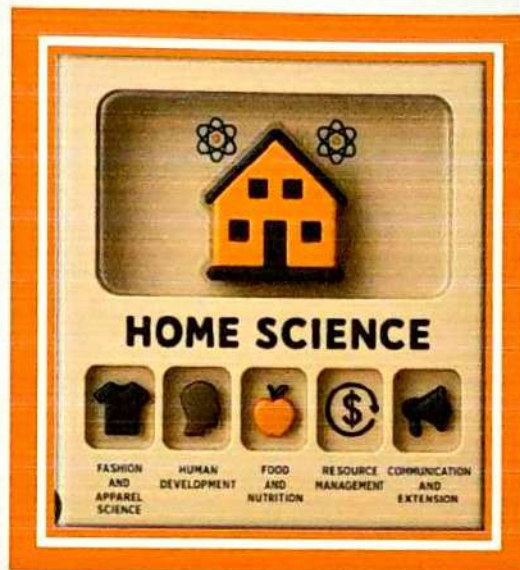




Guru Nanak Khalsa College for Women Gujarkhan Campus Model Town Ludhiana



DEPARTMENT OF HOME SCIENCE ODD SEMESTER REPORT - JUNE 2025 – DECEMBER 2025

Maneeta

**Dr. Maneeta Kahlon
Principal**

Dr. MANEETA KAHILON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town
Ludhiana

**Mrs. Shikha Kalra
(Head Of Dept)**

Shikha Kalra

**Mrs. Amarpreet Kaur
(Assistant Professor)**

Amarpreet Kaur

**Mrs. Pooja Kaushik
(Assistant Professor)**

Pooja Kaushik

PhoneNo:0161-2424662

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The Guru Nanak Khalsa College for Women, Gurjarkhan Campus, Model Town, Ludhiana, established the Home Science Department in 1975. In beginning this department had just one Lecturer. There were only 60 students enrolled in prep school, and 25 of them were first-year students. Initially, there was only one laboratory available. The department lacked a lab attendant. A lab assistant was employed in 1980 shortly after one attendant was hired in 1976. The department added a second lecturer in 1978. The second lab. was built in 1982 at the same time that the student body was expanding. The Department was placed on the Ground floor. In 2001–2002, however, the entire department was transferred to the first floor.

There are currently two labs in total—one for cooking and one for sewing. There is a single staffroom with a restroom next to it for the teaching staff. One storage room is available for keeping extra equipment, sewing machines, and other necessities

Additionally, a single attendant's room has been built so that she may provide the students during practical with anything they require. In order to ensure that sessions ran smoothly as enrollment increased over the following years, a timetable of four faculty members—two permanent, two adohc, one lab assistant, and one lab attendant—was set up. Over time, prep or Sr. Sec programmes were rescheduled for school levels, and only degree-related course work remained as a component of higher education. one Adohc and one Permanent Faculty member ,as well as one Lab Assistant and two Lab Attendant, comprise the department as of right now with implementation of NEP in 2024. In the beginning of session 2025-2026, along with successful implementation of NEP during the session 2024-2025 (1st and 2nd semester) and advancement of subjects of SEC, MDC AND VAAC in odd semester (ie 3rd sem), and also to introduce major/ minor subjects in even semester, one faculty member and one lab attendant were appointed in the Department.

STAFF MEMBERS IN DEPARTMENT	MALE	FEMALE	TOTAL
Total No. of teachers		03	03
Teachers with PhD. As highest qualification		-----	-----
Teachers with M.Phil. as highest qualification		-----	-----
Teachers with P.G as the Highest qualification		03	03
Technical staff	01	02	03



Mrs. Shikha Kalra (HOD)
(Assistant Professor)



Mrs. Amarpreet Kaur
(Assistant Professor)



Mrs. Pooja Kaushik
(Assistant Professor)

TEACHING FACULTY

List of Staff members with their designation, Qualifications, fields of specialization, years of experience:

Name of the Teaching Faculty	Designation	Highest Qualification	Specialization	Experience in years
Shikha Kalra	Assistant Professor	M.Sc., B.Ed, Pursing Ph.D	Foods and Nutrition	10 years
Amarpreet Kaur	Assistant Professor	M.Sc. ,PGDCA, Pursing PGDECEFE	Clothing and Textiles	17 years
Pooja Kaushik	Assistant Professor	M.sc. ,PGDGC, B.Ed	Human Development and Family Studies	----

COURSES OFFERED

S.No.	Name of the Course
1.	1 st year Core-Introduction to Interior Decoration and Nutrition (HSCDSC1)
2.	Multidiciplinary Course- Basics of Nutrition and Food Science (FSCIDC)
3.	Skill Enhancement Course – Basics of Cookery (HMSSEC9)
4.	Skill Enhancement Course– Interior Designing and Decoration- I (FDSEC I)
5.	2 nd year Core- Food Constituents And Human Development In Infancy (HMSD301)
6.	Basics Of Food And Nutrition –III (HSCI101)
7.	Fabric Surface Ornamentation (HSCS308)
8.	Nanny Care And Nutrition (HSCS309)
9.	3 rd year core- Food and Nutrition and Child Development

Personal achievements of staff members for the session 2025-2026
June 2025—December 2025
Odd Semester

Shikha Kalra

GOC/Refresher/Course/MOOCs

- Completed UGC sponsored Refresher Course (interdisciplinary) organized by UGC Malviya Mission Teacher Training Centre (Formerly UGC HRDC) University of Jammu in collaboration with S.S.Khanna Girls Degree College, Prayagraj (University of Allahabad) from June 09, 2025 to June 21, 2025.

Publication in Journals

- Published a paper “ Dietary patterns and anthropometric assessment of urban school going children in Punjab” in International Journal of Agriculture and Food Science, with NAAS rating 4.97 in July 15, 2025
- Published a paper “ A study on gender differences in daily food consumption and Nutrient adequacy of Urban school- going children” in International Journal of Home Science 2025: 11(3): 09-14with ISSN :2395-7476 on July 11,2025

Conference Proceedings

- Attended One day National Seminar - “ Punjab Samwad” series organized by Guru Nanak Khalsa College for Women, and Institute for Conflict Management(ICM) on “The Unseen Strain: Navigating Punjab’s Present Crises” on August 02, 2025.

FDPs/ Workshops

- Attended one - day Orientation Workshop on “ Promoting Unnat Bharat Abhiyan in Punjab State” organized by NITTTR Chandigarh at Gulzar Group of Institutes, Khanna, Ludhiana on December 4, 2025.
- Attended One Day Workshop cum Webinar for the celebration of Unnat Bharat Abhiyan Day (UBA Day), marking Eleven years of the programme’s journey in transforming Rural India through the active participation of Higher Education Institutions (HEIs), organized by NITTTR, Chandigarh on 11th November 2025.
- Participated in Faculty Development Programme on Unnat Bharat Abhiyan for Teachers of Higher education conducted by Rural Development Department at NITTTR (Ministry of Education, Government of India), Chandigarh from October 13, 2025 to October 17, 2025.

Paper Presentations

- Presented a paper “ Millets in eradicating the malnutrition among urban school going Children (Age 10 to 12 years) in 2 days International Conference on “Awakening Wellness: Challenges

and Solutions” organized by Maharishi school of Science of Consciousness and School of Pharmaceutical Sciences in Hybrid Mode on September 17-18, 2025.

- Presented a paper “ Influence of family’s Educational and Economical Conditions on Children’s Nutritional Status” in One day National Seminar - “ Punjab Samwad” series organized by Guru Nanak Khalsa College for Women, and Institute for Conflict Management(ICM) on “The Unseen Strain: Navigating Punjab’s Present Crises” on August 02, 2025.

As Resource Person/ Organizer/ Convener/ Judge/ Expert/ External Examiner

- Appointed as IGNOU Academic Councillor for Guiding Project of DNHE programme, in Regional Centre Khanna, Centre code 2206, Study centre – Guru Nanak Girls College, Ludhiana.

Participation only

- Attended virtual workshop on Rural Entrepreneurship Development on September 02, 2025 organized by NITTTR Chandigarh, Regional centre of India (RCI) on September 2, 2025..

Amarpreet Kaur

MOOC’s

- Completed 16 week online SWAYAM IGNOU sponsored 4 credit course ‘Early Childhood Care and Education ’ from January 1, 2025 to April 30 2025 with consolidated score of 91%

Faculty Development Programme

- Participated in Five Days National level FDP on ‘Indian Knowledge System’ organised by IOT Academy, Coimbatore, held from 8th to 12th December 2025

External examiner

- Invited as external examiner for subjects, “Patern making & draping and Garment making of B.Sc Fashion Designing, ,semester III, at Gujranwala Guru Nanak Institute of Management and Technology, Ludhiana, on December 8th and 10th ,2025. (Morning)
- Invited as external examiner for subjects, “Patern making, Garment Construction II and Fashion photography of B.Sc Fashion Designing, semester II, at Gujranwala Guru Nanak Institute of Management and Technology, Ludhiana, on June 4th and 5th ,2025.
- Invited as external examiner for subjects, “Job Training” of BVFDT401-20 and BVFDT207-20 at NIIFT, Ludhiana on May 28th , 2025 (M), &(E) sessions.

National workshop

- Participated in the WEAVE (Women Entrepreneurs Acceleration for Value Enhancement) - 2nd in Series- A Virtual Mentorship Program organized by the Textile Sector Skill Council (TSC) in collaboration with Food Industry Capacity and Skill Initiative (FICSI), New Delhion July 30 and 31, 2025.

Pooja Kaushik

- Attended one day National Seminar on 'Punjab Samwad'on 2 August,2025 organised by the Institute for Conflict Management (ICM), New Delhi.

- Presented a paper entitled 'impact of peer and societal pressure in rising drug abuse among school children in Ludhiana city, organised by Institute for conflict Management (ICM), New Delhi.
- Attended one day National webinar on the Topic-" Youth and community engagement in suicide prevention and mental well" - being held on 9 September, 2025 by the department of human development and family studies college of community science A.N.D.U.A.E.T Kumarganj Aayodhya.
- Participated in an online National Seminar on" Promoting Mental Health in Higher Education" organised by uttan Foundation, Delhi in collaboration with Guru Gobind Singh Khalsa College for Women, Jhar Sahib, Ludhiana held on 11th October 2025.
- Participated in a webinar conducted by Internal Quality Assurance Cell (IQAC) in collaboration with Association of International Researchers of Indian Origin (AIRIO) on the topic "Life Skills For Personal Empowerment" on 16 December 2025.

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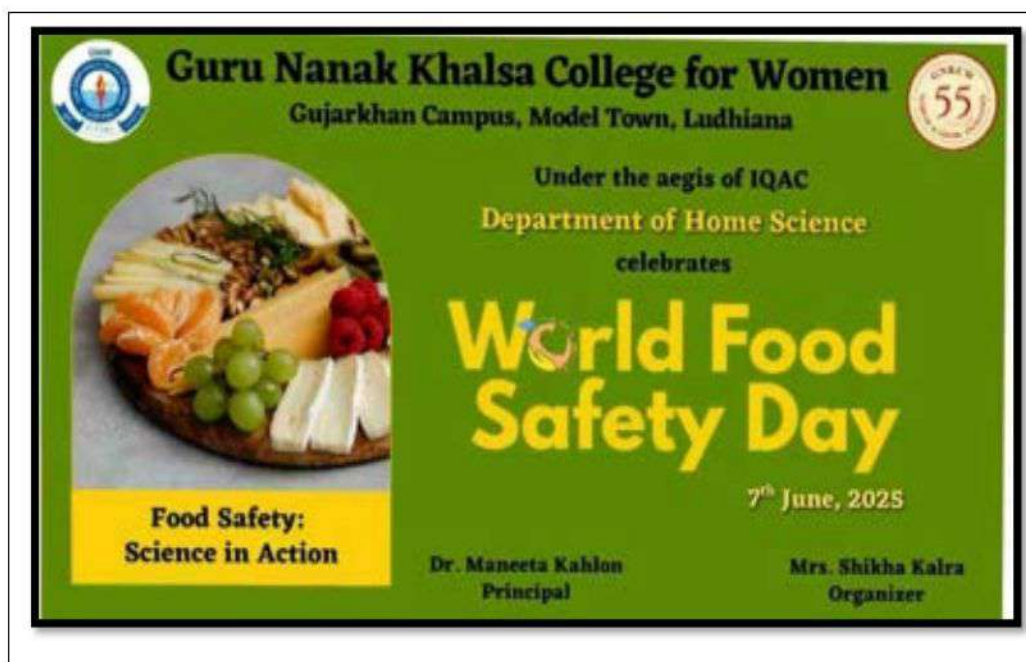
1.	Food Safety Day	June 07, 2025
2.	Semester Opening	July 18, 2025
3.	Rakhi Making Competition	August 08, 2025
4.	Healthy And Sustainable Diet”	August 11, 2025
5.	Talk on Mental Health, Peer pressure and Nutrition education	August 20, 2025
6.	Earn While You Learn activity - Colorful handmade bangles stall	August 27, 2025
7.	Rashtriya Poshan Maah (WEEK-I) Sensitization online awareness lecture on “Importance of Nutrition Education among Today’s Youth”	September 2, 2025
8.	Talent Hunt Day 1	September 09, 2025
9.	Talent Hunt Day 2 Prize Distribution	September 10, 2025
10.	Rashtriya Poshan Maah (WEEK-II)	September 10, 2025
11.	Rashtriya Poshan Maah (WEEK-III)	
	1. Physical Therapy camp	September 15, 2025
	2. “Earn While You Learn” - Cupcakes Stall	September 20, 2025
12.	Karwa Chawth Stalls	October 09, 2025
13.	Zonal Youth Festival	
	Day 1	October 11, 2025
	Day 2	October 13, 2025
14.	Candle Making Workshop	October 15, 2025
15.	Roshni celebration - Mithaai Making Competition	October 17, 2025
16.	Diwali Exhibition cum Sale	October 18, 2025
17.	Interzonal Youth Festival	
	Day 1	November 8, 2025
	Day2	November 10, 2025
18.	Remedial And Revision Classes	November 07 to 13, 2025.
19.	Semsester End Practical Exams	November 9-16, 2025
20.	State Level Inter - University youth festival	November 20, 2025
21.	Semester end meeting	November 14, 2025

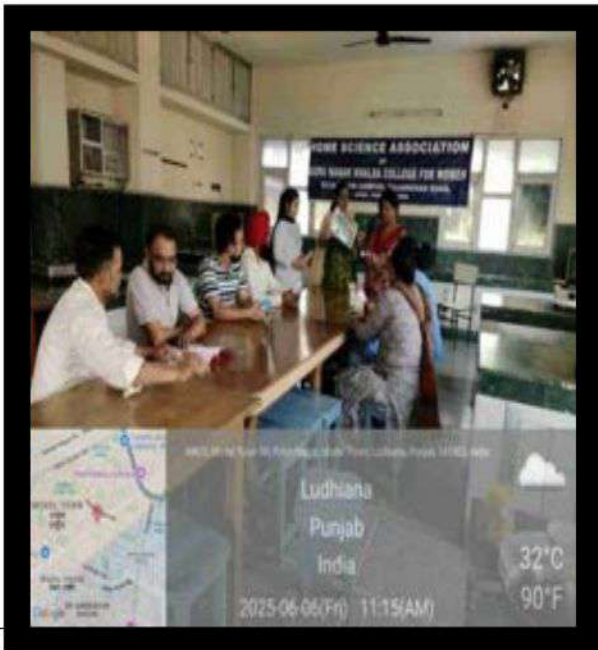
1. Food Safety Day

S.No.	Date	Action taken	Organized by	Social Media Link
1	June 07, 2025	Food Safety day was celebrated with the theme : “Science in Action”	Departments of Home Science, under IQAC,GNKCW	1. https://www.facebook.com/share/p/167Yg4FLvZ/ 2. https://www.instagram.com/p/DKjGkLgxfKX/?utm_source=ig_web_copy_link&igsh=MTdzNm12ZDhvOXk0NA==

The Department of Home Science of Guru Nanak Khalsa College for Women celebrated World Food Safety Day on June 7, 2025. The theme, “Food Safety: Science in Action,” was the central focus of the event.

To promote awareness around this important topic, an initiative was conducted on June 6, 2025, aimed at educating participants on the significance of reading food labels before purchasing products. A total of 12 candidates took part in this awareness drive, taking on the role of responsible consumers.





