

**GURU NANAK KHALSA COLLEGE FOR WOMEN,
GUJARKHAN CAMPUS, MODEL TOWN, LUDHIANA**

**ECO/GREEN CLUB REPORT
(2025-26 Odd Semester)**



Maneeta

Dr. Maneeta Kahlon

Principal

Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana.

Parveen Arora

Dr. Parveen Arora

Coordinator

About the Club

The Eco-Club is a group of enthusiastic students and teachers committed to protecting the environment. Their work centers on conserving nature, reducing pollution, limiting plastic usage, planting trees, and saving water. Through creative activities, the club spreads awareness among students about keeping the surroundings clean and green. It also works in collaboration with the Biodiversity Cell, NCC, and NSS Unit to strengthen the campus's green efforts and encourage sustainable practices.



Principal: Dr. Maneeta Kahlon

Coordinator: Dr. Parveen Arora

Co-Coordinator: Dr. Madhu Dhawan

Members:

- Mrs. RajwinderKaur
- Dr. Gagneetpal Kaur
- Dr. Shikha Bajaj
- Mrs. Sukhjit Kaur

MISSION

- Safeguarding forests, skies, and oceans to protect our natural world.
- Planting seeds and fostering growth to bring our green aspirations to life.
- Coming together as one family to preserve the environment we value.
- Creating a world where animals can live and roam freely in safety.
- Setting out on missions to nurture and safeguard the earth.

OBJECTIVES

- Motivating students to plant more trees on campus, at home, and in their neighborhoods to create a greener environment.
- Conducting clean-up drives and activities to keep the campus neat and eco-friendly under the Swachhta Mission.
- Teaching students about major environmental concerns such as climate change, global warming, pollution, and nature-protective laws.
- Urging the community to conserve natural resources, use water wisely, harvest rainwater, and handle waste properly.
- Promoting awareness among students about minimizing the use of plastic and polythene, and embracing the principles of reduce, reuse, and recycle.

ACTIVITIES

International Biodiversity Day

May 22, 2025.

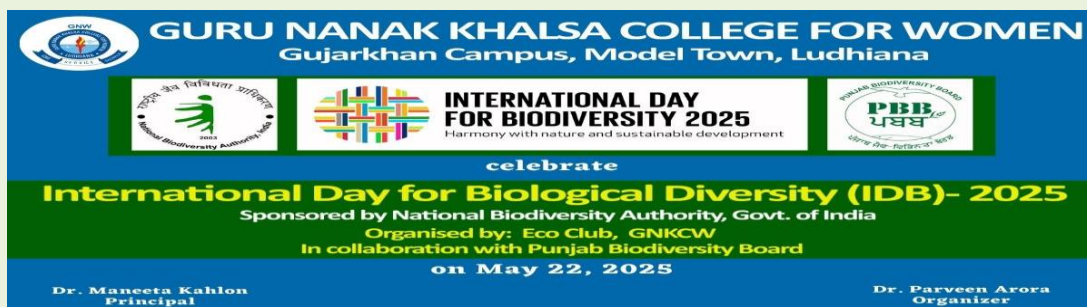
Under the aegis of the Internal Quality Assurance Cell, the Eco Club of Guru Nanak Khalsa College for Women, Ludhiana, in collaboration with the Department of Fine Arts, observed **International Biodiversity Day** on the theme Harmony with Nature and Sustainable Development. To mark the occasion, a Slogan Writing and Poster Making Competition was organized.

Students put in dedicated efforts to creatively express their ideas through charts, aiming to raise awareness about biodiversity and sustainability for the betterment of society's future.

Principal Dr. Maneeta Kahlon appreciated the students for showcasing their talent to spread this important message and congratulated the prize winners on their achievements.

10 Students from Eco Club participated in the event.

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World Environment Day

May 22 to June 5, 2025.

