

HELPING IS PART OF OUR LIVES AS HUMAN BEINGS

## DEPARTMENT OF SOCIOLOGY



2025-2026  
ODD SEMSETER

**SUBJECT EXPERT**

Dr. Madhu Dhawan  
M.sc, PhD(UGC-NET)

**PRINCIPAL**

Dr. Maneeta Kahlon  
Dr. MANEETA KAHLON  
Principal  
G.N.Kh. College for Women  
Gujarkhan Campus, Model Town  
Ludhiana

## **About the Department**

The Department of sociology was established at GNKCW in the year 2000. The key objective of this discipline is to throw light and explain dynamics of relationships that affect individual lives, communities and the world. At the individual level it examines the causes and consequences of family conflict, aging, belief system, liquid love and gender identity. At the societal level, sociology investigates deviance, crime, poverty, social movements, rural and urban community. At the global level sociology explores issues such as ethnicity, migration, and population growth and so on. The Department seeks to ensure that the syllabus reflects both classical sociological content and contemporary trends and embarks on periodic review of the syllabus throughout the session.

## **Courses Offered**

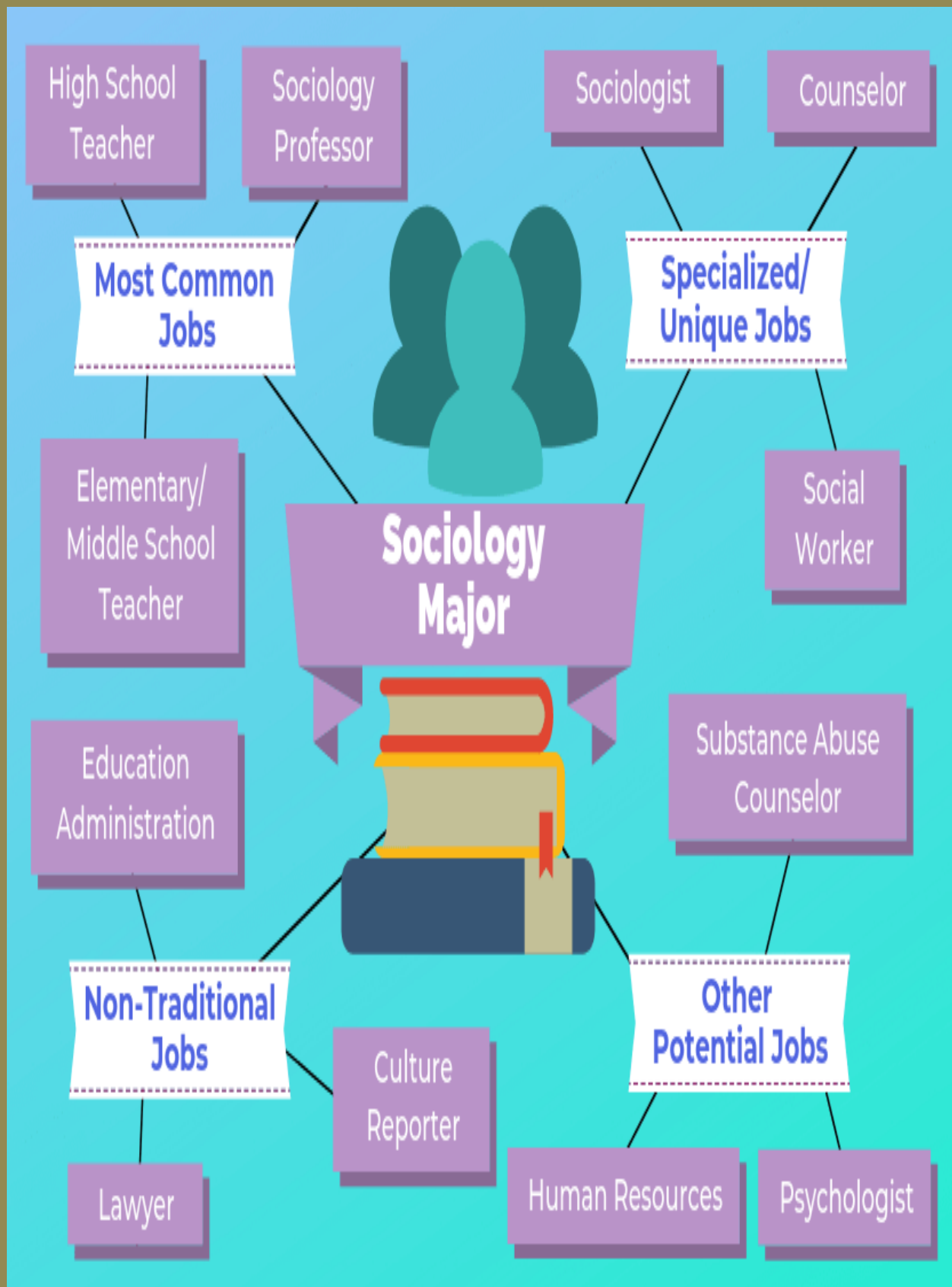
S.No.	Name of the Course	Duration
1.	Introduction to Sociology	Odd semester (B.A 1 <sup>st</sup> year)
2.	Social stratification	Even semester
3.	Social structure and social change	Odd semester ( B.A 2 <sup>nd</sup> year)
4.	Social institutions	Even semester
5.	Society in India	Odd semester ( B.A 3 <sup>rd</sup> year)
6.	Disorganization and emerging problems	Even semester

