, students enthusiastically participated in an online quiz on the MyGov portal, further reinforcing their knowledge and commitment to the cause. The events were coordinated by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, Coordinators of the Red Ribbon Club, along with ANO Lt. Sukhjit Kaur.

On this occasion, Principal Dr. Maneeta Kahlon stated, "Creating awareness among the youth about the ill effects of tobacco is essential for building a healthier and addiction-free society. Our students have shown great enthusiasm and responsibility in supporting this noble cause. Such initiatives reflect our institution's commitment to holistic education and societal well-being."





Maneeta

Dr. Maneeta Kahlon

Principal

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