

**GURU NANAK KHALSA COLLEGE FOR WOMEN,
GUJARKHAN CAMPUS, MODEL TOWN, LUDHIANA**



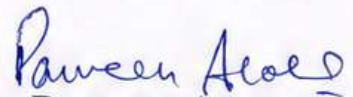
**CENTRAL ASSOCIATION
SESSION 2025-26**



Dr. Maneeta Kahlon
Principal



Mrs. Seema Dua
Co-Coordinator



Dr. Parveen Arora
Coordinator

Dr. MANEETA KHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town,
Ludhiana.

Pattern:

Principal

Dr. Maneeta Kahlon

Coordinator

- Dr. Parveen Arora (Coordinator)
- Mrs. Seema Dua (Co-coordinator)

Members

- Dr. Nidhi Sharma
- Dr. Punpreet Kaur
- Mrs. Satwant Kaur
- Dr. Madhu Dhawan
- Dr. Pratibha Tyagi
- Mrs. Jaspreet Lamba

Head /Deputy Head Girls

- Sahibjot Kaur(Head Girl)
- Sneha Anand (Deputy Head Girl)
- Hritika singh (Deputy Head Girl)

Objectives:-

- To help students become better in body, mind, feelings, thoughts, and spirit.
- To encourage students to care about society and take action to make it better.
- To bring students together and encourage them to support each other like a big family.
- To listen to students' problems and dreams, and help they find solutions in fair and respectful ways.
- To create a good environment for learning where everyone behaves well and feels safe.
- To make sure the college is respected and its reputation stays good.
- To keep things clean and healthy for everyone.
- To take care of nature and protect the environment.

Roles:-

- To make students healthier in body, smarter in mind, happier in feelings, better in thoughts, and stronger in spirit.
- To tell students it's important to care about the world around them and do things to make it better.
- To bring students together like a big, supportive family.
- To listen to what students need and want, and help they find fair solutions.
- To make sure everyone at school behaves well and feels safe.
- To keep the school's reputation good and make sure people respect it.
- To keep everything clean and make sure everyone stays healthy.
- To take care of nature and make sure we don't harm the environment.

Clubs/societies/cells/association

- NSS
- NCC
- Red Ribbon/Youth Club
- Eco/Green Club
- Legal Literacy Club
- Placement Cell
- BCA Society
- Commerce Association
- Business Management Association
- English Literary Society
- Journalism Cell
- Class Representatives
- Subject Representatives

Oath

I solemnly affirm, that I shall abide the rules and regulations, of the college, to the best of my knowledge, and shall strive to bring, credit to the almatr.

Discipline and Anti-Ragging Committee

21st July 2025

Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, has established an Anti-Ragging Squad as per **UGC guidelines** to ensure a safe and ragging-free campus. The squad comprises **Faculty Members and Central Association Members**.

Key Responsibilities: Maintaining vigilance in hostels, classrooms, and common areas. Continuous oversight of student activities. Counseling students when needed. Taking immediate action in case of any violation.

Principal Dr. Maneeta Kahlon has emphasized a **strict zero-tolerance policy** towards ragging and encouraged students to report incidents without fear, assuring confidentiality and full support. The formation of the squad reflects the college's determination to create a positive, secure, and harassment-free environment, enabling students to focus on academic and personal growth.

Instagram:

<https://www.instagram.com/p/DMXMwH-xROi/?igsh=ZmpsTI1aGE3aDdm>

<https://www.instagram.com/p/DNnDoJ8RDHW/?igsh=M25pcnQ2dWM5d3Zz>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>



The following CA members were present:

STUDENT'S NAMES	CLASS	ROLL.NO
Tamanna	BA 3rd	23277
Jasnoor Kaur Vig	BA 3rd	23139
Palak Narang	B.COM 3rd	231183
Pawandeep Kaur	BA 3rd	23160
Anmol Kapoor	B.COM 3rd	231162
Hashdeep Kaur	BBA 3rd	232715
Sonali	MA 2nd	242223
Gurleen Kaur Vig	BA 3rd	23320

National Flag Day

22 July 2025

Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, celebrated **National Flag Day** on campus. The event was organized by **the Internal Quality Assurance Cell, NCC Wing, NSS Unit, Youth Club, and Red Ribbon Club.**

National Flag Day commemorates the adoption of the Indian National Flag in 1947 and serves to remind students of its historical significance and enduring legacy. The event was addressed by **Principal Dr. Maneeta Kahlon**, who remarked: **“Each colour, each thread carries the legacy of countless struggles and dreams of a just, free India. May we forever rise to uphold its honour with duty, dignity and unwavering resolve.”** The celebration reinforced the importance of remembering the flag’s origins, the freedom struggle, and the ongoing responsibility to uphold its honour.

Instagram: <https://www.instagram.com/p/DMZwZ9ZR4oP/?igsh=N3dsejF6Y2FOOTdr>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>



College in News

Instagram: <https://www.instagram.com/p/DM14lfVRh14/?igsh=eDlrd2h zYnpyd2ph>

COLLEGE IN NEWS JULY 2025

ਜੀਐਨਕੇਸੀਡਬਲਯੂ 'ਚ ਗੁਰੂ ਪੂਰਨਿਮਾ ਮਨਾਈ

ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ ਫਾਰ ਵਿਮੈਨ ਵਿੱਚ ਗੁਰੂ ਪੂਰਨਿਮਾ ਮਨਾਈ ਗਈ। ਇਸ ਮੌਕੇ ਉੱਚ ਅਧਿਕਾਰੀਆਂ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸ਼ਿਰਕਤ ਹੋਈ।

ਜੀਐਨਕੇਸੀਡਬਲਯੂ ਮੈਂ ਗੁਰੂਆਂ ਨੂੰ ਕੀਆ ਯਾਦ

ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ ਫਾਰ ਵਿਮੈਨ ਵਿੱਚ ਗੁਰੂ ਪੂਰਨਿਮਾ ਮਨਾਈ ਗਈ। ਇਸ ਮੌਕੇ ਉੱਚ ਅਧਿਕਾਰੀਆਂ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸ਼ਿਰਕਤ ਹੋਈ।

ਖਾਲਸਾ ਕਾਲਜ 'ਚ ਵਿਸ਼ਵ ਆਬਾਦੀ ਦਿਵਸ ਮਨਾਇਆ

ਖਾਲਸਾ ਕਾਲਜ ਵਿੱਚ ਵਿਸ਼ਵ ਆਬਾਦੀ ਦਿਵਸ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਮੌਕੇ ਉੱਚ ਅਧਿਕਾਰੀਆਂ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸ਼ਿਰਕਤ ਹੋਈ।

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ਜੀਐਨਕੇਸੀਡਬਲਯੂ ਵਿੱਚ ਵਾਗਗਿਲ ਵਿਸੇ ਦਿਵਸ ਮਨਾਇਆ

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ਵਿਦਿਆਰਥੀ ਇੰਡਕਸ਼ਨ ਪ੍ਰੋਗਰਾਮ ਕਰਵਾਇਆ

ਵਿਦਿਆਰਥੀ ਇੰਡਕਸ਼ਨ ਪ੍ਰੋਗਰਾਮ ਕਰਵਾਇਆ ਗਿਆ। ਇਸ ਮੌਕੇ ਉੱਚ ਅਧਿਕਾਰੀਆਂ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸ਼ਿਰਕਤ ਹੋਈ।

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ਜੀ.ਐਨ.ਕੇ.ਸੀ. ਡਬਲਯੂ. ਮੈਂ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਡਿੱਕਸ਼ਨ ਪ੍ਰੋਗਰਾਮ ਦਾ ਆਯੋਜਨ

ਜੀ.ਐਨ.ਕੇ.ਸੀ. ਡਬਲਯੂ. ਮੈਂ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਡਿੱਕਸ਼ਨ ਪ੍ਰੋਗਰਾਮ ਦਾ ਆਯੋਜਨ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਉੱਚ ਅਧਿਕਾਰੀਆਂ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸ਼ਿਰਕਤ ਹੋਈ।

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Ice-Braking Session Mcom

18 August 2025

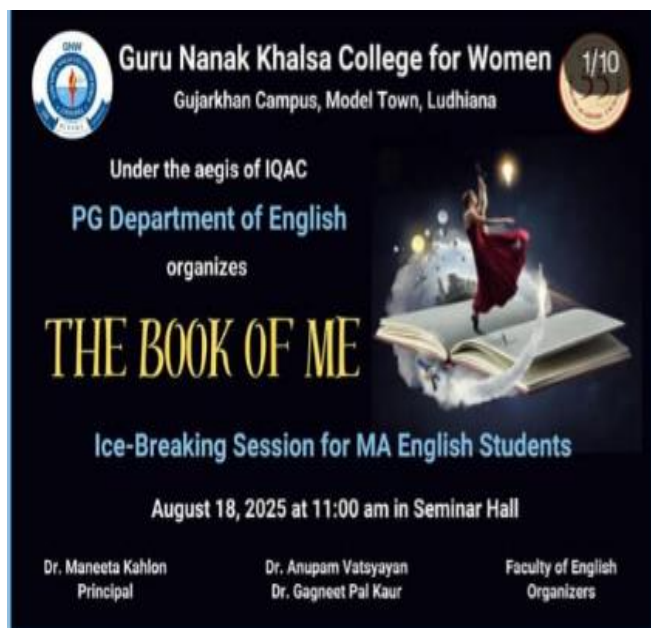
Under the aegis of **IQAC, the PG Department of English** organized an engaging ice-breaking session to welcome the new students of M.A. I (English). The highlight of the event was a creative activity titled “*The Book of Me,*” which encouraged students to represent their life stories as personal books with self-designed cover pages.

Eighteen out of twenty-three students shared their concepts, offering sincere insights into their identities, aspirations, and self-reflections. The activity fostered self-awareness, introspection, and creative expression. **Principal Dr. Maneeta Kahlon** appreciated the department’s innovative approach and encouraged students to nurture a passion for reading and writing, emphasizing the value of creativity in academic development.

The session was conceptualized and led by **Dr. Anupam Vatsyayan, Head of the Department,** with full support from the faculty. This initiative effectively broke the ice and set a positive tone for an encouraging and intellectually stimulating academic journey, motivating students to embrace personal and scholarly growth.

Instagram: [https://www.instagram.com/p/DNm-](https://www.instagram.com/p/DNm-ILkR9JC/?igsh=Y2dzN2Fka210Nz)

[ILkR9JC/?igsh=Y2dzN2Fka210Nz](https://www.instagram.com/p/DNm-ILkR9JC/?igsh=Y2dzN2Fka210Nz)



present.



STUDENT'S NAMES	CLASS	ROOL.NO
Ramandeep Kaur	MCOM1	252406
Harman Kaur	MCOM2	252422

National Space Day

23rd August 2025

Guru Nanak Khalsa College for Women, Model Town, Ludhiana Under the aegis of the **Internal Quality Assurance Cell, the Red Ribbon Club** celebrated the 2nd National Space Day, inspiring students by showcasing India's legacy and progress in space science. **Ms. Daisy Wadhwa, Club Coordinator**, presented insights on the theme "*Aryabhata to Gaganyaan: Ancient Wisdom to Infinite Possibilities.*" A documentary on the successful **Chandrayaan-3 lunar landing** was screened, instilling pride among students and motivating them to pursue opportunities in science, technology, and innovation. **Principal Dr. Maneeta Kahlon** remarked: "National Space Day is a moment of pride for every Indian. It not only commemorates our achievements in space technology but also encourages students to dream big and work hard to turn those dreams into reality." The event celebrated India's scholarly heritage and its ambitious achievements in space exploration, inspiring the next generation of thinkers and innovators.

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>



The Internal Quality Assurance Cell of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, organized **the Freshers' Party** for first-year students at the S. Sant Singh Gujarkhani Auditorium. The program began with introductions by seniors, followed by a lively ramp walk where new students confidently presented themselves on stage. A panel of judges—**Dr. Shikha Bajaj, Mrs. Seema Devi, and Mrs. Kritika Gupta**—evaluated the participants. Students from various departments showcased their talent through dynamic ramp walks, dance performances, music, and interactive activities, fostering a spirit of camaraderie between juniors and seniors.

Title Winners: Ms. Fresher BA - Harnoor, Ms. Fresher B.Com - Amrita, Ms. Fresher BCA - Yasmin, Ms. Fresher BBA - Priya, Ms. Fresher M.Com - Amrit, Ms. Fresher MA - Harleen The Principal, **Dr. Maneeta Kahlon**, encouraged the students to maintain a healthy balance between academics and co-curricular activities, congratulating the winners and appreciating the efforts of the organizers and participants.

Instagram: <https://www.instagram.com/p/DNsY9Ef4kd4/?igsh=MXVucjF5M3RzaGhucA%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

The following CA members were present:

STUDENT'S NAMES	CLASS	ROLL.NO
Harjot kaur	MA1	252208
Anmol Kapoor	BCOM 3	231162
Bisman kaur	BA 1	2523
Gursimar Kaur	BA 1	25211
Harleen kaur	MA 1	252210



Teej

Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, celebrated the **Punjabi festival of Teej** with vibrant cultural enthusiasm. The campus was transformed into a festive village setting, complete with colourful decorations, traditional trinjans, and students in Punjabi attire. Renowned **singer Anujot Kaur** inaugurated an exhibition of Punjabi cultural and heritage items. Students enjoyed flower-decked swings, melodious Teej songs, and a lively Punjabi fair featuring food stalls, mehendi, bangles, crafts, and fun games. The highlight of the event was the “*Teeyan di Rani*” competition, where **55 participants** showcased their grace and charm. The competition was judged by **Mrs. Manmeet Kaur, Mrs. Baljeet Kaur, and Mrs. Sandeep Kaur, with Manreet Kaur** winning the title. **Chief Guest Ms. Anujot Kaur** appreciated the college’s efforts in preserving Punjabi culture. **Principal Dr. Maneeta Kahlon** encouraged students to stay connected to their heritage, emphasizing the importance of celebrating cultural traditions.

The event successfully blended music, tradition, and community spirit, leaving students with cherished memories and a stronger appreciation for Punjabi

culture. Instagram: <https://www.instagram.com/reel/DN5AUi8ERH0/?igsh=MXFycmtkaGg3dHV0eg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>



Pawandeep kaur



B.A 3rd

Anmol Kapoor

B.Com 3rd

Shreya

B.Com 2nd

Ravneet kaur	B.Com 2rd
Japneet kaur	B.Com 3rd
Siya moldi	BCA 2
Sukhmanjot kaur	B.Com 1st
Jasreet kaur	BA 2nd
Sonali	MA 2nd
Chahat Rana	B.Com 3rd
Jasnoor kaur	BA 3rd
Lovika Talwar	BBA 2nd
Gurleen kaur	BA 3rd
Damanpreet Kaur	BA 3rd
Sehajpreet kaur	B.Com 3rd
Tanisha	BA 3rd
Harman kaur	M.Com 2nd

The following CA members were present:

STUDENT'S NAMES	CLASS
Gurnain kaur	BCA 2
Manmeet kaur	BA 3rd
Gaganpreet kaur	BA 3rd
Kawaljot Kaur	BA 3rd
Banipreet kaur	B.Com 3rd
Harleen kaur	BA 3rd

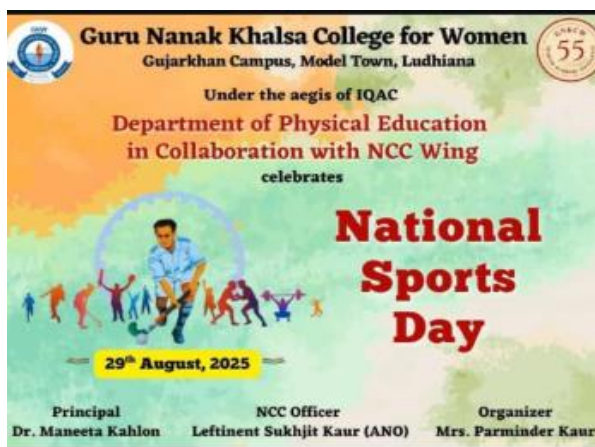
National Sports Day

29th August 2025

Guru Nanak Khalsa College for Women celebrated **National Sports Day** with great zeal and enthusiasm on **29th August 2025**. As per the UGC guidelines, **the Department of Physical Education in collaboration with NCC Wing & NSS Unit of Guru Nanak Khalsa College for Women, Ludhiana** celebrated National Sports Day on 29th August 2025. The events included Badminton, Basketball, and a 100m Race, which witnessed enthusiastic participation from students across various classes. The celebration was held to commemorate **the birth anniversary of Hockey legend Major Dhyhan Chand**. It also served as a reminder of **the Fit India Movement, launched in 2019 by the Hon'ble Prime Minister of India**, to inspire the youth towards adopting a healthy and active lifestyle. The theme for this year's celebration was: *"Sports as an Enabler for a Fit and Inclusive Society."*

On this occasion, **Principal Dr. Maneeta Kahlon** addressed the gathering and applauded the active involvement of the students. She motivated them to integrate sports and fitness into their daily routine, highlighting the role of physical activity in building discipline, teamwork, and lifelong wellbeing.

. The following CA members were present:



STUDENT'S NAMES	CLASS
Nitya Shukla	B.Com 3rd

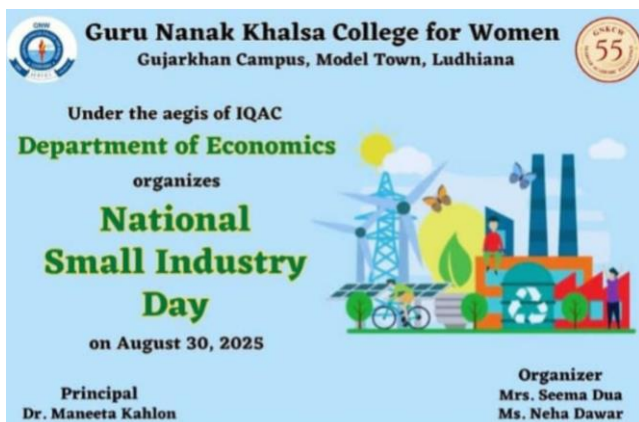
Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

National Small Industry Day

30 August 2026

Under the aegis of **IQAC**, the **Department of Economics of Guru Nanak Khalsa College for Women, Model Town, Ludhiana**, observed **National Small Industry Day on 30th August 2025**. **Mrs. Seema Dua, Head of the Department**, elaborated on the theme *“Enhancing the Role of MSMEs as Drivers of Sustainable Growth and Innovation.”* She emphasized the critical role that Micro, Small, and Medium Enterprises (MSMEs) play in strengthening the Indian economy by generating employment, encouraging innovation, and promoting inclusive development, especially in rural and semi-urban areas. Sixty two students attended this event. Madam **Principal, Dr. Maneeta Kahlon**, addressed the gathering and shared her valuable insights on the evolving landscape of small industries. She highlighted the need to support MSMEs through policy reforms, skill development, and digital transformation to ensure their long-term sustainability and competitiveness in the global market. She appreciated the **Department of Economics** for spreading awareness among the students about the significance of small industries and the opportunities they offer for entrepreneurship and nation-building.



The following CA members were present:

STUDENT'S NAMES	CLASS
Prabhjit Kaur	B.A 3rd
Pavani	B.A 3rd
Anmol Kapoor	B.COM 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Book Release Event

30 August 2025

Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, commemorated the **350th Martyrdom Anniversary of Sri Guru Teg Bahadur Ji with a Book Release event on August 30, 2025**. The book titled "*Martyrdom That Birthed the Future – Guru Teg Bahadur and the Posthuman Revolution*" by **S. Amarjit Singh Grewal** was formally released, receiving deep appreciation for its insightful exploration of Guru Teg Bahadur Ji's martyrdom through Posthuman theory. The event was presided over by **Chief Guest Bhai Manjit Singh, Former Jathedar, Sri Akal Takht Sahib**. **Guests of Honour included Mr. Swarnjit Savi, Chairman, Punjab Arts Council; Er. Jaswant Singh Zafar, Director, Language Department, Punjab; and Prof. Yog Raj Angrish, Dean, Languages, Panjab University.** **Principal Dr. Maneeta Kahlon** welcomed all dignitaries. The session featured enriching talks by **Prof. Balkar Singh, Prof. Kehar Singh (Retd., Punjabi University, Patiala), and Prof. Baljit Singh Virk (GHG Khalsa College)**, who emphasized the universal relevance of Guru Teg Bahadur Ji's sacrifice and the book's cultural and philosophical depth.

Dr. Anupam Vatsyayan, Head, PG Department of English, introduced the book and its author, highlighting its contemporary significance. A Vote of Thanks was delivered by **Dr. Gurvinder Singh, General Secretary, College Governing Body**. The event concluded with heartfelt homage to the supreme martyrdom of Sri Guru Teg Bahadur Ji and a recognition of the role of literature in preserving his timeless legacy.



The following CA members were present:

STUDENT'S NAMES	CLASS
Prabhjit Kaur	B.A 3rd
Pavani	B.A 3rd
Anmol Kapoor	B.COM 3rd
Sree Parvathi	BBA 3rd
Pavneet Kaur	BBA 3rd
Jasreet Kaur	BA 2nd
Arshpreet Kaur	BA 2nd

Instagram:: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Under the aegis of the Youth Welfare Department, Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized an inter-departmental Talent Hunt Competition to select participants for the upcoming Youth Festival. Students from various departments enthusiastically took part in this event, showcasing their creativity, confidence, and artistic excellence. The competition featured a wide spectrum of events from different disciplines, including Fine Arts, History and Culture, English Literature, Hindi, Punjabi, Music, and Performing Arts. Participants presented performances in activities such as singing, dancing, acting, poetry recitation, literary presentations, and on-the-spot artistic expressions, providing a vibrant platform for them to display their inherent talents. The Talent Hunt aimed to identify and nurture promising performers who will represent the college at the Youth Festival, while also fostering a spirit of healthy competition and cultural awareness among students. Principal Dr. Maneeta Kahlon, elegantly dressed for the occasion, graced the event with her presence, appreciated the preparedness and originality of the participants, and encouraged them to continue polishing their skills to achieve excellence at higher levels.



STUDENT'S NAMES	CLASS
Tamanna	B.A 3rd
Palak Narang	B.Com 3rd
Pawandeep kaur	B.A 3rd
Anmol kapoor	B.Com 3rd
Hashdeep Kaur	BBA 3rd
Manmeet Kaur	BA 3rd
Mehakpreet	BA 3rd
Alisha Kapoor	BBA 2nd
Baljeet Kaur	BA 3rd
Simranjeet Kaur	BA 3rd
Nitya Shukla	BCOM 3rd
Harleen Kaur	BA 2rd
Ravneet Kaur	BCOM 2rd
Jasmine Kaur	BA 3rd
Japneet Kaur	BCOM 3rd
Gaganpreet Kaur	BA 3rd
Sehajpreet Kaur	BCOM 3rd

The following CA members were present:

STUDENT'S NAMES	CLASS
Damanpreet Kaur	BA 3rd
Gaganpreet Kaur	BA 3rd
Harmanpreet Kaur	BA 3rd
Kirandeep Kaur	BA 3rd
Pavneet Kaur	BBA 3rd
Jasleen Kaur	BA 3rd
Kulbir Kaur	BA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

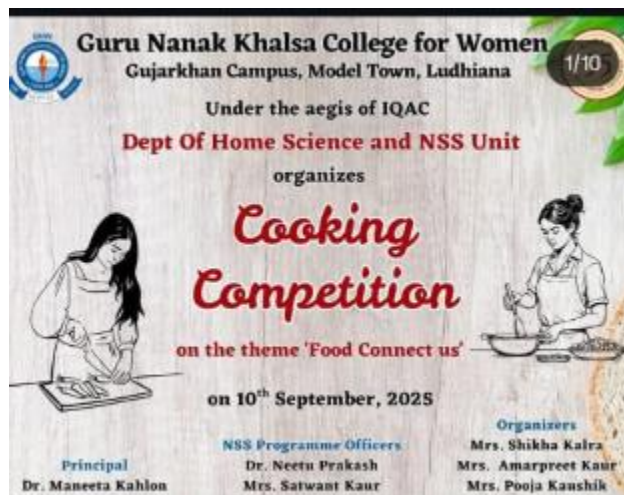
Cooking Competition

10 th September 2025

Under Rashtriya Poshan Maah 2025, the Department of Home Science, in collaboration with IQAC and the NSS Unit of GNKCW, organized a Cooking Competition promoting nutritious and sustainable food habits. Based on the theme “*Food Connects Us*” the event encouraged students to present culturally rooted, health-focused dishes.

Twenty-seven participants showcased creative recipes and explained their nutritional value. Dishes were judged on taste, nutrition, creativity, and presentation by a panel of faculty and nutrition experts, who also interacted with participants to enhance learning.

Principal Dr. Maneeta Kahlon appreciated the students' enthusiasm and emphasized the importance of nutrition education. The event concluded with participation certificates and a message promoting healthier lifestyles among youth.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gaganpreet Kaur	BA 3rd
Gursimar Kaur	BA 1rd
Pavneet Kaur	BBA 3rd
Harmanpreet	BA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcygcg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Prize Distribution Ceremony

12th September 2025

Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated its **Prize Distribution Ceremony on September 12, 2025**, under the aegis of the **Internal Quality Assurance Cell and the Youth Welfare Department**. The event honoured winners of the **Talent Hunt competition**, which aimed to identify and nurture students' diverse talents through creative and performing arts activities.

A total of **195 prizes** were awarded, recognizing the hard work, dedication, and enthusiasm of the participants. The ceremony was graced by an inspiring address from Principal **Dr. Maneeta Kahlon**, who congratulated the winners and appreciated the efforts of all participants, emphasizing the role of such initiatives in holistic student development.

The event successfully reinforced the college's commitment to encouraging talent, confidence, and a healthy spirit of competition among students.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gursimar Kaur	BA 1rd
Harmanpreet	BA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

National Hindi Divas Celebration

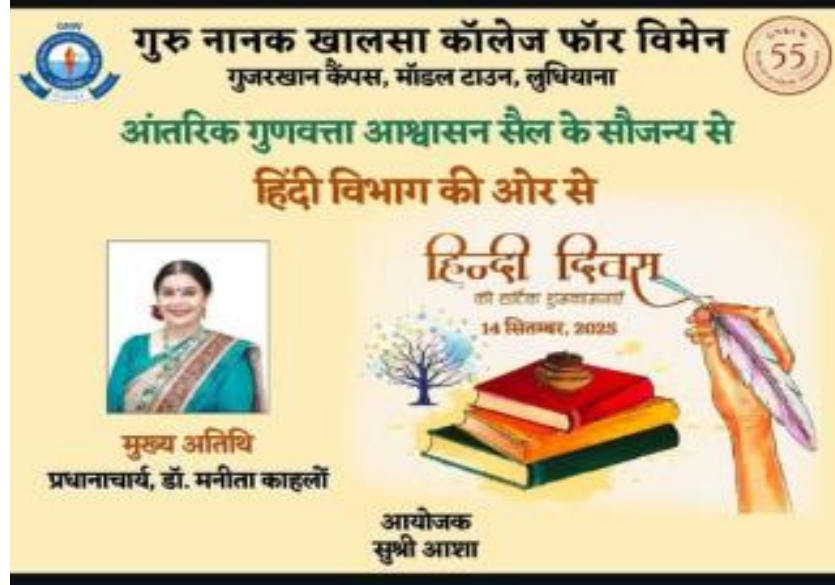
13 th september 2025

The Department of Hindi, in collaboration with IQAC, celebrated **National Hindi Divas on 13th September 2025** to promote the cultural and linguistic heritage of Hindi. The program featured poem recitations, speeches, nukkad natak, and singing performances, providing students with a platform to showcase their creativity and love for the language.

Principal **Dr. Maneeta Kahlon,** the Chief Guest, delivered an inspiring address emphasizing the beauty, richness, and cultural significance of Hindi. Her words encouraged students to take pride in their linguistic heritage.

The celebration highlighted the department's commitment to fostering linguistic pride and cultural awareness, making the event an enriching and meaningful experience for all participants.





The following CA members were present:

STUDENT'S NAMES	CLASS
Kulbir Kaur	BA 3rd
Pawandeep kaur	B.A 3rd
Baljeet Kaur	B.A 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFOaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

World Ozone Day

16 September 2025

World Ozone Day was celebrated at Guru Nanak Khalsa College for Women under the aegis of **the Internal Quality Assurance Cell and the Department of Environment**, with active student participation. The event aimed to raise awareness about environmental protection and sustainable practices.

Various activities such as poster making, an eco-fashion walk, and quiz competitions were organized to promote creativity and awareness about ozone layer protection. The programme was conducted by the **Environment Club** under the guidance of Assistant Professor **Ms. Amanpreet Kaur**, who also addressed the students on the importance of environmental conservation and adopting eco-friendly habits.

Overall, the celebration successfully enhanced environmental awareness and motivated students to contribute towards a sustainable and healthier planet.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gursimar kaur	BA 1
Bisman kaur	BA 1

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

NCC Pre RDC-1 Camp

A **Pre RDC-1 Camp** was held at the **NCC Academy, Malout, Punjab, from 8th to 17th September 2025** to train and shortlist cadets for the upcoming Republic Day Camp. The camp focused on discipline, physical fitness, leadership, and national spirit.

Cadets Priyanka Verma, Dilpreet Kaur, and Diya Sharma actively participated and displayed strong dedication throughout the training. Cadets underwent intensive drills, parade practices, and leadership sessions that strengthened teamwork, communication, and core NCC values.

Principal Dr. Maneeta Kahlon congratulated the cadets for their hard work and highlighted the importance of such camps in building confidence, life skills, and national pride. The camp successfully prepared and motivated cadets for higher-level selection while bringing recognition to the institution through the exemplary performance of participating cadets.

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>



The Department of Fashion Designing at Guru Nanak Khalsa College for Women, under the aegis of the IQAC, celebrated **Bamboo Day** on **September 18, 2025**, with a focus on promoting sustainability in the fashion industry. The event included a field visit offering practical exposure to bamboo and other sustainable fibers, followed by presentations by **20 students** highlighting bamboo's benefits such as biodegradability, low water usage, and renewability, along with its applications and challenges in fashion. Principal **Dr. Maneeta Kahlon** emphasized the importance of sustainable practices and encouraged students to adopt eco-friendly approaches. The celebration proved to be a meaningful learning experience, inspiring students to contribute toward a greener and more responsible fashion industry.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gursimar Kaur	BA 1

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Physical Therapy Camp

18 th september 2025

As part of **Rashtriya Poshan Maah celebrations**, GNCWC organized a **Physical Therapy Camp** in the third week to promote awareness about good posture and healthy lifestyle habits among students and staff.