## **Student Strength**

S.No.	Name of the Course	Student Strength
1.	B.A. First Year	110
2.	B.A. Second Year	74
3.	B.A. Third Year	74

## **Teaching Faculty**

S.No.	Name of the Faculty Member	Educational Qualification
1.	Dr Madhu Dhawan	M.Sc , PhD UGC- NET



## REASONS TO OPT SOCIOLOGY SUBJECT



Sociology emerges as a compelling optional subject for UPSC Civil Services Examination (CSE) due to its multidimensional nature and its relevance in understanding society, culture, and human behaviour. Here are several reasons why sociology is a good optional subject for UPSC

- 1. Interdisciplinary Approach:** Sociology draws upon various disciplines such as anthropology, psychology, economics, and political science. It provides a comprehensive understanding of social phenomena, including social structures, institutions, and processes, making it relevant across different aspects of governance and administration.
- 2. Relevance to General Studies:** The concepts and theories of sociology often overlap with topics covered in the General Studies (GS) papers of the UPSC CSE. Studying sociology as an optional subject enhances a candidate's understanding of social issues, governance, and public administration, thereby enriching their overall preparation for the examination.
- 3. Analytical Skills Development:** Sociology encourages critical thinking, analytical reasoning, and the ability to evaluate complex social phenomena. Analyzing sociological theories, conducting case studies, and interpreting social data foster a candidate's analytical skills, which are invaluable for answering essay-type questions and tackling GS papers in the UPSC CSE.
- 4. Essay and Ethics Paper Preparation:** Sociology provides a rich repository of sociological perspectives, case studies, and real-world examples that candidates can incorporate into their essays and answers for the ethics paper. Understanding societal norms, values, and ethical dilemmas enhances a candidate's ability to provide nuanced and insightful responses.
- 5. Scoring Potential:** Sociology is often perceived as a scoring optional subject due to its conceptual clarity and structured syllabus.



## ACTIVITIES (JULY 2025- DECEMBER 2025)


### WORLD ANTI-HUMAN TRAFFICKING DAY



**Guru Nanak Khalsa College for Women**  
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC  
**Department of Sociology**  
observes

30th July, 2025  
**WORLD DAY  
AGAINST  
TRAFFICKING  
IN PERSONS**



**Human trafficking is Organized Crime – End the Exploitation**


**Principal**  
**Dr. Maneeta Kahlon**


**Organiser**  
**Dr. Madhu Dhawan**


World Anti-Human Trafficking Day was observed on July 30, 2025 with a special event aimed at raising awareness about the grave issue of human trafficking. The event aimed to raise awareness and encourage collaborative efforts to combat human trafficking—a significant global issue that affects millions of people around the world. Principal Dr. Maneeta Kahlon encouraged the students to participate in such events to contribute to the fight against this grave issue.