2. SEMESTER OPENING MEETING



3. Rakhi Making Competition

S.No.	Date	Action taken	Organized by	Social Media Link
1.	August 08, 2025	Rakhi Making Competition was organised	Departments of Home Science, under IQAC,GNKC W	1. https://www.facebook.com/share/p/16oP5Lrz6y/ 2. (PART I) https://www.instagram.com/p/DNFpPDrxS05/?utm_source=ig_web_copy_link&igsh=a2N1MH13YXZucXZw 3.(PART II) https://www.instagram.com/p/DNFpKSkxBSB/?utm_source=ig_web_copy_link&igsh=dHB0aXN5YjZ5N29p

A total of 42 students enthusiastically participated in the event and created beautiful rakhis. They showcased their talent and creativity by crafting eco-friendly and innovative rakhis using a variety of materials such as threads, beads, mirrors, sequins, and resin. These creations highlighted the cultural significance of the Rakhi festival among students. Following students were awarded prizes

First Prize: Irwin (Roll No. 252440) Second Prize: Charanjit Kaur (Roll No. 241925)

Third Prize: Khushi (Roll No. 25266)

The prize winners were awarded medals. In addition, seven participants received appreciation prizes





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Ref No. notice file

Date: 8 Aug 2025

NOTICE

Department of Home Science & Fashion Designing organized Rakhi Making Competition and Exhibition on August 08, 2025. Following students participated in the activity.

S.No	Name	Class	Roll No	Signature	Position
1	Chaitanya Devi	B.A. II	230214	Chaitanya	
2	Anandika Devi	B.A. I	23003	Anandika	
3	Gunika Devi	B.Com. II	230023	Gunika	
4	Gunika	B.Com. II	230023	Gunika	
5	Shruti	B.A. II	23102	Shruti	
6	Vandana	B.A. III	23109	Vandana	
7	Shruti	B.A. II	23111	Shruti	
8	Shruti	B.A. II	23115	Shruti	
9	Shruti	B.A. II	23009	Shruti	
10	Shruti	B.Com. I	23199	Shruti	Appreciation
11	Shruti	B.A. II	23123	Shruti	
12	Shruti	B.Com. II	23005	Shruti	
13	Shruti	B.Com. II	24094	Shruti	
14	Shruti	B.A. II	23120	Shruti	
15	Shruti	B.Com. I	23006	Shruti	
16	Shruti	B.Com. II	25058	Shruti	
17	Shruti	B.A. II	24094	Shruti	Appreciation

Maneet
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Dr. MANEETA KAPLON
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Gurukulam Campus, Model Town,
Lucknow

S.No	Name	Class	Roll No	Signature	Position
19	Shruti	B.A. II	24094	Shruti	II rd
20	Shruti	B.A. II	23115	Shruti	
21	Shruti	B.A. II	23111	Shruti	
22	Shruti	B.A. II	23102	Shruti	Appreciation
23	Shruti	B.Com. I	23120	Shruti	
24	Shruti	B.Com. II	23008	Shruti	
25	Shruti	B.Com. II	23109	Shruti	
26	Shruti	B.Com. II	23003	Shruti	
27	Shruti	B.A. II	23115	Shruti	
28	Shruti	B.A. II	23115	Shruti	Appreciation
29	Shruti	B.A. II	23115	Shruti	III rd
30	Shruti	B.A. II	23115	Shruti	
31	Shruti	B.A. II	23115	Shruti	
32	Shruti	B.Com. I	23121	Shruti	
33	Shruti	B.Com. I	23121	Shruti	
34	Shruti	B.Com. I	23121	Shruti	
35	Shruti	B.Com. I	23121	Shruti	
36	Shruti	B.Com. I	23121	Shruti	
37	Shruti	B.Com. I	23121	Shruti	
38	Shruti	B.Com. I	23121	Shruti	Appreciation
39	Shruti	B.Com. I	23121	Shruti	II rd
40	Shruti	B.Com. I	23121	Shruti	
41	Shruti	B.Com. I	23121	Shruti	Appreciation
42	Shruti	B.Com. I	23121	Shruti	Appreciation

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Principal
G.N.K.C. College for Women
Gurukulam Campus, Model Town,
Lucknow

Rakhi Making Competition
Dated: August 08, 2025.
RESULT

Name	Class	Roll No	Prizes
IRAVI	M. Com. I	252450	I st
CHANDNI Kaur	B.A. II	241925	II rd
KALUCHI	B.A. I	25266	III rd
SHRUTI DAVI	B.Com. II	23088	Appreciation
SHRUTI Kaur	B.A. II	24077	Appreciation
PRACHI	B.A. I	25265	Appreciation
CHANDNI Kaur	B.A. II	23190	Appreciation
SHRUTI Kaur	B.A. II	24077	Appreciation
SHRUTI SHARMA	B.A. I	25194	Appreciation
CHANDNI Kaur	B.A. I	25287	Appreciation

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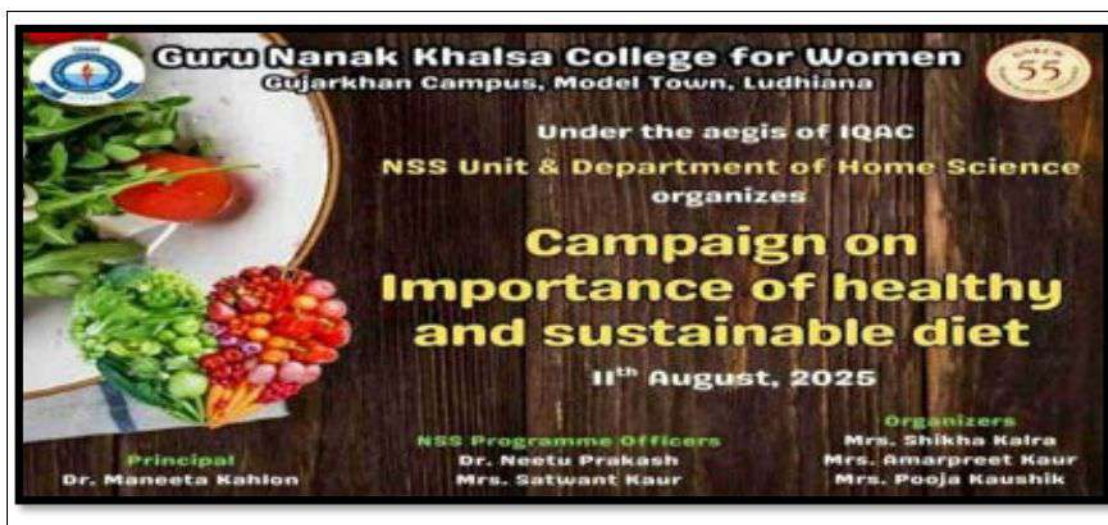
Maneet
Dr. Maneet Kaur
Principal
Dept. of Computer Science

4. Vegan Outreach sensitization Program – A campaign on Healthy & Sustainable Diet

S. No.	Date	Action taken	Organized by	Social Media Links
1.	August 11, 2025	A video of a recipe of Quinoa salad was shown to students	Department of Home Science and NSS unit under IQAC,GNK CW	<p>1. https://www.facebook.com/share/p/1ApEchFgzA/</p> <p>2. https://www.instagram.com/p/DNSCoAzxhps/?utm_source=ig_web_copy_link&igsh=MTN5OXRIOTZyaXFuYw==</p> <p>Press Coverage https://drive.google.com/drive/folders/1Y2rXH9A_EUK9JD_HS7yghZUvcyB0nBi3 12-8-2025,Ajit Pg8, Col 2; 12-8-2025, Danik Jagran, Pg 4, Col 3; 12-8-2025, Punjabi Jagran,Pg 4, Col 3; 12-8-2025, Danik Savera, Pg4,Col 3</p>

38 Students were sensitized about the importance of Vegan diet as an assistance in maintaining Anti Obesity initiative.

A video of a recipe of Quinoa salad which excluded all animal products was shown to students to gain attention for both health and environmental dimensions, thus ensuring adequate intake of protein, Vitamin B12, Omega 3 Fatty acids, Iron, calcium and Zinc which are less abundant in plant sources.





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Dated 11th Aug, 2025

Ref. No. Notia/jb

NOTICE

Department of Home Science & NSS Unit organizes CAMPAIGN ON IMPORTANCE OF HEALTHY AND SUSTAINABLE diet on August 11th, 2025. Following students participated in the activity.

S.No	Name	Class	Roll No	Signature
1	Khawair Mungjal	BCA-I	251903	
2	Bhavika	BCA-I	251911	
3	Priya Pandey	BCA-I	251906	
4	Jasvandeep Kaur	BCA-I	251926	
5	Himani Sharma	BCA-T	251913	
6	Rashmi Kaur	BA-I	24-180	
7	Swishly	BA-II	24-278	
8	Kashish	BA-II	24-255	
9	Kamalpreet Kaur	BA-II	24-267	
10	Suhani	BA-II	24-230	
11	Sania	BA-II	24-138	
12	Gurman Kaur	BCA II	241920	
13	Amanya Khutlan	BCA-I	251934	
14	Rashmi Kumari	BCA-I	251921	
15	Anoop Kaur	BCA-I	251925	
16	Alisha	BCA III	231937	
17	Shruti	BCA III	231944	
18	Ziya	BCA III	231917	
19	Naina	BCA III	231904	

Dr. Maneeta Kahlon
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S.No	Name	Class	Roll No	Signature
20	Tamara Kaur	BA-II	24331	Tamara Kaur
21	Prabjot Kaur	BA-I	25140	Prabjot Kaur
22	Japneet Kaur	BA-I	25106	Japneet Kaur
23	Pawandeep Kaur	B.com II	241101	Pawandeep Kaur
24	Pavneet Kaur	B.com II	241124	Pavneet Kaur
25	Japneet Kaur	B.A III	23106	Japneet Kaur
26	Nandani Chhajer	BA III	23215	Nandani Chhajer
27	Khushi Parmar	B.A I	251927	Khushi Parmar
28	Gurleen Kaur	B.A III	23115	Gurleen Kaur
29	Hansoo Kaur	BA III	23117	Hansoo Kaur
30	Bharvesh Kaur	BA-III	279	Bharvesh Kaur
31	Gurjan Sharma	B.A-I	25267	Gurjan Sharma
32	Harmandeep Kaur	B.A-I	25297	Harmandeep Kaur
33	Simran Kaur	M.Com II	242438	Simran Kaur
34	Simranjit Kaur	BA I	25289	Simranjit Kaur
35	Aashdeep Kaur	BA I	25102	Aashdeep Kaur
36	Karuna Verma	BA-I	25241	Karuna Verma
37	Naveet Kaur	BA-II	24-198	Naveet Kaur
38	Rajdeep Kaur	BA-II	24-102	Rajdeep Kaur

Maneeta

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5. Talk on Mental Health, Peer pressure and Nutrition education

S.No	Date	Action taken	Organized by	Social Media Link
1.	August 20, 2025	Visited Government High School, Kheri/Ghameri, Dist. Ludhiana for interaction with the students	Department of Home Science under IQAC in collaboration with UBA, GNKCW	<p>1.</p> <p>https://www.facebook.com/gnwlu dhiana/posts/pfbid02U55KYBf9CUzPPNQxcQwBsxrwwcVsMM41U7YFRCLqARJZYDyvfD95nPt3NwZSYsl</p> <p>2.</p> <p>https://www.instagram.com/p/DNnGd1GRaEM/?utm_source=ig_web_copy_link&igsh=dDVweHVozzd2dHBs</p>

The UBA (Unnat Bharat Abhiyan) team of 28 students and 2 teachers of the college, in collaboration with the Lions Club (She Shakti), visited Government High School, Kheri/Ghameri in Ludhiana District. Dr. Balbir Kaur addressed the issues of peer pressure faced by today’s youth and discussed the importance of maintaining good mental health. Mrs. Shikha Kalra and Dr. Inderpreet Kaur, President of the Lions Club, Ludhiana, shared valuable tips on adopting the right diet for both mental and physical well-being. Towards the end, students were guided to practice meditation and were given a practical session on meditation by Mrs. Amiti Bakshi. Dr. Karamjit Singh Grewal introduced the visiting team to the school students, and the program concluded with words of appreciation by Headmaster S. Gurdarshan Singh



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Ref. No. Notice File

Dated 20-8-25

NOTICE

Guru Nanak Khalsa College for Women in collaboration with UBA and Dept. of Home Science Organization visit to govt school Kheri / Jameri for a talk on mental health, peer Pressure and Nutritional talk among school students. Following students participated in the activity.

S.No	Name	Class	Roll No	Signature
1.	Gaganpreet Kaur	BA-III	23-190	Gaganpreet Kaur
2.	Karmanpreet Kaur	BA-III	23-174	Karmanpreet Kaur
3.	Aakha Gupta	BA-III	23-119	Aakha Gupta
4.	Varshika	BA-II	24-302	Varshika
5.	Anchal	BA-II	24-332	Anchal
6.	Savita	BA-II	24-249	Savita
7.	Meeshu	B.A. II	24-151	Meeshu
8.	Nirjala	B.A. II	24-113	Nirjala
9.	Rani	B.A. II	24-349	Rani
10.	Barnest Kaur	B.A. II	24-236	Barnest Kaur
11.	Gagandeep Kaur	B.A. II	24-262	Gagandeep Kaur
12.	Suishty	B.A. II	24-278	Suishty
13.	Somya	B.A. II	24-143	Somya
14.	Simran	B.A. II	24-314	Simran
15.	Kashish	B.A. II	24-355	Kashish
16.	Kashi	B.A. II	24-145	Kashi
17.	Aushdeep Kaur	B.A. I	25-263	Aushdeep Kaur
18.	Shreeta Kaur	B.A. I	25-115	Shreeta Kaur


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Principal

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6. Earn While You Learn activity - Colorful handmade bangles stall

S. No.	Date	Action taken	Organized by	Social Media Link
1.	August 27, 2025	Organized stall of colourful bangles	Department of Home Science under IQAC,GNKCW	1. https://www.facebook.com/share/p/1EHChTNJMs/ 2. https://www.instagram.com/p/DN7u5LQkXzK/?utm_source=ig_web_copy_link&igsh=Ym95MnhocGthcjMy Press Coverage https://drive.google.com/drive/folders/1c3713PKXvwMhErMp7FQ86SdjYXwxZify Danik Jagran, Pg 4, Col 3

18 students enthusiastically participated, designing bangles with materials such as glass bangles, silk threads, beads, and ghungroo. These vibrant handmade bangles were later displayed and sold within the college premises. The products received an overwhelming response from both faculty members and students, who highly appreciated their artistry and affordability.

Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC

Earn While You Learn
Department of Home Science
organizes

Colourful Bangles Stall

Date: August 27, 2025
Time: 10:00am onwards
Venue: Outside Room No. 105

Principal
Dr. Maneeta Kahlon

Organizers
Mrs. Shikha Kalra
Mrs. Amarpreet Naur
Ms. Pooja Kaushik



Guru Nanak Khalsa College for Women

Gujarkhan Campus, Model Town,
LUDHIANA-141 002.
Ph : 0161-2424668, 2772561
Fax : 0161-2424668
Email: gnkcwldh1@rediffmail.com
Web: gnwidth.com

Ref. No. Notice file

Dated 27-8-25

NOTICE

Department of Home Science Organized stall of Colorful Bangles 'Earn while you learn' scheme on August 27, 2025. Following students participated in the activity.