The camp focused on educating participants about correct posture, encouraging regular exercise, and highlighting the link between lifestyle choices and overall well-being. Interactive sessions and hands-on demonstrations made the learning experience practical and engaging.

The initiative was conducted under the supervision of **IQAC, the NSS unit, and the Department of Home Science**, with expert guidance from physiotherapists **Dr. Minal Goyal (Sports) and Dr. Nahret Kaur (Neurology)**, who provided valuable insights on physiotherapy, preventive health, and ergonomics.

Principal Dr. Maneeta Kahlon appreciated the efforts of the organizers and participants for successfully executing the event.

The camp created meaningful awareness about preventive healthcare, inspired healthy lifestyle changes, and strengthened the impact of Poshan Maah by promoting proactive health practices within the campus community.





Instagram:: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Industrial Visit (BBA)

19th September 2025

The **Department of Business Management at Guru Nanak Khalsa College for Women** organized an industrial visit to **NEVA Garments Ltd.** on **September 19, 2025, for BBA students**, providing them with practical exposure to real business operations.

Students toured the manufacturing facility, which produces a wide range of summer and winter wear. The visit began with an informative address by **Mr. Samuel Sidhu, HR Head**, who shared insights into the company's internal processes.

Principal Dr. Maneeta Kahlon highlighted the importance of such industry visits in enhancing students' practical understanding and encouraged more experiential learning opportunities.

The visit proved highly beneficial, giving students valuable industry insights and strengthening their grasp of business management concepts beyond the classroom. The following CA members were present:

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFOaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

STUDENT'S NAMES	CLASS
Lovika Talwar	BBA 2



Placement Cell Career Guidance Seminar

20 th september 2025

The Placement Cell of Guru Nanak Khalsa College for Women, under IQAC and in collaboration with TSBLM, organized an expert session on “Preparing for GD/Presentation and Personal Interviews.” The session was led by **Prof. Naveen Verma**, an experienced academician and corporate trainer, who used live demonstrations and role-play activities to provide practical insights into group discussions and interviews.

Students actively participated in simulation exercises that enhanced their communication skills, confidence, and preparedness for placements.

Principal Dr. Maneta Kahlon highlighted the importance of such guidance sessions in helping students make informed career decisions and strengthening their professional readiness.

The seminar successfully equipped students with essential employability skills, reflecting the college’s commitment to holistic student development and career-focused initiatives.



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The following CA members were present:

STUDENT'S NAMES	CLASS
Hashdeep Kaur	BBA 3
Bhavleen Kaur	BBA 3

Earn While You Learn

20th September 2025

As part of **Rashtriya Poshan Maah 2025**, the **Home Science Department** in collaboration with the **NSS Unit** organized an “*Earn While You Learn*” activity on **September 20, 2025**.

The initiative aimed to promote entrepreneurial skills and healthy eating habits by encouraging students to apply academic learning through practical experience.

A cupcake stall was set up by **16 student participants**, who managed everything—from preparation and sales to customer interaction—gaining valuable exposure to teamwork, business operations, and real-time decision-making.

Principal Dr. Maneta Kalson appreciated the students’ innovative efforts, noting that the activity not only encouraged healthy food choices but also empowered learners by integrating classroom knowledge with essential life skills. She commended the collaborative efforts of the Home Science Department and NSS for fostering holistic student development. Overall, the activity proved successful in nurturing healthy lifestyle awareness while strengthening students’ entrepreneurial confidence and capabilities.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gaganpreet kaur	BA 3

Instagram:: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFOaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Cleanliness Drive

On September 23, 2025

Under the aegis of **IQAC and the NSS Unit of GNKCW, Model Town, Ludhiana, a Cleanliness Drive** was organized as part of the **Swachhata Hi Sewa** campaign.

The initiative aimed to instill a sense of responsibility and environmental awareness among students by encouraging them to actively participate in maintaining campus cleanliness.

NSS volunteers, along with students from various departments, took part enthusiastically, working together to clean major areas of the college and ensure litter-free surroundings.

Principal Dr. Maneta Kalson addressed the participants, appreciating their dedication and highlighting the importance of cleanliness as both a campus practice and a civic duty essential for a healthier community.

Thanks to the collective efforts, the drive became a meaningful step toward environmental stewardship and community engagement, inspiring students to carry the spirit of cleanliness into their daily lives.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gurnain kaur	BCA 2

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

OMSP Poster-Making Activity

On 23rd September 2025, the Department of Office Management and Secretarial Practice (OMSP) at Guru Nanak Khalsa College for Women (GNKCW), under IQAC, organized a poster-making activity to promote creativity and teamwork among students.

The event saw enthusiastic participation, offering students a platform to display their artistic skills and **collaborate with peers**. The Principal's

presence and encouragement added motivation and boosted student confidence.

At the end of the activity, the Principal appreciated the students' creativity and active involvement, inspiring them to continue engaging in such initiatives.

The poster-making activity reflects the department's commitment to holistic development by integrating creative opportunities with academic learning, leaving a positive impact on all participants.



The following CA members were present:

STUDENT'S NAMES	CLASS
Pawandeep Kaur	BA 3rd
Kulbir	BA 3rd
Gurleen	BA 3rd
Jasmine	BA 3rd

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Flood Relief Initiative

23rd September, 2025

Guru Nanak Khalsa College for Women (GNKCW), Model Town, Ludhiana, organized a flood relief initiative under **the Internal Quality Assurance Cell (IQAC)** to support families affected by recent floods. Students and staff contributed cash and essential relief materials, demonstrating strong empathy and community spirit.

All donations were transferred to **trusted NGOs—Yoddha Vatbhuk Foundation and the Education Punjab Project**—to ensure effective distribution to those in need.

Principal Dr. Maneeta Khalon motivated the college community and highlighted the drive as an important learning experience, fostering awareness of social issues, empathy, and civic responsibility among students. The initiative provided timely support to flood-affected families while also strengthening students' understanding of volunteerism and social responsibility. It reflects the institution's ongoing commitment to humanitarian values and community welfare.



Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

The following CA members were present:

STUDENT'S NAMES	CLASS
Tamanna	B.A 3rd
Palak Narang	B.Com 3rd
Pawandeep kaur	B.A 3rd
Anmol kapoor	B.Com 3rd
Harleen kaur	MA 1st
Chahat Rana	B.Com 3rd
Lovika Talwar	BBA 2nd
Kulbir	BA 3rd
Sehajpreet kaur	B.Com 3rd
Gurnain kaur	BCA 2
Harman kaur	M.Com 2nd
Aastha sharma	B.Com 3rd
Ravneet kaur	B.Com 2rd
Ramandeep kaur	M.Com 1st
Alisha kapoor	BBA 2nd
Bisman kaut=r	BA 1st

World Environmental Health Day

26th September 2025

The Department of Environment at GNCWC, in association with the Eco-Club and under IQAC, celebrated **World Environmental Health Day** on **September 26, 2025**, to promote awareness about the importance of environmental health for present and future generations.

Dr. Parveen highlighted the significance of protecting environmental health and emphasized the direct connection between a healthy environment and human well-being. **Principal Dr. Maneeta Kahlon and Mrs. Seema Dua** encouraged students to adopt sustainable habits and stressed that consistent, collective efforts can bring meaningful change.

The event saw active participation from **30 students**, reflecting their commitment to environmental protection. The celebration served as a reminder that individual actions, no matter how small, play an essential role in safeguarding the environment and community health.



The following CA members were present:

STUDENT'S NAMES	CLASS
Pawandeep Kaur	BA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

TED Talk Session

27 September 2025

The **PG Department of Commerce, in collaboration with the Alumni Association, organized a TED Talk session for B.Com Final-year students** to inspire innovative thinking beyond traditional academics. The event saw active participation from students and faculty, reflecting strong interest in learning opportunities outside the classroom. Distinguished alumnus **CA Rhemant Kaur** delivered the keynote address, focusing on essential skills for future success, including creativity, adaptability, and critical thinking—skills crucial for both academic and professional growth. **Principal Dr. Maneeta Kahlon** highlighted the importance of such sessions in expanding students' perspectives and encouraged them to apply the insights gained to their personal and professional journeys. The TED Talk session effectively broadened students' outlook, supporting their career readiness and reinforcing the college's commitment to holistic student development.



The following CA members were present:

STUDENT'S NAMES	CLASS
Palak Narang	BCOM 3rd
Anmol Kapoor	BCOM 3rd
Chahat Rana	BCOM 3rd
Sehajdeep Kaur	BCOM 3rd
Sonali	MA 2nd

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Poster Making Competition (Swachhata)

1st October 2025

On the occasion of Mahatma Gandhi's birth anniversary, Guru Nanak Khalsa College for Women, Model Town, Ludhiana, under the aegis of the Internal Quality Assurance Cell, organized a **Poster Making Competition** on **1st October 2025** with the theme "**Swachhata**" to promote cleanliness and civic responsibility.

Sixteen students participated and creatively highlighted the importance of hygiene in daily life, in alignment with the ideals of **Swachh Bharat Abhiyan**. The event was organized under the supervision of **Mrs. Harpreet Kaur**, Head of Department, with support from faculty members. Principal **Dr. Maneeta Kahlon** appreciated the participants' efforts, congratulated the winners, and encouraged students to actively engage in socially responsible initiatives. The competition successfully raised awareness about cleanliness while meaningfully commemorating **Gandhi Jayanti**

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

The following CA members were present:

STUDENT'S NAMES	CLASS
Kawaljot Kaur	BA 3rd



World Animal Day Celebration

October 4, 2025

The Guru Nanak Khalsa College For Women, under the aegis of IQAC, **celebrated World Animal Day** on campus to raise awareness about animal welfare, conservation, and the importance of coexistence with all species.

Celebrated on the theme “*Care Animals, Save the Planet*”—marking the 100th anniversary—the event emphasized how protecting animals supports environmental sustainability. Activities focused on fostering compassion, responsibility, and humane behavior toward all creatures. The college also highlighted its commitment by caring for a pet dog on campus.

Principal Dr. Maneeta Kahlon encouraged students and staff to actively participate in animal welfare initiatives and help build a compassionate society.

The event successfully promoted awareness about animal care, conservation, and shared responsibility for sustaining all species, inspiring participants to take meaningful action.



Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

World Mental Health Day

October 10, 2025

The **Department of Psychology, under IQAC, organized a World Mental Health Day** event to promote mental health awareness and emotional well-being on campus. In collaboration with **COPE, an Aditya Birla mental health initiative**, students and staff took a pledge to support improved mental health practices.

Dr. Hanoor Bajwa, Assistant Professor of Psychology, delivered an informative session on recognizing early signs of declining mental well-being and the importance of timely intervention.

Principal Dr. Maneeta Kahlon addressed the gathering, stressing the need for empathy, awareness, and strong support systems within the college community.

The event successfully raised awareness, helped participants identify early mental health warning signs, and reinforced a collective commitment to emotional wellness across the campus.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gurleen Kaur	BA 3rd
Hashdeep Kaur	BBA 3rd
Prabhjit Kaur	BA 3rd
Pavani Nagpal	BA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Karwa Chauth "Earn While You Learn" Initiative

October 10, 2025

On **October 10, 2025**, the **Department of Fashion Designing**, under **IQAC and the Women Development Cell**, organized a Karwa Chauth exhibition-cum-sale on the college campus. The event showcased beautifully decorated channi, karwas, and diyas crafted by **10 students** from the department.

The initiative allowed students to display their creativity, connect with cultural traditions, and gain practical experience aligned with the college's "*Earn While You Learn*" philosophy.

Principal Dr. Maneta Khalon appreciated the students' dedication and encouraged them to continue participating in such culturally enriching and entrepreneurial activities.



The following CA members were present:

STUDENT'S NAMES	CLASS
Amanpreet	BA 1st
Pavneet Kaur	BBA 3rd
Gursimar Kaur	BA 1st
Harmanpreet	BA 3rd

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcygcg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

YOUTH FESTIVAL – 2025

Panjab University Zonal Youth Heritage Festival held at GGSDS College from 11th Oct to 14th Oct 2025. Many students of GNKCW participated in following competitions:

Geet, Skit, Mimicry, Gazal, Group song, Luddi, Vashikhi Quiz, Cross stitch, Bahi, Mehndi, Crochet, Knitting, Creative Writing, One Act Play, Historical Rallies, Traditional Song, Elocution, Debate, On the spot Painting, Mahaveda Vartalap, Group Shabad, Heritage Quiz, Heritage Craft items, Poetical Recitation.





Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

The following CA members were present:

STUDENT'S NAME	CLASS	ROLL NO
Tamanna	BA 3 rd	23277
Palak Narang	B.Com 3 rd	231183
Pawandeep Kaur	BA 3 rd	23160
Hashdeep Kaur	BBA 3 rd	232715
Gaganpreet Kaur	BA 3 rd	23222
Gaganpreet Kaur	BA 3 rd	23190
Simranjeet Kaur	BA 3 rd	23171
Bhavleen Kaur	BBA 3 rd	23270
Harleen Kaur	MA 1 st	252210
Kawaljot Kaur	BA 3 rd	23137
Pavani Nagpal	BA 3 rd	23307
Alisha Kapoor	BBA 2 nd	242744
Sonali	MA 2 nd	242223
Kirandeep Kaur	BA 3 rd	23188
Ravneet Kaur	B.Com 2 nd	241026
Jiya	BA 2 nd	24265

CPR Awareness Week

13 october2025

Guru Nanak Khalsa College for Women (GNKCW), Model Town, Ludhiana, observed **CPR Awareness Week** under the Internal Quality Assurance Cell (IQAC) through an initiative led by the NSS Unit. Aligning with the national campaign held from **October 13–17, 2025**, the college encouraged NSS volunteers to participate in an awareness quiz focused on the importance of CPR.

The activity aimed to promote lifesaving knowledge, raise awareness about CPR's role in emergencies, and motivate students to develop essential first-aid skills. The quiz helped strengthen understanding and inspired participants to value practical readiness for real-life situations. **Principal Dr. Maneta Khalon** appreciated the enthusiasm of the students and emphasized that such initiatives foster community engagement, public health awareness, and social responsibility. Through this observance, GNKCW reaffirmed its commitment to holistic education and contributed to nationwide efforts toward better emergency preparedness and public safety.



Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcygcg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

National Financial Literacy Day

14th October, 2025

Under the aegis of **IQAC**, the **PG Department of Commerce** organized a webinar on certification programmes on **financial literacy for B.Com and M.Com students**. The webinar was initiated by **NSE and the Ministry of Finance** under the **Market Ka Eklavya Programme**. The programme covered key topics such as mutual funds, stock market, financial planning, investor rights and protection against fraud. The event witnessed enthusiastic participation from over **80 students** along with faculty members. **Ms. Maninder Kaur, Dr. Neetu Prakash, Dr. Anju Gupta and Ms. Komal Sharma, Principal Dr. Paramjeet Kaur** appreciated SEBI's efforts in nurturing financially aware citizens and encouraged the organization of more such informative and awareness-oriented sessions in future.

National Financial Literacy Quiz 2025 organized by SEBI in collaboration with NISM

Don't miss the chance to participate in the SEBI & NISM National Financial Literacy Quiz 2025 and win amazing prizes worth ₹21 lakhs!

SEBI
NISM

NATIONAL FINANCIAL LITERACY QUIZ

QUIZ LIVE NOW

PRIZES WORTH ₹21 LAKHS

REGISTER YOURSELF AND YOUR COLLEGE AT <https://nflq.nism.ac.in>

Attention Investors!

Update your bank details in your demat account to receive dividends, interest, and redemptions smoothly

Keep Your Bank Account Details Updated in Your Demat Account

Make sure to update your bank details in your demat account immediately to avoid any payment delays or failures!

ATTENTION DEMAT ACCOUNT HOLDERS!

If your demat account holds securities which are eligible for dividend or interest etc. Due to an economic reason, such accounts would be treated as 'to be closed' and the Annual Maintenance Charges (AMC) would be charged by your DP (Depository Participant).

The following CA members were present:

STUDENT'S NAMES	CLASS
Palak Narang	BCOM 3rd
Chahat Rana	BCOM 3rd
Sehajpreet Kaur	BCOM 3rd
Anmol Kapoor	BCOM 3rd

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Candle Making Workshop

15th October, 2025

Under the aegis of **IQAC**, the **Department of Home Science and Fashion Designing** organized a candle making workshop in college premises. The workshop aimed to provide students with a hands-on learning experience while promoting creativity, self-employment, and entrepreneurial skills. During the session, students participated enthusiastically in making various types of decorative candles. **Principal Dr. Paramjeet Kaur** appreciated the initiative of both departments and encouraged students to develop such skill-based hobbies that can also serve as income-generating ventures.





The following CA members were present:

STUDENT'S NAMES	CLASS
Gaganpreet Kaur	BA 3rd
Harmanpreet	BA 3rd
Aastha Gupta	BA 3rd
Baljeet Kaur	BA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Inter College Competitions

16 October 2025

Under the aegis of **IQAC**, students of college enthusiastically participated in Inter-college competition “Ehsaas 2025”, organised by PCTE Group of Institutes, Baddowal on Oct 16, 2025. A total of **20 students** from various streams showcased their creativity and skills in a range of events including Group Dance, Face Painting, Dumb Charades, Solo Dance etc. The students were accompanied by **Ms. Alka and Mr. Ramnik. The Principal Dr. Maneeta Kahlon** appreciated the students for their outstanding achievement.



The following CA members were present:

STUDENT'S NAMES	CLASS
Harleen Kaur	MA 1

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Movie Screening

16 October 2025

Under the aegis of **IQAC**, the college organized an enlightening and engaging event comprising a movie screening of “*Inside Out 2*” and Wellness Booth on **Oct 16, 2025**. The activity was coordinated by the Department of Psychology in collaboration with COPE, an Aditya Birla student-led organization. After the movie screening, **Ms. Mansoor Bajwa (Department of Psychology)** initiated a discussion with students and encouraged them to share their reflections on film. **Principal Dr. Maneeta Kahlon** addressed the gathering and spoke about the importance of allowing free and healthy expression of emotions in today’s society.



The following CA members were present:

STUDENT'S NAMES	CLASS
Tamanna	BA 3rd
Pavani Nagpal	BA 3rd
Prabhjit	BA 3rd

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Inspiring Talk – Rise Up

17th October, 2025

To mark the festive spirit of Diwali and promote emotional well-being among students, an inspiring talk on “*Rise Up – Declutter Your Mind This Diwali*” was organized by the Department of Sociology. The session aimed at encouraging students and staff to embrace the essence of Diwali. The resource person, **Ms. Sonam Dhawan**, delivered an enlightening address highlighting how Diwali symbolises the triumph of light over darkness and how it can be applied to our thoughts and emotions. The **Principal, Dr. Maneeta Khalon** appreciated the initiative and encouraged everyone to adopt mental decluttering as a lifelong habit for inner peace and success.

Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC &
as a part of Roshni 2025 - The Annual Diwali Programme

Department of Sociology
organizes
Inspiring Talk - Rise up

Date: October 17, 2025
Time: 1:40 PM
Venue: Seminar Hall

Dr. Maneeta Khalon
Principal

Dr. Madhu Dhawan
Organizer



The following CA members were present:

STUDENT'S NAMES	CLASS
Bisman kaur	BA 1
Baljeet	BA 3

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Waste Collection Drive

17th October, 2025

Under the aegis of **IQAC**, the **Department of Computer Science and Applications** organized an e-waste collection drive in collaboration with NGO Sahara. The drive was conducted as part of annual Diwali celebration “Roshani25”. The initiative aimed to promote environmental awareness and encourage responsible disposal of electronic waste among students and faculty. During the drive, **Ms. Sukhvi** from Sahara sensitized the students about hazards of improper e-waste disposal. The drive was coordinated by **Ms Daisy Wadhwa** and **Ms. Satwant Kaur** along with faculty members of the Computer Science Department.





The following CA members were present:

STUDENT'S NAMES	CLASS
Gurnain kaur	BCA 2

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Earn While You Learn

18th October, 2025

(Roshni – Diwali Exhibition)

Under the aegis of **IQAC**, the **Department of Home Science and Fashion Designing and the Arts** in collaboration with **Women Development Cell** set up a Candle and Diya stall under the “*Earn While You Learn*” scheme during the Roshni Diwali Exhibition. The stall showcased by **15 students** from the three departments featured a beautiful collection of handcrafted decorative candles and diyas. **Principal Dr. Maneeta Khalon** appreciated the efforts of the departments and encouraged students to continue participating in such productive activities.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gaganpreet Kaur	BA 3rd
Kawaljot Kaur	BA 3rd
Prabhjit Kaur	BA 3rd
Pavani Nagpal	BA 3rd
Harmanpreet Kaur	BA 3rd
Damanpreet Kaur	BA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Placement Drive

24th October,2025

Under the aegis of **Internal Quality Assurance Cell, Placement Cell in collaboration with HDFC ERGO**, initiated a placement drive in college campus. The PG and undergraduate students participated in the campus placement drive also conducted for the post of **Deputy Manager – HDFC ERGO**. Students registered for the drive. An introductory round was conducted including a written test and online interview. **Ashu Sharma, Recruitment Manager** and Rajeev R. Isa, Area Head – Channel Sales conducted the assessment. The activity was conducted by coordinators of **Placement Cell, Dr. Neetu Prakash and Ms. Komal Sharma. Principal Dr. Maneeta khalon** applauded the efforts of Placement Cell in providing such opportunities to the students towards their career growth.



The following CA members were present:

STUDENT'S NAMES	CLASS
Hashdeep Kaur	BBA 3rd
Bhavleen Kaur	BBA 3rd

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

NEP SARTI Programme

28 October 2025

Interactive session on NEP 2020 held at college campus under the aegis of **IQAC**. This activity was organized as part of NEP Saathi Programme initiated by UGC. The session aimed to create awareness and understanding among students about key reforms and innovative approaches introduced. Participants were engaged in open discussion and collegial learning. NEP SARTI Programme coordinators emphasized its importance. **Dr. Maneeta Khalon** appreciated the efforts of IQAC and faculty for organizing the session and encouraged teachers and students to actively adopt the vision.



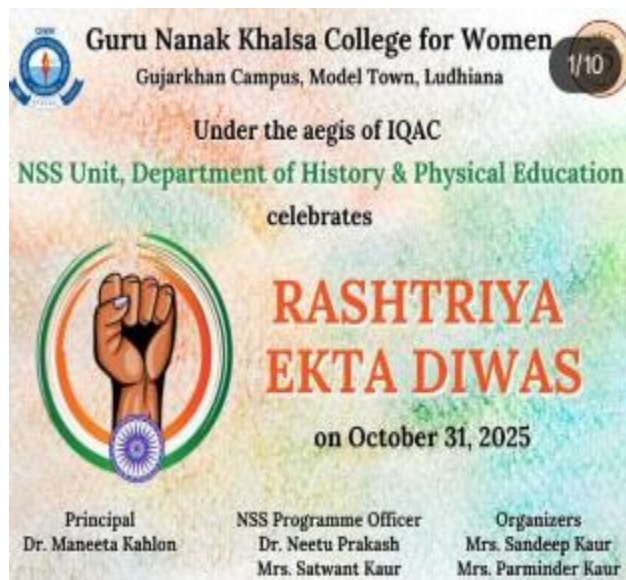
Instagram:: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Rashtriya Ekta Diwas

30th – 31st October 2025

Under the aegis of IQAC, the NSS Unit, Department of History and Department of Physical Education observed Rashtriya Ekta Diwas with great enthusiasm on 30 and 31 Oct. The event was organised to commemorate the birth anniversary of Sardar Vallabhbhai Patel and to reaffirm the importance of unity and integrity among students and staff. **Ms Sandeep from the Department of History** delivered an insightful and motivational speech. The Department of Physical Education conducted yoga sessions on the event and included Rashtriya Ekta Pledge. **Principal Dr. Maneeta Khalon** encouraged students to work together in harmony and contribute positively in nation building.



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Extension Lecture ~350th Martyrdom Anniversary of Sri Guru Teg Bahadur Ji

Under the aegis of the **Internal Quality Assurance Cell, the Department of Punjabi** organized an extension lecture to commemorate the 350th Martyrdom Anniversary of Sri Guru Teg Bahadur Ji. On this occasion, **Ravinder Pal Singh** (Chief Organizer, SGPC) and **S. Jaspal Singh** (General Secretary, Ludhiana) were the esteemed resource persons. In their enlightening addresses, they highlighted the unparalleled sacrifice of Guru Teg Bahadur Ji for protection of faith and human rights. Principal **Dr. Maneeta Kahlon** appreciated the efforts of the Department of Punjabi and encouraged students to walk on the path of righteousness emphasizing the importance of truth, compassion, and moral conduct.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gursimar Kaur	BA 1st
Sukhneet Kaur	BA 3rd
Jasnoor Kaur	BA 3rd
Jasleen Kaur	BA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

College in News

COLLEGE IN NEWS OCTOBER 2025



ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ ਵਿਖੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਮਿਸ਼ਨਰੀ ਬਣਾਉਣ ਸਬੰਧੀ ਲਗਾਈ ਵਰਕਸ਼ਾਪ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ



ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ



ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ



ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ



ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ



ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ



ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

ਕਾਲਜ 'ਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ

Office Management and Secretarial Practice Department

rd November 2025

Under the aegis of IQAC, **the Department of Office Management and Secretarial Practice (OMSP), Guru Nanak Khalsa College for Women, Model Town, Ludhiana,** organized a PowerPoint Presentation Activity on **3rd November 2025**. A total of **25 students** from the department actively participated in this academic initiative, showcasing their knowledge, creativity, and presentation skills. The presentations focused on key themes related to Office Management, including Office Culture, Organisational Behaviour, The Role of Personality at the Workplace, and other allied areas. The activity aimed at enhancing students' professional competencies, public speaking abilities, and their understanding of practical office dynamics essential for modern workplaces. The event was efficiently organised by **Ms. Simarpreet Kaur from the Department of Office Management and Secretarial Practice**, under the insightful guidance of **Principal Dr. Maneeta Kahlon**. Her gracious presence added charm to the occasion as she appreciated the students' efforts and hard work, and encouraged them to continue participating in such academic and skill-based activities to strengthen their overall development.



The following CA members were present:

STUDENT'S NAMES	CLASS
Gurleen Kaur	BA 3rd
Kulbir Kaur	BA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Placement Drive

3rd November 2025

Under the aegis of **the Internal Quality Assurance Cell (IQAC), the Placement Cell of Guru Nanak Khalsa College for Women, Gujarkhan Campus**, in collaboration with NIIT on behalf of Axis Bank, organized a Placement Drive on **November 3, 2025**, for all postgraduate and pass-out students. The campus placement drive was specifically conducted for the post of Assistant Manager – Axis Bank, for which a total of 30 students registered. An introductory round was held to apprise the students of the complete selection process, which comprised three stages including a written test and an online interview. The session was conducted by **Mr. Manoj Kashyap, Associate Sourcing Partner, NIIT Ltd., and Ms. Pratibha Choudhary, Senior Counselor**, who guided the students through the requirements and expectations of the recruitment procedure. The activity was successfully coordinated by **Dr. Neetu Prakash and Dr. Nidhi Sharma, Coordinators of the Placement Cell**, ensuring smooth execution of all stages of the drive. **Principal Dr. Maneeta Kahlon** applauded the efforts of the Placement Cell for creating such valuable career opportunities for the students and encouraged them to actively participate in future placement initiatives to enhance their professional growth.



The following CA members were present:

STUDENT'S NAMES	CLASS
Hashdeep kaur	BBA 3

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Moral Education Exam

4th November 2025.

Under the aegis of **IQAC**, the **Department of Punjabi of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana**, in collaboration with **Guru Gobind Singh Study Circle**, conducted a moral education exam titled “**Naitik Sikhīyā Imtihan**” on **November 4, 2025**. The exam was dedicated to the 350th Martyrdom Anniversary of **Sri Guru Tegh Bahadur Ji** and aimed to create awareness among students about his supreme sacrifice and teachings. A total of **23 students** appeared in the exam with great enthusiasm, reflecting their interest in values-based learning and Sikh heritage. **Principal Dr. Maneeta Kahlon** appreciated this noble initiative of the **Department of Punjabi and Guru Gobind Singh Study Circle** for connecting students with their rich religious and cultural legacy.

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>



The following CA members were present:

STUDENT'S NAMES	CLASS
Simranjeet Kaur	BA 3rd

COPE Mental Health Initiative

4th November 2025.

On November 4, 2025, Sh. Shaleen Mitra, Officer on Special Duty (OSD) – War Against Drugs, and his Data Intelligence and Technical Support Unit (DITSU) team from Punjab Government's Yudh Nasheyen Virudh initiative visited Guru Nanak Khalsa College for Women, Gujarkhan Campus. They met **Principal Dr. Maneeta Kahlon and **Psychology Department Head Ms. Harnoor Bajwa** to review COPE by MPower, an Aditya Birla Group student-led mental health initiative addressing substance abuse and youth challenges. Sh. Mitra interacted with former COPE leader Ms. Aakriti Arora and students for insights on its on-ground impact and student well-being. Principal Kahlon suggested expanding outreach, while Ms. Bajwa presented COPE activities, specialized counseling, and crisis care. This step strengthens collaboration between colleges and government for mental health awareness and combating substance abuse in Punjab.**

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

The following CA members were present:

STUDENT'S NAMES	CLASS
Tamanna	BA 3rd
Anmol Kapoor	BCOM 3rd

Pavani Nagpal	BA 3rd
Prabhjit Kaur	BCOM 3rd

Canteeni Mandeer Shoot at GNKCW

6 November 2025

Under the aegis of the Youth Welfare Department, Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized a special shoot of the popular **MH ONE show Canteeni Mandeer on November 6, 2025**. The college had the pleasure of hosting the show's team along with the popular anchor **Ravneet Singh**, who graced the campus for this vibrant interaction with students and staff. On this occasion, Ravneet Singh received a warm welcome from the Principal, staff, and students, creating an atmosphere of joy and enthusiasm across the campus. Through his lively interaction with the faculty and students, he filled the institution with laughter, excitement, and vibrant energy, turning the event into a memorable experience for everyone present. The event was smoothly coordinated by the **Youth Welfare Department Coordinators, Dr. Punpreet Kaur and Ms. Daisy Wadhwa, under the able guidance of Madam Principal, Dr. Maneeta Kahlon**. Their meticulous planning and dedicated efforts ensured the successful execution of the shoot, showcasing the college's dynamic campus life and strong student engagement.