## INDIAN ORGAN DONATION DAY

**Guru Nanak Khalsa College for Women**  
Gujarkhan Campus, Model Town, Ludhiana





Under the aegis of IQAC  
**Department of Sociology**  
observes  
**Indian Organ Donation Day**  
on August 03, 2025

**Principal**  
**Dr. Maneeta Kahlon**

**Organizer**  
**Dr. Madhu Dhawan**

Department of Sociology of Guru Nanak Khalsa College for Women observed Indian Organ Donation Day on August 4, 2025. This initiative aimed to raise awareness about the critical importance of organ donation and to inspire students to become advocates for this life-saving cause. Dr. Madhu Dhawan, Head of the Department, expressed heartfelt concern about the urgent need for organ donors in our country. She emphasized that by participating in such initiatives, we can foster a spirit of compassion and humanity within our youth, encouraging them to think beyond themselves. Students from the first-year B.A. program actively participated, sharing their thoughts and insights on organ donation. College Principal Dr. Maneeta Kahlon spoke passionately, stating, "Organ donation is the greatest gift one can offer. It's a way to live on after death by giving life to others." Her words served as a powerful reminder of the impact each individual can have and encouraged everyone present to consider pledging their organs.



# NATIONAL SENIOR CITIZENS DAY



A visit to the Swami Vivekananda Ashram, Model Town, Ludhiana was arranged by the college on the occasion of National Senior Citizens Day. This initiative aimed to cultivate a profound sense of compassion, empathy, and commitment to serving the elderly—individuals who often experience disconnection from their families.



During this occasion, hand towels were distributed to the residents as a symbol of care and support. Dr. Madhu Dhawan, the Head of the Department of Sociology, emphasized that although it was a simple gesture, it carried deep significance, representing our desire to offer comfort and dignity to these esteemed elders. The genuine joy and gratitude reflected on their smiling faces underscored the emotional impact of this small yet meaningful act of kindness. Many students noted that their interactions during the visit inspired them to spend more time with their grandparents and elderly neighbors, thereby fostering stronger connections within their communities.

To commemorate National Senior Citizens Day on August 21, 2025, Madam Principal Dr. Maneeta Kahlon addressed the students and commended this noble effort. She stressed that caring for the elderly is not merely an act of charity; rather, it is a moral obligation and a beautiful way to honor their invaluable wisdom and contributions to society.





## INSPIRING TALK - RISE UP



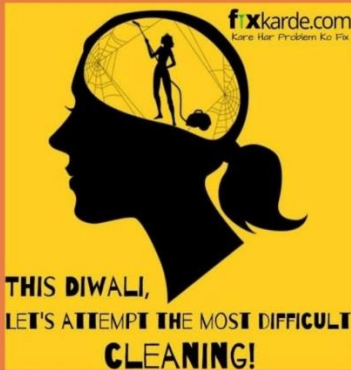
**Guru Nanak Khalsa College for Women**  
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC &  
as a part of Roshni 2025 - The Annual Diwali Programme