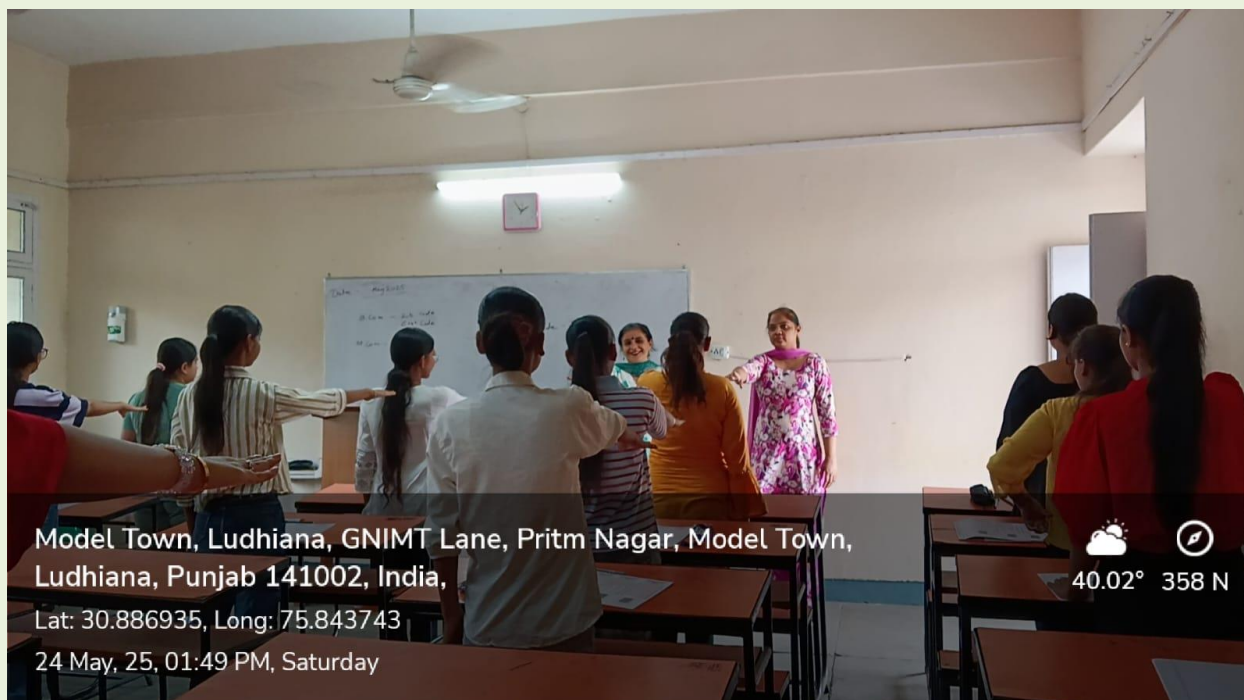
DAY-I

Under the aegis of IQAC, NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, is observing **World Environment Day** from May 22 to June 5, 2025.

To mark the beginning of the observance, a ***pledge ceremony*** was organized on **May 24, 2025** wherein NSS volunteers pledged to minimize the use of single-use plastic in their daily lives. They also committed to inspiring and educating others in their communities to embrace eco-friendly alternatives and adopt a more sustainable lifestyle.

In her motivating address, **Principal Dr. Maneeta Kahlon** emphasized the urgent need for collective action against environmental degradation. She highlighted the importance of youth participation in environmental conservation and praised the efforts of the NSS volunteers. *32 Students* from Eco Club participated in the event.

Link: <https://www.facebook.com/share/p/17gJkMaxQB/>



DAY-II

Under the aegis of IQAC, the NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World Environment Day from May 22 to June 5, 2025. The celebration aimed to spread awareness about environmental protection and promote sustainable practices among students.

As part of the observance, an eco-friendly activity was organized on May 28, 2025, where used plastic water bottles were collected and creatively repurposed into planters. This initiative encouraged students to adopt the concept of “**Best Out of Waste**” and promoted the importance of reusing plastic to reduce environmental pollution.

On this occasion, Principal Dr. Maneeta Kahlon shared an inspiring message with the students. She emphasized the need to protect and preserve the environment through small but impactful actions. She also highlighted the role of youth in driving positive environmental change and encouraged them to integrate eco-conscious habits into their daily lives.