S.No	Name	Class	Roll No	Signature
1.	Gaganpreet Kaur	BA III	23190	Gaganpreetkaur
2.	Aashra Gupta	BA-III	23119	Aashra Gupta
3.	Muskan	BA-III	23164	Muskan
4.	Harmanspreet Kaur	BA-III	23-174	Harmanspreetkaur
5.	Aksha Saifi	BA-III	23135	Aksha Saifi
6.	Vanshika	BA-III	23-199	Vanshika
7.	Gurleen Kaur	BA-III	23-189	Gurleen
8.	Simranjeet Kaur	BA-III	23-120	Simranjeetkaur
9.	Deepanjali Verma	BA-III	23-227	Deepanjali
10.	Aziz	BA-III	23-114	Aziz
11.	Jyoti	BA IIIrd	23-243	Jyoti
12.	Hassimrat Kaur	BA IIIrd	23-279	Hassimrat
13.	Jashanpreet Kaur	BA IIIrd	23-275	Jashan
14.	Priaminder	BA IIIrd	22-285	Priaminder
15.	Pohalpreet Kaur	BA IIIrd	23-110	Pohalpreet
16.	Simranpreet Kaur	BA-III	23-103	Simranpreet
17.	Amandeep Kaur	BA-II	24-383	Aman
18.	Anjali	BA-II	24-382	Anjali

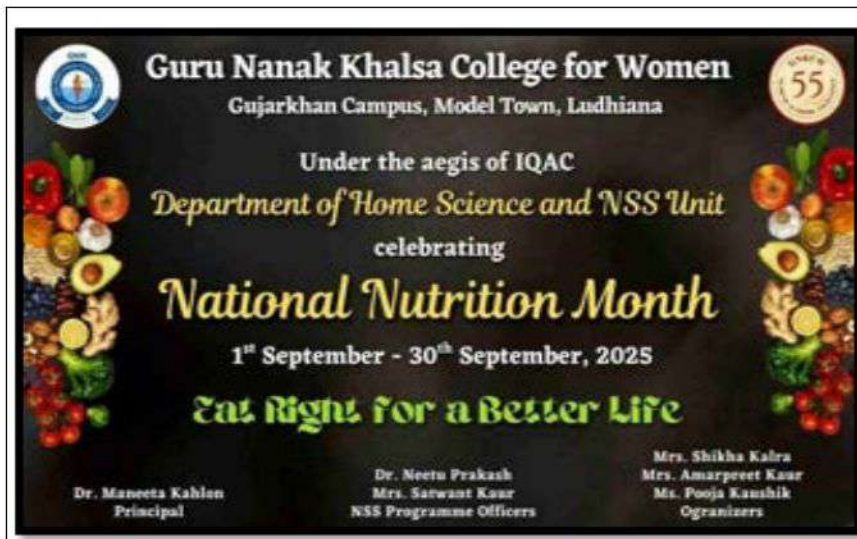

Dr. Manjeeta Kahlon
Dr. MANJEETA KAHLON
Principal
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town
Ludhiana



7. Rashtriya Poshan Maah (WEEK-I) Sensitization online awareness lecture on “Importance of Nutrition Education among Today’s Youth”

S.No.	Date	Action taken	Organized By	Social Media Links
1	Day 1 September 2, 2025 First week (Sept. 1-7) 2025	Sensitization and Awareness on the Importance of Nutrition Education among Youth.	IQAC and the NSS Unit of the college in collaboration with the Department of Home Science.	1. https://www.facebook.com/share/p/1BbigynKZw/2 2. https://www.instagram.com/p/DOp4gTzkc0Z/?utm_source=ig_web_copy_link&igsh=MmRvbnJvaHlvYXh2

In view of the recent flood conditions in Punjab, 95 students of the college attended a sensitization online awareness lecture on “Importance of Nutrition Education among Today’s Youth” delivered by the faculty of the Department of Home Science. The lecture emphasized creating awareness among students about the importance of nutrition, healthy dietary habits, and the role of a balanced diet in overall growth and development.





8. Talent Hunt (Day 1) Inter-class competition in Mehndi, crochet, paranda, knitting, guddian patole, peerhi, and enu making

S. No.	Date	Action taken	Organized by	Social Media Link
1	September 09, 2025	(Day I) Talent Hunt Competition –	Department of Home Science and Fashion designing under IQAC,GNKCW	1. https://www.facebook.com/share/p/1PYwsawJHE/ 2. https://www.instagram.com/p/DOp0DdDkaoC/?utm_source=ig_web_copy_link&igsh=ZDN0NDB0OTA1cWph

Inter-class competition in Mehndi, crochet, paranda, knitting, guddianpatole, peerhi, and enu making on September 09, 2025. A total of 50 students from various streams participated in the contest, showcasing their creativity and bringing the unique heritage art of Punjab to life through significant handmade items.

Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana
is organizing
Talent Hunt Competition

For participation, Scan this QR code

Art & Craft
Knitting
Crochet
Mehandi
Phulkari
Bhagh
Dasuti
Pakhi Making

Heritage Art & Craft
Mitti de Khidaune
Chhikku Making
Pranda Making
Naala Making
Guddian Patole Making
Khaddo Making
Tokri Making
Rassa Vatna
Peerhi Making
Ennu Making

Other Creative Items
Best out of waste
Flower Arrangement
Cooking Items (Can be any savory or sweet or Bakery items or salads)
Nail art
Face painting
File decoration

Date: September 09, 2025
Venue: Auditorium
Time: 10:00am to 1:00pm

Date: September 10, 2025
Venue: Lab of Home Science and Fashion Designing
Time: 10:00am to 1:00pm

Note: Decisions of the Judges will be Final

Dr. Harvika Kulkarni, Principal
For any enquiry contact: Mrs. Parveen Verma - 98722 19670
Department of Home Science and Fashion Designing Organizers



Guru Nanak Khalsa College for Women

Gujarkhan Campus, Model Town,
LUDHIANA-141 002.
Ph. : 0161-2424668, 2772561
Fax : 0161-2424668
Email: gncwldh1@rediffmail.com
Web: gnwldh.com

Ref. No. Notice file

Dated 9-9-25

Talent Hunt Competition 2025 Department of Home Science and Fashion Designing

MEHANDI

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1	Karanpreet Kaur	BCA-II	241924	7087310753	Karanpreet Kaur	
2	Mehak	B.Com III	231068	9878590546	Mehak	
3	Jyoti Verman	B.Com II	241180	7814653528	Jyoti Verman	
4	Prabhsimran Kaur	BCA-II	241939	9137000023	Prabhsimran Kaur	
5	Kashish	B.Com I	251129	9719992541	Kashish	
6	HANNOON	B.Com-I	251106	7009430644	HANNOON	
7	Akanksha	B.Com-II	241071	7973197206	Akanksha	Apprentice
8	Anjali	B.Com III	241048	93411446368	Anjali	
9	Nisha	B.COM-II	241052	7087611971	Nisha	
10	Vedna	B.Com II	241045	9454008474	Vedna	3rd
11	Anampreet Kaur	B.Com I	251067	9914421863	Anampreet Kaur	
12	Mehatpreet Kaur	B.Com I	251121	9803914055	Mehatpreet Kaur	
13	Anam Kaur	BCA III	231938	9360457358	Anam Kaur	
14	Tanisha	B.Com II	241143	9781924529	Tanisha	
15	Anamika	B.A III	23241	9646790610	Anamika	
16	Navpreet Kaur	BCA-II	241911	9872211399	Navpreet Kaur	
17	Swati Sharma	BA-I	25141	9814215285	Swati Sharma	

Maneeta
Dr. Maneeta Kahlon
Principal

PHULKARI

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank

BAGH

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank

CROCHET

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
9:30 1	Arvind Kapoor	B.com I	231162	8837780364	Arvind	Application
2	Gaganpreet Kaur	BA II	23190	7814249817	Gaganpreet Kaur	1st
3	Noordeep	B.com I	231127	8437897736	Noordeep	3rd
4	Aneha	B.com I	231104	9810124804	Aneha	
5	Radhika	B.COM I	231096	7717667002	Radhika	Application
9:45 10:00 6	Anamika Kaur	BA III	231938	8360457358	Anamika	Application
7	Harleen Kaur	B.com I	251120	9501840161	Harleen Kaur	
8	Aashdeep Kaur	BA III	23319	8195901922	Aashdeep Kaur	2nd

Dr. Maneeta Kahlon

Dr. Maneeta Kahlon
Principal

PAKHI MAKING

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank

KNITTING

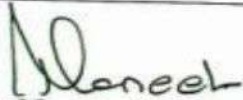
S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1.	Tyoti	BA IIIrd	23-243	8947609298	Tyoti	Application

DASUTI / CROSS STITCH

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1.	Tarveen Kaur	BA IIIrd	24331	7117385512	Tarveen Kaur	Application

CHHIKKU MAKING

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1	Kirandeep Kaur	BA2nd	24284	7341122379	Kirandeep Kaur	Application



Dr. Maneeta Kahlon
Principal

MITTI DE KHIDAUNE

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank

NAALA MAKING

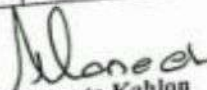
S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1	Yugpreet Kaur	BCA III	231930	8437875466	Yugpreet Kaur	Application
2	Manmeet Kaur	BCA III	231933	9041958707	Manmeet kaur	
3	Mandeep Kaur	BBA II	242736	951778481	Mandeep	1st

KHIDDO MAKING

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1	Amandeep Kaur	BATI	24383	9779575573	Amandeep Kaur	Application

PRANDA MAKING

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1	Damanpreet Kaur	BA III	23-294	80549-08207	Damanpreet Kaur	Application


Dr. Maneeta Kahlon
Principal

RASSA VATNA

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1.	Muokan	M.COM	242447	9725002069	Muokan	Principal


Dr. Manjota Kahlon
Principal

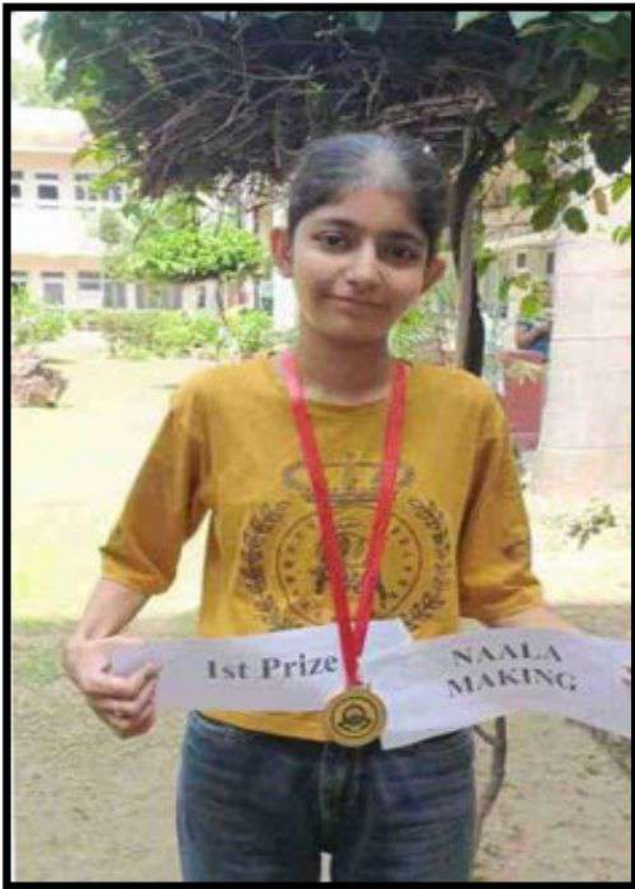














LIST OF PRIZE WINNERS

Department of Home Science and Fashion Designing Talent Hunt Result 2025

MEHANDI

Code No.	Name	Class	Roll No	Prize
23	Dilshan Kaur	M.com II	242419	1 st
28	Varinda	BA III	23199	2 nd
10	Vedna	B.Com II	241045	3 rd
07	Akansha	B.Com II	241071	Appreciation
24	Arshdeep Kaur	M.Com II	242509	Appreciation
29	Anjali	B.Com II	241218	Appreciation

CROCHET

Code No.	Name	Class	Roll No	Prize
02	Gaganpreet Kaur	BA III	23190	1 st
08	Arshdeep Kaur	BA III	23319	2 nd
03	Noordeep	B.Com III	231127	3 rd
01	Anmol Kapoor	B.Com III	231162	Appreciation
05	Radhika	B.Com III	231096	Appreciation
06	Amar Kaur	BCA III	231938	Appreciation

KNITTING

Code No.	Name	Class	Roll No	Prize
01	Jyoti	BA III	23243	Appreciation

DASUTI / CROSS STITCH

Code No.	Name	Class	Roll No	Prize
01	Tanveer Kaur	BA III	24331	Appreciation

CHHIKKU MAKING

Code No.	Name	Class	Roll No	Prize
01	Kirandeep Kaur	BA II	24284	Appreciation

EENNU MAKING

Code No.	Name	Class	Roll No	Prize
01	Gurnoor Saini	BCA II	241914	Appreciation

GUDDIAN PATOLE MAKING

Code No.	Name	Class	Roll No	Prize
01	Charanjit Kaur	BCA II	241925	Appreciation

NAALA MAKING

Code No.	Name	Class	Roll No	Prize
03	Mandeep Kaur	BBA II	242736	1 st
01	Yugpreet Kaur	BCA II	231930	Appreciation

KHIDDO MAKING

Code No.	Name	Class	Roll No	Prize
01	Amandeep Kaur	BA II	24383	Appreciation

PRANDA MAKING

Code No.	Name	Class	Roll No	Prize
01	Damanpreet Kaur	BA III	23294	Appreciation

RASSA VATNA

Code No.	Name	Class	Roll No	Prize
01	Muskan	Mcom	242447	Appreciation


PEERHI MAKING

Code No.	Name	Class	Roll No	Prize
01	Diksha	BA II	24360	Appreciation
02	Garima	BA III	23167	Appreciation

9. Talent Hunt Day 2

S.No.	Date	Action taken	Organized by	Social Media Link
1.	September 10, 2025	(DAY-II)Talent Hunt Competition	Department of Home and Fashion Designing Science under IQAC,GNKCW	1. https://www.facebook.com/share/p/1by8PToJnF/ 2. https://www.instagram.com/p/DOu4qYQEeK1/?utm_source=ig_web_copy_link&igsh=MWxvbnFqOTZxNWNlYw== 3. https://www.instagram.com/p/DOu46fjEfl1/?utm_source=ig_web_copy_link&igsh=Mzg4bWp2ODRuYWRv


DAY 2 -Departments of Home Science and Fashion Designing organized inter-class competition in File Decoration, Face Painting, Best out of Waste, Nail Art, Flower Arrangement and Cooking on September 10, 2025. A total of 91 students from various streams participated in the contest and beautifully showcased their talents in each of the category.




Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana


is organizing

Talent Hunt Competition





For participation,
Scan this QR code



Date: September 09, 2025
Venue: Auditorium
Time: 10:00am to 1:00pm

Date: September 10, 2025
Venue: Labs of Home Science and Fashion Designing
Time: 10:00am to 1:00pm

Art & Craft

- Knitting
- Crochet
- Mehandi
- Phulkari
- Bhagh
- Dasuti
- Pakhi Making

Heritage Art & Craft

- Mitti de Khidaune
- Chhikku Making
- Pranda Making
- Naala Making
- Guddian Patole Making
- Khiddo Making
- Tokri Making
- Rassa Vatna
- Peerhi Making
- Ennu Making

Other Creative Items

- Best out of waste
- Flower Arrangement
- Cooking Items (Can be any savory or sweet or Bakery items or salads)
- Nail art
- Face painting
- File decoration

Note: Decisions of the Judges will be Final

Dr. Maneeta Kahlon
Principal

For any enquiry contact:
Mrs. Parveen Verma - 88722 19971

Department of Home Science and Fashion Designing
Organizers

COOKING

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1.	Jasleen Kaur	Mcom I	252419	9878741010	Jasleen Kaur	
2	Palak Kapoor	B.A III	231901	8360215502	Palak	
3	HANMOO	B.com I	251106	7009470644	HANMOO	
4	Guruchit Kaur	B.com I	251150	9115528177	Guruchit Kaur	
5	Suhani Kumar	B.A I	25226	9815383793	Suhani Kumar	
6	Pannat Kaur	BBA III	232708	9217886447	Pannat Kaur	Application
7	Manya	BBA III	232717	8837549315	Manya	
8	Prabhas Kaur	B.com II	241036	6283539819	Prabhas Kaur	Application
9	Mehakpreet Kaur	B.com I	251121	9803914055	Mehakpreet Kaur	
10	Gurwinder Kaur	B.A I	25-211	771075939	Gurwinder Kaur	
11	Puneet Kaur	B.com I	251052	8968333526	Puneet Kaur	
12	Taranspreet Kaur	B.com I	251021	7696368796	Taranspreet Kaur	
13.	Gesina	B.A III	23167	9877065714	Gesina	
14.	Rishandeep Kaur	B.A I	24284	7341122379	Rishandeep Kaur	
15.	Raopreet Kaur	B.A I	25303	9815413721	Raopreet Kaur	
16.	Yachika Verma	B.com I	251030	8360779288	Yachika Verma	
17.	Hargun Kaur	B.com III	231010	8264968639	Hargun Kaur	Application
18	Kaushal Kaur	B.A I	25142	8878050401	Kaushal Kaur	
19	Anchal Kapoor	B.com III	231182	887780864	Anchal	
20	Surbreet Kaur	M.com I	252426	8284397647	Surbreet Kaur	1st
21	Sonam Kaur	B.com I	251055	6239674560	Sonam Kaur	Application
22	Hashmeet Kaur	MA I	252217	7986092885	Hashmeet Kaur	3rd
23	Karanpreet Kaur	B.A II	241929	708740753	Karanpreet Kaur	
24	Pranshree Kaur	B.com III	231044	7888729162	Pranshree Kaur	Application
25.	Kirti Malhotra	B.COM I	242427	8882940617	Kirti	2nd
26.	Nandpreet Kaur	B.A II	241911	9872211393	Nandpreet	