The following CA members were present:

STUDENT'S NAMES	CLASS
Tamanna	BA 3rd
Palak Narang	BCOM 3rd
Pawandeep Kaur	BA 3rd
Jasnoor Kaur	BA 3rd
Jasleen Kaur	BA 3rd
Aastha Sharma	BA 3rd
Chahat Rana	BCOM 3rd
Jasmine	BA 3rd
Kulbir Kaur	BA 3rd
Damanpreet Kaur	BA 3rd
Hashdeep Kaur	BBA 3rd
Pavneet Kaur	BBA 3rd

Instagram::<https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

Grievance and Suggestion Boxes

7 November 2025

Under the aegis of **the Internal Quality Assurance Cell (IQAC)**, grievance and suggestion boxes were opened on **November 7, 2025**, by coordinators **Mrs. Manmeet Kaur and Dr. Madhu Dhawan of Guru Nanak Khalsa College for Women, Model Town, Ludhiana**. Through these boxes, students were encouraged to share their concerns, grievances, and valuable suggestions in a confidential and constructive manner. All the complaints and suggestions received from the students were reviewed in the presence of **Principal Dr. Maneeta Kahlon** and the college grievance redressal team. Each issue was discussed thoroughly, and sincere efforts were made to resolve the students' problems promptly and effectively. This activity reflected the institution's strong commitment to promoting transparency, accountability, and a supportive environment where students feel heard, respected, and valued.

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>



“Vande Mataram” 150th Anniversary Celebration

7 November 2025

Under the aegis of the **Internal Quality Assurance Cell (IQAC)**, the **Department of Music of Guru Nanak Khalsa College for Women, Model Town, Ludhiana**, organized an event to commemorate the 150th anniversary of the national song “Vande Mataram.” Composed by Bankimchandra Chatterjee in 1875, “Vande Mataram” continues to symbolize India’s rich cultural heritage and patriotic spirit. On this special occasion, students enthusiastically sang “Vande Mataram” along with the teacher in-charges, **Mrs. Jaspreet Kaur and Ms. Shalini Khurana**, creating an atmosphere of devotion and unity. **Principal Dr. Maneeta Kahlon** appreciated the efforts of the Department of Music and encouraged the students to uphold the spirit of patriotism and national integration through such meaningful initiatives.

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>



National Cancer Awareness Day

8 th November 2025

The Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, under the aegis of the Internal Quality Assurance Cell (IQAC), organized an Awareness Session on November 8, 2025, to mark National Cancer Awareness Day. Principal Dr. Maneeta Kahlon served as the resource person and highlighted the importance of awareness, timely screening, and early detection in effectively combating cancer. Dr. Kahlon sensitized students about adopting healthy lifestyle practices and remaining vigilant towards any symptoms that may indicate health concerns. The event aimed at educating students on cancer prevention, early diagnosis, and the vital role of awareness in saving lives, thereby empowering young women with knowledge to promote health-conscious behavior within their families and communities. The session was effectively coordinated by Ms. Daisy Wadhwa, Coordinator of the Red Ribbon Club, ensuring active participation and meaningful interaction among the students.

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Inspirational Talk and Slogan Writing Competition

8 th November 2025

The Internal Complaints Committee and Grievance Redressal Cell of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized an **Inspirational Talk followed by a Slogan Writing Competition on November 8, 2025**. The event was coordinated by **Mrs. Manmeet Kaur and Dr. Madhu Dhawan** under the kind support and guidance of Principal Dr. Maneeta Kahlon. A total of **42 first-semester students** participated enthusiastically, expressing their views through slogans on the themes “Your Voice Matters” and “Speak to Resolve.” **Principal Dr. Maneeta Kahlon** appreciated these initiatives and lauded the coordinators for organizing meaningful activities that promote awareness, empowerment, and holistic development among students.

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International Humanity Olympiad Achievement

November 8, 2025

Under the aegis of the **Internal Quality Assurance Cell (IQAC)**, **Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana**, in collaboration with Satyug Darshan Trust, participated in the **International Humanity Olympiad on August 8, 2025**. The Olympiad promoted primary and objective core human values such as contentment, endurance, truthfulness, and righteousness among college students. A total of **495 students participated** enthusiastically from the college. **Mehakpreet Kaur, a B.Com 1st year student, secured first position among 100 participants from Ludhiana**, while **Venus Gupta, a B.Com 2nd year student, secured second position**. **Dr. Supriya Khanna from Krishna Hospital, Ludhiana, felicitated Mehakpreet Kaur with a medal and certificate**. **Principal Dr. Maneeta Kahlon and Dr. Seema Kaul** also awarded certificates of appreciation to the successful organization of the International Humanity Olympiad.



The following CA members were present:

STUDENT'S NAMES	CLASS
Palak Narang	BCOM 3

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

National Education Day Observance

11th November 2025

Under the aegis of **IQAC, the NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana**, observed **National Education Day on 11th November 2025** to commemorate the birth anniversary of Maulana Abul Kalam Azad, India's first Education Minister and a distinguished freedom fighter and visionary leader. The observance aimed to highlight the significance of education in shaping individuals and building a progressive nation. During the event, students were enlightened about the life, contributions, and ideals of Maulana Abul Kalam Azad, with emphasis on his role in laying the foundations of India's modern education system. **Principal Dr. Maneeta Kahlon** addressed the gathering and shared her insightful views on education as a powerful tool for empowerment, equality, and national development.

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International Day of Tolerance

November 12, 2025

Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed the International Day of Tolerance on November 12, 2025, ahead of the official global observance on November 16. The event was organized collaboratively by the **Red Ribbon Club, NSS Unit, NCC Wing, and the Department of Fine Arts under the aegis of the Internal Quality Assurance Cell (IQAC).** To mark the occasion, students created vibrant and meaningful rangolis that visually depicted the values of tolerance, compassion, and peaceful coexistence. **Principal Dr. Maneeta Kahlon** commended the students' creative efforts and emphasized the importance of nurturing mutual respect, empathy, and harmony to build an inclusive and peaceful society.

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Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>



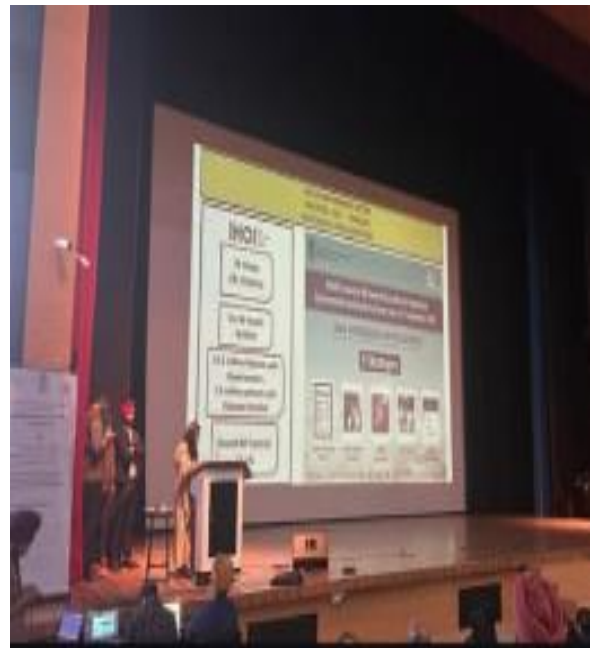
Mission “Swath Kavch” Phase-II

14th November 2025

ANO Lt. Sukhjit Kaur and the NCC cadets of Guru Nanak Khalsa College for Women actively participated in the launch of Mission “Swath Kavch” Phase-II, an initiative organized by the District Administration, Dayanand Medical College and Hospital, and **the Red Cross Society, Ludhiana**. The event was held at **Dr. Manmohan Singh Auditorium, PAU, on 14th November 2025**, with the mission aimed at enhancing public health awareness and promoting community well-being through collaborative efforts

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5th Janjatiya Gaurav Diwas Celebration

15th November 2025

Under the aegis of IQAC, the Department of History of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, celebrated the 5th Janjatiya Gaurav Diwas on 15th November 2025. On this occasion, B.A. 2nd year students Nandini (24-105), Jasmeet Kaur (24-115), Meeshu (24-151), Savita (24-249), and Anchal (24-332) presented on the life and legacy of Bhagwan Birsa Munda. They informed the audience that Birsa Munda Jayanti, observed on **15th November**, is officially recognized as Janjatiya Gaurav Diwas (Tribal Pride Day) in India. The day honors Birsa Munda as a tribal leader, social reformer, and freedom fighter who played a pivotal role in resisting colonial rule and uplifting tribal communities.



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110th Death Anniversary of S. Kartar Singh Sarabha

16th November 2025.

Under the aegis of IQAC, the Department of History of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, commemorated the **110th Death Anniversary of S. Kartar Singh Sarabha on 16th November 2025**. On this occasion, **Mrs. Sandeep Kaur**, Head of the Department, delivered a lecture in his memory and paid tribute to the young and courageous freedom fighter. S. Kartar Singh Sarabha, a key member of the Ghadar Party, was a revolutionary who was hanged at Lahore by the British at the age of 19 for his role in the Indian independence movement. His martyrdom is remembered annually for its exemplary courage and continues to inspire freedom movements and patriotic ideals. **Principal Dr. Maneeta Kahlon** also shared her views on the occasion, highlighting that his courage and patriotism still inspire generations and that he continues to live in the hearts of countless Indians as a symbol of selfless sacrifice.



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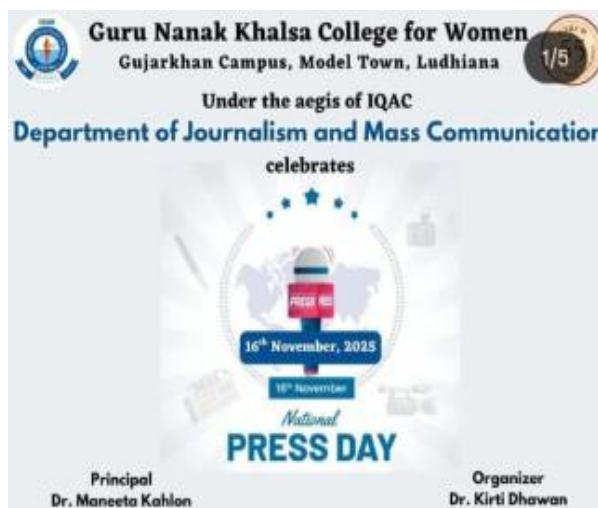
National Press Day Celebration

17th November 2025

Under the aegis of the **Internal Quality Assurance Cell (IQAC)**, the **Department of Journalism and Mass Communication of Guru Nanak Khalsa College for Women, Ludhiana**, celebrated **National Press Day** by organizing an engaging Open Mic Activity on the theme “Freedom of Press.” The event aimed to highlight the indispensable role of a free and responsible press in a democratic society. Students enthusiastically participated by presenting speeches, poems, and thought-provoking perspectives on media ethics, responsible journalism, and the challenges faced by the press in contemporary times. **Dr. Kirti Dhawan, Head of the Department**, encouraged the students by stating that freedom of press is not just a right but a responsibility that the future generation of journalists must uphold with integrity. The event concluded with words of appreciation from **Principal Dr. Maneeta Kahlon**, who remarked that such activities strengthen critical thinking and empower students to become conscious, ethical, and courageous voices of society.

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Extension Lecture on Research Methodology

20 November 2025

Under the aegis of the **Internal Quality Assurance Cell (IQAC)**, **Guru Nanak Khalsa College for Women, Ludhiana**, organized an Extension Lecture on Research Methodology on the college campus, with **Dr. Sumedha Gupta, Head, PG Department of Commerce and Management, MTSM College for Women, Ludhiana**, as the resource person. **Dr. Gupta** provided valuable insights into the fundamental concepts of research and explained their application across various academic and professional domains, emphasizing systematic inquiry, critical thinking, and analytical skills. **Principal Dr. Maneeta Kahlon** appreciated the insightful session and highlighted the importance of research-oriented thinking for students' academic growth and professional excellence. She encouraged students to actively engage in research activities, adopt a disciplined approach to data collection and analysis, and use research as a tool for innovation and informed decision-making.

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Media Bites on NEP Implementation

20 November 2025

Under the aegis of IQAC, the students of the Department of Journalism and Mass Communication of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, conducted Media Bites with students from various streams to gather feedback on the implementation of the National Education Policy (NEP). Around 50 students actively shared their insights and suggestions for the effective implementation of NEP within the institution. The interaction highlighted discussions on the pros and cons of NEP, Internship Programmes, Skill Enhancement Courses, and the Multi-Disciplinary Approach, among other key aspects. **Principal Dr. Maneeta Kahlon** appreciated this student-led initiative, commended the participants for voicing their perspectives, and encouraged them to remain actively engaged in shaping a more inclusive, flexible, and student-centric education system under NEP.



The following CA members were present:

STUDENT'S NAMES	CLASS
Anmol Kapoor	BCOM 3rd

Gursimar Kaur

BA 1st

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Women Entrepreneurship Day Celebration

20 November 2025

Under the aegis of **the Internal Quality Assurance Cell (IQAC), the Women Development Cell, in collaboration with the Department of Economics of Guru Nanak Khalsa College for Women**, celebrated **Women Entrepreneurship Day** on the college campus. **Six young entrepreneurs** from the college, who have transformed their artistic talents such as mehndi application, nail art, raisin art, crochet, and baking into professional ventures, were featured during the event. Students showcased their products, shared their social media handles, and spoke about their entrepreneurial journeys, receiving warm appreciation and encouragement from the faculty and peers. **Principal Dr. Maneeta Kahlon** motivated the students to nurture their skills, embrace entrepreneurship, and consider turning their talents into sustainable and successful professions.





The following CA members were present:

STUDENT'S NAMES	CLASS
Anmol Kapoor	BCOM 3rd

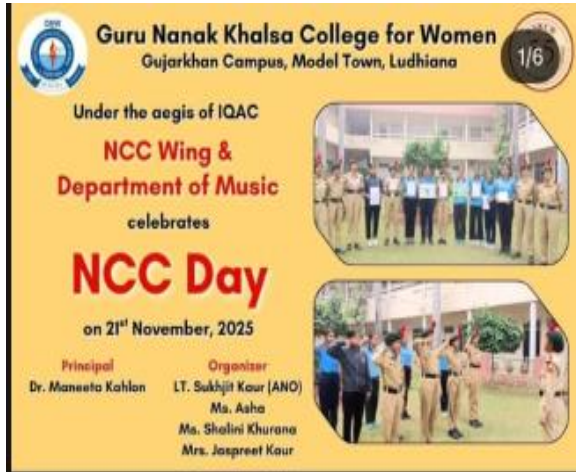
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Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

NCC Day Celebration

21st November 2025

As per the instructions from **DGNCC, New Delhi, the NCC Army Wing and the Music Department of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated NCC Day on 21st November 2025.** NCC Day is observed every year on the fourth Sunday of November to honor the values and objectives of the **National Cadet Corps.** **The celebration began with the NCC Pledge,** during which cadets reaffirmed their commitment to discipline, unity, and national service by upholding NCC ideals. Cadets and faculty members also marked 150 years of “Vande Mataram” by singing the national song with great enthusiasm and patriotic fervour. **Principal Dr. Maneeta Kahlon** addressed the cadets, appreciated their dedication, and encouraged them to continue contributing positively to society while upholding the true spirit of NCC.



The following CA members were present:

STUDENT'S NAMES	CLASS
Nitya Shukla	BCOM 3rd

Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

350th Anniversary of Sri Guru Tegh Bahadur Ji

Nov 24,2025

Guru Nanak Khalsa College for Women observed the **350th Anniversary of Sri Guru Tegh Bahadur Ji on 24th November 2025** with great respect and devotion on the college campus. The day focused on remembering his life and teachings as a champion of truth, justice, religious freedom, and his supreme sacrifice for humanity.

Students and staff reflected on his message of courage, peace, and universal brotherhood, recognizing how his teachings continue to inspire people to live with compassion, tolerance, and moral strength. **Principal Dr. Maneeta Kahlon** praised the participation of students and urged them to embody Guru Tegh Bahadur Ji's ideals in their daily lives, upholding his legacy as a guiding light for India's spiritual heritage.

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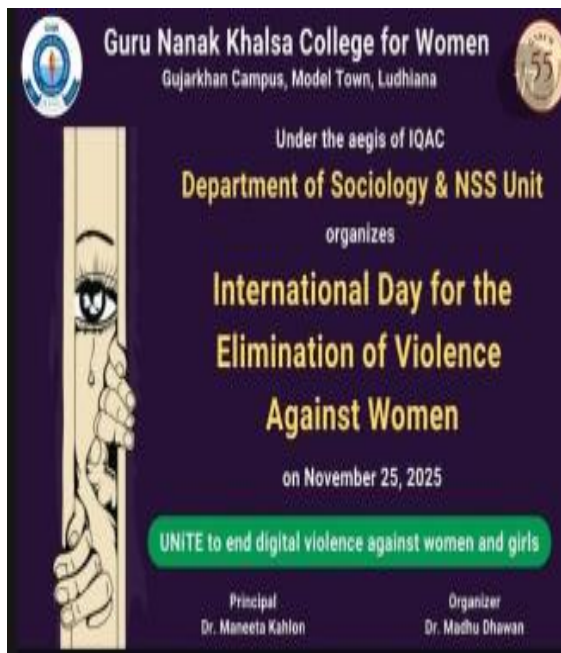
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International Day for the Elimination of Violence Against Women

25th November 2025

To mark the **International Day for the Elimination of Violence Against Women**, the **Department of Sociology of GNKCW** organized a **meaningful awareness and sensitizing programme on 25th November 2025**. The objective was to raise awareness, encourage dialogue, and inspire collective responsibility toward ending gender-based violence in all its forms. The event began with an introductory address by **Dr. Madhu Dhawan**, who highlighted the significance of the day and emphasized that violence against women is not only a violation of human rights but also a major public health and societal concern. Students actively participated in open discussions, sharing strong perspectives on domestic violence, harassment, cyberbullying, and social stigma. The programme concluded with remarks from **Principal Dr. Maneeta Kahlon**, who appreciated the initiative and stressed that educational institutions play a pivotal role in shaping socially responsible citizens committed to gender equality and human dignity.



The following CA members were present:

STUDENT'S NAMES	CLASS
Kawaljot Kaur	BA 3rd

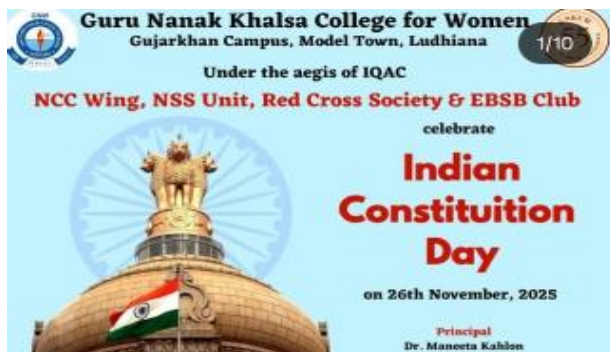
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Constitution Day Celebration

November 26, 2025

Under the aegis of the Internal Quality Assurance Cell (IQAC), the NSS Unit, NCC Wing, Red Cross Society, EBSB Club, and the Department of Political Science and Public Administration of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, jointly celebrated **Constitution Day on November 26, 2025**. The event aimed to create awareness among students about the significance of the Indian Constitution, its core values, and its enduring relevance in shaping India's democratic framework. As part of the observance, students enthusiastically participated in the online Constitution Day Quiz and **Preamble Recitation on the MyGov portal**, reaffirming their commitment to civic responsibility and constitutional duties. **Principal Dr. Maneeta Kahlon** addressed the gathering, highlighting the importance of understanding the Constitution as a living document that guides the nation's progress, and encouraged students to uphold constitutional values and contribute meaningfully to society.



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National Deworming Day Awareness Session

28 th November 2025

The Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, under the aegis of the Internal Quality Assurance Cell (IQAC), observed National Deworming Day with an informative awareness session. The resource persons for the session, **Ms. Harminder Kaur and Ms. Mamta Rani from the Urban Primary Health Centre (UPHC), Model Town, Ludhiana**, sensitized students and staff about the importance of timely deworming in preventing worm infections, improving nutritional absorption, boosting immunity, and enhancing overall growth and productivity. **Principal Dr. Maneeta Kahlon addressed the gathering and emphasized that creating awareness about preventive healthcare practices such as deworming is essential for empowering young women to take charge of their health.** The event was coordinated by **Dr. Nidhi Sharma and Ms. Daisy Wadhwa, coordinators of the Red Ribbon Club**, ensuring active participation and meaningful engagement

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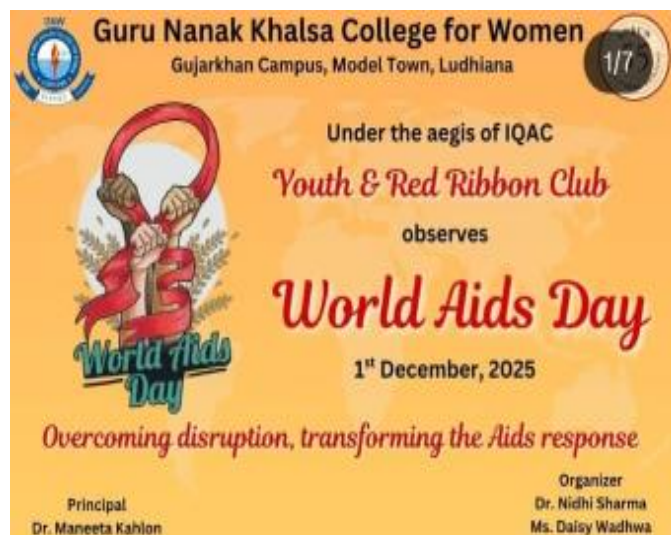
World AIDS Day Awareness Programme

1st December 2025

The Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, under the aegis of the Internal Quality Assurance Cell (IQAC), observed World AIDS Day with an awareness programme aimed at educating students about HIV/AIDS, its prevention, and the importance of social responsibility. As part of the event, a documentary on HIV/AIDS awareness was screened, highlighting key facts, dispelling myths, and emphasizing the need for empathy towards individuals living with HIV, thereby encouraging students to become informed advocates of health awareness. Addressing the occasion, **Principal Dr. Maneeta Kahlon** stated that awareness is the strongest tool in combating HIV/AIDS and emphasized that such initiatives help students develop the sensitivity and responsibility required to contribute meaningfully to society. The event was coordinated by **Red Ribbon Club coordinators Dr. Nidhi Sharma and Ms. Daisy Wadhwa**, who ensured active student participation and engagement.

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Scholarship Grant Program

Guru Nanak Khalsa College for Women, Model Town, Ludhiana, in collaboration with Nikhil Singhal Noble Trust, Ludhiana, organized a Scholarship Grant Program for undergraduate and postgraduate students of all classes. The initiative aims to provide financial support and encourage academic excellence among deserving students.

As part of the selection process, scholarship interviews were conducted on **December 1, 2025**, on the college campus, with enthusiastic participation from students across various disciplines aspiring to benefit from the Trust's support. The program was organized by **Dr. Pratibha Tyagi, Co-Coordinator of the Scholarship/Fee Concession Committee**, who ensured the smooth and efficient conduct of all activities related to the event.

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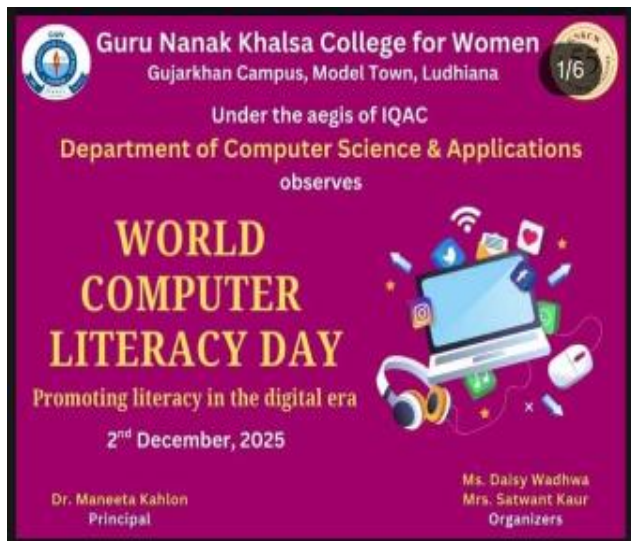
World Computer Literacy Day Celebration

2nd December 2025

Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated World Computer Literacy Day on December 2, 2025, under the aegis of the Internal Quality Assurance Cell (IQAC). The event was organized by the Department of Computer Science and Applications to promote digital awareness and empower educators with emerging technological tools.

As part of the celebration, a special workshop on the use of AI tools to facilitate teaching-learning processes was conducted for the college faculty. The session aimed to enhance teachers' familiarity with artificial intelligence-based platforms and demonstrate practical ways to integrate these tools into classroom planning, content delivery, and student engagement.

Principal Dr. Maneeta Kahlon, in her address, emphasized the significance of the day's theme, "Promoting Literacy in the Digital Era," highlighting that in today's world, digital literacy is essential for both educators and learners to contribute meaningfully to society. The workshop was conducted by faculty members of the Computer Science Department, who showcased the practical use of various AI tools and engaged participants in hands-on activities.



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Extension Lecture on Intellectual Property Rights

2nd December 2025

Under the aegis of IQAC, the Department of Social Sciences of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, organized an extension lecture on Intellectual Property Rights on 2nd December 2025. The session aimed to enhance students' awareness of legal protections for creative and intellectual work in academic and professional contexts. **Dr. Kirandeep Kaur, Principal, Master Tara Singh Memorial College for Women, Ludhiana, and Dr. Ajit Kaur, Principal, Ramgarhia Girls College, Ludhiana,** were the esteemed resource persons for the session. **Principal Dr. Maneeta Kahlon** appreciated their insightful deliberations and encouraged students to respect and uphold Intellectual Property Rights as responsible scholars and future professionals.



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National Pollution Control Day Observation

2nd December 2025

Under the aegis of **the Internal Quality Assurance Cell (IQAC), the NSS Unit, EBSB Club, Red Cross Society, and the Department of Environment Science of Guru Nanak Khalsa College for Women** observed **National Pollution Control Day** on the college campus to honor the lives lost during **the Bhopal Gas Tragedy** and raise awareness about the urgent need to curb pollution. As part of the programme, **Ms. Amanpreet Kaur** from the **Department of Environment Science** delivered an insightful lecture on the current pollution scenario, practical steps to reduce pollution, responsible waste management, and the adoption of sustainable habits in daily life.

Addressing the gathering, **Principal Dr. Maneeta Kahlon** emphasized the pressing need for collective responsibility in combating pollution and highlighted the vital role of youth in building a cleaner and healthier future. She encouraged students to actively participate in environmental protection initiatives organized by the college and to become conscious stewards of the natural world.

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Gender Sensitization and Awareness on Gender-Based Violence

5th December 2025

Under the aegis of IQAC, the Department of Sociology, in collaboration with the NSS, EBSB club organized a special programme on “Gender Sensitization and Awareness on Gender-Based Violence” on December 5, 2025. The event aimed to deepen understanding of gender equality, challenge stereotypes, and create awareness about different forms of gender-based violence. The session began with an awareness lecture by **Dr. Madhu Dhawan, Department of Sociology**, who highlighted the importance of recognizing everyday gender biases and the vital role of educational institutions in fostering a safe and inclusive environment. **Dr. Dhawan** outlined various types of gender-based violence, discussed preventive measures, relevant legal safeguards, and the role of society in supporting survivors. **Principal Dr. Maneeta Kahlon** addressed the gathering, emphasizing the need to sensitize both staff and students to issues related to gender discrimination. She encouraged participants to adopt gender-equitable attitudes and actively contribute to building a respectful, supportive, and violence-free campus culture



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Armed Forces Flag Day Observation

8th December 2025

Under the aegis of the **Internal Quality Assurance Cell (IQAC)**, the **NCC Wing of Guru Nanak Khalsa College for Women, Model Town, Ludhiana**, observed **Armed Forces Flag Day on December 8, 2025**. On this occasion, cadets and faculty members paid tribute to the extraordinary valour and supreme sacrifice of **the Indian Armed Forces**. **College Principal Dr. Maneeta Kahlon** emphasized the importance of honoring the courage, dedication, and selfless service of the armed forces personnel. She urged students to recognize their vital role in safeguarding the nation and to uphold values of patriotism, discipline, and respect for those in uniform.



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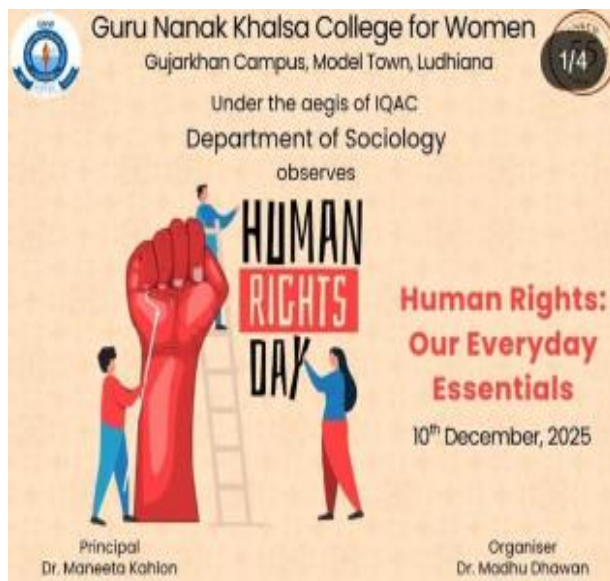
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Human Rights Day

10th December 2025

Under the aegis of the **Internal Quality Assurance Cell (IQAC)**, the **Department of Sociology of Guru Nanak Khalsa College for Women** observed **Human Rights Day** to create awareness about fundamental rights and the dignity of every individual. The programme began with a brief introduction on the significance of the Universal Declaration of Human Rights, highlighting justice and freedom.

Dr. Madhu Dhawan, Head, Department of Sociology, emphasized the need to stand against discrimination, promote gender equality, and uphold values of compassion and respect in society. **Principal Dr. Maneeta Kahlon** appreciated the enthusiastic participation of students and encouraged them to become responsible citizens who safeguard human rights as essential values that strengthen democracy and humanity.