**Department of Sociology**  
organizes

**Inspiring Talk - Rise up**

Date: October 17, 2025  
Time: 1:40 PM  
Venue: Seminar Hall



THIS DIWALI,  
LET'S ATTEMPT THE MOST DIFFICULT  
**CLEANING!**




Dr. Maneeta Kahlon  
Principal

Dr. Madhu Dhawan  
Organizer

To mark the festive spirit of Diwali and promote emotional well-being among students, an inspiring talk on the theme "Rise Up - Declutter Your Mind this Diwali" was organized by Department of Sociology in the college on October 17 2025. The session aimed at encouraging students and staff to embrace the true essence of Diwali — not just by cleaning their surroundings, but by cleansing their minds of negativity, stress, and emotional clutter. The resource person, Dr Madhu Dhawan delivered an enlightening address highlighting how Diwali symbolizes the triumph of light over darkness and how this can be applied to our thoughts and emotions. The speaker emphasized that a peaceful, positive, and focused mind is the foundation of lasting happiness. Through engaging examples and real-life reflections, participants were inspired to let go of anger, grudges, and overthinking — and instead fill their hearts with gratitude, forgiveness, and optimism. The talk concluded with a motivational message to light the lamp of joy within and experience a truly meaningful Diwali. The Principal, Dr Maneeta Kahlon appreciated the initiative and encouraged everyone to adopt mental decluttering as a lifelong habit for inner peace and success. Faculty members and students actively participated and shared their thoughts, making the event both insightful and impactful.



## INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN



**Guru Nanak Khalsa College for Women**  
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC  
**Department of Sociology & NSS Unit**  
organizes

**International Day for the  
Elimination of Violence  
Against Women**

on November 25, 2025

**UNiTE to end digital violence against women and girls**

**Principal**  
Dr. Maneeta Kahlon

**Organizer**  
Dr. Madhu Dhawan

To mark the International Day for the Elimination of Violence against Women, Department of Sociology of GNKCW organized a meaningful and sensitizing program on 25 November 2025 with the objective of raising awareness, encouraging dialogue, and inspiring collective responsibility toward ending gender-based violence in all its forms. The event began with an introductory address by Dr Madhu Dhawan on the significance of the day, emphasizing that violence against women is not only a violation of human rights but also a major public health and societal concern. Students actively participated and expressed their views through open discussions. Many shared strong perspectives on issues such as domestic violence, harassment, cyber bullying, and social stigma. The event concluded with remarks from college Principal Dr Maneeta Kahlon, who appreciated the initiative and stated that educational institutions play a pivotal role.



## HUMAN RIGHTS DAY

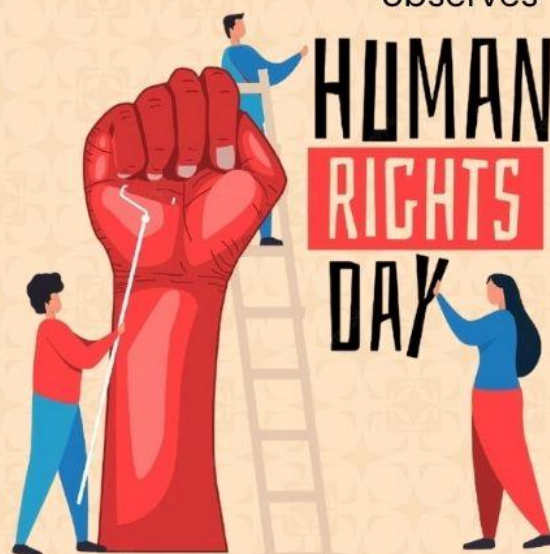


# Guru Nanak Khalsa College for Women

Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of IQAC  
Department of Sociology  
observes



**Human Rights:  
Our Everyday  
Essentials**

10<sup>th</sup> December, 2025

Principal  
Dr. Maneeta Kahlon

Organiser  
Dr. Madhu Dhawan

Under the aegis of Internal Quality Assurance Cell, the Department of Sociology of Guru Nanak Khalsa College for Women observed Human Rights Day in the college campus today with the objective of creating awareness about the fundamental rights and dignity of every individual. The programme began with a brief introduction on the significance of the Universal Declaration of Human Rights, highlighting its role in promoting equality, justice and freedom. Dr. Madhu Dhawan, Head, Department of Sociology emphasised the need to stand against discrimination, promote gender equality, and uphold the values of compassion and respect in society. Principal Dr. Maneeta Kahlon appreciated the enthusiastic participation of students and encouraged them to become responsible citizens who safeguard the rights of others. She also stressed that human rights are not just legal provisions but essential values that strengthen democracy and humanity.