Dr. Maneeta

Dr. Maneeta Kahlon
Principal



Guru Nanak Khalsa College for Women

Gujarkhan Campus, Model Town,
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Email: gnkewidh1@rediffmail.com
Web: gnwidh.com

Ref. No. Notice File

Dated 10-9-25

Talent Hunt Competition 2025 Department of Home Science and Fashion Designing

BEST OUT OF WASTE

S.No	Name	Class	Roll No	Mobile Number	Signature	Rank
1	Jashik Malik	B.Com I	241176	628030541	Jashik	
2	Jshika Puri	BA-II	24110	9465795352	Jshika	1 ST
3	Jasleen Kaur	Mcom I	252419	9878741010	Jasleen	
4	Meharpreet Kaur	B.Com I	251121	9803914053	Meharpreet	
5	Harmandeep Kaur	B.Com I	251097	9898504562	Harman Kaur	Appreciation
6	Amrinder Kapoor	B.Com III	2311628	8837780364	Amrinder	Appreciation
7	Anshpreet Kaur	B.Com II	241085	6280497852	Ansh	
8	Anmit Kaur	B.Com I	252425	8968659968	Anmit Kaur	2 nd
9	Sumpreet Kaur	Mcom I	252426	6284397697	Sumpreet Kaur	
10	Swati Shanna	BAT	251141	9814215285	Swati Shanna	
11	Charanjit Kaur	BCA II	241925	8054200956	Charanjit	3 rd
12	CHAHAT RANA	B.Com III	231184	7009851652	Chahat Rana	

Maneeta

Dr. Maneeta Kahlon
Principal

FILE DECORATION

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1.	Gurpreet Daini	BCA-2 nd year	241914	7901840366	Gurpreet Daini	
2	Shreya Pathak	BCom 2 nd year	241155	9877988068	Shreya Pathak	
3.	Kashish Malik	BCom 2 nd year	241186	6280205641	Kashish	
4.	Harminiee Dhinan	BCom 2 nd year	241080	9914409996	Harminiee	
5	Jasleen Kaur	Mcom	252419	9878741010	Jasleen Kaur	
6	Harshdeep Kaur	BDA-III	232715	7814182426	Harshdeep	1 st
7	Simsanjit Kaur	Bcom III	231125	7717429509	Simsanjit Kaur	
8	Yugpreet Kaur	BCA III	231930	8437875466	Yugpreet Kaur	2 nd
9	Manmeet Kaur	BCA III	231933	9041958707	Manmeet Kaur	Appreciation
10	Arman Kapoor	Bcom III	231162	8837780364	Arman	
11.	Gaganjit Kaur	Bcom III	231003	8847277818	Gaganjit Kaur	
12.	Damanpreet Kaur	B.A II	24323	9814543659	Damanpreet Kaur	
13.	Bangest Kaur	Bcom III	231111	888853507	Bangest Kaur	
14.	Saurav Kaur	M.A-7	252201	8116266000	Saurav Kaur	Appreciation
15	Chamanjit Kaur	BCA-III	241925	8054200966	Chamanjit Kaur	3 rd
16	Sahajpreet Kaur	Bcom-III	231143	9872804555	Sahajpreet Kaur	
17	Sahajpreet Kaur	Bcom III	231154	9803641142	Sahajpreet Kaur	Appreciation


 Dr. Maneeta Kahlon
 Principal

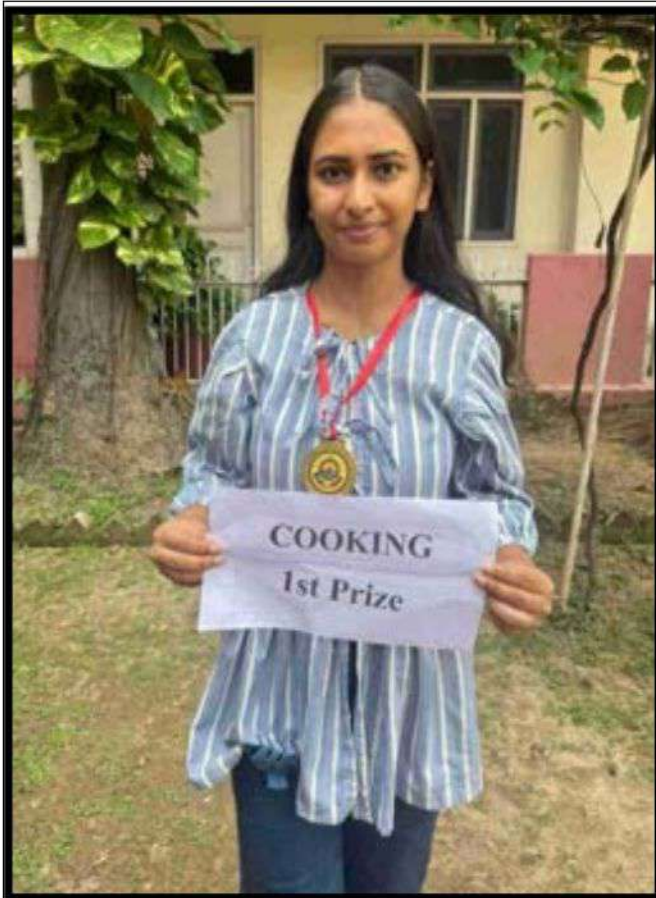
NAIL ART

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1.	Yashmeet Kaur	BA I	25189	7117658380	<i>Yashmeet Kaur</i>	
2.	Simranjeet Kaur	BA I	25287	8699633512	<i>Simranjeet Kaur</i>	
3.	Amandeep Kaur	BCA-III	231912	8557029325	<i>Amandeep Kaur</i>	1 st
4.	Ravneet Kaur	B.Com I	251114	7901872294	<i>Ravneet Kaur</i>	
5.	Arshdeep Kaur	BA-J	25102	9501845466	<i>Arshdeep Kaur</i>	
6.	Tarjiti	B.Com I	251157	7009145174	<i>Tarjiti</i>	Appreciation
7.	Sonishka	B.A 2 nd	24-272	8360058651	<i>Sonishka</i>	3 rd
8.	Anmol Kaur	B.Com III	231189	8837780264	<i>Anmol</i>	Appreciation
9.	Kamraj	M.Com I	252435	9872224361	<i>Kamraj</i>	
10.	Yashvi Poddar	BCA-I	252739	8360013996	<i>Yashvi Poddar</i>	
11.	Gaganjit Kaur	B.Com II	231003	8847277848	<i>Gaganjit Kaur</i>	
12.	Ritika Tuliya	BCA-II	242811	9115125010	<i>Ritika Tuliya</i>	
13.	Harman Kaur	B.A 2 nd	25142	8872090401	<i>Harman</i>	
14.	Kalpanmeet K.	BCA II	241924	7087310753	<i>Kalpanmeet K.</i>	2 nd

Maneeta
 Dr. Maneeta Kahlon
 Principal

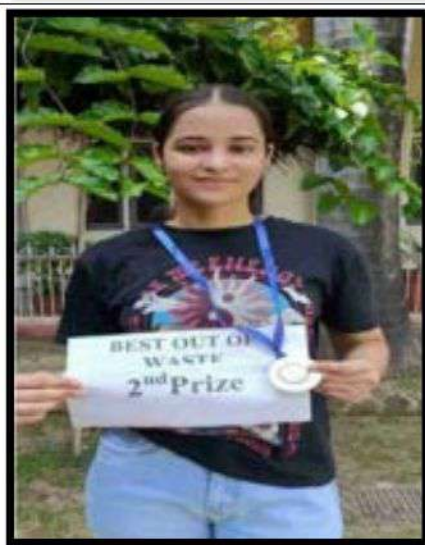
















LIST OF PRIZE WINNERS

FLOWER ARRANGEMENT

Code No.	Name	Class	Roll No	Prize
01	Harmine Dhaiman	B.Com II	241080	Appreciation

COOKING

Code No.	Name	Class	Roll No	Prize
20	Sunpreet Kaur	M.Com I	252426	1 st
25	Kirti Malhotra	M.Com II	242427	2 nd
22	Hashmeet Kaur	MA I	252219	3 rd
21	Sonam Arora	B.Com I	251055	Appreciation
24	Prabhleen Kaur	B.Com III	231044	Appreciation
06	Pavneet Kaur	BBA III	232728	Appreciation
08	Prabhleen Kaur	B.Com II	241036	Appreciation
27	Sartaaj Kaur	MA I	252201	Appreciation
17	Hargun Kaur	B.Com III	231010	Appreciation

BEST OUT OF WASTE

Code No.	Name	Class	Roll No	Prize
02	Ishika Puri	BA II	24110	1 st
08	Amrit Kaur	M.Com I	252425	2 nd
11	Charanjit Kaur	BCA II	241925	3 rd
05	Harmandeep Kaur	B.Com I	251087	Appreciation
06	Anmol Kapoor	B.Com III	231162	Appreciation

FLOWER ARRANGEMENT

Code No.	Name	Class	Roll No	Prize
01	Harmine Dhaiman	B.Com II	241080	Appreciation

COOKING

Code No.	Name	Class	Roll No	Prize
20	Sunpreet Kaur	M.Com I	252426	1 st
25	Kirti Malhotra	M.Com II	242427	2 nd
22	Hashmeet Kaur	MA I	252219	3 rd
21	Sonam Arora	B.Com I	251055	Appreciation
24	Prabhleen Kaur	B.Com III	231044	Appreciation
06	Pavneet Kaur	BBA III	232728	Appreciation
08	Prabhleen Kaur	B.Com II	241036	Appreciation
27	Sartaaj Kaur	MA I	252201	Appreciation
17	Hargun Kaur	B.Com III	231010	Appreciation

FACE PAINTING

Code No.	Name	Class	Roll No	Prize
03	Amrit Kaur	M.Com I	252425	1 st
02	Bangeet Kaur	B.Com III	231011	2 nd
04	Gurleen Kaur	B.Com II	231148	3 rd

NAIL ART

Code No.	Name	Class	Roll No	Prize
03	Amandeep Kaur	BCA III	231912	1 st
14	Karanpreet Kaur	BCA II	241924	2 nd
08	Anmol Kapoor	B.Com III	231162	3 rd
06	Tripti	B.Com I	251157	Appreciation
09	Komal	M.Com I	252435	Appreciation

FILE DECORATION

Code No.	Name	Class	Roll No	Prize
06	Hashdeep Kaur	BBA III	232715	1 st
08	Yugpreet Kaur	BCA III	231930	2 nd
15	Charanjit Kaur	BCA II	241925	3 rd
09	Manmeet Kaur	BCA III	231933	Appreciation
14	Sartaaj Kaur	MA I	252201	Appreciation
17	Sehajpreet Kaur	B.Com III	231154	Appreciation

9. Prize distribution of Talent Hunt

S.No.	Date	Action to be taken	Organized By	Social Media Links
1.	September 12, 2025	Organized a Prize Distribution Ceremony	IQAC, the Youth Welfare Department of GNKCW, in collaboration with Department of Home Science,GNKCW	https://www.instagram.com/p/DOvFvfkEdMC/?img_index=6

(PART-II) Under the aegis of the Internal Quality Assurance Cell, the Youth Welfare Department of Guru Nanak Khalsa College for Women, Model Town, Ludhiana, organized a Prize Distribution Ceremony on September 12, 2025 to felicitate the winners of the Talent Hunt competitions. The competitions saw enthusiastic participation from students across various categories, including Literary, Dance, Fine Arts, Home Science, Fashion Designing, Music, and Makeup. The competitions, designed to uncover and nurture the diverse talents of the students, culminated in a total of 195 prizes being awarded.





10. Rashtriya Poshan Maah (WEEK-II) – Cooking Competition was organised

S.No.	Date	Action to be taken	Organized By	Social Media Links
1	September 10, 2025	Cooking Competition	Department of Home Science in collaboration with IQAC and the NSS Unit,GNKCW	1. https://www.facebook.com/share/p/1VWxqTmdyW/ 2. https://www.instagram.com/p/D0u_ySGEVf6/?utm_source=ig_web_copy_link&igsh=MmxhZ3NhdnphcXdo

The objective of week 2 September(8-14), 2025 was to promote nutritious, healthy, and sustainable food habits in line with the vision of Poshan Abhiyaan – “Suposhit Bharat, Saksham Bharat.” The theme of the competition was “Food Connects Us,” focusing on incorporating nutrient-rich, traditional, and locally available ingredients into daily diets. A total of 27 participants enthusiastically took part in the competition, preparing a wide variety of innovative and wholesome dishes representing different states and communities. Recipes included cereal-based healthy snacks and fortified, immunity-boosting dishes, all of which highlighted the importance of balanced nutrition.



Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana



Under the aegis of IQAC
Dept Of Home Science and NSS Unit
organizes

Cooking Competition

on the theme 'Food Connect us'

on 10th September, 2025



Principal
Dr. Maneeta Kahlon

NSS Programme Officers
Dr. Neetu Prakash
Mrs. Satwant Kaur

Organizers
Mrs. Shikha Kalra
Mrs. Amarpreet Kaur
Mrs. Pooja Kaushik

COOKING

S. No.	Name	Class	Roll No	Mobile Number	Signature	Rank
1.	Jasleen Kaur	Mcom I	252419	9878741010	Jasleen Kaur	
2	Palak Kalwar	BCA III	231901	8360215502	Palak	
3	HANMOO	Bcom I	251106	7009470644	HANMOO	
4	Guruchit Kaur	Bcom I	251150	9115528177	Guruchit Kaur	
5	Suhani Kumar	B.A.T	25226	9815383793	Suhani Kumar	
6	Parnat Kaur	BBA II	232728	9217886447	Parnat Kaur	Applicant
7	Mamya	BBA II	282717	8837549315	Mamya	
8	Prabhat Kaur	B.com II	241036	6283539219	Prabhat Kaur	Applicant
9	Mehakpreet Kaur	B.com I	251121	9803914055	Mehakpreet Kaur	
10	Gurpreet Kaur	B.A I	25-211	771075939	Gurpreet Kaur	
11	Puneet Kaur	B.com I	251052	8968333526	Puneet Kaur	
12	Tarandeep Kaur	B.com I	251021	7696366796	Tarandeep Kaur	
13.	Gesina	B.A III	23167	9877065714	Gesina	
14.	Kishandeep Kaur	BAT	24284	7341027379	Kishandeep Kaur	
15.	Raopreet Kaur	BAT	25303	9815413721	Raopreet Kaur	
16.	Yachika Verma	B.com I	251030	8360779288	Yachika Verma	
17	Hargun Kaur	B.com II	231010	8264968639	Hargun Kaur	Applicant
18	Hargun Kaur	B.A I	25142	8878050401	Hargun Kaur	
19	Anmol Kapoor	B.com II	231162	883770264	Anmol	
20	Sumpreet Kaur	Mcom I	252426	6284397647	Sumpreet Kaur	1st
21	Sarvam Dora	B.com I	251055	6239674560	Sarvam Dora	Applicant
22	Hashmeet Kaur	MA I	252219	7986092885	Hashmeet Kaur	3rd
23	Karanpreet Kaur	BCA II	241924	7087310753	Karanpreet Kaur	
24	Pranshvi Kaur	B.com III	231044	7888729262	Pranshvi Kaur	Applicant
25.	Kirti Malhotra	H.COM 2 nd	242427	8882940617	Kirti	2nd
26.	Nandpreet Kaur	BCA-II	241911	9872211393	Nandpreet	

Maneeta

Dr. Maneeta Kahlon
Principal





497, Model Town Rd, Pritam Nagar, Model Town, Ludhiana, Punjab 141002, India

Ludhiana
Punjab
India

2025-09-10(Wed) 01:41(PM)

32°C
90°F



11. Rashtriya Poshan Maah (WEEK-III): Physical Therapy camp

S.No.	Date	Action taken	Organized By	Social Media Links
1	September 15, 2025	Physical Therapy Camp was organized	Department of home science in collaboration with NSS unit Under IQAC,GNKCW	<p>1. https://www.facebook.com/share/p/1B5rtrMkdD/</p> <p>2. https://www.instagram.com/p/DOvBXXkRtM/?utm_source=ig_web_copy_link&igsh=OXJ1czQycGF5dDRm</p> <p>3. https://www.instagram.com/p/DO8B6eQEVLv/?utm_source=ig_web_copy_link&igsh=N3duNnMzZ2lxa2hq</p> <p>4. https://www.facebook.com/gnwludhiana/posts/pfbid02Ffj6iKj18PXT2Lonb4ZhMH15ZUzrUJ5ddq7mCb1y3KGeN715ssSJWMM3uLV3W1n7l</p> <p>Press Coverage https://drive.google.com/drive/folders/1JF_MnKH_PZbGbeBvT5ctP7qm6iv5Kls-</p>

Physical Therapy Camp was organized to promote awareness on the importance of good habits, correct posture, and healthy lifestyle practices for overall well-being. The resource persons shared valuable insights on the role of nutrition and physical activity in maintaining good health, importance of posture correction in preventing back pain, neck pain, and lifestyle-related ailments, demonstration of simple ergonomic practices for students to follow in daily life, including proper sitting, standing, and sleeping positions.