09 Students from Eco Club participated in the event.

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DAY-III

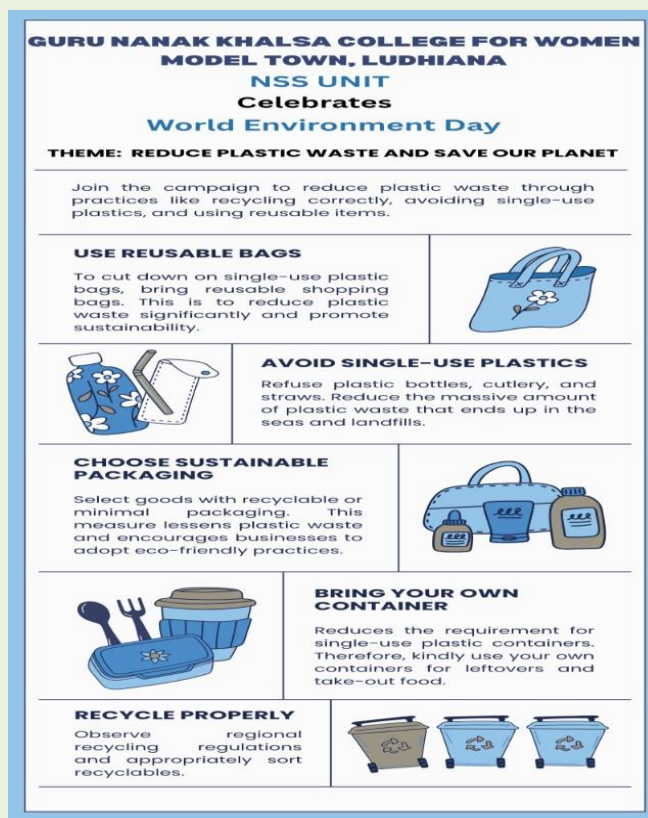
Under the aegis of IQAC, the NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed **World Environment Day** from **May 22 to June 5, 2025**.

As part of this green initiative, a special awareness campaign was organized on **May 29, 2025**. Awareness posters focusing on the urgent need to reduce plastic waste and adopt eco-conscious lifestyle choice, were shared with the students and faculty through social media platforms. Students were encouraged to:

- Use reusable bags instead of plastic carry bags
- Avoid single-use plastics such as straws, cutlery, and cups
- Choose recyclable and biodegradable products whenever possible

Principal Dr. Maneeta Kahlon highlighted the profound impact of small, everyday actions on the environment and urged students to become responsible stewards of nature. *40 Students* from Eco Club participated in the event.

Link: <https://www.facebook.com/share/p/1BgoStXs6P/>



Campaign "Ek Ped Maa Ke Naam"

June 5, 2025.

Under the aegis of IQAC, the NSS unit of Guru Nanak Khalsa College for Women celebrated World Environment Day on **June 5, 2025**, by participating in the campaign "***Ek Ped Maa Ke Naam***", as per the directions issued by the Department of Higher Education, Punjab Government.

World Environment Day is celebrated annually on **June 5** to raise awareness and inspire action for the protection of our environment. This day provides an opportunity to educate people about the importance of environmental conservation and encourages individuals to take small yet meaningful steps toward preserving nature.

By observing World Environment Day, we come together to protect the planet and work towards a sustainable future for all.

Principal, Dr. Maneeta Kahlon, motivated both faculty members and students to engage in activities that contribute to the conservation of nature and the environment.

Link: <https://www.facebook.com/share/p/1LMBEbVvCL/>



Tree plantation drive

June 5, 2025.

In collaboration with the 3PB Girls Battalion, NCC Ludhiana, the NCC wing and NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana celebrated World Environment Day on **5th June, 2025**.

On this occasion, the cadets actively participated in a **tree plantation drive**, planting new saplings and nurturing the plants they had previously adopted. Their dedication to environmental conservation reflects the college's commitment to fostering a sense of responsibility towards nature among students.