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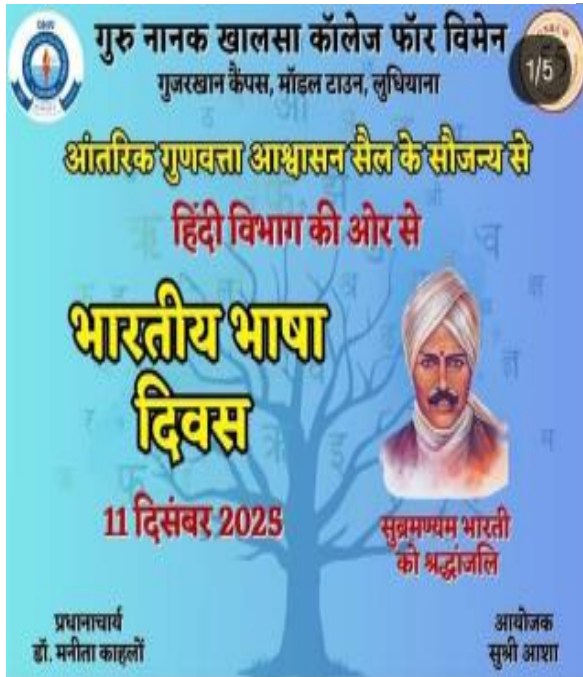
Bhartiya Bhasha Diwas Celebration

11th December 2025

Under the aegis of IQAC, the Department of Hindi, in collaboration with the Department of Punjabi of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, celebrated “Bhartiya Bhasha Diwas” on December 11, 2025, as part of the nationwide Azadi Ka Amrit Mahotsav. The event aimed to promote respect for Indian languages and inspire students to appreciate the nation’s rich linguistic diversity. **Bhartiya Bhasha Diwas** commemorates the birth anniversary of renowned Tamil poet Subramania Bharati, remembered as a visionary writer, fearless journalist, freedom fighter, and remarkable polyglot whose contributions continue to enrich India’s literary and cultural heritage. Addressing the gathering, **Principal Dr. Maneeta Kahlon** highlighted the immense value of learning multiple Indian languages, describing multilingualism as an enriching, joyful, and intellectually stimulating pursuit, and encouraged students to explore the depth and vibrancy of India’s linguistic traditions.

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National Energy Conservation Day Celebration

15th December 2025

Under the aegis of the **Internal Quality Assurance Cell (IQAC)**, the **Energy Management Team of Guru Nanak Khalsa College for Women** celebrated **National Energy Conservation Day on the college campus**. During the event, old and faulty tube lights in the college were repaired and replaced wherever required to promote better energy efficiency. The observance also aimed to keep students and staff informed about new initiatives, strategies, and plans related to energy conservation. Emphasis was laid on minimizing energy waste and educating the campus community on how they can contribute to conserving resources, with the primary objective of reducing energy consumption and encouraging its efficient use.



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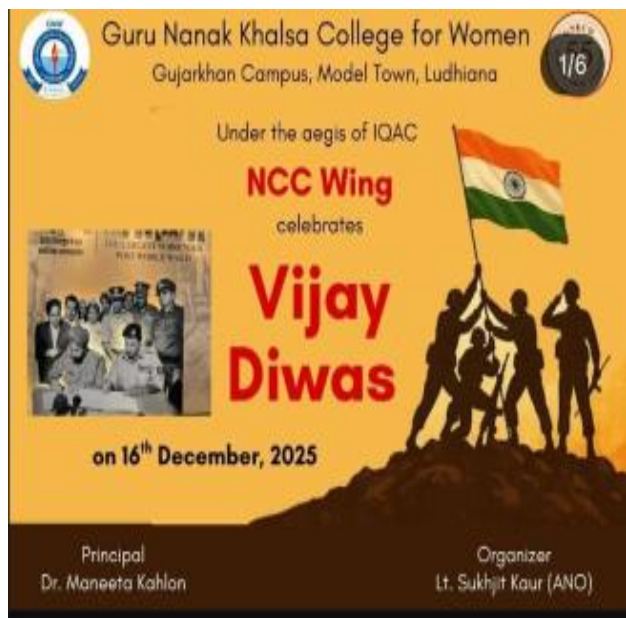
Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Vijay Diwas Celebration

16th December 2025

Under the aegis of **the Internal Quality Assurance Cell (IQAC)**, the **NCC Wing of Guru Nanak Khalsa College for Women, Model Town, Ludhiana**, celebrated Vijay Diwas to commemorate the historic victory of the Indian Armed Forces over Pakistan in the 1971 Indo-Pak War and the liberation of Bangladesh. The observance honored the unparalleled determination, valour, and professionalism of the Armed Forces.

ANO Lt. Sukhjit Kaur and Ms. Asha sensitized cadets about the significance of 16 December 1971 as a symbol of humanity's triumph over injustice. **Principal Dr. Maneeta Kahlon** emphasized that the 1971 victory was not merely a military success but a powerful affirmation of justice and peace, encouraging students to draw inspiration from the grit and dedication of the Indian Armed Forces.



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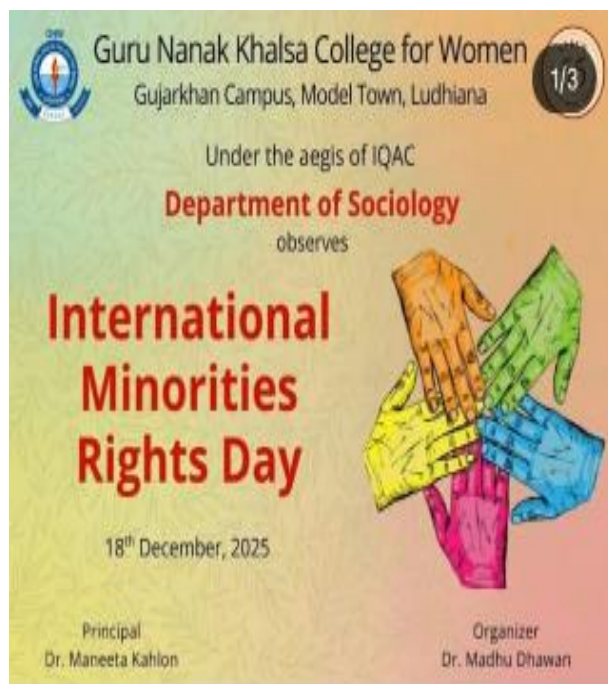
Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

International Minority Day

18th December 2025

Under the aegis of the **Internal Quality Assurance Cell (IQAC)**, the **Department of Sociology of Guru Nanak Khalsa College for Women, Model Town**, observed Minority Day with the objective of promoting awareness about the rights, dignity, and contributions of minority communities in India. The programme focused on fostering values of equality, inclusiveness, and mutual respect among students.

Dr. Madhu Dhawan, Head, Department of Sociology, shared her views on constitutional safeguards, cultural harmony, and the vital role of youth in building an inclusive society. **Principal Dr. Maneeta Kahlon** concluded the event by encouraging students to uphold brotherhood and equality in their academic and social lives.



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International Migration Day Observation

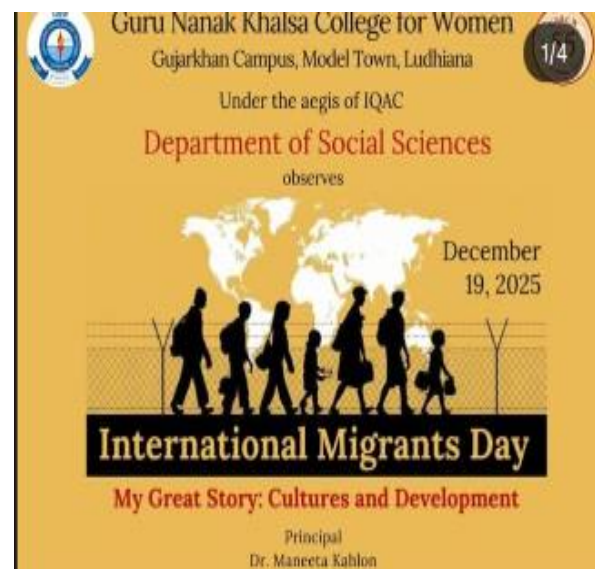
19th December 2025

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Social Sciences Department of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed International Migration Day on the theme “My Great Story: Cultures and Development.” The programme highlighted the vital role of migrants in societal development and raised awareness about challenges such as discrimination, exploitation, and lack of access to essential services.

Principal Dr. Maneeta Kahlon emphasized the pivotal role of migration in global development and the need to acknowledge migrants’ contributions while addressing the difficulties they face. She encouraged students to develop empathy, challenge prejudice, and support policies that ensure dignity and equal opportunities for migrant communities.

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National Farmers' Day Celebration

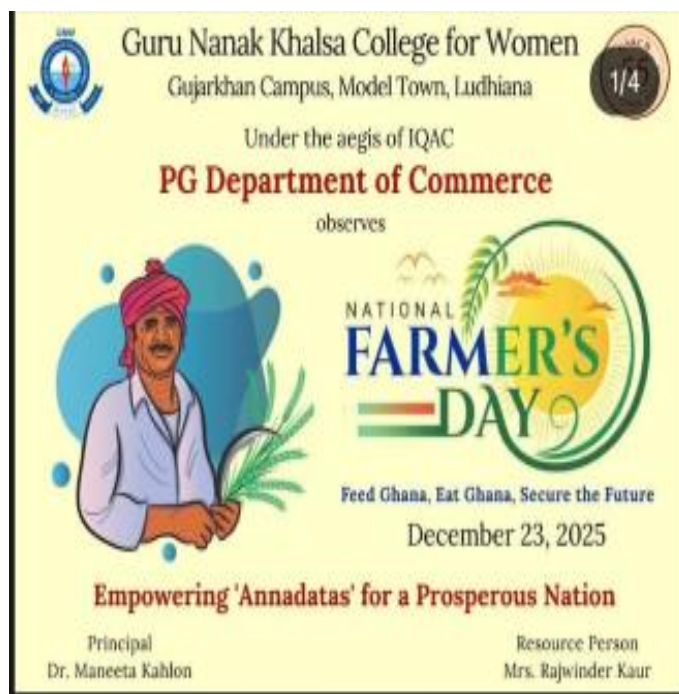
23rd December 2025

Under the aegis of IQAC, the PG Department of Commerce organized **National Farmers' Day on December 23, 2025**, to honor farmers' invaluable contributions to the nation's economy and food security. **Resource Person Mrs. Rajwinder Kaur** delivered an enriching session on agriculture's role in economic development, challenges faced by farmers, and sustainable farming practices, highlighting linkages between commerce, agribusiness, and rural development.

The programme successfully created awareness and instilled respect for the farming community among students. The event was conducted under the able guidance and constant encouragement of respected **Principal Dr. Maneeta Kahlon**, whose support inspires such meaningful initiatives.

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National Consumer Rights Day

24th December 2025

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Economics, in collaboration with the Open Development Cell of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated **National Consumer Rights Day** on **24th December, 2025**. The programme aimed to create awareness among faculty and students about consumer rights and responsibilities in the contemporary market scenario. 54 participants attended this event.

Mrs. Seema Dua, Head, Department of Economics, elaborated on the significance of consumer rights in safeguarding consumers against unfair trade practices. **Ms. Neha Dawar**, Assistant Professor in Economics, also shared her insightful views on consumer rights. She discussed the practical aspects of consumer protection laws in India and stressed the need for awareness regarding consumer courts and digital consumer safety.

Principal Dr. Maneeta Kahlon highlighted the importance of being informed, vigilant, and assertive consumers in an era marked by rapid commercialization, digital transactions, and aggressive marketing strategies.





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Veer Bal Diwas

26th December 2025

Under the aegis of the **Internal Quality Assurance Cell (IQAC)**, the **NSS Unit**. Red Cross Society and ESBSV Guru Nanak Khalsa College observed Veer Bal Diwas on **December 26, 2025**. The programme was organised to commemorate the unparalleled **sacrifice of Sahibzada Zorawar Singh Ji and Sahibzada Fateh Singh Ji**. To mark the occasion, an elocution competition was organised in which students expressed their views on bravery, patriotism, and moral values. The participants highlighted the relevance of the Sahibzadas' sacrifice in contemporary society. **Principal Dr. Maneeta Kahlon** addressed the students and emphasized the timeless values of courage, faith, and righteousness. She motivated the students to

imbibe these values in their lives and become responsible and ethical citizens.



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Indian Knowledge System Activities

Indian Knowledge System Activities - December 2025 National Pollution Control Day (2nd December) This Day reflects the Indian Knowledge System's emphasis on nature protection and ecological balance. Principles like "**Prakriti Raksha**" and "**Ahimsa**" highlight sustainable living and responsibility toward the environment. **National Pollution Control Day** reflects Indian Knowledge System Principles like "**Prakriti Raksha**" and "**Ahimsa**" highlight.



Instagram: <https://www.instagram.com/p/DN7tXUUEfjx/?igsh=MTh2NWFoaDExNTcycg%3D%3D>

Facebook: <https://www.facebook.com/share/p/1B11oyNkNk/>

Student Achievement

26th December 2025

Student Achievement-December 2025 Sonali (M.A. II), a student of PG **Department of English**, bagged the first position in the essay, brought by **Youth Red Cross Committee of Christ Academy Institute on Oct. 25-26, 2025**. The competition, held on the overarching theme "War and Peace", witnessed the participation of 23 students from various institutions. In the first "**War and Peace**", after which six students were shortlisted for the final round. The concluding final "Unless We Stop War, War Will Stop Mankind." Demonstrating clarity of thought, Sonali secured second prize in the event. She was awarded a cash prize of ₹2000 along with a certificate in

recognition of her impressive performance. **Principal Dr. Maneeta Kahlon** congratulated her outstanding performance and recognition, noting that her success has brought pride and recognition to the college.

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Facebook:<https://www.facebook.com/share/p/1B11oyNkNk/>

College in News

COLLEGE IN NEWS DECEMBER 2025

ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ 'ਚ ਮਨਾਇਆ ਵਿਸੈ ਦਿਵਸ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

ਜੀ.ਐਨ.ਕੇ.ਸੀ.ਡਬਲਯੂ. ਦੇ ਐਨ.ਸੀ.ਸੀ. ਵਿੰਗ ਨੇ ਵਿਸੈ ਦਿਵਸ ਮਨਾਇਆ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

ਏਡਜ਼ ਜਾਗਰੂਕਤਾ ਪਰ ਵ੍ਰੱਤਚਿੱਤ੍ਰ ਦਿਖਾਵਾ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

ਜੀਐਨਕੇਸੀਡਬਲਯੂ 'ਚ ਵਿਸੈ ਦਿਵਸ ਏਡਜ਼ ਦਿਵਸ ਮਨਾਇਆ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

ਬੌਧਿਕ ਸੰਪਤੀ ਅਧਿਕਾਰਾਂ 'ਤੇ ਪਸਾਰ ਭਾਸ਼ਣ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ ਵਿਖੇ ਬੌਧਿਕ ਸੰਪਤੀ ਅਧਿਕਾਰਾਂ 'ਤੇ ਐਗਜ਼ੈਕਟਿਵ ਨੈਕਸ਼ਨ ਕਰਵਾਇਆ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ ਵਿਖੇ ਵਿਸੈ ਦਿਵਸ ਏਡਜ਼ ਦਿਵਸ ਮਨਾਇਆ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

ਗੁਰੂ ਨਾਨਕ ਖਾਲਸਾ ਕਾਲਜ ਵਿਖੇ ਗੈਰਟਰੀ ਪ੍ਰਯੋਗ ਕਰਨ ਦਿਵਸ ਮਨਾਇਆ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

ਆਈਪੀਆਰ ਪਰ ਬ੍ਰਾਹਮਣ ਕਰਾਮੀ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

ਬੌਧਿਕ ਸੰਪਦਾ ਅਧਿਕਾਰਾਂ ਪਰ ਈਜ਼ੋਂ ਔਰ ਸੰਕਾਯ ਕੇ ਲਿਏ ਜਾਗਰੂਕਤਾ ਸੱਤ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

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ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

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ਸਮਾਨਤਾ, ਨਿਆਂ ਔਰ ਸੁਵੱਤਰਤਾ ਕੋ ਫੁੱਡਾਵਾ ਦੇਣੇ ਪਰ ਕਿਆ ਸੁਠੁਠ

ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

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ਵਿਸੈ ਦਿਵਸ ਮਨਾਉਣ ਵਾਲੇ ਸ਼ਿਸ਼ੂਆਂ ਨੂੰ ਸ਼ਾਮਲ ਕਰਕੇ ਸਮਾਜਿਕ ਸੇਵਾ ਕਰਵਾਈ ਗਈ।

7 Day NSS Camp

12-18 January 2026

NSS Camp, organized by the NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana (Jan 12-18, 2026), was inaugurated by Principal Dr. Maneeta Kahlon. NSS objectives and song instilled unity and dedication; physical exercises, dance performances, and Hindi Diwas highlighted fitness, culture, and language. Dr. Kahlon urged leadership and selfless service. Evening stencil printing training by **Ms. Shikha Bajaj (Fashion Designing)** taught color techniques and fabric design. **National Youth Day and Swami Vivekananda Jayanti** were celebrated enthusiastically. Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Instagram: <https://www.instagram.com/p/DTcXRQLEd9q/?igsh=MndmOWZ2cXduaTNw>

The following CA members were present:

STUDENT'S NAMES	CLASS
Pawandeep kaur	BA 3 rd
Kulbir kaur	BA 3 rd
Gurnain kaur	BCA 2 nd
Chahat rana	BCOM 3 rd

World Hindi Diwas

12th January 2026

Under the aegis of **Internal Quality Assurance Cell with NSS Cell, Guru Nanak Khalsa College for Women celebrated World Hindi Diwas on 12 January 2026** along with a **Prize Distribution Function**. World Hindi Diwas, observed on **10 January**, aims to promote the Hindi language globally and commemorates **the First Hindi Conference held in Nagpur in 1975**. Students enthusiastically participated in activities such as skit, dance, singing, and poetry recitation, showcasing their creativity and command over Hindi. A competition was also organized on 10 January Quiz, and winners were felicitated during the ceremony. **Ms. Asha, Head of the Department of Hindi**, emphasized the importance of preserving and promoting Hindi, while **Dr. Maneeta Kahlon**, Principal of the College, highlighted Hindi's global presence and encouraged students to use Hindi confidently.

The following CA members were present:

STUDENT'S NAMES	CLASS
Pawandeep kaur	BA 3 rd
Kulbir kaur	BA 3 rd

Instagram:<https://www.instagram.com/p/DTcXT5ZkXPB/?igsh=bzRyYjJrYXB2M2R4>

Facebook:<https://www.instagram.com/p/DSR3C8EkSrq/?igsh=MTltNXU2Y3VhYXB4ZQ==>



Student Achievement - January 2026

LCPL Kirandeep Kaur participated in Parasailing Course from 29 December 2025 to 31 December 2025 at the Army Adventure Wing Training Nodes, Western Command, Patiala.

Cadet Diya Sharma participated in the Drone Training Camp from **1 Jan 2026 to 12 Jan 2026 at Guru Nanak Dev Engineering College, Ludhiana.** **Principal Dr. Maneeta Kahlon** congratulated the cadets on their participation and extended her best wishes for their future endeavors.



Instagram: <https://www.instagram.com/p/DThmFdAkeQd/?igsh=OTJoOTM2YjV2Z2lu>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Magh Sangrand Celebrations

14th January 2026

GNKCW celebrated 'Magh' month's Sangrand to mark the first day of the month according to the Indian traditional monthly calendar. Magh in Punjabi marks the start of Maghi for Sikhs, commemorating the sacrifice of **40 Sikh martyrs at Muktsar**, involving pilgrimages, sacred dips, and prayers for cleansing sins and ego. It also impacts agricultural shift, daily life, with deeper traditions including charity, community meals (Langar), and spiritual reflection on **Guru Granth Sahib's teachings about inner purity. Madam Principal Dr. Maneeta Kahlon, staff, and students prayed for the well-being of everyone.**

Instagram:<https://www.instagram.com/p/DThjCSQkdBY/?igsh=MTMwdjJzam56bGU3dQ==>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Lohri Celebrations

15th January 2026

Under the aegis of Internal Quality Assurance Cell, Lohri was celebrated at Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana with a lot of zeal and enthusiasm in the college campus. Today per the tradition a Bonfire was lit where the teachers and students were seen enjoying to the tune of popular Lohri songs. The highlight of the celebration was students enjoying dancing to the beat of the Dhol. The students relished winter savouries such as moongfali, rewadi and phuga. A lunch party was also hosted on the occasion by the Teaching Staff. On the college management and festivities **Principal** emphasized that the coming year would bring happiness in the lives of students and teachers as well.

Instragram: [https://www.instagram.com/p/DThh2-](https://www.instagram.com/p/DThh2-JESAG/?igsh=dmFpNWxmbGt4cG16)

[JESAG/?igsh=dmFpNWxmbGt4cG16](https://www.instagram.com/p/DThh2-JESAG/?igsh=dmFpNWxmbGt4cG16) Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



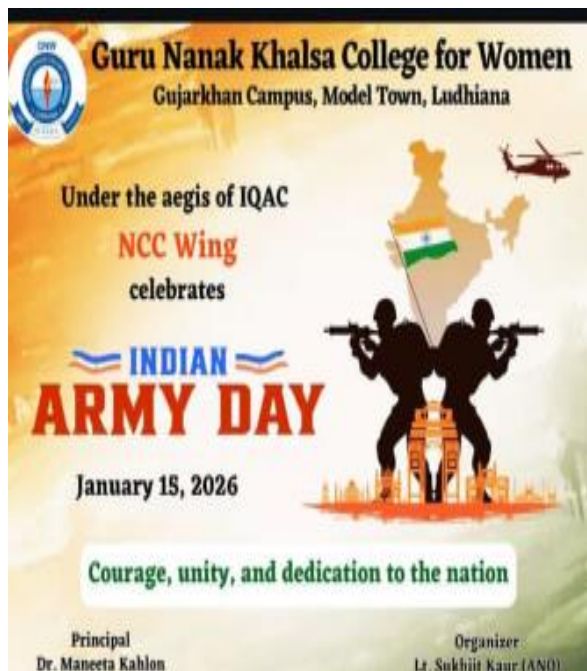
Indian Army Day Celebration

15 th January 2026

Under IQAC, NCC Wing, and NSS in collaboration with the Political Science Department, celebrated Indian Army Day on January 15, 2026 at Guru Nanak Khalsa College for Women, Model Town, Ludhiana. The event, themed "*Year of Networking and Data Centricity*," was addressed by **ANO Lt. Sukhjit Kaur**, who briefed cadets and students on the Indian Army's vital role in safeguarding national sovereignty and integrity. A motivational video, "*Living Way Beyond The Edge - Inspiring Stories*" featuring Colonel Kaushal Kashyap, highlighted Army forces' contributions.

Instagram: <https://www.instagram.com/p/DThm4DHEal0/?igsh=MWt4YXlsMnFzaTQ5cA==>

FaFacebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



De-AddictionDay

16 th january 2025

GNKCW NSS camp day 5 highlighted key wellness and awareness initiatives. Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya led a **Drug De-Addiction Programme under Nasha Mukh Bharat Abhiyan** to promote de-addiction messaging. **Mr. Shrey Tripathi from Satyug Darshan** conducted a yoga session focusing on physical fitness, flexibility, warm-ups, strengthening, and classical postures for student well-being. **Dr. Nishi Malhotra Sobti (MBBS, MS)** delivered a women's health session on PCOS/gynaecological issues, stressing healthy diet, balanced lifestyle, timely check-ups, and early intervention. **Indian Army Day (Jan 15, 2026, theme "Year of Networking and Data Centricity") featured ANO Lt. Sukhjit Kaur's** briefing on Army's role in national security, a screening of "Beyond The Edge" stories by Shourya Chakra awardee **Col. Kaushal Kashyap, and Principal Dr. Maneeta Kahlon's** tribute to soldiers' patriotism, leadership, and selfless service; 59 cadets and faculty participated.

Instagram:<https://www.instagram.com/p/DTujew2EUdt/?igsh=MTA2Yjd0Y2xwY282Zw==>Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Workshop -Queen of 16 Fibres

16th January 2026

Under the aegis of IQAC. The Department of Fashion Designing of Guru Nanak Khalsa College for Women on silk organized a workshop titled "Queen of 16 Fibres" in which students participated in weaving, where they were given detailed knowledge about various types of silk, their production process, and silk fabrics. Kinds of articles were also demonstrated with a variety of silk fabrics, enabling them to understand their applications in fashion designing. The texture, quality, and applications in fashion designing. The workshop proved to be informative and enhance the practical knowledge and creativity of the students. **Principal Dr. Maneeta Kahlon** appreciated the efforts of the Department and emphasized that such natural fibres should be promoted to preserve traditional craftsmanship.



Instagram:<https://www.instagram.com/p/DTzju-dkVbz/?igsh=MWU1cTRubTN6b2djdg==>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

Substance Abuse Awareness

17 Th January 2026

On the sixth day of NSS camp, i.e., January 17, Physical Education & Wellness Session for students. During session **Mrs. Parminder Kaur** from Department warm-up, stretching, jumping exercises to promote physical fitness among students. Volunteers visited NSS Unit, Jhameri to create awareness among villagers regarding adverse effects of nasha (residents abuse). NSS Psychology Unit organized a seminar on "*Nasha Muktbharat*" under "*Manodarpan*" guidelines, promoting mental health awareness by **Dr. Tarunow Singh** from Psychoways Clinic, Hoshiarpur. NSS Unit with Ayurveda promoted natural benefits; **Dr. Sunita Hora from Turash Herb, Ludhiana. Ms. Neeta Prakash (NSS Principal Dr. Maneeta Kahlon, NSS Unit Dr. Madhu Dhawan)** along with NSS volunteers. **Madam Principal Dr. Maneeta Kahlon** addressed, motivating volunteers to incorporate NSS units. Instagram: https://www.instagram.com/p/DTm2reAkXay/?img_index=8&igsh=MWlxMTliZHd5OWcxMw==

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Mental Health & Resilience Seminar

19th January 2026

Under the aegis of IQAC, a seminar on "*Mental Fitness and Resilience*" was organized by the **Department of Psychology at Guru Nanak Khalsa College for Women, Gujarkhan Campus, on 19 January 2026** for the benefit of students. The session was conducted by guest speakers **Ms. Ankur, Organisational Psychologist, and Ms. Nandita, Community Psychologist, from MindPlus Clinic**. The seminar was joined by the **Principal Dr. Maneeta Kahlon, Ms. Harnoor Bajwa (Department of Psychology), Mrs. Seema Dua, and Dr. Madhu Dhawan, and Mr. Rajeev Thapar (Mindplus Clinic), along with students.**

Principal Dr. Maneeta Kahlon addressed the gathering emphasizing the growing importance of mental fitness alongside physical health, especially for young adults.

Instagram: https://www.instagram.com/p/DTm2reAkXay/?img_index=8&igsh=MWlxMTliZHd5OWcxMw==

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



The following CA members were present

STUDENT'S NAME	CLASS
Tamanna	BA 3
Palak narang	BCOM 3
Jasnoor kaur	BA 3
Jasleen kaur	BA 3
Aastha Sharma	BA 3
Hashdeep	BBA 3
Bhavleen kaur	BBA 3
Pavneet kaur	BBA 3
Lovika talwan	BBA2
Baljeet kaur	BA 3
Sree Parvathi	BBA 3
Jasnoor Vig	BA 3
Jasreet kaur	BA 2
Bisman kaur	BA 1
Harmanpreet kaur	BA 3
Ravneet kaur	BCOM 2

Awareness Against Child Marriage

19th January 2026

Under the aegis of the IQAC, the Women Development Cell of Guru Nanak Khalsa College for Women organized a programme against child marriage. The activity aimed to sensitize students about the harmful effects of child marriage on physical, mental health, education, and overall social development. An interactive discussion session was conducted in which students actively participated and shared their views. **Dr. Maneeta Kahlon** addressed the students to become agents of change by spreading awareness in their families and communities. The strong programme concluded with a vote of thanks and a strong message to work collectively towards the eradication of child marriage and the promotion of gender equality.

Instagram: <https://www.instagram.com/p/DTzi-V5Eb4H/?igsh=MWdxZW9kdTZiNHUyeQ==>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Fashion Designing Exhibition-cum-Sale

20 th January 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Fashion Designing organized an Exhibition-cum-Sale under the "Earn While You Learn" programme, showcasing creative products made from repurposed materials such as bottles, and mirrors. These discarded materials were artistically transformed into beautiful decorative and utility articles.

A total of 18 students enthusiastically participated by collecting waste materials and redesigning them into innovative, aesthetically appealing products. The activity was conducted under the able guidance of **Dr. Shikha Bajaj, Mrs. Yukti Khurana, and Mrs. Manmeet Kaur**, whose mentorship played a pivotal role in the success of the event.

The exhibition was graced by **Principal Dr. Maneeta Kahlon**, who lauded the students for their creativity, environmental consciousness, and commendable efforts.

Instagram: <https://www.instagram.com/p/DT2KV8IETcr/?igsh=d3N3eGFrN>



2wyNWNq Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

CRIF -Credit Leap Program

21st January 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), Khalsa College for Women, Ludhiana Cell of Guru Nanak extension students' CRIF - Credit Leap Awareness to modern session was led by Mr. Gurshevan Singh from Bajaj Finance, who provided valuable insights into rating mechanisms, credit evaluation, and lending introduced students to the two-day *CRIF - Credit Leap Programme*. Outlining its focus on loan processes, and certification organized under the guidance of Placement Cell with enthusiastic participation by Dr. Neetu Prakash and Dr. Nidhi motivating, who found the session informative and **Principal Dr. Maneeta Kahlon** thanked for his insightful session and appreciated the efforts of the Placement-Academia cell in preparing students for future careers.