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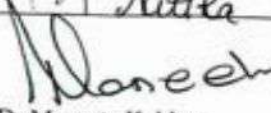
Ref. No. NOTICE FILE

Dated SEPT. 15, 2025

NOTICE

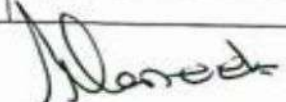
Department of Home Science and NSS unit organized Physical Therapy Camp on Sept 15, 2025. Following students activity discussed their problems.

S.No	Name	Class	Roll No	Signature
1	Mantasha saifi	B.A. II year	24-326	Mantasha
2	Archita gupta	B.A. II year	24-148	Archita
3	Simran	B.A II year	24-103	simran
4	Greetanjali	B.A II year	24-104	Greetanjali
5	Anandika Sharma	BA II year	24-277	Anandika Sharma
6	Khushi	BA II year	24-177	Khushi
7	Gurpreet Kaur	BA II year	24-215	Gurpreet Kaur
8	Mampreet Kaur	BA II year	24-221	Mampreet Kaur
9	Aarohal	BA Year	24-952	Aarohal
10	Diksha	BA II year	24-168	Diksha
11	Hankar Kaur	BA II year	24-129	Hankar Kaur
12	Gurpreet	BA II year	24-220	Gurpreet
13	Muskan	BA II year	24-381	Muskan
14	Roshni Mehra	B.Com I Year	25-1028	Roshni
15	Ishleen Kaur	B.Com I year	25-1010	Ishleen
16	Prakleen Kaur	BA-I year	25-122	Prakleen
17	Barleen Kaur	BA-I year	25-121	Barleen
18	Nitika	BA-I year	25-155	Nitika


Dr. Maneeta Kahlon
Principal

Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan f.ampus, Model Town,
Ludhiana

S.No	Name	Class	Roll No	Signature
19	Rinshim Malhotra	B.A-II	24-200	Rinshim Malhotra
20	Sonam Verma	B.A-II	24-298	Sonam
21	Parvika	B.A-II	24-376	Parvika
22	Sonishka Mishra	B.A-II	24-272	Sonishka Mishra
23	Aakshi	BA II	24136	Aakshi
24	Anushree Kaur	B.Com I	251105	Anushree K.
25	Ramandeep Kaur	B.Com I	251077	Ramandeep K.
26	Prumona Kaur	B.Com I	251111	Prumona Kaur
27	Yogita Malik	B.A-II	24118	Yogita Malik
28	Juhi	B.A II	24281	Juhi
29	Manmeet	B.A II	24293	Manmeet K.
30	Subhpreet Kaur	BA II	24196	Subhpreet Kaur
31	Tarvi	BA II	24266	Tarvi
32	Divleen Kaur	BA II	24187	Divleen Kaur
33	Prabhleen Kaur	BA II	24191	Prabhleen Kaur
34	Quinnian Kaur	BA II	24190	Quinnian Kaur
35	Sandeep Kaur	B.Com I	251059	Sandeep Kaur
36	Harmandeep Kaur	B.Com I	251012	Harmandeep Kaur
37	Purnee	B.Com I	251052	Purnee
38	Neha	B.Com I	251040	Neha
39	Tarandeep	B.Com I	251021	Tarandeep
40	Sansara	B.Com I	251056	Sansara
41	Jashan	B.C.A I	251926	Jashan
42	Pooja Pandey	B.C.A I	251906	Pooja Pandey
43	Shruvi	B.C.A I	251912	Shruvi
44	Maman	B.A-I	25157	Mamanpreet Kaur
45	Harleen Kaur	B.A-II	24129	Harleen Kaur
46	Khushi Munjal	B.C.A I	251903	Khushi
47	Ashika	B.C.A I	251911	Ashika
48				

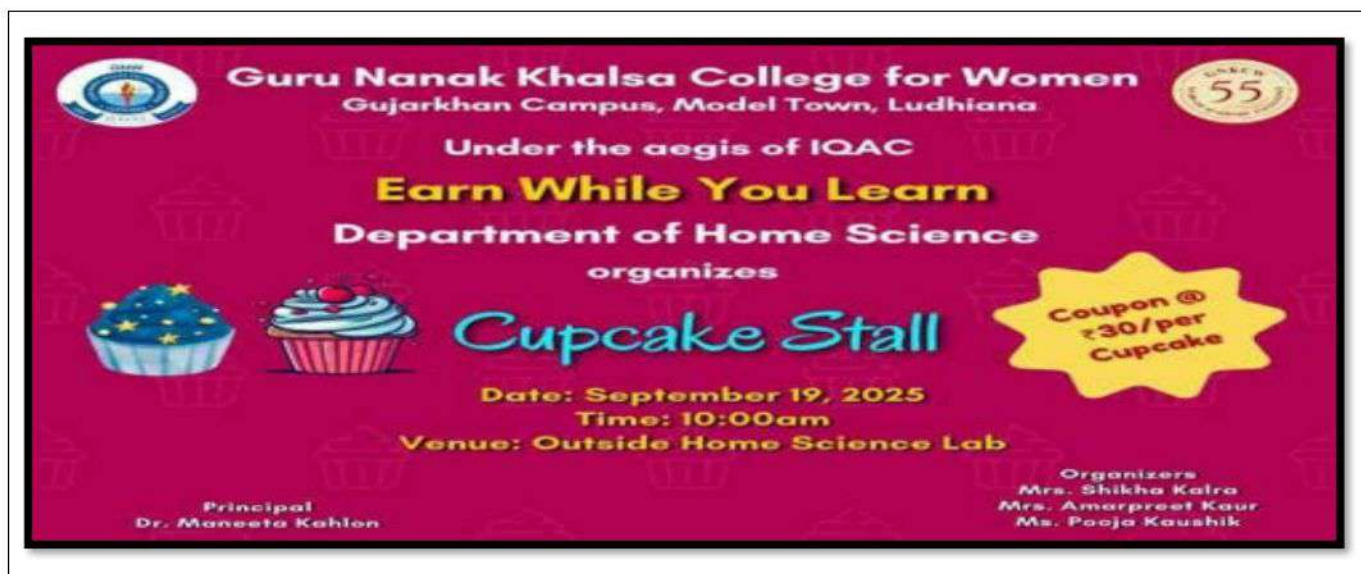

 Dr. Maneeta Kahlon
 Principal
 Dr. MANEETA KAHLON
 Principal
 G.N.Kh. College for Women
 Gujarkhan Campus, Model Town,
 Ludhiana



Rashtriya Poshan Maah (**WEEK-III**): “Earn While You Learn” - Cupcakes Stall

S.No.	Date	Action taken	Organized By	Links
2.	September 20, 2025	Cupcake stall was put up	Department of home science collaboration with earn while you learn scheme, IQAC,GNKCW	1. https://www.instagram.com/p/DO8B6eQEVLv/?utm_source=ig_web_copy_link&igsh=N3duNnMzZ2lxa2hq 2. https://www.facebook.com/gnwludhiana/posts/pfbid02Ffj6iKj18PXT2Lonb4ZhMH15ZUzrUJ5ddq7mCb1y3KGeN715ssSJWMM3uLV3W1n7l Press Coverage https://drive.google.com/drive/folders/1wvmivGuDqDCOYX0rsfvrGAFmRMsmL-bX 21.9.2025 - Danik Bhaskar Pg 4, Col 1; 21.9.2025 – Danik Jagran Pg 3, Col 2; 21.9.2025 – Punjab Kesari Pg 4, Col 1; 21.9.2025 – Punjabi Jagran Pg 3, Col1;

“Earn While You Learn” - Cupcakes Stall was set up on the college campus to promote healthy eating and entrepreneurial skills among students. 16 Students prepared and sold a variety of nutritious cupcakes using ingredients like whole wheat flour, jaggery blended with favours of chocolate to align with the theme of “Nutrition Awareness and Healthy Eating”. The stall was an instant success, attracting students and faculty members. The healthy cupcakes were widely appreciated for their taste, presentation topped with homemade icing, and nutritional value. The activity provided students with hands-on experience in planning, preparing, and marketing, pricing, and selling the products.





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Ref. No. Notice File

Dated 19-9-25

NOTICE

Department of Home Science in collaboration NSS unit organized stall of Cupcake under Earn While You Learn scheme on September 20, 2025. Following students pre-parations on September 19, 2025.

S.No	Name	Class	Roll No	Signature
1.	Gaganpreet Kaur	BA III	23-190	Gaganpreet Kaur
2.	Deepanjali Verma	BA III	23-227	Deepanjali
3.	Mantosh Kumari	B.A III	23-324	Mantosh Kumari
4.	Sania	BA III	23-325	Sania
5.	Caerunda	BA III	23-175	Caerunda Kaur
6.	Varinda	BA-III	23-199	Varinda
7.	Laasani Jain	BA III	23-177	Laasani
8.	Aarthy Gupta	BA-III	23119	Aarthy
9.	TSHA	BA-III	23-309	Tsha
10.	Jyoti	BA III	23-243	Jyoti
11.	Harmanpreet Kaur	BA III	23-174	Harman
12.	Muskan	B.A III	23-164	Muskan
13.	Pohalpreet	B.A III	23-110	Pohalpreet
14.	Jiya	B.A III	23-157	Jiya
15.	Jashmihe	B.A III	23-362	Jashmihe
16.	Jashanpreet	B.A III	23-275	Jashanpreet
17.	Harsimerat	B.A III	23-274	Harsimerat
18.	Simranpreet	B.A III	23-103	Simranpreet

Dr. Maneeta Kahlon

Principal

Dr. MANEETA KAHLON

Principal

G.N.Kh. College for Women

Gujarkhan Campus, Model Town

Ludhiana



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Ref. No. Notice File

Dated 20-9-25

NOTICE

Department of Home Science in collaboration NSS unit organized stall of Cupcake under Earn While You Learn scheme on September 20, 2025. Following students participated in the activity.

S.No	Name	Class	Roll No	Signature
1.	Gaganpreet Kaur	BA III	23-190	Gaganpreet Kaur
2.	Deepanjali Verma	B.A III	23-227	Deepanjali
3.	Mantosh Kumari	B.A III	23-324	Mantosh Kumari
4.	Sania	B.A III	23-325	Sania
5.	Gurumohan	BA III	23-175	Gurumohan Kaur
6.	Vandana	BA-III	23-199	Vandana
7.	Laasani	BA-III	23-177	Laasani
8.	Aastha Gupta	BA-III	23-119	Aastha
9.	ISHA	BA-III	23-309	Isha
10.	Jyoti	BA III	23-243	Jyoti
11.	Harmanpreet Kaur	BA III	23-174	Harmani
12.	Muskan	B.A III	23-164	Muskan
13.	Pohalpreet	B.A III	23-110	Pohalpreet
14.	Jiya	B.A III	23-157	Jiya
15.	Jasmine	B.A III	23-362	Jasmine
16.	Jashanpreet	B.A III	23-275	Jashanpreet
17.	Harshimrat	B.A III	23-274	Harshimrat
18.	Simranpreet	B.A III	23-103	Simranpreet

Maneet

Dr. Maneeta Kahlon
Principal

Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town
Ludhiana



12. Karwa Chawth Stalls

S.No.	Date	Action Taken	Organized by	Social Media Links
1.	October 09, 2025 (DAY-1)	Stalls on Karwachauth - Mehndi and Jewellery Stalls on Karwachauth	Department of Home Science in collaboration with WDC Under IQAC,GNKCW	1. https://www.facebook.com/share/p/1Su3VJ6gZb/ 2. https://www.instagram.com/p/DPn1WUuEZnC/?utm_source=ig_web_copy_link&igsh=MTgxZW45YzlhYjJ3dA==

The students Department of Home Science organized Mehndi and Jewellery Stalls on the occasion of Karwa Chauth in the college campus on October 9, 2025. The event aimed to celebrate the traditional festival while providing students with an opportunity to showcase their creativity and entrepreneurial skills.

18 Students designed beautiful mehndi patterns and handmade jewellery items such as bangles, earrings, and decorative accessories. The stalls attracted a large number of students and staff members, creating a festive and vibrant atmosphere across the campus.

This activity not only highlighted the artistic talents of the students but also promoted "Earn While You Learn" by encouraging them to apply their creative skills in a practical way.

Guru Nanak Khalsa College for Women
Gujarkhan Campus, Model Town, Ludhiana

Under the aegis of IQAC
WOMEN DEVELOPMENT CELL
organizes

KARWA CHAUTH
on October 09-10, 2025

Cordially invited to put up your stalls on Karwa Chauth

Book your Stalls

Mehndi Stall • Rs. 200/-
Jewellery Stall • Rs. 1000/-

Contact for Booking: 9858005324
Mrs. Parveen Verma in Department of Home Science and Mrs. Rajni in Office

Principal: Dr. Maneeta Kahlon
Organizers: Department of Home Science & Fashion Designing



Guru Nanak Khalsa College for Women

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Web: gnwldh.com

Ref. No. Notice file

Dated 9-10-25

NOTICE

Department of Home Science organized stall of Karwa Chouth under Earn While You Learn scheme on October 09, 2025. Following students participated in the activity.

S.No	Name	Class	Roll No	Signature
1	Bhumiya	B.Com	251113	Bhumiya
2	Nehe Goyal	B.Com	251096	Nehe
3	Mehak Sheema	B.Com	251108	Mehak Sheema
4	Hargun Kaur	B.Com	231010	Hargun
5	Nanusheema	B.Com	231037	Nanusheema
6	Baljit Kaur	B.Com	231052	Baljit Kaur
7	Maanika	B.Com	231181	Maanika
8	Jasreet Kaur	B.Com	231042	Jasreet Kaur
9	Arnab Kaur	B.Com	231067	Arnab Kaur
10	Anchal	B.A	24339	Anchal
11	Musku	B.A	24151	Musku
12	Jasmeet	B.A	24115	Jasmeet
13	Komal	B.A	24309	Jasmeet
14	Pooja	B.A	24288	Jasmeet
15	Sawasti	BBA	232711	Pooja
16	Simran	BBA	232739	Sawasti
17	Gurleen Kaur	B.A	24127	Simran
18	Jasreet Kaur	B.A	24184	Gurleen Kaur

Maneeta

Dr. Maneeta Kahlon
Principal
Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town
Ludhiana









13. Zonal Youth Festival

S.No.	Date	Action taken	Organized by	Social Media Link
1	Day 1 October 11, 2025	Participated in Heritage art and craft items in 66th Panjab University	SCD Government College, Ludhiana, under Youth Welfare, Panjab University,	Day 1(11-10-2025) https://www.instagram.com/p/DPqjDfKEe7x/?img_index=3
	Day 3 October 13, 2025	Zonal Youth & Heritage Festival from October 11- 14, 2025	Chandigarh in collaboration with Department of Home Science, GNKCW	Day 3 (13-10-2025) https://www.instagram.com/p/DPyNetCkShx/?img_index=10 Press coverage https://drive.google.com/drive/folders/1tHbJDP AJ9F4R7aENjNYQXtotihACRs8w 14-10-2025, Danik Bhaskar, Pg 2, Col 1; 14-10-2025, Danik Jagran, Pg 4, Col 1; 14-10-2025 Danik Savera, Pg 4, Col 3; 14-10-2025, Jag Bani, Pg 4, Col 2

66th Panjab University Zonal Youth & Heritage Festival is being held at SCD Government College, Ludhiana, from October 11-14, 2025. On the first day, 23 students of our college participated in various competitions:

- Muhavredar Vaartalap
- Group Shabad
- Heritage Quiz
- Heritage Art and Craft items I
 - 1.Guddiyian Patola
 2. Chikku making
 3. Paranda making
 4. Naala Making
- Heritage Art and Craft items II
 - 1.Mitti day Khidone
 2. Khiddo Making
 3. Peerhi Making
 4. Rassa Vatna
 5. Ennu Making
- Poetical Recitation

Our students secured the following positions in Heritage Art and Craft items

- Paranda Making – 1st Position**
- Mitti Day Khidonay – 3rd Position**
- Peerhi – 3rd Position**

On the Third day, 18 students of our college participated in following competitions:

- Kavishri
- Quiz
- Heritage art and Craft items –

1. Cross Stitch
 2. Pakhi
 3. Mehndi
 4. Crochet
 5. Knitting
- Creative Writing

Our students secured the following positions in various Heritage art and Craft items:

Crochet 1st Position

Mehandi 3rd Position

Principal, Staff and Students of
Satish Chander Dhawan Government College, Ludhiana
Cordially invite you to the

PANJAB UNIVERSITY
Zonal Youth & Heritage Festival
Zone-2 (Ludhiana)
11th-14th October 2025

Ms. Geetanjali Pabreja Organizing Secretary M. 96785-80075	Dr. Sukhjinder Rishi Director, Youth Welfare Dept. Panjab University, Chandigarh	Prof (Dr.) Gursharn Jit Singh Sandhu (PES-I) Principal & Convener
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Guru Nanak Khalsa College for Women

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Ref. No. 17

Dated 10-10-2025

Principal
SCD Government College,
Ludhiana.