Principal Dr. Maneeta Kahlon, expressed her appreciation for the cadets' efforts, highlighting the importance of such initiatives in promoting environmental awareness and sustainability.

Link: <https://www.facebook.com/share/p/17kA2KmA32/>



World Nature Conservation Day

July 28, 2025.

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Eco Club of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana observed **World Nature Conservation Day** on **July 28, 2025**.

World Nature Conservation Day was observed with great zeal and environmental spirit, emphasizing the urgent need for sustainable living and preservation of the Earth's natural resources. A lecture on Nature Conservation was delivered by **Dr. Parveen Arora**, Incharge, Eco Club. The event was organised by Mrs. Gagneet Pal Kaur, Assistant Professor, PG Department of English.

Principal Dr. Maneeta Kahlon addressed the gathering, urging everyone to make mindful choices to reduce pollution and conserve resources. *"Conservation is not just a responsibility, it's a necessity for our survival,"* she remarked during her keynote speech. 25 Students from Eco Club participated in the event.

Link: <https://www.facebook.com/share/p/1aYCipLCSy/>



Vriksh Rakshabandhan

August 8, 2025

Under the guidance of the Internal Quality Assurance Cell, Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, marked the occasion of **Vriksh Rakshabandhan** by fostering a deeper connection with nature.

“Nature isn’t just something we visit — it’s where we truly belong.”

This Rakshabandhan, our students and staff embraced a unique tradition by tying rakhis to trees symbolizing a lifelong promise to protect and nurture them, just like we do with our siblings.

🌳 Trees are life-givers — offering us air, shade, shelter, and sustenance.

🌱 It’s time we show our gratitude by caring for them with love and responsibility.

Principal Dr. Maneeta Kahlon set the tone for the day by tying a rakhi to a tree and encouraging students to strengthen their bond with the environment creating a meaningful tradition rooted in sustainability. Let’s grow this green relationship and stand together for a healthier planet.

Link: <https://www.facebook.com/share/p/1AKmQDQJ7V/>



Menstrual Hygiene Awareness

August 13, 2025

Under the guidance of the Internal Quality Assurance Cell (IQAC), the Women Development Cell of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, organized a **Menstrual Hygiene Awareness** Activity on **13th August 2025**. This initiative was carried out in collaboration with Sofy Club India and aimed to promote healthy menstrual hygiene practices among students.

As part of the activity, sanitary napkin samples were generously distributed to 1,282 students. The event primarily focused on issues directly impacting student welfare.

Principal Dr. Maneeta Kahlon expressed her sincere gratitude to Sofy Club India for their valuable support. She emphasized that such initiatives go a long way in empowering young women, enabling them to continue their education and daily routines with greater confidence and dignity. Dr. Kahlon also appreciated the efforts of the Women Development Cell, stating that their commitment to social responsibility and community well-being is highly commendable. She highlighted that these activities not only address crucial health issues but also help in creating a supportive and inclusive environment for all students.

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Akshay Urja Diwas

August 20, 2025.

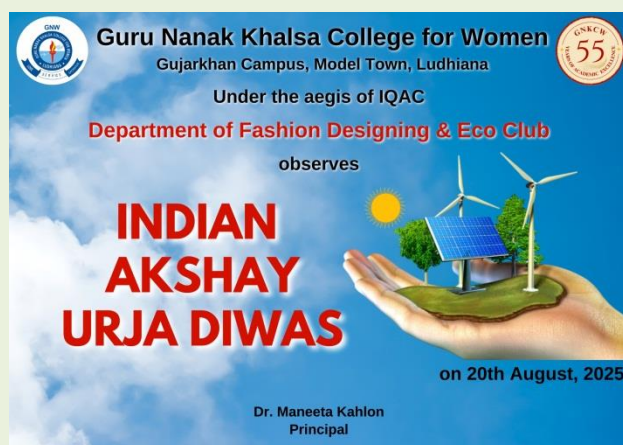
Under the aegis of IQAC, the Eco Club in collaboration with the Department of Fashion Designing of Guru Nanak Khalsa College for Women celebrated **Akshay Urja Diwas** on August 20, 2025.