Instagram:https://www.instagram.com/p/DTxH3hDkeND/?img_index=5&igsh=azBxeWF1dXY1b2h3

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



The following CA members were present:

STUDENT'S NAME	CLASS
Palak narang	BCOM 3
Chahat rana	BCOM3
Sehajpreet kaur	BCOM3
Anmol kapoor	BCOM3
Manroop kaur	MCOM1
Arshdeep kaur	MCOM1
Amanpreet kaur	BCOM1
Ramandeep kaur	MCOM1
Sukhmanjot kaur	BCOM1
Hashdeep kaur	BBA3
Sree parvathi	BBA3

Campus Exploration Visit

21st January 2026

Under the aegis of IQAC, Admission Cell of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana organized a visit to help students explore college campus and gain insights into future academic opportunities. Ms. Satwanti Kaur assisted her in presentations of the college. Dr. Pritibai Tayagi enabled students to explore their visit at the campus organized by Dr. Punpreet Kaur, Coordinator, Admission Committee. Principal Dr. Maneeta Kahlon motivated the college's unwavering commitment to academia excellence and holistic development. Jagpreet Special note of thanks extended to Ms. Jagpreet Kaur, Principal of Guru Nanak Khalsa Sr. Sec. School, Gujarkhan, for her support in facilitating this interaction and inspiring her students to explore higher

education opportunities. Instagram: https://www.instagram.com/p/DTxH3hDkeND/?img_index=5&igsh=azBxeWF1dXY1b2h3

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Hindustan Tyre Visit

21st January 2026

A Young Industry Minds Visit to BBA with Real-Time Co. for Practical Exposure Visit to Hindustan Tyre Co. The Department of Business Management of Guru Nanak Khalsa College for Women on January 21st, 2026 for the students of BBA, aiming to bridge the gap between theoretical knowledge and practical industrial exposure. The program commenced with an informative address by the Head of HR, who warmly welcomed the students and briefed them about the company's vision, quality standards, safety measures, and work culture.

Instagram: https://www.instagram.com/p/DT2LRSPeWXq/?img_index=2&igsh=MWpvOWhtZnpjc2o1Yw==

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



PAU Community Visit

22nd January 2026

Under the aegis of IQAC, the department of home Science Guru Nanak Khalsa College for Women, Model Town, Ludhiana successfully organized an educational visit to PAU (Punjab Agricultural University) College of Community Science, Punjab on 22nd, January 2026. On arrival at PAU, a group of **41 students** was warmly welcomed by the faculty members. The students were introduced to family studies **Principal Dr. Maneeta Kahlon** reinforced that education curiosity, critical thinking, real-life professional competencies provide meaningful insights into such educational practical understanding and strength students.

Instagram: https://www.instagram.com/p/DT2MgClEQkK/?img_index=1&igsh=MWx0ZXk1czZzY29 Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Youth Mental Health First Aid Training

20th-22nd January 2026

Under the aegis of IQAC, the Department of Psychology at Guru Nanak Khalsa College for Women, Gujarkhan Campus, in collaboration with COPE (Centre for Outreach, Prevention and Empowerment), has organized a three-day Youth Mental Health First Aid Training from 20th January To 22nd January, 2026. COPE is a student-led mental health organisation by MPower, an Aditya Birla initiative, that works extensively in the areas of mental health awareness, prevention, early intervention and community empowerment. On the first day of the training, **Ms. Manveer, a trainer from COPE**, conducted an interactive session on mental health literacy. The session enabled students to develop a deeper understanding of mental health concerns and practical ways to offer support. The event has support. Organized by **Ms. Harnoor Bajwa, Head, Department of Psychology**. **Principal Dr. Maneeta Kahlon** also joined the session and addressed students, highlighting the session and addressed mental health education, empathy, and proactive involvement of youth in promoting a supportive and mentally healthy academic environment.





Instagram

:<https://www.instagram.com/p/DT2NdOukWQ1/?igsh=Mzh1ZjQ1eDM1MW5y>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

Industrial Visit

22nd January 2026

Under the aegis of the IQAC ,the PG Department of Commerce organized an industrial visit of Merge Food park ,Laddowal,Ludhiana for the students of PG and UG classes on January 22,2026.The visit was coordinated by the HOD ,Mrs.Manmeet kaur.A total of 53 students enthusiastically participated in the visit and accompanied by Assistant Professor Mrs.Baljit Kaur and Dr.Dinkle .

Principal Dr.Maneeta Kahlon ,appreciated the efforts of the department in organizing such a knowledge-enriching and informative visit and encouraged the organization of more such industrial exposure visits in the future.

Instagram:<https://www.instagram.com/p/DT4TYCVkW-6/?igsh=MWptaGZvaTQwMG5nbQ==>**Facebook:**<https://www.facebook.com/share/p/18UfPZ2nVN/>



Netaji Subhas Chandra Bose Commemoration

23rd January 2026

Under the aegis of **Guru Nanak Khalsa College Department for Women, Gurj Aihan Campus** in collaboration with **EBSB**, organized the **125th Birth Anniversary of the great nationalist freedom fighter Netaji Subhas Chandra Bose**. The day observed on **23rd January** was marked to honour his invaluable contribution to India's freedom struggle. On this occasion, students were reminded of Netaji's indomitable spirit and his slogan, "*Give me blood, and I shall give you freedom*," which motivated thousands to join the struggle against colonial rule. Special mention was made **of Lakshmi Sahgal**, who stood as one of the world's first all-women combat units and reflected Netaji's vision of gender equality. **Principal Dr. Maneeta Kahlon** motivated students to take principal steps in their lives, following the inspiring example set by Netaji Subhas Chandra Bose.

Instagram:<https://www.instagram.com/p/DT2OYgjkUQH/?igsh=MXZtaDV2d29lajd3>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/> Ncc day nov



Industrial Visit-Verka milk Plant

24th January 2026

An Industrial visit-Learning beyond the books" Under the aegis of Internal Quality Assurance Cell, PG Department of Commerce has organized an industrial visit to Verka Milk Plant, Ludhiana for the students of PG and UG classes on 24 January, 2026. The visit was coordinated by Head of the department Mrs. Maninder Kaur and Associate Professor Mrs.Manmeet Kaur. An educational industrial visit to the Verka Milk Plant, Ludhiana was successfully organized for 53 students, accompanied by Assistant Professors Dr. Punpreet Kaur and Mrs. Monica Sharma, with the objective of providing practical exposure to industrial operations and food processing technology. The coordinator Ms. Sukham Kaur and Ms. Randeep Kaur explained the importance of hygiene, safety standards, and modern machinery used in the dairy industry.

The teachers expressed their appreciation to **Mr. Daljit Singh**, the general manager Verka plant and staff of the Verka Milk Plant, Ludhiana, for their cooperation and informative guidance.

Madam **Principal Dr. Maneeta Kahlon** appreciated the efforts of the Department for organizing such a knowledge enriching and informative visit for students and urged for more such informative visits in the future.

Instagram: https://www.instagram.com/p/DUAc_SDkdSL/?igsh=aGY2M3hv_b3Nlb3B5

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Republic Day Celebration

25 thJanuary 2026

Under the aegis of the the Internal Quality Assurance Cell (IQAC),Guru Nanak Khalsa College for Women,ModelTown,Ludhiana,celebrated the 77th Republic day with great patriotic fervour and enthusiasm.The event was collaboratively organized by the **Department of Political Science and Fine Arts,along with NCC wing,NSS Unit,Ek Bharat Shreshtha Bharat(EBSB),Youth Welfare Department,Youth and Red Ribbon Club and the Red Cross Society.**The theme of the celebration ,”105 Years of Vande Matram”,highlighted the enduring spirit of nationalism and cultural pride.Students from **Department of Music and fine arts draw illustrations and sung songs to showcase their love for nation.**

Principal Dr.Maneeta Khalon,emphasized the importance of preserving India’s rich heritage while advancing towards progress and development.

Instagram:

<https://www.instagram.com/p/DT41SwJkQQb/?igsh=MTRkbjhnOHL0ZGRv aA==>Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



National Voter's Day

25 thJanuary 2026

Under the aegis of the IQAC, The Department of Social Sciences and the Legal Literacy Club of Guru Nanak Khalsa College for Women organized the National Voter's daycelebration.**DR.Madhu Dhawan** highlighted the significance and history of **National Voter's Day** and emphasized the importance of of informed and responsible voting.Students from Department of Fine Arts showcased their creativity by posters that spread awareness about voting.**Principal Dr.Maneeta Khalon**, motivated and encouraged the students to exercise their voting rights wisely.



Instagram: <https://www.instagram.com/p/DT42FGkEWRV/?igsh=MxVjMzRnbWQwZHpiYw==>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Basant Panchmi Celebration

25 th January 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated the festival of Basant Panchmi with great fervour and enthusiasm on the college campus. The festival, dedicated to **Goddess Saraswati-the epitome of wisdom**, music, and art-was marked by a vibrant display of yellow as the teaching and non-teaching staff adorned themselves in traditional yellow attire. The celebrations featured vibrant stalls and attractive selfie points, adding colour, joy, and enthusiasm to the occasion.

Principal Dr. Maneeta Kahlon extended her heartfelt wishes on the occasion and expressed hope that Basant Panchmi would usher in prosperity, optimism, and happiness for all.

Instagram:<https://www.instagram.com/p/DT43t9LkSna/?igsh=MXhndHM2MXoxamUyYw==>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Workshop-Self Grooming

27th January 2026

The Youth Welfare Department of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, under the aegis of the Internal Quality Assurance Cell (IQAC), organized a workshop on **Self-Grooming for students** with the aim of promoting personal development and career awareness in the beauty and wellness sector. The workshop was conducted by expert resource persons from **Lakme Academy, Ludhiana**-**Ms. Rasika, Skin Trainer, Mr. Navdeep Singh, Business Development Manager (BDM), Lakme, and Ms. Priyanka, Nail Care Trainer**. They also highlighted the wide range of career opportunities available in the field of beauty care, encouraging students to consider this domain as a viable professional pathway. The event was coordinated by **Dr. Punpreet Kaur and Ms. Daisy Wadhwa, Coordinators of the Youth Welfare Department**. **Speaking on the occasion, Principal Dr. Maneeta Kahlon** emphasized that self-grooming plays a crucial role in enhancing confidence, personality, and employability among students. She

encouraged students to make informed choices about skill-based career options.

Instagram:<https://www.instagram.com/p/DUAdhozETXK/?igsh=MWl6NWRuZnoxY2dqbg==>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

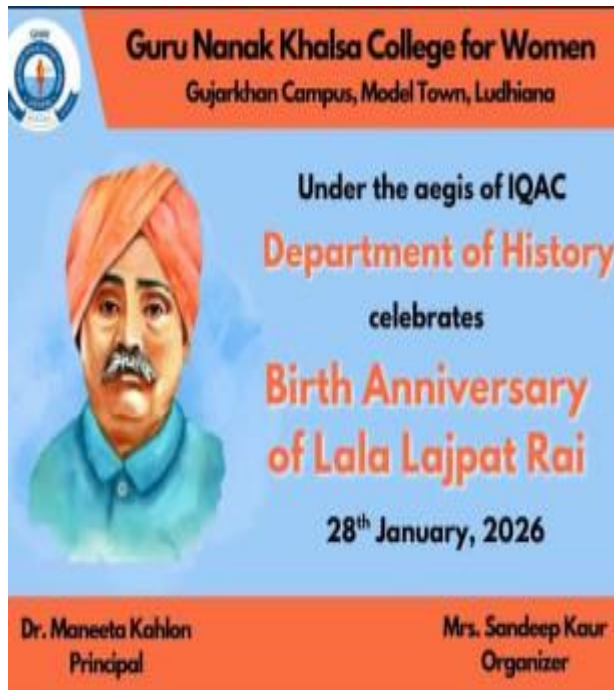


Birth Anniversary of Lala Lajpat rai

28th January 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of History of Guru Nanak Khalsa College for Women, in collaboration with Ek Bharat Shreshtha Bharat (EBSB), celebrated the 161st Birth Anniversary of Lala Lajpat Rai Ji on the college campus today. Popularly known as the "*Lion of Punjab*" and "*Punjab Kesari*," Lala Lajpat Rai Ji was an eminent leader of the Indian independence movement. Addressing the students, **Mrs. Sandeep Kaur, Head of the Department of History**, highlighted his invaluable contributions to the freedom struggle. **Principal Dr. Maneeta Kahlon** graced the event with her presence and motivated the students through her inspiring address. She remarked that people across the nation pay tribute to Lala Lajpat Rai Ji by remembering his supreme sacrifices and upholding his principles of patriotism, justice, and equality.

Instagram:<https://www.instagram.com/p/DUDB0PqEQqi/?igsh=OGUzcGIwZnNhcWRy> Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Career Opportunities in the Field of Artificial Intelligence

28th January 2026

Under the aegis of the Internal Quality Assurance Cell. The seminar aimed to sensitize students to emerging career avenues and the rapidly evolving job market driven by Artificial Intelligence. The Department of Computer Science and Applications of Guru Nanak Khalsa College for Women, Model Town, Ludhiana organized a seminar on "Career Opportunities in the Field of Artificial Intelligence". The resource person for the seminar was Mr. Anoop Gupta, Managing Director, Cyberframe Pvt. Ltd., who provided valuable insights into how AI is transforming industries and reshaping workforce requirements. Ms. Vanya Vaibhava Gupta, Founder of Innerease, Counsellor and Non-Clinical Therapist, conducted a psychometric test for the students. Principal Dr. Maneeta Kahlon, appreciated the initiative and stated, "In today's

fast-changing technological landscape, it is essential to expose students to emerging fields like Artificial Intelligence." The event was coordinated by **Ms. Daisy Wadhwa, Ms. Satwant Kaur**, and the faculty members of the Department of Computer Science and Applications.

Instagram:<https://www.instagram.com/p/DUDDrHkEZtC/?igsh=MWp4eDYzdzN6Y2VuZQ=>Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



National Girl child day

28th January 2026

The Department of Fine Arts of Guru Nanak Khalsa College for Women, in collaboration with the Women Development Cell, organized a Poster Making Competition to celebrate National Girl Child Day on January 28, 2026.

The event witnessed enthusiastic participation from **32 students**, who created stunning and meaningful artworks highlighting the importance, strength, and potential of the girl child. The guidance and supervision of the in-charges and faculty members of both departments, The posters were judiciously evaluated by **Dr. Kirti Dhawan, Head of the Department of Journalism, and Mrs. Shikha Kalra, Head of the Department of Home**

Science, whose presence added great value and encouragement to the participants.

The respected Principal, **Dr. Maneeta Kahlon**, appreciated the students for their excellent work and congratulated both departments for organizing such an inspiring and impactful activity. She further encouraged the girls to strive for excellence in life and emphasized the vital role of education in their growth, empowerment, and overall development.

Instagram: <https://www.instagram.com/p/DUIJkvukSnK/?igsh=MTkwMmJqdWNYaHVhOQ==> Facebook: <https://www.facebook.com/s hare/p/18UfPZ2nVN/>



A Tribute to the Spirit of Patriotism and Sacrifice

28th January 2026

In order to commemorate the proud occasion of Republic Day 2026, and to pay heartfelt tribute to the brave soldiers of the 1971 Indo-Pak War, the PG Department of Commerce has planned a meaningful and patriotic initiative for its students and faculty members. A special visit has been organised to watch the movie **Border 2 at Silver Arc on January 28, 2026. Theatre for the 10:40 a.m. show. Republic Day reminds us of the values of our Constitution and the responsibilities we hold as citizens of our great nation. **Principal Mam Dr. Maneeta Kahlon** expressed her appreciation for**

this thoughtful initiative and said, "Republic Day is not only a celebration of our Constitution but also a moment to remember the sacrifices of our brave soldiers who protect our nation selflessly.

Instagram: <https://www.instagram.com/p/DUKrgWZkb97/?igsh=bWltenExa28wOG92>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Martyrs Day

29th January 2026

Under the aegis of the Internal Quality Assurance Cell, the Department of History in collaboration with NSS Unit, EBSB, and Red Cross Society of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized Martyrs' Day in the college campus today to honor the sacrifices of India's great freedom fighters. The event aimed to instill a sense of patriotism among students and remind them of the values upheld by those who laid down their lives for the nation.

As part of the program, an informative session was conducted, where **Mrs. Sandeep Kaur, Head of Department of History enlightened students about the significance of Martyrs' Day.** The event was further graced by **Principal Dr. Maneeta Kahlon,** who addressed the students with an inspiring speech. She highlighted the role of young minds in shaping the future of the country and encouraged them to uphold the principles of justice, peace, and unity.

Instagram:<https://www.instagram.com/p/DUU6mrTkQmy/?igsh=ajkxYTQ2dWZ3ZWNs>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Road Safety Awareness

29th January 2026

For celebrating road safety month, GNKCW, in collaboration with Sehyog NGO, successfully organised a Road Safety Awareness event on 29th January, 2026, aimed at sensitising students about responsible road behaviour. The event featured an enlightening lecture on road safety by **S. Gurdev Singh, ACP Traffic,** followed by a pledge to abide by road safety rules. A vibrant road safety rally covering the Model Town area was organised, where students participated enthusiastically on Aactiva scooters, wearing helmets and holding placards with strong messages promoting road safety. The college extends special thanks to **S. Amarjit Singh Rana, President, Sehyog NGO, for choosing GNKCW** as the venue for this meaningful initiative. The event was efficiently coordinated by **Dr. Punpreet Kaur, Coordinator, Youth Welfare Department. Principal Dr.**

Maneeta Kahlon appreciated the collective efforts of all involved and encouraged students to make helmet use a regular habit while driving, reinforcing the importance of safety first.

Instagram: <https://www.instagram.com/p/DUITCvfkV8/?igsh=cnc0Ym4zazd0dGp5>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



The following CA members were present:

SNO	Roll No.	Class	Name
1	251081	B.com(I)	Amanpreet Kaur
2	25211	B.A.(I)	Gursimar Kaur
3	251024	B.com(I)	Sukhmanjot Kaur
4	251918	BCA(I)	Siya Moldi
5	25273	B.A.(I)	Bisman Kaur
6	241117	B.com(II)	Ramnpreet Kaur
7	241155	B.com II	Shreya
8	241026	B.com II	Parneet Kaur
9	241920	BCA II	Jaswinder Kaur
10	242422	M.com II	Harman Kaur
11	252406	M.com I	Ramandeep Kaur
12	242419	M.com II	Dilshanpreet

13	24-170	BA-II	Rimzim Kapoor
14	24-109	BA-II	Arshpreet Kaur
15	231184	B.com III	Chahat Rana
16	23297	BA-III	Prabhjit Kaur
17	23307	BA-III	Pavani Nagpal
18	23156	B.A. III	Aastha Sharma
19	23127	B.A. III	Kulbir Kaur
20	23197	BA III	Jasmine Kaur Gumbir
21	23119	BA-III	Aastha Gupta
22	23306	BA-III	Jasleen Kaur
23	23357	BA III	Jasnoor Kaur
24	23116	BA-III	Sukhmeet Kaur
25	23222	BA-III	Gaganpreet Kaur
26	23225	BA-III	Mehakpreet Kaur
27	23322	BA-III	Manmeet Kaur
28	231903	BCA III	Arshpreet Kaur
29	231934	BCA-III	Ishan

The following CA members were present:

SNO	Roll No.	Class	Name
	242709	BBA II	Lovika Talwar
	242744	BBA II	Alisha Kapoor
	23182	BA III	Damanpreet Kaur
	23127	BA III	Kulbir Kaur
	23160	BA III	Pawan
	231183	BCom III	Palak Narang
	231009	B.com III	Japneet Kaur
	232728	BBA III	Pavneet Kaur

Earn While You Learn

29th January 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Home Science of Guru Nanak Khalsa College for Women, Ludhiana, organized an "Earn While You Learn" activity by setting up a Chatpati Sprout and Shakarkandi Chaat stall on January 29, 2026.

A group of **21 students** actively participated in the preparation of this healthy snack. **S. Gurdev Singh, ACP Traffic Police**, along with his staff, also visited the stall and encouraged the students for their initiative and efforts.

Principal Dr. Maneeta Kahlon appreciated the students for their sincere efforts and emphasized that such practical activities play a vital role in developing entrepreneurial skills, confidence, teamwork, and leadership qualities among students, preparing them to become responsible professionals and visionary leaders of tomorrow.

Instagram: <https://www.instagram.com/p/DUIToDekQfv/?igsh=M2wzMHY5dTF1c3R1>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Stratagem 2.0

29th January 2026

Under the aegis of IQAC, Guru Nanak Khalsa College for Women successfully organized Stratagem 2.0 on 29 January 2026, with 60 students participating enthusiastically.

The event featured exciting **competitions-Build a Business in 10 Minutes, Flash-Talk, and Think Tank-** where students showcased creativity, quick thinking, and entrepreneurial spirit. Winners were awarded **certificates and medals**, celebrating excellence and teamwork. Refreshments were sponsored by Cake Square (@cakesquareludhiana), Ludhiana. Principal **Dr. Maneeta Kahlon** appreciated the efforts of the Department and motivated students to embrace such experiential learning opportunities. Led by **Dr. Nidhi Sharma (HOD)** and the dedicated faculty team, Stratagem 2.0 was truly a success-inspiring young minds to think big and innovate.

Instagram:<https://www.instagram.com/p/DUKpgZVkdIy/?igsh=MTl5MGpzeThtMjU4NQ==>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



The following CA members were present:

STUDENT'S NAME	CLASS
Lovika talwan	BBA2
Sree parvathi	BBA3
Pavneet kaur	BBA3
Hashdeep kaur	BBA 3
Alisha Kapoor	BBA2

Newspaper Day

30 th January 2026

Under the aegis of IQAC, the Department of Journalism & Mass Communication of Guru Nanak Khalsa College for Women celebrated **Indian Newspapers Day** with the objective of promoting the habit of newspaper reading and creating awareness about the role of print media in shaping public opinion and democracy.

The programme commenced with an address by **Dr. Kirti Dhawan, Head of the Department of Journalism & Mass Communication**, who underscored the importance of newspapers as a reliable source of information. She explained the various sections of a daily newspaper, including news, editorials, features, advertisements, and supplements, and emphasized how regular reading helps students enhance their language skills, general awareness, analytical ability, and understanding of socio-political issues.

Addressing the students, the **Principal, Dr. Maneeta Kahlon**, highlighted the relevance of newspaper reading in career building, particularly for students aspiring to careers in journalism, civil services, law, teaching, and other competitive fields.

Instagram: <https://www.instagram.com/p/DUIN79jkdGm/?igsh=MWJmZXRhbzltNGw4Ng==>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

The following CA members were present:

STUDENT'S NAMES	CLASS
Tamanna	BA 3 rd
Simran	BA 3 rd



World Leprosy Day

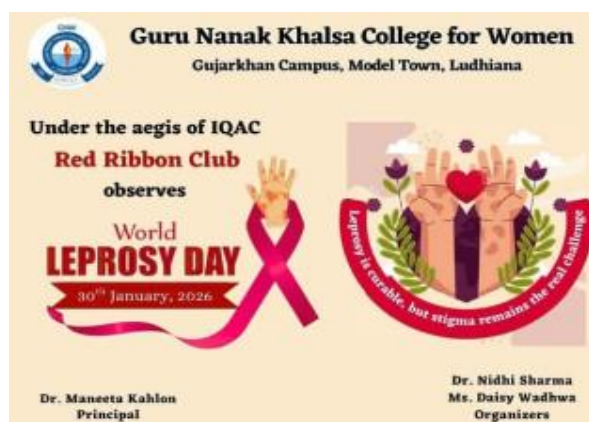
30 th January 2026

The Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana observed World Leprosy Day on January 30, 2026, under the aegis of the Internal Quality Assurance Cell (IQAC) with the objective of spreading awareness and dispelling myths associated with leprosy.

The Club Coordinators, Dr. Nidhi Sharma and Ms. Daisy Wadhwa, elaborated on the theme of the day, "Leprosy is curable, the real challenge is stigma." They encouraged students to adopt a compassionate and inclusive attitude towards affected individuals and to act as awareness ambassadors in society by sharing correct information and promoting empathy. **Principal, Dr. Maneeta Kahlon** in her message stated that awareness programs like these play a crucial role in educating young minds and breaking long-standing social prejudices.

Instagram:<https://www.instagram.com/p/DUIT7E4EZeC/?igsh=MW80em03YnQxMzJzbg==>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Workshop on personal Grooming

31st January 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Home Science and Fashion Designing of Guru Nanak Khalsa College for Women organized a workshop on "Make-up and Nail Art." professional make-up skills and shared start-up ideas related to this field. A **total of 77 students participated in the activity** and were made aware of various opportunities for starting small ventures. Students' queries were addressed during an interactive session. The participants showed keen interest in the field of self-grooming and make-up. The Principal, Dr. **Maneeta Kahlon**, encouraged the students to utilize their skills to establish their own ventures in the future and generate employment opportunities for others.2

Instagram <https://www.instagram.com/p/DUUqR5lEaUf/?igsh=MWV3enBlMWZ1YWR4MQ==>:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



College in News

Instagram <https://www.instagram.com/p/DUXdPd1Eaz9/?igsh=MTB2YXQ3YWlzeWV0ag==>



सना के गौरवशाली इतिहास के बारे में बताया

आज, बुधवार, 20 जनवरी को, सना के गौरवशाली इतिहास के बारे में बताया गया। इस अवसर पर, सना के गौरवशाली इतिहास के बारे में बताया गया।

बस विहट के इतिहासक छात्रों पर जगतक विचार

बस विहट के इतिहासक छात्रों पर जगतक विचार का आयोजन हुआ। इस अवसर पर, बस विहट के इतिहासक छात्रों पर जगतक विचार का आयोजन हुआ।

सना के गौरवशाली इतिहास के बारे में बताया

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गुरु नानक धारणा कलस बच्च बूनेन विधे संदे-सनाघट 'उ' वरवराध लराएँ

गुरु नानक धारणा कलस बच्च बूनेन विधे संदे-सनाघट 'उ' वरवराध लराएँ का आयोजन हुआ। इस अवसर पर, गुरु नानक धारणा कलस बच्च बूनेन विधे संदे-सनाघट 'उ' वरवराध लराएँ का आयोजन हुआ।

‘अरन वार्डल यू लरन’ गरीवविपी वरवाएँ

‘अरन वार्डल यू लरन’ गरीवविपी वरवाएँ का आयोजन हुआ। इस अवसर पर, ‘अरन वार्डल यू लरन’ गरीवविपी वरवाएँ का आयोजन हुआ।

पोटरों के जर्घे दिका धारिकर हघित वर संदे।

पोटरों के जर्घे दिका धारिकर हघित वर संदे का आयोजन हुआ। इस अवसर पर, पोटरों के जर्घे दिका धारिकर हघित वर संदे का आयोजन हुआ।

बैठ दौरान सिधर सागरबुकरा मेसन वरवाएँ

बैठ दौरान सिधर सागरबुकरा मेसन वरवाएँ का आयोजन हुआ। इस अवसर पर, बैठ दौरान सिधर सागरबुकरा मेसन वरवाएँ का आयोजन हुआ।

एनएसएस कैंप के तीसर दिन स्वास्थ और फिटनेस पर फोकस

एनएसएस कैंप के तीसर दिन स्वास्थ और फिटनेस पर फोकस का आयोजन हुआ। इस अवसर पर, एनएसएस कैंप के तीसर दिन स्वास्थ और फिटनेस पर फोकस का आयोजन हुआ।

सना के गौरवशाली इतिहास के बारे में बताया

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Bhagat Ravidas Jayanti

2 February 2026

Under the aegis of the Internal Quality Assurance Cell, the Department of Punjabi, in collaboration with the Women Development Cell of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized Bhagat Ravidas Jayanti in the college campus today. The programme aimed to spread awareness about the life and teachings of Bhagat Ravidas Ji and to inspire students to imbibe moral and spiritual values.

Mrs. Inderjit Kaur from the Department of Punjabi addressed the students, highlighting Bhagat Ravidas Ji's message of social equality and his stand against caste-based discrimination. The event was graced by the Principal, **Dr. Maneeta Kahlon**, who encouraged students to uphold the values of justice, peace, equality, and unity while contributing positively to nation-building.

Instagram: https://www.instagram.com/p/DUUrySJEf2v/?img_index=2&igsh=ejF1MDNiZ3lndng1:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Career Readiness and Job Support Seminar

2 February 2026

Under the aegis of the Internal Quality Assurance Cell, the Placement Cell of Guru Nanak Khalsa College for Women, Ludhiana organized a seminar titled "Career Readiness and Job Support Seminar" to enhance students' employability skills and career awareness.

The seminar was conducted by **Ms. Nisha Sharma and Mr. Nishaan Singh from R.K. Job Placement Consultancy, Ludhiana**, who shared insights into emerging career opportunities and the skills required to meet industry expectations. **Mr. Nishaan Singh** explained corporate structures, manufacturing processes, and employment prospects in finance, marketing, and production sectors, with a special focus on local opportunities in Ludhiana.

The event was efficiently coordinated by Dr. Neetu Prakash and Dr. Nidhi Sharma. The Principal, **Dr. Maneeta Kahlon**, thanked the resource persons for their valuable guidance and informative session.



instagram:https://www.instagram.com/p/DUUs2A_EYqN/?igsh=MTZ5dGxibWswdWM3ZA==

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

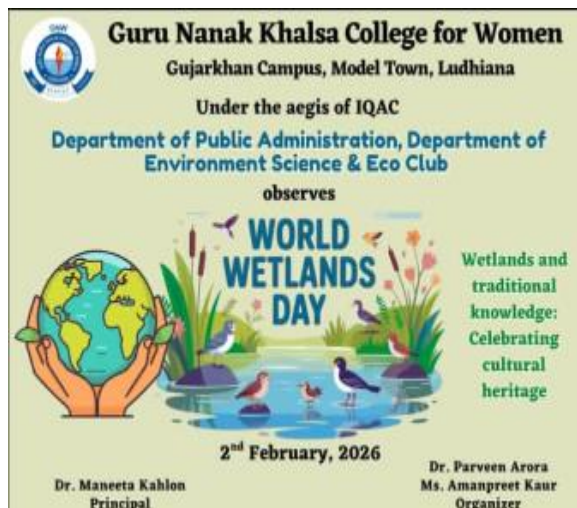
World Wetlands Day

2 February 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Public Administration, the Department of Environmental Science, and the Eco Club of Guru Nanak Khalsa College for Women jointly observed World Wetlands Day on February 2, 2026. The day is observed globally to raise awareness about the importance of wetlands in conserving biodiversity, supporting livelihoods, and maintaining ecological balance.

The event was organized by **Dr. Parveen Arora and Ms. Amanpreet Kaur, who guided the students and encouraged active participation. A total of 19 students** gained valuable insights into the need for conservation and the sustainable management of wetlands.