Subject: Authority letter of Zonal Youth & Heritage Festival 2025

Madam,

The following students of our College will participate in Panjab University Zonal Youth & Heritage Festival Ludhiana Zone-2, to be held from **11th Oct, 2025 to 14th Oct, 2025.**

Item:- Heritage Art and Craft (Category -II) on 11th Oct, 2025.

S. No.	NAME	FATHER NAME	ROLL NO.	CLASS	ITEM
1.	AMANDEEP KAUR	JAGROOP SINGH	24383	BA-II	KHIDDO MAKING
2.	GARIMA MALHOTRA	MUKESH KUMAR	23167	BA-III	PEERHI MAKING
3.	MUSKAN	JOGINDER KUMAR	242447	M.COM-II	RASSA MAKING
4.	GURNOOR SAINI	PARMJIT SINGH	241914	BCA-II	EENNU MAKING
5.	HARSHEEN KAUR	AMANDEEP SINGH	25210	BA-I	MITTI DE KHIDONE

Teachers Incharge

1. Mrs.Shikha Kalra
2. Dr.Shikha Bajaj
3. Mrs. Yukti Khurana
4. Mrs.Manmeet Kaur

Peon

1. Mr.Shivam
2. Mrs.Rekha

Yours Sincerely,

Dr. Maneeta Kahlon

Principal
Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town
Ludhiana



Guru Nanak Khalsa College for Women

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Web: gnwidth.com

Ref. No. F-7

Dated 10-10-2025

Principal
SCD Government College,
Ludhiana.

Subject: Authority letter of Zonal Youth & Heritage Festival 2025

Madam,

The following students of our College will participate in Panjab University Zonal Youth & Heritage Festival Ludhiana Zone-2, to be held from **11th Oct, 2025 to 14th Oct, 2025.**

Item:- Heritage Art and Craft (Category -I) on 11th Oct, 2025.

S. No.	NAME	FATHER NAME	ROLL NO.	CLASS	ITEM
1.	KIRANDEEP KAUR	SUKHJINDER SINGH	24284	BA-II	CHIKKU MAKING
2.	MANDEEP KAUR	LAKHWINDER SINGH	242736	BBA-II	NAALA MAKING
3.	CHARANJIT KAUR	AVTAR SINGH	241925	BCA-II	GUDDIYAN PATOLE MAKING
4.	DAMANPREET KAUR	AJMER SINGH	23294	BA-III	PARANDA MAKING

Teachers Incharge

1. Mrs. Shikha Kalra
2. Dr. Shikha Bajaj
3. Mrs. Yukti Khurana
4. Mrs. Manmeet Kaur

Peon

1. Mr. Shivam
2. Mrs. Rekha

Yours Sincerely,

Dr. Maneeta Kahlon

Principal
Dr. MANEETA KAHLON
Principal

G.N.Kh. College for Women
Gujarkhan Campus, Model Town
Ludhiana



Guru Nanak Khalsa College for Women

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Web: gnwldh.com

Ref. No. F-7

Dated 12-10-2025

Principal
SCD Government College,
Ludhiana.

Subject: Authority letter of Zonal Youth & Heritage Festival 2025

Madam,

The following students of our College will participate in Panjab University Zonal Youth & Heritage Festival Ludhiana Zone-2, to be held from 11th Oct, 2025 to 14th Oct, 2025.

Item:- Heritage Art and Craft on 13th Oct, 2025.

S. No.	NAME	FATHER NAME	ROLL NO.	CLASS	ITEM
1.	GAGANPREET KAUR	SUKHWINDER SINGH	23190	BA-III	CROCHET
2.	TANVEER KAUR	BALWINDER SINGH	24331	BA-II	DASUTI/CROSS STITCH
3.	DIKSHA	YASHPAL	24360	BA-II	PAKHI DESIGNING
4.	JYOTI KUMARI	TRIVENI PARSHAD	23243	BA-III	KNITTING
5.	DILSHAN KAUR	AVTAR SINGH	242419	M.COM-II	MEHNDI DESIGNING

Teachers Incharge

1. Mrs. Shikha Kalra
2. Dr. Shikha Bajaj
3. Mrs. Amarpreet Kaur
4. Mrs. Yukti Khurana
5. Mrs. Pooja Kaushik
6. Mrs. Manmeet Kaur

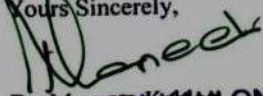
Peon

1. Mr. Shivam
2. Mrs. Rekha

Accompanist:

1. Baljeet Kaur

Yours Sincerely,


Dr. MANMEET KAUR
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town
Ludhiana



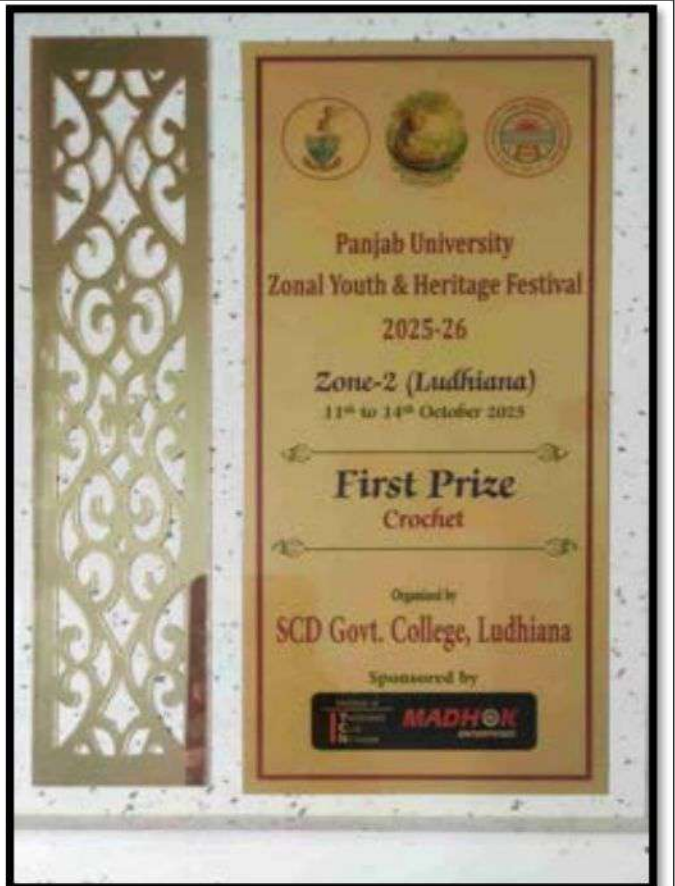


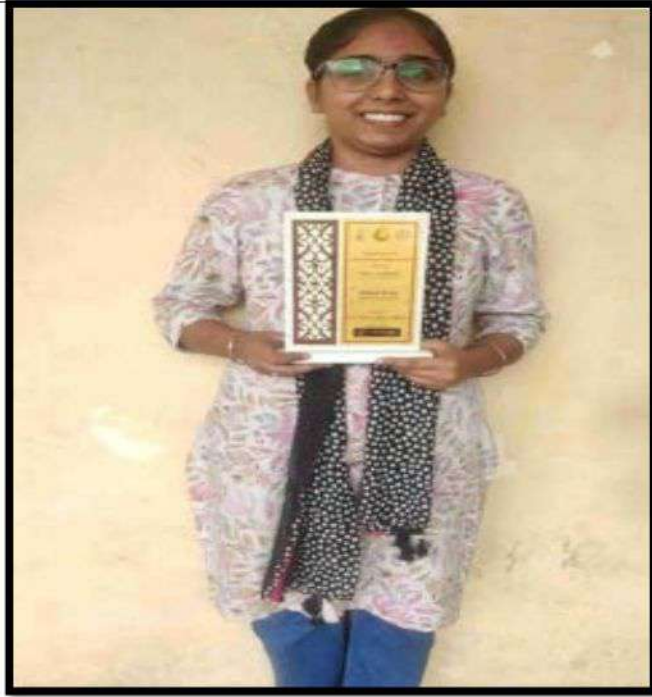








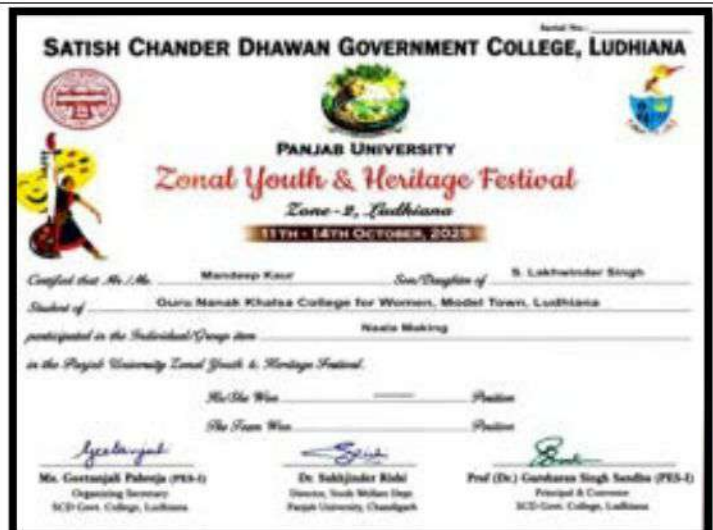




Participation Certificates









रंग, संगीत व उत्साह का दिखा नजारा

कक्षा शिक्षक अमिता - श्रीमान्, कक्षा शिक्षक अमिता (सहायक), कक्षा शिक्षक अमिता (सहायक) के द्वारा एक कार्यक्रम के अंतर्गत एक रंग, संगीत व उत्साह का नजारा प्रस्तुत किया गया। इस कार्यक्रम में कक्षा शिक्षक अमिता (सहायक) के द्वारा एक रंग, संगीत व उत्साह का नजारा प्रस्तुत किया गया।

श्रीमान् अमिता (सहायक) के द्वारा एक रंग, संगीत व उत्साह का नजारा प्रस्तुत किया गया।

कक्षा शिक्षक अमिता (सहायक) के द्वारा एक रंग, संगीत व उत्साह का नजारा प्रस्तुत किया गया।

कक्षा शिक्षक अमिता (सहायक) के द्वारा एक रंग, संगीत व उत्साह का नजारा प्रस्तुत किया गया।

तीसरे दिन के नतीजे

कक्षा शिक्षक अमिता (सहायक) के द्वारा एक रंग, संगीत व उत्साह का नजारा प्रस्तुत किया गया।

कक्षा शिक्षक अमिता (सहायक) के द्वारा एक रंग, संगीत व उत्साह का नजारा प्रस्तुत किया गया।

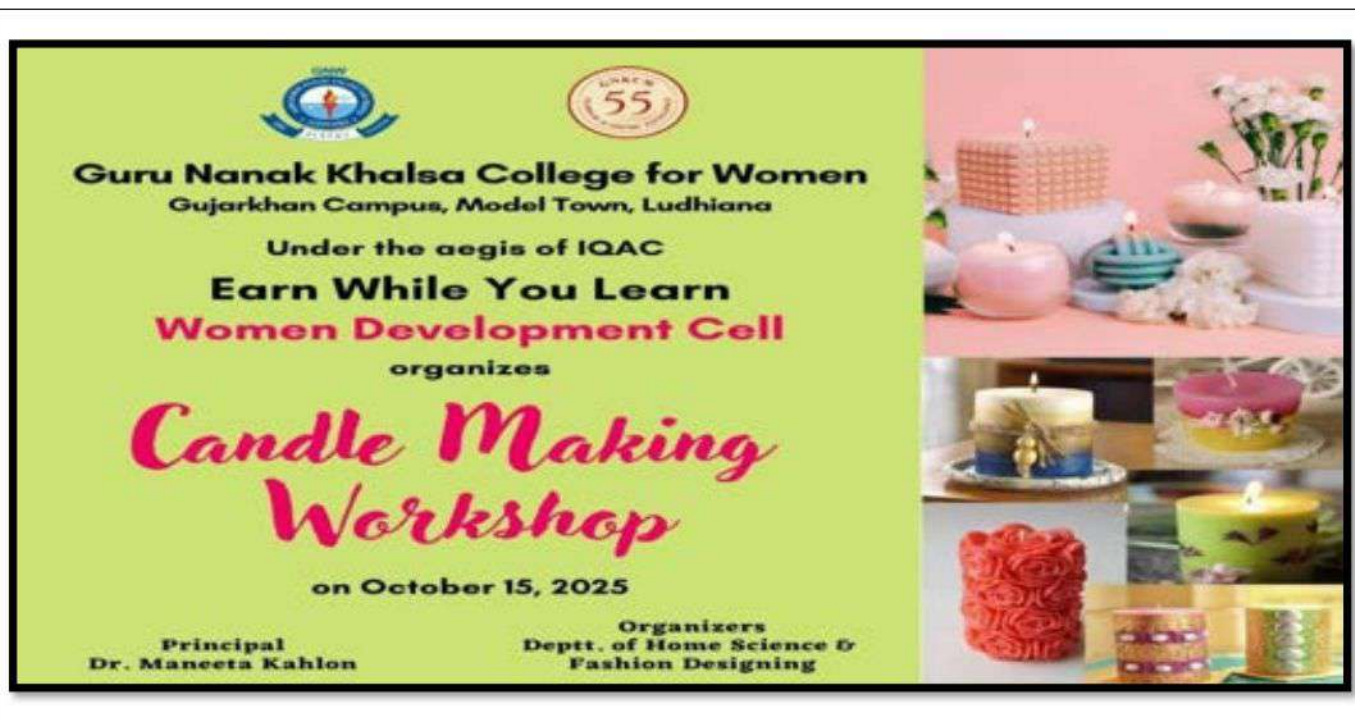
कक्षा शिक्षक अमिता (सहायक) के द्वारा एक रंग, संगीत व उत्साह का नजारा प्रस्तुत किया गया।

14.Candle Making Workshop

S. No	Date	Action taken	Organized by	Social Media Link
1.	October 15, 2025	Candle Making Workshop was organized	Department of Home Science under IQAC,GNKCW	<p>1. https://www.facebook.com/share/p/19rQkVMTxf/</p> <p>2. https://www.instagram.com/p/DP3YEiyka-u/?utm_source=ig_web_copy_link&igsh=MXFhOThINWR3MGhjOA==</p> <p>Press Coverage https://drive.google.com/drive/folders/1oY6EDOYnl nbCLINfy093AJi3ltmolDq 16-10-2025 Danik jaagan, pg 2, Col 1; 16-10-2025 Punjabi Jaagan, Pg 4, Col 1</p>

The workshop aimed to provide students with a hands-on learning experience while promoting creativity, self-employment, and entrepreneurial skills.

During the session, 41 students participated enthusiastically in making various types of decorative candles. The resource person demonstrated the step-by-step process of candle preparation and decoration techniques, inspiring students to experiment with colors, designs, and patterns. The participants showcased their innovation and artistic sense through beautifully crafted candles.





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Web: gnwidth.com

Ref. No. Notice file

Dated Oct 15, 2025

NOTICE

Department of Home Science and Fashion Designing organized workshop of Candle Making for celebration of Diwali on October 15, 2025. Following students participated in the activity.