**MINORITIES RIGHTS DAY**





Guru Nanak Khalsa College for Women  
Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of IQAC

**Department of Sociology**  
observes

# International Minorities Rights Day

18<sup>th</sup> December, 2025

Principal  
Dr. Maneeta Kahlon

Organizer  
Dr. Madhu Dhawan



On 18th December 2025, Department of Sociology observed Minority Day with the objective of promoting awareness about the rights, dignity, and contributions of minority communities in India. The programme aimed to foster the values of equality, inclusiveness, and mutual respect among students. Dr. Madhu Dhawan Head, Department of Sociology shared her views on constitutional safeguards, cultural harmony, and the role of youth in building an inclusive society. College Principal, Dr. Maneeta Kahlon concluded with a message encouraging students to uphold the values of brotherhood and equality in their academic and social life.



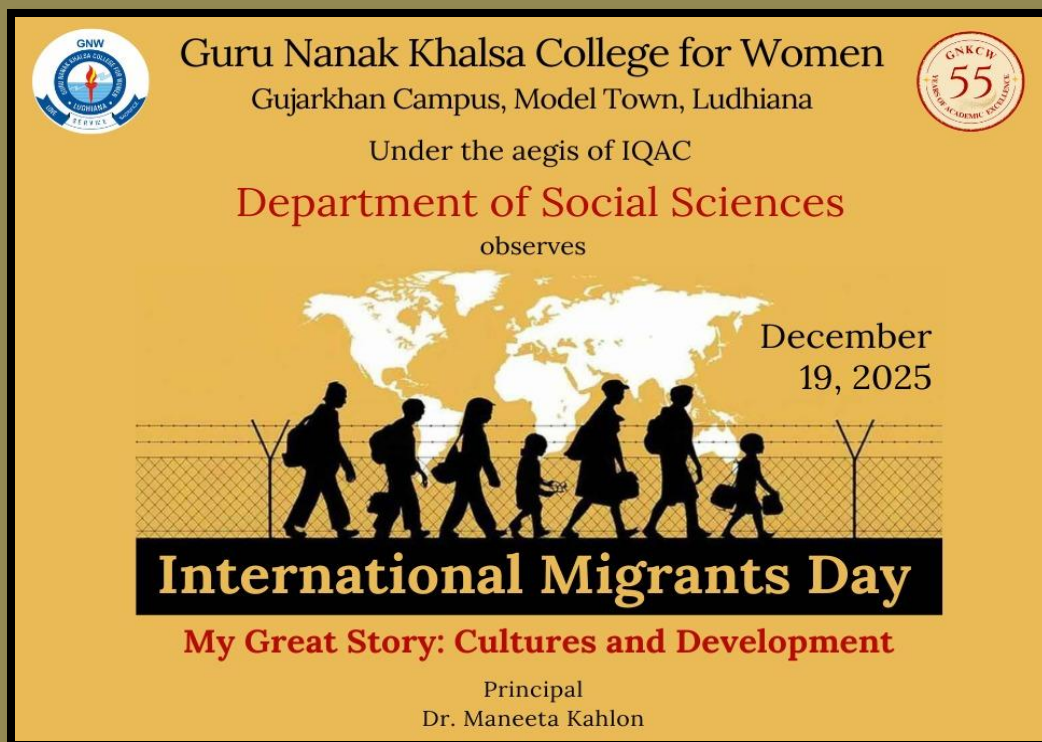
**INTERNATIONAL**



**MIGRANTS**



## DAY



Department of Social Sciences of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed International Migrants Day on 19 December 2025, on the theme “My Great Story: Cultures and Development.” This day serves as a global platform to recognize the vital role of migrants in the development of societies and to raise awareness about the challenges they face, including discrimination, exploitation, and lack of access to essential services. On this occasion, college Principal Dr. Maneeta Kahlon in her address emphasized the pivotal role of migration in global development. She underlined the need to acknowledge the valuable contributions of migrants and to address the challenges they encounter, such as discrimination and limited access to essential services