During the event, various methods of conserving energy and promoting the use of renewable energy sources were discussed. As part of the activity, students created table coasters, table covers, cloth bags, decorative dolls using leftover fabric, highlighting the importance of recycling and reusing materials. The participants were sensitized about the significance of utilizing renewable energy sources and were encouraged to adopt sustainable practices both at home and in the college environment. A total of 14 students actively took part in the event.

Principal Dr. Maneeta Kahlon shared her valuable insights on energy conservation. She emphasized that energy can be saved and reused through small actions in our daily lives, and urged everyone to contribute to a sustainable future.

14 Students from Eco Club participated in the event.

Link: <https://www.facebook.com/share/p/1jkUUzarPB/>



Tree Plantation Drive

August 29, 2025

Tree Plantation Drive by NCC Cadets at GNKCW

As per the guidelines of DGNCC, New Delhi, the NCC cadets of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, in collaboration with the 3 Pb (G) Bn NCC Ludhiana, spearheaded a significant Tree Plantation Drive on 29th August 2025 in the adopted village Jhameri.

A total of 29 cadets, along with NCC Incharge ANO Lt. Sukhjit Kaur, Ms. Asha, Unit staff Hav. Mitar Singh and Hav. Ganesh Mane, village Sarpanch Mrs. Kuldeep Kaur, and other community members, actively participated in the initiative. Together, they planted 100 saplings of various species in and around the village to enhance the green cover and spread environmental awareness among the residents.

Principal Dr. Maneeta Kahlon appreciated the dedicated efforts of the team and emphasized that such activities reflect the college's commitment to creating a sustainable and eco-friendly environment.

23 Students from Eco Club participated in the event.

Link: <https://www.facebook.com/share/p/1ZMjpeSqMF/>



World Ozone Day

September 16, 2025

Under the aegis of the Internal Quality Assurance Cell, Department of Environment of Guru Nanak Khalsa College for Women, celebrated **World Ozone Day** on **September 16, 2025**. The day marks global efforts to protect the ozone layer and raise awareness about its vital role in sustaining life on Earth.

Students actively participated in speech and poem recitation competitions on various thought-provoking topics such as *What is Ozone*, *How We Can Save Ozone*, *The Dangerous Effects of Bad Ozone*, *The Link Between Ozone Depletion and Climate Change*, and *Ozone – The Invisible Protector*. Their creative expressions reflected both awareness and responsibility towards safeguarding the environment.

The event was organized by Ms. Amanpreet Kaur, Department of Environment, Under the guidance of **Dr. Maneeta Kahlon**, Principal of the college, who emphasized the need for environmental consciousness and motivated students to contribute towards a sustainable future.

Link: <https://www.facebook.com/share/p/1BYCBk8KA4/>



Bamboo Day

September 18, 2025

Under the aegis of IQAC, Department of Fashion Designing of Guru Nanak Khalsa College for Women, celebrated **Bamboo Day** on **September 18, 2025**, with a focus on promoting sustainability in fashion.

As part of the celebration, students were taken to nearby bamboo fields to witness firsthand, the growth process of bamboo. This experiential learning visit helped students understand the agricultural aspects of bamboo cultivation and its significance as a sustainable resource.

In addition to the field visit, a group of 20 students presented a detailed presentation on sustainable fibers, with a special focus on bamboo. The presentation highlighted the eco-friendly properties of bamboo fiber, its ability to grow without chemical fertilizers, and its use in producing organic and sustainable clothing.

The event was graced by **Principal Dr. Maneeta Kahlon**, who addressed the students on the importance of adopting sustainable practices in the fashion industry. She emphasized the role of bamboo as an eco-conscious alternative to conventional materials and encouraged students to explore organic and sustainable clothing in their future designs.

The celebration successfully raised awareness among students about the importance of eco-friendly fibers and the need for sustainability in the fashion world.