S.No	Name	Class	Roll No	Signature
1.	Harmansmeet Kaur	BA 3rd.	23107	Harmans.
2.	Bajreet Kaur	BA 3rd	23253	Bajreet Kaur
3.	Varinda	BA 3rd	23199	Varinda.
4.	Garima	BA 3rd	23167	Garima.
5.	Lavanspreet Kaur	BA 3rd	23234	Lavanspreet
6.	Supanjali Ruma	BA 3rd	23227	Supanjali Ruma
7.	Cruzleen Kaur	BA 3rd	23-109	Cruzleen
8.	Sukhdeep Kaur	BA 3rd	23-192	Sukhdeep
9.	Gaganpreet Kaur	BA 3rd	23-190	Gaganpreet Kaur
10.	Hannoor Kaur	BA 1st	25-330	Hannoor Kaur
11.	Tamanna	BA 1st	25198	Tamanna.
12.	Ayush	BA 1st	25135	Ayush
13.	Az	BA 1st	25136	Az
14.	Diksha	BA-2nd	24360	Diksha
15.	Simranpreet Kaur	BA-3rd	23103	Simran
16.	Jasmeet Rani	BA-1st	24339	Jasmeet Rani.
17.	Manmeet Kaur	BA 2nd	24172	Manmeet
18.	Prashant Kaur	BA 2nd	24185	Prashant Kaur
19.	Amrit Kaur	BA 2nd	24283	Amrit Kaur
20.	Ashika Gupta	BA-2nd	24148	Ashika


Dr. MANEETA KAHLON

Principal

G.N.Kh. College for Women

Gujarkhan Campus

Principal





जीएनकेसीडब्ल्यू में मोमबत्ती निर्माण पर कार्यशाला



सुधिसिन्हा : गुरु नानक खालसा कॉलेज फॉर वुमेन के गृह विज्ञान एवं फैशन डिजाइनिंग विभाग ने आंतरिक गुणवत्ता आसवासन प्रकल्प के अंतर्गत कॉलेज परिसर में मोमबत्ती निर्माण कार्यशाला का आयोजन किया। इस कार्यशाला का मुख्य उद्देश्य छात्राओं को व्यावहारिक शिक्षण अनुभव प्रदान करना और उनकी

रचनात्मकता, स्वरोजगार तथा उद्यमशीलता को प्रोत्साहित करने का है। कार्यशाला में 41 छात्राओं ने विभिन्न प्रकार की सजावटी मोमबत्तियां बनाईं। प्राचार्या डा. मनीता कन्होली ने इस पहल की सराहना की और छात्राओं को ऐसे कोशल विकसित करने के लिए प्रेरित किया जो आय-उत्पादक उद्यम में परिवर्तित हो सकें। * सौ. कालेज



जीएनकेसीडब्ल्यू में मोमबत्ती निर्माण पर कार्यशाला का आयोजन।

कालज 'च मोमबत्ती बटाउट सभ्यी लगाएी वरकसाप

पुनीत बाबा-पंजाबी साजराट, सुधिसिन्हा : गुरु नानक खालसा कॉलेज लडकीਆ ਚ ਕੁਝ ਵਿਗਿਆਨ ਤੇ ਫੈਸ਼ਨ ਡਿਜ਼ਾਈਨਿੰਗ ਵਿਭਾਗ ਨੇ ਇੰਟਰਨਲ ਕੁਆਲਿਟੀ ਆਫ਼ੀਸ ਸੈਲ (ਆਈਕਿਊਏਸੀ) ਦੀ ਅਗਵਾਈ ਹੇਠ, ਕਾਲਜ ਦੇ ਅਹਾਤੇ ਵਿੱਚ ਇੱਕ ਮੋਮਬੱਤੀ ਬਣਾਉਣ ਵਾਲੀ ਵਰਕਸ਼ਾਪ ਦਾ ਪ੍ਰਬੰਧ ਕੀਤਾ। ਵਰਕਸ਼ਾਪ ਦਾ ਉਦੇਸ਼ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਠੀਕੋ ਠੀਕ ਦਾ ਤਜਰਬਾ ਪ੍ਰਦਾਨ ਕਰਨਾ ਅਤੇ ਉਨ੍ਹਾਂ ਵਿੱਚ ਰਚਨਾਤਮਕਤਾ, ਸਵੈ-ਰੁਜ਼ਗਾਰ ਅਤੇ ਉਦਮੀ ਹੁਨਰਾਂ ਨੂੰ ਉਤਸ਼ਾਹਿਤ ਕਰਨਾ ਸੀ। ਸੈਸ਼ਨ ਦੌਰਾਨ 41 ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਕੁਝ

ਵੱਖ ਕਿਸਮਾਂ ਦੀਆਂ ਸਜਾਵਟੀ ਮੋਮਬੱਤੀਆਂ ਬਣਾਈਆਂ। ਸਬੋਤ ਵਿਅਕਤੀ ਨੇ ਮੋਮਬੱਤੀ ਤਿਆਰ ਕਰਨ ਅਤੇ ਸਜਾਵਟ ਤਕਨੀਕਾਂ ਦੀ ਕਦਮ-ਦਰ-ਕਦਮ ਪ੍ਰਕਿਰਿਆ ਦਾ ਪ੍ਰਦਰਸ਼ਨ ਕੀਤਾ। ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਉਤਸ਼ਾਹ ਨਾਲ ਹਿੱਸਾ ਲਿਆ ਤੇ ਆਪਣੀ ਨਵੀਨਤਾ ਅਤੇ ਕਲਾਤਮਕ ਡਾਕੂਮੈਂਟ ਦਾ ਪ੍ਰਦਰਸ਼ਨ ਕੀਤਾ। ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਮਨੀਤਾ ਕਾਹਲੀ ਨੇ ਵਿਭਾਗ ਦੀ ਪਹਿਲਕਦਮੀ ਦੀ ਸ਼ਲਾਘਾ ਕੀਤੀ ਤੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਅਜਿਹੇ ਹੁਨਰ-ਅਧਾਰਤ ਕੌਸ਼ਲ ਵਿਕਸਾਰ ਕਰਨ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕੀਤਾ, ਜੋ ਆਮਦਨ ਪੈਦਾ ਕਰਨ ਵਾਲੇ ਉਦਮੀ ਵਜੋਂ ਵੀ ਕੰਮ ਕਰ ਸਕਦੇ ਹਨ।

15.Roshni celebration - Mithaai Making competition

S.No.	Date	Action taken	Organized by	Social Media Link
1.	October 17, 2025	To mark the celebration of the Diwali festival "Roshni" - Inter Class Mithai Competition 2025 was organized.	Department of Home Science under IQAC, GNKCW	<p>1. https://www.facebook.com/share/p/1CopK2jqPj/</p> <p>2. https://www.instagram.com/p/DP8Vv7mkQj8/?utm_source=ig_web_copy_link&igsh=MWxsbDBydDZsYWF4Mw==</p> <p>Press Coverage https://drive.google.com/drive/folders/194QTDOxleYvFXPgEhfPS3mH0r6mUbBbV 19-10-2025, Danik Jagran, Pg 4, Col 3, 19-10-2025, Danik Bhaskar, Pg 5, Col 3.</p>

To mark the celebration of the Diwali festival "Roshni", the Department of Home Science organized an Inter-Class Mithai Making Competition in the college premises on October 17, 2025. The event aimed to promote traditional Indian sweets, culinary creativity, and festive spirit among the students. Thirteen students enthusiastically participated and prepared a wide variety of traditional and fusion sweets, including laddoos, barfis, coconut laddoos, and innovative healthy sweets made with whole grains and dry fruits. The vibrant presentation and delightful aroma of the sweets added to the festive mood of Diwali.

Participants were judged on the basis of taste, creativity, presentation, and hygiene. The competition witnessed active involvement and excitement, showcasing the students' talent and enthusiasm.

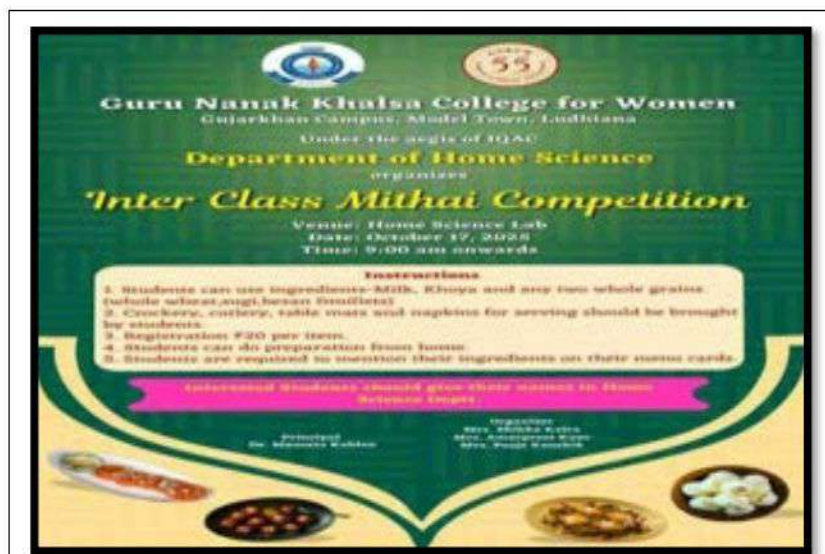
Prize Winners of the event:

1st Prize – Varinda, B.A. III, Roll No. 23-199

2nd Prize – Ravanpreet Kaur, B.A. III, Roll No. 23-237

3rd Prize – Amandeep Kaur, B.A. I, Roll No. 25-103

All participants received appreciation certificates for their commendable participation.





Guru Nanak Khalsa College for Women

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Ref. No. Notice File

Dated 17-10-25

NOTICE

Department of Home Science organized Inter Class Mithai Competition on October 17, 2025.
Following students participated in the activity.

S.No	Name	Class	Roll No	Signature
1	Ravanspreet Kaur	BA-3	23-234	Ravanspreet
2	Amanpreet Kaur	B.A.-I	25-167	Amanpreet
3	Amandeep Kaur	BA-I	25-103	Aman
4	Kisandeep Kaur	BA-II	24-284	Kisandeep
5	Archita Gupta	B.A II	24-148	Archita
6	Vanshika	B.A I	25-299	Vanshika
7	Gurpreet Kaur	B.A I	25-211	Gurpreet Kaur
8	Ravanspreet Kaur	BA-3	23-237	Ravanspreet
9	Garima	B.A-III	23-167	Garima
10	Garima	B.A-III	23-167	Garima
11	Varinda	BA-III	23-199	Varinda
12	Varinda	BA-III	23-199	Varinda
13	Harmandeep Kaur	BA-I	25-203	Harmandeep Kaur

3rd Prize
2nd Prize
1st Prize

Dr. MANEETA KAHLON
Principal
G.N.K. College for Women
Gujarkhan Campus, Model Town

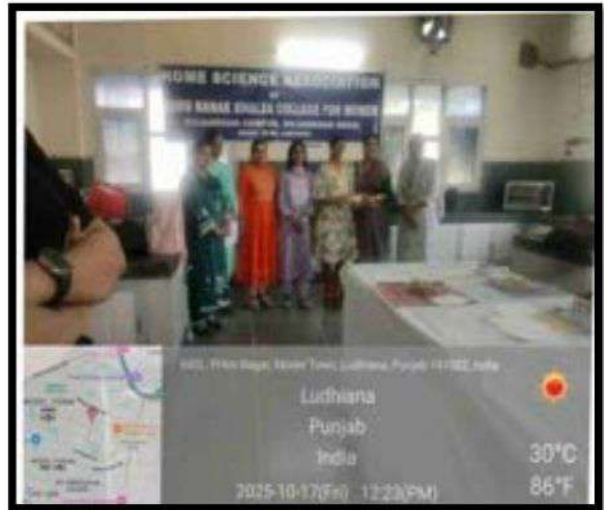
RESULT

Department of Home Science organized Inter Class Mithai Competition on October 17, 2025.

PRIZE	CODE NUMBER	NAME	CLASS	ROLL NUMBER
1ST PRIZE	11	VARENDA	BA-III	23199
2ND PRIZE	8	RAVANPREET KAUR	BA-III	23237
3RD PRIZE	3	AMANDEEP KAUR	BA-I	25103

P. Singh
12/10/25

Seetha
17/10/25

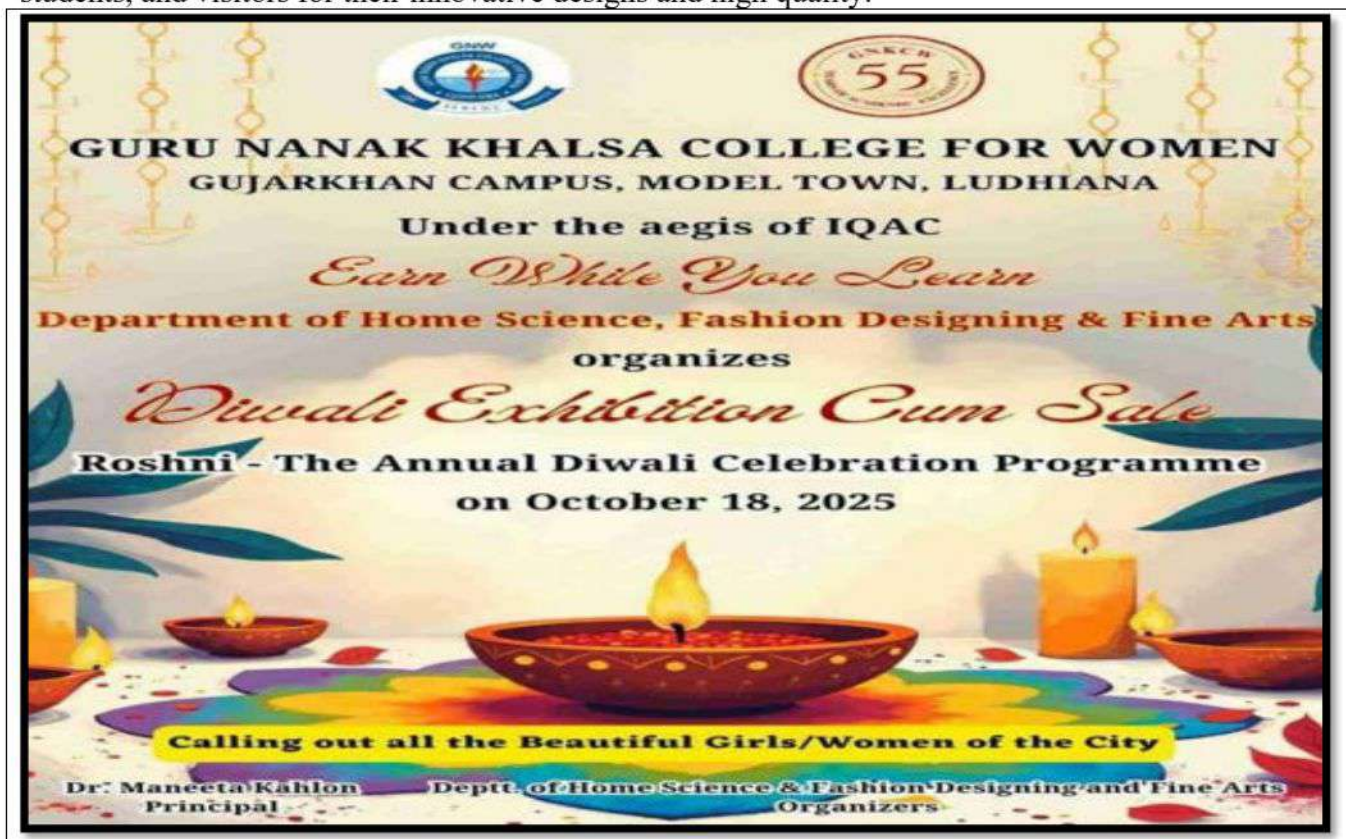


16. Diwali Exhibition

S.No.	Date	Action taken	Organized by	Social Media Link
1	October 18, 2025	Roshni - Diwali Exhibition 2025 was organised	Department of Home Science under IQAC,GNKCW	https://www.instagram.com/p/DP8b1GmkdIS/?utm_source=ig_web_copy_link&igsh=MWJxbTkwN2hocGdwaQ== https://www.facebook.com/gnw1udhiana/posts/pfbid027e4wnueKGPn6ff1N1ZA4b15j135C4tJ6AG7b8ML4YhR3aQbBWaptp2Kyt7R7UWKql

The stall, showcased by 15 students from the three departments, featured a beautiful collection of handcrafted decorative candles and diyas, including designer pieces that reflected the students' creativity and festive spirit.