## INTERNATIONAL SOLIDARITY DAY



Guru Nanak Khalsa College for Women  
Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of IQAC

Department of Social Sciences

observes



**International Human  
Solidarity Day**

December 20, 2025

**Underscores the role of solidarity in achieving the Sustainable Development Goals (SDGs) and tackling global health and social challenges**

Principal  
Dr. Maneeta Kahlon

Department of Social Sciences of Guru Nanak Khalsa College for Women, Model Town, Ludhiana observed International Solidarity Day on 20th December, 2025 with the aim of fostering unity, cooperation, and mutual understanding among individuals and communities. 58 faculty members participated in this event. Madam Principal, Dr. Maneeta Kahlon emphasized the importance of solidarity in addressing global challenges such as social inequality, economic disparities, environmental concerns, and humanitarian crises. She highlighted that solidarity goes beyond mere sympathy and calls for collective responsibility, active participation, and collaborative efforts to build a more just, inclusive, and peaceful society. She stressed that in an increasingly interconnected world, standing together across cultures, nations, and communities is essential for sustainable development and global harmony. Her address encouraged faculty members to uphold the values of empathy, cooperation, and social responsibility in their academic and personal lives, thereby contributing positively to society.





## FACULTY EXPERIENTIAL LEARNING



### EXTENSION LECTURE ON RESEARCH METHODOLOGY





# Guru Nanak Khalsa College for Women

Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of IQAC

## Department of Social Sciences

organizes

### Extension Lecture

on

## INTELLECTUAL PROPERTY RIGHTS



**Dr. Kirandeep Kaur**  
Principal, MTS Memorial  
College for Women, LDH  
Resource Person

Date: 2<sup>nd</sup> December, 2025

Time: 11:00 am

Venue: Seminar Hall



**Dr. Ajit Kaur**  
Principal, Ramgarhia Girls  
College, LDH  
Resource Person



Department of Social Sciences of Guru Nanak Khalsa College for Women, Gujarkhan campus, Model Town, Ludhiana organises an extension lecture on Intellectual Property Rights on 2nd December, 25. Dr .Kirandeep Kaur, Principal, Master Tara Singh Memorial College for Women, Ludhiana and Dr. Ajit Kaur , Principal Ramgarhia Girls college, Ludhiana were the esteemed resource persons of the session.Dr. Kirandeep delivered an insightful presentation on Intellectual Property Rights (IPR), highlighting their growing significance in the contemporary world. She emphasized that in an era driven by innovation, creativity, and technological advancement, safeguarding intellectual creations has become essential. Dr. Kirandeep explained how IPR not only protects the rights of creators and innovators but also encourages research, fosters economic growth, and promotes fair competition. She further stressed that awareness and understanding of IPR are crucial for students, researchers, and professionals to ensure that their ideas and innovations are legally protected and ethically utilized.Dr. Ajit delivered an insightful talk on Intellectual Property Rights (IPR), highlighting their significance in today's rapidly evolving knowledge-driven world and their future prospects. She emphasized how IPR serves as a powerful tool for protecting innovative ideas, creative works, and technological advancements. Dr. Ajit also discussed the growing relevance of IPR in fostering research, encouraging entrepreneurship, and promoting fair competition. Further, she shed light on the future prospects of IPR, noting that with continuous digital expansion, artificial intelligence, and global interconnected the role of IPR will become even more crucial. She stressed that understanding and effectively using IPR will be essential for individuals, institutions, and businesses to safeguard their innovations and gain a competitive edge in the coming years. It was an interactive session attended by 60 faculty members.Principal Dr. Maneeta Kahlon expressed her sincere appreciation to the resource persons for their insightful and enriching presentations.