20 Students from Eco Club participated in the event.

Link: <https://www.facebook.com/share/p/17pPpiTqrE/>



World Environmental Health Day

September 26, 2025

Under the aegis of the Internal Quality Assurance Cell, Department of Environment along with Eco club of Guru Nanak Khalsa College for Women celebrated World Environmental Health Day on **September 26, 2025**. The day is observed globally to highlight the vital link between environment and human health, and to encourage sustainable practices for a healthier planet.

The importance of the day was highlighted by **Dr. Parveen Arora** and **Ms. Amanpreet Kaur** who stressed the importance of protecting environmental health for the well-being of both present and future generation. As a part of the program, Ms. Amanpreet Kaur gave a live demonstration on how compost can be prepared at home using organic kitchen waste, encouraging students to adopt simple eco-friendly practices in their daily lives.

Dr. Maneeta Kahlon, Principal of the College and Mrs. Seema Dua addressed the gathering and spread awareness to maintain environmental health. She motivated the students to take small but consistent steps such as waste segregation, reducing plastic use, and conserving resources in order to protect both the environment and human well-being.

30 Students actively participated in the event, gaining practical insights and developing a deeper sense of responsibility towards creating a sustainable and healthy environment.

Link: <https://www.facebook.com/share/p/1CmL2YWqPd/>



National Pollution Control Day

December 2, 2025

Under the aegis of the Internal Quality Assurance Cell, the NSS Unit, EBSB Club, Red Cross Society, and the Department of Environment Science, Guru Nanak Khalsa College for Women observed **National Pollution Control Day** on the college campus today. The day is commemorated every year on **December 2** to honor the lives lost during the Bhopal Gas Tragedy and to raise awareness about the urgent need to curb pollution and promote safer environmental practices.

As part of the programme, Ms. Amanpreet Kaur from the Department of Environment Science delivered an insightful lecture highlighting the current pollution scenario. She discussed simple yet impactful steps individuals can take to reduce pollution and stressed the importance of responsible waste disposal and adopting sustainable habits in daily life.

Addressing the gathering, **Dr. Maneeta Kahlon**, Principal, emphasized the pressing need for collective responsibility in combating pollution, She underlined the vital role of the younger generation in building a cleaner and healthier future and encouraged students to actively engage in the environmental protection initiatives organized by the college.

15 Students from Eco Club participated in the event.

Link: <https://www.facebook.com/share/p/1JmwTsGqoA/>



World Soil Day

December 5, 2025

Under the aegis the Internal Quality Assurance Cell, the NSS Unit, EBSB club, Red Cross Society, the Department of Environment Science and Department of public administration of Guru Nanak Khalsa College for Women, celebrated **World Soil Day** on *December 5, 2025*. This day is observed globally to highlight the importance of healthy soil for sustainable agriculture, environmental balance, and the overall well-being of life on Earth. 45 participants were present in the event . The programme aimed to raise awareness about soil conservation, the threat of soil degradation, and the need to adopt practices that protect soil health for future generations.

Dr. Maneeta Kahlon, Principal of the College, addressed the gathering and emphasized the importance of preserving soil—the foundation of our food system. She encouraged to take small but meaningful steps such as reducing chemical usage, promoting organic practices, and preventing soil erosion through plantation drives.

35 Students from Eco Club participated in the event.

Link: <https://www.facebook.com/share/p/17yR5NQzk7/>



Energy Conservation Day

December 15, 2025

Under the aegis of Internal Quality Assurance Cell, the Energy Management Team of Guru Nanak Khalsa College for Women celebrated **National Energy Conservation Day** in the college campus today. During the event, old, faulty tube lights of college were repaired and replaced wherever required. The day also serves to keep people informed about new initiatives, strategies, and plans being formulated in this direction. Emphasis is laid on minimizing energy waste and educating the public on how they can contribute to conserving resources. The primary objective of the day is to reduce energy consumption and encourage its efficient use.

Principal Dr. Maneeta Kahlon appreciated the efforts and highlighted that National Energy Conservation Day aims to create awareness among masses in India about the importance of saving energy.

Link: <https://www.facebook.com/share/p/17cS1G9LBV/>