Dr. Maneeta Kahlon, Principal of the College, addressed the gathering and emphasized the significance of protecting wetlands, as they are among the most productive ecosystems on Earth. Instagram <https://www.instagram.com/p/DUUwZAukc9J/?igsh=ZDdwbGZj>



[ZGV4ZTln](#)

Overview of Union Budget 2026-27

3 rd February 2026

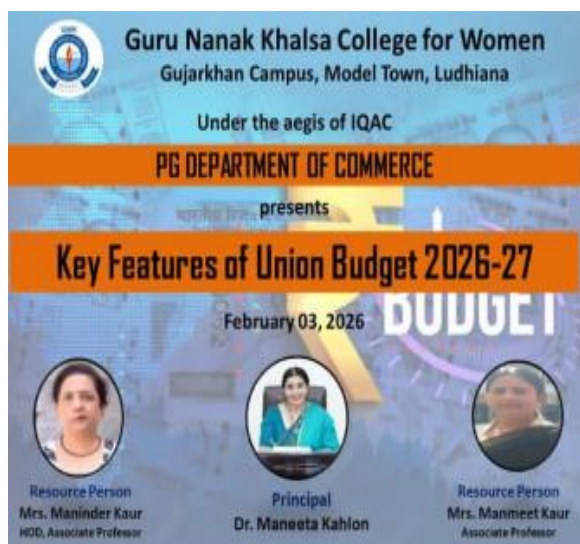
Under the aegis of Internal Quality Assurance Cell, The PG Department of Commerce of Guru Nanak Khalsa College for Women organised an academic activity on "Overview of Union Budget 2026-27" on February 3, 2026, to create awareness among students about recent fiscal policies, taxation reforms, and the economic direction of the country.

The activity was coordinated by **Mrs. Maninder Kaur, Head, PG Department of Commerce, and Mrs. Manmeet Kaur, Associate Professor. Madam Principal, Dr. Maneeta Kahlon,** appreciated the initiative and encouraged students to actively engage in understanding national economic policies.

The session concluded with an interactive discussion, successfully enhancing students' policy awareness and analytical skills.

instagram:<https://www.instagram.com/p/DUUxAWckfaH/?igsh=MThzeDJ2bmp1bm1mNg==>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



The following CA members were present:

SNO	STUDENT's NAME	CLASS
1	Ramandeep kaur	MCOM 1
2	Palak narang	BCOM 3
3	Sehjpreet kaur	BCOM 3
4	Harman kaur	MCOM2
5	Dilshan kaur	MCOM 2
6	Japneet kaur	BCOM 2

Inter-College Slogan Making and Poster Writing Competition

3 rd February 2026

Under the aegis of IQAC, students of Department of Fine Arts of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana, participated in the **Inter-College Slogan Making and Poster Writing Competition** organized by **BCM College of Education on 3rd February 2026**. The competition was organized with the objective of spreading awareness on important social issues such as AIDS, Drug Abuse, and Blood Donation. **A total of two students represented the college in this prestigious event. Kritika Sharma from B.Com 3rd Year participated in the Poster Making Competition, while Sukhman from BA 2nd Year** took part in the Slogan Writing Competition. Both the participants were trained and prepared under the able guidance of **Ms. Harpreet Kaur, Head of the Fine Arts Department**, who motivated and mentored the students to perform to the best of their abilities. Their sincere efforts and dedication bore fruitful results as Sukhman secured the 2nd Prize in the Slogan Writing Competition, bringing laurels to the institution.

The participants were accompanied by **Ms. Ramneek Kaur, Assistant Professor, PG Department of English**, who guided and motivated them throughout the event. **Dr. Maneeta Kahlon**, Principal of the College, appreciated the efforts of the participants and congratulated them on their commendable performance.



Instagram <https://www.instagram.com/p/DUIJkvukSnK/?igsh=MTkwMmJqdWNYaHVhOQ==>:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

World Cancer Day

4 th February 2026

Under the aegis of the Internal Quality Assurance Cell, the World Cancer Day was observed on February 4, 2026, by the Red Ribbon Club and the Women Development Cell of Guru Nanak Khalsa College for Women, Model Town, Ludhiana. An awareness session with the objective of spreading awareness about cancer prevention, early detection, and collective action against the disease, was organized. The resource person for the event was the college **Principal, Dr. Maneeta Kahlon**, who sensitized students about the global burden of cancer while highlighting the **World Cancer Day theme, "United by Unique."** She emphasized that every individual's experience with cancer is different, yet collective efforts, awareness, and empathy can make a significant difference in cancer prevention and care. She also urged students to adopt healthy lifestyles, remain vigilant about early symptoms, and actively participate in awareness initiatives. The event was successfully coordinated by **Dr. Nidhi Sharma and Ms. Daisy Wadhwa, Coordinators of the Red Ribbon Club, along with Mrs. Seema Dua and Dr. Shikha Bajaj, Coordinators of the**



Women Development Cell.

Instagram <https://www.instagram.com/p/DUaFEjceUtb/?igsh=MXRoMHJiZ2J3d2E3Nw==>:

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

The following CA members were present:

SNO	STUDENT'S NAME	CLASS
1	Alisha kapoor	BBA 2
2	Gurnain kaur	BCA 2
3	Pawandeep kaur	BA 3
4	Pavneet kaur	BBA3
5	Lovika Talwan	BBA 2
6	Palak narang	BCOM 3
7	Sehajpreet kaur	BCOM 3
8	Sree Paravthi	BBA 3
9	Japneet kaur	BCOM 1

Visit to the(MBCIE)

5th February 2026

An educational visit to **the Munjal Birmingham City University Centre of Innovation and Entrepreneurship (MBCIE), Ludhiana** was organized by **the Department of Computer Science and Applications, Guru Nanak Khalsa College for Women, Model Town, Ludhiana** for the students of **BCA 2nd Semester on February 5, 2025.**

The primary objective of the visit was to familiarize students with the internship and skill-development opportunities offered by the centre and to bridge the gap between academic learning and industry requirements. During the visit, **the Programme Director, Er. Shilpa Miglani**, interacted with the students and provided detailed information about the various training programs and courses conducted at the centre, highlighting their relevance in today's technology-driven job market.

A major highlight of the visit was the hands-on experience with Virtual Reality (VR) headsets, which gave students practical exposure to emerging technologies and innovative learning environments. The educational tour was coordinated and accompanied by **faculty members of the Department, Ms. Daisy Wadhwa, Ms. Arshnoor Kaur, Mrs. Ashmeet**



Kaur, and Ms. Harshu Sharma.

Instagram: <https://www.instagram.com/p/DUaCNqJkdA7/?igsh=b2drbnY2d3QocWdj>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Credit Leap Programme

5th February 2026

Under the aegis of IQAC, the Placement Cell of Guru Nanak Khalsa College for Women, Ludhiana successfully inaugurated the Credit Leap Programme, an initiative by CRIF.

The two-day workshop aimed to enhance students' financial literacy, credit awareness, and understanding of credit systems. Mr. Gursharan Singh (CRIF) guided students through key concepts such as credit scores, lending schemes, credit rating agencies, and responsible financial behaviour through interactive sessions.

A total of 49 students from M.Com, B.Com, and BBA actively participated. The programme was smoothly coordinated by Dr. Neetu Prakash and Dr. Nidhi. Principal Dr. Maneeta Kahlon encouraged students to engage in such career-oriented initiatives, highlighting the importance of financial literacy in today's competitive world. The workshop concluded successfully, empowering students to make informed financial decisions for their academic and professional futures.

Instagram: <https://www.instagram.com/p/DUaFEjcEUtb/?igsh=MXRoMHJiZ2J3d2E3Nw==>



Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Alumni Carnival

7th February 2026

Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana organized a vibrant Alumni Carnival in the college campus today, bringing together former students for a memorable reunion filled with joy, nostalgia, and celebration. **Mrs. Bhavneet Kaur, Councillor, Municipal Corporation, Ludhiana, graced the occasion as the Chief Guest.** The event witnessed enthusiastic participation from alumni who fondly shared their experiences and cherished memories, revisiting their golden days at the institution. The carnival featured a wide variety of stalls showcasing eatables, clothing, jewellery, and fun games, creating a lively and festive atmosphere on the campus. **Principal, Dr. Maneeta Kahlon,** warmly welcomed the alumni and emphasized the importance of extracurricular activities in the holistic development of students alongside academics. She distributed prizes to the lucky winners of the raffle draw and appreciated the dedicated efforts of the organizers for making the event a grand success.

Instagram https://www.instagram.com/p/DUc7C_DEQUF/?igsh=eXUyMjY1ZHVqam5k

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



The following CA members were present:

<u>S.No</u>	Roll No.	Name	Class
1	241920	Gurnain kaur	BCA 2nd year
2	231903	Arshpreet Kaur	BCA 4th Sem
3	231934	Padampreet K.	BCA 6th Sem
4	242744	Alisha Kapoor	BBA 4th sem
5	242709	Lovika Talwar	BBA 4th sem
6	23156	Aastha Sharma	BA 6th sem
7	23306	Jasleen Kaur	BA 6th sem
8	23357	Jasnoor Kaur	BA 6th sem
9	25273	Bismass Kaur	BA 1st year 2 Sem
10	241026	Ravneet Kaur	B.Com 2nd Year
11	241155	Shreya	B.Com II
12	241117	Bani	B.Com II
13	251081	Amanpreet K.	B.Com I
14	25211	Gursimar Kaur	B.A. I
15	231162	Anmol Kapoor	B.Com III
16	23-127	Kulbir Kaur	BA-III
17	251024	Sukhmanjot Kaur	B.Com I
18	24184	Jasreet Kaur	BA II
19	24109	Arshpreet Kaur	BA II
20	23320	Gurleen Kaur	BA III
21	251918	Siya Moldi	BCA I
22	23182	Damanpreet K.	BA III
23	23-174	Harmanpreet Kaur	BA III
24	23-190	Gaganpreet Kaur	BA III
25	23322	Manmeet Kaur	B.A III
26	23-225	Mehakpreet	B.A III
27	23-197	Jasmine Kaur	BA III

28	23160	Pawandeep Kaur	BA III
29	242205	Sehaj Arora	MA II
30	242223	Sonali	MA-II
31	23277	Tamanna	BA III
32	231009	Japneet Kaur	B.Com III
33	231184	Chahat Rana	B.Com III
34	231143	Sehajpreet Kaur	B.Com III
35	23-137	Kawaljot Kaur	B.A-III
36	23-2728	Parneet Kaur	BBA-III
37	231183	Palak Narang	B.Com III

Inter-College Declamation Competition

7th February 2026

Under the guidance of the Internal Quality Assurance Cell (IQAC), the Hindi Department of Guru Nanak Khalsa College for Women participated in the Inter-College Declamation Competition organized by Ved Prachar Mandal at Ramgarhia Girls College, Ludhiana, on February 07, 2026. The competition witnessed the participation of **25 colleges from across Punjab. Pooja, a student of BA-III**, brought laurels to the institution by securing a Consolation Prize for her commendable performance.

The Principal Dr. Maneeta Kahlon, congratulated Pooja on her achievement and wished her continued success in her future endeavors.

Instagram: <https://www.instagram.com/p/DUsKYhRkenS/?igsh=Yzl4bGt5a3VlZ24y>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



7-day Self-Defence Workshop

9th February 2026.

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Physical Education of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, organized a 7-day Self-Defence Workshop from February 9 to 16, 2026, on the college campus.

Karate Coach Sensei Raj Kumar conducted the training, teaching essential self-defence techniques to build confidence and preparedness among students. A total of 48 students participated enthusiastically, making the workshop a success. **Mrs. Parminder Kaur, Department of Physical Education**, thanked the participants for their active involvement and encouraged them to apply the skills in daily life. **Principal Dr. Maneeta Kahlon** appreciated the department's efforts and motivated students to continue developing confidence and self-defence abilities.

Instagram: <https://www.instagram.com/p/DU7k4GFkTBC/?igsh=ejZzMXFvaGdqBGEz>

FFacebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Inter college competition : Business Plan, Logo Designing, and Stall Presentations.

10th February 2026.

Our talented students made us proud by delivering an exceptional performance at **the Marketing Fest held at Arya College, Civil Lines, on 9th February 2026.** Students enthusiastically participated in various events, including **Business Plan, Logo Designing, and Stall Presentations.** **Two teams participated in the Business Plan Competition, two teams in Logo Designing, and three stalls were set up by our students.**

Isha Gurleen and Simranjeet from BBA-II bagged the 1st Prize in the Business Plan Competition with their innovative ideas and strong strategic approach. Kawaljot from BA-III and Kritika from B.Com-III secured the 2nd Prize in the Logo Designing Competition, showcasing their creativity and design excellence. Their business acumen, originality, and teamwork helped them stand out amid tough competition. Heartiest congratulations to the winners for their dedication and remarkable achievement!

instagram:<https://www.instagram.com/p/DUmz4DckYpK/?igsh=MTdybjBuNzM5OHFrag==>



Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

Literary interaction and Book Launch

10 th February 2206

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Punjabi of Guru Nanak Khalsa College for Women, Model Town, Ludhiana organized a face-to-face literary interaction along with the launch of the book "*Haan Shaira*" by renowned **Punjabi poet Navpreet Singh Harry**. Excerpts from the poet's work were presented and the depth and literary qualities of his poetry were discussed during the event.

Principal Dr. Maneeta Kahlon appreciated the poet's contribution to Punjabi literature and encouraged students to develop reading and writing habits while staying connected with literary activities. She also appreciated the efforts of the Department of Punjabi for organizing such meaningful events for students.

Instagram:<https://www.instagram.com/p/DUm0IZLEcu5/?igsh=NTZzNHJycjZvdDhj>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Safer Internet Day

10 th February 2206

Under the aegis of the Internal Quality Assurance Cell (IQAC).The Department of Computer Science and Applications of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, celebrated Safer Internet Day on February 10, 2026.The event was organized with the objective of creating awareness about responsible, ethical, and secure use of the internet among students and the wider community.

Speaking on the occasion, **Principal Dr. Maneeta Kahlon** emphasized the significance of digital awareness in today's technology-driven world. She stated, "In an era where the internet plays a central role in education and daily life, it is essential to equip students with the knowledge and skills to use digital platforms safely and responsibly." The event was coordinated by Ms. Daisy Wadhwa, Mrs. Satwant Kaur, along with the dedicated faculty of



the Department of Computer Science and Applications.

Instagram: <https://www.instagram.com/p/DVA91ZWkeQm/?igsh=b2FvN3RteDkwMjA2>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Inter-College Technology Business Idea Pitch

10 th February 2206

Under the aegis of IQAC, students of Department of Business Management of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana, participated in the Inter-College Technology Business Idea Pitch (TECH BIP - EMPRESARIO) Competition organized by GGN Institute of Management and Technology (GGNIMT) in collaboration with Entrepreneurship Development Institute of India (EDII) on 10th February 2026. A total of 18 students comprising 4 teams represented the college in this prestigious event. One of our college teams qualified for the second round in a tough competition of 40 teams. All participants were trained and prepared under the able guidance of **Dr. Nidhi Sharma, Head of the Department of Business Management** and **Dr. Minika Bawa (Assistant Professor)** who continuously motivated and mentored the students to perform to the best of their abilities. The participants were accompanied by Ms. Simranpreet Kaur and Ms. Harshu Sharma who guided and encouraged them throughout the event. **Dr. Maneeta Kahlon, Principal of the College**, appreciated the efforts of the



participants and congratulated them on their commendable performance.

Instagram: <https://www.instagram.com/p/DVA8fxwkZpv/?igsh=ejlNbTJzMjFseGw1>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

HUNAR 2K26: Emerges as Overall Champion

11 February 2026

Students of Guru Nanak Khalsa College for Women delivered an outstanding performance at **HUNAR 2K26**, an inter-college competition **organized by KIMT on 11 February 2026, with participation from 23 colleges. SNKCW proudly secured the Overall Champion title**, bringing immense pride to the institution.

A total of 64 students participated in various technical, cultural, literary, and fine arts events, winning several prizes including 1st positions in Fashion Show, Collage Making, Poem Recitation, Mehndi, and Face Painting, along with multiple 2nd and 3rd prizes across events.

The students were accompanied by teacher in-charges **Mrs. Chakshu and Dr. Anu Gupta. Principal Dr. Maneeta Kahlon** congratulated the winners and appreciated their talent, creativity, and dedication, encouraging them to continue achieving excellence in the future.

Instagram <https://www.instagram.com/p/DUUhyP9kRcx/?igsh=MXh2M25s7GnlaDEyeO=5>



Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

HIV/AIDS awareness session

11 February 2026

The Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized an HIV/AIDS awareness session in accordance with the guidelines of the Punjab State AIDS Control Society (PSACS) and the **National AIDS Control Organisation (NACO) on February 11, 2026**. The session aimed to spread awareness among students about HIV/AIDS prevention, stigma reduction, and the importance of responsible and informed health practices.

The resource person for the session was **Principal Dr. Maneeta Kahlon**, who delivered an insightful and informative talk on the causes, modes of transmission, preventive measures, and myths associated with HIV/ AIDS. She emphasized the importance of awareness, early testing, and adopting safe practices to prevent the spread of the disease. **Dr. Kahlon also highlighted the role of youth in creating a stigma-free** and supportive environment for individuals affected by HIV/ AIDS. The event was convened by Dr. Nidhi Sharma and Ms. Daisy Wadhwa, Coordinators of the Red



Ribbon Club.

Instagram <https://www.instagram.com/p/DUsGd2lkczz/?igsh=YWI3N3htM2VqZXNn>:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Awareness Lecture -Stubble Burning

11 February 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Punjabi, Department of Environment Science, and Eco Club of Guru Nanak Khalsa College for Women organized an awareness lecture on stubble burning. The programme was conducted to highlight the serious environmental and health hazards caused by stubble burning and to promote sustainable alternatives. 76 Students actively participated and showed keen interest in understanding the long-term consequences of this issue.

Dr. Maneeta Kahlon, Principal of the College, addressed the gathering and emphasized the urgent need to adopt sustainable agricultural practices. She motivated students to take initiative in raising awareness and contributing



to a cleaner and healthier environment.

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

instagram:<https://www.instagram.com/p/DUsEZTOkQxf/?igsh=bGc2Z2Qya2E4ZmFo>:

The following CA members were present:

STUDENT'S NAME	CLASS
Jasreet kaur	BA 2

Sangrand celebrations

12 February 2026

Sangrand celebrations at GNKCW.The college celebrated Sangrand to mark the beginning of 'Phagan' month. The college Principal, Dr. Maneeta Kahlon, and the staff prayed for the happiness, success, and well-being of everyone.

instagram:<https://www.instagram.com/p/DUsEZTOkQxf/?igsh=bGc2Z2Qya2E4ZmFo>:Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>





International Day of Women and Girls in Science.

12 February 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), celebrated the International Day of Women and Girls in Science.

The Department of Computer Science and Applications and the Women Development Cell of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, On this significant occasion, **Dr. Suman Sethi**, Director & Head, Department of Nephrology, RG Hospital, Ludhiana, graced the event as the Resource Person. Addressing the students and staff, **Dr. Sethi** emphasized the importance of maintaining healthy kidneys and highlighted preventive measures to ensure long-term kidney health. To further promote health awareness, a free health check-up camp for students and staff was organized in collaboration with RG Hospital, Ludhiana.

Speaking on the occasion, **Principal Dr. Maneeta Kahlon** stated that, "**The International Day of Women** and Girls in Science is not only a celebration

of women's contributions to science but also a reminder to empower young girls to pursue careers in scientific and technological fields. Initiatives like health awareness camps reflect our institution's commitment to holistic education and community well-being."

The event was convened by **Ms. Daisy Wadhwa, Mrs. Satwant Kaur, faculty members of the Department of Computer Science and Applications, along with the Coordinators of the Women Development**



Cell, Mrs. Seema Dua and Dr. Shikha Bajaj.



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Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Fashion Show

12 February 2026

The Department of Fashion Designing, in collaboration with the NSS Unit of Guru Nanak Khalsa College for Women, organized a fashion show to spread awareness about road safety among college students. The show effectively highlighted the importance of road safety and encouraged students to follow traffic rules, wear helmets while driving, and practice safe driving habits. **A total of 1,384 students** attended the event. The fashion show was widely appreciated by both students and faculty members for its creative approach and impactful message. The event was graced by the **Principal, Dr. Maneeta Kahlon**, who praised the students for their initiative and valuable contribution toward promoting road safety awareness.

Instagram <https://www.instagram.com/p/DUsK43xEXBv/?igsh=MWY5aXhr a3ZlYnVs>:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>





World Radio Day

12 February 2026

The Department of Journalism and Mass Communication, under the aegis of the Internal Quality Assurance Cell (IQAC), celebrated World Radio Day at Guru Nanak Khalsa College for Women, Model Town, Ludhiana. The event was organized in line with this year's theme, "**Radio and Artificial Intelligence,**" highlighting the evolving role of artificial intelligence in modern radio broadcasting and communication. The programme aimed to create awareness among students about the continuing relevance of radio as an effective medium of information, education, and entertainment in the digital age. Students actively participated in the activities and expressed their views on the future of radio in an AI-driven world. **Principal Dr. Maneeta appreciated the efforts of the organizing department and encouraged students to explore innovative opportunities in media and communication.**



Instagram <https://www.instagram.com/p/DUuvETCEVsC/?igsh=MWtqNGRuNjJ6OWVvMg==>:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Workshop-doll keychains

13 February 2026

The Department of Fashion Designing of Guru Nanak Khalsa College for Women organized an innovative workshop for students on making doll keychains using old and discarded socks. Single pieces of socks were creatively collected and transformed into beautiful doll keychains, promoting the concept of reuse and sustainable fashion.

The activity was conducted under the guidance of **Dr. Shikha Bajaj, Ms. Yukti Khurana, and Mrs. Manmeet Kaur**, who encouraged students to explore their creativity while adopting eco-friendly practices. The workshop provided hands-on learning and inspired students to think

innovatively about recycling everyday materials. **33 students participated in the activity.**

Principal Dr. Maneeta Kahlon graced the occasion and appreciated the efforts of the department and students. She praised the participants for their creativity, enthusiasm, and commitment towards sustainability, highlighting the importance of such activities in fostering environmental awareness and skill development among students.

Instagram <https://www.instagram.com/p/DUusjipEcxh/?igsh=MTN0aTVmMDhkdjYxdQ==>:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



GNKCW Shines at Jagran Youth Parliament

Under the aegis of the Internal Quality Assurance Cell (IQAC), Guru Nanak Khalsa College for Women, Model Town, Ludhiana organized **Jagran Youth Parliament, an Inter-College Debate Competition**, in collaboration with Dainik Jagran for undergraduate and postgraduate students. The event witnessed enthusiastic participation from various colleges across the Ludhiana region. **A total of 25 teams competed in the UG and PG categories, including six teams from GNKCW. Winners from GNKCW**

UG Category 1st Position - **Tamanna Verma and Pooja** 2nd Position - **Muskan Baghael and Aanchal Goswami**

PG Category 1st Position - **Priyanshu and Ridhima Aggarwal** 2nd Position - **Sehaj and Sonali.** Dr. Kirti Dhawan, Head of the Department of Journalism and Mass Communication, appreciated the collaboration with

Dainik Jagran and remarked that such initiatives help in nurturing confident, aware, and articulate students.

Principal Dr. Maneeta Kahlon congratulated the participants and highlighted the importance of co-curricular activities in the holistic development of students.

Instagram <https://www.instagram.com/p/DUur2u6kb8z/?igsh=MTZxb2w5ZW4zcjhnba==>; Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



The following CA members were present:

SNO	Student's Name	Class
1	Pawandeep kaur	BA 3
2	Palak Narang	BCOM 3
3	Bisman kaur	BA 1
4	Aastha sharma	BA 3
5	Jasleen kaur	BA 3
6	Jasnoor kaur	BA 3
7	Shreya	BCOM 2

8	Harleen kaur	BA 2
9	Ravneet kaur	BCOM2
10	Manmeet kaur	BA 3
11	Mehakpreet kaur	BA 3

Tribute -the tragic Pulwama attack

14 th February 2026

Under the aegis of the Internal Quality Assurance Cell, the NCC Wing of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, solemnly paid homage to the 40 soldiers of the Central Reserve Police Force who lost their lives in the tragic Pulwama attack on February 14, 2019.

On this day of remembrance, **Principal Dr. Maneeta Kahlon, ANO Lt. Sukhjot Kaur** and Cadets paid tributes and lit candles in honour of the martyrs. Addressing the students, she urged them to always remember the supreme sacrifice made by the brave soldiers who laid down their lives for the safety and integrity of the nation.

She added that the memory of the martyrs will forever remain etched in our hearts, and the nation will honour them today, tomorrow, and always. The tribute ceremony concluded with a moment of silence, reflecting deep respect and gratitude for the heroes of Pulwama.



Instagram: <https://www.instagram.com/p/DUusSgOEUGY/?igsh=bnd2b2x3N2FxcHRo>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

GNKCW Shines at TECH-DISHA 6.0

14 th February 2026

Twenty-one students from various departments of Guru Nanak Khalsa College for Women, Ludhiana, actively participated in the inter-college competition TECH-DISHA 6.0, organized by Arya College, Civil Lines, Ludhiana, on February 14, 2026. The students showcased their skills in a wide range of technical events, including Mind Wrap Error, Layout Your Ideas to Showcase Your Business, Java Maestros, Code Golf, Think Dynamic Code Relay, Techno Puzzle, Model Showcase, Logo Designing, Just a Minute, Art Tech Rangoli, and Digidoodle. Their creativity and dedication were recognized with several awards in the following categories:

Achievements:

Prabhsimran Kaur and Isha Soni - 1st Prize in Web Page Designing

Sehajpreet Kaur - 1st Prize in Digidoodle

Aanchal - 3rd Prize in Just a Minute (JAM)

Ms. Arshnoor Kaur and Ms. Muskan Bhalla from the Department of Computer Science accompanied the students as Teachers-in-Charge.

Principal Dr. Maneeta Kahlon commended the participants for their dedication and outstanding performances across various events.



Instagram <https://www.instagram.com/p/DUM0IZLEcu5/?igsh=NTZzNHJycjZvdDhj>:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

International Mother Language Day

Under the aegis of the Internal Quality Assurance Cell, Department of Punjabi of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, successfully organized an event to commemorate **International Mother Language Day** on the college campus today. The programme was held in collaboration with **Punjabi Bhasha Pasaar Bhaichara** and marked the **fourth event** in its ongoing series aimed at promoting linguistic heritage and cultural pride.

The event was graced by renowned **Punjabi novelist Mittar Sen Meet, Prof. Inderpal Singh, Prof. Sukhinderpal Singh Sidhu, and novelist Davinder Sekha as distinguished speakers. On the occasion, Mittar Sen Meet** presented appreciation letters, certificates, and mementos to the winners of the Talent Hunt Competition held on August 21 and 22, 2025. **Mrs. Inderjit Kaur and Mrs. Seema Devi, Assistant Professors in the Department of Punjabi, were also felicitated by the organizers for their valuable contributions.**

Principal Dr. Maneeta Kahlon appreciated the Department of Punjabi and the students for their meaningful efforts in promoting the mother language. **A total of 74 students attended the programme** with great enthusiasm.



Instagram <https://www.instagram.com/p/DVA-vAkkeih/?igsh=MXVtMGNwNHE3MTFyMA==>: Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

National Women's Day on the 147th birth anniversary of the Nightingale of India, Sarojini Naidu.

16th February 2026

Under the aegis of IQAC, the PG Department of English, Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana, celebrated National Women's Day on the 147th birth anniversary of the Nightingale of India, Sarojini Naidu. A special dedication was accorded by Sehaj Arora, (MA II and President of Illuminati-English Literary Society) focusing on the life and legacy of Sarojini Naidu, highlighting her multifaceted role as a poet, freedom fighter, powerful orator, and the first woman Governor of an Indian state. **6 teams comprising students of MA I, MA II, and English Honors presented insightful PPTs on the "unsung women heroes" of India's Independence, bringing forgotten narratives to light.**

Another highlight of this creative activity entitled "Ink, Identity, and the Woman Writer", was where **18 students penned heartfelt letters to iconic women such as Jane Austen, Kamala Das, J.K. Rowling, Mai Bhago, Indira Gandhi, and Mary Kom-celebrating courage, creativity, and leadership.**

Madam Principal Dr. Maneeta Kahlon graced the occasion with her presence and stated, "It is a unique day of learning, remembrance, and empowerment- where literature became a space of resistance and tribute." The event was organized under the guidance of **Dr. Anupam Vatsyayan, Head, PG Department of English and Dr. Gagneet Pal Kaur.**



Instagram:<https://www.instagram.com/p/DVApRf3kR7o/?igsh=MXBpOXo2ZW9kcDNuMQ==>

Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

Vibez @Commerce

17 th February 2026

Under the aegis of IQAC, the P.G. The Department of Commerce organised "Vibez@Commerce" on February 17, 2026. The event aimed to promote creativity, teamwork, competitive spirit, and entrepreneurial skills among B.Com and M.Com students.

Various competitions such as Biz Tag, Logo Designing, Collage Making, Mukadme Ki Peshkash, Ad-Mad Show, Dance, Business Plan, Model Making, and Reel Making were conducted. Students enthusiastically showcased their talent, innovation, and business acumen. Along with competitions, students set up food and game stalls, gaining practical experience in marketing, customer handling, and financial management under the concept of "**Earn While You Learn.**"

Principal, Dr. Maneeta Kahlon and Mrs. Maninder Kaur, Head of the Department appreciated the students' efforts and encouraged them to continue developing their entrepreneurial and creative skills. The programme concluded successfully, leaving students motivated and enriched with valuable learning experiences.

Instagram<https://www.instagram.com/p/DVA2iZoEaYM/?igsh=MXQwemkwazBuMDJ0eQ==>:



Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

The following CA members were present:

SNO	STUDENT'S NAME	CLASS
1	Ramandeep kaur	MCOM 1
2	Dilshan kaur	MCOM 2
3	Manroop kaur	MCOM1
4	Ravneet kaur	BCOM 2
5	Shreya	BCOM 2
6	Anmol kapoor	BCOM 3BCOM3
7	Rakshit Rattan	BCOM 3
8	Chahat rana	BCOM3
9	Sehajpreet kaur	BCOM 3
10	Palak narang	BCOM 3
11	Harman kaur	MCOM2
12	Japneet kaur	BCOM 3
13	Arshdeep kaur	MCOM 1

Career Guidance after Graduation

19 th February 2026

The Placement Cell of Guru Nanak Khalsa College for Women, in collaboration with Master Minds Edu Academy, organized a seminar on "Career Guidance after Graduation" for final-year students. The seminar aimed to provide clarity and direction regarding higher education and career opportunities after graduation.