The initiative aimed to provide students with practical entrepreneurial experience while promoting the spirit of self-reliance and skill-based learning. The products received great appreciation from faculty, students, and visitors for their innovative designs and high quality.









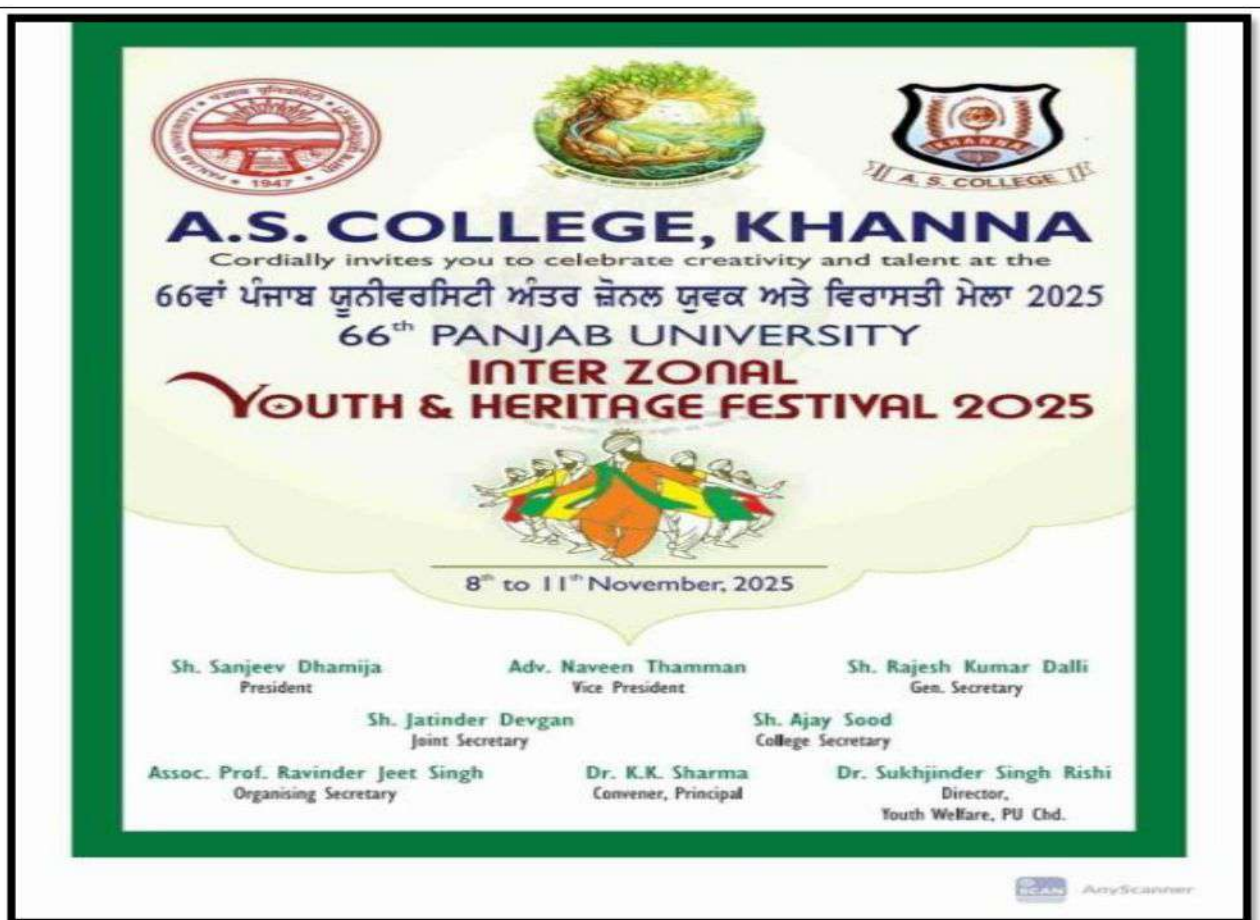
17. Inter zonal Youth Festival

S.No.	Date	Action taken	Organized by	Social Media Link
1.	Day 1- November 8, 2025 Day 2- November 10, 2025	Participation in Heritage Art and Craft items of Paranda Making and Crochet in Inter-Zonal Youth and Heritage Festival on November 08, 2025 and 10 November 2025	A.S College Khanna under Youth Welfare, Panjab University, Chandigarh in collaboration with Department of Home Science, IQAC, GNKCW	1. https://www.facebook.com/share/p/17y3NXDXag/?mibextid=wwXIfR 2. https://www.instagram.com/p/DRO4xmfbKb/?igsh=cHlwcm1sbDVuZXBy

Panjab University Inter-Zonal Youth and Heritage Festival was held at AS College, Khanna from November 08-11, 2025.

Gaganpreet Kaur of BA 3 rd year, Roll No.23-190 participated in Interzonal (Crochet making) competition on 10 november, 2025 and bagged **1st prize**.

Damandeep of BA 3 rd year, Roll No.23-294 participated in Interzonal (Paranda making) competition.





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Web : gnwldh.com

Date: 6 NOV 2025

Ref. No. 816/F7.

Principal
A.S. College,
Khanna
Subject: Authority letter of Inter Zonal Youth & Heritage Festival 2025

Madam,

The following students of our College will participate in Panjab University Inter Zonal Youth & Heritage Festival 2025-26, to be held from 8th Nov, 2025 to 11th Nov, 2025.

Item:- Heritage Art and Craft on 8th Nov, 2025

S. No.	NAME	FATHER NAME	ROLL NO.	CLASS	ITEM
1.	DAMANPREET KAUR	AJMER SINGH	23-294	BA-III	PRANDA MAKING

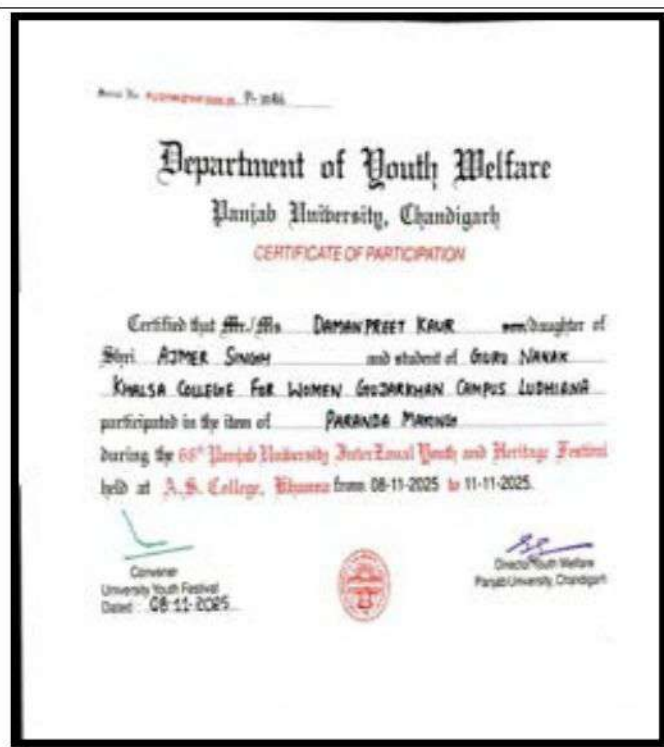
Teachers Incharge
1.Mrs.Amarpreet Kaur
2.Mrs.Yukti Khurana

Peons:
1.Mr.Shivam


Dr.Punpreet Kaur
(Contingent Incharge)

Dated:-


Dr. Maneeta Kahlon
Principal
(With Office Seal)
Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town
Ludhiana





Guru Nanak Khalsa College for Women

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Web : gnwldh.com

Ref. No. f.7

Dated 06 NOV 2025

Subject: Authority letter of Inter Zonal Youth & Heritage Festival 2025

Madam,

The following students of our College will participate in Panjab University Inter Zonal Youth & Heritage Festival 2025-26, to be held from 8th Nov, 2025 to 11th Nov, 2025.

Item: - Heritage Art and Craft on 10th Nov, 2025

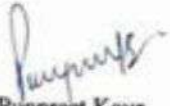
S. No.	NAME	FATHER NAME	ROLL NO.	CLASS	ITEM
1.	GAGANPREET KAUR	SUKHWINDER SINGH	23190	BA-III	CROCHET

Teachers Incharge

1. Dr. Shikha Bajaj
2. Mrs. Pooja Kaushik

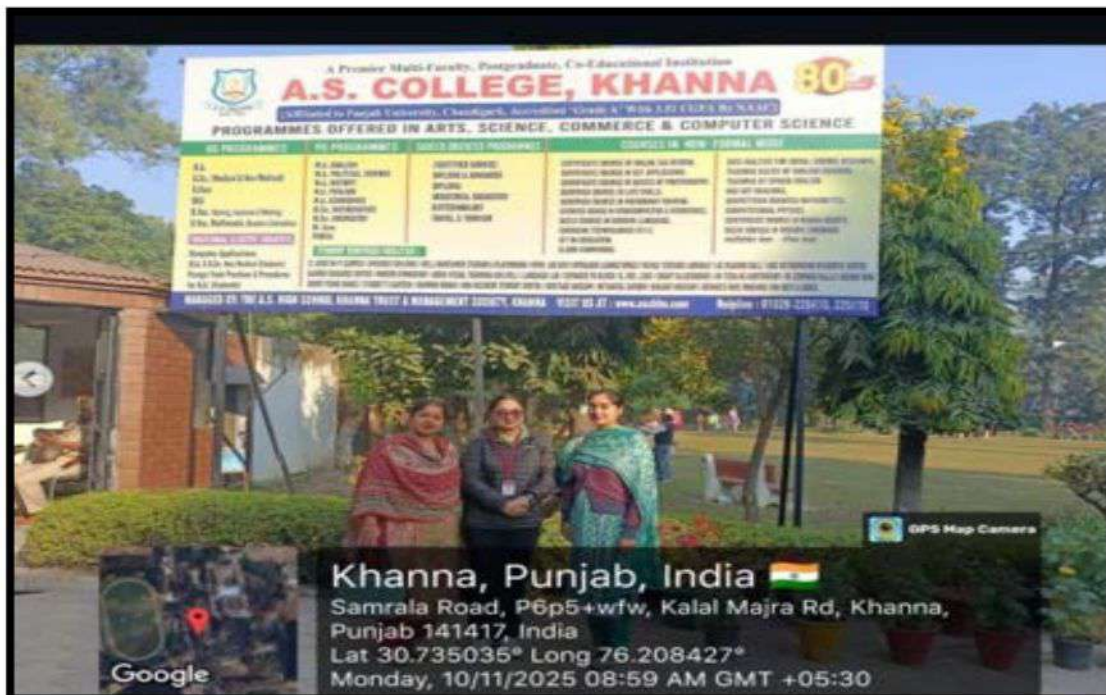
Peons:

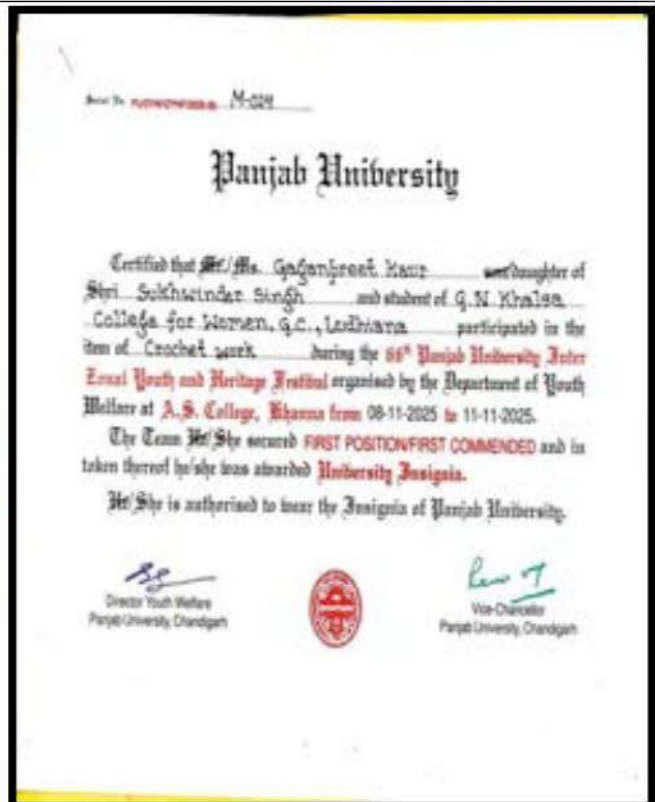
1. Mr. Shivam


Dr. Punpreet Kaur
(Contingent Incharge)

Dated:-


Dr. Maneeta Kahlon
Principal
(With Office Seal)
Dr. MANEETA KAHLON
Principal
G.N.Kh. College for Women
Gujarkhan Campus, Model Town
Ludhiana





18. Remedial And Revision Classes

S.No.	Date	Action taken	Organized by	Social Media Link
1.	November 07 to 13, 2025.	Remedial And Revision Classes.	Equal Opportunity Cell of Guru Nanak Khalsa College for Women under IQAC in collaboration with Department of Home Science	1. https://www.facebook.com/share/1BjsamsQB9/ 2. https://www.instagram.com/p/DSURu6lkeJt/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==

The Equal Opportunity Cell of Guru Nanak Khalsa College for Women organized remedial and revision classes across various subjects from November 07 to 13, 2025. The classes were aimed at addressing students' queries, revising important concepts, and discussing previous years' question papers. Subject teachers provided dedicated support, especially to slow learners, helping them overcome academic challenges and clarify their doubts. The initiative saw commendable participation, not only from slow learners but also from other students who eagerly took advantage of the opportunity to strengthen their preparation.



19.Semsester end University Practical exams

S.No.	Date	Action taken	Organized by
1.	November 9-16, 2025	Conducted Panjab University Semester end Practical exams	Department of Home Science under IQAC,GNKCW

PANJAB UNIVERSITY, CHANDIGARH

REVISED NOTIFICATION

No.D-CB/25/410

Dated:29.10.2025

In continuation of Notification No. D-CB/25/405 dated 24.10.2025, considering the requests from colleges for an extension in the earlier schedule and the difficulties faced by students, Sundays have now been included in the already circulated schedule of practical examinations for Undergraduate Courses (Odd Semester), which will now be held from **09.11.2025 to 16.11.2025** (Instead of 10.11.2025 to 15.11.2025). If any student misses the practical examinations due to participation in Inter-Zonal Youth & Heritage Festival 2025-26 (from 08.11.2025 to 11.11.2025), a special examination will be conducted for him/her on the recommendation of the Principal of the concerned college.

Sd/-

Assistant Registrar (Conduct)
for Controller of Examinations






20. State Level Inter – University

S.No.	Date	Action taken	Organized by	Social Media Link
1.	November 30, 2025.	Participation in State Level Inter- University youth festival competition	Youth Welfare Department, Chandigarh, Punjab and hosted by GNDU, Amritsar in collaboration with Dept of Home Science, Under IQAC, GNKCW	1. https://www.facebook.com/share/p/1DFZSWajnW/ 2. https://www.instagram.com/p/DR6p01BkaN7/?utm_source=ig_web_copy_link&igsh=dnk4ZW05Yjdlampu

Gaganpreet Kaur of BA 3 rd year, Roll No.23-190 from Department of Home Science represented as a participant in Art and craft item of crochet and got 3 rd prize on November 30, 2025.



Guru Nanak Khalsa College for Women
 Gujarkhan Campus, Model Town,
 LUDHIANA-141 002.
 Ph. : 0161-2424668, 3772501
 Fax : 0161-2424668
 Email: gnrwidh1@rediffmail.com
 Web: gnrwidh.com

Ref. No. F-7 Dated 24/11/2025

Director
 Youth Welfare Department
 Chandigarh,
 Punjab

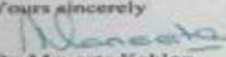
Subject : Participating in State Level Inter-University Youth Festival - 2025 at G.N.D.U., Amritsar on 30th November, 2025

Sir / Madam

The following student of our college will participate in State Level Inter-University Youth Festival - 2025 at G.N.D.U., Amritsar on 30th November, 2025 at 1:30 pm

S. No.	Class	Roll No.	Name	Event
1.	BA- III	23-190	Gaganpreet Kaur	Crochet

Teacher incharge
 1. Dr. Punpreet Kaur (81465-70765)

Yours sincerely

 Dr. Maneeta Kahlon
 Principal
Dr. MANEETA KAHLOH
 Principal
 J.N.Kh. College for Women
 Gujarkhan Campus, Model Town
 Ludhiana





20. Semester end meeting in Department