Prakash and Dr. Nidhi Sharma for organizing the insightful programme.

Instagram

<https://www.instagram.com/p/DU7mnQwkRVe/?igsh=MWdjd2x5Nm50c2licw==>



Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

The following CA members were present:

SNO	STUDENT'S NAME	CLASS
1	Prabjit kaur	BA 3
2	Pavani	BA 3MCOM 2
3	Dilshan kaur	BA 3
4	Baljeet kaur	BA 3
5	Aastha gupta	BA 3
6	Simarpreet kaur	BA 3
7	Jasnoor kaur	BA3
8	Lovika talwan	BBA2
9	Arvinder kaur	MCOM2
10	Harman kaur	MCOM2
11	Palak narang	BCOM 3
12	Alisha kapoor	BBA 2
13	Jasneet kaur	BA 3

Earn While You Learn

19 th February 2026

Under the aegis of IQAC, Department of Fine Arts of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana, organized an exhibition of handmade keyrings, hair accessories, wall hangings, and earrings under the scheme "Earn While You Learn "on February 19, 2026.

The event was conducted under the guidance of **Mrs. Harpreet Kaur, Head of the Department of Fine Arts**, along with the faculty members. Eight students from the department actively and collaboratively participated in the exhibition.

The students showcased a wide range of creative products, including keychains, crochet flowers and bouquets, and beautifully handcrafted embroidered hairpins that attracted many buyers. All the artifacts beautifully reflected the students' creativity, craftsmanship, and aesthetic sense. **Principal Dr. Maneeta Kahlon**, graced the occasion with her esteemed presence. She highly appreciated the students as budding entrepreneurs and extended her best wishes for their bright future.



Instagram <https://www.instagram.com/p/DVA74xDEZ-x/?igsh=azRjzbzhpdxN6YWx6:>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Technovision: Inter College Competition

19 th February 2026

Thirty four students from various departments of Guru Nanak Khalsa College for Women, Ludhiana, actively participated in the inter-college competition 'Technovision' organized by Guru Nanak institute of Management & Technology, Gujarkhan Campus, Model Town, Ludhiana, on February 19, 2026. The students demonstrated their skills in a range of technical and Management events including Logo Designing, Web page Development, Social Media Design, PPT presentation(IT), Test your C Skillsets your AI Foundations, Debugging, Test your Python Skills, AD-MAD show, PPT presentation (Business Management), Extempore and Reel Making. Their creativity and hard work were recognized with multiple awards in the following categories.

Achievements:Prabhsimran Kaur, Isha soni and Arshpreet Kaur -1st Prize in Web page Development

Tasleen Kaur, Tanisha -IIIrd Prize in PPT Presentation (IT)

Aanchal Goswami -Consolation prize in Extempore. Ms. Harpreet Kaur and Ms. Manmeet Kaur from the Department of Computer Science and Business Management accompanied the students as Teacher-in-Charges.

Dr. Maneeta Kahlon, Principal of the College, appreciated the efforts of the participants and congratulated them on their commendable performance.



Instagram <https://www.instagram.com/p/DVA8fxwkZpv/?igsh=ejlNbTJzMjFseGw1> Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Earn While You Learn

20th February 2026

Under the aegis of IQAC, Department of Home Science of Guru Nanak Khalsa College for Women, Ludhiana in collaboration with the "Earn While You Learn" initiative organized a Dry-Fruit Loaded Fruit Cream Stall for students and staff.

The fruit cream, prepared with fresh seasonal fruits and premium dry fruits such as almonds, cashew nuts, and raisins, was nutritious and hygienically prepared. **Eleven students actively** managed planning, procurement, preparation, pricing, and sales, gaining practical experience in teamwork, customer handling. The stall was appreciated by distinguished guests, including novelist **Davinder Singh Sekhon, Mitter Sen Meet, Prof. Inderpal Singh (Govt. College, Karamsar), and Sukhinder Pal Singh Sidhu.**

Principal Dr. Maneeta Kahlon commended the initiative, highlighting its role in promoting innovation, skill development, and real-life application of

The poster is purple with white and yellow text. It features the college logo at the top left. The text reads: 'Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana. Under the aegis of IQAC, Earn While You Learn, Department of Home Science organizes DRY FRUIT LOADED "CREAMY DELIGHT" - FRUIT CREAM. Date: 20th February, 2026, Time: 10:00 am onwards, Venue: Outside Room No. 105. Organizers: Mrs. Shikha Kalra, Mrs. Amarpreet Kaur. Coupon @ ₹60/plate. Principal: Dr. Maneeta Kahlon.'



academic concepts.

Instagram <https://www.instagram.com/p/DVA74xDEZ-x/?igsh=azRjbzhpdXN6YWx6>: Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Renewed Commitment to Social Development and Social Justice

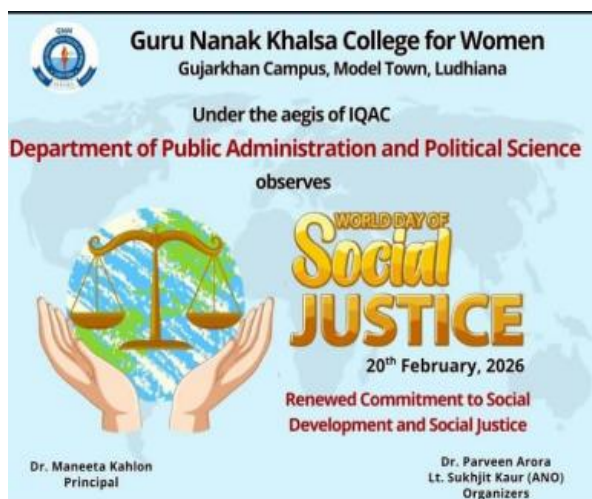
20th February 2026

Under the aegis of the Internal Quality Assurance Cell, the Department of Social Science of Guru Nanak Khalsa College for Women, Ludhiana, celebrated World Day of Social Justice in the college campus today. The theme for this year, "*Renewed Commitment to Social Development and Social Justice*," highlighted the importance of fairness, equality, and fundamental rights.

Dr. Parveen Arora, Head of the Department of Public Administration, and Lt. Sukhjot Kaur, Head of the Department of Political Science, addressed the students and elaborated on the significance of the day, which was officially proclaimed by the United Nations in 2007. They discussed the objectives of social justice and its vital role in building a fair and equitable society. **Principal Dr. Maneeta Kahlon,** in her address, encouraged students to actively participate in initiatives that promote social harmony and community welfare. She urged them to become responsible citizens who uphold democratic values, advocate for equality, and contribute meaningfully towards building a just and compassionate society

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Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Inter-College Poem Recitation and Poster-Making Competition

20th February 2026

The students of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, participated in the Inter-College Poem Recitation and Poster-Making Competition dedicated to 'Mother Language Punjabi,' organized by the P.G. Department of Punjabi and Fine Arts of Khalsa College for Women, Civil Lines, Ludhiana, on February 20, 2026. Kritika Sharma of B.Com III participated in the Poster-Making Competition, while Dilpreet Kaur of BBA II took part in the Poem Recitation Competition. Mrs. Gursharan Kaur accompanied the students.

Principal Dr. Maneeta Kahlon appreciated the students for their enthusiastic participation and encouraged them to continue showcasing their talents in such academic and cultural events.



instagram <https://www.instagram.com/p/DVITKGVEQ-N/?igsh=MW4yb2V6N2RpNzFreg==>:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Workshop-Empowering Women, Empowering India

21st February 2026

Under the aegis of IQAC, the Legal Literacy Club, the Department of Social Sciences, and the Women Development Cell of Guru Nanak Khalsa College for Women organized a workshop on the topic "Empowering Women, Empowering India" in collaboration with Sanjivini Women Empowerment NGO. The workshop aimed to create awareness among students regarding the legal rights and privileges of women and to sensitize them to various social issues affecting women in society.

The President, **Mrs. Satwant Kaur**, a social activist, addressed the students on various social, economic, and psychological challenges faced by women. **The Vice President, Mrs. Sapna Sehgal**, shared her experiences and highlighted practical ways to deal with women-related issues at both personal and societal levels. **The Secretary, Mrs. Jyoti Sharma**, elaborated on how their team educates women in language and communication skills. **Advocate Swati Gupta** guided the students about women's legal rights and the relevant laws and encouraged them to support and uplift women facing social and economic hardships. **A total of 87 students participated in the activity.** **Principal, Dr. Maneeta Kahlon**, appreciated the students for their keen interest and active participation in the workshop. She also emphasized the importance of values, ethics, and awareness in empowering young women and building a progressive society.



instagram <https://www.instagram.com/p/DVNjiKnkVi8/?igsh=NGI2ODl0bW9ldnUw>:Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Movie Screening

21st February 2026

Under the aegis of the Internal Quality Assurance Cell, the Department of Punjabi of Guru Nanak Khalsa College for Women, Gurbakshian Campus, Model Town, Ludhiana, celebrated International Mother Language Day on February 21, 2026. To mark the occasion, the Department of Punjabi conducted a movie screening for the students. The film Uda Aida was based on the theme of promoting the significance of the Punjabi language, instilling love for the mother tongue among the younger generation, and highlighting the importance of one's mother language in personal and social development.

Principal Dr. Maneeta Kahlon appreciated the Department of Punjabi for making this meaningful effort to promote the mother language and motivated the students to take necessary steps to preserve and promote their native language. A total of 28 students attended the activity with great enthusiasm and interest.



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Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

Mettle Fest-2026

21st February 2026

Students from GNKCW proudly participated in Mettle Fest-2026, organized by Sri Aurobindo College of Commerce and Management on February 21, 2026. A total of 26 students from various streams showcased their talent and enthusiasm in multiple competitive events, including the Ad Mad Show, Case Study, Logo Designing, and Management Quiz. Their dedication, creativity, and teamwork were evident throughout the fest.

Achievement

3rd Prize in Logo Designing

Noorpreet Kaur and Bhavika (BCA 2nd Semester) The students were accompanied and guided by **Mrs. Blossom and Ms. Amanpreet Kaur**, who served as Teachers-in-Charge, providing continuous support and encouragement.

Principal Dr. Maneeta Kahlon lauded the participants for their commitment, hard work, and commendable performances across various events. She appreciated their efforts in bringing pride to the institution through their outstanding achievements.

The participation and success at Mettle Fest-2026 reflect the vibrant talent and competitive spirit of GNKCW students.



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Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

Swadeshi Expo

23 rd February 2026

Under the aegis of the IQAC, the Department of Fashion Designing of Guru Nanak Khalsa College for Women organized an educational visit to the Swadeshi Expo for students. The expo was held at Punjab Agricultural University, where a wide range of handicrafts, fabrics, upholstery items, pottery, artificial jewellery, and other craft products were exhibited. **A total of 11 students visited various stalls, explored different types of fabrics,** and gained an understanding of their uses and finished products. The visit provided valuable exposure to both traditional and contemporary craft techniques. Students also enjoyed visiting the food stalls, making it a fun-filled as well as enriching experience.

The visit was accompanied by **Dr. Shikha Bajaj, Ms. Yukti Khurana, and Mrs. Manmeet Kaur. Principal Dr. Maneeta Kahlon** appreciated the efforts of the department and emphasized that such educational visits enhance students' practical knowledge, creativity, and understanding of market trends, thereby bridging the gap between classroom learning and real-world exposure.

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Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>



Workshop on Artificial Intelligence

23 rd February 2026

The Department of Computer Science and Applications of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized a workshop on Artificial Intelligence under the aegis of the Internal Quality Assurance Cell. The workshop aimed to acquaint students with the latest developments and emerging trends in the rapidly evolving field of Artificial Intelligence.

Resource persons from Sailors Academy, Ludhiana served as the speakers for the session. The experts conducted a live demonstration of various AI tools.

Speaking on the occasion, **Principal Dr. Maneeta Kahlon** stated, "Artificial Intelligence is transforming every sphere of life. It is essential for our students to stay updated with technological advancements and develop skills that enhance their academic and professional growth." The event was coordinated by **Ms. Daisy Wadhwa, Mrs. Satwant Kaur, and the faculty**



members of the Department of Computer Science.

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Instagram <https://www.instagram.com/p/DVNkG01EYMR/?igsh=ajR4NXN1MWf0NGIz>

Central Excise Day

24th February 2026

Under the aegis of IQAC, PG Department of Commerce of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana celebrated Central Excise Day on February 24, 2026 with the aim of enriching students' understanding of India's indirect taxation system and its practical relevance in today's economic environment.

The lecture was delivered by **Mrs. Rajwinder Kaur**, who elaborated on the historical background, objectives, and significance of Central Excise Duty, while also explaining its integration into the GST regime. Her session was highly informative and encouraged students to connect theoretical knowledge with real-world taxation practices.

On this occasion, the respected **Principal, Dr. Maneeta Kahlon**, appreciated the initiative taken by the department and remarked: "Understanding the structure and evolution of our taxation system is essential for commerce students. Celebrating **Central Excise Day** not only strengthens academic knowledge but also nurtures responsible and informed citizens. I congratulate the PG Department of Commerce and the resource person for organizing such a meaningful and enlightening programme."



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Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Home Preservation by Salt and Sugar

24th February 2026

Under the Internal Quality Assurance Cell (IQAC), the Department of Home Science at GNKCW organized a hands-on workshop on "Home Preservation by Salt and Sugar - Pickling Method" to raise awareness about traditional and scientific methods of food preservation. The workshop focused on the basic principles of preservation, selection of raw materials, hygienic handling, correct proportions of salt and sugar, and safe storage practices.

A total of 21 participants were given practical demonstrations on the preparation of different types of pickles using salt and sugar, along with the role of spices and oil in enhancing shelf life and sensory quality. **Principal Dr. Maneeta Kahlon** motivated the students and encouraged them to develop practical skills in household food preservation. She also highlighted the importance of reducing food wastage and strengthening their understanding of sustainable and economical methods of food processing at the home level.

instagram: <https://www.instagram.com/p/DVNnBY2kb37/?igsh=MW14ZmVi>



[NHNRMHcydg==](#)

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

PPT - Awareness on Stubble Burning

25th February 2025

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Environmental Science of Guru Nanak Khalsa College for Women organized a PowerPoint presentation on stubble burning to raise awareness about its harmful effects on the environment and human health. A total of 35 students attended the programme.

The presentation was delivered by **Gurleen Kaur and Anoop Kaur, students of BCA 1st Year**, who highlighted the causes of stubble burning, its impact on air pollution, soil fertility, and public health, as well as sustainable alternatives and preventive measures. Their presentation was informative and helped students understand the seriousness of the issue.

The event was organized by **Ms. Amanpreet Kaur from the Department of Environmental Science**, who encouraged students to actively participate in such awareness initiatives.

responsible citizens.

Principal Dr. Maneeta Kahlon appreciated the efforts of the students and emphasized the importance of spreading awareness about environmental



issues. She motivated students to adopt eco-friendly practices and become
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Earn While You Learn

25th February 2026

Under the aegis of IQAC, the Department of Fashion Designing at Guru Nanak Khalsa College for Women organized an exhibition-cum-sale of doll keychains under the "Earn While You Learn" scheme. The innovative keychains were thoughtfully crafted by repurposing old and discarded socks. The stall witnessed enthusiastic participation, and the keychains were sold out soon after it opened.

The activity was conducted under the guidance of Dr. Shikha Bajaj, Ms. Yukti Khurana, and Mrs. Manmeet Kaur, whose mentorship encouraged students to blend creativity with entrepreneurial skills. A total of 22 students participated in the activity.

Principal Dr. Maneeta Kahlon, graced the occasion with her presence. She appreciated the students for their commendable efforts, innovative thinking, and artistic talent, and motivated them to continue exploring sustainable and income-generating creative ventures.



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Group Discussion, Personal Interview, and the Power of MBA in Top Colleges.

26th February 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Placement Cell of Guru Nanak Khalsa College for Women, Ludhiana, organized a seminar on the topic "Group Discussion, Personal Interview, and the Power of MBA in Top Colleges." The session aimed to equip students with essential skills required for securing admission to reputed MBA institutions.

The resource person for the seminar was **Mr. Munish Dewan, Director, IMS Ludhiana, who delivered an insightful and engaging presentation focusing on strategies to excel in Group Discussions (GD) and Personal Interviews (PI).** **Mr. Dewan** also highlighted the significance and career prospects of pursuing an MBA from top institutions. The activity was efficiently organized by the Placement Coordinators, **Dr. Neetu Prakash and Dr. Nidhi Sharma.** **Principal Dr. Maneeta Kahlon** appreciated the sincere efforts of the Placement Cell and thanked the coordinators for organizing such a meaningful, career-oriented programme. She also expressed her gratitude to the resource person for his informative and motivating presentation.



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Team-Building Activity

26th February 2026

Under the aegis of the IQAC, Guru Nanak Khalsa College for Women, the Department of Office Management and Secretarial Practices organized a Team-Building Activity on 26th February 2026 in the college campus.

The activity was organized by **Ms. Rachna Kanojia and Ms. Simarpreet Kaur**, who planned and conducted the event successfully with great enthusiasm and coordination.

A total of seven teams, comprising 14 students, participated in the activity. The event aimed to enhance teamwork, concentration, coordination skills, communication abilities, and mutual understanding among students. The participants displayed remarkable team spirit and cooperation throughout the competition. After careful evaluation, **three teams were declared winners:**

1st Prize - Team D: Gurleen Kaur and Beant Kaur (B.A. III)

2nd Prize - Team E: Rimjhim and Simran (B.A. II) 3rd Prize - Team C: Richa and Tanisha (B.A. III) The prizes were distributed by the Principal, **Dr. Maneeta Kahlon**, who congratulated the winners and appreciated the efforts of all participants. In her address, she encouraged students to actively participate in such activities, as they play a vital role in developing confidence, cooperation, and communication skills.

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Participation in Dr. M. S. Randhawa Flower Show

26-27 February 2026

Under the aegis of IQAC, nine students from the Department of Home Science, Guru Nanak Khalsa College for Women, Ludhiana, actively participated in different categories of the Flower Decoration Competition at the Dr. M. S. Randhawa Flower Show, organized by the Department of Floriculture and Landscape at Punjab Agricultural University, Ludhiana, on 26-27 February 2026. Somya Gujral (BA I, Roll No. 25269) secured First Prize in Bouquet Making and Second Prize in Garland Making., Divleen Kaur (BA II, Roll No. 24187) won Second Prize in Fresh Flower Arrangement. Simran (BA II, Roll No. 24103) secured Second Prize in Hair Rings (Venis). This achievement reflects the consistent efforts of the faculty and students in promoting creativity, skill development, and experiential learning. Principal Dr. Maneeta Kahlon congratulated and encouraged the students for their participation in this prestigious event at Ludhiana. The event provided valuable exposure to the students and motivated them to pursue excellence in the field of floral art and decorative design.

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Nukkar Natak titled "Sulagdi Dharti"

27 February 2026

Under the aegis of the Internal Quality Assurance Cell, Guru Nanak Khalsa College for Women organized a powerful and thought-provoking Nukkar Natak titled "Sulagdi Dharti" in the college campus today. The impactful street play was presented by the renowned theatre group Jai Ho Rangmanch.

The performance addressed the pressing social issues of drug abuse and female foeticide. Through strong dialogues and emotional enactments, **Mr. Sukhdev Ladhar and Mr. Ashu Nayyar** effectively highlighted the harmful consequences of drugs and emphasized the importance of valuing the girl child.

The presentation created deep awareness among students and inspired them to stand against social evils. **Principal Dr. Maneeta Kahlon** appreciated the efforts of the team and stated that such initiatives play a significant role in sensitizing young minds and promoting social responsibility.

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Workshop-Computer-Aided Designing

27 th February 2026

Under the aegis of the IQAC, the Department of Fashion Designing of Guru Nanak Khalsa College for Women organized a workshop on "Demonstration of Software Used in Computer-Aided Designing." The activity was conducted in collaboration with SocialFly Media, founded by Damanjot Singh.

Mr. Deepak Verma and Ms. Kashish Malik from the organization demonstrated various design tools using CorelDRAW software to **76 students**. Simple yet effective tools such as the Pen Tool, Bezier Tool, Shaping Tool, and Colour Fill Tool were used for rendering and coloring. A female illustration was created during the session, and step-by-step methods were demonstrated to help students understand the practical application of these tools.

The activity was conducted under the guidance of **Dr. Shikha Bajaj, Ms. Yukti Khurana, and Mrs. Manmeet Kaur. Principal Dr. Maneeta Kahlon** graced the occasion and appreciated the efforts of the department, as well as the enthusiasm shown by the students in learning and developing new skills. She encouraged the students to make productive use of their free time by acquiring and enhancing professional skills to excel in their careers.

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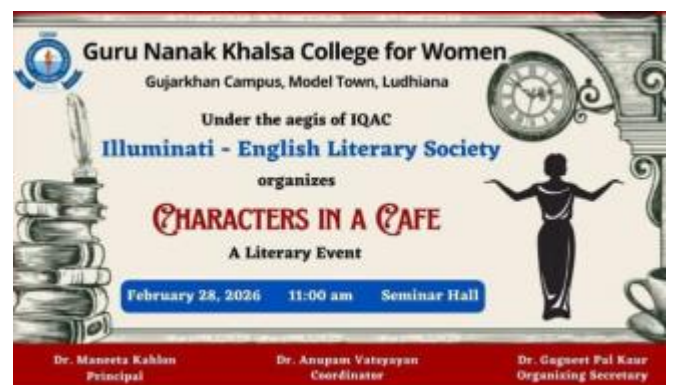
Characters in a Café" Literary Event

28 th February 2026

Illuminati-English Literary Society of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana organized a vibrant and imaginative literary event titled "Characters in a Café" on February 28, 2026, under the aegis of IQAC. The event brought literature to life as twelve enthusiastic students stepped out of the pages of fiction and into a creatively designed "book café" setting.

The participants brilliantly portrayed iconic characters from world literature. **Ridhima played Louisa Gradgrind, Sartaaaj depicted the character of Frankenstein, Sehaj Arora portrayed Cleopatra, Karamjot and Bhawandeep stepped in as the Bennett sisters, Hashmeet played Snow White along with Harleen (MA I) as the Wicked Step-mother and Harjot as the Magical Mirror, Sonali portrayed Hermione Granger, Amandeep enacted Count Dracula, Harleen Kaur (MA II) illustrated Mark Antony, and Rupinder Kaur impersonated Catherine the Great, the Queen of Russia. Seated amidst bookshelves and coffee cups, these timeless figures are apprehended during the course of lively conversations about their lives, struggles, aspirations, and philosophies. Madam Principal Dr. Maneeta Kahlon highly appreciated the creativity, confidence, and literary insight displayed by the participants. She commended the members of Illuminati for fostering a love for literature through such experiential and student-centered activities.**

The event was meticulously orchestrated by **Dr. Anupam Vatsyayan, Coordinator, and Dr. Gagneet Pal Kaur, Organizing Secretary, whose guidance and dedication ensured the smooth execution and resounding success of the program.**



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College in News

COLLEGE IN NEWS FEBRUARY 2026



जी.एन.के.सी.डब्ल्यू. ने पुलवामा हमले के शहीदों को श्रद्धांजलि दी।

जम्मू-काश्मीर में शहीद हुए वीर जवानों को श्रद्धांजलि देते विद्यार्थियों का दृश्य।

विद्यार्थियों ने बलिदानियों को किया नमन

प्राशन 'च वैभारती मातृ भद्रा' चिह्न मनाया

महिला साहित्यकारण पर कार्यशाळा

राष्ट्रीय महिला दिवस पर नारायण को किया नमन

छात्राओं को मिली उच्च शिक्षा और प्रतियोगी परीक्षाओं की जानकारी

जी.एन.के.सी.डब्ल्यू. में अंतर्राष्ट्रीय मातृभाषा दिवस का आयोजन

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जी.एन.के.सी.डब्ल्यू. में अंतर्राष्ट्रीय मातृभाषा दिवस का आयोजन

Safer internet day observed at GNKCW

The Department of Computer Science and Applications at G.N.K. College for Women (GNKCW), Muzaffarpur, Laishan, observed Safer Internet Day on the college campus today under the guidance of the Internal Quality Assurance Cell (IQAC).

The programme was organised with the aim of spreading awareness about responsible internet usage among students. The quiz provided an interactive platform for young learners to strengthen their understanding of digital safety and responsible internet usage.

पाराली ना साज़न

पाराली ना साज़न

प्राशन 'च वैभारती मातृ भद्रा' चिह्न मनाया

प्राशन 'च वैभारती मातृ भद्रा' चिह्न मनाया

जी.एन.के.सी.डब्ल्यू. की छात्राओं का बीवी पावर्षे सेमेस्टर में उत्कृष्ट प्रदर्शन

जी.एन.के.सी.डब्ल्यू. की छात्राओं का बीवी पावर्षे सेमेस्टर में उत्कृष्ट प्रदर्शन

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Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

International Women's Day Celebration

6 March 2026

Under the aegis of the **Internal Quality Assurance Cell of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, International Women's Day** was celebrated to recognize and honor the achievements of women in society. This year's theme, "Give to Gain," highlighted that investing in women's safety, rights, and leadership strengthens society as a whole.

On this occasion, **36 principals** from various schools of Ludhiana were invited and honored with the **Women Achievers Award for their exceptional leadership and significant contributions to the field of education. Mrs. Inderjeet Kaur, Mayor, Municipal Corporation Ludhiana**, graced the event as the Chief Guest and appreciated the initiative of the college in acknowledging the inspiring work of women leaders. At the same time, she added that hard work is the only key to success and students must not forget the lessons taught to them by their teachers and parents. **Principal Dr. Maneeta Kahlon** congratulated the awardees and stated that celebrating women achievers inspires others to strive for excellence and strengthens the vision of women empowerment through

education. Instagram: <https://www.instagram.com/p/DVxwNRWEePC/?igsh=cW0wNHpyZ2tpdnJ3> Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Holi Celebration

Under the aegis of Internal Quality Assurance Cell, Holi- the festival of colors was celebrated at Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana with a lot of zeal and enthusiasm.

The most colorful and vibrant festival of India – Holi was celebrated with splash of colors in the college. The students as well as teachers celebrated the festival by applying colors to each other and playing Holi. A number of stalls were setup by self-help groups in the college campus. The atmosphere was marked with fun and fervor as the students celebrated this festival. **Principal Dr. Maneeta Kahlon** emphasized on the importance of such festivities with the hope that the coming year would bring happiness in the lives of students and teachers as well.

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Workshop on "Ornaments, Wall Décor, and Wooden Planks"

9 March 2026

Under the aegis of the Internal Quality Assurance Cell (IQAC), the Department of Fine Arts, Home Science, and Fashion Designing organized a workshop on "Ornaments, Wall Décor, and Wooden Planks." The workshop was conducted by Ms. Sarika Garg, FCP and Pidilite Trainer, who shared her expertise in decorative crafts and creative art techniques.

The objective of the workshop was to provide students with practical exposure and skill development in the field of art and craft. During the session, Ms. Sarika Garg demonstrated various innovative methods for designing ornamental items, decorative wall hangings, and creatively designed wooden planks using different craft materials. A total of 55 students actively participated in the hands-on activity.

During the workshop, Ms. Seema Dua, College Registrar, also visited the venue and appreciated the creativity and enthusiasm displayed by the students. At the end of the workshop, Principal Dr. Maneeta Kahlon appreciated the efforts of the organizing departments and the resource person for conducting such a creative and skill-oriented activity.

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Workshop on "Role of Women in Promoting Women's Health"

10 March 2026

Under the aegis of the IQAC, the Women Development Cell of Guru Nanak Khalsa College for Women in collaboration with Department of physical education organized a workshop on "Role of Women in Promoting Women's Health" in collaboration with Bharatiya Yog Sansthan.

The resource person, **Smt. Suman Virmani, District President of Bharatiya Yog Sansthan**, highlighted the importance of yoga for students and explained how regular yoga practice helps keep every organ of the body healthy. **Shri Kundan Lal Virmani, State President** of Bharatiya Yog Sansthan, discussed that common menstrual problems can often be addressed through home remedies and yoga asanas instead of relying solely on medicines. **Shri Parveen Kumar**, State Vice President of Bharatiya Yog Sansthan, emphasized the role of meditation in achieving higher levels of concentration. **Shri Jagmohan Singh, District Mantraliya demonstrated several useful yoga asanas for the students and guided them on proper techniques for practice.**

A total of 77 students actively participated in the workshop. **Principal Dr. Maneeta Kahlon** graced the occasion, appreciated the efforts of the organizers and students, and emphasized that yoga should be made an integral part of everyday life.



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Showcase of Designs by the Department of Fashion Designing

11 March 2026

Under the aegis of IQAC, the Department of Fashion Designing of Guru Nanak Khalsa College for Women organized a showcase of designs created by the final-year students.

A total of 14 students designed and crafted dresses of various styles and presented them in a fashion show. Fellow students from the college participated as models and beautifully displayed the creative work on the ramp. The event highlighted the talent, creativity, and hard work of the budding designers.

Principal Dr. Maneeta Kahlon graced the occasion and appreciated the students for their dedication and valuable contributions. She encouraged them to continue nurturing their creativity and pursue excellence in the field of fashion designing.



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Participation in 'Gall Punjab Di' Initiative

11 march 2026

Teachers and students of **Guru Nanak Khalsa College for Women** enthusiastically participated in 'Gall Punjab Di' held at **Panjab University, Chandigarh** on **11 March 2026**. The event served as an inspiring platform for youth engagement and meaningful dialogue on the future of Punjab.

'**Gall Punjab Di**' is a **youth-driven** solutions initiative of Punjab that aims to mobilize students, faculty members, and academic institutions across the state. The initiative encourages participants to identify ideas and present actionable and governance challenges. The campaign aspires to nurture a new generation of young leaders who are emotionally connected to Punjab, intellectually empowered, and actively engaged in shaping its future.

For this event, **Dr. Punpreet Kaur** and **Mrs. Harpreet Kaur** were appointed as the **Faculty Coordinators**, guiding and supporting the student team throughout the program.

The Student Coordinators included:

Palak Narang (B.Com III), Anmol Kapoor (B.Com III), Pawandeep Kaur (B.A. III), Sonali (M.A. II)

On this occasion, Madam **Principal Dr. Maneeta Kahlon** extended her heartiest congratulations to the faculty and students for their participation and efforts in representing the institution at such a meaningful initiative. She appreciated the students for taking part in a platform that promotes constructive thinking, leadership, and responsibility toward the progress of Punjab. Instagram: <https://www.instagram.com/p/DVxusdMERia/?igsh=MW0wZDZsYjQwdWdkbw==> Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



AVGC-XR & AI Summit 2026

11 March 2026

The Placement Cell of Guru Nanak Khalsa College for Women in collaboration with the Department of Computer Science organized a visit for students to a spectacular mega event filled with knowledge, insights, and entertainment. The AVGC-XR & AI Summit 2026, held **on March 11, 2026**, at Guru Nanak Dev Bhawan, Ludhiana, served as a landmark professional gathering organized by **MAAC (Ludhiana | Jalandhar) in association with PAM-EX**. The event provided a multidisciplinary exploration of the Animation, Visual Effects, Gaming, Comics (AVGC), Extended Reality (XR), and Artificial Intelligence sectors, structured around the theme of integrating AI into daily life and intellectual property (IP) creation. The morning session, **inaugurated by Rohit Arora, Ashish Kulkarni, and Sandip Weling**, transitioned from academic concepts to professional realities with insights from **Mr. Abir Aich** on becoming an IP creator and **Mr. Gaurav Markan** on how major brands scout talent. The session was further enriched by a “Divine Dance” performance by Kunal. The summit concluded with an awards segment, including the Pillars of Punjab Creative Education and Next-Gen Content Creators Awards, along with expert-led career and creator panels.



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Kitchen Napkin Exhibition-cum-Sale

Under the aegis of IQAC, the Department of Home Science of Guru Nanak Khalsa College for Women organized an Exhibition-cum-Sale of Kitchen Napkins in the Home Science Lab to showcase the creativity and practical skills of the students. The activity aimed to encourage students to develop entrepreneurial abilities while applying their practical knowledge in a productive manner. **A total of 22 students** from the department prepared a variety of attractive and utility-based kitchen napkins using different fabrics, colours, embroidery stitches, and decorative techniques. The items displayed reflected creativity, neat finishing, and suitability for daily household use. The exhibition attracted the attention of students, staff members, and visitors, who appreciated the efforts and craftsmanship of the students. **Principal Dr. Maneeta Kahlon** appreciated the efforts of the Department of Home Science and the students for successfully organizing the exhibition and promoting skill-based learning. She encouraged the students and explained that such activities provide valuable hands-on experience in product preparation, display techniques, marketing, and customer interaction.

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Workshop on "Artificial Intelligence for Business"

12 March 2026

Under the aegis of the Internal Quality Assurance Cell, the Department of Business Management at Guru Nanak Khalsa College for Women organized a workshop on “Artificial Intelligence for Business” in the college campus. A total of 63 students participated enthusiastically.

The session was conducted by **Ms. Pritika Gandhi** and **Ms. Monika Wadhwa**, Founders of Technotykes, while **Ms. Sheenam**, Trainer at Technotykes, provided hands-on training on modern AI tools. Students learned website creation using Koadz AI and explored platforms such as ChatGPT, Perplexity, Gemini, Gamma, and Claude AI for marketing and research purposes.

The workshop, themed “*Working Smarter – Top AI Tools for Daily Tasks*,” helped students understand how AI tools can enhance productivity and support smarter decision-making in business.

The event was organized under the guidance of **Dr. Nidhi Sharma**, Head of the Department, and the faculty of the Department of Business Management. **Principal Dr. Maneeta Kahlon** appreciated the initiative and encouraged students to participate in such practical learning opportunities. The workshop proved to be an enriching experience, inspiring students to effectively use AI tools in their academic and professional lives.

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International Multidisciplinary Conference on "Impact of Social Media on Mental Health of the Students"

14th March 2026

Guru Nanak Khalsa College for Women, Gujarkhan Campus, Ludhiana organized a One-Day International Multidisciplinary Conference on the theme "Impact of Social Media on Mental Health of the Students" in the college campus today. The conference was organized by the **Department of Journalism and Mass Communication** under the aegis of Internal Quality Assurance Cell and sponsored by the **College Development Council, Panjab University, Chandigarh**. Prof. (Dr.) Ashish Virk, Director, Panjab University Regional Centre, Ludhiana, graced the occasion as the Chief Guest. The Inaugural Address was delivered by Dr. Ashutosh Mishra, Dean, CSMC, Chitkara University, Punjab, while Dr. Archana R. Singh, Professor and Chairperson, School of Communication Studies, Panjab University, Chandigarh, delivered the Keynote Address. Dr. Kirti Dhawan, Convenor of the conference, presented the concept note and highlighted the objectives of the conference, emphasizing the need to create awareness about the impact of social media on the mental health of students.

Principal Dr. Maneeta Kahlon welcomed the guests and highlighted the need for responsible use of social media among students to safeguard their mental well-being. The conference also featured insightful sessions by resource persons Dr. Ranbir Singh, Dr. Rubal Kanozia, Dr. Namarta Joshi and Dr. Jasmine Bains, who shared their views on the psychological and social impact of social media on youth. Faculty members, research scholars and students from different institutions actively participated and presented research papers on various related themes.

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Sangrand Celebrations at GNKCW

14th March 2026

Sangrand celebrations at GNKCW

The College celebrated 'Chet' month's Sangrand to mark the first day of the month according to the Indian traditional calendar. The day is auspicious as it also marks the beginning of Nanakshahi year. The college **Principal, Dr. Maneeta Kahlon**, staff, and the students prayed for the well-being of everyone.



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Facebook:<https://www.facebook.com/share/p/18UfPZ2nVN/>

One-Day Trip to Wonderland 2026

16 th March 2026

Under the aegis of IQAC, a one-day educational trip to Wonderland Theme Park was organized on March 16, 2026, for 102 students from various streams. **The trip commenced with a delightful breakfast at Haveli**, where students enjoyed traditional cuisine in a vibrant and culturally rich ambience before proceeding to the theme park.

Upon reaching Wonderland, students enthusiastically explored a variety of dry rides and boating activities. The roller coaster, toy train, and other exciting attractions were among the major highlights. The discotheque at the park drew many students, who danced energetically to lively music, creating a cheerful and vibrant atmosphere.

After lunch at Wonderland, the students spent an enjoyable time at the water park section. The final stop of the day was Eastwood Village, where students enjoyed shopping and an evening stroll. The accompanying teachers—**Mrs. Shikha Kalra, Dr. Shikha Bajaj, Mrs. Yukti Khurana, Ms. Harshu, Ms. Amarpreet, and Ms. Pooja**—ensured the students' safety and comfort throughout the day.

Principal Dr. Maneeta Kahlon remarked that the trip not only provided fun and entertainment but also emphasized the importance of teamwork, friendship, and shared experiences.

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Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



World Consumer Rights Day

18 th March 2026

Under the aegis of IQAC, the Department of Economics, Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World Consumer Rights Day on 18 March 2025 with great enthusiasm and academic fervour. Mrs. Seema Dua, Head of the Department of Economics, highlighted the theme of the day and elaborated on the objectives behind celebrating World Consumer Rights Day. She emphasized the importance of consumer awareness in today's dynamic market environment and encouraged students to become informed and responsible consumers. Mrs. Neha Dawar shared her views on consumer rights, explaining in detail the fundamental rights guaranteed to consumers and the mechanisms available for redressal of grievances. Her session helped students understand how awareness can protect them from unfair trade practices. Principal Dr. Maneeta Kahlon addressed the gathering and underscored the significance of understanding consumer rights in everyday life. She stressed that informed consumers are empowered citizens and play a vital role in ensuring ethical business practices and a fair marketplace. Sixty eight students and faculty members attended this event.

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Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Student Achievements – March 2026

An event was held at Guru Nanak Stadium on 8 March 2026, where a player from GNKCW proudly represented the college. Roshni participated in the 100-meter and 200-meter races, demonstrating remarkable enthusiasm and excellent sportsmanship.

Additionally, our two cadets, Diya Sharma and Chahat, participated in firing practice sessions for IDSSC-2026 from 9 March 2026 to 19 March 2026 at SCD Government College, Ludhiana.

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Poster Making Competition and Extension Lecture on Martyr's Day

20 March 2026

Under the aegis of the Internal Quality Assurance Cell, the Department of History, along with the NCC Wing and NSS Unit of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized a Poster Making Competition to pay tribute to the great freedom fighters Shaheed Bhagat Singh, Rajguru, and Sukhdev.

The competition witnessed enthusiastic participation from students, who showcased their creativity and patriotism through impactful posters highlighting the courage, sacrifice, and ideals of these national heroes. It was followed by an extension lecture **highlighting the historical significance of Martyr's Day** and the enduring legacy of the freedom fighters.

Principal Dr. Maneeta Kahlon addressed the students and spoke about the invaluable contributions of the freedom fighters in securing the nation's independence. She emphasized the need for the younger generation to imbibe their principles of bravery, selflessness, and dedication in their daily lives. Instagram: <https://www.instagram.com/p/DWQSSwYka2q/?igsh=MWprcGh5aWQwOWdqbg==> Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Awareness Drive on Water Conservation

24 March 2026

Under the aegis of IQAC, the NSS Unit of Guru Nanak Khalsa College for Women organized an awareness drive aimed at sensitizing students about the critical importance of water conservation. The initiative was designed to instill a sense of responsibility among students regarding the judicious use of water, which is one of the most precious and rapidly depleting natural resources.

To encourage active participation, students were invited to express their thoughts and creativity by writing impactful slogans on the theme "**Save Water.**" This activity not only enhanced their understanding of the issue but also allowed them to communicate powerful messages about conservation in an engaging and meaningful way.

The event was further enriched by an inspiring address delivered by **Principal Dr. Maneeta Kahlon**. In her speech, she highlighted the growing global water crisis and urged students to become responsible citizens by adopting

water-saving Instagram: <https://www.instagram.com/p/DWQdhkRkRds/?igsh=Z2RmcG0xOHRheTF4> Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



World Tuberculosis Day Awareness

24th March 2026

The Red Ribbon Club of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, observed World Tuberculosis Day with the objective of spreading awareness about tuberculosis and promoting preventive healthcare practices among students. On this occasion, the club coordinators, **Dr. Nidhi Sharma and Ms. Daisy Wadhwa, conducted an** informative session to sensitize students about the importance of awareness regarding tuberculosis (TB). They highlighted the significance of early detection, common symptoms, modes of transmission, and effective preventive measures to curb the spread of the disease. The session also focused on the availability of free and accessible treatment options, emphasizing that tuberculosis is both preventable and curable with timely medical intervention. **Principal Dr. Maneeta Kahlon** encouraged students to actively participate in awareness campaigns and to disseminate correct information within their communities, thereby contributing to the national mission of eliminating tuberculosis.



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Representation at the National Youth Parliament in Delhi

March 30–31, 2026

Under the aegis of IQAC, Guru Nanak Khalsa College for Women proudly represented Punjab and brought laurels to the college and city at the National Youth Parliament held in Delhi. The event was organized by Dainik Jagran on 30th and 31st March at Miranda House, University of Delhi. The session was formally summoned and guided by Delhi Vidhan Sabha Speaker Shri Vijender Gupta, making it a truly enriching and authentic legislative experience.

During the event, participants gained valuable insights into parliamentary procedures, including the drafting and discussion of bills, debating techniques, and the overall functioning of democratic institutions. It provided them with a deeper understanding of governance, policy-making, and the responsibilities of citizens in a democracy. **Participants: UG Category: Tamanna Verma (23277) – B.A. 3rd Year, Pooja (23191) – B.A. 3rd Year**

PG Category: Priyanshu – PGDMC, Ridhima Aggarwal – M.A. 1st Year. The first level was successfully organized by the Head of the Journalism Department, Dr. Kirti Dhawan. Principal Dr. Maneeta Kahlon's encouragement played a key role in this proud accomplishment. She motivated and encouraged the students throughout. Instagram <https://www.instagram.com/p/DW509GdEXgP/?igsh=MXRIY2NibnAzdmxnbA==>:

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



College In News

Instagram: <https://www.instagram.com/p/DWn7zgdEaQP/?igsh=dHdheWZ2bHZpcHZk>

COLLEGE IN NEWS MARCH 2026

गुलाल लगाकर साड़ा की होली की खुशियां

खुशी-खुशी गुलाल लगाकर साड़ा की होली मनाई। छात्रों ने गुलाल लगाकर साड़ा की होली की खुशियां मनाई।



गुलाल लगाकर साड़ा की होली की खुशियां मनाई। छात्रों ने गुलाल लगाकर साड़ा की होली की खुशियां मनाई।

ग्रीनकेसीडब्ल्यू ने व्यावसायिक उपयोग के लिए ए.आई. उपकरणों पर कार्यशाला का आयोजन किया

ग्रीनकेसीडब्ल्यू ने व्यावसायिक उपयोग के लिए ए.आई. उपकरणों पर कार्यशाला का आयोजन किया।



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गैंगना का मानसिक स्वास्थ्य पर साशल माडया का प्रभाव विषय पर विशेषज्ञों ने साड़ा किए विचार

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डेट्स के मानसिक स्वास्थ्य पर गैंगना की प्रभाव पर चर्चा की

डेट्स के मानसिक स्वास्थ्य पर गैंगना की प्रभाव पर चर्चा की।



डेट्स के मानसिक स्वास्थ्य पर गैंगना की प्रभाव पर चर्चा की।

गुरु नानक भालसा वालस ढार वूमन ने 63 छात्राओं ने बिजनेस में के उपयोग पर प्रशिक्षण

गुरु नानक भालसा वालस ढार वूमन ने 63 छात्राओं ने बिजनेस में के उपयोग पर प्रशिक्षण।



गुरु नानक भालसा वालस ढार वूमन ने 63 छात्राओं ने बिजनेस में के उपयोग पर प्रशिक्षण।

गुरु नानक भालसा वालस ढार वूमन विधे अंतरराष्ट्रगी घुव-अनुष्ठासनी वानढर

गुरु नानक भालसा वालस ढार वूमन विधे अंतरराष्ट्रगी घुव-अनुष्ठासनी वानढर।



गुरु नानक भालसा वालस ढार वूमन विधे अंतरराष्ट्रगी घुव-अनुष्ठासनी वानढर।

पुस्तक-साहित्य प्रवृत्त विद्यार्थी विधे उदरवृत्त वरदर

पुस्तक-साहित्य प्रवृत्त विद्यार्थी विधे उदरवृत्त वरदर।



पुस्तक-साहित्य प्रवृत्त विद्यार्थी विधे उदरवृत्त वरदर।

शिक्षा में महत्वपूर्ण योगदान पर 36 प्रधानाचार्य सम्मानित

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शिक्षा में महत्वपूर्ण योगदान पर 36 प्रधानाचार्य सम्मानित।

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पुस्तक-साहित्य प्रवृत्त विद्यार्थी विधे उदरवृत्त वरदर।



पुस्तक-साहित्य प्रवृत्त विद्यार्थी विधे उदरवृत्त वरदर।

World Autism Awareness Daydone

2nd April 2026

Under the aegis of IQAC, Guru Nanak Khalsa College for Women, Gujarkhan Campus observed World Autism Awareness Day on 2nd April, 2026. The event was organized by the Department of Psychology to promote understanding and awareness of individuals with autism.

On this occasion, **Ms. Hanoor Bajwa from the Department of Psychology** delivered an insightful session outlining the key aspects of autism. She highlighted its characteristics, challenges, and the importance of early intervention, while emphasizing the need to foster an inclusive and supportive environment. Her informative address played a significant role in spreading awareness among students and staff.

The program was graced by the presence of **Mrs. Seema Dua (Registrar), Dr. Neetu Prakash, and Dr. Kuldeep Wadhwa**, who joined in support of the initiative and encouraged continued efforts toward awareness and inclusivity.

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Workshop on "Play-Based Intervention Techniques"

6th April 2026

Under the aegis of IQAC, Department of Home Science of Guru Nanak Khalsa College for Women organized a workshop on “Play-Based Intervention Techniques.” The session was conducted by eminent psychologist Neha Lakhanpal with the objective of enhancing the understanding of 66 participants regarding child-centered therapeutic approaches. Various play-based intervention techniques such as role-playing, storytelling, art-based activities, and the use of therapeutic toys were demonstrated during the session. Participants were trained to observe and interpret children’s behavior during play and to identify underlying emotional and psychological concerns. The resource person also explained how these techniques can be effectively used for children facing behavioral issues, developmental delays, and emotional difficulties.

The workshop was highly interactive, involving hands-on activities and practical demonstrations. **Principal Dr. Maneeta Kahlon** appreciated the initiative for creating a safe, supportive, and non-judgmental environment for children to express themselves freely.

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Instagram: https://www.instagram.com/p/DW5zU5jES1K/?igsh=MXJ1dnRs_bXBINXJIMQ==



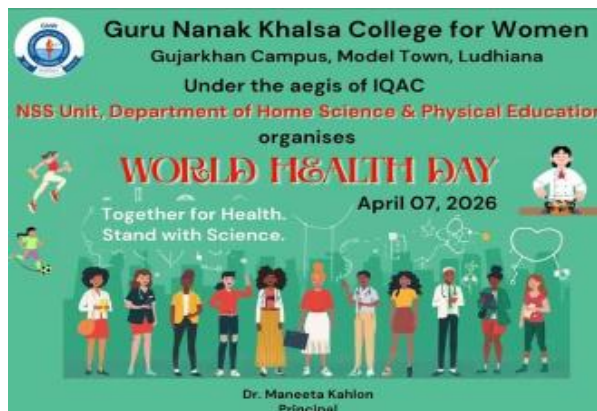
World Health Day Celebration

7th April, 2026

Under the aegis of IQAC, World Health Day was successfully celebrated on April 7, 2026, by the NSS Unit in collaboration with the Department of Home Science and Physical Education. The event aimed to promote awareness about the importance of a healthy lifestyle and overall well-being among 84 students.

The program began with a series of physical activities organized by the students of Physical Education. These included exercises and fitness routines that encouraged active participation and highlighted the importance of regular physical activity for maintaining good health.

Simultaneously, students from the **Department of Home Science** showcased their skills by preparing nutritious breakfast dishes. **Principal Dr. Maneeta Kahlon** encouraged the students and appreciated the effective combination of physical fitness and nutritional awareness, which conveyed a strong message about adopting healthy habits. She congratulated all the departments for organizing an informative, engaging, and impactful event that successfully fulfilled its objective of spreading awareness about health and wellness. Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Annual Athletic Meet at GNKCW

7th April, 2026

The Annual Athletic Meet for the academic year 2025–26 was organized by the Internal Quality Assurance Cell (IQAC) and the Department of Physical Education, GNKCW, Gujarkhan Campus, Model Town, on April 7, 2026, at the college campus. This vibrant event showcased the athletic talents of students and featured a wide range of track and field competitions.

Events & Competitions: 100m Sprint, 200m Sprint, 400m Race, 800m Race, 4x100m Relay, Long Jump, Shot Put, Javelin Throw, Discus Throw, Lemon Race, Sack Race, Rope Jumping, Awards & Recognitions:

Best Athlete (2025–26): Kaksi, BA 2nd Year (24368)

First Runner-Up: Amandeep Kaur, BA 2nd Year (24226)

Principal Dr. Maneeta Kahlon congratulated all the winners for their outstanding performances. She also appreciated the Department of Physical Education for successfully organizing the event, which provided an excellent platform for students to showcase their athletic abilities. The meet was a wonderful display of sportsmanship, enthusiasm, and the true spirit of healthy competition.

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Instagram: <https://www.instagram.com/p/DW505wnEbCK/?igsh=OGVodWl4YWtiNW1q>



Induction Programme for Poshan Pakhwada

9th April, 2026

Under the aegis of IQAC, the NSS Unit in collaboration with the Department of Home Science organized the induction programme of Poshan Pakhwada on April 9, 2026. The programme marked the beginning of the Poshan Pakhwada celebrations being observed from 9th April to 23rd April with the objective of promoting awareness about nutrition, health, and well-being among students.

The programme began with an introduction highlighting the significance of Poshan Pakhwada and its role in encouraging healthy eating habits and preventing malnutrition. **Students were sensitized about the importance of a balanced diet, the inclusion of essential nutrients in daily meals, and the need to adopt a healthy lifestyle. The induction aimed to inspire students to make informed food choices and become responsible individuals in society.**

On this occasion, **Principal Dr. Maneeta Kahlon** addressed the students and shared her valuable insights on the importance of nutrition in daily life. She emphasized that a healthy body leads to a healthy mind and better academic

performance. Instagram: <https://www.instagram.com/p/DW519MkESuL/?igsh=ang5YXFheGJja3Ay>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Tribute to Asha Bhosle by the Department of Music

13th April, 2026

Under the aegis of the Internal Quality Assurance Cell, the Department of Music at Guru Nanak Khalsa College for Women organized a soulful tribute to the legendary voice of India, Asha Bhosle.

An iconic artist whose melodies have transcended generations, Asha Bhosle ji's contribution to Indian music is truly unparalleled. From soulful ghazals to vibrant Bollywood compositions, her versatility and timeless voice continue to inspire musicians and music enthusiasts across the globe.

The tribute witnessed enthusiastic participation from students and faculty, who expressed their deep admiration and respect for her extraordinary musical journey and artistic brilliance. The event created an atmosphere of musical reverence, celebrating a legacy that continues to resonate in every heart.

Principal Dr. Maneeta Kahlon lauded the efforts of the Department of Music and the students for organizing such a meaningful and melodious tribute. She emphasized that remembering legends like Asha Bhosle not only helps preserve our rich musical heritage but also motivates the younger generation to pursue excellence in music with passion, dedication, and creativity.



Instagram: <https://www.instagram.com/p/DXEEnRkUYD/?igsh=MTF3eXgxaWlrdWRqaw==>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Motivational Slogan Writing Activity

15h April, 2026

Under the aegis of IQAC, the Department of Office Management and Secretarial Practices, Guru Nanak Khalsa College for Women, Gujarkhan Campus organized a Motivational Slogan Writing Activity on 15th April, 2026.

The primary objective of the activity was to inspire students to think positively, express their creativity, and develop a success-oriented mindset through impactful slogan writing.

A total of 25 students enthusiastically participated and showcased their talent by composing meaningful and thought-provoking slogans focused on motivation, determination, and personal growth.

Principal Dr. Maneeta Kahlon, who encouraged the students with her inspiring words. She emphasized the importance of implementing motivational thoughts in daily life and advised students to transform their ideas into actions for achieving success.

The activity was successfully organized by Ms. Simarpreet Kaur, who ensured smooth coordination and active participation from students.



Instagram: <https://www.instagram.com/p/DXEGhwMkZU-/?igsh=MWJyNWJ1dnNiZDVhaQ==>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>

Scribble Day Celebrated at GNKCW

17h April, 2026

Scribble Day was an unforgettable celebration in the college campus on April 17, 2026. This fun tradition brings students together to write messages, quotes, and drawings on each other's clothes using permanent markers or pens. It's a lighthearted day where students show appreciation for their friends and make lasting memories.

Teachers also join in, writing their blessings and inspiring quotes on students' shirts, making the day even more special.

Principal Dr. Maneeta Kahlon shared that Scribble Day is a unique and colorful way to mark the end of college life, filled with creativity, laughter, and positive energy. Wishing all the students the best of luck as they begin their new journeys.

Instagram: <https://www.instagram.com/p/DXbDBJDkQcA/?igsh=MWxqZmpwM2E2M2x3cA==>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Farewell Party 'Jashan-e-Ruksat' at GNKCW

18 April 2026

Students of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town celebrated their 'sisterhood' of three years through a farewell party 'Jashan-e-Ruksat' organized by the college in the college campus today. The enthusiasm and gusto of the party peeled off its layers with smiles, tears, reminiscences and a cultural bonanza comprising songs, dances and other eye-catching items.

Awards & Recognitions:

- **M.Com:** Harman was adjudged as Ms. Farewell.
- **MA (English):** Sehaj was crowned as Ms. Farewell.
- **Arts Section:** Kawaljot was crowned as Miss Farewell.
- **Commerce Stream:** Karuna was crowned as Miss Farewell.
- **Business Administration (BBA) Stream:** Taranum was crowned as Miss Farewell.
- **Computer Science (BCA) Stream:** Yugpreet was crowned as Miss Farewell.

The Principal of the college, Dr. Maneeta Kahlon crowned the winners and motivated them to empower themselves for all their future endeavours. She asserted that the students should carry forward the morals given by their alma mater and make these values a base of their future actions and thoughts. Instagram: <https://www.instagram.com/p/DXRRi1WETcG/?igsh=MxAzdXBwYWVnampibw==>

Facebook: <https://www.facebook.com/share/p/18UfPZ2nVN/>



Annual Prize Distribution

20 thApril 2026

Under the aegis of the Internal Quality Assurance Cell, Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, organized its Annual Prize Distribution Function in the college campus todayDr. Rajinder Singh Chadha, Chairman, Wave Group, graced the occasion as the Chief Guest. S. Mahesh Inder Singh Grewal, a renowned politician, along with other eminent personalities, also marked their presence. The event was further graced by Joint Secretary S. Preetpal Singh Sarna and other distinguished members of the management.

Welcoming the Chief Guest, **Principal Dr. Maneeta Kahlon** presented the Annual Report of the college, highlighting the remarkable achievements of students and faculty in diverse academic, cultural, and co-curricular fields. Students who were felicitated included University Toppers, College Toppers, and Mid-Semester Examination toppers.

Lauding the accomplishments of the students, **Chief Guest Dr. Rajinder Singh** Chadha congratulated the institution for its consistently rising graph of success and excellence. Addressing the prize winners, President of the College Governing Body, **S. Paramjit Singh Sarna** expressed immense pride in the achievements of the young girl students and encouraged them to continue striving for excellence in all spheres of life.The function concluded on a celebratory note, acknowledging the dedication and hard work of students and faculty, and reinforcing the institution's commitment to academic excellence.



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Pledge ceremony on the college campus today to promote environmental responsibility and prevent environmental degradation.

20 thApril 2026

Under the aegis of the Internal Quality Assurance Cell, the NSS Unit and NCC Wing of Guru Nanak Khalsa College for Women organized a pledge ceremony on the college campus today to promote environmental responsibility and prevent environmental degradation.

The initiative aimed to spread awareness about the urgent need for environmental protection and to inspire collective action toward sustainability. Students and staff actively participated in the pledge, reaffirming their commitment to safeguarding the environment.

Principal Dr. Maneeta Kahlon addressed the gathering and motivated everyone to take responsibility in protecting the environment. She emphasized the importance of such initiatives in strengthening environmental awareness and fostering a culture of sustainability both within the campus and in the wider community.



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Convocation Ceremony

23rd April 2026

A grand Convocation Ceremony was held at Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, where a large number of graduates were conferred degrees amidst great enthusiasm and pride. More than 587 students received degrees in B.A., B.Com, BCA, and BBA, along with Honours and postgraduate degrees in M.A. (English), M.Com, PGDMC, and PGDCA.

S. Maheshinder Singh Grewal, Senior Vice President of the Shiromani Akali Dal and former Minister of Punjab, graced the occasion as the Chief Guest. Welcoming the Chief Guest, **Principal Dr. Maneeta Kahlon** presented the college report, complemented by a PowerPoint presentation highlighting the achievements of students and faculty in both curricular and co-curricular activities. **S. Hira Singh Gabria, President of the Shiromani Akali Dal BC Wing, attended the event as the Guest of Honour.** The occasion was further dignified by the presence of the General Secretary of the College Governing Body, S. Bhupinder Pal Singh Sarna, along with other esteemed members of the management.

In his Convocation Address, **S. Maheshinder Singh Grewal** emphasized that hard work is the key to success and that there are no shortcuts to achieving it. While addressing the students, **S. Paramjit Singh Sarna**, President of the College Governing Body motivated the students to follow the teachings of Guru Nanak Dev Ji. The ceremony concluded with a formal vote of thanks proposed by **Joint Secretary S. Preetpal Singh Sarna**. The event marked a proud and memorable milestone in the lives of the graduating students, inspiring them to move forward with confidence and purpose. Instagram: https://www.instagram.com/p/DXeRkb_kb36/?igsh=MWxqM2ViNnI3MnVwMg==

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Observation of National Panchayati Raj Day

24th April 2026

Under the aegis of the Internal Quality Assurance Cell, the Department of Public Administration and Political Science of Guru Nanak Khalsa College for Women, Gujarkhan Campus, Model Town, Ludhiana, observed National Panchayati Raj Day on the theme “Sashakt Panchayat, Sarvageen Vikas.”. The programme aimed to create awareness among students about the significance of local-level democratic governance.

Students were sensitized to the functioning of Panchayati Raj Institutions and their vital role in addressing grassroots issues effectively. They were encouraged to understand the importance of active participation in the democratic process, including guiding and assisting people in exercising their voting rights responsibly and supporting local leadership within their communities.

: On this occasion, Principal Dr. Maneeta Kahlon motivated the youth to actively engage in rural development initiatives and contribute towards the vision of a Viksit Bharat. The event proved to be an enriching experience for the students, inspiring them to become proactive contributors to community development and governance.



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Participation in PU Skill2Market Hub 2026

4th May 2026

Guru Nanak Khalsa College for Women (GNKCW), Model Town, Ludhiana, participated in the **PU Skill2Market Hub 2026** on May 4, 2026, at the Panjab University Campus, Chandigarh. This flagship initiative was organized by the College Development Council (CDC) and inaugurated by Vice Chancellor Prof. (Dr.) Renu Vig.

: The initiative, led by Prof. Ravi Inder Singh (Dean, CDC), focuses on connecting student skill development with real market opportunities, allowing them to apply classroom learning to entrepreneurial activities.

A total of 29 stalls were set up by students from various affiliated colleges across Punjab. Ms. Sonali, an M.A. (English) student, represented the college with a vibrant stall featuring hand-painted suits, sarees, bags, dupattas, and Punjabi juttis.

: The stall was prepared under the guidance of Mrs. Balwinder Kaur, Assistant Professor, Department of Fine Arts. The stall received appreciation for its creativity and craftsmanship, emphasizing the role of such platforms in nurturing practical skills and self-reliance.

Principal Dr. Maneeta Kahlon highlighted that participation in initiatives like Skill2Market Hub is essential for holistic student development, instilling confidence and an entrepreneurial spirit. Faculty members Mrs. Seema Dua and Ms. Daisy Wadhwa also attended the event to support the initiative.

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